

What are some of the biggest time & money wasting mistakes based on your experience?

March 15, 2019 | 57 upvotes | by [throwitpplaway](#)

By based on your experience I mean, just because you heard a looney bird say that watching TV is a waste of time don't say it unless you've proven in your life that to be true.

For me:

1. Paying for coaching instead of activities. I've spent thousands and thousands to learn to sell/market when I should have been putting that \$ into products/actual advertising.
2. Browsing reddit too much. Even Asktrp (doing what I'm doing now). Fucking drains my positive energy and my time
3. Thinking. Action trumps thought/analyzation any day. Waste 1 hour thinking of when to go to the gym instead of just fucking going
4. Any debt that doesn't have a high guaranteed return. For me this was coaching from gurus, car loan and shitty degree.
5. Not seeing shit through. Literally have a bad feminine habit of not finishing the task regardless if it's my "passion" or not. Cost me a lot of wasted skills and time.
6. "Grinding". Honestly sitting st home taking an udemy course or reading drains time. I need to be out meeting people/networking. One solid contact adds many years to my life.
7. Escapist Entertainment/isolation. I hate to say this but I've wasted YEARS of my life watching anime/manga. When all hell was around me it was my way to cope with having no home, depression, weight gain, etc. It was my drug of choice when alcohol might have actually been better since it would have forced me to socialize.

Just some shit to be mindful of. What are your wasteful mistKes?

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Comments

ramfex21 • 61 points • 15 March, 2019 03:56 AM

Money wasting mistake is having a girlfriend. There is always something to pay for when it comes to women.
Time wasting mistake. Scrolling Instagram and reddit

maxofreddit • 8 points • 15 March, 2019 08:13 PM*

After my first long term "real adult girlfriend" and I broke it off, I literally had THOUSANDS of dollars more at the end of the month. I was blown away by how much I had been blowing away.

MrAgamemnon • 49 points • 15 March, 2019 06:07 AM

Mother fucking cars.

Never buy an expensive car. Buy a cheap reliable piece of shit.

Well_Sorted8173 • 11 points • 15 March, 2019 02:27 PM

Dear God THIS.

A few years ago when I landed my "big boy" job, I paid off my debt and "rewarded" myself with a new Mercedes Benz. Now, 3 years into this car, I've spent so much damn money on maintenance that I could have used for something else. As much as I love that car, later this year I'm trading it off for something reliable but not flashy.

caneyfan • 7 points • 15 March, 2019 07:01 PM

If you want to buy a luxury car that's dependable buy a Lexus. I've owned 2 cars in last 13 years, both were Lexuses. Tires and routine maintenance only thing I ever had to do. I typically trade in at about 160k and buy a 1-2 year old model. Also holds value. I bought a German car once, and it was a hard learned lesson.

tokr420blaze • 4 points • 15 March, 2019 04:03 PM

Yea because it's a Mercedes, I think people place too high of a value on luxury cars because luxury cars are bought for one reason if you ask me. To flex. I think if you buy the car YOU truly want, not what's gonna make other people's jaw drop, but make your jaw drop, then you'll be happy even if the car requires a lot of maintenance. I drive a Jeep and have modified almost every aspect of it, it breaks ALOT. Is it a pain the ass? Fuck yea. But do I always look back at my ride after getting out of it? Fuck yes.

I don't think I'll ever drive a car that doesn't have an X factor for me. But if you dream about a Mercedes, then get a Mercedes.

ArabSigma • 2 points • 15 March, 2019 06:44 PM

I paid off my debt and "rewarded" myself with a new Mercedes Benz.

Old Mercs are quite reliable if maintained properly. Where I live, cab drivers drive 240D Mercs on the regular. Lots of 190 and 250d's too. I'm thinking of getting one myself, mainly for the leg space and comfort.

TheGoblinTurkey • 8 points • 15 March, 2019 04:23 PM

This.

I'm absolutely convinced girls don't care about your nice expensive car. Only other guys.

thrwy75479 • 5 points • 15 March, 2019 09:36 PM

The wrong girls will care. I guess it could also be good screening criteria in that sense.

