

Veterans of the red pill, drop your top 3 most important pieces of advice

September 12, 2019 | 68 upvotes | by [Snowboard18](#)

I really want to know what about the red pill has made the biggest impact on your guys lives. This could be in all aspects, women, career, mental health, becoming successful.

Archived from theredarchive.com

Comments

OracleofFl • 129 points • 12 September, 2019 03:17 AM

She is not yours, it is your turn.

You can't negotiate attraction.

Never discuss your feelings with your chick.

mrkinix • 5 points • 12 September, 2019 11:29 AM

You can't negotiate Attraction.

Someone explain this please.

daddydickie • 22 points • 12 September, 2019 11:53 AM

"I'll bring you to exotic places for vacation. Buy you dinner. In return you'll have sex with me"

unamedasha • 3 points • 12 September, 2019 12:22 PM

You can negotiate sex (although it is often insulting/degrading to do it explicitly). However, doing these things won't make her attracted. It won't make her *want* it.

OracleofFl • 10 points • 12 September, 2019 02:07 PM*

If she isn't attracted to you (doesn't want to fuck you, whatever), there is nothing you can SAY that is going to change that. If she is branch swinging to another guy, whatever you SAY to her isn't going to change that she is more attracted to the other person. You can MAKE yourself more attractive (increase your SMV) through fitness, dress, becoming more interesting, but you can't negotiate it.

This is important when a chick breaks up with you. Unless it is something you did, she lost attraction for you and the whole "I just gotta talk to her, why won't she take my calls!!!" panic that guys go through is a total waste of time. If you have ANY chance of getting her back (not that you should because she is showing herself to be so shallow) it is by MAKING yourself more attractive.

Itsjustnickg • 3 points • 12 September, 2019 07:50 PM

<https://therationalmale.com/2011/08/25/the-desire-dynamic/>

mrkinix • 1 point • 12 September, 2019 08:03 PM

Thanks for both links, interesting read

thrwy75479 • 2 points • 12 September, 2019 03:41 PM

Money can spread her legs, but it won't make her wet.

SolarTortality • 2 points • 12 September, 2019 06:37 PM*

Your ability to get money might make her wet

HurricaneHugues • 2 points • 12 September, 2019 08:18 PM

She either wants you or she doesnt. It's that simple.

Itsjustnickg • 1 point • 12 September, 2019 07:30 PM

<https://therationalmale.com/2013/12/03/saving-the-best/>

Protocol_Apollo • 0 points • 12 September, 2019 12:28 PM

As dickie said but also you can't do things like:

choreplay. Where you do chores for exchange of sex.

Essentially you can't exchange anything for sex apart from sex itself ie your pro of having sex is that you get to have sex with her and her pro of having sex is that she gets to have sex with you (not chores, not money etc).

Dnuts • 1 point • 12 September, 2019 01:38 PM

You forgot lifting....

OracleofFl • 3 points • 12 September, 2019 02:03 PM

It said top 3! I already knew about that one!

Alt_Mayday • -1 points • 12 September, 2019 10:59 AM

She is not yours, it is your turn.

What do u mean exactly

showerdudes9 • 21 points • 12 September, 2019 11:06 AM

Dont get attached to a borrowed item

Alt_Mayday • -1 points • 12 September, 2019 11:14 AM*

Ah now I get it. It was just phrased weirdly

dani098 • 6 points • 12 September, 2019 11:12 AM

This is one thing guy say and I just can't wrap my head around it. It sounds so fucking weak and beta.

SteveStJohn • 4 points • 12 September, 2019 12:23 PM

What do u mean exactly

Read the sidebar.

Alt_Mayday • -1 points • 12 September, 2019 02:27 PM

What does the sidebar have to do with this? I didn't understand what he meant because it was worded in a weird way.

