

Let's Talk Pillow Talk

October 7, 2019 | 803 upvotes | by [amphix339](#)

I feel like this isn't talked about enough and I haven't seen any specific mention in the sidebar.

Stop. Talking. After. Sex.

You Mr. Thundercock has slayed Miss Karen after weeks of passing frame and holding shit tests. You've been going into your local gym without swiping your membership because you're alfa AF and been meditating in Tibet to channel your inner Chad.

But the moment you bust your nut and your women lays next to you, you start spouting all your life stories. Now don't get me wrong, good pussy might get you delirious. Feel free to say whatever the fuck you want. But don't start talking about your emotional bitch shit; she doesn't care your daddy spanked you till you were 15.

I apologise if I come across a little feisty, it's just that I had an 8 hour shift with the town thot and she had the nerve to talk shit about this dude who poured out his heart to her. Now here she is the next day telling me how much of a bitch he is and sharing his business with me, shit that he shared with her in confidence and in the confines of his bedroom. But ofcourse this slut doesn't give a fuck because she just thinks her doormat of a pussy was made by God's right hand.

Anyway, this is all to reinforce the importance of frame. Use your "post nut clarity" to plan and execute something productive with your life, not to give validation to some excuse of a female. If you were a rock of a man before the lay but then turn into Kenny the Parrot after, she's going to feed her ego thinking her pussy was so good that she broke you. This is a guarantee that her pussy will remain drier than an Arab's nutsack on Ramadan.

Keep the pillow talk to a minimum. Don't talk about your negatives. Don't talk about your exes. Don't talk about your friends or family. Ofcourse this might be different if she's your LTR but even then what you say must be calculated.

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Comments

AutoModerator[M] [score hidden] 7 October, 2019 08:14 AM stickied comment

Why are we quarantined? The admin don't want you to know.

Register on our backup site: <https://www.trp.red> and reserve your reddit name today.

I am a bot, and this action was performed automatically. Please contact the moderators of this subreddit if you have any questions or concerns.

TheGweatandTewwible • 90 points • 7 October, 2019 01:27 PM

I mean, there's huge middle ground between just talking and chilling versus telling a gal your life story. So imo, just talk and have normal convo. Don't confuse fellow RP autists even more than they are

esirrus18 • 25 points • 8 October, 2019 09:05 AM

This! After i bust a nut, we're just chilling on the bed and have some interesting convos, you learn a lot from girls after the deed is done. Of Course don't tell her your problems...heck don't tell anyone your problems

AgentSmith1992 • 15 points • 9 October, 2019 04:55 PM

heck don't tell anyone your problems

Whoa there I think an important part of being able to keep yourself together with your woman or any women you're banging is to make sure that you have some buddies who you can talk to about your problems whether they be drinking buddies or just other close friends I think it's important to have those people who you do talk to your problems about

eight-acorn • 14 points • 8 October, 2019 07:22 PM

If you, as a dude, start "spilling your guts" to a bimbo after one sweaty night after busting a nut in/ on her, you have issues.

1. You have no real close friends or anyone to lay your shit on, hence the only chance is the forced intimacy of sweaty naked sex. Which is pathetic.
2. You must be pretty fucking mesmerized by pussy/ sex to think it's some kind of awakening moment. Yeah it could be fantastic but so can food. I don't go back to the chef and tell him about my dead dog. You're not getting laid enough and putting pussy on a pedestal. But it's probably mostly #1.

Life as an adult male --- even with tons of good friends and girls -- every leader/ alpha male will live somewhat of a solitary existence in some respects. Can't really fully share everything with everyone.

[deleted] • 6 points • 9 October, 2019 01:38 AM

Well said, the alpha path is lonely

TheGweatandTewwible • 2 points • 8 October, 2019 11:08 PM

I agree. That's why I said there's a lot of middle ground between spilling guts and just chilling. What does "spilling your guts" even mean in this context, anyways? Because I'd like to think that if you at least follow the ground rules of TRP, you should have some common sense and not turn into an absolute

simps the moment you bust a nut.

Chaddeus_Rex • 4 points • 12 October, 2019 07:30 PM

Protip - instead of telling your life story - ask hers!

viensviens • 185 points • 7 October, 2019 09:53 AM

I'm one of those dudes who like to talk and sometimes I reveal too much unneeded info. As much as during these "bonding" sessions it feels right opening up, I've had plenty of cases where it was used against me later on.. I guess its human after all, to open up our vulnerabilities, since having been able to just talk about superficial stuffs gets boring really fast.. Grandpa once said to me: "speaking is silver - silence is gold" he continued "think about how many times you've regretted opening your mouth.. and think how many times you've regretted just not saying anything.." if only these relationships lasted for a lifetime.. then it would be different.. but since it's a matter of weeks, months and maybe.. couple of years, one must be very specific regarding whom to open up.. its sad bros..

rainier-351[] • 41 points • 7 October, 2019 12:35 PM

Your grandpa is spot on! Wish I had learned this years ago. Before beginning my TRP journey I would try to emulate the "players" in my small hometown. Their game was basically run your mouth non stop and to compete with each other you would talk louder than the guy next to you. I wasted a lot of years doing this.

nicethingyoucanthave • 75 points • 7 October, 2019 01:05 PM

its human after all, to open up our vulnerabilities

Not to your girl, and not to your children. In both cases, it's just an inappropriate audience.

A parent who "opens up" to his kids about how he's worried he might get fired and they'll be homeless is a bad parent. A man who opens up to his woman about something similar is an idiot boyfriend.

Your grandpa was right, but I'll add this: get yourself some guy friends; some drinking buddies. You can talk about this stuff with guys, but don't lay it on your girl or your children. You should be a rock to both of them - act like nothing bothers you.

Chaddeus_Rex • 6 points • 12 October, 2019 07:29 PM

Why was the Soviet spy program so effective?

Because they would have women seduce enemy officers and dignitaries and then they would open up to these women and spill state secrets.

