

**Ok. I'm 53 divorced with 2 teenagers living at home. I am new to RP. I am seeing mostly posts from very young people. I am curious to know how many people on asktrp are close to my age and predicament?**

September 22, 2019 | 150 upvotes | by [wagweb](#)

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[/r/asktrp/comments/d7vn6i/ok\\_im\\_53\\_divorced\\_with\\_2\\_teenagers\\_living\\_at\\_home/](/r/asktrp/comments/d7vn6i/ok_im_53_divorced_with_2_teenagers_living_at_home/)

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## Comments

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hmsthinkingmeat • 123 points • 22 September, 2019 09:08 PM

I've just gone 50, divorced wife after 21 years, 2 teens, etc.

All I can say is that had I have had this knowledge and REALITY 20 years ago my ex wouldn't have made it past 12 months.

At our age there is no time for messing around and messing things up, so read the rules of the game, think how it applies to the women you have known, acknowledge how it is correct, and then act upon it.

It's not just about meeting girls or hving sex, it's about making your life the best it can be for you, so that you are happy and you look after the best interests of you rather than some manipulative bitch.

SinisterIntentions24 • 16 points • 23 September, 2019 05:27 AM

I know I'm about half your age, but I think a major part of TRP included more than just chasing tail. Yes the individual is the main focus, but imparting the wisdom is how ideologies are formed.

I think a major takeaway is to make sure we raise our children right. Instead of letting our young men turn into limp wristed SJW white knights, they can be raised to use their strengths. Stoicism, all that stuff.

Women aren't the focus of the world.

He has two teenage children, on mobile so I can reread his post but I think he's recently single. He should date around, and own it. Show his kids who he's dating, own all of it.

noobish\_senpai • 61 points • 22 September, 2019 08:21 PM

I think u/VasiliyZaitzev is around your age but idk about predicament. I do recommend looking at his profile though. Guy is a fucking legend.

wagweb[S] • 10 points • 22 September, 2019 08:28 PM

Thank you

VasiliyZaitzev • 70 points • 22 September, 2019 09:19 PM

You might benefit from MRP, depending. I'm 52, never married, no kids, and date/mate/plate women primarily in their early to mid 20s.

ZeppKfw • 16 points • 22 September, 2019 10:45 PM

If you don't mind me asking. Will you ever marry? Or is that unnecessary in your opinion?

VasiliyZaitzev • 82 points • 23 September, 2019 12:26 AM\*

Will you ever marry?

Why would I do that to myself? Give one woman the "ring of power"?

Or is that unnecessary in your opinion?

Unnecessary and dangerous.

Think of it this way. Most guys my age are either:

A. Divorce-raped, and paying a bitch ex-wife to fuck other guys and teach their kids to hate them.

or

B. Fucking overweight, 50+ y.o. pussy who thinks she's "earned" the right to be fat and ugly and he should love her how she is - basically fat and lazy - and she can be "fit at any weight!" or "sexy at any age!" or some bullshit like that.

I have a soft harem of young, hot, tight 20-something pussy. Plus a late 30s chick who keeps it Right, Tight and In The Light.

If one of my girls acts up, I put her on the shelf and bang another one...or two...or whatever.

If I dump one (or she walks away), I keep 100% of my assets and income.

Why the *FUCK* would any *SANE* man get married? The state has been weaponized against me. Fuck that noise.

I like women, like shagging them, I like their company. But I'm not getting caught up in the Divorce-Industrial complex.

DurgsRbaad • 8 points • 23 September, 2019 02:08 AM

What do you plan to do once you reach 60s/70s? Do you expect to still be able to get younger women then?

VasiliyZaitzev • 35 points • 23 September, 2019 02:47 AM

This is a variation of the "lonely old man" myth....*"But...but...but what about when you're 70?! Quick! Wife up some cankled, tatted single mom bar slut before all the good ones are taken!"*

**Never make decisions out of FEAR.**

A. When I was in my 20s, I never dreamed I'd be tapping 23 y.o. ass on the regular when I was 50.

B. I will arrive in my 70s without having had to hemorrhage my wealth to some woman who "changed her mind".

C. If I ever get the urge to wife someone up, I will. If I asked my OLTR to get married, she's say *"YES! How about tomorrow?"*

D. There is no need for me to sacrifice my present, highly satisfactory life because I'm *afraid* of being alone. I'm not afraid of being alone. Or much of anything, really. Not because I'm some kind of hero, but because once you have accepted the inevitability of death, you will no longer be afraid of anything:

*"With the end of the fear of death begins the death of fear."*

-From, The Sayings of Chairman Zaitzev

DirtJellyBeanz • 7 points • 23 September, 2019 03:04 AM

I like this guy, 26 year old checking in - throw some life experiences at us!