Im honestly tired of people just spamming "rEaD tHe sIdEbAr" as a response for everything. Ive read the fucking sidebar prbably 10-20 times already.

fascinate_tempt • 7 points • 12 September, 2019 03:32 PM

Lets be honest. You have not

OracleofFl • -1 points • 12 September, 2019 02:09 PM

Read to sidebar.

Basically, chicks (particularly young hot ones) are wired for hypergamy. They are on the constant search for the next hotter, more powerful, more successful guy whether or not they are in a relationship.

FereallyRed • 81 points • 12 September, 2019 01:38 AM*

My highschool biology teacher was wise. His two pieces of advice to me were...

"Don't ever get a monkey as a pet, all they do is masturbate and throw shit around." AKA don't invite unnecessary drama into your life.

and "Don't ever have sex with someone crazier than you are." AKA don't stick your dick in crazy.

Redpill 80's style.

Mine...

of course..."Nobody is going to hand you the life you want."

then HumanSockPuppet..."You are a man. You are the only creature on this planet fit to accomplish anything of worth. And because of that, the rest of the world will always try to twist your mind, or twist your arm; to force you, by deception or by threat of imprisonment, to accomplish their goals instead of your own. Learn to recognize when this is happening, and take back control of your life, so you can do the things that YOU want to do."

then Ghandi..."Nobody can hurt me without my permission."

then Jordan..."I've missed more than 9,000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game-winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed."

then Patrice O'Neil..."Because if I lose my ability to catch fish, then you not gonna find me sexy no more. So you gotta smell fish on me, so that you know I can catch fish, so you can act right."

Lastly Jack Handey..."If you ever drop your keys into a river of molten lava, let'em go...because man, they're gone."

INNASKILLZ2K18 • 20 points • 12 September, 2019 04:34 AM

Fuck I love Patrice. He really shows that it actually is ok to discuss fight club, in a sense. Sometimes you have to change a woman's thinking. This is easier as you get older.

[deleted] • 12 points • 12 September, 2019 09:30 AM

Patrice fan here. Check out this hilarious clip of Patrice talking about Fight Club:

<https://www.youtube.com/watch?v=pfipIzr4JXE>

Check out this Patrice discussing movies playlist:

https://www.youtube.com/results?search_query=patrice+movies

On top of being the ultimate RP machine he was also a huge movie buff and had some excellent takes on modern cinema

itiswr1tten • 13 points • 12 September, 2019 04:34 AM

You're a fuckin historian.

[deleted] • 8 points • 12 September, 2019 09:28 AM

Ghandi was lucky it was the British he was protesting against. Try that against most other empires

throughout history and they'd find a way to hurt you without your permission lol Communist China is currently demonstrating this in Hong Kong.

Reformed65 • 1 point • 12 September, 2019 02:01 PM

Tell me where I can find this luck you speak of.

bruiser18 • -1 points • 12 September, 2019 12:50 PM

The British were one of the most evil empires in history...

[deleted] • -3 points • 12 September, 2019 01:48 PM

Yeah, that's total bullshit mate. You need to learn history and not just take in the SJW propaganda.

bruiser18 • 4 points • 12 September, 2019 02:29 PM

You're obviously taught differently in school.

SJW propaganda, wtf? I live in Ireland - a country who's population was reduced by half in the 19th century as a result of British genocide, who's language and traditions were stomped out and replaced with anglicized customs, where practicing our religion was illegal (google: penal laws Ireland), and these are just several examples. This is a country that was subject to British oppression for over 800 years, and this is not the only one. This happened the world over.

So no, mate. That is not total bullshit.

chandler_roark 1 points 13 September, 2019 03:30 AM* **[recovered]**

Oh, you're Irish. Go figure. Tell me, when was the last time "the British" oppressed you in your life?

bruiser18 • 1 point • 13 September, 2019 03:37 AM*

Tell me where I blamed the British for my problems personally? Because I didn't.

I spoke of what they did to Ireland, as in, the country.

Some empires were better and worse than others.