Don't be like foreign officers/dignitaries - she may be a Russian spy.

miserablesisyphus • 4 points • 9 October, 2019 01:06 AM

After you slay it, just lay down and pull her to you and wrap your arm around her. She'll almost certainly curl up and put her hand on your chest and wrap her leg around yours. Put your other hand behind your head and bask in the glory. Now just shut your mouth. You might want to complement her, thank her, or whatever but just let the silence linger. She'll likely ask you a question or comment how great it was and without using words just give a quick "mmhm", etc.. Lay there with her until she gets up to clean off or whatever and then smile as she walks bare ass to the bathroom. Assuming you killed it, she's going to be rambling some non coherent shit about how great it was. You know, you do it all the time. Enjoy watching and listening to them gush over it.

frognads • 3 points • 9 October, 2019 10:58 AM

Nailed it. Even better is when she goes "what the fuck did you do to my legs!"

Mayin_ • 1 point • 8 October, 2019 09:44 PM

It is fine to open up if a person makes fun of you for who you are, with a goal of hurting you in mind they are probably a shiity person that are not worth the time of day.

MR_SKINNYPENIS69 • 254 points • 7 October, 2019 09:04 AM

Speak for yourself, I continue to game even after I've shot my load. Never stop, bros.

RedHoodhandles • 163 points • 7 October, 2019 10:28 AM

As your username implies, you damn well should..

MR_SKINNYPENIS69 • 63 points • 7 October, 2019 12:54 PM

It may be skinnier than a cigarette but it's incredibly long bruh

TheGweatandTewwible • 45 points • 7 October, 2019 01:24 PM

Pencil dick bois unite

MR_SKINNYPENIS69 • 6 points • 8 October, 2019 01:20 AM

Come brother, let us gingerly touch tips!

masterpiece00 • 9 points • 7 October, 2019 01:27 PM

Average isn't measured in length for nothing, 6 inches is close enough to it.

Mayin_ • 1 point • 8 October, 2019 09:47 PM

My pinki is thicker then a cig not by much though.

SexdictatorLucifer • 1 point • 11 October, 2019 01:12 PM

Same sitch here. No sensation other than my pounding spearhead. Straight to the cervix, no bullshit. True masculine design.

shark30k • -4 points • 7 October, 2019 02:45 PM

Reminded me of Something xxxtentacion said in an interview. RIP x.

Chaddeus_Rex • 4 points • 12 October, 2019 07:32 PM

After I bust my nut, I just want her to leave and to do my own thing. My patience wears thin....

I dunno how you do it.

ILikeToBurnMoney • 1 point • 10 October, 2019 06:23 AM

I like to give her the good ol' "And, how was I?"

bearholdingbeer • 198 points • 7 October, 2019 08:41 AM

AWALT. Its not different in LTR if you want her to respect and look up to you, as you said, Mr. Chad Thundercock just fucked his girl and now its time to move onto something productive, hand her napkins, take a shower and do whatever you feel like doing but dont ever share your emotions especially after sex.

Good post

CasaDeFranco • 40 points • 8 October, 2019 01:24 AM*

My natural impulse after sex was to lay back, light a cigarette and enjoy a deeper conversation.

I no longer smoke, but still I find a woman is most honest when she's naked and physically exhausted.

Often in the silence they just reveal truths they otherwise wouldn't.

Chaddeus_Rex • 2 points • 12 October, 2019 07:33 PM

Is it just me or do all women say they're tired half way through sex, when i'm just getting warmed up.....

Qba1994 1 points 7 October, 2019 08:52 AM **[recovered]**

When is the best time to tell my LTR that I love her if not after sex/ during? We've been together for 4 months and I haven't told her yet. But I developed feelings and now I do love her and her behavior varies a lot from being horny and wanting sex to going without sex for 3 weeks. I simply want to give her some comfort and be nice to her from time to time but I don't know if saying I love you will give her a lot of power over me...

nicethingyoucanthave • 86 points • 7 October, 2019 01:57 PM

best time to tell my LTR that I love

Like the other replies, I can't tell if you're being sarcastic or trolling either, but maybe some other guys will benefit from these answers even if you're not serious.

u/100kmhperminute's comment should say "The Sixteen Commandments Of Poon" not "Poor" - definitely read that.

But I have to tell you, man, I've had several girls tell me they love me since I found the red pill. I haven't told any of them "I love you too." Before the red pill, I would reciprocate immediately - just jump right in. If she liked me I liked her too. If she loved me I loved her too. If she wanted commitment she got it. That's me being a "good guy" and what I got in return for it was the standard blue pill relationship, which just fizzles out.

After taking the pill, I haven't told any woman I love her, not even the ones who loved me. And here's the thing, all these relationships lasted longer, and all these women treated me better and were more devoted to me than any before. I get exactly what I want and frankly, I think the women are happier too. They're happier because the feeling stay stronger for longer.

To be clear, I felt the same way about them that I felt about every girlfriend before, going all the way back to high school; the same way I felt about my wife too. I just didn't say the words, because the words are commitment.

The most I gave to any of them was along the lines of, "you treat me really well" - more often it was, "I like having you around." These women were more thankful for those comparatively bland words of validation than any woman I've ever dated was thankful for me saying "I love you"

And I reward them too by treating them really well. I take them out and I pay for shit, etc. Obviously, don't do that hoping a girl will fuck you - she won't. But a girl who is fucking you and acting the way you want her to act - go ahead and splurge a little.

When a girl says "I love you" the first time, I hold her tight and give her a lot of comfort, but I don't

really say anything. It's a big turn on (because it's a bit submissive) so I usually end up fucking her again right when she says it. Some of the best sex ever is when a girl really gives herself to you like that.

Next, they usually repeat the statement in a text conversation. I'm flirting with them, being sexual and funny, and they'll say "god I love you." I use this moment to establish it as a one-way street. She says it, and I joke about it. It works really well and I'm not kidding when I say these women seem happier than girlfriends who had the full "I love you" commitment from me.

When I say "joke" I mean that I literally make a joke out of it. Like this:

<https://www.youtube.com/watch?v=s2ZdJtJo4Ok> - I've sent that to three women, no shit. And then I start saying it in person. "Shut up baby, I know it." It's not cruel or dismissive. Women enjoy being in love with a worthy man, and it's not necessary for you to return that commitment. They've got legions of Instagram followers giving them love. What they want from you is strength.

