

Shit test- how to pressure flip

April 15, 2019 | 17 upvotes | by [Protocol_Apollo](#)

Just a couple questions on this tool for shit tests:

Could someone give more examples of how to pressure flip?

And how would one pressure flip without seeming reactive/butthurt to the shit test (as the point of the test is to test your frame/reactivity)

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Comments

TheTrenTrannyTrain • 25 points • 15 April, 2019 07:51 PM

Take President Trump.

Libtards: "Detaining illegal aliens is wrong, we need to let all of them in."

Trump: "Ok, we will send all of them to sanctuary cities, then you can take care of them."

Libtards: "but but but...".

Zoddo 1 points 15 April, 2019 11:05 PM **[recovered]**

Just saw that today. The amount of squirming they're doing to try and get out of the situation, but not appear as if though they agree with him is pure comedy.

[deleted] • 0 points • 16 April, 2019 01:42 AM

Link?

markinsinz7 • 1 point • 16 April, 2019 09:04 AM

Google

Project_Zero_Betas • 2 points • 15 April, 2019 09:37 PM

LMFAO Bingo

FilthyStylish 1 points 15 April, 2019 07:22 PM **[recovered]**

Are you gay?

Will you teach me dick sucking techniques if I tell you?

[deleted] • 8 points • 15 April, 2019 07:30 PM

No. That's just bad. It's not AA, fogging, or anything. In fact this answer can be pressure flipped by "why are you so gross?"

Correct answer is "why do you care? Dislike gay people or something?"

Pressure flips put social pressure on the other person to justify or explain themselves.

red2hilt • 1 point • 15 April, 2019 10:46 PM

what does fogging mean? (I've seen it used before but couldn't find a definition)

[deleted] • 2 points • 15 April, 2019 11:08 PM

Giving a non-committal or ambiguous answer and redirecting the topic. Works well for the are you sleeping with anyone else question. Gets past the question and provides hamster fuel. "You're just using me for sex." AA: "sure, but also for those mind blowing blowjobs!" Fogging: "That's horrible! I like what we have. You're fun." No definitive yes or no (bonus for disapproving of the question) and you change topic to how much fun you have. Fogging works better here. She'll keep thinking about it but will stop asking.

red2hilt • 1 point • 15 April, 2019 11:19 PM

thanks, sounds great. could you give a fogging example for being asked about my work (on tinder etc). I hate talking professional stuff with strangers I'd be dating / sleeping with. so q: "What do you do?"

[deleted] • 4 points • 15 April, 2019 11:41 PM*

Easy. I use this all the time: "I think that what people do for money is less interesting than what they do for free. For example, I do X (some DHV here. I talk about mentoring inner city kids, which I do). What do you do for free?" Then I'm ready to talk about my mentoring in a way that shows passion.

I never answered the question, showed slight disapproval of her question. Rerouted it to something that demonstrates value, then puts the question back to her.

Invariably she won't know what to say which will cause her to be impressed without you seeming like you are searching for her approval so long as you deliver it all matter-of-factly. Classic DHV handling.

There is so much good that comes from this. When she finally learns what you do it will enamor her especially if it's a job with some prestige. You look humble and impressive at the same time.

Alternately I try to fuck with them and tell them I'm an international arms dealer and never tell them what I actually do.

red2hilt • 2 points • 16 April, 2019 01:23 AM

fantastic answer, I'm both going to use this (your first answer about for free), and I'm like super glad I took the moment to draft this specific question to you.

yeah I've tried the bullshit answer (arms dealer, I used drugs but can be whatever) it works OK but sometimes they'll just keep asking. I find that the evasive answer (obviously false drug dealer) does sound like I'm trying to hide something. better to change the script.

so thanks for the detailed answer about for free - going to use it.

[deleted] • -7 points • 15 April, 2019 07:32 PM

"You're kinda a BLANK"

Pressure flip: "Huh, do you think it's cool or something to throw random insults? Are you THAT guy?"

