

The Autist's Formula for Tingles

September 6, 2019 | 88 upvotes | by [CaptJohnLukeDiscard](#)

Some of you guys are so damned nerdy that it makes even a spreadsheet-loving faggot like myself cringe awkwardly. So, because it's Friday and I'm better than you, I'm going to pander to your sperginess and make this easy for you to grasp. There is a very simple formula for generating true, lasting tingles. Get out your fountain pen, faggots, and start writing this shit down. Here is the formula with the variables on a 1-10 scale (obviously 1 being you guys and 10 being me).

Frame + Game + Attractiveness = Tingles

The higher your score, the better / hotter chick you can land. Simple, right?

There's one big catch. This formula is completely wrong because women aren't fucking robots. They are real people and real people have different preferences all the time. Some bitches like tall guys, others like taller guys. Some bitches like strong guys, others like stronger guys. Some bitches like rich guys, others like even richer guys. You get my point?

However, for the autists that need a formula, I'll allow my inner sperg to come out just a bit more. Write out your formula on a piece of paper. Maybe you would give yourself a 6 on frame (we both know it's a 3 but fuck it, it's Friday, stick with the 6 you lying cunt), a 2 on game, and a 6 on attractiveness (lol, you fatass). So you do some highly complex mathematical equations, jerk off to some hentai, and arrive back at a formula that looks like this:

$$6 + 2 + 6 = 14$$

Almost average, right? That's got to be good for something, right? Wrong. Go ahead and scratch those 6s out and round those bad boys down to 2. Now you have:

$$2 + 2 + 2 = 6.$$

That's more like it. That's why you can't get her wet. That's why she has a headache and thinks about her friend's husband when she starfishes you 1x a month.

Why? Because you are your weakest link. So replace your other two scores with your lowest score.

For example, If you have a 7 figure salary and have decent frame but shitty game, you will end up with a woman who throws pity fucks your way occasionally but is otherwise completely content to live an expensive lifestyle on your dime. You aren't generating tingles and you will eventually find your way in here or somewhere like this bitching about how she can't throw some passion fucks your way even though you threw a Mercedes her way.

Or maybe you have game and are attractive but have terrible frame and are a whiny bitch. You wonder why the marriage bed now is so damned starfishy compared to what it used to be. You are your weakest link.

This shit is not complicated. It's pretty damned simple actually. You want a woman who is fun to be around, fun to look at, and fun to fuck. You probably won't be satisfied with a chick that is a 2 in one of those categories. If she fucks like a champ, loves sports, but looks like Shrek, that's a hard pass. Now, if you are a piece of shit, maybe that's the best you can do. That's on you.

Similarly, women want a man who has frame, has game, and is attractive. You can exhibit a huge amount of control over the first two and a moderate amount of control over the last one.

So step your shit up. Get off the damned formulas. Stop getting lost in shit like "*durrr hurrr my bench is 180lbs, why won't she fuck me*" you weak, autistic faggot. She won't fuck you are about as worthless as a

deflated kickball. You have the personality of a well-used sponge.

Think this shit isn't fair? It isn't. Life isn't fair. It never was. But you bitching about it not being fair simply retards your progress, retard, and makes it just a bit easier on the rest of us by you contributing to the lowering of standards due to population means. So play the game correctly or get the fuck out, I don't care. But whinging and whining and making complex spreadsheets doesn't fucking help.

And just remember autists, the formula is simple.

Frame + Game + Attractiveness = Tingles... but you are your weakest link.

Archived from theredarchive.com

Comments

MrChad_Thundercock • 31 points • 6 September, 2019 04:49 PM

Great post. Good laugh on a Friday.

But you got one thing wrong:

“Get out your fountain pen”

A true nerd would NEVER use a pen to do math.

[deleted] • 6 points • 6 September, 2019 04:56 PM

Idk you ever met the D&D bros, no fear.

MrChad_Thundercock 1 points 6 September, 2019 05:00 PM **[recovered]**

Yep.. living life on the edge..

SorcererKing • 4 points • 6 September, 2019 05:32 PM

OP is threatening your "Chief Autist in Charge" tag you earned over on askMRP.

johneypocalypse • 6 points • 6 September, 2019 06:57 PM

MCT's advice to random homos is solid - I've been paying attention to his diatribes lately.

He deserves real flair over there, IMO.

HornsOfApathy • 3 points • 6 September, 2019 06:37 PM

fucking hell, good laugh today, thanks.

