

Need help with extramarital oneitis

October 13, 2015 | 5 upvotes | by [TRP_badwolf](#)

Ok so I'll start with some backstory. I've been lurking on TRP and MRP for a few months now and this is the first time I've posted anywhere because I think I need some help. I've cleaned up my diet and started lifting to some great results so far though I've still got a long way to go. Before I was a complete beta bitch but after taking control of my life, leading my family, and focusing on myself in general I feel like I'm on the right path. Been with the wife for going on 9 years and the main goal for my situation is to get my family where I want it to be as to avoid divorce rape and not being able to see my child etc.

So I'm friends with this girl, we'll call her Candy, and I know first mistake is don't be friends with a girl. Honestly I recognize it's my own fault she injected herself in my life because when I started swallowing the pill I started cutting male friends that I saw were enabling or influencing Blue Pill behaviors out of my life, before I knew it I had cut out all my friends. I really didn't care, cutting negativity out of my life became a priority. Candy sort of slid in after dropping my beta friends before I was able to find some positive masculine friends and just stuck there. I probably should mention that Candy is also married to a BP nobody going nowhere fast. Before recently oneitis with Candy was never an issue, she would try to get my attention and I would be amused and not really care in the least, but recently the hormones or brain chemicals or whatever have hit me like a fucking Mac truck going 120 with no brakes. Candy started expressing attraction towards me bluntly, outright telling me I give her tingles and saying things to the effect of me causing a fire hydrant to explode in her underwear. Litterally every beta bitch cell in my body is screaming for me to cave and exhibit my old behaviors. It feels like what I would imagine drug addiction feels like. I can't think, let alone focus, can't eat, can't sleep. If I could beat this bitch out of my brain with a fucking ball point hammer I would. I'm lost at this point. I thought I was stronger than this but apperently I have way more work to do in that department. Any advice, or anything at all really, would be appreciated. Whether it's getting bitch smacked for a wake up call or whatever apparently I need some kind of support. I refuse to let somebody have this much power over my state of mind. Thanks in advance

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Comments

whinemoreplease • 17 points • 13 October, 2015 10:58 AM [recovered]

and I know first mistake is don't be friends with a girl.

Wrong. Whoever told you this is probably an uncharismatic sperg. Women are great.

I really didn't care, cutting negativity out of my life became a priority.

Good attitude.

Candy started expressing attraction towards me bluntly, outright telling me I give her tingles and saying things to the effect of me causing a fire hydrant to explode in her underwear.

The only reason that this is an issue for you is that you're so completely unaccustomed to this that your mind thinks that somehow this is a special fucking occurrence. You've been a loser for so fucking long that the notion that you can generate attraction is an absurdity - and as a consequence, you're trying so hard to desperately clutch onto this girl in the most blue-est of ways.

Do you know what a high value male does on the regular? He generates tingle. He sure as shit doesn't react like a little validation seeking bitch at the first woman who tells him that. Notice how you're listening to her words as if they're gospel truth?

I can't think, let alone focus, can't eat, can't sleep. If I could beat this bitch out of my brain with a fucking ball point hammer I would. I'm lost at this point.

The problem here isn't that you have oneitis or that this girl is special. The problem here is that you've been an unattractive loser for such a long time that having a girl be attracted to you is such a novelty that you're collapsing your frame like a burning house in california. Meet more women, make more friends, and what you'll realize is that Candy is not at all special. Here you're still thinking she is.

You're playing pretend and you're just starting to make the transition to actually being higher value.

BluepillProfessor • 1 point • 14 October, 2015 04:33 AM

SOME Women are great.

FTFY: Women as a group largely suck today. You have to admit this crop of 20-something girls represented most recently by "leaders" like this arrogant little cunt is anything but great.

UEMcGill • 3 points • 13 October, 2015 02:18 PM

It's a brave new world out there and your overall problem problem is lack of abundance.

I want it to be as to avoid divorce rape and not being able to see my child etc.

Yeah, divorce sucks, but when you are an integrated male you accept all possible outcome to be the best man you can be. So divorce isn't the outcome you should worry about. You should worry about if you are leading the best life you can lead, does your wife still qualify to be in it. Some numbers thrown around here shows that the average man has control over like 15% of the family budget. So look at divorce like getting a 35% raise instead. Instead of being afraid of the strange, embrace it. Look at it for what it is, a woman who demonstrates that you have a higher value than you thought. When your wife is being a harpy and that beta thought creeps into your

head to appease her, use it to remind yourself "heh, there's women who want to fuck me. It's not me, it's her"

I went through this stage too. Cute little thing with a smoking hot body and nice slutty-submissive streak that I can't even begin to describe. In the end? AWALT. She had her problems too, and like all women she was one step away from making me her next beta-bux.

