

# Shit test don't ever stop do they?

May 7, 2019 | 7 upvotes | by [Tjommas](#)

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My LTR of 4 years is a good companion. We have a good time in eachothers company and for most of our time together I've been a good and strong captain.

Even though I learned what the red pill was about a year ago I've been faking RP behaviour for most of our relationship (was very BP until learning of it, but my gf before this one cheated and I became a douchebag because of it, classic eh?) So agree & amplify, deflect etc. became automatic responses.

Hence I've passed most shit tests with flying colors. And there has been plenty, as it should be, she needs to know she has a strong partner.

For the last days though I've been ill, pretty hefty fever, and the BP part of me wants to be cuddled and cared for, to some degree she does this, but the shit tests have increased a lot, she's even given me shit for not cleaning up after myself after eating while I'm laying on the couch sweating like a pig haha! Anyhow I've been pissed off quite a bit as I don't have the energy for that shit and has snapped a couple times, and sometimes even straight out ignored her, yup the retard STFU.

How have you guys dealt with these kinds of situations, I can't be the only idiot that fails shit tests when sick?

Edit: Spelling, formatting.

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## Comments

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rocknrollchuck • 19 points • 7 May, 2019 06:53 PM

From WOTSM:

### Stop Hoping for Your Woman to Get Easier

She wants to feel you are uncollapsible, so she pokes you in your weak spot. So she will test you. She might not be fully conscious of why she is doing it, but she will poke your weak spots, especially in moments of your superficial success, in order to feel your strength. If you collapse, you've flunked the test. You have let your woman deflate you. You have demonstrated your dependence on her for external validation. Even if you just made a million dollars, you are a weak man. Your woman cannot trust you fully.

If you remain full and strong, humorous and happy, your truth unperturbed by her testing, then you pass the test. "Honey, I'll get you some milk, all right," you say as you sweep her off the ground and lay her on the couch, laughing, kissing, looking deeply into her eyes, and "milking" her happiness with the confident loving of your caresses.

She can relax and trust your Shiva core. She can surrender the tensions around her heart. You are trustable. You don't need her validation in order for you to be loving. You simply are loving.

Your woman is testing you because she loves you. She wants to feel your truth. She wants to feel your love. And she wants to feel that your truth and love are stronger than the barbs she can throw at you. Then she can relax and surrender into the polarity of man and woman. Then she can trust you.

The most loving women are the women who will test you the most.

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This is certainly more difficult when you're sick, but with practice it can be done.

Sepean • 11 points • 7 May, 2019 06:53 PM

My wife brings me icecream and painkillers when I'm sick.

framelessglasses • 3 points • 8 May, 2019 01:41 AM

Mine gives me porn quality handjobs and lots of ice cream and lots of strong painkillers when I'm sick.

I think she's just betting that she'll get lucky and I'll die, quickly.

SBIII • 18 points • 7 May, 2019 07:12 PM

If you stop your gaming, masturbating, smoking weed and taking LSD, then maybe she'll shit test you less.

I mean, she Just had a kid - looking after a newborn and an adult kid at the same time can't be easy.

resolutions316 • 15 points • 7 May, 2019 07:28 PM

THERE IS ALWAYS A POST HISTORY WITH THE IMPORTANT SHIT

SBIII • 20 points • 7 May, 2019 07:35 PM

The dude literally just had a kid but spends his days microdosing and gaming. Now he's sick and wondering why mammy doesn't care about his fee fees.

Fucking faggot of the highest order.

redwall92 • 7 points • 7 May, 2019 08:19 PM

Can we just auto-pin SBIII's first comment to the top of any post he responds to that references the OP's post history? Sherlock here has spoken. 'Nuff said.

SBIII • 4 points • 7 May, 2019 10:40 PM

I'm considering replacing myself with a bot.

SteelSharpensSteel • 3 points • 8 May, 2019 12:29 AM

That's why he gets special flair.

UEMcGill • 2 points • 8 May, 2019 12:28 AM

Fuck I love weed, mushrooms and LSD. I can't wait to fucking trip balls and see the aliens on DMT. But I also do that on my own time. Me and a really good bro out in the woods, but that ain't shit my old lady even knows about.

"wait you did mushrooms? You never told me. When was the last time you did drugs?"

"there's a lot of shit I don't tell you."

"So you've done drugs since we've been married?"

"fuck yeah"

Never let your old lady think she knows what you are about. She will become complacent.

SorcererKing • 3 points • 8 May, 2019 12:54 AM

So much more adds up now. BTW, your 60 DoD post on clockwork elves is due this week.