[deleted] • 1 point • 6 September, 2019 05:09 PM

It's a joke champ

Giant-__Otter • 2 points • 12 September, 2019 11:34 AM

Real nerds use LATEX

Sepean • 16 points • 6 September, 2019 04:48 PM

I believe what you're trying to say is

$\min(\text{frame, game, attractiveness}) = \text{tingles}$

And you're wrong. You can certainly make up for a lot of shortcomings in looks with strong frame and game. There's a fucking big difference between mr 9 9 5 and mr 5 5 5.

CaptJohnLukeDiscard[S] • 8 points • 6 September, 2019 05:02 PM

Nerd. Correct but still, nerd.

And the last comment is technically correct but isn't applicable to 90% of the people reading this and 100% of the people this post was targetted at. Because, other than perhaps income, those guys aren't a 7 / 8 / 9 in any single sub-aspect of frame, game, or attractiveness, let alone in one of the main 3.

So that shit won't work for them. Their weaknesses are too weak for any amount of strength in another area to offset.

It's like going in for a kiss when you look like Clooney but have breath that smells like Rosie O'Donnell's fartbox. The chick is gonna be grossed out.

savageinthebox • 4 points • 6 September, 2019 06:27 PM

You had me until the last line. Rosie might take real good care of her fart box, it might smell great. You don't know. I mean, I wouldn't smell it for \$1MM but we can never be sure.

BluepillProfessor • 3 points • 9 September, 2019 02:52 PM

Yes, the general rule is to shore up your weaknesses first because that provides the fastest and easiest gains.

If you are 5'8" and 260 pounds then even with very tight game and an indefatigable frame you are going to be chirping the Chubby by yourself most nights. Stop shoving food in your mouth and lose weight. Get in shape. That is your first move.

If you are 6'2" sporting 200 pounds of abs and steel then suddenly discovering Brodin and the Iron Temple will not help you nearly as much as simply shutting the fuck up.

Sepean • 1 point • 6 September, 2019 05:54 PM

So that shit won't work for them. Their weaknesses are too weak for any amount of strength in another area to offset.

No they're not. If you have average looks, you should absolutely aspire to increase your frame and game beyond that, and that will give good results.

What you're saying is don't bother going above your weakest link, and at least for looks that is just plain wrong. It's really bad advice.

CaptJohnLukeDiscard[S] • 4 points • 6 September, 2019 06:04 PM

No they're not. If you have average looks, you should absolutely aspire to increase your frame and game beyond that, and that will give good results.

What you're saying is don't bother going above your weakest link, and at least for looks that is just plain wrong. It's really bad advice.

What? This is the dumbest response I've read from someone with 'approved' flair. I'm somewhat surprised actually.

I'm not saying "don't bother going above your weakest link." I'm saying fix your weakest link because it is holding you back much more than your strongest attribute is pushing you ahead. That's nowhere close to what you are claiming I said.

If you are radically bad in an area, fix that now. Don't wait or focus on your strengths. For example, I sucked at frame for a long time. But since it didn't come easily to me, I focused on attractiveness / lifting since those were easier. I improved significantly in those areas but saw minimal results. Once I improved though in frame, shit really started getting good.

A significant weakness can easily offset a significant strength because it's an immediate disqualification in the eyes of women. You may have God's gift of game and good frame but if you dress like shit, have terrible hygiene, and are fat, then that game and frame ain't gonna do shit for you.

savageinthebox • 5 points • 6 September, 2019 06:29 PM

This is part of one the sidebar books, MAP or MMSLP, start with the Reds. Correct the shit that's wrong as fuck first, don't make some of the greens greener until all your reds are under control. That's why my fat ass is dedicating 80-90% of my efforts to losing weight. Doesn't matter how smooth my game as long as my tits are bigger than my wife's.

BluepillProfessor • 1 point • 9 September, 2019 02:54 PM

It's in Athol Kay's MAP.

savageinthebox • 1 point • 9 September, 2019 03:06 PM

Yes that's exactly right. Thanks.

Sepean • 2 points • 6 September, 2019 06:34 PM

I'm not saying "don't bother going above your weakest link."

That is exactly what you're saying. If only the weakest link matters, it is useless improving the others.

For example, I sucked at frame for a long time. But since it didn't come easily to me, I focused on attractiveness / lifting since those were easier. I improved significantly in those areas but saw minimal results. Once I improved though in frame, shit really started getting good.

That's because frame is the most important aspect. I have no idea why you would think you could get by just with looks, it's the least important.

