

Crazy, abusive girl from the past keeps trying to convince new girl that I'm subliminally sending signals that I want to get back with her. How should I deal with this nonsense?

March 23, 2019 | 5 upvotes | by [Project_Zero_Betas](#)

/r/asktrp/comments/b4o7xq/crazy_abusive_girl_from_the_past_keeps_trying_to/

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Comments

W_O_M_B_A_T • 11 points • 23 March, 2019 09:16 PM

The only thing that makes you look worse than other women talking about you,
.....is other women *not* talking about you.

Your girlfriend isn't stupid. She knows jealousy when she hears it and women are motivated by jealousy in themselves and others.

Do not attempt to argue with or deny what your ex says. Just ignore and let the hamster do all the work for you.

Project_Zero_Betas[S] • 3 points • 23 March, 2019 09:21 PM

Yeah that was my initial response but I just don't want the new girl thinking I'm trying to play games when she's done some maniacal tactics to get my initial attention (which I forever appreciate). Don't want to diminish her efforts, you know?

W_O_M_B_A_T • 5 points • 23 March, 2019 10:30 PM*

but I just don't want the new girl thinking *insert insecure mental gymnastics here*.

I think I know the crux of what you're asking here. You made worrying about what a woman thinks of you a much bigger priority in your life instead of improving what you personally think about yourself. Whooooopsie.

This is a form of learned helplessness where you hold other people responsible for thinking positively of you because you don't want to come to grips with your own personal doubts, fears and shame-narratives. This is exactly the same thinking of a child who is insecure and confused hopes his parents don't think he did the wrong thing when he pulled out all his toys on the floor. This is called surrendering to a woman's frame of mind, which because you're not a woman, shouldn't particularly concern you.

You're not professor X. You don't in fact have telepathic powers. Stop trying to make it your job to monitor anybody else's thoughts, which you cannot control.

Project_Zero_Betas[S] • 1 point • 23 March, 2019 10:34 PM

LMFAO Great answer, though my concern isn't to "monitor anybody else's thoughts," but to make it clear I'm not playing games or shittesting her. Slight difference, ya know?

W_O_M_B_A_T • 1 point • 23 March, 2019 11:13 PM

but to make it clear I'm not playing games or shittesting her.

Are you playing games? *Are* you shit testing her? This is you qualifying yourself to her like a woman qualifies herself to a man and children qualify themselves to their mothers. It makes me suspect that playing games may be exactly what you're doing.

Stop trying to qualify yourself. If you want to make things clear, then be like an old VHS tape and don't actually play.

But then again, who cares? It's not like women don't fuck guys who are players, as long as the games they play aren't *boring*!

That's the thing about the particular game of trying to qualify yourself. It's nothing a woman hasn't played herself thousands of times before. It's boring, it's driven by fear and not fun, and she

knows exactly where you're going with it. Same thing with acting chickenshit about anything your jealous ex might say. Boring, she's played 1000x already, and there's no prize that she wants at the end. Worse, it makes you seem like you're one of her bitchy BFFs.

Project_Zero_Betas[S] • 1 point • 23 March, 2019 11:18 PM

It makes me suspect that playing games may be exactly what you're doing.

Negative.

If you want to make things clear, then be like an old VHS tape and don't actually play.

Will do.

Mr_Badass • 2 points • 23 March, 2019 09:15 PM

Is the girl from the past blocked? If not, why not?

Project_Zero_Betas[S] • 2 points • 23 March, 2019 09:19 PM

100% blocked. But she knows my routine and lifestyle very well (she's a borderline stalker), and so apparently on, say, a Monday night knowing I eat pizza on Tuesdays, she'll post something on social media about loving pizza, and even though I don't see it, tries to convince the new girl that I did see it, when really I'm just trying to live a normal life without her.

Mr_Badass • 2 points • 23 March, 2019 09:22 PM

Tell your new girl that the old girl is a stalker, and that you don't want anything to do with her. Your new girl will understand and take care of it OR keep an eye on her.

[deleted] • 2 points • 23 March, 2019 10:02 PM

This.

Project_Zero_Betas[S] • 1 point • 23 March, 2019 09:23 PM

Great advice, I will, thanks.

Mr_Badass • 4 points • 23 March, 2019 09:27 PM

Your welcome, please let your new girl handle it. Don't ever mention the old girl, unless your new girl brings it up. Your new girl will handle it for you, girls love defending their territory.

goomerall3 • 2 points • 24 March, 2019 01:52 PM

Ignore?

[deleted] • 1 point • 23 March, 2019 10:01 PM

Don't worry about it, brush it off and don't make it a big deal, it's nothing. If she alters her behavior because of this ex, do your best to not react.

Sucks.

Project_Zero_Betas[S] • 1 point • 23 March, 2019 10:06 PM

It's not the new girls behavior altering that I'm concerned about, it's the old girl convincing the new girl that something I do on the regular is a sign I want to get back with her.

[deleted] • 1 point • 23 March, 2019 10:09 PM

If the new girl falls for it she's a bad girl anyways.

Project_Zero_Betas[S] • 1 point • 23 March, 2019 10:11 PM

New girl is a HB10 with SMV like few other people on the planet, I'm almost positive she won't, but I don't want to give the appearance of playing games with her, you know?

[deleted] • 1 point • 23 March, 2019 10:17 PM

IF SHE'S SMOKING HOT DON'T WORRY ABOUT IT.

Best of luck.

Project_Zero_Betas[S] • 1 point • 23 March, 2019 10:19 PM

Thanks :-)

Aesthetic_God__ • 1 point • 7 June, 2019 08:35 PM

Sounds like a manipulative trap. Go fuck them both silently from each other and carry a weapon with you.