

Analysis- was this dread?

February 28, 2019 | 9 upvotes | by [beta_game](#)

So last week I was in a depressive state of mind and feeling insecure out of no where. Posted a question about alpha widows and appreciated the helpful responses.

Over that weekend I withdrew a lot of my attention from wife but wasn't acting butt hurt or bitchy, got shit done around the house, kids etc. was cordial. Wife was sensing something up and thought I was mad at her and when questioned I basically played it off, said everything was cool with us and I just had a lot on my mind and was tired from the work week (which was true). She seemed more anxious than usual that weekend. After a good work out and help from you guys on previous post I got over my shit fest in my head. Was feeling super horny after workout and initiated to a very receptive wife, which she came with some cave man missionary style which is very rare in that position unless she's really turned on.

I know I'm probably way into her frame by thinking this but I'm trying to analyze her psychology, I wasn't trying to purposely dread her, just taking care of the weekend shit around house and didn't give her a lot of attention. When I've been a little Rambo mode in the past I don't get this reaction from her. She seemed afraid she had done something wrong. Other times I have been overly taking my attention away she just seemed to withdraw herself as well.

Any thoughts? I'm not hung up about it just trying to see her behavior through RP perspective and maybe there's a lesson for me to learn here. Maybe not enough STFU on my part

Edit: she was also getting ready for shark week

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Comments

johneyapocalypse • 4 points • 1 March, 2019 12:19 AM*

Hi dumbfuck, you asked for an analysis, so here's mine:

| So last week I was in a depressive state of mind

Gay.

| and feeling insecure out of no where.

Even more gay.

| Posted a question about alpha widows and appreciated the helpful responses.

Oh for fuck sake was this you?

| Over that weekend I withdrew a lot of my attention from wife

Based on your (quite a bit more) gay post, this, I'm sure, went over like gang-busters.

| but wasn't wasn't acting butt hurt or bitchy

Sure. That's what they all say. You, of course, in your (1) depressive state of mind and (2) insecurity, are an extraordinarily good judge of your own character and purveyor of self-insight.

| got shit done around the house

Like? Washed the dishes? Built a tree house?

| kids etc.

Kids are good. Kudos there.

| was cordial.

See above. Perhaps rephrase to "pretended to be cordial while... all that other stuff... plus pussy-post... plus more you haven't shared... plus more drivels below."

| Wife was sensing something up

They tend to do that.

| and thought I was mad at her

Which you were. Plus depressed. And insecure.

| and when questioned I basically played it off

Or pretended to play it off, and pretended really, seriously, unequivocally well, too. Very convincingly. Leonardo-fucking-Dicaprio-level.

| said everything was cool with us

She believed it, owing to your prowess, confidence, and stunning good looks.

| and I just had a lot on my mind

What a fucking surprise. Let me guess. You're an engineer?

and was tired from the work week

Work week? Why not margaritas on the beach? Such challenges.

(which was true).

You mean unlike the rest of this diatribe? Like true as in honest, true as in objective, or true as in...

She seemed more anxious than usual that weekend.

I can't begin to imagine why.

After a good work out and help from you guys on previous post I got over my shit fest in my head.

.... oh really....

Was feeling super horny after workout and initiated to a very receptive wife, which she came with some cave man missionary style which is very rare in that position unless she's really turned on.

Hmm. Unexpected. You may have found a new chapter in the sidebar. Please, if nothing else, tell me more about this.

I know I'm probably way into her frame

Not at all.

by thinking this

Anyone ever tell you that you think too much?

but I'm trying to analyze her psychology,

Good idea. Analyzing her psychology was precisely what I was about to recommend.

I wasn't trying to purposely dread her

Of course not, you're a fucking dread-master au-natural. They pop-up every once-in-a-lifetime.

just taking care of the weekend shit around house

Still?

and didn't give her a lot of attention.

Lol.

When I've been a little Rambo mode in the past

You don't say. None of the 6,609 readers or 51 readers *now* - including me - would have imagined that.

I don't get this reaction from her.

I was beginning to suggest that could be the case until this eloquent post of yours.

She seemed afraid she had done something wrong.

Yah, she's afraid, very afraid. Or, maybe she's afraid because she can't figure out why she had sex with you?

Other times I have been overly taking my attention away she just seemed to withdraw herself as well.

That's new for me, after a few years in this dungeon-like locale... you can withdraw your attention from you and you can draw her attention from her. I think you've found something unique. Please tell me more.

| Any thoughts?