But okay, I'll also answer the question you actually asked. If I was going to tell a girl I love her, when and how would I do it? I would treat it like it was as big a deal as a marriage proposal. I would take her to a beautiful spot, we'd watch the sunset, I'd look into her eyes and tell her that she's been good to me and I appreciate the way she's been acting, "and I want you to know that I love you too"

I definitely would **not** do it while lying flat on my back after sex.

BACONisKEWLEST • 17 points • 7 October, 2019 04:06 PM

Top notch comment, thanks for articulating this.

infamous3238 • 14 points • 7 October, 2019 06:55 PM

Great reply, thanks I needed this. Shame it's buried deep in the comments after a heavily downvoted troll.

BeneathTheSassafras • 2 points • 8 October, 2019 01:01 AM

So much truth here. Preach it

XLNC- • 90 points • 7 October, 2019 09:01 AM*

I can't tell if your comment is sarcastic.

Let's presume you're serious; never say I love you before her and definitely don't be saying I love you just 4 months in.

Even if you have these feelings/thoughts, seek abundance to ground yourself again and realize you're not in love with her, you have just become attached to her pussy.

100kmhperminute • 22 points • 7 October, 2019 09:00 AM

Look up The Sixteen Commandments Of Poor. The first one is Never say 'I Love You' first.

Qba1994 • -8 points • 7 October, 2019 09:13 AM

She did write me "love you" when went on a camp once. Then she is telling me that I never say anything to her, which was the indication of "I love you" words. But she never said it to my face. And I didn't respond to her message with I love you, just hearth emoji. She's sixteen and I think she might need some sort of validation from me. She also stated to having dreams about me cheating on her and vice versus. Don't know what to do. She is extremely attractive and I'm not that of a Chad yet so her SMV might be higher in aspects of looks. I have great body and can play piano well and do a lot of extreme sports but I don't know how to make her hamster spin. Do I just keep online contact

to minimum and always go for meetings / sex.? I have no idea how to keep her around and have abundance other than having good Instagram which I'm considering to start. I have model looking body when shirtless (since I'm skinny) and 7/10 face. I don't know but posting might bring me some abundance...

XLNC- • 31 points • 7 October, 2019 10:03 AM

No, don't start an instagram for the reason of trying to gain abundance through insta likes; all that will happen is you'll become addicted to external validation and will gain a feeling of false confidence.

Instead I recommend you try and be as social and flirtatious as possible with others girls, this will give you a real sense of confidence founded in competence with women and not external validation via social media.

Or another option, after receiving TRP advice is to try and be blue pill with her and see how that pans out for you. Some times experience is the best teacher, and after experiencing the failure of your blue pill theories, you will know where you went wrong and to apply TRP theories for next time.

jihoeceh • 10 points • 7 October, 2019 09:35 AM

There is nothing wrong about saying ILY. Just do not say it too often. Action, not words. Don't be needy, don't be despair, live your life with her as part, not as center.

jihoeceh • 1 point • 7 October, 2019 09:43 AM

Abundance is mindset, it has nothing to do with looks. I have seen really handsome guys despair for the ONE. Among my college roommates, the only succesful alpha married a single mother.

Love her, just don't be obsessed.

redhawkes • 19 points • 7 October, 2019 10:03 AM

Trolls used to be more creative. 2/10

You gotta be retarded to think that saying I lurve you would change anything if she's making your balls blue for 3 weeks. You're and eunuch in training. Eject.

aGodofmyownmaking • 5 points • 8 October, 2019 03:59 AM

Jesus dude there are still people out there learning this, cut some slack for an honest question. Not all of us have been reading and practicing rp knowledge for 5 years.

Chaddeus_Rex • 1 point • 12 October, 2019 07:37 PM

if she makes my balls blue, I make her ass red

nixon993 • -3 points • 7 October, 2019 11:18 AM

The only way for me to be blue balls for 3 weeks is to be really far away from my gf otherwise i dont care if she is not in the mood i am.

DirtyBastard13 • 2 points • 7 October, 2019 04:37 PM

Yeah, telling her that is an invitation to take your manhood. Love is a four-letter word. Also may as well be a cussword. Also doesn't exist brah. That's the hormones/ evolutionary programming to have kids

fucking with your head. That feeling will pass in seven years for both of ya, probably a lot sooner for her. Also, I guarantee she wasn't going horny for 3 weeks. The fact you stick around her and play the game is enough for her to think you might love her (which is hamster feed for her).

xjx545 • 2 points • 8 October, 2019 06:21 AM

When is the best time to tell my LTR that I love her if not after sex/ during?

When she asks you dude. When she says "Hey qba1994, do you really love me?", then you tell her "Yeah babe, I love you, you're so hot when you do that". You don't need to pour your heart out like you're in a Shakespeare play. You don't need to affirm your commitment to her. It's implied, otherwise you'd be with another women.

If you want to go deep on your feelings I'd suggest calling up your mom to get that out of your system. The women you're dating don't want to be your mom. They want you to fuck them and be the man in the relationship.

Qba1994 • 1 point • 8 October, 2019 08:16 AM

Thank you for insightful answer :) Will apply

BeneathTheSassafras • 1 point • 8 October, 2019 12:59 AM

Your concept of giving comfort versus feeling comfort are conflated. Sharing isnt caring, when it comes to cause and effect. What you experience and what she professes are two different things. Its not a disney movie youre in, its a poker game. The stakes are high.

GayLubeOil • 29 points • 7 October, 2019 04:53 PM*

Bruh I don't know about you but post nut sleepy time is best sleepy time.

PandaLitter • 5 points • 8 October, 2019 05:25 AM

You're gonna get sperm jacked if you sleep right after nutting

cx-s • 23 points • 7 October, 2019 10:12 AM

I have had surprised reaction from girls when i told them that if they want they can stay (basically, stay or leave does not matter to me). even some of my friends were suprised when i said, i've had ONS sleeping over.

what is the stance of TRP on letting the girl sleepover in a ONS. they usually spend the night and leave in the morning at the same time i am leaving for work.

