

[FR] Didn't STFU This Time

October 29, 2015 | 19 upvotes | by [ThatOtherMarriedGuy](#)

Background: Throughout my 10-year marriage, my wife and I have done a *lot* of talking and arguing, arguing and talking. Rarely has it done any good. For the past few months, I've mostly avoided arguments by simply shutting the fuck up when they start. This has not always been easy, because my wife often says things that are objectively false, or completely ridiculous, or both, but I've done my best. Tried to focus on improving myself, etc.

"You Don't Care"

My wife's latest recurring theme is that I obviously don't care about her. A couple of days ago she sent me a snippy email about something I did that she claimed demonstrated to our peer group that I'm not special to her. I ignored this email.

She followed up with another email, apologizing for the previous one and saying that she's trying not to think about "our situation" and avoids bringing up her emotions because I'm obviously not interested in how things make her feel.

Hmm.

I didn't respond by email, but later that day, when we were alone together, I asked her, "What did you mean when you said 'our situation' you're trying not to think about?"

She thought for a minute and said, "Our situation is that you care more about getting what you want than you do about my feelings or this marriage."

Time to STFU?

As she said this, I *knew* that the conventional MRP wisdom would be to STFU or agree and amplify, fog, etc. But this time, I decided to *communicate* with her *honestly*. Total blue pill, right? Maybe.

I focused on being absolutely calm and at peace, then told her, "Before I say anything else, let me say this: I am not telling you to do anything; I am not asking you to do anything; I am not attempting to manipulate you into anything. I am simply stating what I believe."

"Honey, a marriage without sex is not a marriage. You have been withholding sex from me for most of our marriage."

"I do not withhold sex!"

"Having sex 3-4 times a month is not enough, and I think you know that. I honestly don't know where the women of your generation got this idea that denying sex to your husbands is okay. It's not okay. It's not biblical. If you asked your priest, he would not tell you it's okay. If you asked your mother, she would not tell you it's okay. The only belief system I know of that encourages wives to deny their husbands sex is this modern incarnation of feminism. But the goal of feminism is not happy marriages. If you want a happy marriage, withholding sex is a big mistake."

She was furious. "That just proves my point. All you care about is getting what you want. What about my needs? What about my feelings? Is sex all that matters to you?"

I stayed calm. "Sex is not the only thing that matters to me, but it is the only thing we do exclusively with each other. It is crucial to a happy marriage. So if you want to have a happier marriage, that's the first step."

"How is that going to make *me* happy?!?"

She just told me to get lost, that she'd never been so disappointed in anyone, and that I just proved her

point yet again, that I'm selfish and only care about what I want. Off she stormed, wiping her eyes.

I Guess I Fucked Up

I went back to work. When I came home that evening, I was happy and friendly and flirty with her, goofy with the kids, etc. Got the kids to sleep and she went downstairs. I watched the World Series for a bit, then drifted off to sleep.

Some undetermined time later, I awakened to my wife jabbing her finger into my shoulder. "So, if you go to sleep before I do, is that withholding sex? Am I withholding sex now?" I'm not sure how angry she was, because it was dark and I was 95% asleep. I just said, "No," and rolled over.

Or Did I?

This morning, I got up early like always and went for my morning walk, then came home and showered. It was still dark when I quietly began getting dressed. My wife was still asleep, or so I thought.

"Hey, come over here," she said. I crawled in bed beside her. "No, come stand over here beside the bed."

??? So I did. My wife then gave me a wonderful blowjob. Seriously, it was awesome. My legs were shaking after I came in her mouth. I crawled into bed with her then, kissed her and told her how amazing that was and how much I loved her. I offered to return the favor and she said I could do that tonight.

Then she said, "I did that because I wanted to, not because I had to."

I smiled. "I know, sweetheart."

WTF Just Happened?

Right now I have a smile on my face and a pleasant tingle in my balls. I plan to shower my sweet wife with affection (and chores!) tonight after work.

Did I fuck up by not shutting up? I dunno. I doubt this is a watershed moment and there is still a long way to go. And generally speaking, I intend to STFU when I have the urge to argue.

But both of us are happier today than we were yesterday. And that's something.

Thoughts from the wise among us?