Nah. Between your two posts you're doing just fine.

| I'm not hung up about it

Nope, not at all. This post was just an afterthought.

| just trying to see her behavior through RP perspective

RP perspective - good, ol' RP perspective. Well, in that case: you're tall, dark, and handsome, women flock to you, you're a lion-amongst-men, and she's a piece of meat. One of many.

| and maybe there's a lesson for me to learn here.

Well, there's the sidebar -----> Or there's magic.

| Maybe not enough STFU on my part

Sure, talk more.

| Edit: she was also getting ready for shark week

BITCH.

Edit: So, talk about timing. I took a few weeks off, came back, responded to your prior post, and was feeling verbose tonight. With that said, sometimes I forget that it's helpful to be, well, helpful.

So, per my intimate familiarity with your posts... alongside my (way too many) years here:

1. You are worried about your wife's past.
2. You are feeling insecure. Examine this. Herein lies the problem. For me, it was being told I was going to die. Soon.
3. I don't even know how sex/lack-of-sex entered the equation. Where'd I miss that?
4. You are reading and devouring MRP like a madman.
5. You are doing, and fixing, and championing fucking everything on earth (per MRP) to be the man (of her - her - dreams) and conquer your woman. (p.s. part of the problem is what i just put in parentheses.)
6. You are going too fast, too far, and wielding this new-found knowledge like a lunatic madman. Like the Hitler of MRP.
7. As such, chill out, slow down, enjoy the sex you had - more than some here can say - remember it's a marathon not a race - don't worry about the faggot ex-con artist - remember your 15 years together - and slow your roll.

Night night.

Edit 2: Unless I missed something dramatic, which is possible, you have manufactured all of this in your own mind because you believe your 15-year-long wife is longing for her faggot, ex-con, artist - not ex-con-artist - douchebag homo, long-ass-time-ago boyfriend, remember he went to jail while you were an upstanding citizen, but shit you found her diary of dark longing, like-50 shades of gray except he's darker and poor and in jail - phew - deep breath - while at the same time, you are going through a clear mid-life crisis that is obvious to everyone - including a dumbass like me - except you - and in the end - maybe because you're fat (I think I read that somewhere) and haven't lifted anything beyond your kids' Lincoln logs (do they still make those?) in years... shit. I forgot what I was going to say.

Edit 3: MCT below is right in one way, you are not dreading your wife. In another way, however, you are freaked-the-fuck-out about your wife's dumbass-ex and are acting all weird and surely you haven't told her this so she's probably wondering what the fuck is going on with you. Perhaps that's a form of dread. But it's more like dread that will result in a trip to Bellevue than the dread people here recommend. Regarding that dread, you have inspired me to stop writing. Thanks.

coinbaserep • 3 points • 4 March, 2019 03:45 AM

Wow I can't wait to read your next essay on a post that is actually worthy of your time.

How long did this essay take you ?

First half was entertaining but I got tired

Can we get a tldr summary

helaughsinhidden • 3 points • 28 February, 2019 11:24 PM

You get a B-

You did some stuff right, however you only hid your butt hurt in comparison to the amount of bitching and complaining you normally do. If she could tell you were upset, you didn't hide it well enough, get tougher skin.

When I've been a little Rambo mode in the past I don't get this reaction from her

No one cares what the angry person has to say. I say it to my kids all the time because it's true. Maybe buy yourself a real rambo poster and put in the garage as a reminder that he won't be getting any pussy tonight and if you act like him, neither will you. He just gets to stay in the garage alone pissed off.

Other times I have been overly taking my attention away she just seemed to withdraw herself as well.

Overtly taking your attention away as punishment for feeling butt hurt is not the same as STFU either. It's called stonewalling and will lead to a divorce if you keep it up. You can learn more about it from [u/RedPillCoach Here](#) and [Here](#).

beta_game[S] • 3 points • 28 February, 2019 11:41 PM

"Overtly taking your attention away as punishment for feeling butt hurt is not the same as STFU either. It's called stonewalling and will lead to a divorce if you keep it up."

Thanks, that's the change in perspective I needed

[deleted] • 5 points • 28 February, 2019 08:27 PM

I know I'm probably way into her frame by thinking this but I'm trying to analyze her psychology

Yes, you are in her frame. And don't.

Any thoughts? I'm not hung up about it just trying to see her behavior through RP perspective

You **are** hung up on it. You initiated and had sex. Good. Just don't go saying "thank you" like somebody else recently posted they used to do.

Stay out of your wife's head. Improve yourself. If you have the time to think about this kind of shit then you need to work on Dread Level 3 by getting a fucking hobby.

beta_game[S] • 2 points • 28 February, 2019 08:38 PM

Your right, re reading that I am hung up. I've taken to much attention away previously which fucked things up though and I'm trying to recalibrate. When I DNGAF to extreme she acts neglected

[deleted] • 2 points • 28 February, 2019 08:48 PM

You need to have just the right amount of not giving a fuck. Don't be an autistic retard, but at the same time you shouldn't be catering to your wife's every whim, emotion, or fancy. You are your own judge, so determine whether what your wife is saying or worked up about is a legitimate issue.