ForrestAlpha • 45 points • 7 October, 2019 10:22 AM

let them stay over if you want. i let plates sleep over. doesnt mean she means anything to me or im gonna get attached - if anything the more time u spend w/ a girl the more likely she is to get on your nerves.

i let them sleep over and then the next night theres another girl in my bed anyhow

SamVimesFucksDimes • 2 points • 22 October, 2019 11:42 PM

I'm the same way. If they want to stay over they're welcome to if they're on the upper end of attractiveness. I like sleeping with a person, and morning sex is always a good start to the day. Plus it sets the hook a bit

INNASKILLZ2K18 • 60 points • 7 October, 2019 10:44 AM

This is very important. I think it can signal low status and scarcity. You're telling everything, which shows that maybe sex isn't a common occurrence for you.

It's also low status. She's suddenly higher in the hierarchy and is worthy to hear all your inner shit.

Why would a man of higher status start telling all his secrets to someone lower in the food chain?

Women are solipsistic, so they only give a shit about how it makes them feel. You could be telling your most intimate stuff, but if it makes her feel less attracted she might tell all her friends you're a sappy loser.

masterpiece00 • 22 points • 7 October, 2019 01:28 PM

Who cares? tell her everything, lose her, find a new girl and do it all again.

I feel like people pretend to follow rp, and then get paranoid over 'saying the wrong thing' to them and 'losing' the pussy.

Trposh • 14 points • 7 October, 2019 11:09 PM

It's not binary. For those who are already in the top 1% and have women lining up, then sure who gives a fuck; for the rest who are working their way up, not disclosing too much is still a valuable strategy.

good_guy_submitter • 10 points • 8 October, 2019 12:57 AM

make a bad decision that forfeits your previous efforts

Great idea.

Next, give out your atm card and pin to the girl too.

Money? Who cares. You got another paycheck coming.

masterpiece00 • 4 points • 8 October, 2019 03:11 AM

Yes you're getting the hang of it now.

INNASKILLZ2K18 • 5 points • 8 October, 2019 12:52 AM

Haha, it's not paranoia it's simply something you don't do.

Why would you tell a chick you barely know all of your shit?

moltenw • 5 points • 7 October, 2019 06:46 PM

Don't be a sperg.

I've seen Fedora tipping autists in college reminding the teacher about a homework and walking around shouting stupid shit. Yeah, they had "IDGAF" mentality by your definition, but they were retards nonetheless and everyone laughed at them behind their backs. Did they care? Probably not, but again - they were still retarded and didn't do themselves any favors by acting that way.

Social awareness matters.

i-like-vagina 1 points 7 October, 2019 03:42 PM **[recovered]**

Why would a man of higher status start telling all his secrets to someone lower in the food chain?

Because there is nothing you can use against me. I own everything. That's high status. I own my losses, I own my successes. The way you think in terms of food-chain is so insecure. From my experience most girls can't impress me, I mean most people in general, why would I fear their judgements?! Makes no sense. I don't care

if a bitch thinks im weak. I happens rarely only with the most insecure as a defence mechanism. Those girls are pretty low in status i can tool them effortlessly anytime. lol.

jojo244 • 5 points • 7 October, 2019 04:20 PM

that makes no sense. there's nothing to be gain by it other then feeling as if your emotional neediness was fulfilled, which isn't a good sign because it shows you're emotionally dependent and thats bad. you should only up about a specific aspect of yourself that your partner can relate to. For instance, if you both know how its like to deal with divorce but that conversation should come naturally if the topic naturally arises. You should never just spill the beans unsolicited (or even solicited). These are issues you should deal with or solve by yourself or through professional help. she is not your psychologist. She did not sleep with you because she cared about your issues but because you came across as if you didnt have issues and seemed cool and confident.

Chaddeus_Rex • 1 point • 12 October, 2019 07:40 PM

Why was the Soviet spy program so effective?

Because they got females to seduce high ranking officials and these officials would then tell the women state secrets (they didn't know that the women were spies).

Don't be like a sappy high ranking official - remember she might be a Russian spy!

serynada 1 points 7 October, 2019 12:04 PM **[recovered]**

had a hoe accuse me of toxic masculinity last night as i smacked her ass and she laughed lmao

Reformed65 • -5 points • 7 October, 2019 08:09 PM

Find that difficult to believe.

osirise • 13 points • 8 October, 2019 12:16 AM

Really? I find that most girls thinks it's a joke as much as we do deep down inside. And I live in a very liberal area

LLL3peat • 45 points • 7 October, 2019 01:39 PM*

You can talk and have a conversation after sex. Jeez you guys a really are still in the anger phase and don't realize being human is being human. Share a couple things to create a little bond with your plate but you don't have to say your whole life story lol. when it's time to go it's time to go and you don't share more until next time if that.

I swear this sub is becoming so binary it's not even funny

thebadguy89 • 16 points • 7 October, 2019 03:25 PM

Lol this is true but most of the time girls are very good at asking questions acting like they want to know you better. The instant you tell them everything they get bored.

Pillow talk should mainly consist of comforting and asking them questions about themselves. If it's the first fuck then they need a decent amount of comfort so that they don't feel like you're treating them like a pump&dump slut.

thetrdino • 2 points • 7 October, 2019 07:53 PM

Hi man could you expand a bit on the ways to create comfort during pillow talk? I feel like I could improve this a lot

good_guy_submitter • 4 points • 8 October, 2019 01:47 AM

Tell them that they were good at sex compared to most of the other dozen girls you've been with in the last week.

Either this way this true.

Either you haven't been with any other girls so that makes her good compared to nothing.

Or, you really have been with 12 in the last week, and since you haven't left yet so she's good enough that you're interested in banging her again.

xjx545 • 2 points • 8 October, 2019 06:38 AM

Lol this is true but most of the time girls are very good at asking questions acting like they want to know you better.