RPAternate42 • 4 points • 15 March, 2019 03:06 PM

It's why my next car is a Tacoma truck: reliable, long lived, seating for all, and I can get a model in stick shift too.

precondo 1 points 15 March, 2019 08:49 PM **[recovered]**

Clients care in sales industries.

Young guy in sales; every ounce of credibility helps.

I'm a car guy, so the first thing I bought when I started doing well was a \$80K, 450hp Audi. Love that thing, would never go back to a reasonable vehicle. It's a ton of fun and as a salesman I spend a lot of time in my car (30k km a year) and actually enjoying that time improves my life as a whole.

I didn't buy it for status or for credibility. But I noticed an immediate difference with clients. Many don't care, but the ones buying multiple units or anything over \$1M+ take notice. I can attribute 2 deals last year directly to the car totaling over \$40k in commissions (clients flat out said something to the tune of, "skeptical of your experience but the car made me realize you must know what you're doing")

So for 90% of the population I agree, cars are a waste. But if you're in sales, and you're young, you need to project success and competency because I can guarantee your age is working against you.

throwitpplaway[S] • 1 point • 16 March, 2019 12:23 AM

Honestly this is the main reason why most successful gurus buy those cars, it's halo effect. We do it all the time even unconsciously. Nicer car = most have lot of clients / solve lot of problems.

I think it's like social media. If you're buying it just to show off and you're not getting a return out of it you're a cuck

volvestupidshit • 19 points • 15 March, 2019 05:48 AM

Not taking advantage of gays to pay for my stuffs.

Jack-Vance • 2 points • 15 March, 2019 08:37 PM

Lol

throwitpplaway[S] • 1 point • 16 March, 2019 12:23 AM

Can confirm, went to Miami once and got \$20 drinks free all night thx to the gays

theherosmyth • 17 points • 15 March, 2019 10:07 AM

Porn. Wastes hours a day, trains you into spectator mode and for me anyway it trained my brain to expect new visual stimulation every 17 seconds. Going limp during sex = no bueno. I suspect it even deadens your experience of life in general because it just fries your dopamine receptors.

Weed. Once in a blue moon now is fine, but several times a week is just a waste of time and money myan

Video games. The idea was to just unwind and play some games an hour a day, but I never ended up sticking to

that time frame, I'd start playing a shit ton and get sucked back into an apathetic mindset. It was better for me to just get rid of this trap altogether

Informative content (youtube or even books). I think reading is great if it supplements taking action. I got into the trap of thinking I need to know this one thing, and then one thing more, and then just one more thing before I could finally start chasing my dream. Basically I got into the habit of hoarding information. Not reading stuff that I can leverage right now, but rather reading or watching stuff, just cause it might be useful one day. Stop.

Moldy_Gecko • 3 points • 15 March, 2019 01:52 PM

I would even ads to porn, that sex in moderation is important. I slept around and did all the shit I saw in porn so much that it's hard to keep up, figuratively and literally

theherosmyth • 2 points • 15 March, 2019 03:04 PM

I too hope to one day have to make the conscious decision to scale down my sex life because it's too much haha

Moldy_Gecko • 1 point • 15 March, 2019 04:25 PM

It's hard. I still struggle sometimes. However, I narrowed it down to two girls that are good in bed and cut sex back to like 3 times a week.

jbgjbgjbg • 1 point • 26 March, 2019 11:44 AM

I got into the trap of thinking I need to know this one thing, and then one thing more, and then just one more thing before I could finally start chasing my dream. Basically I got into the habit of hoarding information. Not reading stuff that I can leverage right now, but rather reading or watching stuff, just cause it might be useful one day. Stop.

sorry but how did you stop doing this?

theherosmyth • 2 points • 26 March, 2019 12:16 PM

The impetus for me to make that change was the anger I felt when I realized how much of a lie I was selling myself. It wasn't that I needed all that information, I was just afraid to act, and I was using "but I need to know more" as an excuse. Whether you're afraid of being embarrassed for not knowing enough, or you're afraid to succeed, whatever the reason may be, just start anyway, and then reality will teach you what the things are that you need to know, instead of making up fantasies in your head of all the things that can go wrong, and then preparing and learning to fortify yourself against that.