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Comments

whinemoreplease • 15 points • 29 October, 2015 01:34 PM [\[recovered\]](#)

You communicated honestly and openly. Yeah, she'll be pissed and it'll take time to process, but she'll either reflect on what you said after she calms down or she won't. The question you threw her is - do you want to put in an effort to make our marriage work better or not? In this case, I think you have your answer.

The problem with most newbies is that they are not in a position to communicate honestly. Their definition of honest communication is a huge covert contract. Yours isn't. Mine isn't. I'm very open and honest with my wife about a lot of things and never feel the need to STFU when it comes to talking about serious and real situations with emotional impact.

But this is only because my form and your form of communication is not a huge covert contract. Honest communication without DEER will trump STFU when you get there.

I'm a big fan of the progress you're making and the personal responsibility that you take for yourself.

I decided to communicate with her honestly. Total blue pill, right?

Honest communication is very red pill. Blue pill "honest communication" is what most people do - they want to pretend they're being honest, but then when they don't get an answer they want, they get all butt hurt. They want to pretend to have an honest answer, but they need to protect their ego first and foremost. They want to pretend to be honest, but they don't want to expose their real vulnerable selves to getting hurt. This isn't even exclusively to real life, you see it here at MRP and askMRP all the time.

druganswer • 4 points • 29 October, 2015 05:41 PM [\[recovered\]](#)

I think this is the missing puzzle piece to MRP that gets overlooked by people on this sub and should be emphasized more as a "once you think you're ready, this is the next step," sort of thing. The emphasis on STFU and conflict avoidance techniques are like training wheels for someone who has never ridden a bike before. When you really see yourself as an asset rather than constantly worrying about your wife's validation or how she's feeling or whatever you will realize that you don't need to avoid conflict and you don't need to shut up. Cliche but to quote the Matrix:

Neo: What are you trying to tell me? That I can dodge bullets?

Morpheus: No, Neo. I'm trying to tell you that when you're ready, you won't have to.

You would be a prime person to write a whole post on this (if you haven't already) and although I'm afraid it would give some false validation to newbies that spilling their feels is alright, it would also take some guys who are almost there to the next level. Obviously, this isn't your job but I mean prime person out of respect for your straightforward points and understanding of the material.

Back to OP: The only thing I didn't like was:

It's not okay. It's not biblical. If you asked your priest, he would not tell you it's okay. If you asked your mother, she would not tell you it's okay. The only belief system I know of that encourages wives to deny their husbands sex is this modern incarnation of feminism.

Have what you will accept and what you will not accept. Don't worry about what your priest thinks, you're using shaming tactics to negotiate and it feels weak.

urpe • 2 points • 29 October, 2015 06:07 PM

Have what you will accept and what you will not accept. Don't worry about what your priest thinks, you're using shaming tactics to negotiate and it feels weak.

The church can suppress sexuality and she may believe her actions align with being a "good christian wife". If they are deeply religious, it may not seem so weak.

[deleted] • 1 point • 29 October, 2015 07:14 PM

I agree that it is weak; I was merely turning a common tactic of hers (appeal to authority/majority) back on her.

I personally don't give a flying fuck what anyone else thinks I should do, but *she* certainly does.

ZeeyardSA • 1 point • 29 October, 2015 02:05 PM

To add in and tell you what I done for years...My wife is Overweight and i was "honest" with covert contracts...I never openly stated that I am not attracted to her and I need her to lose the weight as it is going to become a major issue in our marriage if she does not. There are times when I STFU and times when I need to be honest.....Well done mate

Griever114 • 1 point • 29 October, 2015 04:57 PM

How are you dealing with the oberweight issue now?

ZeeyardSA • 2 points • 30 October, 2015 10:14 AM

Its her issue to deal with, I am lifting and constantly improving. I have set expectations with her in that I do not know how much longer I can continue with her in my life looking the way she does and she needs to ensure that progress is made or we may not be together.

jacktenofhearts • 16 points • 29 October, 2015 11:11 PM*

So I've been following your saga and not commenting because I still think you were retarded for taking unilateral control over your finances in a stupidly confrontational way. That move was destined to turn your wife into a Shit Testing harpy well before you had the frame to handle it, and it seems like it did, but you have been managing to weather the storm and not completely buckle and end up divorced.