UEMcGill • 2 points • 8 May, 2019 02:16 AM

thanks,

RPeed • 1 point • 8 May, 2019 06:06 AM

I can't wait to fucking trip balls and see the aliens on DMT.

Also on my list but I want to do it noooooowwww

SBIII • 1 point • 8 May, 2019 06:47 AM

I smoke weed myself. 3-4 times a year I also take a long weekend off and go party. No drugs are out of bounds those weekends

Tjommas 1 points 7 May, 2019 09:06 PM\* **[recovered]**

You're right I do those things, and they give me value. Well not masterbating but I enjoy an occasional J and microdosing lsd, why shouldn't I?

I'm a work in progress though.

resolutions316 • 6 points • 7 May, 2019 06:47 PM

Why do you care?

This is her frame. You're worried about "passing."

The more you care, the less you pass.

SeamusAwl • 4 points • 7 May, 2019 06:46 PM

Stop? No. They will still reduce in number and frequency as she accepts your role as her alpha. However, she will still throw a test to make sure every now and then. Kinda like a "Crazy Ivan" from the "Hunt for the Res October" novel.

[deleted] • 5 points • 7 May, 2019 06:52 PM\*

This is a known phenomenon.

But, no, they never go away.

And it's not that you are sick (well, maybe a little). It's how you act when sick.

I think the default is a lot of beta guys want to be mommied when they start feeling ill.

Then there are those that kick illness in the face and tell it to fuck off.

You won't always be able to, but in those instances the more you can isolate to recoup the less of her added testing you will have to deal with.

BobbyPeru • 3 points • 7 May, 2019 07:17 PM

Don't complain about how you feel. If you feel like crap, lay there, but stay stoic. I suspect you bitched about how you felt at some point. That opens the door for her to see how strong you are under pressure. STFU,, and feel free to feel like shit. Give way less fucks about what she thinks about you feeling like shit.

[deleted] • 1 point • 8 May, 2019 02:27 AM

My father died a few months ago. She thought I was being a psycho because I didn't cry. I cried plenty, just not in front of her or my other subordinates. Don't show weakness to the subs or they freak out.

BobbyPeru • 2 points • 8 May, 2019 05:19 AM

She can think whatever she wants and it doesn't have to effect you. Again, give less fucks. Keep up the solid effort

coinbaserep • 3 points • 7 May, 2019 10:37 PM

Clearly you are not the captain running a tight ship 360 (5 sick days) days a year.

If you were, Then when you do get sick your first mate would step up and control the ship until you got better and bring you soup and take care of you. Instead of feeling like she's taking care of a sick kid

When I am sick my wife brings Tylenol and a cold cloth and draws the curtains and makes it completely dark and cool for me to get some rest while she takes care of the family and continues without me

And I do the same for her

You should work on being so awesome that the moment you get sick she can think to herself

"Wow I guess even Superman needs a break once in a while"

mountainbiker178 • 2 points • 7 May, 2019 09:30 PM

That's why LTR is redpill on hard mode. I broke up with my 3yr LTR because I got sick of her giving me shit. Eventually, in some circumstances, it's just better to find a new one.

red-sfpplus • 3 points • 7 May, 2019 06:57 PM

If a man is not confident enough to be a pussy at the right time (eg when sick) then he is not a strong man the rest of the time.

Only thing I want when I am sick is my big fat feet rubbed and someone to give me chicken noodle soup.

And if my kids were not old enuf to feed themselves, they would probably die of starvation. That is literally how much I care when I am sick.

FoxShitNasty83 • 2 points • 7 May, 2019 08:06 PM

"wants to be cuddled and cared for" - Gay

"she's even given me shit for not cleaning up after myself" - Double Gay

"Anyhow I've been pissed off quite a bit as I don't have the energy for that shit and has snapped a couple times" - Triple Gay

STFU and act like a man not a sniveling snot nosed prick!

here are some alternatives:

care for yourself, take a day off lifting or eat a bit more and shut the fuck up about being poorly... weak.

clean up after yourself she isn't your mummy.

STFU be aware of your anger and shut your mouth.

[deleted] • 1 point • 7 May, 2019 06:53 PM

the BP part of me wants to be cuddled and cared for, to some degree she does this, but the shit tests have increased a lot,

I've found the weaker / sicker I am the more she shit tests... especially if it's more than a day. One day of feeling crappier = comfort from her. More than one and she'll still try to help but starts resenting the fact that you're weakened. Found it best to always just assume I need to take care of myself and to ignore / STFU / AA shit tests. It's a hard thing to do when you're feeling shitty.

sometimes even straight out ignored her, yup the retard STFU.