That your frame was weak and that hurt your SMV doesn't mean that your weakest area defines you, it just means that frame is more influential than you thought.

Look at some of the RSD dudes, or the cold approach videos on Heartiste, lots of average looking guys who slay because of their frame and game.

CaptJohnLukeDiscard[S] • 3 points • 6 September, 2019 06:44 PM

I'm not sure if you are trolling or just slow today.

You reference the "average looking guys who slay" but your words give it away... their looks are "average." I'm not talking about average. I used 2s as the example in the OP because if you are a 2 in frame or game or attraction, the other numbers don't fucking matter. Fix that shit first because it disqualifies you from the game entirely.

Once all your numbers are at least average, then you can graduate to more important stuff like perfecting game.

But you read this sub just as much as I do. Do you really think most guys who post here / AskMRP are at least average in frame, game, and attractiveness? That's a joke. Of course they aren't.

90% of them roll up being a straight bitch in at least two of the three categories and wonder why Victoria's Secret models aren't chunking their panties at them.

Sepean • 2 points • 6 September, 2019 07:00 PM

We might not disagree much on the substance, but I think you made a poorly thought out formula that at best only works in a narrow range. If you're just trying to say "don't be

unattractive”, then say that instead of making a formula that sends the wrong message when scaled into average and attractive.

SBIII • 2 points • 7 September, 2019 10:05 AM

If you are radically bad in an area, fix that now. Don't wait or focus on your strengths. For example, I sucked at frame for a long time. But since it didn't come easily to me, I focused on attractiveness / lifting since those were easier. I improved significantly in those areas but saw minimal results. Once I improved though in frame, shit really started getting good.

Athol Kay's MAP book goes into a lot of depth on this - weakest areas first. Makes a lot of sense, imo. I think too many guys focus on lifting and looking better because it's easier and has more measurable results.. you can see them just by looking in the mirror.

You can also make great strides quite quickly in these areas but if you neglect your weakest areas, you're still shooting yourself in the foot - there's no point in being ripped and well dressed if you have zero social skills and can't hold a conversation in a room full of strangers.

For me, I neglected social skills for a long time - it's not that I ever had trouble holding conversations with people, it's just that I didn't get the fuck out of the house and actually go meet people. Fixing that was a game changer for me and improved my life in so many ways.

Great post btw.. laughed my hole off reading through it last night.

red-sfpplus • 14 points • 6 September, 2019 07:26 PM

How many of your ex girls still wanna fuck you?

How many did you have to block cause they wouldn't stop asking for dick?

That is your real world tingle factor.

juggle4balls • 6 points • 6 September, 2019 06:01 PM

Electric Shock Therapy + Testicles = Tingles

CaptJohnLukeDiscard[S] • 8 points • 6 September, 2019 06:05 PM

Don't kinkshame me. I'll do what I want.

juggle4balls • 2 points • 6 September, 2019 06:54 PM

No shame bro, set that shit on level 100.

Maybe i should rewrite the formula.

Electric Shock Therapy + Testicles||Vagina||Breasts = Tingles

Easy tingles for everyone!

Balls_Wellington_ • 3 points • 6 September, 2019 09:41 PM

I take full credit for the creation of this masterpiece. My autism is your muse.

BluepillProfessor • 3 points • 9 September, 2019 02:47 PM

I really like what you did explaining the moving target we call "women."

Frame, Game, and Attractiveness are all contextual and depend on variables like the time of month and the woman you married. The simple formula may need some modifiers because I would rate Frame much higher

than Attractiveness and Game as somewhat higher.

Perhaps the simple formula would be more accurate like this??

$1.5(\text{Frame}) + (1.2\text{Game}) + \text{Attractiveness} = \text{Tingles}$

tom-anonymous • 4 points • 6 September, 2019 06:11 PM*

The 5 love languages gives her the tingles. That's all you need to know to get her wet.

Edit: Sarcasm

CaptJohnLukeDiscard[S] • 7 points • 6 September, 2019 06:28 PM

Gay, beta, and false. I have firsthand knowledge of this being gay, beta, and false.

BluepillProfessor • 5 points • 9 September, 2019 03:03 PM

Especially "Acts of Service." They drip ropes of slime all the way to the floor when they see you doing the dishes!

My primary love language is blowjobs.

HornsOfApathy • 2 points • 6 September, 2019 06:38 PM

Is your primary love language physical touch?