From the linked comment:

So when I say, "don't be an idiot," I literally mean, "don't be an unintelligent, slow-witted moronic dipshit like this guy." You shouldn't operate within your wife's frame, but that's not contradictory to being conscious of your actions and how they impact those around you. Did you decide to go out with friends, and your wife got upset and now she's giving you the silent treatment? OK, not a problem. As long as you are actively concluding this.

Because if you're constantly thinking, hmm, my wife is being sort of standoffish, is this because she's unhappy I went out with my friends? Whatever, IDGAF -- then you may start thinking, "you know, the less fucks I give, the happier I am." And you'll eventually give so few fucks that not only will you not give a fuck when she's giving you the silent treatment, but you won't give a fuck when she gradually starts documenting a pattern of "dangerous outbursts" and "abusive behavior"... because you are now giving so few fucks that you are not even notice that's happening!

Alec935 • 0 points • 28 February, 2019 08:49 PM

Totally Agree!

[deleted] • 0 points • 28 February, 2019 08:55 PM

Gee, thanks, bot.

hack3ge • 2 points • 1 March, 2019 11:54 AM

When your wife says "Thank you I needed that" then you know you are making progress.

Red-Curious • 4 points • 28 February, 2019 08:32 PM

You were insecure about something. It upset you. You say you didn't give any signs of being off, but she noticed anyway. Nevertheless, she responded to your sexual advances.

Was that dread? No.

Was that a wife who happened to be DTF despite the fact that she thought you were being a covert baby? Yes.

I'm trying to analyze her psychology

Darn right you're way into her frame. Understanding female psychology on the whole has value. Trying to understand a particular person's psychology without training, testing, and clinical analysis is absurd. We can't tell you her personal psyche because we don't know her and we're only getting small snippets you tell us.

Maybe she watched some porn without telling you and was revved up when you got home. Maybe she was with another guy the night before and needed some sperm to convince you the child is yours if she happened to be pregnant. Maybe she happened to be attracted to you at that moment. Maybe she was afraid that turning you down would upset you even more.

Maybe, maybe, maybe. We just can't know. Stop worrying about it. You had some great sex. Enjoy it. Do it again tonight. Dread is not an intentional strategy you try to use to trick a wife into having sex with you. It's a state of being. As you found out, you can't fake it because she'll smell the phony all over you.

BigAjax • 2 points • 1 March, 2019 05:28 AM

Faggot can't turn off his mind reading device because he's a fucking incorrigible beta who has to be constantly scanning his social environment to make sure he can immediately respond to the emotional state of his superiors. Pussy-assed bitch can't help but have his mind filled with replays of details of the past and feel like he lost his security blanket, because he has absolutely no fucking direction in his own life and no projects that define his self-concept. Pillow-biter makes his wife feel anxious because he's acting like a pouting child who is showing signs of autism. Anxious wife gives Nancy boy a pity fuck just to make her anxiety go away, since she knows it's mommy's validation that will make the little baby feel better. Pole-smoker posts to askmrp, looking for more validation from anonymous men.

red-sfpplus • 3 points • 28 February, 2019 09:01 PM

Any thoughts?

Yeah, the less you pay attention to someone, the more they will pay attention to you.

Stop being a bitch and go lift something heavy.

BobbyPeru • 1 point • 28 February, 2019 09:20 PM

You're the one I diagnosed with ONEitis, right? Still not cured.

You're staying busy, but it seems like you're still thinking way too much about her and what she's thinking/doing

mrpthrowa • 1 point • 1 March, 2019 12:27 PM

Summary: OP acts butthurt, gets some pussy, thinks it's dread, asks askmrp.

Kpwn88 • 1 point • 1 March, 2019 01:05 PM

This is what we talk about, when we talk about dread.

MrChad_Thundercock • 1 point • 28 February, 2019 09:22 PM*

No.

Dread can definitely be triggered by a single event, but in general, it's an over-arching feeling of anxiety-from competition- that she feels when your SMV is higher than hers. A healthy relationship needs dread.

"it just trying to see her behavior through RP perspective"

You were feeling really horny and pumped up after lifting, you gave her some tinglestm and she was dtf.

That's how it's supposed to work faggot.

"wasn't trying to purposely dread her"

Why not? Make it part of your Game. She secretly wants ittm. She'll reward you for it.