[deleted] • 35 points • 15 March, 2019 02:58 AM

Video games. My entire high school and college social life consisted of playing video games and getting fat.

throwitpplaway[S] • 5 points • 15 March, 2019 03:25 AM

U done with dat right?

[deleted] • 16 points • 15 March, 2019 03:31 AM

Yeah, after college I had a bad experience with a couple girlfriends, so I decided to change for the better. Stopped playing video games and dedicated that time to improving myself.

I started reading a lot. I started lifting and working out regularly. I learned to code. I started going to networking events. Etc

I still play video games from time to time. Maybe 2 hours a week not the 8+ hours a day I used to do.

btrpb • 3 points • 15 March, 2019 02:27 PM

Good for you man. Keep it up.

HurricaneHugues • 13 points • 15 March, 2019 03:45 AM

Social media

NightTripInsights • 25 points • 15 March, 2019 03:55 AM

Drugs cost \$ and time

RPAIternate42 • 2 points • 15 March, 2019 03:07 PM

My drugs are home grown so they've become a bit of a hobby, in themselves.

jjvkk 1 points 15 March, 2019 04:54 AM* **[recovered]**

and they can land you a misdemeanor on your criminal record, that will ruin your life for the rest of your days. Fuck that shit. Also, fuck driving drunk.

NightTripInsights • 1 point • 15 March, 2019 05:31 AM

Eh, it doesn't ruin your life. That is an excuse. I have 2 and I'm doing better than ever.

BloodSurgery • 1 point • 15 March, 2019 05:02 PM

Having 0 would be better, thought. It's not like having them makes you better

NightTripInsights • 3 points • 15 March, 2019 05:19 PM

I never said it did, but having 2 misdemeanors isn't the end of the world which I was saying.

People who let 2 misdemeanors on their record restrict and control how they live life would have found any excuse to fail at life IMO. Your record is your past, it's not your fate.

bafled • 0 points • 15 March, 2019 03:35 PM

Idk why this is being downvoted, if you're not in a legal or decriminalized state, a pot charge could cost you a lot. In some states a misdemeanor charge could land you 6-12 months in jail with thousands of dollars in fines (max punishment). And we haven't even talked about legal fees.

menial_optimist • 7 points • 15 March, 2019 01:20 PM

Anything that has to do with wasting money on status. Walk around your local university and you'll see guys decked out in all top brand fashion. How do they afford that? They're all broke. While its okay to buy nice clothes, proper budgeting and asking "Can I afford this, truly?" is the best way forward. People who try and play the status game with expensive cars, houses, clothes and other objects are playing a losing game, because there's always going to be someone richer or better looking than you.

Dextorian • 3 points • 15 March, 2019 08:54 AM

Curious, how did you get over number 5 on your list?

KingRead • 2 points • 15 March, 2019 01:40 PM

I'm not OP, But I'm struggling with this too. I've been trying to finish a book for months now and I keep

buying more books because of all the recommendations on this sub. I've forced myself to finish my book before I allow myself to start another. So far I'm still on the same book, but atleast I haven't stopped the book half way. Everytime I buy a new book, I continue my current book to get that much closer to finishing it. I actually do like reading the book, it's just I can't find time. By the time I'm in bed I'm already so exhausted that opening a book and reading takes away from my sleep.

lifeisweirdasfuck • 5 points • 15 March, 2019 03:05 PM*

Reading books should be easy. Books are overrated here. Once you've read 2-5 books on self help you should be okay. Reading more won't bring you any closer to your goals. Only pure action can do that. That's an harsh truth. I spent one year reading trp and pua books yet approached maximum 10 chicks. Be really careful about that. It's a vicious cycle which can waste years of your life, making you believe you are actually improving, while in reality you haven't done much.

