

MRP Audiobook Recommendations

July 18, 2019 | 7 upvotes | by [sash_northpointe](#)

I listen to a lot of audio books on my work commute. So far, I've listened to the following: NMMNG, WISNIFG, The Rational Male Vol 1-3, Models, The Tactical Guide to Women, Unchained Man, and How to Be a 3% Man.

Any other recommendations for non-sidebar related audiobooks? Or podcasts?

Thanks

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Comments

CrazyLemonLover • 3 points • 18 July, 2019 10:05 AM

Check the sidebar on MRP. its full of them. Literally.

sash_northpointe[S] • 2 points • 18 July, 2019 10:42 AM

Thanks. Have the Sidebar books but just found the Advanced Reading link.

johneyapocalypse • 3 points • 18 July, 2019 01:11 PM*

Search for "TRP audiobooks" and you'll find about six page's worth with commentary from listeners. A few of the reddit posts listed also include links to youtube book videos, free audio books, and the like.

beta_buxxx • 3 points • 18 July, 2019 02:06 PM

I did almost all my sidebar reading while commuting. All of the sidebar is available as audio books except:

MMSLP

MAP

SGM

I converted MMSLP and MAP to audio book using text-to-speech software. It's not perfect, but it is listenable.

SGM is pretty short so I just read it on my phone.

As far as non-sidebar material, I'm currently reading *The 7 Habits of Highly Effective People*. It's not red pill per se, but the message is very consistent with MRP. I would highly recommend it so far.

waitshhhhhh 1 points 18 July, 2019 02:01 PM [recovered]

“You can’t Hurt Me” by David Goggins.

Red pill af and I’m surprised he’s not mentioned on this sub more. Real man dealing with real world shit. Will blow the doors off any bullshit excuses you *think* have for any fucking thing.

RoccoPinkman • 2 points • 18 July, 2019 04:01 PM

Listening to this is better than the book because it’s half podcast half audio book, this was partly the reason I woke the fuck up and started to improve myself.

waitshhhhhh 1 points 18 July, 2019 11:01 PM [recovered]

Yes the Audible version is fantastic. Love the interplay between Goggins and the writer.

RoccoPinkman • 2 points • 19 July, 2019 04:29 AM

Definitely one of the best books I’ve listened to.

RoccoPinkman • 2 points • 18 July, 2019 03:59 PM

The way of men by jack donovan

jjj2576 • 2 points • 18 July, 2019 12:08 PM

Dale Carnegie’s “How to Win Friends and Influence People”(on Audible)— read it before learning about the red pill. A lot of Carnegie’s examples are hypothetical and anecdotal, but there’s a lot of good communication

theory here. It's a big dick move to name drop this in an interview— this can be used in your career, people know about this book when you name drop it. Read Carnegie to better your career.

The Book of Pook (YouTube audiobook, free)— Reading this now. Pook uses a lot of overly poetic language, but his message is sound. The PUA community often focuses on external acts to game. Pook claims that game comes from within, and that you must internalize your value to be able to better game women. This has a lot of similar philosophies to Stephen Covey's "The Seven Habits of Highly Effective People." Covey's stuff is also on audible. Read Pook to better your game and to actualize/internalize your true worth as a man.

RPeed • 2 points • 18 July, 2019 01:02 PM*

Pay a hobo to sit in your car reading this into your ear in a French accent.

EDIT: actually there is a free audiobook here:

<https://www.youtube.com/watch?v=bbtHZ3fsL2Y>

No French accent tho...

HerukaArisen • 1 point • 18 July, 2019 09:05 PM

There are a lot of PUA books as audio books, for example Bang and Day Bang by Roosh and The Natural by Richard La Ruina. I also liked The Game by Neil Strauss a lot, since it is well written and a narrative instead of a collection of opinions. A couple of very good non-MRP audio books are 12 Rules for Life by Jordan Peterson and The Secrets of a Passionate Marriage by David Schnarch. The last one is not the same as the book but some kind of a lecture or something. But in my opinion, it is highly relevant from the MRP perspective.

sash_northpointe[S] • 1 point • 19 July, 2019 07:52 AM

Thanks for the suggestions. Just downloaded Roosh's Game. I first read The Game about 10 years ago and loved it.

waitshhhhhh • 1 point • 20 July, 2019 07:18 AM*

Honestly, The Game seemed like some worthless made-up bullshit to me. Going out with a guy named "Mystery" to game drunk chicks also just seemed stupid af.

I read his other book first, the one where he recounts all of his alleged exploits, then falls in love and gets all monogamous. Having watched one interview with that short little skinny bald guy trying to game some hottie on a talk show, I don't buy it for a minute. All that PUA shit seems like utter horseshit to me. I'm just wondering what, if any of it, is legit and has any value. It really seems like a child's game, and not something grown ass men would be doing, or need to do.

HerukaArisen • 2 points • 23 July, 2019 08:13 PM

You're absolutely right. All the PUA shit needs to be taken with a pinch of salt. And The Game is certainly not without flaws. The Disney ending is pathetic, and all in all, the whole book is pretty blue pill.

Having said that, I did like the book. I also feel that, even though I'm not going to buy the whole package, I have nevertheless learnt small useful things from the PUA books. I use them to game my wife but also other women pretty much everywhere. I'm talking really basic stuff, such as negging, kino, asking interesting questions, making women interested by paying attention to their less attractive friend and so on. It is kind of silly but it seems to work. Not sure if "grown ass men" need it, but then again, why not.

savageinthebox • 1 point • 2 August, 2019 05:47 PM

Not sure if anyone has mentioned it yet, but 48 Laws of Power and Art of Seduction by Robert Greene