

# Gf messages ex. I break up with her. Did I do the right thing?

288 upvotes | 25 November, 2019 | by zav25

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Hi guys, I just dumped my gf of 4 months for talking to her ex through messages. TL/DR at bottom.

I started getting this weird feeling about her in my gut, and I went through her phone (big no no, I know, but it seems like it was of help this time). I found a conversation with one of her exes.

Now I know these girls always have to have their orbiter, and this dude kinda had lame texts, initiating convo and saying he adores her, but here are the reasons which made me decide that this is break up worthy:

- She initiated it. She replied to his story.
- She was saying how much she respects him and how many things she has learned from him.
- They were talking about some memories and the whole convo had this nostalgia vibe to it.
- She sent him a photo of herself.
- He was flirty about her boobs and she was receptive.
- She never mentioned me or having a boyfriend although she had the chance to.
- The biggest one. SHE asked him out. Idk if they ever went out, cause the dude had other plans and refused her.
- The whole convo started 2 weeks ago and they chatted constantly through these 2 weeks, while she was going out with me

The girl was cool. Actually, the same day I found out about the messages, we had a great time, she invited me to meet her mother, I fucked her 3 times, she cleaned my house and did my dishes.

I think I'm half at fault here. I probably did something that made her want to branch swing.

I met with her after this and broke up with her, told her I'm not upset, it's just something I cannot accept. She sent me a big text afterwards trying to justify her behavior and make it seem like she did nothing wrong.

I'm gonna be honest, it hurts a bit. She was my first gf, lost my virginity to her. But fuck it, I don't like taking the easy ways out. As Winston Churchill would say, "if you're going through hell, keep going". Life goes on.

TL/DR: Gf of 4 months initiates convo with ex bf, sends him photo of herself, accepts flirty jokes from him, never mentions me although she had the chance and asks him out... SHE asks him out. All this while she was acting super nice to me and inviting me to meet her mother. I point blank breakup with her once I find out.

I have 2 questions:

- did I do the right thing?
- why the fuck would she invite me to meet her mother 2 weeks into chatting with this dude, knowing she might branch swing anytime soon? Or wasn't she looking to branch swing and was only fishing for attention from this dude?

Thanks!

EDIT: I appreciate all of your guys' replies. No matter how tough I say to myself that I am and shit like that, I must admit, it's my first breakup, lost my v card to this girl and kinda got a bit attached to her. Nevertheless, I always prioritize rationality over emotion, no matter what I'm going through and what I'm

feeling, I'll always take the rational way out.

I was feeling sad, still do a bit, and your replies have helped me tremendously. Onto the next chapter of my life... I got a lot to learn and experience. Keep it red my guys. Have a nice day and keep inspiring people like me on here.

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## Comments

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Dilduo • 357 points • 25 November, 2019 09:26 AM

You did the right thing.

Key factors being she initiated it, and asked him out.

Not LTR material

Don't cave and go back to her, don't even plate her, she'll try to creep back in to your life.

Good you stuck to your guns, I can see your balls from here man. Stay focused out there.

kankouillotte • 56 points • 25 November, 2019 10:36 AM

and asked him out

yeah, this ! Until I read this I was like "man, this guy is over-reacting", but asking him out that's out of bounds

basebool • 56 points • 25 November, 2019 04:17 PM

Once the guy commented on her boobs and she was receptive, it was a no from me dawg.

kankouillotte • 9 points • 25 November, 2019 04:22 PM

i skipped the details and went straight to the tldr at the end.

redditispathetic123 • 5 points • 26 November, 2019 02:23 PM

Overreacted? even if they were talking about the weather, an LTR who has any contact between her ex besides "I dont want to talk to you/bye" is not LTR material

[deleted] • 4 points • 26 November, 2019 06:37 AM

No, she got out of bounds the moment she initiated contact with an ex. Y'all dudes be to loose with these females

linkinway • 18 points • 25 November, 2019 03:10 PM\*

nah it was at "she sent him a photo of herself"... you don't do that when you are in a relationship especially to your ex. also the one where she was receptive to his flirting.

edit: the OP is not red pilld. he is just some beta lurking around here. who even thinks that the girl was not at fault here and doubts the decision so much so as to make a post about it. insane beta behavior.

Davidskylarkk • 23 points • 25 November, 2019 04:32 PM

I disagree a little bit with this. The beta move would be to get upset and continue the relationship believing her nonsense.