The problem op is talking about I guess is legit action towards your goals. Say for instance you are learning to code (or a new language), and after 1 week you stop learning for some reason.

The answer to this should be discipline and a constant vision of the benefits of achieving that goal. If you don't see the benefits, it won't take long before quitting.

Sorry but if you can't even read books, you have a lot to improve, especially your willpower/discipline side. You are probably wasting time on other useless shit without even realising it.

KingRead • 1 point • 15 March, 2019 03:54 PM

Appreciate your feedback.

I've read many of the recommended books in the manosphere already, just want to indulge a little more in the deeper stuff to better form my opinions and reflect.

You're right it does come down to disipline. Ive always wanted to allocate last half hour of my day to reading but it's an area I've been slacking on and needing improvement.

lifeisweirdasfuck • 2 points • 15 March, 2019 07:44 PM

I've read many of the recommended books in the manosphere already, just want to indulge a little more in the deeper stuff to better form my opinions and reflect.

I know what you mean.

Read stuff from IllimitableMen and RationalMale.

But again, be careful. The rabbit hole never ends.

throwitplaway[S] • 1 point • 16 March, 2019 12:27 AM

Yep yep yep. And I did mean action based activities. Reading should be easy, funny enough when you start to compare it to watching tv. It's just better data going in your brain but I won't magically fix you.

For example I been telling myself since 19, I'm going to go out once/twice a week!

22 now. I go out maybe once a semester lol. Need to seriously get over this

lifeisweirdasfuck • 1 point • 16 March, 2019 09:06 AM

Exactly what I thought. I'm facing the same problem.

I told myself I would approach a number of girls last year and never ever did that.

I guess we should start small. In my case I should focus more on going out alone. If I go

out, that's progress for me.

Same for you though, go out to the grocery store, for example.

I made the mistake of aiming for unrealistic goals. I can't expect to approach women when I still didn't get used to going out alone in the first place.

Dextorian • 5 points • 15 March, 2019 03:24 PM

I hear you, I've struggled with this all my life, always starting something and never really finishing it or it amounting to nothing, it was only when i really dug deep that i found the root cause of the problem. It can be linked with your values and most of your experiences throughout your life.

KingRead • 3 points • 15 March, 2019 03:49 PM

If you don't mind sharing, what did you find were your root causes? I'll have to consider this for myself but I'd like to hear your experience too.

Dextorian • 2 points • 16 March, 2019 11:40 AM

Personally, It was my upbringing i never really had any direction and was heavily addicted to video games, It was a mixture of cheap dopamine hits from video games, YouTube videos etc. It had a major impact on my attention. So whenever i sat down to do something i'd always find ways to distract myself with something else. It wasn't until i started cutting these things out my life. Another thing i noticed as well, i was a self-help junkie, the thought of improving myself appealed to me but i never really implemented much of what i read. Knowledge with inaction is dangerous and it will drag you down into a deeper hole. If you want anymore help just drop me a message, took me a long time to figure this shit out!

throwawaybpdnpd • 3 points • 15 March, 2019 01:37 PM

Used to play WoW full time whilst spending all my money on sports cars and getting high all day every day
Nowadays I stopped playing video games, I train hard, I run a successful local services business, I own reliable/cheap cars and I grow my own weed instead
Still watching netflix way too much but I'm a work in progress

TFWnoLTR • 2 points • 15 March, 2019 07:54 PM

Prostitutes.

It's so damn easy to get pussy without paying for it directly. Sure, I might spend upwards of a hundred bucks working my way into a girl's pants, but then I've got a steady plate for weeks or more that will cost next to nothing to maintain. Also girls banging you because they want to try so much harder than the overwhelming majority of hookers and in general are much more fun to be around. I'd rather bag a fatty than show up to another seedy hotel with \$200 cash to find out it's not the girl from the ad or the sex is just bad or any other of the many disappointments that come nearly every time you pay for sex.