You don't say? Yeah they built much of the modern world, that doesn't justify the evilness of their actions.

skutt • 1 point • 12 September, 2019 11:11 PM

You're clearly too emotional about it to see it rationally. Just saying. You still need to take the pill.

bruiser18 • 2 points • 13 September, 2019 03:21 AM

You're right, I've caught feelings for the British empire.

All Empire Are Like That

Hard next, spin other empires.

Bluedog5x5 • 1 point • 13 September, 2019 02:14 AM

Wait I'm being a muscle-head is Patrice referring to plate theory?

boy_named_su • 34 points • 12 September, 2019 03:37 AM

Stay in shape. Chat up everyone. Don't nut in her

SolarTortality • 3 points • 12 September, 2019 06:38 PM

Golden

BarackTheObama • 22 points • 12 September, 2019 09:21 AM

Experience is what you get when you don't get what you want.

U can never trust a man that seeks female validation.

Also the world isn't Black and White and sometimes there is more to it than just „your turn“

showerdudes9 • 2 points • 12 September, 2019 11:20 AM

Can never trust a man who wont dance either

GayLubeOil • 69 points • 12 September, 2019 05:09 AM

The body can rot the mind, which is to say fat people are usually slow and stupid. The mind can rot the body which is to say some beliefs are physically degenerative such as feminism, liberalism and materialism.

Technology is destroying people's ability to think critically. Read difficult books to keep yourself sharp and no fagy self improvement books don't count. Those are for illiterate morons.

One of the most important qualities a man has is the ability to handle a lot of stress. You can increase your stress capacity by brutalizing yourself in the gym with high intensity workouts. Beta Cucks don't lift so you can use this high stress capacity to apply pressure.

The stronger physically mentally and intellectually you are the easier it will be to brutalize your competition when the need arises.

Masculinity is competition

[deleted] • 8 points • 12 September, 2019 05:54 AM

u/GayLubeOil,you always sound like Ayn Rand's spawn.

GayLubeOil • 4 points • 12 September, 2019 02:03 PM

That's concerning because the comment your responding to should out me as a hardline anti Objectivist. Which means you didn't read Ayn Rand well.

nobody_thinks • 0 points • 12 September, 2019 09:01 PM

any rand was a feminist cunt

[deleted] • 3 points • 12 September, 2019 07:59 AM

I recently read Schopenhauer's manifesto on Women. Anything you really recommend?

Mister_Lymon_Zerga • 1 point • 12 September, 2019 02:11 PM

My favourite books:

Surely You're Joking, Mr. Feynman!

Man's Search for Meaning

Do Work - Cal Newport

Siddhartha - Hermann Hess

SolarTortality • -2 points • 12 September, 2019 06:38 PM

The 48 laws of Power

GayLubeOil • 8 points • 12 September, 2019 06:45 PM

Is a book for corporate faggots who's first rule is to be a bourgeois normie conformie: think as you like and behave like others.

Anyone who thinks *think as you like and behave like others* is masculinity advice is subhuman.

huey764 • 3 points • 12 September, 2019 08:30 PM

You read Julius Evola?

jaxmurr • 1 point • 16 September, 2019 05:34 PM

Google "TRP bookshelf challenge gaylubeoil."

SolarTortality • 1 point • 12 September, 2019 08:28 PM

^ This is your brain on trying to hard to look like the alpha. There is trying to appear powerful and then there is actual cultivation of power continuously across decades.

That being said, the rule who are bitching about isn't an absolute rule. Anyone who can't derive immense value from the book is a complete contrarian homo.

GayLubeOil • 6 points • 12 September, 2019 09:52 PM

A book that literally tells people to conform and behave like others, offends no one and is enjoyed by beta rubes is an alpha guide? What a fucking retard. Hey let's do what all the other corporate beta fags do and hope for a different result!

Americans are deracinated Europeans who lack internal substance. They are hollow men with no values. A sales pitch without a product. This is their book.

