

**Definitely a repost but it deserves it to cap off the year: Ultra-feminist spends a year and a half as a man and subsequently has all her preconceived notions about men turned upside down. A must read.**

December 27, 2013 | 86 upvotes | by [puaSenator](#)

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## Comments

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TheRedPrivilege • 46 points • 27 December, 2013 11:13 AM

The fact that she ended the article with "I really like being a woman. ... I like it more now because I think it's more of a privilege." really sums up why Feminism is a disease. It pulls the wool over the eyes of women and dyes it a solid shade of blue. The fact that this woman couldn't cope with such a small period of a man's life before she had to be admitted speaks volumes about Women's inability to comprehend how easily they really have it.

[deleted] • 31 points • 27 December, 2013 01:08 PM

Women live with the expectation that men have to put them first. If that isn't a privilege, I don't know what is.

There are definite expectations men live with and it's either sink or swim. Add to that the the now growing gender war that seeks to enhance female privilege to the point of eliminating due process for men and it makes it that much tougher.

Take marriage for instance. If "Ned" really wanted to experience life as a man she needed to go through that. The responsibility for keeping a marriage together has now fallen squarely on the shoulders of men, as we are the ones who face harsh consequences in the event of it's failure. Women get a golden parachute.

Despite these high expectations, men still manage to survive and thrive. That speaks volumes.

[deleted] • 17 points • 27 December, 2013 06:42 PM

This reminds me of the saying from a Dave Chappelle skit "Everybody wanna be a nigga, but nobody wanna be a nigga" to describe the phenomenon where white people imitate black culture. They imitate the broken English, the style of dress, the mannerisms and music, etc. And they pretend to be gangsters and they glorify drug dealing. But none of them would actually move into the ghetto, drop out of school, sell crack, and be a real gang banger because they know that their lives are great. So they want to pretend to be black, but they don't want to actually be black.

Modern feminism can be summarized by, "Everybody wanna be a victim, but nobody wanna be a victim". They want to pretend and be perceived as victims, but they don't actually want to be victims. They want everybody to believe that their lives are so tough, that the world is so horrible to them, and that they have to fight against all this adversity. But if you dump them in the middle of Mumbai, where all the stuff they talk about actually happens, their heads will explode.

Sometimes it is necessary to play the victim. For example, someone who was born into a well-off family may need to pretend that he came from a mediocre background, because he may attract some irrational hate/jealousy. Actresses and super models are coached to say stuff like "I wasn't always like this, I was an ugly duckling growing up" (maybe she was a 9.5 instead of a 10 because of her bad haircut, but she was never an ugly duckling) so fans can relate to them more. But these people are never delusional enough to actually believe it. They started using it because they discovered that it helped prevent negative reactions.

The problem with feminism is that this victim mentality is taught to girls at a young age when they cannot tell the difference between political correctness / public relations and reality. So they don't capitalize on their advantages and they embrace the disadvantages. It's like a white guy being born into a nice middle class life, and then deciding that he wants to be a gangster and drops out of school. The window of opportunity to capitalize on an advantage doesn't last forever.

Retsaot35 • 4 points • 27 December, 2013 08:46 PM

Okay... but as a male, I'd also really hate to be female... and I doubt I'd be able to cope with living as a woman for more than a few hours. Everything I am would be repulsed by the experience.

Stop taking the cunt feminists so God damned seriously. All the silly macho rhetoric validates them and their cause. Laugh at them and move the fuck on with your life. Men and women are fundamentally different. Appreciate the differences.

Do you want women to be men? If your best friend had tits and a pussy, would you want to be in a romantic relationship with him? Femininity and masculinity are wonderful compliments, and the vast majority of human beings are on board with that. Stop fighting bitching and moaning with more bitching and moaning. Find someone to fuck and live your life.

[deleted] • 9 points • 27 December, 2013 03:08 PM

<https://twitter.com/Cavsanada/status/412601169098203138>

The reason she couldn't take it any more was because she had to spend every day pretending to be someone she was not when she had an easy way out: just stop the experiment. Very *very* few people could do what she did (male or female).

