

"Social media" phobia

June 13, 2019 | 164 upvotes | by [Remsod33](#)

I straight up refuse to open an Instagram or Snapchat account, friends both male and female have been dumbfolded when they figure out I don't have any account.

I find these platforms feed the egos of every fucking female be it an average chick gets hundreds of likes/followers, they all have countless of orbiters in snap and IMs and even if it wasn't for this female usually use these stuff to brag and compliment each other.

It's not just the "insta thots" every chick craves attention and they use these platforms as huge ego boost and attention resources.

Now let's get to the point basically I think it's hook-up platform at its core and for females, it's straight up what porn is for dudes(dopamine in tons). Even if it wasn't that I fail to see it other than humbel-bragging platform.

Personal issues with these platforms:

What do I, as a average dude have to show in Instagram?

Gym sessions? Fuck no, I ain't doing it for the women but for myself, the gym is where my mind is at peace and I can boost my tt levels and channel anger in a positive channel.

Nights out? Sorry but that's just pathetic, I find taking pics while at dinners and events even at traveling for the sole purpose of sharing pics in social medias downright insulting, I go out to have a good time with friends, drink and talk and experience.

It just seem so shallow and fabricated/curated for an audience, I cringe when I see posts of myself at events in social media, it can't be escaped.

I even see people take workplace pics, I am sorry but that is just unprofessional af, women do this so often.

Enough with the ranting tho: Even through the toxicity nature of these platforms, I can't help but feel like I am "missing out" or to better word it: paralyzing myself in the dating world and connections. I use a simple fb profile to reach my friends through IM only and have nothing on it but now everyone and their dog(literally lol) is on Instagram/snapchat/whatever is new(idk) and I am fucking 20 years old for fucks sake.

Do you guys feel/have similar experiences? It might be an insecurity issue and I don't deny that but I can't help it but see it as a LinkedIn for dating in hindsight, Tinder is shallow af, I am glad it doesn't exist in my country.

Should I just add a private snapchat and Instagram with friends only or all private(can that be done?) And only share highlight of my life(lol) like hobbies?

Basically use the Snapchat for dating opportunities in real life, I don't think only dating works but online messaging(after real dates/meetups) is a great tool for sure.

Other thing is women of course are interested in your status overall, I don't want them to even be able to sneek me up(ik people who put their work titles in their bios. Like wtf) I am an engineer but I don't need to brag to other fuckers because it's my shit.

This is my only "fear"(posting pics for other to see, fake bullshit comments, etc etc) to say except fear or rejection(or rather I say hatred towards being rejected by a shallow bitch and just feeding her ego)

I consider myself a private guy and I am not interested in fame or that shit(quality>quantity) also I am not

to keen on hooking-up culture but I sure as hell won't cut my balls and go to a temple.

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Comments

justlibertarian • 99 points • 13 June, 2019 03:58 PM

You outlined the exact reasons I dropped all social media.

a7000-a • 20 points • 13 June, 2019 04:35 PM*

I have found SnapChat interesting at times.

CryptoManbeard • 32 points • 13 June, 2019 07:41 PM

That's pretty nuclear for one lay. You only get one reputation in life.

Sendmeloveletters • 17 points • 13 June, 2019 08:35 PM

Lmao right and what kind of chick does that work on? The same kind a dick pic works on. Still a cool story though

itiswr1tten • 7 points • 14 June, 2019 01:03 AM

Sluts. Which are an expanding population

Timdeuces • 2 points • 13 June, 2019 11:36 PM

The only reason I use social media is to see memes and updates from content creators

[deleted] • 41 points • 13 June, 2019 05:30 PM

Social media can 100% get you hookups and dates but there is a very pathetic, empty, drug addict kind of feeling to it. I find myself hating who I am and becoming more obsessed and anxious when I go too heavy on social media.

celincelin • 4 points • 15 June, 2019 07:45 AM

Your lack of basic discipline is your problem, not social media's.

chazthundergut • 39 points • 13 June, 2019 07:00 PM

If your life isn't awesome, stay off of social media.

If your life ****is**** awesome, then social media can work for you. But then your life is awesome, so why the fuck would you be wasting time on social media?

TLDR- stay off of social media

infamous3238 • 57 points • 13 June, 2019 03:59 PM*

I'm not on any social media platforms. I'm happy to not be a slave to artificial dopamine and time wasting.