48 laws of power is a method without a motive which is a perfect match for the purile American mind, a mind that just wants to follow rules and is too stupid to ask why.

SolarTortality • -2 points • 12 September, 2019 10:47 PM

Cope harder europoor

GayLubeOil • 4 points • 13 September, 2019 12:29 AM

Brilliant amerimut counterargument

SolarTortality • 0 points • 13 September, 2019 05:54 PM

The 48 laws of power is not a guidebook to be alpha. I don't know where you are getting that from, it's a Machiavellian analysis of power dynamics. Parts of it are fucked up, it isn't a guide for how to live your life, especially if you value ethics.

What it is though, is a book that will increase your awareness of the game of power, it will allow you to see deeper into the games other people are playing and if you have some amount of intelligence then maybe you can outmaneuver them.

Of course, if you are a 0.001 percentile gigachad then you will have no need for power

strategy nor any need for analyzing the power strategy of others. If you were really that good, however, you wouldn't be on this subreddit.

GayLubeOil • 3 points • 13 September, 2019 06:18 PM

I hope you understand how everything you just wrote affirms my criticism of 48 Laws of Power as a bourgeois liberal conformity manual.

SolarTortality • 1 point • 13 September, 2019 06:57 PM

If you cherry-pick from about 3 chapters then sure. I found it broadened my awareness of why powerful people do what they do, and how I can exploit that to increase my own power. I'm not going to argue anymore though. Your criticisms seem to come from an emotionally charged place, probably hatred of Jews or something lol

caius100 • 11 points • 12 September, 2019 11:48 AM

Never see a woman as a priority.

Appreciate your family or close ones, because, in the end, they are the only ones that truly care about you without a hidden agenda. And always take the beer with the boys over a late night fuck. Always.

Knowing people opens doors. So start getting to know people. Not just random people, but men of value.

To be accepted amongst men of value, you have to be a man of value. Become one by constantly improving yourself.

Last but not least, don't be a fucking pussy. Accept who you are. Don't be ashamed of it. Improvement is necessary, but love yourself during the whole process.

BeeBopJoe • 21 points • 12 September, 2019 02:29 AM

1 - money is priority, work on getting your career established 2 - lift like an animal 3 - avoid exerting energy on things/people who drain it

Deathrow22 • 2 points • 12 September, 2019 09:17 AM

3 is very important especially if you are new to RP

RainySeasonInPH • 33 points • 12 September, 2019 05:12 AM

Women are children. Not metaphorically children, or existentially children, actually children. They are not able to mentally develop into adulthood. Stop resenting this, and treat them as such, and pretty much everything else follows.

Fuck what other people think. You do you. You literally do not *know* anything that you haven't proven to be true, for yourself. Stick to that.

This last one is not specifically a RP teaching, but I'm gonna put it in here, for the many young guys on the sub: Time is short. Shorter than you think. By the time you are in your thirties, the tone and possibilities of the rest of your life will have been decided finally. Take risks *now*, intelligently, while you are young, when you can still recover from them. Gamble to win *now*, while you have an excess of energy. You have no idea how quickly that energy will run out.

dani098 • 13 points • 12 September, 2019 11:13 AM

The tone of your life is definitely not decided in your 30s. I'm gonna have to completely disagree with thst.
But they are wise words

re4d3 • 6 points • 12 September, 2019 07:36 AM

You do what you like, being unapologizing for yourself. You don't give a fuck what lesser people think. This might range from a criminal to redpilled leader of your family, choice is yours.

You keep your sports routine, which makes an iron skeleton of your schedule. Running, exercising in my case. You feel comfortable making other people feel uncomfortable.

UnbreakableFrame • 6 points • 12 September, 2019 12:44 PM

1. Blame yourself for everything you dislike about your life and you will always be the one with the power to change it.
2. Never stop reading, exercising, eating well, and sleeping well. Even a house of cards can stand tall on a stable foundation.
3. Don't hate women.