Better than apologizing or reaching out being needy. Ignoring is one I use a lot when my mental state is not as strong as it's the easiest to pull off.

MrChad\_Thundercock • 1 point • 7 May, 2019 09:56 PM

Women are bitches. But you better hope she frame tests you, it's her initiating.

She'll be as shitty as you let her.

eddielovett • 1 point • 7 May, 2019 10:00 PM

When my wife is sick I take care of her and she reciprocates which only makes sense right? She is my wife after all and that's what we do, take care of each other. If I'm supposed to take care of myself why be married? I could do that on my own while also banging chicks.

Shit tests are a never ending part of marriage but a good woman will hold off when necessary. Not being there for your partner is not a shit test that's called being an asshole. And she doesn't get a pass just because she has a vagina. I know my woman is fully capable of being a decent human being and I hold her to that standard regardless of her gender.

What I would do in this situation is cry out sarcastically about being treated so poorly by my own beloved wife

when I'm practically dying of illness. Then ignore her and rest. This communicates that she is being insensitive in a non needy and humorous way. Always try to find the humor in your wife's poor behavior and never criticize it. Judging and criticizing will make her defensive and she will just double down on her shitty attitude.

SorcererKing • 1 point • 8 May, 2019 01:00 AM

I can hear the winds of the Sahara in your wife's pussy even now. DM me her number.

eddielovett • 1 point • 9 May, 2019 11:43 PM

□ □

[deleted] • 1 point • 8 May, 2019 02:06 AM

I love shit tests. When you are a good captain it just means she wants to fuck. Pass them and fuck her brains out. Fail and go lift until you can pass without being an emotional faggot.

When the shit tests stop, you should be worried.

twiskirano • 1 point • 8 May, 2019 02:10 AM

When she's sick, I nurse her and provide comfort When I was sick once, she tried testing me and I just shrugged it off; she let me rot in peace that time and every other since lol.

I find they never stop, but the more I'm on top of shit I am, and the more I apply STFU, AA, etc., the less frequent they occur.

RPeed • 1 point • 8 May, 2019 08:00 AM

Oh I typed all this for you my dude but these dastardly bullies caused you to delete it.

Hope it benefits you or another ENTP stoner:

What caught my eye was the Myers-Briggs test: I also (usually) test ENTP. Just wanted to say I think the Reddit subs seem to do it a serious disservice:

A) It is a management tool. It is not meant to enable some rando's life as a lovable eccentric. You should be shoring up the weaknesses it shows, not jerking off to how creative you think you are (not that you can stop yourself amirite? Ha!), and

B) It is not a tarot card reading of your soul. I get profiled regularly, by professionals, using whatever method is in vogue at that moment and while I absolutely see the value in the tests, it is limited, it is contextual and it will vary over time.

It is not so much "revealing" your personality as a prediction of how your behavior will manifest in a given context. MB being particularly general. For example, all my ENTP result tells me is that RIGHT NOW, I likely have too many projects going on and/or am managing my time poorly.

So based on your results, I would recommend you get out of your comfort zone and focus on active productivity exercises. Far from being something unsuited to you: they are likely just what you need. Anytime I dial this in tight, my life has a night and day improvement.

7 Habits is the granddaddy of course.

Unchained Man has a great time management system. Actually he refers back to Covey's 7 habits and explains why and how he updated the principle for a digital era. The rest isn't "bad" but its pretty standard 4HWW/TRP/Digital nomad type stuff. You could literally read Chapters 8-11 and get a great deal of benefit.

4HWW fuck I hate this book. And it's probably dangerous for lazy fucks. But Ferriss has nuggets of good advice on productivity and time management.

More conceptual reading:

Do the Work;

The War of Art;

The Power of Habit;

Rework;

On Form - some tips, although heavily weighted to glorify salaryman life;

One Minute Manager;

Extreme Ownership has helped a lot of dudes here. Personally I despise wading through the military waffle for two or three pages of content but the message of owning every aspect of your life and not accepting low standards from yourself or others is good (Hint: that means after you quit weed, (after a reasonable interval) you can and should expect your lazy wife to too).

Corporations have invested a great deal of time and money in training me but honestly most of the valuable things I implement are on that list.

Atomic Habits is on my current reading list. Check out this post (and comments) with some concepts from it.

Nuwanda206 • 1 point • 7 May, 2019 06:47 PM

Nope, it is a never ending story, unless you go MGTOW, otherwise, you must never be off guard ever again. Welcome to fight club :)