It has never hindered my game since I pick up girls in real life, not on a validation platform. Not once has a girl thought it's weird I don't have a snap/insta. If they ask why I say "I deleted social media when I became an adult."

Stay off social media.

boolDozer • 12 points • 13 June, 2019 05:48 PM*

Any guy who is wondering how it can help/hurt their game, if they should be on it, what they should post to look good, etc, are already coming from the wrong point of view. Do whatever the hell you want, don't use it as a crutch to meeting people, and don't make it a major part of your life - plain and simple imo.

I deleted all SM when I was 22, and reactivated 7 years later (this January). Both were good decisions at the time, but not once was it done to try and look better in the eyes of some pussy or improve my "game".

Because if that's the question, then any answer is wrong.

peaox • 23 points • 13 June, 2019 04:09 PM*

"The fear of missing out", as you put it, is exactly why the world is fucked today. This is why relationships fail far more than they used to. People have too many options now and are confused whether the grass is greener on the other side or not. Women especially don't know what the fuck to do with all the options they have because they're flimsy and have no integrity.. so they try to get all of them.

There's no escaping the way things are. It's too far gone and it's everywhere and it will only get worse. I get what you mean about feeling like you're missing out, but really you're not, it's just an instinct in your brain. I still have Instagram but I'm going to delete the app soon. I have 3,500 followers but I feel sick to my stomach every time I scroll through my feed. Reminds me how absolutely fucked society is.

Qba1994 • 5 points • 13 June, 2019 09:57 PM

Beautifully explained why women cheat! This should be top comment <3

PeaceMac • 3 points • 14 June, 2019 07:28 AM

Totally agree!!

justlibertarian • 16 points • 13 June, 2019 03:59 PM

It's not worth it just do your own thing and if girls don't respond well to you not having social media tell them to fuck off because you're not changing for them.

UnderneathTheGun • 15 points • 13 June, 2019 04:32 PM

You are light years ahead of an average user of today's pocket slot machines. Even if you start using it, with this train of thought you will realize what's going on most of the time.

Try using it if you want, don't make yourself 'miss' the experience, you'll see if it can do any good for you in any way.

But eventually, you'll come around to the state of things it's meant to be for you...

Great post btw.

dannybsurf • 11 points • 13 June, 2019 06:35 PM

Dude, you are very bright for a 20 year old. Everything you said is very true, the only problem is that you have to get use to the alienation that comes along with not participating on this useless social media apps.

Just add some pics that you have. Or take them one time and then never login. That's what I do. That way if girls wanna see my insta, I have pics that I took at some point even though they are kinda old. Otherwise you look like you have something to hide in their eyes.

It's sad but it's true. Being fake is the new norm and being true and real is weird.

trp369 • 3 points • 14 June, 2019 10:16 AM

This is the only correct way to use social media. Be an attractive male and post a good quality picture every now and then on Instagram/snapchat story and then close the fuck out off the app and go do something productive.

Using social media just to post your own pictures is a great, easy and free way to display SMV. The only problem with it comes from scrolling through your feed for no reason. Don't do the pointless scrolling and you're good

Justanotherredditt • 19 points • 13 June, 2019 04:36 PM

Upvoted because you are an inspiration

divine_pizza • 9 points • 13 June, 2019 07:54 PM

Social media is useful for hook ups and showing your high SMV (if you have it).

You are right that it's a pathetic source of positive reinforcement for most people and a huge waste of time. It has its benefits though.

dr_pavel_im_cia_ • 5 points • 13 June, 2019 08:53 PM

This is he correct answer

fuckingwen • 6 points • 13 June, 2019 06:48 PM

Honestly good for you, I wish I never had them. I'm straight up addicted and it sucks

Five8888sAndAB • 3 points • 14 June, 2019 06:47 AM*

Get rid of it. You'll feel like something is missing at first (the pseudo dopamine) and you'll feel kind of lonely at first. Then after like 6 months to a year you'll get anxiety just thinking about getting back on these awful platforms. However, you'll get your life back and you'll actually get to the point when you meet some one that is a heavy user of these platforms you can tell. Come back to reality. It's fucking awesome.

[deleted] • 5 points • 13 June, 2019 05:26 PM

If you're out of college it's fine, however if you're in college it dramatically lowers your SMV.

PincheeWhey • 3 points • 13 June, 2019 08:02 PM

Having one or not having one lowers your smv?