VasiliyZaitzev • 9 points • 23 September, 2019 03:30 AM

Have a look at "CorporateLand" on the askTRP sidebar. The second and third parts will be of interest to you I think.

jm51 • 5 points • 23 September, 2019 09:15 AM

but what about when you're 70?

I'm pushing 70 and get IOIs now and then. The youngest this year looked to be early to mid 40s.

Prexxla • 5 points • 23 September, 2019 02:10 AM

Hey man, I understand how messed up marriages are right now but have you ever thought of having kids?

VasiliyZaitzev • 11 points • 23 September, 2019 02:33 AM

You don't need to be married to have kids.

gootecks • 4 points • 23 September, 2019 01:26 AM

"Divorce-Industrial Complex" is the #brandnewsentence of the day for me

monsieurhire2 • 7 points • 23 September, 2019 01:28 AM

They have magazine. I believe it's called "Divorce .. something or other.." I'm not joking. Saw it at a gym. Started flipping through it, and it was all psychological ploys to get mildly dissatisfied people to commence divorce proceedings.

VasiliyZaitzev • 7 points • 23 September, 2019 02:53 AM

Google "Divorce Corp". There was a documentary of that name, narrated by "Dr. Drew" Pinsky about how fucked up the US divorce system is.

MGTOWAlfa • 2 points • 23 September, 2019 09:48 AM

Just saw that a few weeks ago... Solidified it for me.

Got divorced 10 yrs ago at 30 and got into a relationship right after for another 10 yrs (ex now). Think I'm good on that. There no upside for us anymore. Besides I have 3 sons to carry on my name, so that's enough for me.

bigskymind 1 points 23 September, 2019 04:57 AM **[recovered]**

Where do you meet these women? I'm 52 and recently single again after just dumping a 45yo who was pushing for me to commit. I'm enjoying just being free and focussing on myself again right now, but really, women in their 40's don't do it for me. But I'm a bit clueless on how and where to meet younger women.

VasiliyZaitzev • 7 points • 23 September, 2019 08:24 AM

I Day Game like it's my job. I'm an extrovert, so it's easy for me.

See also:

**Older Men, Younger Women: How & When It Can Work**

-For Older Men who prefer Younger Women, and *vice versa*.

**Older Men, Younger Women, Part II**

-More Fun With Younger Women.

**For Online Daters, Women Peak at 18 While Men Peak at 50, Study Finds.**

-Even More Fun With Younger Women.

caius100 • 2 points • 22 September, 2019 11:40 PM

I would love to know the answer too

VasilyZaitzev • 15 points • 23 September, 2019 12:27 AM

I'm a deal guy. It seems like a shit deal.

caius100 • 2 points • 23 September, 2019 09:24 AM

Thank you for your time!

wagweb[S] • 1 point • 30 September, 2019 08:10 PM

Yes. Subscribed. Thanks

BusterVadge • 55 points • 22 September, 2019 11:00 PM

I'm 45, divorced, 3 daughters who I share custody with (1 is college aged).

TRP improved my life by motivating me to lift, tighten up my game, and to adopt a stronger mindset. I have always been good with people but in the last 2 or so years my life's been an amazing adventure.

I've gone from kind of skinny-fat to having a body that women drool over. My last plates were 29, 28, and 29. Last date was with a 25 year old and have 3 dates lined up for this week. 35, 30, and 24. All 7's or better.

First thing I would do is change your attitude. Your life situation is not a "predicament".

cudder17 • 7 points • 23 September, 2019 12:51 AM

Good shit man

sanji\_97 • 5 points • 23 September, 2019 12:11 AM

Good for you.

unn4med • 3 points • 23 September, 2019 05:05 AM

Keep it up man!

mountainbiker178 • 2 points • 23 September, 2019 11:55 AM

Do you get your plates from day game, night game, and/or online dating?

