Nearly got into a fight

June 21, 2019 | 2 upvotes | by empatheticapathetic

Nearly got into a fight tonight. Some guy just walked up and pushed in front of me waiting for an ATM. I was getting in his face but he wouldn't move but didn't push in front of anyone else. He was threatening me.

I was thinking what to do but my friend who was with me just said "just leave it" and that totally stole all the thunder from under my sails.

After that he started infringing on my physical boundaries, just massively insulting me and tried to punch me before he left but missed.

Afterwards I had all the realisations of easy ways I could have retaliated that wouldn't have necessarily included a fight but just ended up frustrated and AMOGED.

My friend wouldn't have backed me up in this situation. I doubt he would even defend his girlfriend in a similar situation to be honest.

It's made me consider joining an MMA gym which is something I've considered for a long time for other reasons.

Any advice on what I should have done? I lift ftr.

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Comments

[deleted] • 6 points • 21 June, 2019 11:55 PM*

You did the right thing, you typically don't want to get involved in a fight unless your life depends on it.

That being said I do think you should know how to defend yourself in a situation like this, so yes sign up for Muay Thai or bbj. I personally recommend Muay Thai, good cardio and very good striking skills.

TheBlackAlistar • 5 points • 22 June, 2019 05:59 AM

Yeah just avoid the confrontation, no idea what kind of weapons etc he has on him. Especially a knife, that's the last thing you'd wanna deal with. I'd rather get shot, than get stabbed up.

peaceful_strong_man • 2 points • 22 June, 2019 12:33 AM*

Too many degenerates and evildoers on earth. I have also been thinking of getting into martial arts/combat sports. Judo looks good and may be my favorite. Jiu jitsu is good too. Boxing and Muay Thai are good supplements to learn striking. Or you can just learn MMA or general self-defense. The best thing you can do is to try to avoid fights tho. That's what I do. But I want to at least be able to fight so that I can be more confident in a situation like that.

NobodyP1 • 2 points • 22 June, 2019 02:33 AM Go to the MMA gym. I sure hope your already working out

[deleted] • 1 point • 22 June, 2019 03:37 AM

I would slap him right there regardless what my bud says

lilgoatedboy • 1 point • 22 June, 2019 04:12 AM Name checks out.

Brushyourteethm8 • 1 point • 22 June, 2019 12:35 PM

It's a line for a cash point and he will add about 2 mins to your wait.

If you were on your own with no ego in the picture, would you be bothered about fighting him over it? (With him potentially looking to get into a fight and possibly being armed...)

If it were me and my friends are there then I'd just shrug and carry on our conversation. My frame isn't dependent on jealously guarding every percieved infringement against me. I'd get my cash, I'd go about my day - I don't respond to the other crabs in the bucket as they are beneath me.

Edit: by "getting up in his face" you were losing frame

empatheticapathetic • 1 point • 22 June, 2019 01:46 PM

Basically it was because he pushed in front of me, no one else, then spent the rest of the time taunting me over his decision and just insulting me and calling me a pussy/faggot etc.

He likely didn't have a weapon. Was just a drunk asshole. Once he got his cash out he said "look at that. You've probably never seen that much cash before in your life".

He was just a drunk asshole who felt he could use me to bump up his ego. I don't let people treat me like this but a reminder of my friend indicating he wouldn't help me if shit went down (not necessarily because of

me) just stole all my courage.

Me getting in the guys face was to stop him from doing anything further. If I acted more passive than I did I would not be surprised if he tried to assault me even more than the attempted punch.

If he was some dodgy drug dealer fuck I wouldn't have cared. But he was just some drunk twat who wasn't that confident about his decision. That's where my frustration is stemming from.

Brushyourteethm8 • 1 point • 22 June, 2019 01:51 PM

Tricky situation - Good effort avoiding a fight then. Ultimately, just keep improving and don't get hung up or stuck in your own head about it. Keep lifting and these things should decrease in frequency as you get bigger - if it were to happen again then consider leaving until he's done, getting enough cash so your don't run out or go out to better places