You're right about pulling the wool over the eyes though.

johnnight • 20 points • 27 December, 2013 01:09 PM\*

Must read article.

"I really ran smack up against the difference between male and female sexuality. It's that female sexuality is mental. ... For a man, it's an urge," she said.

"At its core, it's a bodily function. It's a necessity. It's such a powerful drive and I think because we [women] don't have testosterone in our systems, we don't understand how hard it is," she said.

Men are better at controlling the urges, because we have them all the time. It's a life long struggle and training. We have >12 times more testosterone than women. Testosterone controls ours and theirs sex drive.

If women had half of our testosterone levels, there would be constant orgies in the streets. Not because of us, but because they would be uncontrollably giving it away left and right.

BTW, there are two types of women. The slim athletic ones have higher testosterone and they are more dominant in the bed (being on top, etc.). The ones with more estrogen have fat in the right places and they are more passive in the bed. These like it more to be submissive (be taken).

That is also why as a man you do not want that estrogen in your body, manboobs.

I get reminded of a story: Soldiers on deployment were juicing testosterone for bodybuilding. This made them more aggressive and there also was a lot of homosexual sex. The body produces estrogen to counteract all that T. Once they stopped juicing, they had a lot of excess estrogen for some time. They became the biggest bunch of emotional crybabies.

edit: grammar

iseeyou1312 • 8 points • 27 December, 2013 02:02 PM

I thought that the extra testosterone from juicing was converted into estrogen, although not really sure.

It's also more likely that their testicles atrophied and their body was unable to produce sufficient testosterone levels naturally.

[deleted] • 11 points • 27 December, 2013 02:34 PM

This is why children we take a post cycle therapy.

Lakey91 • 2 points • 28 December, 2013 02:30 PM

Yeah that's about it.

All corticosteroids from the adrenal glands come from cholesterol and there's a pretty simple branching pathway that gives mineralocorticoids (that make you retain water in your kidneys) glucocorticoids (that suppress growth and inflammation) and sex steroids. As such they all have crossover in control and activity.

Your hypothalamus releases Gonadotrophin Releasing Hormone (GnRH) which stimulates the pituitary gland to release Luteinising Hormone (LH) and (Follicle Stimulating Hormone) FSH. LH is what stimulates testosterone production and release from the testes and FSH is important in the first stages of sperm production.

All these hormones have negative feedback loops to ensure they are produced neither insufficiently nor excessively. Of course that means adding extra stuff (e.g. exogenous testosterone) will reduce the production of all of them.

Now the crux of the matter. What is the difference between testosterone gained from posture, confidence and exercise and testosterone gained from a syringe?

This image explains it. What you see at the bottom right is where testosterone branches. In women, who have high levels of aromatase, testosterone is converted into oestradiol; in men, who have higher levels of 5-alpha-reductase, some testosterone is converted to DHT. It is DHT that is responsible for the majority of the desirable effects of injected testosterone, including muscle growth, libido etc.

So if you inject testosterone, some will get converted to oestrogen and some will be converted to DHT. If you remove the testosterone then because you have repressed your HPA (hypothalamic-pituitary-adrenal) axis you will take a while to begin your own production again.

Furthermore, trophic hormones such as LH and FSH often sustain the cells they act on. In other words, without them the cells they act on atrophy (get smaller in size or number). This is why testosterone is associated with testicular atrophy. The question is how much suppression is required for atrophy and whether it's reversible.

I think the problem with androgen scare is that the people who have all the problems are those who abuse it. It's like claiming that alcohol causes liver and heart disease without adding that this is based on those who drink a bottle of vodka per day.

Of course as complex as that all is, it gets even more complicated

iseeyou1312 • 1 point • 28 December, 2013 05:09 PM

Thanks for the very thorough explanation.

caius\_iulius\_caesar • 1 point • 31 December, 2013 02:10 PM\*

\*Sorry, I accidentally replied to you instead of to /u/Lakey91.

iseeyou1312 • 1 point • 1 January, 2014 06:21 AM

I'll forgive you this time but don't do it again ok?

