

# External growth outpacing internal morality

2 upvotes | 11 August, 2019 | by mountainbiker178

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I swallowed trp about 3 years ago. It's taken most of that time to go down. Recently I finally started acquiring plates, after breaking up with my LTR. After some reflection, I think I've run into a problem and am looking for advice on how to overcome it.

Like most BP guys, I was a nice guy for most of my life, indoctrinated by the Matriarchy, and learned to oppose my natural masculinity. Now that I'm embracing my manhood/redpill, I think my internal morality hasn't caught up to my new external behaviors (ons, causal sex, plates, etc). I usually feel guilty or some amount of shame when I'm with a girl, because I'm not adhering the BP/feminist ideal/'beta-in-waiting' that I did for most of my life. The effect I'm experiencing is sometimes having erectile dysfunction when I switch girls. I've started taking Viagra to deal with it.

Has anyone else struggled with this aspect of growth as a redpilled man? How can I get my mind to accept that being an attractive/sexual man is Ok? Is it just a matter of allowing more time for the change to take place, or do I need to do something specific?

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## Comments

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EducationalArm3 • 4 points • 11 August, 2019 11:21 PM

I'd recommend reading a lot more about TRP and even watching YouTube videos about it. Just to understand that you're not the only one in that situation and that it's okay.

If women can have no morality, there's no problem if a man decides to enjoy life

Project\_Zero\_Betas • 2 points • 12 August, 2019 12:10 AM

Spinning plates isn't for everyone. TRP is a toolbox, not a strict ideology. Choose what works best for you.

sebbegerbert • 1 point • 11 August, 2019 11:02 PM

You say sometimes. Are you sure that is the root cause then? Or can it be that you are just not attracted to these girls?

mountainbiker178[S] • 2 points • 11 August, 2019 11:05 PM

I assume the ED is psychological and not physical because I can get erections when I'm not with a girl. Also there have been times when I'm grinding with a girl before sex and I'm hard as a rock, but when it comes time for sex, I go limp. I'm assuming it's due to me post above, but I acknowledge it could be caused by something else. That's why I'm here.