

## RP truths gleaned from my aunt

27 upvotes | 10 September, 2014 | by SgtBrutalisk

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Me and my extended family were on a 10-day vacation in the Mediterranean. My aunt is 46 yo but still gets hit on by guys in their 20s. She doesn't pursue it because she has a kid with a man who doesn't want to wife her for the last 20 years or so. They live together in the same house, but she still hasn't changed her name. I used to despise my uncle for not committing, but now I see he's pretty RP.

Anyway, while we're lounging on the beach, I see she's reading "50 shades" and I start a conversation about how women say they want nice guys, but are actually looking for someone to dominate them, just like in the book. To that, instead of trying to convince me otherwise, she says:

If you want the attention of women, you need to pump up your arms. Women look at your arms and instantly know if they want to have sex with you. Also, it's good if you're a little bit dangerous and crazy, like a gangster.

Then it hit me - now I know the meaning of "don't skip leg day" meme. When you're building up only your upper body, you're doing so to attract women, but when you do legs, you're doing it for yourself. So, "don't skip leg day" actually means "have yourself as a primary goal".

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## Comments

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[deleted] • 40 points • 10 September, 2014 11:21 PM

No the meme means literally dont skip leg day because you will look like a fucking moron if you do. Just google image the phrase and youll see what i mean

wheyapartment • 3 points • 11 September, 2014 12:10 AM

I regret putting so much effort into my legs

I've got a serious case of trex mode that I'm currently working on balancing out. I look like a satyr

[deleted] • 7 points • 11 September, 2014 09:22 AM

Satyrs are sex gods slanging a massive dick to fuck all the nymphs with, rock that shit bro.

martypete • 4 points • 11 September, 2014 12:58 PM\*

"And Brodin said unto him, curls for the girls. Wheymen"

/r/swoleacceptance

EDIT: it looks like they've cross posted this post.

[http://www.reddit.com/r/swoleacceptance/comments/2g3ams/the\\_meaning\\_of\\_leg\\_day\\_repost/](http://www.reddit.com/r/swoleacceptance/comments/2g3ams/the_meaning_of_leg_day_repost/)

"Yeah, like people on /r/TheRedPill work out"

-/u/SECAggieGuy14

xAFC • 2 points • 11 September, 2014 05:47 PM

One of my favourite subs, extremely entertaining. And equally as disappointing to see the general reaction towards TRP. Though not surprising I suppose

SgtBrutalisk[S] • 1 point • 11 September, 2014 11:55 PM

It does feel nice to be quoted, though.

[deleted] • 6 points • 10 September, 2014 11:07 PM

Wrong. Women find thick thighs and a round butt extremely attractive. Don't skip anything. And what she means by 'women look at your arms' she is talking about your forearms. Of course the upper body matters but women never comment on my arms They always comment on my forearms or I catch them checking out my butt.

Air4ce1 • 1 point • 10 September, 2014 11:47 PM

I heard it was shoulder and back

SilverWolfeBlade • 3 points • 11 September, 2014 04:37 AM

I heard it was traps and delts

Spiritualpha • 5 points • 11 September, 2014 12:22 PM

I heard it was when your disk silhouette reaches your knee that they decide they wanna fuck you

• points • 1 January, 1970 12:00 AM

[permanently deleted]

[deleted] • 1 point • 11 September, 2014 08:08 PM

I'm talking about confirmed studies, not my opinion. Look at top 10 body parts women find attractive on menshealth.com. The butt is number one. I'm not saying every women is attracted to forearms and butts, just the majority. Numbers don't lie.

• points • 1 January, 1970 12:00 AM

[permanently deleted]

[deleted] • 1 point • 12 September, 2014 08:27 AM

Really the best thing to do is work on your entire body. It's all a plus but in my experience women comment on my forearms and butt.

All I do for forearms are holding two 50 pound weights for 5 minutes (partition as needed) or finger curls with two 20 pound weights for 5 minutes non stop. The latter will blow your lungs up.

[deleted] • 1 point • 11 September, 2014 05:35 PM

lol no. Don't skip leg day unless you would like to look like goddamn Spongebob

IVIaskerade • 1 point • 11 September, 2014 09:23 PM

But, but, but, my thigh gap!