BLARG. I just threw up in my mouth a little typing that.

tom-anonymous • 2 points • 6 September, 2019 07:05 PM

Yea I had to fill out this love language shit when my wife and I saw a couples therapist 6 months ago. That was before I discovered RP.

I think my love language at the time was words of affirmation. lol

red-sfpplus • 16 points • 6 September, 2019 07:29 PM

In the right frame there is nothing wrong with the 5LL.

Mine are time, attention and acts of service.

This knowledge is nothing more than another tool in your tool belt.

With the right mindset and the right man.

Only a fool discounts knowledge because it goes against his beliefs.

[deleted] • 2 points • 6 September, 2019 05:39 PM

What is the best book on game and secondly on frame? I don't think there is one specific book on building frame but I figured I would ask.

BostonBrakeJob • 6 points • 7 September, 2019 11:56 PM

What I've learned, after countless books and Youtube videos, is this....a direct approach, eye contact, and a shit eating grin is the best "opener" out there.

Next time you go out for dinner, walk to your table with said shit eating grin and make eye contact with every woman you pass. Even the ugly ones. Watch how the majority of them light up. You don't even have to nod or say a word. I've watched married women, sitting next to their husbands, turn 4 shades of red and gush from nothing more than that.

Same goes when you're out. You can say whatever you want after that really. It's your body language that

makes people in general want to engage, or repels them. The mood you carry is the mood you project, and with that comes an undertone to every word you speak.

You've been around for awhile. I suspect that more practice would serve you better than more words on a page at this point.

BluepillProfessor • 3 points • 9 September, 2019 03:00 PM

There are tons of books on Game. Most geared towards pulling fresh tail.

Athol Kay (and me!) are about the only sources for married game. Rollo touches on it but then backs off.

Frame is a trickier concept and I don't know of many books that address it directly.

I have found that Frame depends on two things- your perception of your wife's value, and your perception of your value. To enhance your frame you enhance your perception of yourself- or you decrease your (positive) perception of your wife. Frame increases as Game and Attractiveness increase and it is very difficult to increase Frame without one or the other. You can fake it (which also increases frame) but real, genuine frame is mostly based on external accomplishments (or a irrational exuberance).

BostonBrakeJob • 1 point • 13 September, 2019 02:16 PM

I agree, the reading material is out there. Your Youtube channel was a great tool for me back when I first got started.

I know he's been around for awhile though. Just suggesting he put some of what he has already read into practice vs. more reading is all. Not that the 2 couldn't go hand in hand. But he took action shortly after and seemed to get what he wanted when he did.

[deleted] • 1 point • 8 September, 2019 12:18 AM

I think more game with my wife. I get a ton of attention outside of the house. Women always hit on me and touch me.

My game with the wife works pretty well but I know I could always improve. I know you gotta fuck her mind before you ever touch her. I am lazy because I know I am going to get laid. I also have a lot on my mind and have been less focused on pussy.

BostonBrakeJob • 3 points • 8 September, 2019 03:37 AM

It's all the same. Your wife is a woman, just like any other woman. The difference is a new woman is just that....new. And just as she is new to you, which makes it more exciting, you are new to her. And she experiences the same effect.

Truth be told, I doubt anyone here is *always* "on" with their wives. Like you said, we got a lot on our plates (minds). I don't know what the vision you have in your head is, or where you're at right now, but I know I've tried the literal **always** be gaming....and that shit can get exhausting. When I'm in the mood, I'm always gaming. When I have shit to do, or have been going hard on said to-do list, I tend to get boring in the sense that I'm not gaming her like she's new meat. It's just part of it. It's temporary, and after I give myself some mental/physical downtime, I'm back to teasing her and treating her like fresh meat.

This leads me to ask, what makes you think you could/should be doing more, or that you could/should do better? Just the normal man-shit, always striving to do better? Or are her responses, or lack there-of, causing these thoughts?

[deleted] • 2 points • 8 September, 2019 12:36 PM

I just haven't been mixing it up as much or keeping her on her toes. Same sex in bed often. Same positions etc.

After I wrote this I went inside and started gaming. Decided to just pick her up over my shoulder and carry her to the bathroom. She squealed and giggled. We fucked hard for like 2 minutes and both came really hard. I need to do more shit like that.

BluepillProfessor • 1 point • 9 September, 2019 03:02 PM

You can touch her while you fuck her mind.

Spend some time watching these simple videos on Kino and Escalation,

[deleted] • 1 point • 9 September, 2019 04:00 PM

Good point. I meant you have to fuck her mind before you fuck her but good distinction. I'm always touching my wife. I am trying to create more tingles which I have been as of recent. I can always tell because the sex is better.