Kidding, I enjoyed reading it anyway.

caius\_iulius\_caesar • 1 point • 31 December, 2013 02:11 PM

It is DHT that is responsible for the majority of the desirable effects of injected testosterone, including muscle growth, libido etc.

Unfortunately, DHT seems to have the effect of precipitating the progression of male-pattern baldness in men who are predisposed. Plenty of men (including and perhaps especially those who regularly take exogenous testosterone) take finasteride to block the testosterone>DHT conversion.

1. Does this mean that such a patient cannot enjoy the anabolic/muscle-building effects of endogenous and/or exogenous testosterone?
2. What happens to the testosterone that is blocked from being converted to DHT? Does it somehow remain in the body, slowly increasing serum testosterone levels? Is it converted to estradiol? Does it instead follow some other conversion process?
3. If testosterone blocked from conversion to DHT instead converts to estradiol in the human male, what are likely effects of this process on a patient taking finasteride +/- exogenous testosterone supplementation?

apotshot • 5 points • 27 December, 2013 04:00 PM

I thought that whole part: "blah blah blah... For men it's and urge... Blah" was the most insulting bullshit ever.

Saying that a man can't love because he ties sex in with love is the most dehumanizing shit I heard in a while. I wanted to punch her in the lying mouth.

Backhanded bitch.

jabberwockysuperfly • 8 points • 27 December, 2013 08:12 PM

It makes me want to hate-fuck her, but I'm afraid that then I would fall in love.

puaSenator[S] • 5 points • 27 December, 2013 08:41 PM

I think you're missing the point. Men can still make love and have romantic sex. However, at the same time, it also acts as an urge. When women get turned on, it's because they are emotionally aroused -- something men are capable of as well. Women need a full package, she wants a man that's alpha, strong, seductive, and so on... However, for men to get aroused all it takes is a sexy looking chick bending over in just the right way for that trigger to flip. All of a sudden you're fucking horny and thinking about how bad you want to rail her against that wall. It doesn't matter if she's the most obnoxious and annoying woman in the world. Right after she bent over that way, you just want to fuck the living shit out of her. Testosterone is a hell of a drug.

apotshot • 5 points • 27 December, 2013 10:11 PM

Bullllllshit. Go look at the studies that show that women who are PMSing or just prior to PMSing are ravenous horndogs as well. Plenty of stories about how a chick will bang a guy and run, plenty of women do the FWB and some even do sex tourism. Plenty of stories of trysts, or women going to the fucking toilet in a bar with some guy just to get fucked.

Female sexuality is more fluid because the hormones come and go during the month, this is something that few women understand.

Mr\_Andry • 2 points • 28 December, 2013 02:04 AM

Wow, I read that part completely different from you. I totally agree with her. The urge to have sex is real and palpable in men in a way that I don't think most women can understand. But that says absolutely nothing about the ability to love. Where did you get that from?

apotshot • 1 point • 28 December, 2013 02:07 AM

Read or watched? I saw the clip of her talking. If you haven't watched/heard it then do so.

Mr\_Andry • 1 point • 30 December, 2013 06:00 PM

I believe this is the part: [http://youtu.be/Ip7kP\\_dd6LU?t=9m](http://youtu.be/Ip7kP_dd6LU?t=9m)

I still think it's spot on and not insulting at all. And she says nothing about a man's ability to love, it is purely about the sex drive which we all know full well is different from a woman's sex drive.

apotshot • 1 point • 30 December, 2013 11:45 PM

You mean how a woman can be in love with a guy that beats her, takes her money and is otherwise horrible. Must be based completely on ... logic and not being horny.

Mr\_Andry • 1 point • 31 December, 2013 07:26 PM

Oh my god you're an idiot. You think women stay in abusive relationships because they are turned on by the abuse? You don't know what the fuck you are talking about.

apotshot • 0 points • 1 January, 2014 04:18 AM

They may be turned on by the abuse, or turned on by the abuser. It takes all kinds.