[deleted] • 2 points • 13 June, 2019 08:49 PM

Not having one. If u have one and it's shitty (bad pics, few followers) that hurts too

trp369 • 1 point • 14 June, 2019 10:17 AM

Displaying low SMV on social media is worse than even having an account lol

PincheeWhey • 1 point • 14 June, 2019 12:05 PM

Why do you say it ruins your smv?

omega_dawg93 • 6 points • 13 June, 2019 05:33 PM

if you have a small business like photography or landscaping etc social media is awesome for generating business.

but i do NOT use it personally anymore... had Facebook to discuss sports etc and to laugh at dumb shit posted by friends. i got rid of all that 4 yrs ago.

women love it... want it... NEED it to feed their already massive egos and narcissism. they can organize and track their orbiters (followers) and spite other women who "hate" them.

perfect for women... huge time drain for men.

Orochimaru331 • 1 point • 16 June, 2019 12:45 AM

I honestly use/keep Facebook for networking with friends. I die a little inside every time I use it.

I'm thinking about re-vamping my Linked In account and adding people there.

Getting rid of my Facebook completely.

[deleted] • 2 points • 13 June, 2019 04:42 PM

I agree OP. If it adds genuine value to your life then I could understand using it, but it adds none to mine. On the other hand it's a constant distraction and your privacy is in the hands of people whose jobs are literally to make the most money from it that they can.

For me, the people whom I want to know about my life and whom I want to know about it already do. The others don't matter and I'm a private person anyway.

NBDer • 2 points • 13 June, 2019 05:31 PM

There is literally no point unless you're using it to maintain relationships with friends/family that live abroad.

BornShook • 2 points • 13 June, 2019 05:35 PM

I don't like using twitter or instagram because you cant really hit up chicks on those platforms. I only go on those when I have something to post. I use snap but I don't usually watch other peoples snap stories though. It's just essentially a texting app.

beardestbird • 2 points • 13 June, 2019 06:23 PM

To be honest you make me want to give it up. Personally I've been on it less and less. And I'm general I never like a girls posts because that's in itself orbiting.

Don't get social media if you don't need it. If you do get instagram I see nothing wrong with posting photos of you and your friends or family once every 3-4 weeks. But some people post every 2 days. It's sad.

CooHwip8 • 2 points • 13 June, 2019 06:35 PM

Solid post man. I agree and that's why I don't have social media either.

cluelessguitarist • 2 points • 13 June, 2019 06:45 PM

In my opinion social media is a tool, you dont need to like peoples stuff (just mute their accounts thats what i do). Use social media and follow things that teach you stuff(exercise, food, quotes things that teach you stuff, in my case bjj techniques drills) by doing so you are not going to be comparing yourself with others and depressing yourself. Start by muting your close friends storys, your plates stories, you dont need to know what they are doing, just focus in your own thing dont let others peoples life clutter your mind. Use it as tool to improve and learn trends and not as a beta loser that stares at their phone all day liking thots. If you aint posting nothing keep your account private, your life and privacy should be something to be valued.

Thorondor_Rising • 2 points • 13 June, 2019 07:37 PM*

It's just an avenue for inauthentic people to promote the perception of their inauthentic idealized self.

Live life firsthand!

When they ask you why you don't have social media accounts tell them that you feel that "social media pulls you away from being your authentic self, and you prefer to live life firsthand." Add the caveat that "they're more than welcome to join you here in the world of the living, but they need to leave the digital leash shoved way up their ass behind if they want to do so."

A lot of women find it more attractive for men that break out of the mould, and live their own lives authentically.

Plus, when you remove attention due to their misbehavior, they do not have the option of obsessing and opining over you on your social media accounts, because you don't have them, which all-the-more encourages them to abandon their stubborn position and reach back out to you directly, within your frame; not some digitally misconstrued projection of your fantasy-self strawman-frame.

The reality is, most of these insta-whores, actually "feel" enslaved by their social media persona, and are more than eager to abandon it for the stalwart love of a strong man, if you just show them the way.

wontonloup8 • 2 points • 14 June, 2019 12:02 AM

I don't have an Instagram. I use Snapchat to send my friends dumb shit, but don't post on my "story." I have a Facebook because it's convenient af to use it to login to just about every website these days. I haven't made a post in probably 3 years.

If you have some older pics of you and the boys or at parties or whatever (just general shit that increases your SMV), you can leave those up as a prop - that basically shows them you were cool, just outgrew social media and have better shit to do. If not, delete it. But absolutely don't go posting shit and liking stuff.

