

How can I grow up?

May 19, 2019 | 7 upvotes | by [MedOmarId](#)

Well, I'm a 15 year old boy. Coming from a divorced family . I've experienced a lot of heart breaks ,a lot of pain and a mental breakdown. I always look at it as the best thing that have happened to me cause it taught me a lot of things about how life works. But I still want to learn a lot of things How can I grow to be the man I want ? How can I make myself into a man with high statues and especially a strong personality ? How can I basically grow up ? Remember I'm just a teenager who's eager to learn how I can make things work ...

Archived from theredarchive.com

Comments

SorcererKing • 17 points • 20 May, 2019 04:48 AM

Being a teenager is total shit. You're emotionally volatile, you have no experience, no have no *power*. That is the road to being a man, is obtaining power in all its forms. You got dealt a shit hand. Overcoming tough shit is part of it. There is a lot more.

Try to take responsibility for yourself. The more you own what you do and what happens to you, the better off you'll be. Understand that some things aren't your fault, but you can still think about them and think to yourself, "What could I have done to have gotten a better outcome?" You have to take responsibility for your future, as well. This means trying to get a grip on your emotions and thinking long-term -- at least as long-term as you can manage. In a contradictory way, know that long-term plans rarely work out, and life is so long that it will twist and turn in ways you never could have imagined or predicted. But if you have a good long-term vision for your life, you'll head the right direction, and find unexpected roads along the way.

Don't give in to people who try to control you through guilt and fear. People are all too eager to tell you that you should give your time and your money to anything and everything but yourself. Fuck them. If you do help people make sure it's because you value them personally, or you value what they fight for.

Mind the company you keep. If you want to be a winner, hang out with winners. The myth of the underdog is just that, a myth. Rule 10 from 48 Laws of Power states "Avoid the unhappy and the unlucky." Believe it.

Know that you never stop growing, learning, and *becoming* a man. That is our gift and our curse. There is no day where you get to sit back on your ass and say, "I made it. Now I can stop." YOU NEVER GET TO STOP UNTIL YOU DIE.

There is so much more to be said, but I'll leave you with this. Don't rely on people for validation and self-esteem. It's a false idol and it will lead your astray. Self-esteem, TRUE self-esteem, comes from achieving things in the real world. From trying, failing, learning, succeeding, and eventually mastering the challenges you set out for yourself. Nothing else will ever make you feel as good about you as mastering something REAL.

Other guys here will supply you with some Red Pill links for young men such as yourself. You should read those, but if you take away nothing else from this, it's this: watch out for yourself, because no one else will. Good luck.

edit: grammar

MrChad_Thundercock • 5 points • 20 May, 2019 12:00 PM

"If you want to be a winner, hang out with winners."

Great advice.

You become the average of the top 5 people you hang around.

go-RED-go • 2 points • 20 May, 2019 06:27 AM

OP, save this comment and re-read it every few months.

SBIII • 7 points • 20 May, 2019 02:32 PM

Sit down with a piece of paper. Write out a vision of your life - what you would like your life to look like in 20 years from now.

How will you be earning money - do you want to be a self employed businessman or work your way up the ranks of the corporate ladder?

How much money will you earn? Do you want to be comfortable and not worry about money? Do you want to be filthy rich?

What will you look like? Will you be athletic, lean & muscular? Will you be a 220lbs fucking beast? Will you dress in Tom Ford suits or have a rugged, masculine look?

What will you do with your recreational time? Will you travel the world visiting different cities and countries?

Where will you live? What type of home do you want? What will it look and feel like?

What possessions would you like to have? Do you want a fleet of vintage cars? Would you like a motorcycle? Will you have collection of art?

Will you have a wife / GF / LTR? What will she / they be like? What traits do you require the women in your life to have?

Will you have a family? If so, how many kids? How do you plan to raise them? What do you want to teach them?

What skills do you want to learn? A new language? Learn to surf? Skydiving? Fly a plane? Shoot a crossbow?

You get the picture... envisage what your life will be like in the future then write out the list of steps you need to take to get you there. In the meantime, don't get married, don't have kids, don't get oneitis. When you get to 35, have achieved many great things, seen a lot of the world, had lots of sex with lots of beautiful women, made a lot of money, then you can decide what you will do for the next 35+ years. If you do that, you will be in an enviable position - one where you can choose to do whatever the fuck you want to do with whoever the fuck you want to do it with.

Compare that to the average 35 year old male... married to a wife that barely fucks him, 2 kids that barely respect him, working 50+ hours a week to pay off a mortgage he can barely afford and spending his free time numbing his mind with alcohol and porn and getting fatter and uglier every single year, slowly meandering, directionless towards the grave.

You're 15 and had some tough times, but I envy you because you have the entire world in front of you and decades in which to grab it by the balls and make your mark on it. Don't waste the golden opportunity you have - you only have one life to live... choose the right path.

MedOmarId[S] • 2 points • 20 May, 2019 04:42 PM

I will surely do that! And I hope I come up with something that helps me reach the things I wanna do , thank you :) !

WolfOfAllStreetz • 1 point • 21 May, 2019 01:33 PM

This is good advice.

tap0988534 • 3 points • 22 May, 2019 09:00 PM

At 15, you are going to be low value. But that value is going to climb staggeringly over the next 15 years, and you will have real opportunities to feel like the man you'll become in the next 3 to 5.

Many of your male peers will be whiny, doughy, and hyper-effeminate. They will have no mission, no significant interests, and no goals. They are floating through life following a course set by their guidance counselor. They are stewing in their status of victims of life, wondering why nothing good happens to them, and everything they've experienced deep down is pain and misery.

Make yourself the prize. Do your pushups and pullups everyday. Lift weights. Compete physically whenever you can. Eat healthy. Develop a robust set of hobbies and interests. Make friends with men who also have missions. Dress well. Take care of your grooming, personal appearance, hygiene and body odor. Avoid porn. Learn to be a good dancer. Master public speaking and learn how to speak articulately with rich clear tones strong engaging voice. Master difficult knowledge and acquire skills that require discipline, determination, and perseverance. Don't be lazy or get comfortable. When you do stuff for fun, it should rejuvenate you not make you weak and docile.

tl;dr Do hard stuff.

CryptoManbeard • 2 points • 30 May, 2019 04:14 PM

One of the things that has helped me grow is understanding your psychology and how to overcome it. Your childhood programming is loaded with all sorts of crap about how and why you should behave in a manner that limits your potential.

Part of being the man you want to become is allowing your intentions to lead your actions and not your emotions.

Your brain will put up defenses about how you should quit or never start important behaviors. Understand that they are just emotions and if you allow yourself to sit in the discomfort of your emotions they will pass and you can begin acting on your intentions.