Vouch33r • 6 points • 12 September, 2019 08:18 AM

Suffer in silence

ThrowawayYAYAY2002 • 5 points • 12 September, 2019 10:07 AM

She's not yours, it's your turn.

Don't put all your eggs in one basket.

Be better today than yesterday.

JohnPettimore • 6 points • 12 September, 2019 02:12 PM

There are three major influencers of human behavior -- money, sex and status. This stuff is incredibly powerful, and usually unspoken.

Never, ever become dependent on a woman. For anything. They will always, sooner or later, use it for leverage. Become the Gray Man. The less people actually know about you, the better.

Metalgear222 • 4 points • 12 September, 2019 03:01 PM

Write your short term, intermediate, and long term goals down IN INK on a piece of paper twice. One goes on your bathroom mirror, the other goes in your wallet. Every year, rewrite them.

Seek to make uncomfortable things comfortable for you.

Build close relationships with strong valued men and nurture them. Women will come and go always, true friends are hard to come by.

T-P-T-W-P • 3 points • 12 September, 2019 12:59 PM

I'm not a "veteran" as I'm still in my early-mid twenties, I began with decent SMV/ game but RP expounded further on that/opened my eyes. Always had a feeling there was some form of deeper framework to society and TRP definitely put some of these things into perspective . I would say my three are:

Trust your gut and use common sense. I see so many threads on here asking for acute advice. No situation in

your life is ever going to be the same. This is not a place for one off answers, it's a place to better equip you for handling it yourself.

Do not use women as a barometer of success if you are swallowing the pill. Women grow less and less interesting the more experience you have. If you do improve and establish abundance, you will quickly realize how hollow the whole thing is in terms of truly fulfilling you. Until you want children, make them a fun hobby and grind towards the more important things you want in life.

Minimize your words while maximizing their weight when it comes to speaking.

whoareyou31 • 2 points • 12 September, 2019 08:37 AM

I see alot of people say having more money is important. Can someone elaborate on this?

i-am-the-prize • 6 points • 12 September, 2019 06:44 PM

I've been incredibly poor, nearly homeless as a teen. And I've been comfortable and what my former self would call 'rich'.

Money does not buy happiness.

but..

the lack of money does bring misery, in a multitude of ways:

lack of choices

lack of provisions

shit options

time monopolization

lessens your ability to pass up bad income streams

So focus on being "not poor" for starters, so you can think beyond sustenance. That's the key.

Being able to travel and occasionally stay in a legendary location/hotel/inn/spa/resort/chalet and sip the best life has to offer can be fun. But it's not necessary and won't make you truly happy, it's a treat; a reward for a job(s) well done. But the real reward is overcoming the adversity and challenge that along the way, if done with passion, will make you the dough.

Real happiness comes from within. And lack of money is what takes your focus away from working on your mission: ie: if you're working 2 shit jobs, hard to find time for the gym, self care, gaming/dating, and working on "long term" goals and projects.

So: have enough money to support your goals and mission, that's the important part. Set some aside for a rainy day (ie: 6 months income in liquid funds). Some traditional investments. Some passive income from side gig. And an active side hustle to keep your juices flowing (could be day trading, could be service economy, could be selling dildo's online - a friend of mine and his wife opened up a shop doing this, holy crap they're doing ok!)

alittletoosmooth • 4 points • 12 September, 2019 05:09 PM

Money = options. It's not necessary, but it sure as hell makes things easier.

Idontgetitboyz • 0 points • 12 September, 2019 09:33 AM

Well if you have money you can afford a gym sub and food. You get in great shape. If you have money you afford going out, so you meet people and can work on your approach skills. And these are the most basic things you can do.

theredspg 1 points 12 September, 2019 01:52 PM* [recovered]

If you have money, you can pay for sex for one.

ie skip this whole go to the gym/dating or whatever

RossDDMarshalls • 3 points • 12 September, 2019 05:16 PM

Dating is trivial, but hitting the gym is way more important than sex.

