

# Now imagine being her and being married to a man she doesn't find remotely attractive?

February 24, 2019 | 20 upvotes | by [JameisBong](#)

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[19F] Ovulating for the first time since I was 14 and I cannot believe the intense arousal it brings is not more widely spoken about

3,767 points • [458 comments](#) • submitted 11 months ago by [wtfisgoingondownther](#) to [r/sex](#)

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I've been on birth control since I was 14 (which stopped my ovulation) and just got off it for the first time very recently, and I woke up a day or two ago with my underwear literally soaked through. My first thoughts were honestly that I had wet the bed. On top of that, all I can think of is sex and am constantly aroused. My every second thought is sex-related and I can barely get anything done. Also, clitoral stimulation does absolutely nothing for me and the only way I feel actually satisfied is when there's something inside of me

I know ovulation is just your body trying to get you pregnant but *holy fuck*. There's something about it that's so primal

I thought there was something wrong with me til I googled it and found out that all women who ovulate go through the same thing every month (though maybe on different levels of intensity). It's weird how this seemingly isn't ever discussed

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## Comments

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BobbyPeru • 15 points • 24 February, 2019 07:00 AM

Before TRP, my wife had sex with me once a week duty. I used to whine about it like a bitch. I'll never forget the time we were watching a movie, and the guy was bitching about his wife not having sex. My wife turned to her friend and said "poor girl has to fuck that guy." Even though it was pre-RP, it was eye opening for me.

Long story short, I stopped whining, and I just take it. Earlier tonight, I grabbed her, bent her over, and gave her a good spanking. She was soaking wet. We normally have sex a minimum of 3 times a week. I'm a lot buffer, but embracing masculinity and strong frame are the real clinchers.

But, yeah back to your point... at some point she's going to need an alpha if her man is unattractive to her.

JameisBong • 8 points • 24 February, 2019 07:34 AM

I agree. My ex wife was borderline and crazy... But she's a woman and she deserved better. I was fat and bitchy (less fat now and less bitchy) but i own my part in the demise of my marriage. I should have been in better shape and more masculine. I am not sure I'll ever get married again, but if i do i will absolutely be on my A game. No fat unattractive shit especially when she's ovulating.

red-sfpplus • 4 points • 24 February, 2019 11:08 PM

Imagine being a woman?

Id rather spend my time being the man she wants to fuck.

JameisBong • 1 point • 25 February, 2019 09:27 AM

Ahahaha

helaughsinhidden • 0 points • 24 February, 2019 02:41 PM

Am I the only one using an app to track my initiations, denials, positions, locations, enthusiasm, periods, and as indicated in her post, ovulations?

Oio- • 7 points • 24 February, 2019 04:03 PM

As long as you don't let her know you're doing it, I think it's a good idea (or at least worth doing for a while). There's guys who don't get laid who only initiate every three weeks (and then wonder how come they never seem to get laid or only have sex 6 times a year.) If you're initiating 12 times a week and having sex 8 times a week, that's a lot better than once a week or twice a month with no denials. Even though it's a geeky thing to do, there's a lot of truth to "what gets measured gets managed." Maybe she's always bitchy right before her period and you can just schedule more gym time then. If nothing else, you can keep yourself honest and see how things are changing over time.

helaughsinhidden • 3 points • 24 February, 2019 06:02 PM

Seems too obvious to write that stuff but it's all correct. I all falls into the umbrella of not talking about fight club.

suprathepeg • 2 points • 24 February, 2019 02:54 PM

There is an app for all that?

fuckmrp • 10 points • 24 February, 2019 03:05 PM

Yeah bro it's called sperg tracker, creepo edition.

RuleZeroDAD • 4 points • 24 February, 2019 03:28 PM

Does no one remember "Spreadsheet Guy?"

He is literally one of the reasons "keeping score" is mentioned as a fatal "do not," and that women don't care if an unattractive husband finds it unfair.

red-sfpplus • 5 points • 24 February, 2019 11:52 PM

Spreadsheet guy was the inspiration for me to start my own spreadsheet of the same thing.