OP did the right thing in letting her know he wouldn't accept that kind of behavior. I think OP still has a lot to learn but is definitely heading the right direction.

Learn, move on!

muricanwerewolf1 • 6 points • 25 November, 2019 11:16 PM

There's a spectrum. What you consider beta I consider full bore cucked. This kid is a beta, and

who can blame him? This is the first woman he's ever fucked, he barely has the concept of an abundance mindset yet, and we can deduce he doesn't have the frame to keep a woman in line. He questions his own boundaries.

That said, as you say, if he hangs in I'm sure he'll learn.

dirkberkis • 93 points • 25 November, 2019 09:32 AM\*

You did the right thing. Usually gut feelings have merit, and when it comes to snooping, youre only wrong if theyre innocent... which she was not. Theyll try and guilt you into feeling insecure and totally fuck you up if you let them, then they leave cuz youre a pushover and let them do all those things lmao. Trust, this girl has a classification. We've all met one.

As for your question about why... she needs a safety net. A lot of women try having multiple guys for multiple things. One to fuck, one to take home to mom, one to party with, one to help with a phone bill, one to drink with who wont try to fuck them, etc. This girls one of those for sure.

muricanwerewolf1 • 16 points • 25 November, 2019 11:18 PM

Damn I remember a woman I was out on a date with told me, verbatim, how she had multiple guys "One to fuck, one to take home to mom, one to party with, one to help with a phone bill, one to drink with who wont try to fuck them, etc". Seeing as I was the one who just took her out to dinner I figured out where I fell on her spreadsheet and ran for the hills.

VisiblePlan • 115 points • 25 November, 2019 09:19 AM

Yeah. She's a hoe. She'll probably come back to you. Go lift weights and fuck other women.

hoopingblob • 39 points • 25 November, 2019 09:31 AM

1. Yes
2. She tried to cover her mistake by letting you think everything is alright

muricanwerewolf1 • 5 points • 25 November, 2019 11:29 PM

It wasn't a mistake.

hoopingblob • 7 points • 25 November, 2019 11:32 PM

Yeah right it's not a mistake to initiate contact with your ex and wanting to meet up.

"They're just FrIeNDs"

Get outta here. She's a hoe and was bored of one dick that's why she had hopes to get herself a little dick mix up.

muricanwerewolf1 • 2 points • 25 November, 2019 11:57 PM

I think you ought to go back and reassess what you think I meant.

hoopingblob • 1 point • 26 November, 2019 12:00 AM

I do not quite understand what you meant?

[deleted] • 1 point • 6 December, 2019 10:32 PM

A mistake is unintentional. She's just being a whore

DominatePressure • 35 points • 25 November, 2019 10:25 AM

I never got lied by gut feelings

northernCAgown • 6 points • 26 November, 2019 06:33 PM

This makes no sense and makes sense at the same time

[deleted] • 2 points • 27 November, 2019 07:37 AM

Gramatically it makes no sense. It has to be translated into something that makes sense, like " My gut never lies"

victorglrp99 • 66 points • 25 November, 2019 09:27 AM

You dodged a bullet for sure there buddy. Don't waste more time on her even if she comes back

muricanwerewolf1 • 5 points • 25 November, 2019 11:29 PM

Your ex sliding back into the DMs is one of life's little presents. Fucking exes you have no interest in actually dating is great. It's easy. She's already proven she's not long term material, but that isn't gonna stop her from trying to convince him otherwise. And you can skip the entire attraction dance, if an ex texts she is 100% coming over unless you text her something gay like "I've been thinking about you too".

akod1 • 1 point • 20 December, 2019 06:25 PM

Why even bother fucking her? It's pointless, she tried to present herself as something she is not.

muricanwerewolf1 • 5 points • 20 December, 2019 07:01 PM

"Why have sex?" the autist asked, autistically.

bsutansalt[M] [score hidden] 25 November, 2019 04:02 PM\* stickied comment

You absolutely did the right thing. Let this thread serve as a Red Pill Example of women's duplicitous mating strategy. Odds are you were the beta bucks, or at least a placeholder until something better came along.

This is something we need to discuss more often:

## Placeholder relationships

The guys caught up in them are not quite beta bucks, not quite alpha fucks. They're somewhere in between that mid-tier women frequently do until something better comes along. Top-shelf women don't need them since they've got an unending supply of Chads knocking down their doors, but 6, 7, and some 8s on the other hand I'd say most relationships wind up being of this variety.