RStonePT • 2 points • 12 September, 2019 03:11 PM

1. Stop asking for advice and do something
2. Yes, that 'reason' you had for why you weren't doing that thing was lame and you're bullshitting yourself
3. Fuck you value leech, everyone here isn't your dad, you ain't shit and thats OK

FiveStarTendieDinner • 5 points • 12 September, 2019 05:56 AM

Life is about domination. Fuck everyone else.

Money is the end all be all. The more money you have. The more power you can buy.

Anything and anyone can be exploited for personal gain. Whether it's the mental health crisis, opioid epidemic, political leveraging. Use that shit for your own gain.

The truest measure of a man is how badly he can fuck up another man without killing them.

showerdudes9 • 8 points • 12 September, 2019 11:19 AM

You're getting confidence from external validation. You need to be able to be at peace, happy and confident af even if you are broke. If you can't do that, you will always be mentally weak

Startlivingfornow • -1 points • 12 September, 2019 07:15 PM

Lmfao. If you are happy while broke you are mentally weak. No one should be happy with being a loser

showerdudes9 • 4 points • 12 September, 2019 07:23 PM

Yes you should be absolutely, super fucking happy and confident even if you're homeless and don't have a dime to your name, while also super motivated to sort your shit and make money. The moment you start relying on validation from external sources, aka money/girls, is the moment you lose in life, period, because that means your strength and confidence will always come from external validation and only real losers and weakminded individuals get their confidence from that.

You think you have a better chance at sorting your shit if you're confident and happy while broke, or depressed, sad, angry?

Startlivingfornow • 1 point • 12 September, 2019 09:00 PM

Happiness is temporary as is sadness. Misery is also a component of success, going first to a place of feeling like a rookie to then solving your sticking points and eventually improving.

Paying too much attention to your emotional state will only hold you back.

A solutions orientated mindset - or positive mindset as it has been coined - is essential, but this is not the same as happiness, as you must acknowledge that you are miserable and need to change. (Self-awareness)

showerdudes9 • 1 point • 13 September, 2019 05:42 AM

Happiness is temporary as is sadness

Says who? Stop mumbling cliché quotes.

You can strive to change, and you will do so much easier by being happy with exactly where you are, yet strive to improve, to be better than you were yesterday. Misery need not to have any sort of place in your life at all, even if you're broke.

Startlivingfornow • 1 point • 13 September, 2019 08:49 AM

Improvement is not a happy state by default. It's the very reason that 90% of people involved in self improvement don't change.

Improvement involves facing your ego and all the bullshit you tell yourself so you can smile even when your life is terrible.

If you think that's a happy process, feel free to share what you're doing with me, because I've gone from average to top 10-20% in terms of looks, income, and game and I'll be blunt with you, it was fun as hell but there were times where the lows were lower than I've ever experienced.

Happy to hear more about your journey, unless you're just touting something you've read in a Mark Manson book

showerdudes9 • 1 point • 13 September, 2019 09:27 AM

It absolutely is a happy, enjoyable state by default if you have the correct mindset. Look at Arnold interviews. He always mentions how much he was smiling in the gym, people kept asking him why he was so happy all the time while others looked so miserable grinding their weights - he said simply because he had the correct mindset. The happiness came from knowing each rep he made took him closer to his goals.

I've been at the bottom, deeper than most people here for sure. Close to death-rock bottom and dug myself out of it with the correct mindset. It's irrelevant though as it's anecdotal. But I've not gone from average, I've gone from bottom 1% in terms of physical, mental and economical - to top 20 in all aspects.