FieldLine • 2 points • 14 June, 2019 05:11 AM

I use Facebook because messenger/event planning is super convenient, plus I can look people up before I go to a party or something

I use LinkedIn so I can circle jerk with everyone else on there. I always get off just as I click on my own profile.

Throwaway5hfy88k99 • 1 point • 13 June, 2019 04:03 PM

I successfully pick up girls through tinder and in real life. I don't have Facebook or instagram. I don't mention it or talk to them about it. I just use texts for communication. No problems so far.

haxewep24 • 1 point • 13 June, 2019 05:19 PM

This is true. But it can be a great tool to keep in touch with people living abroad, to meet new people and to display value if you live a crazy life.

whuttupfoo • 1 point • 13 June, 2019 05:25 PM

No ones telling you to validate women on there. There are other uses for Instagram. Like making money for example. Or following interesting design pages.

SirAttackHelicopter • 1 point • 13 June, 2019 05:31 PM

i only use reddit and snapchat as my social media platforms. I no longer use facebook. The only reason why I use snapchat is i have several female friends of a decent age that like to post 'interesting' pictures and videos of themselves, and is something i don't post myself.. A few of them attend pole dancing classes and there are apparently dress code requirements to wear thongs and gstrings and high heels.

Yeah you aren't the only one who feels this way.

Well_Sorted8173 • 2 points • 13 June, 2019 08:05 PM

A few of them attend pole dancing classes and there are apparently dress code requirements to wear thongs and gstrings and high heels.

Strippers. They're called strippers.

SirAttackHelicopter • 1 point • 13 June, 2019 10:36 PM

Strippers. They're called strippers.

Well I mean, I am a competitive shooter for sports like IDPA and IPSC and others, but that doesn't make me a baby killer.

nextther • 1 point • 13 June, 2019 05:42 PM

I don't use them. I'm at the best point in my life + my girls think it's cool that I don't use them.

dtlyer86 • 1 point • 13 June, 2019 07:39 PM

Using it as a portfolio for my photography business is the only justifiable excuse I have and almost on a weekly basis I cover my finger over the delete button. I hate absolutely everything that social media has brought into our society

Well_Sorted8173 • 1 point • 13 June, 2019 08:10 PM

Preach it, brother.

The only non-professional social media I have is Facebook. And the **only** reasons I keep FB is, 1) Because I've used it as my login for so many other things, and 2) I can't have my phone with me at work, but I can use Facebook & Messenger on my work laptop to chat with friends while I'm at work, and 3) To find fun things around town to do on the weekends via the Events section.

Deleted Snapchat, Instagram, and Twitter and never looked back. I refuse to use Snapchat, KIK, WhatsApp, etc. for communicating with girls. We either call, text or FB message, and that's it. Don't like it? Then we're not talking.

Social media is a plague on humanity. And the people who work for Snapchat, specifically, should be brutally tortured for the fucking ridiculous filters... dog tongue, panda ears, gender change, etc...

Nighthawkdragon8 • 1 point • 13 June, 2019 08:36 PM

Social media is essential for dating. Without it, you are bringing a sword to a gun fight.

Think of social media as your resume for many of the people you may hook up with or connect with through business. Like you, I hate social media, but I understand its value, so I use it proactively not reactively.

gbnz87 • 1 point • 13 June, 2019 10:51 PM

Not having Facebook is handy sometimes. I get asked what my profile is because they can't find me. It lets me

know theyve looked at me and it is a sign of interest.

I think you sound like an introvert like myself and just like to keep to yourself and there is nothing wrong with that. If you can explain why you dont use these services clearly they should respect that. I think social media is great if you are an extrovert.

Also the majority of people out there only get a handful of likes on their photos on instagram. You dont instantly get 100s-1000s of likes and orbiters just for having female genitalia. Dont just look at a few famous profiles and think thats how it is for everyone. I know quite a few good looking women that get really jealous of the attention that some other girls get on the platform. Its just pure luck that you find someone to follow especially when there are hundreds of thousands of the same girls uploading the same type of content.

Alpha27145 • 1 point • 14 June, 2019 01:01 AM

you shouldn't feel like you "need" social media. That's going into the territory of it screwing with your head. I feel that social media is fine being viewed as a "tool" for businesses and people with careers.