BusterVadge • 5 points • 23 September, 2019 12:21 PM

All of the above. I mostly stick to day game since most of my night time hangouts are not pick up spots. Most of my "night game" is actually social circle game. But I call it night game since it usually happens over drinks.

Lately I've been having success with online dating, when a couple of years ago I hadn't seen much success. To be fair, my body has improved a lot since then.

atticusfinch1973 • 42 points • 22 September, 2019 09:21 PM

I'm 44. There are older guys here. Many of us just don't bother posting much because of the population being much younger and the same advice doesn't always resonate.

If you post about your predicament we can all make a point of chiming in.

CaptainFajita • 27 points • 22 September, 2019 10:43 PM

I was about 50 when I discovered it, newly divorced with three teen-aged kids, had just suffered a pretty bad business failure, and was 100 pounds overweight.

TRP literally saved my life.

Zanford • 20 points • 22 September, 2019 08:47 PM

Not your question, but TRP advice always applies. Lift, get fit, and get out. Teenagers don't need to be micromanaged anymore, so you should have time to do your own shit like lift and date.

If you get shit test by women about your age, having kids, or divorcee status, don't ever show any sort of defensiveness. Nuclear script-flip with responses like "It's liberating to've secured a genetic legacy." You'll probably attract near-wall women with baby fever, so wrap it up unless you've decided you want a second family with so-and-so.

ugluk1 • 0 points • 22 September, 2019 09:07 PM

Get out?

rpMadler • 13 points • 22 September, 2019 10:16 PM

I'm guessing get out of the house, get out and meet people, get out and approach. Don't just sit at home with the kids.

Zanford • 1 point • 22 September, 2019 09:07 PM

?

Organicana • 7 points • 23 September, 2019 12:07 AM

53 yr old male ..... Divorced a few yrs ago after a 30+ yr marriage started right after high school after getting my girlfriend pregnant. Kids are now adults.

You have already received some good comments, so I wont elaborate on whats been touched upon.

Best thing I can say being your new to both RP and being divorced is this ..... Focus on YOU while absorbing the info here and NOT just reading or immersing yourself in all this info. If you dont already regularly go to the gym .... Join one NOW. Get yourself on a schedule concerning your time and stick to it religiously. Set aside maybe an hour a day to read or absorb RP info and fight the urge to compulsively consume RP diatribe or its real easy to get stuck in theory mode and not get out and adapt within real experiences ..... Theory is great but practice, observation and failures will allow you to incorporate RP in your life in ways you will never realize just reading.

Let go of any anger or frustrations and channel that energy into improving yourself. Stay away from alcohol and/or drugs as they will make you slow and regressive. Maintain a solid relationship with your kids and prioritize those relationships right after YOU. No matter the obstacles, frustrations and injustices. ... know that you are setting the example for your kids so maintaining the high road is of the highest priority no matter the seduction of revenge, seeking pity or sympathy ..... Nobody cares and its just all ego masterbation.

Thats the best I can come up with off the top of my head, but feel free to reach out to me should you need some comradary from someone who has been there and done that. Keep your head up and know it gets better. In fact, you will eventually reach a point in the future where your perception changes drastically and what once was viewed as disastrous changes into a blessing.

Godspeed brother

SeasonedRP • 7 points • 22 September, 2019 08:40 PM

I am slightly younger than you and have two teens at home.

Truedemocracy5 • 12 points • 22 September, 2019 11:10 PM

Check out married red pill for advice from more similar people. Do wish we had age callouts here and on the redpill sub. A 17 year old giving advice to a 50 year old is ridiculous

mountainbiker178 • 3 points • 23 September, 2019 11:56 AM

I agree. If like to see our age/decade as flair. Of course I'm not sure how accurate it would be...

wagweb[S] • 1 point • 30 September, 2019 08:13 PM

Yep, subscribed. Thanks

LethalShade • 1 point • 26 September, 2019 05:02 AM

Everyone can help everyone. Obviously a more experience man has more wisdom to impart but it'd be foolish to think you can't learn anything from someone younger than you.

nabosch • 1 point • 27 September, 2019 09:28 PM

Right, there is plenty to be learned from the 24-year-old who has 20+ notches vs the 50-year-old who just got burned after marrying his hs sweetheart.