Embrace the possibility of divorce, as it's neither bad nor good, it's just a possible outcome. Use it as a source of power and control. As a man you ultimately control exclusivity in the relationship, not her. Once you start thinking that way, you'll have a completely new vision on how things go in the marriage.

itstartstoday123 • 2 points • 13 October, 2015 04:58 AM*

Long post short answer.

Drugs are bad for you um Kay.

Tell her you can't be friends. No more talking after that. I know EXACTLY what you are going through. Same remedy for me. It works. I lived it.

Edit:all the BS sexual details don't matter. The girl hitting me up told me she would try to convince my wife to let me play. I shut that shit down Hard. Your thinking with your dick when you have this squishy organ caller a brain that has the tools to suppress emotion, lust and desire to achieve results..... If you let it.

Oh and you male fucking hamster is running on a squeaky wheel. Amazingly I can hear it over the silent keystrokes across the internet.

whinomoreplease • 1 points • 13 October, 2015 10:59 AM [recovered]

Tell her you can't be friends. No more talking after that. I know EXACTLY what you are going through. Same remedy for me. It works. I lived it.

Not exactly high value, attractive male behavior if he's just going to run from every female is it?

[deleted] • 2 points • 13 October, 2015 01:31 PM

He isn't strong enough to make sure she exits stage left and doesn't do some dumb shit like say the wrong thing at the wrong time when wifey is there or winds up stalking him on line or something and cause issues.

Basically he needs to shut this down at this point because he can not handle the ride

He isn't high value enough at least based on his reaction to handle this woman in a way that will not damage whatever his goals are with avoiding divorce rape etc. He isn't there yet to handle the female hamster if his wife "finds out" and all that shit.

[deleted] • 1 point • 13 October, 2015 01:49 PM

Good, if that's the case, don't say anything, just soft next.

Checked out means checked out, but some emotional goodbye speech.

itstartstoday123 • 2 points • 13 October, 2015 02:01 PM

He is not using it as dread. He is just falling into one-ite-is cause he does not have the control from lack of work done personally. He admitted it's coming from a beta mindset. Not very High value.

whinomoreplease • 2 points • 13 October, 2015 03:15 PM [recovered]

doesn't really matter imo. i don't want to encourage men to run away from little girls like little boys. own your shit.

"no. my internet mommy says we can't be friends."

itstartstoday123 • 1 point • 13 October, 2015 03:30 PM

Jumping from One problem to another definitely doesn't seem like a man full of abundance. Sounds like a man operating out of desperation. I'm encouraging him to run away from himself, it's less about that particular girl and suggesting he exercise self control when he can't control a situation.

[deleted] • 2 points • 13 October, 2015 10:31 AM

Lol. Start up some PUA techniques. Not to cheat, but to realize that there's more than one woman who is willing to flirt with you.

Devalues the attention you get to the point where sometime saying HI doesn't lock down your one itis

cholomite • 2 points • 13 October, 2015 01:14 PM

The same thing happened to me. It turns out I could have been hot this while time if only I got regular haircuts, lifted and dressed nicely. Too bad I spent my entire 20s looking like a schlub. Oh well. Pull your head out of your ass. You're going to keep getting attention from more and more women and if you turn into a little school girl everytime one bats her eyes at you, you're never going to get anywhere. This girl would have turned you into her beta bucks if you had met her 9 years ago just like your wife. The only thing different between this girl and your wife is that she might be a little hotter. Ok, if you want a hotter wife, lead your current wife to exercise and proper diet. If you dont want to do that, divorce her and get a hotter woman. Sneaking around and getting oneitis for others is basic beta bitch behavior. Decide what you want to do, own it, and do it.

sexyshoulderdevil • 0 points • 13 October, 2015 04:56 AM

"Blah blah blah. I'm a weak ass bitch who can't control my emotions for some random ass cute chick because I can't get my wife to hold still so I can fuck her..."

Better?

Get over yourself. Get to work. Fuck her if you want. But know it could fuck your marriage too. Your call, bro dude buddy.