Hot chicks with nothing but bikini pics? they're fucking addicted, don't be like them

masterduelistky • 1 point • 14 June, 2019 01:23 AM

I'm trying my hardest to quit all of them but it's still so hard because of how ingrained they are. You really can't avoid it in some capacity. And even though you know it really brings nothing positive to your life, you can't help but think you miss out on something that really doesn't even exist. Like you have to prove yourself, whatever that even means.

NeverLace • 1 point • 14 June, 2019 02:18 AM

Im a 20 yo and I talk to all my friends through snapchat, almlst never textning someone these days. Snap is just convenient because everyone has one, messages are smooth, videocalling /picture sending us convenient too. To my generation, atleast here in europe, not having snapchat is veeery outlandish.

[deleted] • 1 point • 14 June, 2019 02:46 AM

I'm glad I got into it in college, but I wish I'd gotten rid of it as soon as I was done. Downsides far outweigh potential upsides in my opinion. Finally did rectify that.

mnsbrum • 1 point • 14 June, 2019 03:00 AM

Use a private Instagram. Only post quality pictures or pictures of your achievements. Don't use Tinder or Snapchat, its a waste of time. Instagram, Facebook and Linkedin are great for business opportunities and keeping in contact with your network. Think of your instagram account as a trophy room. You only show your best moments..

fvjysstyhvcct • 1 point • 14 June, 2019 04:22 AM

I use snapchat, but I mute everyones stories except for my close friends. I think this is the best way to do it.

LLL3peat • 1 point • 14 June, 2019 04:37 AM

You explained everything for the most part. This generations currency is social media. Not physically being somewhere but watching it on screens and saying YOU GO GIRL !

Once you put social media = the matrix, it's kind of scary to think about it

greenleafcrew • 1 point • 14 June, 2019 05:59 AM

Same

pepskino • 1 point • 14 June, 2019 11:45 AM

Social media sucks , in my opinion,been off all of it for 2 months now ,life is better my attitude is better I Focus on meeting women in real life now ,and actually call them ,meet them in the market and other real world places ,instead of scrolling for hours I'll actually text them in real-time now ,all that shit is fraudulent and Im far from a loser I had 3000 followers on I.g when I left and I used to post pics in my brand new 2018 Lexus and waste money going on expensive vacations every month just to post a pic , to impress women , or make people think "man this guys life is awesome,one day a two months back I was on the balcony in my room in Miami with a beautiful women in the bed and I was so focused on taking the perfect selfie with the beach in the back i just had an epiphany like " wth am I doing everything I need is right here but I'm not even focused on being happy in real life ,I just want to brag about it to validate myself, i deleted everything thing in that moment haven't been back since since 60 days later after the fog has lifted I realize how shallow and stupid it all was, I wasted thousands of dollars on clothes because god forbid I get caught in the real world with some shit on I wore on the gram ,the shit is draining ,just sad ,you may think it's helping you but it's actually holding you back from building real confidence ,just my story tho but I'm glad I'm free

MattyAnon • 1 point • 14 June, 2019 12:51 PM

TL;DR please

celincelin • 1 point • 15 June, 2019 07:43 AM

Nobody forces you to post pics on Instagram. You can stay a hamstering outcast and instead post rants here if you want.

TheRealBrotherLouie • 1 point • 13 June, 2019 05:26 PM

I only use Instagram to send dumb shit (disturbing memes, retarded conversations) to random girls and troll them

I would share them if they were in English but for now I find the "☐ oh sorry I lost my dog" one to be the most entertaining.

And the "I like girrafes. (Her): me too/I like x (me) oh wow we have so much in common let's reestablish the soviet union" - always works and gets me the longest conversations with random girls I find.

The thing is, they're all the same. Same pics, same positions, locations etc. Same comments, same absurd amount of followers, same lack of *real* social skills , same lack of self-awareness ; same cringe quotes, and they all think they're special.

Avoid girls who use social media, they ain't more than bitches.

Beegoop • 1 point • 13 June, 2019 07:32 PM

These are all true of course, but this shit is so tired. This is one of the most basic points of TRP, it's been answered time and time again, so here's the short:

DON'T USE SOCIAL MEDIA IF YOU DON'T WANT TO. IT'S THAT SIMPLE. YOU'RE NOT MISSING OUT ON ANYTHING. NO ONE CARES.

With that out of the way, I'll explain. Firstly, I still don't get the reason a lot of people here just straight HATE social media. It sounds whiny to me. Accept that this is modern life. It's not going away anytime soon, but you have literally 0 reasons to use it *if you don't want to*.