She is a stay at home mom so I am the Principal who sexually harasses his teacher. It's fun.

Blarg_Risen • 2 points • 6 September, 2019 10:55 PM

I believe the "best" book is written by the guy who most accurately has the idealized frame and game you want to have. Because matching someone else's game and frame is improbable, my advice is to read as many books on game and frame as you can, and amass the aspects from each that match your vision.

PurpleVeteran • 2 points • 6 September, 2019 10:14 PM

1. Be attractive.
2. Don't be unattractive.

Seriously... you can be Brad Pitt, but if you have poor hygiene or whine like a bitch, you ain't getting it.

See also: The top 78% of women are fighting over the top 20% of men

Praexology • 3 points • 11 September, 2019 04:26 AM

Honestly, it should be flipped.

1. Dont be unattractive.
2. Be attractive.

I don't think the saying is ultimately a deliberately funny one. Women will more likely sleep with a low quality guy for validation but he will inevitably autism his way out of her pants.

Being attractive is the next step.

Figuring out #1 gets you girls.

Figuring out #2 gets you *hot* girls.

andyturbo2000 1 points 6 September, 2019 06:43 PM* **[recovered]**

7 figure salary? Pity fucks? You sure...

CaptJohnLukeDiscard[S] • 6 points • 6 September, 2019 06:49 PM

I work in an industry w some guys that pull 7, yes 7, in yearly. And I've seen their wives. So yeah I'm pretty

sure.

RicoDunne • 1 point • 6 September, 2019 06:56 PM

Thanks for keeping it simple for us Sperg's in the back row... Now where are my D&D 52 sided dice?

BluepillProfessor • 2 points • 9 September, 2019 03:04 PM

If only it were that simple. You have to roll THREE 52 sided dice.

freakshow88 • 1 point • 6 September, 2019 09:18 PM

I read this and immediately thought some people have time management and priority issues.

But then I read it again in a Carl @ Black Label Logic voice modulator voice and laughed pretty damn hard.

It all goes to show that maybe google maps is on to something with that British lady voice. Well I'm off to go chart my game score on my weekly excel tracking chart.

Huzzah!!

IOwnMyShit 1 points 6 September, 2019 08:51 PM **[recovered]**

I have to disagree on this one, this is where personal experience comes into play.

I'm attractiveness around 8, usually the first compliment I get from acquaintances of my parents/what my gf's friends say about me to her is that I'm handsome.

Frame around 4-5 she can pull all sort of shit tests(not often), I'm unfazed. I do as I please and she follows. I have my idgaf moments and say whatever you want for dinner, movie etc. Because sometimes I hate making decisions and I'm lazy. My BP self has bitched and complained to her about all sort of shit tho, she knows about my social anxiety/panic attacks. Days I'm depressed and lay on the couch etc. Less lately but still.

Game i'd say 8. Flirty looks, frequent sexual touches, push/pull, make her validate herself to me etc.

She's about 7,5-8 looks wise depending on the day, and she is addicted to my dick, she rides it like a fucking pornstar and I give her a minimum of 2 "full body earthquake orgasms" as she Valla them every time we fuck (3-4 times a week)

With all my bitching and complaining to her according to you this should not have happened (I prob set my frame a point too high) also, I'm currently on welfare.

CaptJohnLukeDiscard[S] • 4 points • 6 September, 2019 09:01 PM

Good for you re the sex. I mean that.

Get the fuck off welfare you lazy cunt. Welfare is for people that genuinely can't support themselves. If you are able bodied enough to give her Os like that and smart enough to log on here, you shouldn't be on welfare.

Also, you can be a bitch and find a woman who is low enough SMV who will be crazy enough to fuck you.

But your options past her are limited.

But more importantly than that, why the hell are you listening to what she says (nagging and complaining) vs what she does (rides your dick)?

Ever heard of a shit test? Think shit tests don't happen if you were better? LOL.

dilberryhoundog • 3 points • 6 September, 2019 10:45 PM

Mate, you forgot to multiply by the "nice guy" coefficient.

Your womans freinds aren't paying you a compliment. They are glad that jenny (your GF) has finally found a

"nice guy" that won't rail her asshole, like all the others did, because she has sexual dependency/validation issues.

Your parents freinds are desperately convincing Jenny that you are "nice guy" because she's your only chance of a "good girl".