Fuck hookers. I mean... don't pay for them. You know what I mean.

throwitpplaway[S] • 1 point • 16 March, 2019 12:33 AM

This would be another of mine. God I could have funded a business with all the money I've given hookers, plus the fucking scare.

Worse thing is you NEVER feel good afterwards. You also lower yourself, I always feel like some trashy

guy who's just going to end up smoking meth when I go see them, it bangs your self esteem.

Plus the kind of women you associate with... granted you don't exactly date them, but it still surrounds you with the absolute bottom of women.

There's just no benefit to seeing prostitutes IMO. Maybe if you want to bang one once if you're on a massive dry spell and you get yourself a \$600+ mega model quality one.

tothetopbaby1 • 1 point • 15 March, 2019 12:33 PM

1, 3, & 6 aren't really time wasters man, you may have just had bad experiences. They all have the opportunity to be huge time wasters but if done correctly can propel you forward, just learn to do them correctly.

Moldy_Gecko • 1 point • 15 March, 2019 01:49 PM

Games man. I used to spend a lot on video games. But I still geek out once a week playing dnd. Which is oddly something I finally decided to get into post-finding trp, lol

mams1724 • 1 point • 15 March, 2019 01:52 PM

Not seeing shit through. Literally have a bad feminine habit of not finishing the task regardless if it's my "passion" or not. Cost me a lot of wasted skills and time.

Depends on what task that is. If it's going to help you build a career on it then go for it 100% if not then find something else worth your time and money. That was my biggest mistake.

BurnoutRS • 1 point • 15 March, 2019 02:50 PM

cook meals

did you know that for 60 dollars you can eat a bowl of oatmeal a day for 2 years?

Get a lunchbag or a cooler. pack some snacks, lunches etc. and take that shit with you

throwitpplaway[S] • 1 point • 16 March, 2019 12:29 AM

Don't think I got this. Are u saying NOT cooking meals was a waste of money or cooking them?

Well_hung_Yakuza • 1 point • 15 March, 2019 10:22 PM

1. Paying for chicks indirectly. I have been very proud in never paying for a chick ever, but have them pay for me, but I did, in the end, pay for stuff like Ubers etc. Should either split or avoid alltogether by taking bus/subway/whatever. Other costs include bed sheets, or even a guest bed (my bed is too small for two people).
2. Wasting money on alcohol and all the costs involved with it (again Ubers, etc.). By far the biggest money sink for me in the past. Limit this to once a week, or better, once a month or quit alltogether.
3. Rent. This one is personal preference and depends on a lot of circumstances. I try to find the best compromise between cost and logistics, as location does indeed matter and long commutes suck. There is also some stuff to consider when it comes to roommates. I shared with people that were easy going and fairly asexual. Also shared with people who were drunk and fucking at 4AM when I had to go to work. Find something that works for you.
4. Books! i try to order books off amazon, read them, and send them back. This is very true for uni books as you will never read or need them again in all likelohood! Buy novels second hand. Don't buy any self help books like tai lopez, it is a complete waste of time and money. These people are scammers.
5. Online Courses. I never bought one of those but they are usually trash and you can get the information for

free. The only stuff you want to take a course in are hard skills like coding or a hobby like dancing, guitar, etc. Most importantly: Invest in hard skills.

Time:

Most has been mentioned. Stop scrolling social media, it is literally turning you into a mindless android. At least limit it and focus on creating and not just consuming, e.g. by taking photos for instagram or adding something meaningful to reddit. Stop porn. Try to limit your commutes (as mentioned above, depends largely on your circumstances). However: be as social as possible and never say no to an invitation.

virtualvirgincake2 • 1 point • 15 March, 2019 09:38 AM

Pursuing women ;)

jjvvkk 1 points 15 March, 2019 03:23 AM* [recovered]

Pets. A pet can set you back 1300 dollars per year and whooping 12000 dollars over its lifetime. No thanks

[deleted] • 12 points • 15 March, 2019 03:54 AM

Don't you get back something that money can't buy? Companionship, loyalty, friendship, someone always there for you at the end of the day no matter how shitty but still excited to see you.

jjvvkk 1 points 15 March, 2019 04:01 AM* [recovered]

I'd rather not having my home torn to pieces, smelling like a barn and having feces/hair/vomit everywhere.