I honestly don't know where the women of your generation got this idea that denying sex to your husbands is okay.

The only belief system I know of that encourages wives to deny their husbands sex is this modern incarnation of feminism. But the goal of feminism is not happy marriages.

Suffice to say, as everyone else hear has said, stop saying shit like this. Everything else you said, plainly and succinctly communicating your expectations, was great. But just focus on your life and your marriage, because that's all that really matters, and whether it's the bible or feminism, the marriage structure suggested by these platforms are irrelevant. The bible is not married to your wife, YOU are married to your wife, so it doesn't matter if Job 3:16 says *And Behold, Lo, The Wife Shall Pleasure Thine's Ballsack, Lest the Lord Smile Upon Those Fruitful Endeavors.*

She was furious. "That just proves my point. All you care about is getting what you want. What about my needs? What about my feelings? Is sex all that matters to you?"

I'm going to quote a comment I dropped in someone else's post:

Early in my marriage, my wife would whine and complain when this would happen. She didn't feel like a "priority." And I told her that was pretty much her problem. If she wanted more of my attention, she should offer me things to encourage that attention. And by the way, whining about not getting enough attention, when I was giving her attention, is not a good way to do that. Maybe she should try doing something else.

So my wife did the whole lingerie thing when I got home later that week. She was almost spiteful when she did it, like she was trying to prove a point. *Look I bet if I get all sexy for you like some fucking cliché you'll still just blow me off and want to do other things.*

But no, we fucked. A lot. Then we did other things. Then she pulled the whole "you only want me for sex" card. So I pointed out, no, but sex is something she can offer me that no one else can. That's not the only card she can play for my attention, but she's the only one that even has that card. So yeah, I'm going to react positively to that card. She can try and play other cards, though. I react positively to a lot of things. Sex is just one of them.

So that Friday, I come home, she made cocktails and asked if I wanted to hang out on the patio. That sounded pretty great. So we did. I guess I didn't "only want her for sex" after all.

If you want more sexual eagerness from your girl, you're going to have to do something like this. Fill your life with value, and soon enough it'll be clear she needs to add a lot of positivity to your life if she wants to share that value.

I doubt this will be the last time you have the "you only want me for sex" argument, so I would suggest framing things like this next time. You want to add value in your life. You consider having a healthy sex life valuable. Since she's the only one that can offer you a healthy sex life, seems like that could be an easy way for her to add value in your life. It's that simple. Leave feminism and her mom out of it.

There's the thing, though:

"Our situation is that you care more about getting what you want than you do about my feelings or this marriage."

Let's be clear: **your wife is reluctant to do this because she's not confident that adding value to your life will add value to hers.** And I think she has a point. Based on what I recall of your marriage history, you have a history of leeching a lot more value off your wife than you ever gave her. And the reason why I think imposing unilateral control on things like finances or diet in your family is that it doesn't give her a chance to willingly comply. You get no virtuous cycle here, where she adds value to your life, and you add value to hers, which only encourages her to add value to yours. You just get a grumpy wife who feels her Captain never consults with his FO, issues seemingly arbitrary orders, and then gets pissed off if they are not immediately complied with.

Then she said, "I did that because I wanted to, not because I had to."

My face-palming reactions to your earlier posts are because I think you could have reached this point a lot sooner. You basically told your wife: "Try *choosing to add* value to my life. I think you'll like the result. Really." All your other steps, like with the finances et al, never gave her the option to choose. You simply ordered her to do something. The exception was when you showed her the family budget, and she *chose* to get off her ass and get a job, which she did within like, a week. Contrast that versus *every other single fucking thing you've done*, which she's fought you on, tooth and nail.

Fucking hell, man. You know, I just remembered the real reason why I stopped commenting on your post -- and it's because I realized I would gradually get *fucking enraged* at your unwavering commitment to act like a Blue Pill parody of the Red Pill, and destroy a marriage that was in a flawed, but actually very fixable, situation.