Shit like this

Nights out? Sorry but that's just pathetic

is an opinion, and a salty sounding one at that. I don't think I have to tell you why people would like to take pictures of nights they won't get back, and that's you judging despite loathing social media for a place where people make assumptions/judge others. See the hypocrisy there? You care too much already what people do on THEIR social media, which you don't have to follow.

It is what you make it, especially instagram and snap, which is why we say if you have a REASON to use it, go right ahead, otherwise why use it?

Whether you use it or not is no skin off ANYONE's bones. I guarantee you that all those people you told that you don't have an account don't even think about it in passing. People are vain, but not that vain to worry about getting *your* follow or some shit. If they're dumbfounded when you tell them you don't have an account? So what? Does their reaction give you a reaction? Why are you feeling some type of way? You already know what you're about. You already don't give a fuck about using it yourself, so shrug that shit off, it shouldn't even phase you. **Be what you're about.** As I said, We already know people in this age are vain as fuck, this should come as no surprise.

If you want to keep up with your friends, family, interests, instagram and snap are undeniably good ways to do so, just because they give you access. I'm not saying be engrossed in it 24/7 like some bitch, spending their time swiping through all throughout the day - but damn, you're lying to yourself if they're just completely *useless*.

If you don't like it, that's fine, but don't chalk it up as if all its purposes are useless, literally everything you have a grievance with is your *opinion* and TRP has showed you that no one gives a fuck about your opinion. You can do whatever/ post whatever the fuck you want, no one cares if you don't do gym selfies, or don't take pictures in general. Much like how you will only click on things you WANT to see, it's the same for most people. Follow art pages if you like art. Photography if you want to see that, fitness shit if that's your interest. Follow shit your hobbies align with.

Instagram is possibly the most efficient social media tool out there, since unlike facebook, you don't have to see dumb shit your friends shared on your feed. You can tailor it however you want (to an extent), so you're not going to see anything you didn't sign up for.

If you want to keep up with friends, do that, follow them. If there are certain "friends" that you don't want to follow, don't. You can even mute people you don't want to see posts/ stories from, so you can tailor your feed to yourself. If you don't want to see some bitch with her Starbucks boomerang, mute her or unfollow. It's that simple, who gives a fuck? You?

Ultimately, your life is neither going to be enriched or diminished by you being on social media, unless - again - you have a reason. Running a small business? A page goes a long way. Keep to yourself most of the time? Well you're not going to get anything from it, so why bother? And that's where you come in. You already know you don't like it, so why are you fearing that you're missing out? You already know what Social Media is about, it's not rocket science. Bitches gauging your status over your account? So what? You already know that's what they do, don't pay them any mind.

How I use my instagram: To follow friends/pages I like, there are people that it suggest to me that I know, but don't follow, because I don't want to. I unfollow anyone that I feel has run their course on my feed. You really just have to not give a fuck/expect anything out of it. I haven't posted anything in months, and basically only use Stories.

It's about having social circles. If you are not interested in anyone's shit, and they aren't in yours, you really have nothing or no reason to post/do do you? Don't whine about it, just don't use it. Again, you already know what it's about, it should come as no surprise that Social Media really just aint shit.

cracksniffer666 • 1 point • 13 June, 2019 07:40 PM

I use it for skits, guitar solos, my other songwriting stuff, my youtube channel, etc. It is terrifying knowing you may fall for a woman one day, knowing she's got 100s of dudes waiting in her back pocket for you to slip up.

priapula • 1 point • 13 June, 2019 08:13 PM

its not that scary. If shes gonna cheat, shes gonna cheat. Learn to accept that

cracksniffer666 • 1 point • 13 June, 2019 08:18 PM

I don't know why I find it scary. It definitely sucks though. The fear of the unknown I guess.

priapula • 1 point • 13 June, 2019 08:24 PM

You get used to it. I used to also be super scared about cheating after learning about TRP but theres varying degrees of AWALT. not all girl will cheat. If she does, who cares, next the bitch.

Also stop caring about it. That's what I did. Just straight up stop giving a fuck and she won't

cracksniffer666 • 1 point • 13 June, 2019 08:28 PM

Yeah I should have left when dudes were obviously blowing her up. A poor little simp, I once was.

priapula • 1 point • 13 June, 2019 08:30 PM

You live and you learn. We all fail, just get up stronger. I feel

bradyo2 • 1 point • 14 June, 2019 03:38 AM

Personally, in a modern society you really need to have at least some form of social media, particularly if you're under the age of 25. As valid as your points are, if we look at it honestly the type of guys who don't have social media are generally losers. Women won't be more attracted to you because you're "not like one of these sheeple" that use social media, they'll just think you're a bit weird.

