

Is it possible to develop dark triads traits? I know it's difficult to change but I am fairly young right now so maybe I can develop as much of them as possible?

September 12, 2020 | 2 upvotes | by [WorkUnderProgress](#)

I am turning 18 in a few months and I completely understand that it's almost impossible to develop them if you are not born with them but maybe I can still develop them as much as possible because I am still quite young?

Also, I am completely opposite of a dark triad:

1. I want to help people, love every animal
2. I let people walk over me or throw myself under the bus to help others
3. I am also an empath and am able to relate to people's problems and treat them as if they are my own problems
4. For those aware of MBTI, my personality type is INFJ

Maybe if you believe that it's impossible to develop the dark triad traits then you can tell me what changes I need to make in my life to become cold and numb?

I have already started working on not letting people walk over me and stop throwing myself under the bus for others.

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Comments

AutoModerator[M] [score hidden] 12 September, 2020 06:42 AM stickied comment

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Mr_Badass • 17 points • 12 September, 2020 07:56 AM

You're going to I have to face some sort of brutality or competition to get dark triad. The way you start being less empathetic is when you see other people as inferior and useless.

Jdamoftruth • 2 points • 12 September, 2020 08:10 PM

Play competitive sports...this comment is an interesting epiphany for me....I played sports since I was 6 and excelled at them...

DoubleConversation4 • 11 points • 12 September, 2020 10:03 AM

What you don't have is not dark triad, it's self-respect. Also you're feminine as fuck. Go lift, and develop some self-esteem.

Dark-triad could be the most attractive type, but it robs you of being human, being a good person. You just sound like a pretentious teenager who just found TRP.

What you should do:

1. Lift
2. Read "No More Mr. Nice Guy"
3. You could potentially have an inferiority complex, I'd see a masculine therapist for that.

Good luck. This is not the answer to your question, but this is an advice for your situation.

rprookie • 2 points • 12 September, 2020 01:36 PM

Do boxing

MoistInitial • 9 points • 12 September, 2020 10:05 AM

So you want to change who you are just for women? You are weak.

Get stronger mentally and physically, that's all.

Mma_bora • 7 points • 12 September, 2020 07:36 AM

You can't change your personality, you can't go from being walked all over to a "dark triad whatever".

You need to better your yourself and improve and your natural personality will improve with it.

Testinat0r • 10 points • 12 September, 2020 07:35 AM*

Start fucking with your own morals and you'll become more and more dark triad. Go over your own edge. Steal something. Cheat on your gf. If that's what you want.

Most people will not become happy once they try to change their personality. It's deeply rooted inside of you and you will possible become unhappy and feel dissattached from your deepest self.

Being dark triad is not a goal. It's a goal to live life like a king in your own personality. Be that sweet guy, but hold strict rules and adhere to them.

WorkUnderProgress • 1 point • 13 September, 2020 04:28 AM

Wow thanks! This is a very unique advice.