MajIssuesCaptObvious • 11 points • 22 September, 2019 11:56 PM

42 with 1 teenager left at home. Single, MGTOW but not a woman hater; I love women, I just won't commit nor cohabitate. I'm pretty straight up with telling the women I date that I'm non committal, but I never mention MGTOW. Some keep dating me, those who want marriage and kids move on.

Life is great!

mountainbiker178 • 2 points • 23 September, 2019 11:59 AM\*

I'm pretty straight up with telling the women I date that I'm non committal

Do you wait until *The Talk* to announce that?

MajIssuesCaptObvious • 3 points • 24 September, 2019 11:22 AM\*

Usually in the conversation when we first match on an app or when I first meet them out somewhere, after a good bit of chit chat to charm them and to see if I like them as well.

I won't actually say, "I'm non committal." You gotta be smoother than that. I say that I'm a point in my life where I don't want something too serious because I'm focusing on my hobbies and work but I'd like to find someone to hang with and have a good time.

Sometimes I'll put on my online profile, "I'm past the marriage and kids phase of my life, so just looking to hang out and enjoy life," or something along those lines. There are women in that phase of their life as well, and those are the ones I'm interested in dating.

Gtrplyr3838 • 5 points • 23 September, 2019 12:24 PM

I'm 55 with 4 kids. Married twice (slow learner). No more. I have been dating a 25 y.o. for some time. When I split from the last marriage, I hit the gym hard and lost over 60 pounds. I am very fit and lean now, and it is much easier to game younger women. Getting fit and a flat stomach will help a lot to get their attention. The rest is your confidence and frame. Realize that many guys in their mid 20s are still living at home and don't have

their act together.

anonbast • 6 points • 22 September, 2019 11:46 PM

45 with a teenage son with me full time. Found TRP about 1 year ago and the info and advice is gold and applicable. You must apply it yourself, i.e., get in shape, find your mission and develop abundance mentality. Today was a good day, been with my kid, fucked 2 of my current women and now a deserved rest.

Gordon-G • 3 points • 23 September, 2019 06:03 AM

I was divorce raped twice. Kids now in college.

\_Ulan\_ • 2 points • 23 September, 2019 11:07 AM

Urgh, I hope you enjoy your freedom now

\_Ulan\_ • 3 points • 23 September, 2019 07:51 AM

Welcome to you young man, I hope you fully enjoy your 50's

MGTOWAlfa • 3 points • 23 September, 2019 09:55 AM

40 yr old here. There plenty of us here. Old dogs can be taught new tricks.

A lot of us lurk because the young out weigh the old in here and some of the past don't apply to us. We're not in high school or in college for that matter.

We've lived, have or had families so there's somewhat of an age Gap but trp applies to every man willing to take said RP.

WakeUpAlreadyDude • 3 points • 23 September, 2019 11:47 AM

We're out here, just not as chatty as the younger men. Same advice for everyone. Read the material. Lift and maintain frame. I'm terrible at this so far, but better off than I'd be without TRP.

OfficerWade • 3 points • 23 September, 2019 03:33 PM\*

I'm 27- came here after the mother of my only child start d dating guys behind my back while working out of town. (Hint: families fall apart if you're not there to hold it together)

So I came here looking for one simple trick to make me remember who I was before locking it down in a 7 year relationship, the guy I was who was funny, humorous and had lots of guy friends. That wouldn't turn down a drink with his buddies.

That one single trick was what I was looking for and I found out there's many *tricks*

Relationships.

Work.

Families.

Friends.

Hobbies.

These are all tricks to keep the mind preoccupied so you don't think about death, taxes and fall into a depression. Other than that my advice for older guys is to talk to guys your age. Even though we all go through the same patterns. I know that might not be the answer you were looking for. Peace out Girl Scout.

boardrider73 • 4 points • 22 September, 2019 10:27 PM



45 here. Have one son whos not quite a teenager yet. I have him 4-5 days/week. Been divorced for three years. My ex wife got me here. Been working on RP principles for about 4 years. Feel free to DM me if you have any questions.

jrterry1969 • 4 points • 23 September, 2019 12:06 AM

I am 54, divorced three years, three kids. TRP has helped a lot. I've had a fantastic series of sexual relationships with women from 39 to 59.