"Fun" is completely irrelevant too. Feeling positive and happy about being challenged and beating them is key, no matter how brutal the challenge. I had parents and fiancée of 8 years plus best friend die within 2 years back to back. That was the biggest mental challenge for me. I'm not even going to get started on the physical ones which were way worse than average obesity or skinnyfuck trying to put on some muscle mass. Also during all of this I permanently lost sense of smell+taste. I'm still happier and more positive and confident than 99% of men I meet.

nobody_thinks • 2 points • 12 September, 2019 09:23 PM

this is how women think.

men think in terms of hierarchies / groups / gangs.

eventually there has to be in-group collaboration or your group becomes weak and is genocided.

RibRack • 1 point • 12 September, 2019 01:48 PM

Frame is still relevant when interacting with other men, jobs sites or work spaces, and in your free time.

You have to make things happen for your self, no one will hand you anything.

It's ok to take a second and think something through, even if you are under pressure, breathing goes a long way.

rpgedgar • 1 point • 12 September, 2019 02:56 PM

Read every day. Expanding your knowledge and vocabulary will give you more ways to experience and interact with the world.

Korque_3 • 1 point • 12 September, 2019 03:02 PM

-whats the worst that can happen -cowardice can actually hinder your growth, get the fuck out there. -tie your shoes and quit trippin

maljo24 • 1 point • 12 September, 2019 05:34 PM

Be confident. Be fit. Pursue your dreams and goals.

XT3M3 • 1 point • 12 September, 2019 08:58 PM

red pill while effective for getting girls really should be used to better your life as a whole and not just chasing women.

if you want to do something, just do it and own it , who cares if other people thinks your hobbies suck. just do it if it'll make you happy.

it is possible to be a "decent" person and to also have a fucking backbone. i reconmend reading no more mr nice guy. people want to be liked and to never have people hate them even if that means putting their own happiness to the shelf. fuck that. learn that people will just walk all over you if you keep that shit up. if you want tondo a "favor or a good deed" know why exactly you are doing it and not because you dont want someone to be pissed off at you.

at the same time, you dont need to be a "total asswipe" to be red pilld. most people here when they start off go from being mr awkward nice guy to the awkward neighborhood edgy jackass cause they think being alpha is being a outright dick. a bit a balance is needed as thanos said.

bonus: friendship with women isnt going to go the way you hoped 90% of the time especially if she sees you as her beta, its a one sided friendship . test to see if you have a quality female friend, ask them to do you a random favor and see what they do or how they react. moreso if you'll do favors for her with no questions asked. most of the time you'll get an excuse. I'll guarantee it

INNASKILLZ2K18 • 1 point • 13 September, 2019 01:11 AM

1) You are the master of your frame. You decide what does and doesn't enter it. The single greatest weapon you can have in defending your frame is amused mastery. You are the shit and everything that challenges that doesn't exist,or is at best amusing.

2) Learn to never place too much value in things/people outside of your control.

3)Laugh. Fucking laugh at all of it. The flakes, the sketchiness, the women, the game. Laugh. Enjoy yourself

4) Lift, motherfucker. Always lift. That is the secret ingredient. The shit that never lies.

5) There is never failure. Always learning opportunities. If you take everything as a chance to learn and improve, even when you lose something, the long-term gain can be far greater.

Yes, I did 5.

HurricaneHugues • 1 point • 12 September, 2019 08:18 PM

1. Read the sidebar
2. There's a sidebar on the main sub, check it out
3. Check the sidebar

There are no shortcuts to learning the TRP material.

Snowboard18[S] • 2 points • 12 September, 2019 08:19 PM

I'm not looking for a shortcut, just simply asking the vets what impacted them the most

HurricaneHugues • 1 point • 13 September, 2019 06:04 AM

In other words, you want evryone here to list a bunch of cliff notes so u don't have to read the sidebar. You might think we're all stupid here, but count me out. You're the one who will never learn anything

Snowboard18[S] • 2 points • 13 September, 2019 02:57 PM

Bitch I've read the sidebar multiple times it's just a question chill the hell out