Retsaot35 • -2 points • 27 December, 2013 08:50 PM\*

Wow... you're right, testosterone doesn't make sexual thoughts more intense, more intrusive, or more of a compulsion. -\_-

A lot of feminist ideas about sex and gender depend on the ridiculous claim that men do not have higher sex drives than women. What she said was constructive you fucking twat.

Saying that a man can't love because he ties sex in with love is the most dehumanizing shit I heard in a while.

Holy fuck... seriously? Web pages that this subreddit's sidebar links to make those exact claims (pretty explicitly) about women. God you're dense.

apotshot • 0 points • 27 December, 2013 10:12 PM

Are you on your period bro?

Retsaot35 • 3 points • 27 December, 2013 10:23 PM

Reads way too far into something relatively benign

Passive-aggressively downvotes dissenting comments

Apparently thinks men and women have sex drives of equal strength

Which one of us is womanly?

apotshot • -2 points • 27 December, 2013 10:34 PM

Your mom is pretty womanly, source: I banged her.

Retsaot35 • 1 point • 27 December, 2013 10:35 PM

□\_□

CreepySmileBot • 3 points • 27 December, 2013 10:36 PM

□□□

Archwinger • 26 points • 27 December, 2013 06:57 PM\*

This article moved me. Too bad it won't move anybody not already predisposed in our direction.

Men are alone. They are expected, if not demanded, to initiate every encounter with a woman, demonstrate value and worthiness at every turn, and eventually provide, and provide well, for her and her children, while remaining a flawless, stoic rock -- a pillar of strength and the foundation of her family -- never showing any significant weakness or fault. They can screw this up a little bit, but deviate too much and their relationships become henpecked, sexless, and in bad cases, even unfaithful or destroyed, because a woman with a low value man is an unhappy woman.

Even outside of a relationship, men are expected to look good, dress well, be professionally successful, get rich, and dedicate significant time and resources to the task of finding a woman to marry. Society says something is wrong with you if you're not married, if you don't maintain yourself physically, and if you don't make lots of money. You're a failure if you don't do all of this. Nobody helps you do it, and it's all on you to make every bit of it happen with your own sweat and fingernails.

Then, you have these radical feminists pretending that the world just hands you shit because you're a man when the exact opposite is true. The world beats you down, just because you're a man, while expecting twice as much from you than from any woman. But we don't complain and try to change this. We just succeed anyway, in spite of all of it. Because we're men. And that's the biggest fuck you we can give to society and to feminism, and to anyone and anything else that thinks we're privileged assholes. To succeed and be happy in the face of all of this.

emptyform • 3 points • 27 December, 2013 08:33 PM

Framable.

puaSenator[S] • 6 points • 27 December, 2013 08:52 PM

I don't even think it's a bad thing. Society NEEDS men in a constant state of competition with each other. Societies unbarring demands on men is what keeps the world spinning. It's culture's form of natural selection/survival of the fittest.

I suppose the only downside, and I assume the reason so many of us can't stand feminism, is them not recognizing this. It's not like we want them to owe us something for our struggles, but at least acknowledge that we do have it really tough. Then when feminists come out with their solipsistic worldview and tell US that WE have it easy, it understandably pisses people off.

emptyform • 3 points • 27 December, 2013 09:01 PM

I'm not completely there yet, but the most powerful men ignore feminism, transcend the victim mentality, maintain their frame, and keep women in line.

Doctor\_Mayhem • 3 points • 28 December, 2013 12:47 AM

Like how tame jokes about Dongles and offending a woman get national news, whereas nobody gives a shit about how 95% of workplace deaths are all men. How Oprah says that being a mother, teacher, or some other feminine job is the hardest in the world, how women are so empowered and are 'beating' men,



yet if all the women took the next Monday off, we'd be inconvenienced, but okay, while if all men took a Monday off, the entire country would completely shut down.

Yet, not even one iota of fucking appreciation about it. Not a pat on the back, and damn sure not any laws to ensure that the gender that does the most production, can even enjoy the fruits of our production.

The backlash is gonna be sweet.