RicoDunne • 3 points • 22 September, 2019 10:13 PM

Go to married red pill, men more in your age range and experience with ex's and kids.

BeetaAF • 3 points • 23 September, 2019 08:29 AM

Married red pill isn't about age. It's about captaining the ship in an LTR/marriage, and usually for guys that have been a drunk captain for years.

Asktrp/trp is fine for all ages, cos AWALT.

wagweb[S] • 1 point • 30 September, 2019 08:17 PM

MarriedRP - Is also good to see all of my failings and how to not make the same mistakes again.

wagweb[S] • 1 point • 30 September, 2019 08:15 PM

Subscribed - Thanks

HaroldTFinch • 5 points • 22 September, 2019 10:40 PM

52 not married, no kids. I prefer late twenties and up. Just get your things in order. Most guys have 'mailed it in' by 30. Up and coming kids are more obese than ever. Plenty of opportunity

wagweb[S] • 1 point • 30 September, 2019 08:19 PM

I'd love to know your strategy for these young women. I'm sure frame and game.

HaroldTFinch • 3 points • 30 September, 2019 09:14 PM

Hardly any game, look to frame.

I do my things. I'm busy. Great job. Primary focus is not women. This winter, restoring a couple bikes. Informed my number one (doctor looking for LTR) I'm going to be extra busy on that. I think women love that. She looked disappointed and then asked for a ride when done. Frame. She knows after that it will be something other than beer and chips on the sofa watching the game and she wants in on that. Avoid complacency for everything. Never playing video games. Won't ever pull a slot or play bingo when really old.

It's about emotional movement. Once that disappears it gets downhill. Buy a car. What happens before you buy it? Excited or anticipation going on? A month later you flatline on it if it is average. Ferrari, Shelby or Bugatti? Keeps the interest because it's on your emotional edge and can challenge you every time you drive it and bite you in the ass bad for mistakes.

Just do your things and have things to do. Don't be boring to another guy and you sure as hell aren't going to be boring to a woman.

Don't talk a lot when you can act.

Read 100 years of solitude. Tell me what you think about the men and women in that.

wagweb[S] • 2 points • 1 October, 2019 10:16 PM

Thanks for the reply. I haven't ridden since I got married. I am now looking at a 1979 Suzuki kicker to rebuild into a cafe racer. Nice to be back in the game.

HaroldTFinch • 2 points • 1 October, 2019 11:20 PM

Doing a Yoshima cafe build on a 75 cb400. Thinking about a new take on a Bimota swingarm done for the same model.

Seems like you know what you need to do already

wagweb[S] • 1 point • 2 October, 2019 12:37 AM

Very cool!! This is my first cafe build. I'll be building with a couple friends (a welder and a mechanic) that helped rebuild my wrecked Katana from the frame up. My last bike was a Ducati Paso 750. I'm excited to ride again.

Herdseengineers • 2 points • 23 September, 2019 04:25 PM

44, one 15 year old son, 50/50 custody. Divorcee, and remarried about a year and a half ago to woman that's as close RP'd as you can get.

Been through 3 custody fights, but that phase seems to have settled down. TRP has been great, I had a naturally RP'd dad, but he wasn't real good about transmitting it and he was also a bit messed up by FOO issues and Vietnam combat related PTSD. Most of TRP I knew, but TRP put it in articulated fashion and made it easier to recognize playing out in life. I'm down 50 lbs, lifting more than ever, and dominating life.

The lesson is easy - build yourself into the best version of you that you can be. Have boundaries that prevent time wasters and leeches from distracting or leeching off you. Only allow people (women especially) into your life that bring value to it and are good matches to your values. Never think that a woman who will let you fuck her brings value in terms of sex. They all have vagina's, they all bring that. It's not special. In fact a woman that only brings sex with her is nothing more than a time waster and isn't worth the trouble. Only let women into your life that bring something to the table besides their asses. Turns out most think that's all they need to do, there are precious few that actually want to bring more.

Pussyshack 1 points 23 September, 2019 07:44 PM **[recovered]**

43 yo here, divorced twice. Zero divorce rape both times. Probably something to do with the fact that I'm a ruthless motherfucker when it comes to being betrayed by bitches and I enjoyed putting both of them in poor houses where I still make almost 300K.