DownyGall • 9 points • 15 March, 2019 04:09 AM

You know you can train dogs to go to the bathroom outside, right?

jjvvkk 1 points 15 March, 2019 04:23 AM* [recovered]

I've been there. Done that. I fell for the doggo meme and tried really hard to train it and like it. It came with separation anxiety that triggered him to destroy everything in my house. Then the vet said to crate it so we did and it would whine non stop while we were out that the neighbors complained.

It would slobber on my furniture, do the shake thing where it spreads hair everywhere and pee and poo due to its anxiety issues.

On walks it would lash out on other dogs and I finally saw it for the liability it was when it almost bit my neighbor. The best day of my life was when I took it back to where it came from. I'm never doing that shit again.

DownyGall • 4 points • 15 March, 2019 04:32 AM

The fuck you writing me a book for

jjvvkk 1 points 15 March, 2019 04:35 AM* [recovered]

To tell you how much of a nightmare dog ownership was for me. I also avoid chicks with dogs because you'll always be second to her mutt. Wanna be spontaneous and go on a weekend getaway? You can't because there's no sitter for mr pibbles.

Wanna fuck someone and lock their dog out of the bedroom? Prepare for the whine and door scratching fest

LordMarkStark • 3 points • 15 March, 2019 04:59 AM

Saw your other post don't mind my former. Yes too, chicks and dogs, some of them, can go bonkers over them, it's like the dog is the boyfriend

monsieurhire2 • 1 point • 15 March, 2019 05:09 AM

Haha, so true.

jjvvkk 1 points 15 March, 2019 05:12 AM* **[recovered]**

The other day I've read a post from a guy who was fucking this girl doggy style (pun?) and her dog came and started licking his asshole. That's fucking disgusting.

monsieurhire2 • 1 point • 15 March, 2019 05:21 AM

A friend was once dating a girl with a dog. Now, granted the dog had been with her through thick and thin, whereas she had been deserted in her time of need by the man in her life. He totally failed to understand this aspect, and kept complaining about the dog always took precedence. He was especially angry that one time he took her out for an expensive meal, and then took half of it home to feed to the dog. I explained the whole thing to him, but it went in one ear and out the other. Eventually, he got bored and moved on. Nonetheless, her primary loyalty was to the dog. Of course, I've also seen the same dynamic with men and their dogs.

Trphello • 1 point • 15 March, 2019 02:40 PM

he feels guilty for being a psychopath

LordMarkStark • 1 point • 15 March, 2019 04:58 AM

Do you really regret the dog? Not everyone's home or lifestyle is set up for dogs. Was it that? I miss my dog

Solic • 0 points • 15 March, 2019 04:32 AM

There is a reason dog is called man's best friend. I understand dgaf attitude you're trying to display and your comments in this post gives me impression that you are selfish and lack basic empathy. Also you seem to prefer some pathetic comfort over lifelong loyalty and friendship. Hate to tell you buddy but you're a weak ass pussy

jjvvkk 1 points 15 March, 2019 04:31 AM* **[recovered]**

Also I get companionship, loyalty, friendship from real human connections and not a "living walking shitting teddy bear". I see them as crutches for betas.

SalporinRP • 2 points • 15 March, 2019 06:27 AM

It's not that deep...

Plenty of alphas have dogs lol

cudder17 • 3 points • 15 March, 2019 09:53 AM

Ha it's so funny when people get so defensive when someone says they don't like dogs/pets. I agree with

everything you said down below.

Ryabemo • 2 points • 15 March, 2019 10:02 AM

If you're dirt rich then a pet is okay but usually I agree, it's an extra task + money. Not much different from a having a gf lol

[deleted] • 0 points • 15 March, 2019 05:18 AM

Lol k