Not a week goes by I see a thread in some other subreddit or on Facebook with women openly admitting to having guys in this *zone* for lack of a better word. They know deep down they want better, some even articulating it in plain English, where the guy they're dating is the best they could do at that moment in time, and so they settle and wait until their Chad ex comes sniffing around/gets out of jail or someone higher up the food chain than their current bf starts flirting with them (hypergammy).

Speedracer11111 points 25 November, 2019 04:50 PM [recovered]

The issue here is improper vetting or failure to vet.

OP posted 3 months ago about a problem with a plate and now says he has a girlfriend of 4 months.

Too many people say they are red pill because they subscribed to the TRP and askTRP subreddits and haven't done any work.

As to your point, placeholder relationships aka settling. It's the female version of plating. Difference is that the woman will keep the placeholder bf/husband for years for decades until she finds someone better.

American legal system and society awards women 50% of the man's wealth for doing this. (Sure the man gets 50% of her wealth, but that is typically minimal or even worse, significant debt.)

Manny1400 • 13 points • 25 November, 2019 07:00 PM

Vetting is everything, and guys gotta stop jumping into bed with thots --because these dudes then get attached.

Every man needs criteria by which to vet a potential LTR, and certainly with which to judge a marriage prospect

1. Does she have a high N count? Above 10? Next her unless it is an unusual situation.
2. Has she had several one-night stands, or FWBs? Next her
3. Has she had threesomes? (especially with two dudes) Next her
4. Does she habitually smoke pot or do other drugs? Next
5. Is she a hardcore feminist? Next
6. Is she a leftist? Next
7. Has she said she never wants kids? Next
8. Has she been sexually abused or raped in the past? Next

Once you get past this, you can then start evaluating her character and personality. But if any of the above comes up early on in dating? Move the fu\*\* on and stop wasting your time.

rappidrabbithump • 9 points • 25 November, 2019 07:40 PM

Where are you going to find an attractive woman with a N count below 10? That's an average high school girl's number

Manny1400 • 3 points • 25 November, 2019 08:00 PM

true story --unless you find a religious girl or get very lucky

0010110101102011 • 2 points • 25 November, 2019 07:15 PM

why the emphasis on pot smokers? i smoke lots of pot :(

Manny1400 • 16 points • 25 November, 2019 07:27 PM

if she is smoking pot, she has a dealer

that means sketchy people in her life, and she might even be trading sex (or at the very least attention) for weed

with guys it is another story

RedKepler • 9 points • 25 November, 2019 11:16 PM

It's of course somewhat based on personal preference-

But genuinely, pot smoking girls are a bit whack in the head. It's to help you avoid investing yourself in them.

pen315 • 6 points • 25 November, 2019 07:30 PM

I used to smoke tons of pot. Now I'm down to a couple times per year. When I stopped smoking I improved myself significantly.

Manny1400 • 16 points • 25 November, 2019 04:13 PM

I got stuck in a placeholder once (maybe twice), and didn't realize it until the ex-boyfriend suddenly appeared on the scene out of nowhere.

back then I had way too many beta qualities when it came to women. Instead of being assertive, lowering my expectations, and maintaining frame, I complained.

It is important for guys to recognize the signs of a placeholder early on, and next her when they appear

silvereddi • 8 points • 25 November, 2019 05:18 PM

How to recognize the signs? What are they?

Manny1400 • 19 points • 25 November, 2019 06:53 PM

In my case the signs were:

1. She was being vague and unreliable when it came to dates and hanging out. Would complain about having too much school work. She told me a couple days before we broke up that she couldn't do anything over the weekend because she had final exams. She seemed nervous and distracted, and my spider-sense was going off. So on my way to a buddy's house close by her's I grabbed a pound of good coffee, and gave her a call (was going to drop it off). The ex-boyfriend answered the phone
2. Lack of effort in the bedroom. She was very hot, but crummy in the sack. Seemed like she was half there.
3. She had pictures of me in her bedroom. A few weeks before we broke up, those pictures were no longer on her desk. I asked "where did they go" and she was like "oh, I was cleaning and forgot to put them back"
4. Dudes orbiting her: she had this "friend" that I assumed sold her pot (stupid for me to be dating a girl who smokes wed to begin with), and I saw him come out of her apartment one night as I was arriving. I was like "who the fu\*\* is this guy"?