However mine was never used to get my wife to have sex.

Mine was used to combat the gaslighting, manipulation and for trending to make sure that divorce was the right move.

You cant see the trees from the forest sometimes.

Spreadsheet guy had the right idea, wrong motivation.

RuleZeroDAD • 4 points • 25 February, 2019 12:22 AM

Spreadsheet guy had the right idea, wrong motivation.

Yeah.

Like any tool, spreadsheets are neither good nor bad. "Spreadsheet Guy" is a pussy. Not because he tracks data. If someone wants a dispassionate list of facts, fucking great. Have at it.

I was called a faggot, because I don't track sex, periods, etc..., which is a first for me, but hilarious nonetheless. If I felt the need to collect evidence, keep tight records of interactions, and draw conclusions based on evidence, I kinda have an aptitude for that.

Focusing too much on the utility of a tool v. the mindset of the man. Spreadsheets can be enlightening, or a rabbit hole leading directly into the frame of some woman. I just think that those with a propensity to boil down and pour over data are often those who need to lift their heads from the books and take a "less educated" chance and just kiss the girl.

weakandsensitive • 2 points • 25 February, 2019 01:32 PM

My wife likes and takes pride in the fact that I use her for my pleasure.

NMMNG\_1 • 1 point • 25 February, 2019 04:33 PM

On point.

helaughsinhidden 1 points 24 February, 2019 06:07 PM\* **[recovered]**

He was a faggot. Not for tracking results, you are for not doing it. He was a faggot for showing her like she was the problem. Find that post and tell me if he frame, lifts, has game, or isn't anything but a covert contract beta pos

Reach180 • 5 points • 24 February, 2019 07:12 PM

Tracking fucks with your own head.

Even if things are going 'well', you have no covert contracts, frame is good, whatever.....you'll

start chasing numbers.

Makes it less enjoyable. "Do I want sex, or am I due for sex?"

helaughsinhidden • 1 point • 24 February, 2019 07:50 PM

To be fair reach180 and rulezero, I think tracking rejections is pointless and I'm not ASD so seeing that data is fun to me most of the time or a sign that I need to reset and troubleshoot what I'm messing up. Knowing her ovulation is a cheat code though, I stand firm that everyone should track that.

fuckmrp • 2 points • 25 February, 2019 01:20 AM

What about enthusiasm, do we go with a simple 1-5 rating or perhaps a system of colored stickers, gold star for when she swallows?

helaughsinhidden • 1 point • 25 February, 2019 01:34 AM

Lol, I am pretty sure your half teasing and half curious, so I'll answer.

The app I currently use let's you make as many custom positions and locations as you want, however just "good" and "bad" for quality and "protect" or "unprotected". There is a customer notes field that I use sometimes and a number dropdown for # of female orgasms. For now I suppose I'm using multiple positions to indicate the enthusiasm and swallowing cum definitely gets it's own sticker. It uses the lips icon instead of a butt, undies, hands, handcuffs, heart or laptop.

It isn't on the Google play store anymore, but you can either get it here or have a laugh if you are a vagina artists.

<https://m.apkpure.com/men-s-calendar-sex-app/com.wheel.menscalendar>

RuleZeroDAD • 2 points • 24 February, 2019 06:38 PM

K, tough guy.

The point was he was a complete pussy. If you need metrics, have at it. I'm more of an artist at this point anyway.

The fact that you broke frame over your need for "knowing," is laughable.

0io- • 2 points • 24 February, 2019 04:06 PM

Some guys run "clue" and swear by it. I've never tried it. There was some free app called habit bull that was pretty good. You put in goals, It pops up reminders on your phone and then you check off whether or not you met your goals kind of like Stronglifts 5x5. You can put in stuff like cold approach 3 women, or run 2 miles, or whatever you want. All of those "self-improvement" apps are useful to a point if you don't over-do it.