Because, dude, what exactly is your problem here? You want your wife to fuck you a little more, and be a little more motivated/less irresponsible with her personal goals and family logistics. *That's it. That's the fucking list.* And it would be one thing if you came in here with a pile of accomplishments in your professional/personal/social life, but you didn't. You were a fatass who considered taking a walk once a week "good exercise." You spent a lot of your marriage struggling professionally and financially. You carried on some sort of email dalliance with some random whore you found on Craigslist. You weren't adding a lot of value to your *own* life, let alone your wife's, and yet you had the audacity to reach some sort of "breaking point" with her on like, Day 3 post-Red Pill, and starting imposing unilateral family decisions and told her she had to comply, or go fuck herself. We all suggested you pull the weeds out of your own barren side of the farm before you worried too much about hers, but you decided to just go scorched earth right from the beginning, and then repeatedly posted on AskMRP like your wife is some psychologically impossible shrew-harpy who resists willingly submitting to you with every fiber of your being.

So dude, seriously -- stop just aggressively acting and then posting on AskMRP asking for interpretations of your wife's mixed responses. Your improvements in the past few months are laudable, except the insight, reflection, and retrospection you've started to apply to your own life seems to stop at your wife. Yeah, marriage is "Red Pill" on Hard Mode, but you have an *easy* Hard Mode, and I wish you'd just fucking realize this already.

Right now I have a smile on my face and a pleasant tingle in my balls. I plan to shower my sweet wife with affection (and chores!) tonight after work.

Great. She added value to your life. It's a good idea to add value to hers. Affection is one way you can do that. Chores, eh, those should be done anyway. You want to add value to her life, ask her to take a walk, solicit her opinion on some logistical shit. Suggest throwing a small party for your friends on the Wednesday evening before Thanksgiving, ask her what she'd think about that. Ask her about how her job is going. Give her an hour of your **undivided, empathetic, attention**, which is probably the only thing she's really wanted this whole fucking time. I doubt you have to do a single chore.

Don't openly state that you're doing this all because she gave you a blow job. You've already expressed your expectations, so let the subtext of your actions speak for itself. Become the compassionate and empathetic, yet disciplined and strong-willed leader, that she wants a husband, when she becomes the sexually open and deferential wife. If anything, your lack of communication about her needs will actually *benefit* you, because she'll probably conclude, *Oh wow, he never explicitly asked me about my needs because he knew what they were the whole time! My husband is so amazing!*

You can't *enforce* that virtuous cycle, you can only *encourage* it. Your wife, despite your best attempts to sabotage yourself every goddamn step of the way, has decided to humor you and give it a try. Respond accordingly, and that does *not* mean imposing arbitrary logistical rules and enforcing some misguided sense of discipline on her, whenever she falls short of your expectations. If you take one goddamn thing from this whole wall of text, please take that.

marxistbacon • 5 points • 29 October, 2015 02:21 PM **[recovered]**

STFU is basically a safety rule, for people who can't handle a "hard conversation" or can't avoid being baited by "false or ridiculous" statements into a huge argument which ultimately makes things worse. By preventing 99% of communication (STFU), the side effect is that you also prevent the self-destructive communication. However, once you've mastered yourself enough that you can respond to her rather than react to her, STFU is just a guideline rather than the be-all and end-all of relationship advice.

I cringed a little when you decided to engage and started talking about feminism. But at the end of the day you said what you needed to, without getting into a butt-hurt sulking passive-aggressive or door-slamming frame of mind, which is what you need to be able to do. And you responded to her anger and predictable upset by keeping

your cool, which again is what you need to do. Was it the right point in your relationship for the big "sex talk"? Dunno, but at least you handled it well.

[deleted] • 1 point • 29 October, 2015 03:20 PM

I cringed a little when you decided to engage and started talking about feminism.

I was cringing a little as I said it, to be honest. But I had zero expectations of getting any sex out of it. I just wanted to let her know what I thought was the first step toward a happy marriage. It was, and is, her own choice as to how to respond.

ViciousFrilledLizard • -6 points • 29 October, 2015 04:15 PM [recovered]

I don't think anti-feminism works in your frame. A strong man is not anti-feminist. Your frame is strongly feminist and critical of the insurgent radicals. Thinking feminists are not anti-male. Many women and feminists are also very critical of the noisy radicals. Don't needlessly make enemies of friends. Even you are not anti-feminist--you encourage your wife to have a job. Expect a better feminism than the lazybones bullshit drama feminists from your women.

whinomoreplease • 2 points • 29 October, 2015 04:22 PM [recovered]

ROFL.