Ding ding. Not all women do this, it's a personality type, but a lot do. They ask pointed and personal questions that are frankly not appropriate. Weak men tend to answer these questions matter-of-factly and instantly out themselves as losers. Red pill men tend to pass the shit tests and get the girl. I would say the next level beyond Red Pill would be to simply filter these women altogether, since they don't have enough class to respect social boundaries.

serynada 1 points 7 October, 2019 06:27 PM [recovered]

i think you kinda missed the point though, dude. the point was not to *peak unattractively* after sex, not to be literally mute.

it's not a "binary" idea, it's actually a very important one. you're nitpicking and being pedantic unnecessarily. this is a message a lot of guys need to hear and internalize.

it applies outside of the bedroom as well, but post-nut it's a common, tricky terrain to navigate. a woman senses your vulnerability and will use your momentary weakness to dig her claws into, test your frame, and extract compromising information.

AAtmofears • 1 point • 8 October, 2019 03:53 AM

What are some examples of unattractive talk? Like things you're constantly worried about? Eg work or study commitments? Things other males say to you that make you feel insecure?

TheEgyptianConqueror • 1 point • 7 October, 2019 05:14 PM

With one exception, no woman I've ever told anything even mildly personal to took it well. The one is my only female friend and acts more like a guy

LLL3peat • 1 point • 7 October, 2019 05:55 PM

Then that's your fault. Female friend that doesn't care about you or nothing you have to say isn't a friend. Drop them if the friendship or relationship doesn't benefit you at all

TheEgyptianConqueror • 1 point • 7 October, 2019 06:10 PM

Well that's exactly what I did. BP me tried to be friends with women. Now I just have the one (and a half) and they are more guys than they are girls

xjx545 • 1 point • 8 October, 2019 06:45 AM

Find some more close male friends. As long as you're not unloading your feelings on them all the time,

most guys will tend to listen and give good analytical feedback on the situation.

notaselfdrivingcar • 30 points • 7 October, 2019 10:17 AM

weeks of passing frame and holding shit tests

You mean Passing shit tests and holding frame?

Zone_Box • 2 points • 7 October, 2019 03:31 PM

Was thinking the same thing.

BusterVadge • 8 points • 7 October, 2019 01:29 PM

If it's a one and done, I'm more apt to show some emotions. It helps build comfort and we all know that comfort helps thwart off false accusations. Just don't go full retard. It's not rocket science.

cartersweeney • 8 points • 7 October, 2019 07:37 PM

I sometimes talk about Brexit. Is that OK

amphix339 1 points 7 October, 2019 08:23 PM [recovered]

Nah bro, keep your political affiliations for facebook

cartersweeney • 10 points • 7 October, 2019 08:44 PM

As long as she's happy to do frictionless trade with my hard border it's all good

russian_nigger • 3 points • 7 October, 2019 11:27 PM

talk about building the wall next

Andgelyo • 12 points • 7 October, 2019 12:49 PM

+1 after fucking my girl yesterday somehow got into talking about dick sizes and the whole conversation fell into this rabbit hole of my insecurities (from my dick size, how goodlooking I am compared to her past boyfriends, to my insecurities about paying off my school loans). Would not recommend talking about anything that can put you in a negative light. Doesn't matter if it's a thot or LTR, don't do it. You will be portrayed as weak.

xjx545 • 2 points • 8 October, 2019 06:51 AM*

It's a shit test. Women don't care about your dick size or what you look like. A good fraction of women have fucked other women, and trust me, they had a smaller dick than you. This is gonna be controversial on this sub because of the emphasis on lifting. Being in shape and going to the gym is still super important, but having a chiseled body won't magically fix your insecurities, it's about taking care of yourself.

hazelstein • 7 points • 7 October, 2019 03:22 PM

her pussy will remain drier than an Arab's nutsack on Ramadan.

I chuckled. Great reminder. Whoever been on redpill for more than 6 months should know this.

EdmondDaunts • 1 point • 8 October, 2019 06:35 AM

True yet there is also the CRP - Common Ramadan Problem. Because you are swearing off your vices you get way more female attention. Not muslim myself, just heard this a lot from muslim friends.

ForrestAlpha • 20 points • 7 October, 2019 10:20 AM

The only thing you should talk about after you dick a girl down is how damn fucking good you just fucked her down.

sebastianconcept • 16 points • 7 October, 2019 11:37 AM

Even that you should be careful not to pass the impression that you are requesting validation.

Kn31 • 5 points • 7 October, 2019 06:57 PM

"Shorty wanna tell me secrets about a rap niga, I told that bitch it's more attractive when you hold it down"

chazthundergut • 6 points • 8 October, 2019 03:32 AM

Yup. Shut the fuck up fellas.

Pull back a little and she will chase your love by being more giving and feminine.

If you enter into your feminine frame (by pouring out your heart and soul, caressing her, etc) she will respond by entering into her masculine frame.

The more you behave like a man, the more she will behave like a woman

Zone_Box • 4 points • 7 October, 2019 03:31 PM

Relevant: <https://youtu.be/NWWeQlXfSa0>

ethical_pa • 4 points • 7 October, 2019 06:13 PM*

I strongly agree with the specifics:

don't start talking about your emotional bitch shit;

Don't talk about your negatives. Don't talk about your exes. Don't talk about your friends or family.

But post sex validation can be a powerful tool for the long game. Attractive girls are constantly getting compliments as thinly veiled bribes for sex. They know it. They're "so pretty" and everything they do is "so interesting!" (thirsty ass chodes). But if you compliment her when sex no longer is on the table, then it can have much more of an emotional impact on her. IE, she knows it's not a bribe. She knows it's meant "just for her" and not for her body, the way she looks, or sex. As a high value guy, this is a great gift you can give a woman, and she will love it.