ShotgunTRP • 15 points • 15 April, 2019 07:55 PM*

This is an example of how to react butthurt and lose frame

You're kinda a blank

"You're so blank you have a blank gravitational field and blanks orbit you"

You're so tiny

"Your foreheads so big we could give it a flag and name it an independent country"

"Your hairs so messy a Vietnamese immigrant family had to move out"

"Your moustache is so thick we could dye it different colours and fly it at the gay pride parade"

You have to find something the shittester is sensitive about and highlight it in a humorous way as relaxed as possible

Bantering with mates helps develop this skill

[deleted] • 3 points • 15 April, 2019 08:16 PM

So you have trouble understanding that pressure flips aren't insults? Do you just sort of shoot from the hip with these things or do you actually do the reading?

Project_Zero_Betas • 3 points • 15 April, 2019 09:38 PM

You have to find something the shittester is sensitive about and highlight it in a humorous way as relaxed as possible

The correct answer.

[deleted] • 1 point • 15 April, 2019 09:53 PM*

Damn. Normally you're spot on but this is off. This is the answer.

"A pressure flip is where you reverse the social pressure put on you back onto the originator of the social pressure. So in relation to the shit test at the beginning of this section ["Do you want me to fuck you up?"]: 'I bet you think everything's a line because you've got trust issues.'"

It's not about highlighting what they are sensitive about, it's about making the DEER. We have no idea if the dude is "sensitive" to trust issues, but this makes them respond if in front of a group in a defensive way. Notice how the correct pressure flip isn't humorous. In fact humorous responses are wrong.

("instead of being impressed by your wit he is likely to respond: "So you don't think I'm serious? Let me show you how serious I am" followed by an attempt to beat the hell out of you.")

<https://illimitablemen.com/2014/12/14/the-shit-test-encyclopedia/>

Project_Zero_Betas • 1 point • 15 April, 2019 09:56 PM

DEER?

[deleted] • 3 points • 15 April, 2019 09:58 PM

Defend, Explain, Excuse, Rationalize

Once someone does this they've fallen into your frame. Pressure flips are designed to illicit this response.

Project_Zero_Betas • 2 points • 15 April, 2019 10:00 PM

I see what you're saying. But seems like if you're not careful with it though, you could just accidentally fall further into their frame, no?

[deleted] • 4 points • 15 April, 2019 10:06 PM

Yes. I think it's the hardest response but it's my favorite to deal with AMOGing. Done poorly and you sound like you are DEERing. Done right and you socially isolate him from the group by making him look like an unreasonable dick.

My favorite favorite of all time is: look at everyone else in the group and ask "**is he always like this?**" It makes the group uncomfortable with his behavior. He then needs to change course and DEER lest everyone else gets embarrassed by him.

It's all variations on the "what's your problem?" response, but done in a way that puts more pressure on them by making the AMOG behavior the center of attention. Hence the name "pressure flip"

Project_Zero_Betas • 2 points • 15 April, 2019 10:07 PM

My favorite favorite of all time is: look at everyone else in the group and ask “is he always like this?” It makes the group uncomfortable with his behavior. He then needs to change course and DEER lest everyone else gets embarrassed by him.

LOL I like this one :-)

[deleted] • 3 points • 15 April, 2019 10:31 PM

Haha thanks. Let me share my first experience doing this to highlight why I love it so much.

I remember the first time I did this to an AMOG I was worried it was going to end poorly for me. This was before I started lifting and this guy was taller and stronger. I don’t remember what he initially did but he blushed and someone in the group quietly said “not really” and he STFU all night. That response immediately established me as higher up on the totem pole (even though I just met that set) and he sulked like a big baby all night while I had fun with the group. He didn’t challenge me again.

That response to AMOG has never failed me.

Kommanderdude 1 points 15 April, 2019 08:02 PM **[recovered]**

If only there was a side bar that contained such information.

Protocol_Apollo[S] • 7 points • 15 April, 2019 08:26 PM

Yay a “read the side bar” troll. No doubt that a lot of asktrp stuff can be answered by that but I’m guessing you just read the words “shit test” and immediately regurgitated “side bar”.

If you actually read what I said, I asked for “more” examples of pressure flipping implying that I already came across responses to shit tests and I was asking for more clarification on a lesser used tool- everyone just says AA for shit tests (if you only have a hammer, everything looks like a nail)