You're not in any "predicament." Get fit, get your shit in order & you'll be just fine.

WabbleWobb • 1 point • 25 September, 2019 05:30 PM

rape both times. Probably something to do with the fact that I'm a ruthless motherfucker when it comes to being

Did you sign a prenup or what?

Compeliminator • 2 points • 23 September, 2019 10:15 PM

55 year old here. I just put a post up about a month ago on here about my girlfriend leaving me for someone who is older shorter fat and out of shape. being in good shape has allowed me to pick up numerous hot girls in the last month. i was amazed at how well i did

wagweb[S] • 1 point • 30 September, 2019 08:08 PM

Can you post a link to that post. I am still new to how reddit works. Even though I'm new to RP - I have learned AWALT.

LAdude71 • 2 points • 25 September, 2019 01:45 PM

I'm 48. Divorced @ 28. Been single & blue pilld for 12 yrs. Got into a relationship @ 40. Dumped her at 46. Got red pilld last year @48

wagweb[S] • 1 point • 30 September, 2019 08:07 PM

Thank you for chiming in. Good to know I'm not the only person in the upper forties to lower fifties.

RedPillFusion • 3 points • 23 September, 2019 12:24 AM

I'm 36 divorced with my son at home with me. Good to have another older feller around.

treeplease12 • 3 points • 23 September, 2019 01:41 AM

36/m, divorced, no kids. Took the red pill several years ago at most, still doing my best to absorb it. The theory rings true, I believe it, I see my glaring faults and I am struggling to internalize these truths. Little by little I make progress

matrixtospartanatLV • 2 points • 23 September, 2019 04:26 AM

I'm 57.

Check out askMRP and MRP.

Along the way check out The Unchained Man by Caleb Jones at Blackdragon.

Welcome to your new reality.

It can suck for awhile, but it is ultimately much better than the alternative.

00chuffer • 2 points • 22 September, 2019 11:52 PM

I'm in nearly same spot but my kids are in their 20's. I'll never get married again. Way happier being single even though I lost my health.

oldrunnerguy • 3 points • 23 September, 2019 12:14 AM

56 years old. Greatly agree with your comment. I'll never get married again myself. It hurt when she left, but then I began to realize that I didn't miss all the drama and bullshit.

Obnoxiousjimmyjames • 2 points • 23 September, 2019 03:23 AM

44 never married, no kids, currently single. Trying to implement more redpill in my life.

rednailz • 2 points • 23 September, 2019 03:56 AM

Welcome! I'm 55 and have a 20 year old and a 16 year old at home. It's not too late. I started reading TRP a few years ago when people were slamming it. There's wisdom here if you let go of some preconceptions.

QSDT • 2 points • 23 September, 2019 04:11 AM

45, two kids 7,9, divorced, remarried.

matrixtospartanatLV • 2 points • 23 September, 2019 04:26 AM

I'm 57.

Check out askMRP and MRP.

Along the way check out The Unchained Man by Caleb Jones at Blackdragon.

Welcome to your new reality.

It can suck for awhile, but it is ultimately much better than the alternative.

troyohchatter • 2 points • 22 September, 2019 11:27 PM

I am 51 but not in your situation.

wagweb[S] • 1 point • 26 September, 2019 02:00 AM

Thank you all for chiming in. It is nice to find a community. My story is not unique. In fact after finding RP, it turns out my story is so common you could have written a scrip. Thanks again. I feel I am in great company.

wagweb[S] • 1 point • 30 September, 2019 08:28 PM

Just a little update as to my life since divorce:

I got married became a dad and was very involved with the church for 17 yrs - until my ex decided she didn't want to be married and had an affair with Chad.

Anyway - since the divorce at 50+ yrs old I've learned about RP and practice it in an LTR. I've started getting gigs playing guitar as a singer songwriter, I've skied more that I have my entire marriage, I mountain bike (and for the first time own a decent bike), workout 3-5 days a week and travel. I have a great relationship with my kids - I have them a majority of the time.

I feel like life is just starting. It is certainly better because of RP. I see women and men differently - and I am teaching my boys about it now.

wagweb[S] • 1 point • 1 October, 2019 10:11 PM\*

Thanks for all the replies!