Ok, so you may not want or care to do this if she's simply a thot to you, but I just thought I'd mention it anyway. I mean, girls have done it to me. "You're so confident!", "So hot!", etc. It's validation. It's her rewarding my frame and honestly feels nice. Why not return the gift? As long as you recognize it's a validation game and don't get too wrapped up in it... Stay focused as a man, but appreciate the small things.

serynada • 2 points • 7 October, 2019 06:33 PM

good point. making a "genuine" compliment post sex will be taken more seriously, true. i'd just add that that tactic can be used to be machiavellian rather than genuinely complimenting the girl e.g to lead the girl on or sell her a dream to keep the plate spinning.

menoyzoe • 12 points • 7 October, 2019 01:00 PM

I'd say that your game is still weak if you think that sex is the end goal of the red pill

MetalxZebra 1 points 7 October, 2019 06:52 PM [recovered]

Take a second & go re-read the sidebar description.

SMRII • 2 points • 7 October, 2019 11:36 PM

Sounds like you should. Sex is just a by product of being the best version of yourself you can be. The principal of TRP

KillaJewels • 3 points • 7 October, 2019 05:58 PM

Used to do this nearly every girl without fail. Sharing way too much (early or especially without being asked) takes out any mystery = lower attraction. It also communicates that you have weak boundaries and that she doesn't have to do anything to earn your attention.

JohnIan101 • 3 points • 8 October, 2019 03:56 AM

Keep the pillow talk to a minimum. Don't talk about your negatives. Don't talk about your exes.

Why would any sane man do that?

thetrdino • 4 points • 7 October, 2019 12:47 PM

This morning I was thinking about this subject and wondering if giving information after sex can also be used as a reward for the sex in some way.

A FWB slept over last night. I'm not really giving her much info about personal stuff and am definitely not being an emotional bitch with her.

However last night (after sex) she asked me for the second time about the stretch/grow marks on my abdominal. (the ones that came from my time of being a fat fuck) I told her it wasn't anything special and ended the conversation, but I know she'll keep asking, since she's very curious.

Would you use this as some kind of reward for good behavior, since it isn't that difficult to find out what the marks are or never tell her anything about it?

NYCMusicMarathon • 4 points • 7 October, 2019 01:26 PM

I told her it wasn't anything special and ended the conversation, but I know she'll keep asking, since she's very curious.

This could be considered a *Shit Test*.

Be careful giving away info that doesn't need to be said.

DeezNuts714 • 1 point • 7 October, 2019 03:24 PM

You could say you were overweight as a kid/growing up

herpaderpadont • 4 points • 7 October, 2019 01:43 PM

Shit happens ALL OF THE TIME. Women talk, that's what they do. If they are talking about other guys, they will talk about your dumb ass as well.

If you absolutely need someone to lay your shit on...get a therapist.

Use your post nut clarity to plan an escape route.

Imhaveapoosy • 2 points • 7 October, 2019 04:05 PM

Next thing I know red pill is gonna teach me how to cum too. I mean I wouldn't mind or anything.

redHussar • 2 points • 7 October, 2019 04:12 PM

Thats silly. Post sex talk is usually good moment to get honest answers

serynada • 2 points • 7 October, 2019 06:29 PM

but you're speaking to being on offense. the OP is discussing defensive strategy.

MotiMorphosys • 2 points • 7 October, 2019 05:53 PM

For n00bs, yes. As a rule.

As many people have mentioned, I usually do talk after sex.. only about things that interest me though. After you've spun a few plates, treat this one on a case-by-case basis. Some girls literally WANT to leave/you to leave afterwards. but most aren't going to flip into relationship mode just because you have a conversation. One loves to take a shower with me.. one I trade phones with and we fuck with each others' tinder matches. Sometimes we watch a collection of my favorite funny youtube videos.

Spending the night is still always a no-no for me... unless she's driven more than a half hour, and it's negotiated before plans are set.

Marcozy14 • 2 points • 7 October, 2019 07:01 PM

Great post. I'd like to clarify from the back and forth argument going on in the comments. From my experience, if I pillow talk with a woman of higher SMV than myself, then yes- she will likely lose attraction.

When I've pillow talked with women of lower SMV than myself, they usually get very excited that I'm opening up to them, and they become hooked. They also become conditioned to keep wanting to have sex because that is the only time they get to see that side of me.

tldr: Don't pillow talk with woman of high/higher SMV than yourself. If she's lower than you, do what you want, she'll likely get more hooked with the pillow talk, but will most likely be hooked regardless.

gmikeygdizzle • 2 points • 7 October, 2019 09:53 PM

Use your lesser plates to do beta shit and experiment. I always reveal my soft side to a plate that's low in my rotation

Standgrounding • 2 points • 7 October, 2019 11:05 PM

As an extrovert I find it difficult to "just shut up".

russian_nigger • 1 point • 7 October, 2019 11:26 PM

same here, i obviously don't talk about shit that's none of her business, but I'll have a good convo every time and they love it. then they want me to be their bf at which point shit falls apart because that ain't me, shorty

Standgrounding • 1 point • 8 October, 2019 08:48 AM

At least you're likeable lol. I often come across as dumb, naive and obnoxious, and I don't think red pill can help me much here.

afterthe_fapocalypse • 2 points • 8 October, 2019 04:21 AM

Guys who confide to loose women are lighting the fuse to a bomb and rolling it toward their reputation. I made this mistake. No woman you sleep with who is not your wife can be trusted, and even then, you have to take precautions. When I slept with her and just stayed, that was one thing. But gushing about insecurities after sleeping with someone is a betrayal of frame. The woman is now forced into a maternal role. And naturally

hypergamy kicks in because the guy beta-ed himself.

EdmondDaunts • 2 points • 8 October, 2019 06:31 AM

I think it also highlights another point: people in general don't want to hear about anything but themselves. It's not their fault, it's the default human condition

Save your talk for true friends

i-am-the-prize • 2 points • 8 October, 2019 02:26 PM

post nut, do bond, if you want to have your LTR (oxytocin) bond with you or make the plate want you more. just be gaured. know that what you say post nut is not "in a magic cone of silence" just because you're more naked than usual with her when you speak.

as my OYS stated, i've come to think of my Frame not as a suit of armor i have to remember to put on (and i'm weaker when i take it off) rather *the skin I am in*. So always maintain Frame, especially in traditional times of vulnerability.

