

Lack of success during Ovulation can't be good

January 3, 2016 | 1 upvotes | by [IASGame](#)

I started tracking it on Clue for 2 cycles and in both I haven't had sex during her ovulation. The previous one was when I left the house, at the start of December.

Several days ago during her previous menstruation I got PIV in consecutive days. For future reference, as I also started tracking it in Clue, I had a PIV total of 8 times during the month December (plus one pretty decent handjob, maybe the best one she ever gave me).

This cycle, Clue tells me her ovulation was yesterday so I will still be initiating today but it is frustrating that I'm not getting to be inside her during the Ovulation, which is apparently the best time to push her limits (I'm finding it hard to NGAF).

It is also puzzling to me, although it is probably just a clear signal of how she views my SMV. She is on birth control pill (someone said that this makes the libido swings less significant throughout the cycle). At the very onset of the fertile period she forgot to take the pill (which I thought was a promising indicator, and I took the opportunity to lead her in creating a proper reminder system so it doesn't happen again). We had a PIV session still in December, 4 days ago (condom on from the start, I'm not risking pregnancy).

Whenever I'm physically dominant she ends up giving me a hard no. Yesterday night she told me the best time would be "tomorrow", I joked that the best time is always right now and when I want to. Later, I wrestled with her a bit and she giggled for a very brief time and then got very upset and gave me a hard no.

Of course this morning when I initiated she said no and that she wants to sleep.

I'm not sure what I can do other than persevere with lifting and I don't understand why she was DTF twice during her menstruation, and forgot to take the pill now, and then clams up during ovulation. Can't be good though. Anyone has insight or advice?

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Comments

[deleted] • 7 points • 3 January, 2016 01:28 PM

Birth control pills changes libido - it makes more flat, but there are still higher sex drives periods. Even on pills, as I have started diet and hitting the gym , sex drive of my wife has increased - so do not hamster about this.

Sex during menstruation, 'no' during ovulation, and 'hard no' during trying to be physically dominant means that you need to work a lot.

Get to 10-15% of body fat & increase muscle mass.

Additionally drop beta and increase DNGAF attitude. (if you find it hard, it means that you still 'care'. Women feel our caring and diminish our value as male because of this)

Do not try to be physically dominant - but just be. (in my case, when I was not enough confident/cocky - sex initiation often ended with no - but as soon as I was really NGAF - I do not remember no with this attitude)

spexer • 1 point • 4 January, 2016 02:24 PM

this is good advice. I would also suggest that you leave the house when she gives you a hard no. Just get up and go (not but-hurt). If she asks, just say "I am just itching to do something".

You do have a serious issue here.

BluepillProfessor • 6 points • 3 January, 2016 04:47 PM

Not AWALT. MOST women are horny during ovulation because that is most conducive to pregnancy. However, this is not universal.

Further, it looks to me based on your short description that the problem here is the woman still trying to keep control in the relationship. She may very well be more horny during ovulation and she is consciously trying to be LESS horny for YOU.

I would start to remove my attention and time to her in response to a hard "no" (aka level 4).

UEMcGill • 3 points • 4 January, 2016 02:38 PM

First, put down the fucking tracker. You're the guy they have to go rescue because he takes a GPS into the woods and the battery dies, so he doesn't know how to get himself the fuck out. You can't just put some tracker on and expect insta-sex.

Your wife is clearly telling you where you stand. Her perceived view of you is still low. My advice to you? Put the tracker away, and learn how to be around your wife. Learn to lead her emotions, be the oak when she needs it, and continue to lift.

How many years of being fucked up are you trying to unfuck? This aint an overnight fix.

IASGame[S] • 2 points • 4 January, 2016 05:15 PM

Laughed a good bit about the GPS comparison, well done.

With respect to how many years, I'm trying to measure the progress as I go along, with respect to gym and this. According to a rule of thumb of 1 month per year of marriage I read either on MMSL or here, I'm giving it at least until August this year to see how much things improved (or not). I intend to persevere regardless (unless something really serious happens), as I am not planning on making major decisions about the marriage before then.

[deleted] • 3 points • 3 January, 2016 01:47 PM

My spouse used to be best on the weeks outside ovulation. Don't worry so much about absolutes on this one. as for the rest, yes, stay the course... or not. sounds like mentally you have room to improve still.

The_Litz • 1 point • 3 January, 2016 04:30 PM

Tracking Apps are good, they give you guidance, what they cannot do is guarantee results.

Do not overthink it. I have had rough and tumble sex a week before ovulation with a hard no at ovulation.

youcantdenythat • 1 point • 18 January, 2016 05:31 PM

Women on the pill don't ovulate. The pill basically tricks her body into thinking it's pregnant. The pill is a series of hormones that will fuck with her emotions and libido. Sometimes it helps, other times it hurts.

Your biggest problem however is you give too many shits about this kind of thing. Stop worrying about her and put that energy into working on your own goals like working out, hobby, and other self improvement. Your ultimate goal should be to turn the tables on her and have her chasing after you for sex.

IASGame[S] • 0 points • 3 January, 2016 07:41 PM

Thanks for the support. I got her today. Hoping to stay more optimistic next time and try to NGAF. I think it is physiological, after 3 or 4 days without I get more anxious. If I recall, in MMSL Athol Kay suggests it is because men want to "top up" the vagina with our sperm, but I need to overcome it with more discipline.