What in the fuck is this shit.

Hahahhahaa

Your frame is strongly feminist and critical of the insurgent radicals

Thinking feminists are not anti-male.

Hahahhahahhaahha. This is so full of shit I'm betting you live in a pigsty.

ViciousFrilledLizard-2 points 29 October, 2015 04:50 PM* [recovered]

☐ Shit tested by whinomoreplease

whinomoreplease • 3 points • 29 October, 2015 04:55 PM [recovered]

Your frame is strongly feminist

You realize that feminism has effectively been fighting for the erosion of the nuclear family for the past 30 years right?

Go ahead and google male feminist if you want to see the type of self hating men you're encouraging these guys to be.

<http://bbsimg.ngfiles.com/1/23899000/ngbbs4f8a519390a8f.jpg>

[deleted] • 1 point • 29 October, 2015 05:48 PM*

NAFALT?

Western crazy feminist vs. anti-genital mutilation anti-systematic rape rational feminism are not the same. You're confusing Gloria Steinem with Malala's father. You and /u/ViciousFrilledLizard are talking about different species.

WMP, you are always telling guys to "expect better" from their wives. Expecting better

feminism is a similar sentiment. Unfortunately the moderate/rational feminists in the western world are much quieter than the radicals. If the radicals get what they want, then so do the moderates, so nobody complains.

So, you both right. Let's move on and be happy for OP.

Edit: I assume the downvotes were for trying to stop the dude from getting himself banned, since the text above can be summarized at "the current incarnation of western feminism is bad." Such poor treatment on my cake day...

whinomoreplease2 points 29 October, 2015 05:57 PM* **[recovered]**

Expecting better feminism

The fuck does this even mean?

Anyway, apparently some posters in MRP are now for "yay western third wave feminism" type stuff which means so long for me. Apparently a self proclaimed blue piller, but only licking the pill gets to give lip service advice. I hope they ban for both of you because you guys are doing a disservice to guys who want to solve actual problems with this ideological junk but this is not my fucking problem, so I'm not going to make it my fucking problem.

BluepillProfessor • 3 points • 29 October, 2015 06:44 PM

I hope they ban for both of you because you guys are doing a disservice to guys

Both of them my liege? I think not. We love the doctor but I am 71.4% certain VicousFrilled is a woman trying to infiltrate Red Pill.

Begone daughter of Lucifer.

[deleted] • 2 points • 29 October, 2015 07:22 PM

Read his post history - tenga 3D is definitely a sex toy for people with penises. Whiny, feminine validation-seeking, annoying, penis-bearing people. Not a woman, but maybe not a man either. At least not one who understands the red pill or any of the MRP sidebar.

itstartstoday123 • 2 points • 29 October, 2015 08:33 PM

The Guy posted on thebluepill looking for advice on what they would recommend a man should do to improve. Not sure if he still has the post but he/she is definitely cockeyed.

[deleted] • 1 point • 29 October, 2015 06:07 PM

The problem is that statement will mean different things to different people.

Women who can drive should be allowed to drive. FGM should be banned. Community councils in Indian villages shouldn't be allowed to order gang rapes. Those are reasonable feminist pursuits that have absolutely no adverse impact on men or families.

Saying feminism is evil is like saying cats are dangerous pets. Tigers yes, tabbies no.

People get so worked up about this topic because they are almost always coming at it from a different perspective. As such, it doesn't belong in this thread. Like I said, you're both right. Shake hands, fight's over. Offsetting minor penalties. See you both at the post-game party.

ViciousFrilledLizard-1 points 29 October, 2015 05:06 PM* [recovered]

Mechanization destroyed the nuclear family. When women aren't employed at home they certainly shall go out and contribute to the family's economic well-being rather than sit around being lazybone freeloaders.

whinmoreplease2 points 29 October, 2015 05:16 PM* [recovered]

<http://lmgty.com/?q=feminism+destroying+families>

and a specific TRP source

https://www.reddit.com/r/TheRedPill/comments/1yb7jw/the_decline_of_the_modern_women_feminism_has/

so your unsubstantiated crap is just that, crap.

feel free to take a look at any number of those articles for a detailed breakdown.