ThriceLeggedPirate • 2 points • 10 October, 2019 11:56 AM

It seems like this post is common sense until you actually feel like you did everything right and get your nut. All of a sudden, she's in your face asking "what are you thinking about babe?" and you break without realizing it. 6 hours later she's getting off her shift at work and tells you its over so she can fuck the next Chad who won't spill his guts. LOOSE LIPS SINK SHIPS.

Chaddeus_Rex • 2 points • 12 October, 2019 07:28 PM

Use your "post nut clarity" to plan and execute something productive with your life

After a wild night with a nurse at a sanatorium, Schrodinger kicked her out and came up with the wave theory of the atom.

Be like Schrodinger

Andgelyo • 7 points • 7 October, 2019 12:17 PM

There was a time when I would go to the gym and the gym employee (Adrian) would just let me go without swiping my membership, not gonna lie, I felt alpha AF whenever I would just bolt in and he would let me just walk in haha I miss that guy. Too bad he transferred out to another gym.

kantianluvboat • 26 points • 7 October, 2019 01:01 PM

Did you at least get to suck his dick before he left?

Andgelyo • 22 points • 7 October, 2019 01:03 PM

Nah I should've though, maybe he would've gave me access to free tanning lol #thotlife

Glassland • 2 points • 22 October, 2019 03:17 PM

This is how you properly agree and amplify, gentlemen.

[deleted] • 2 points • 7 October, 2019 02:43 PM

It's funny cause I was think about this just 9 hours ago after fucking a new possible plate for the second time. I was laying there and she kept rambling on and on about how dramatic and stupid her friends are, while she herself kept saying "I'm not a girl who likes negative vibes" and that typical bullshit.

I just kept laying there with her resting her head in my chest. Saying shit like “oh shit that’s a crazy story” or “haha that’s pretty funny.” Not because I didn’t want to talk, but when I’m post coital I’m practically mindless and can’t really say much.

Is that what your supposed to do?

masterpiece00 • 4 points • 7 October, 2019 01:25 PM

You Mr. Thundercock has slayed Miss Karen after weeks of passing frame and holding shit tests. You've been going into your local gym without swiping your membership because you're alfa AF and been meditating in Tibet to channel your inner Chad.

This is weird and none of it makes somebody 'alpha', sorry to say.

redditor67tny • 4 points • 7 October, 2019 03:04 PM

i fuck with this post, but it’s posts like these that makes reddit wanna ban us

i obviously gain immense value from it, just saying

okuli • 3 points • 7 October, 2019 04:58 PM

posts like these that makes reddit wanna ban us

What exactly? All he said is to not get too comfortable after sex.

redditor67tny • 2 points • 16 October, 2019 12:18 PM

“don’t talk about your emotional bitch shit.” “the town tho” “her pussy of a doormat” “daddy spanked you until you were 15.” Just some specific ways the message was communicated that could make people at Reddit be like “woah that’s bullying and sexism!1!” even though there’s actual value for men to take from

restoreroformorality • 2 points • 7 October, 2019 02:57 PM

Now here she is the next day telling me how much of a bitch he is and sharing his business with me, shit that he shared with her in confidence and in the confines of his bedroom.

important point, they do not have any concept of trust and honor as we do, betrayal is simply in their nature

chasingexcellence • 1 point • 7 October, 2019 07:18 PM

You had to wait weeks to smash??

Just_Isaak • 1 point • 7 October, 2019 07:31 PM

The story of Sampson from the Bible does a great job outlining the same scenario.

WadKnock • 1 point • 7 October, 2019 08:11 PM

Well technically if we pump and dump so many whores because we're right chads, getting some load off our chests with like 2 of them should not have too much of an impact other than making us feel better right?

10211799107 • 2 points • 9 October, 2019 02:16 AM

Spilling your emotions is reserved for your close male friends granted you come up with a solution and not just bitching.

Women don't respect men who act like women.

[deleted] • 1 point • 7 October, 2019 09:18 PM

I apologise if I come across a little feisty, it's just that I had an 8 hour shift with the town thot and she had the nerve to talk shit about this dude who poured out his heart to her. Now here she is the next day telling me how much of a bitch he is and sharing his business with me, shit that he shared with her in confidence and in the confines of his bedroom. But ofcourse this slut doesn't give a fuck because she just thinks her doormat of a pussy was made by God's right hand.

Do you think he would have cared if it had been the other way around?

redpillcad • 1 point • 7 October, 2019 11:50 PM

she had the nerve to talk shit about this dude who poured out his heart to her. Now here she is the next day telling me how much of a bitch he is and sharing his business with me, shit that he shared

She did exactly what you rightfully advised not to do. She lost girl game because she felt the thrill of an AlphaFux (you that moment)

Women reveal the whole game to men who make them wet. They cant help it. Nothing will Redpill a man like being a bitches AFux *once*.

Most men wont ever get there

10211799107 • 1 point • 8 October, 2019 12:42 AM

Not barfing up your emotional bullshit is correct, but you're missing the point of the period after you fucked and "laying there"

omarbradley42 • 1 point • 8 October, 2019 06:27 AM

Turk's nutsack overflow on ramadan.

StevenMcballsack • 1 point • 8 October, 2019 07:14 AM

I just try to plan my escape immediately after.

oldboldpoet • 1 point • 8 October, 2019 01:37 PM

I understand the rationale behind the anti-marriage animus on this sub, but it must be sad to not have someone you can share everything with in a post-coital chat.

UnbreakableButts • 1 point • 10 October, 2019 12:03 AM

Weeks? I think that's way too much time invested in anything other than a high payout client.

triavatar • 2 points • 7 October, 2019 12:51 PM

Muslim, not Arab. Plenty of Arab Christians

masterpiece00 • -4 points • 7 October, 2019 01:31 PM

Who cares, all third world peasants beneath society.

SerbianChadnik • 4 points • 7 October, 2019 04:06 PM

Christianity and Western civilization started in the middle East. The Arabian peninsula today has the highest standard of living in the world. Take a trip to Dubai sometime or visit the ancient quarters of Baghdad, Damascus, or Istanbul. I promise, it will improve your opinion of them especially in contrast to the shining metropoli of Detroit, Baltimore, or Jackson, Mississippi.