I have most forms of social media aside from Instagram, (which I just don't use cause I don't really get it, it's boring as fuck), and when this comes up in conversation, it garners more negative reaction than positive. I think, like with anything, as long as you use it in moderation it is fine. Social media is an invaluable tool, particularly when it comes to game so don't cut off your nose to spite yourself.

Notagain6352 • 0 points • 13 June, 2019 05:58 PM

All you anti social media monks are retarded. You can easily use social media to your advantage without the negative aspects. Also this is the new game, you can cover your eyes all you want, but the people who choose to learn how to play the social media game are the ones that will come out on top. You are all really closing yourselves from awesome opportunities by not having social media.

Also, I know u mfs are just mad cause u got no followers and a boring ass life.

priapula • 2 points • 13 June, 2019 08:14 PM

I know this guy is getting downvoted but it seems to be more and more true. An awesome social media does increase SMV.

Notagain6352 • 1 point • 14 June, 2019 08:53 AM

I am right. Swimming against the current is stupid

beardestbird • 1 point • 13 June, 2019 06:24 PM

No followers?

Unless you're running a business that needs a following I don't see why that's a huge deal anyways. That being said I do have social media but I'm not on it daily like most people.

cirrusice • 1 point • 23 June, 2019 06:40 PM

True. If you're an entrepreneur or some kind of business owner, you MUST have social media. If you don't, you're retarded and you're gonna fail in the long run.

250kcal • 0 points • 13 June, 2019 06:24 PM

What do I, as a average dude have to show in Instagram?

Whatever you want. You can post shit that only raises your SMV if you are gonna use it for gaming women. You get to pick and choose which parts of your life you want to be more public. I post pictures that I think my friends would find cool/interesting or pictures that just look good.

Gym sessions?

Sure if it's a hobby I will post about it, a lot of my people in my social circles lift, I have a couple of PR videos and a few gym selfies.

Nights out? Sorry but that's just pathetic, I find taking pics while at dinners and events even at traveling for the sole purpose of sharing pics in social medias downright insulting

Insulting to whom? I really don't understand how taking pictures is pathetic.

I go out to have a good time with friends, drink and talk and experience.

Do you not want to capture those experiences? If I had a great night out I usually post an album, always nice to reminisce about good times. Plus it shows you are a fun guy with an interesting social life. Sometimes I will post an older picture of a night out/activity and tag the people I was with as an icebreaker to invite them to do it again.

It just seem so shallow and fabricated/curated for an audience, I cringe when I see posts of myself at events in social media, it can't be escaped.

Fishing for compliments/likes, going out of your way to take the perfect picture is shallow. There is nothing shallow about sharing interesting moments and things with people you know.

I even see people take workplace pics, I am sorry but that is just unprofessional af, women do this so often.

That heavily depends on the picture and your work environment. If you are a lawyer and you take a selfie in the courtroom #lawyered #justicebitch, then yeah thats unprofessional. If you just got your crane license and you take a picture of the city from your crane booth, I would not consider that unprofessional.

Should I just add a private snapchat and Instagram with friends only or all private(can that be done?) And only share highlight of my life(lol) like hobbies?

People usually have a public account and a private spam account where it's only close friends and they can post less filtered stuff. My Instagram is all private, I have 70 followers and 120 posts over 7 years. Have to approach it with moderation.

I don't use Instagram to game women, if I meet a girl and she wants my insta, I tell her something like "I only

add really pretty girls, it's a very exclusive club" with a smirk. If she is genuinely into me and shows strong IOIs I add her at the end of the night or next morning. I do a clean up of my followers every year. Instagram is a great tool to flaunt your SMV and make it easier to get what you want with women, a lot less LMS and ASD, having it on private adds a bit of mystery and filters out thots who just want your attention.

priapula • 0 points • 13 June, 2019 08:12 PM*

Dude i dont think you should avoid it tho. You can't deny that social media has an effect on smv. It's dumb, yes, we hate it, but it seems as if there is no other option

Also it seems as if you are just hamstering why you don't use social media. I know it's slow to start, but get on, it feels like i've lost a lot of early opportunity