ViciousFrilledLizard-1 points 29 October, 2015 05:25 PM* [recovered]

You seem have some romanticized revisionist history of the death of the nuclear family. The traditional nuclear family died when industrialization caused men to leave the house for work. Women stayed behind and took on additional roles in the house. As housework became more and more mechanized, women became idle and also left the house for work. It wasn't feminism that pulled men out of the house.

whinmoreplease1 points 29 October, 2015 05:34 PM* [recovered]

Did you read through any of those articles to educate yourself before you started opening your yap again?

Because you just saying the same thing over and over again doesn't make it true.

[deleted] • 1 point • 29 October, 2015 05:50 PM

It's a rite of passage, frustrating and fun at the same time.

downvotesanimals • 1 point • 29 October, 2015 07:08 PM

Actually LOled there...

[deleted] • 0 points • 29 October, 2015 04:21 PM

That's well said, but I wasn't even trying to bash feminism *per se*. I just tried to point out that feminism is the only belief system I know of that applauds wives for denying sex to their husbands... and that feminism's primary goal is *not* happy marriages.

TheOakenshield • 4 points • 29 October, 2015 01:36 PM*

STFU applies until you know what to say and how to say it. You said what you had to say, direct, to the point, and clearly. You then held you're ground by not running after her and comforting her. That is the right time STFU and you did. You exposed the truth, it's up to her to deal with it.

You did well.

Keep working on you and more will come.

mrpCamper • 5 points • 29 October, 2015 03:45 PM

STFU is most valuable when you are asked why the milk carton was put in the fridge backwards and on the wrong shelf and what you want to say is "What's the fucking difference?". Of course you can say, "It must have been jostled around when I was fucking you against the fridge this morning. Oh wait that wasn't you. I don't know why."

BluepillProfessor • 3 points • 29 October, 2015 06:32 PM

Contrary to popular belief, The Red Pill is ALL about open communication. Direct, to the point, no argument. This is what I need. This is how you demolish your covert contracts.

I plan to shower my sweet wife with affection (and chores!) tonight after work.

Oh boy. I can see we still have a lot of work to do. Try giving her a bag of skittles instead. She JUST showed you that having a strong man who can calmly articulate what he needs is highly seductive so why do you want to turn into a puppy again after a simple blowjob. Set the bar a bit higher.

[deleted] • 1 point • 29 October, 2015 07:02 PM

Oh boy. I can see we still have a lot of work to do. Try giving her a bag of skittles instead. She JUST showed you that having a strong man who can calmly articulate what he needs is highly seductive so why do you want to turn into a puppy again after a simple blowjob. Set the bar a bit higher.

Appreciate that. I definitely still have a lot of work to do.

My intent is to reward her good behavior without turning into a puppy or a beta. I'll think more about the best way to do that.

Redneck001 • 2 points • 29 October, 2015 02:28 PM

You just received an enthusiastic BJ and your asking our opinion? Hell, you should be teaching the class.

My wife went through the "you don't care" thing. I ignored it, AAed, AMed it. Then it hit me: comfort test. Once I treated it like a comfort test, she relaxed, became sweeter, and hasn't brought it up again. You just did the same.

doubt this is a watershed moment

But it is. You recently mentioned that you were losing attraction to your wife. Now, you developing the marriage you want, things are improving, you're excited about spending time with her tonight.

It's like progress pics in lifting/losing weight. You don't see the changes, until you compare today's pic with last month's pic.

[deleted] • 2 points • 29 October, 2015 05:33 PM

Now, you developing the marriage you want, things are improving, you're excited about spending time with her tonight.

There's much less anger in OP's posts. He's starting to enjoy life more. It sounds like he's getting close to having fun with his wife. Soon he'll transition from STFU and assertiveness to amused mastery.

It's amazing to watch this kind of transformation.

[deleted] • 2 points • 29 October, 2015 03:03 PM

Held frame, was in the edge of my seat for a bit with the talking, but like wmp said, that was honest, and you didn't take her. "meee" bait.

I personally like throwing out some truth, then waiting for a delay before she can talk. Mine often needs a few hours between initial shock talk, and adult conversation, sounds like your does too.

dandar4600 • 2 points • 29 October, 2015 03:04 PM

The thing with negotiating desire (and that's all it was) is that it will work for a week or two before things get back to normal...unless you continue working on yourself, lifting and passing shit tests.