TheRealCher • 1 point • 7 October, 2019 09:43 PM

Western civilization started in Greece/northern Europe. Egypt and Mesopotamia weren't created by Arabs. The Arabian peninsula is wealthy because of oil not productivity. Istanbul was made by Greeks and Romans, not Turks, and Europe is far more beautiful than Baghdad or Damascus. Much respect to Arabs and Muslims but let's not act like the middle-east is as civilized as the West.

Whopper_Jr • 2 points • 7 October, 2019 06:13 PM

Iran literally means Aryan

masterpiece00 • 1 point • 8 October, 2019 03:12 AM

So terrorist street shitters in other words.

triavatar • 1 point • 7 October, 2019 04:57 PM

Very very technically, Arabs invented society.

TheRealCher • 1 point • 7 October, 2019 09:46 PM

No, they didn't. Egypt and Mesopotamia only became Arab after the Arab conquests.

triavatar • 1 point • 8 October, 2019 04:27 AM

You mean the Muslim conquests? Because like I said, there is a lot more history of non-Muslim Arabs than there is of Muslim Arabs. Remember, Islam is the most recent abrahamic religion and only about 1500 years old. People were settling in the fertile crescent long before there was ever a Mohammed.

TheRealCher • 1 point • 8 October, 2019 05:24 AM

No, I meant Arab conquests often also called the Early Muslim Conquests. Before Islam and the subsequent unification of Arabs they were little more than warring nomadic tribes. Egypt was created by ethnic Egyptians and Mesopotamia was created by Akkadians and Sumerians. During the Rashidun and Umayyad caliphates the Arabs spread into their newly conquered territories but it was only under the Abbasids that they began extensively intermixing with the native populations causing widespread Arabization. Arabs by no means invented society.

triavatar • 1 point • 8 October, 2019 05:50 AM

Okay I have a few points I'd like to bring up.

First, states do not "become" Arab, if anything, the population gradually shifts towards whoever is in control and that process takes time. What happened to those states is that they were conquered by a bloody savage and were placed under his territory after losing.

Second, way before any of the Abrahamic religions were a thing, people settled in the Levant region of the fertile crescent. Those people are the ethnic root of a significant portion of the current "Arab" population (please don't equate Saudi Arabia/the Arabian Peninsula with Arabs, it's simply wrong and foolish) and since the fertile crescent is perceived by many anthropologists as the location of the first human settlement, Arabs invented society.

TheRealCher • 1 point • 8 October, 2019 06:05 AM*

Dude, you have no idea what you're talking about. Yes, arabization is a gradual

process but the people of the fertile crescent absolutely did become Arab over time. Secondly I'm not talking about states but nations.

The original inhabitants of the fertile crescent were not Arabs. They were Semites, yes, but not all Semites are Arabs and although they now form much of the Arab nation they didn't at the time when they created society. And I'm obviously not equating Saudi Arabia with Arabs. Before you start running your mouth about Arab history you should at least read the wikipedia page on Arabs as a primer as it would correct many of the misconceptions you hold.

triavatar • 1 point • 8 October, 2019 06:17 AM

What I know is because of my ethnicity as a Syrian, and what is reflected as common knowledge among many modern levantine Arabs. When you refer to semites, those are the people that I am referring to as the progenitors of society.

It is quite important to contrast the two due to the fact that being Semitic isn't as simply distinguishable from Arab as an ethnicity. Before Arabic was invented, nearly all Arabs spoke Aramaic or variations of Aramaic. Which made nearly all Arabs Semites.

TheRealCher • 2 points • 8 October, 2019 06:25 AM

...All Arabs are Semites, not all Semites are Arabs. And yes, as a Syrian Arab some of your ancestors are the progenitors of society but not the Arab portion of your ancestors.

MOSFETBJT 1 points 7 October, 2019 04:33 PM **[recovered]**

Is it okay if I fall asleep afterwards?

serynada • 1 point • 7 October, 2019 06:34 PM

yes, but make sure you trust her first ;)

SaneMan29 1 points 7 October, 2019 09:14 AM **[recovered]**

Yeah this is a good post. And I do agree with the sentiment, but 90% of the time there's a "hidden" humble brag in posts on TRP.

This one is:

After I fucked this girl, she started telling me stuff the guy she fucked a few days before had told her in confidence. Here's my advice, so you don't end up like him. Here's my advice, so you can be me and not him.

I really wanted to brag that I fucked a girl, especially one that betrays the confidence of beta dudes, but I'll sandwich that in the middle of giving advice.

amphix339[S] • 36 points • 7 October, 2019 09:28 AM

She works with me you doof, I didn't say I fucked her

Dihydromorphine • 11 points • 7 October, 2019 09:33 AM

He never said he fucked her.

surethingjanet • 3 points • 7 October, 2019 11:42 AM

Disagree - even though he didn't brag about fucking her- any FR has some piece of advice attached to it that's gonna be valuable at different level of TRP. Even when the block's writing sounds like bragging.
This one was one I personally needed to read and am grateful toward OP for it.

Tamadeus • -16 points • 7 October, 2019 08:58 AM

This is so fucking dumb, and shows whats all wrong with "The red pill" Pillow talk is the best place to actually bond with this person..

Isbjornsolo • 21 points • 7 October, 2019 09:01 AM

If it is used effectively. Get her to bond with you not the other way around. As OP says don't start spewing "beta" talk at her.

jedicreed • 4 points • 7 October, 2019 10:26 AM

Some people never learn. And no, it's not!

If you are referring to the fact that the pillow talk is the best way for you to bond with her, fell "in love", get cheated later and everything you said used against you, then yeah, maybe you're right.

If you want her bonded for you, do your thing. As someone earlier said - pass her the napkins, take a shower and feel the confidence. Even if it's an LTR.

traumatix • -3 points • 7 October, 2019 09:06 AM

Ah, the anger phase..

Me too

hrm0894 • 3 points • 7 October, 2019 11:11 PM

This isn't the anger phase, it's the delusional phase