

FR: Initiated twice and got mild insomnia from it

4 upvotes | 28 November, 2015 | by IASGame

So last night wife gets a shower, comes to bed and says I didn't give her a backrub (I told her to give me one during dinner). I replied that is easy to fix, told her to take her pijama pants out, and when she lies down I take her underwear out and start rubbing her back and ass. After a bit I tell her to face-up and I initiate, she complied first but isn't too into it and complains that if she had asked to see something on TV I would have told her I didn't want to at that time, so why are we doing this then, but at least I'm being gentle. I get off top of her and go sleep.

Then suddenly in the middle of the night I'm taking her from behind, doggy style first then spooning... And wake up just before ejaculating. At least I narrowly dodged the wet dream. I get up to go take a leak and have to wait some minutes for my erection to go down. Meanwhile she gets up and goes to the kitchen do something she had forgot. Well, as she is awake I initiate again and get on top of her, again complaints from her she wants to sleep. I admit I thought "if sleeping now is so important, then why did you go to the kitchen" but STFU. Back to sleep. Or not really as I couldn't relax properly. Now I'm up and already had breakfast, she is still in bed.

I have to be doing lots wrong here. I'm making another post on nomenclature because I'm not sure about some differences.

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Comments

[deleted] • 4 points • 28 November, 2015 11:40 AM

complains that if she had asked to see something on TV I would have told her I didn't want to at that time

Agree with /u/chief_slap_ahoe that it sounds like LMR. He said to "push through" - basically treat it like a shit test without the nuclear option. Agree or disagree and amplify, amused mastery, some kind of joke, and keep going. Shit tests like this are foreplay.

says I didn't give her a backrub

That's where you offer her a back AND front rub. (I can't stop the Dad jokes - it's a compulsion)

goes to the kitchen do something she had forgot

if sleeping now is so important, then why did you go to the kitchen

Likely because you woke her up and she thought it was more important, faster, and less effort than having sex with you. But figuring out the reason doesn't matter. She will weigh those options differently when she feels attracted to you.

My wife has a long tradition of behaving like a shitty human being when she's tired and in the middle of the night. Some of my MRP submissions are examples. That stopped when I consistently passed shit tests, held frame, raised my SMV, and developed a sense of outcome independence with respect to her reactions. All are necessary, but OI is crucial. That sends the message that you want sex, but don't need it from her. At that point she may start to behave like she needs sex from you, as my wife has. YMMV, but several guys here have had similar experience.

IASGame[S] • 2 points • 28 November, 2015 02:22 PM

I'm pretty sure I did wake her up (not intentionally) but I actually don't think she went to the kitchen thinking of avoiding sex. I just tried to initiate when she got back and even sleepy she is smart enough to know that wouldn't deter me. The best tactic for that would have been to pretend she is still asleep.

There was a legitimate reason to go to the kitchen, which I would consider low priority. I included that bit as it clearly shows her typically prioritizing sex way below other stuff (her request to "watch something on TV" is another clear example).

The more I learn about Red Pill the clearer it is that she feels no genuine desire. No point in fooling myself.

Your "Main event" post with the table of translation from womanese was great by the way. I wish I was better at this!

chief_slap_ahoe • 2 points • 28 November, 2015 11:15 AM

It's called last minute resistance. Push through it until she says "NO".

[deleted] • 2 points • 28 November, 2015 11:40 AM

Yup. I've had sessions like that. Agree with her while you pull get pants down. Yeah, I'll put it on, yeah, I'll rub. She'll call me on doing no such thing. How that I was looking for the remote in her pants etc, then go for it. Is obvious what I'm doing btw.

Though I've worked at establishing I'm more amicable to these requests after sex in the regular... Not a contract, just attention commensurate to how happy I am

IASGame[S] • 1 point • 29 November, 2015 09:40 AM

Thanks for the advice.

I initiated again mid day (yesterday) and she was DTF. 1 or 2 weekends ago she "complained" about doing it mid day (after we had done it), this time she didn't say anything.

She got into it. I changed positions a few times, I confidently told her to be on fours and she complied with doggy style for a bit (this is overall the third time I got doggy style, and one of the previous 2 times she was basically sabotaging it).

Then with her on top I told her I had dream about it and that she "made my dreams come true" with a slightly cynic tone. I wasn't sure if that was a good move but after she got there, she did Kegels to help me finish so I think she ate it up.

Told her I really enjoyed it. She replied it was one of our best sessions this year. I'm probably still caring too much what she thinks, but that made me smile.

It seems I'm making some progress slowly...

enfier • 1 point • 30 November, 2015 05:40 PM

Let's translate this from womanese to your language.

So last night wife gets a shower, comes to bed and says I didn't giver her a backrub

"Let's have sex."

After a bit I tell her to face-up and I initiate, she complied first but isn't too into it

"I'm not really turned on yet you dumbass. If you really wanted it, you would have manhandled me over."

complains that if she had asked to see something on TV I would have told her I didn't want to at that time, so why are we doing this then

"Let's throw in a shit test to see if you really want it"

but at least I'm being gentle

"Please bang me like a caveman"

The only response you needed was to A&A the shit test - "I tried this with the girl on the TV but all I got was a restraining order" or "Well if the TV girl had an ass like this maybe I'd be watching it"

What you are missing in your sex is Desire - your wife wants to feel like you just can't keep your hands off her sexy body and you ruin it by just rolling over and going to sleep when faced with a shit test. Notice what happens when you actually have sex with her without asking for permission - she starts doing housework in the middle of the night.

[deleted] • 1 point • 1 December, 2015 01:10 AM

If I was really just about to bust I'd tell her I needed to borrow her vagina for 5 seconds because I was about to blow.

spexer • 1 point • 1 December, 2015 08:51 PM

is there a question here?

here is some feedback:

you are trying to use logic on whether she should have sex with you, and where it should be on the priority list. **Sex is not negotiable.** She will want and enjoy sex with you when she is attracted to you.

do not barter for sex. do not use back massages as a way to get sex (that has you start off by giving, and becomes a covert contract).

you need to be comfortable saying NO to her just like she says no to you. at the least that would even the field (and perceived SMV difference). Let me reset the scene for you with how it should have gone down. *your wife comes out of the shower saying "You didnt give me a backrub!" You reply with a grin, "nope. decided against it." You then go to sleep. She is staying awake wondering what is up with you, why would you dare take the chance to upset her? Why are you sleeping so soundly?*