I'm in a similar situation though my wife is 7 months pregnant. Before the pregnancy we fucked 4-5 times a week. Now it's once or twice a month and 2 or 3 blow jobs so that I get something at least once or twice a week. Two days ago I did not show OI after getting rejected and told her that there are so many rejections I'm willing to take before I stop bothering to initiate. Then I went to sleep. The next night I got laid.

I'm not happy I had to resort to getting butthurt to get sex but I figure if she fucked me this often (4-5 x/week) before the pregnancy (our 2nd kid) then she will fuck me that often after. We just have to trudge along through this painful time and if I have to remind her to put in more effort for the time being I'll just have to deal with it.

itsgavinc • 2 points • 29 October, 2015 05:39 PM

Receiving one morsel of intimacy does not a happy marriage make. You will have to work this hard and fight this hard each and every step of the way. Some of those battles will be with yourself (proper diet, lifting heavy weights, keeping your hair trimmed) and others will be with your wife (shit test, comfort test). Some will be overt (such as what you wrote about) and others will be covert (you knowing that rejection is better than regret but failing to internalize it). Battle on.

itsgavinc • 2 points • 29 October, 2015 06:34 PM

Just read this from Rollo and it's too good to not post.

"It is a Man's capacity to perform and demonstrate (never explicate) higher value that genuinely motivates women to accommodate mutual needs in a relationship, not communication or reasoning."

[deleted] • 2 points • 29 October, 2015 07:09 PM

Thanks for your reply, but I'm curious. Behind the abstraction you quoted is the idea that a higher value Man would *never* have to communicate his desires or needs to his wife, that she would just figure it out?

Isn't that the definition of a covert contract?

And isn't that just demonstrably false? Women aren't mind readers any more than men are.

I suspect my wife had hamstered herself into the idea that we were having enough sex -- she even said, initially, that she doesn't withhold sex. Seems like I needed to express to her that I wasn't getting enough.

itsgavinc • 2 points • 29 October, 2015 07:56 PM

No, I don't think our wives will just figure all of it out. I do think that they will figure most of it out through our actions. Women communicate covertly, so this isn't a covert contract because that's the

method of communication they prefer. Only a frustrated woman who is at her wit's end will initiate overt communication.

So should we communicate with our wives? Of course. Should verbal communication be our preferred method if we are trying to demonstrate a dominate and positive frame? No way. They won't respect that.

The summary would be: our words don't turn them on. Be a Man of action.

[deleted] 29 October, 2015 08:56 PM

[permanently deleted]

[deleted] • 1 point • 29 October, 2015 10:28 PM

I agree that I shouldn't be feeling anything more than cautious optimism.

I don't really think my wife actually agrees with anything I said and she has rejected or shown contempt for my honest sexuality plenty of times before.

Only time will tell if this is the start of something better or just, as you say, a doggy treat to keep me content for a couple of weeks.

UEMcGill • 1 point • 29 October, 2015 06:10 PM

We often remind new guys that women communicate covertly. They deliver feeling and emotion. But that doesn't mean they *can't* communicate overtly, it just means it's not their primary conduit. STFU is a good method to diffuse this. You're communicating "I'm an oak, your emotion doesn't sway me."

But, one thing that hasn't been touched on, sometimes you need to be direct. She was clearly in the throws of a comfort test. Yep, you got that. She was being an emotional terrorist; here's a good change to use WISNIFG, which you did. You used BROKEN RECORD, and then she stormed off because she didn't like the message. One important aspect I think you missed, was:

"How is that going to make me happy?!?"

I've had this same conversation in different forms with my wife. I finally told her point blank "I can't make you happy. I can't make you feel better and I will not cater to your feelings. If you have a need, I will fulfill it if I can. Do not make them contingent on each other. Use your big girl words and tell me what you need. I've told you what I need."

Somethings go beyond shit test and comfort test into foundational stuff. Don't be afraid to take them on, or worse confuse them for something they're not.

BlackKnightofthePill • 1 point • 2 November, 2015 09:16 AM

Well, the thing is, you only STFU for shit tests. So was what she said a shit test or a comfort test? To me it sounded like a comfort test (the part about your "situation" surrounded by a flurry of shit tests.