Jenny's gives you confirmation bias. "She fucks me like a crazy bitch, therefore all my metrics are off the charts".

You could have perfect frame or no frame, big game or no game, be ugly or handsome, she will fuck you anyway because of her sex validation issues. She's with you because no other girl is gunna come along and take her validation cock away from her.

How do I know? Because I'm also a...

Lazy Cunt Who Is Full Of Shit And Avoids Problems Rather Than Dealing With Them.

SBIH • 3 points • 7 September, 2019 09:54 AM

A month ago, you were posting on TRP because you were worried about your wife's obsession with a co-worker at the coffee shop she works at.

By your own admission, you are a lazy fucking prick with social anxiety issues (ie., zero game) no job and penchant for taking days off and crying on the sofa like a bitch.

You may well be good looking and she may well be fucking you, but if she's looking to branch swing for a fucking barista, what does that say about your level of attractiveness?

This is you atm: $2 + 2 + 8 = 10$

And when she does hop on his cock, where does that leave you? As soon as the validation you're getting from her draining you balls dries up, you can guarantee that any frame you have will plummet into minus figures, so this is you post-branch swing:

$-6 + 2 + 8 = 4$

If you really think that you can get by in life with good looks, zero income, shitty frame and zero game, you have a fuck tonne to learn.

IOwnMyShit 1 points 7 September, 2019 10:44 AM **[recovered]**

Hey man appreciate you taking the time to look through my post history to be able to give an in depth answer.

Turns out he's turned into her little brother nice guy who helps her do shit at work, looks down every time I meet him and gets a shaky voice. Idk maybe I was insecure because of the new situation and I had less options at the time.

Anything else you'd like to add? Always looking for constructive criticism! By my indications job is incoming within a couple weeks.

SBIH • 3 points • 7 September, 2019 11:22 AM*

Maybe he's just a Beta Orbiter who she doesn't want to fuck. Maybe he's a Beta Orbiter who gives her the feelz she's not getting from you, so she fucks you and gets feelz from him. Or maybe he's a Beta Orbiter who she gets feelz from, then fucks and then goes home and fucks you too.

I don't know, or care. The question is - why do you care so much? Why are you so worried about this?

My woman has Beta Orbiters. It doesn't bother me in the slightest. In fact, if she had no orbiters, I'd be concerned. Do I worry about her fucking them? No. If she did, she'd be out the door and replaced in a heartbeat.

Could you honestly say the same? If the answer is "no", then you need to figure out why that is and fix it.

If the answer is "yes", then you're lying.

The point is that having a high SMV - regardless of how the metrics are calculated - generates dread. And dread, as we all know, generates tingles. How much dread does a stay-at-home dad with anxiety issues and no job create? I can tell you from experience, that it's not a lot. That's really why you're worried about the barista... it's not his SMV that's the issue - it's yours.

So instead of your SMV causing her dread and creating tingles, you're sat at home, minding the baby. Meanwhile she's out working, spending time with her barista buddy and your hamster is in overdrive. She probably knows this and she's fucking you to keep you sweet until a better branch comes along. Who knows? But if she's the one causing the dread and you're the one with the hamster going crazy, the tables are turned on you and not in the right way.

IOwnMyShit 1 points 7 September, 2019 12:30 PM **[recovered]**

Fuck me the truth stings. You're of course right.

Getting a job is top priority, not for her, for me. I'm also spending a lot of time these days learning about day trading, for me.

Making progress in the gym, trying to get outside more. My confidence is going up steadily. It seems I'm on the right path at least.

SBIII • 1 point • 7 September, 2019 12:54 PM

I'm also spending a lot of time these days learning about day trading

Stick to something you have experience in, are good at, can excel in and make a living from.

Unless you've got money to spare that you can afford to risk - and lose - and unless you know what you are doing, then you'd be foolish to follow this path.

Get a job / start a business, earn some money and -if you then have the time and spare cash to trade, then trade.

hack3ge • 1 point • 8 September, 2019 12:39 AM

Edit: I do however have some self respect, she as much as have coffee with another guy it's over, no explanation needed.

Don't kid yourself here - I can tell you will just move the goal posts.

Well it was just coffee, well it was just lunch, well it was just dinner, well she just stayed on the couch, well it was just the tip, well it was only a BJ, well he didn't cum inside her, well it was just in her ass.

You are precisely who this post was for - your wife just hasn't crossed that magical point yet and that's why she still fucks you. You have negative frame and honestly most of us unlike you know that frame is 90% of attraction.