Gstreetshit • 9 points • 27 December, 2013 03:40 PM

I want to read this book. I'm just glad the author appears to be fair, instead of just being a feminazi and rejecting reality like so many do.

puaSenator[S] • 9 points • 27 December, 2013 08:35 PM

Apparently she reverted back to feminism after writing the book. She ended up spending time in a psych ward -- seriously -- because how hard her world view had been shattered. Eventually her self defense ego won out and reverted her back to feminism. Not as hard though. She still holds that men do have it harder, yada yada yada, but it's because the patriarchy also hurts men.

She starts the book a feminists, and as the book progresses her world view literally starts falling apart and she becomes a wreck. Then in the final chapters, after she's taken time off, she's back in feminist mode. It's a really good book. SRS hates her.

Gstreetshit • 5 points • 27 December, 2013 09:19 PM

SRS hates her? I would imagine. They hate everyone with a different brain wave.

rapreaper • 6 points • 27 December, 2013 05:53 PM

It is a really commendable thing Ms. Norah has done. I am truly happy that she decided to go through with trying to live life as a man and thought about it critically. It must have been difficult to live as another person in a disguise. What's best is that she has an open mind to criticism or reality.

7r1993rWarn1n9 • 6 points • 27 December, 2013 05:55 PM

I highly doubt she was THAT much of a feminist, she's far too sympathetic towards men. There's a very big overlap between the "butch lesbian" and "crazy man-hating feminist" sets, but they are not one and the same.

puaSenator[S] • 3 points • 27 December, 2013 08:55 PM

She wrote a book. She was indeed a very serious ultra-feminist. She starts out hardliner lesbian feminist who is very solipsistic. So much so that she beleives the only reason women like men is because men have oppressed them and brainwashed women into liking disgusting men. As the book progresses, her world starts falling apart as all these philosophies she's heavily invested in start falling apart.

7r1993rWarn1n9 • 3 points • 27 December, 2013 10:03 PM

Really? It surprises me that somebody (not just a feminist, but pretty much anybody) would go ahead with an experiment after the first results seem to be supporting the opposite of what their pet theory says, and then make the results public. Kudos to her for actually sticking to it, even if she later rationalized it into "the patriarchy did it!". At least at the time she was being far more honest than most people would be.

still\_very\_alive • 3 points • 28 December, 2013 05:00 PM

I've said it often before, some feminists genuinely are idealists, just wrapped in their own little



bubbles of reality.

Venividivixii • 3 points • 27 December, 2013 06:02 PM

Why read an article when you can watch the 20/20 interview she did:

Part 1: <http://vimeo.com/28614921>

Part 2: <http://vimeo.com/28616724>

Part 3: <http://vimeo.com/28617496>

xiko • 1 point • 31 December, 2013 01:59 AM

Easier for people with English as a second language. But thanks for the links as well.

ahohako • 1 point • 28 December, 2013 12:56 AM

I think it was important for this to be seen but I do not subscribe to the "look this proves everything I've said" rhetoric.

xandel434 • 1 point • 28 December, 2013 04:59 AM

Saving this

johnnight • 1 point • 28 December, 2013 10:31 AM

Vincent said the dates were rarely fun and that the pressure of "Ned" having to prove himself was grueling. She was surprised that many women had no interest in a soft, vulnerable man.

"My prejudice was that the ideal man is a woman in a man's body. And I learned, no, that's really not. There are a lot of women out there who really want a manly man, and they want his stoicism," she said.

So being a male effeminate feminist won't get me laid? /s

diamened • -2 points • 27 December, 2013 05:14 PM

She's also not financially savvy.

She says it herself "pull around 140k a year (have a good bit of debt from medical school though)".

Dear lady, get yourself free from debt first and then you can "kind of be a yuppie".

halbo • 6 points • 27 December, 2013 05:55 PM

You're posting in the wrong one.

diamened • 1 point • 27 December, 2013 06:01 PM

Egads! Indeed. I had both opened and ended up typing in the wrong window.

halbo • 2 points • 27 December, 2013 06:06 PM

Shit happens