If a chick isn't giving you her best, demonstrates reliability, and is honest, next her. You are in a placeholder relationship otherwise.

devinchi\_impossible • 1 point • 1 December, 2019 10:30 AM

same here man her ex just came back in her life so easy and im working on coming more alpha

MattyAnon • 17 points • 25 November, 2019 04:39 PM

Placeholder relationships

This is a great concept/observation.

RStonePT • 5 points • 25 November, 2019 10:56 PM

Isn't this what is normally meant by girls being 'serially monogamous'?

MattyAnon • 1 point • 26 November, 2019 03:30 AM

Kinda, although this implies that she's not even temporarily interested in the guy

CainPrice • 21 points • 25 November, 2019 06:07 PM

I'd go so far as to say that there is absolutely nothing wrong with being a woman's placeholder relationship.

If you can date a girl for two months, three months, six months, whatever, and have sex 50 times with her during that time-span, then move on to another girl, this wasn't a bad sexual strategy. Obviously, if you have half a dozen plates already, maybe you should stick with that, but if you don't, it's a pretty great sexual strategy.

Where guys go wrong is that they forget what women are like. They forget that it's just their turn. They invest. Hell, they over-invest. They let themselves believe that this is it, and they're going to have a permanent relationship filled with love, sex, and respect. Then poof, it's gone in two seconds. Yesterday, she loved him forever. Today, she's texting her ex and telling him she hasn't been happy for a long time.

It is okay to be in a short-term/temporary/placeholder relationship with a girl **if and only if you have reasonable expectations and act like you know the relationship is temporary, because it is.**

Lots of guys claim they know it's just their turn and claim they know what women are like, but they don't actually treat a relationship like they know it's temporary. They're not investing the minimum amount possible to keep getting laid - they're over-investing. They're not meeting other girls and flirting and setting up possible moves - they're stagnating. They're never the ones who dump the girls because they found something better - they're always the ones getting dumped when she does. They always let themselves believe that things are fine because they seem fine, always forgetting that tomorrow, it can all go poof simply because something random changed for her that wasn't even their fault.

Being in a placeholder relationship with a girl is great, if and only if a guy -actually- treats the relationship like he knows it's temporary and expects it to end.

bsutansalt • 12 points • 25 November, 2019 07:41 PM

If you can date a girl for two months, three months, six months, whatever, and have sex 50 times with her during that time-span, then move on to another girl, this wasn't a bad sexual strategy.

That was pretty much my SOP when I was in the military. Dated for a month or so, go TDY, "I'll call you when I get back", and then move on to the next after hooking up with someone in the club on base the weekend I got back. Racked up about a dozen new partners a year that way. Whatever you do though DO NOT KNOCK THEM UP.

volvastupidshit • 5 points • 26 November, 2019 01:44 AM

Thank you. Just manage your expectations and you are more than ready to go into battle. Also, never ever get caught on a woman's drama to get you to invest on her more than you are willing to invest. You are the prize, she should invest on you because you are investing on yourself. Aren't you?

Protocol\_Apollo • 1 point • 26 November, 2019 01:37 AM

"Not meeting other girls" "Setting up possible moves"

How exactly can you do this /how far can you go without it being called out as cheating by a LTR?

CainPrice • 6 points • 26 November, 2019 02:08 AM

When you have a girlfriend, you date every weekend. Maybe one weekday. She's got no clue what you're doing the 5 days out of the 7 you're not with her. If you're out getting coffee or in line at the



bank or at the gym or anywhere else you go, you talk to people, including girls, same as you did before you had a girlfriend.

You don't have to fuck any of them, but if a girl gives you her number or wants to go out and she's better than your girlfriend, why not trade up? The thing with your girlfriend is temporary anyway. Or don't trade up, but have enough girls you're kind of vaguely talking to once in awhile that when your girlfriend finally pisses you off for the last time or starts texting her ex, you can just shrug and move on.

smartfunction30 • 5 points • 26 November, 2019 04:20 AM

You don't have to fuck any of them, but if a girl gives you her number or wants to go out and she's better than your girlfriend, why not trade up?

Literally exactly the same thing people say women do.

silvereddi • 6 points • 25 November, 2019 05:18 PM

How to recognize the signs of being in a placeholder relationship? What are they? I don't want to fall in that trap.

bsutansalt • 11 points • 25 November, 2019 07:43 PM\*

Honestly, these days pretty much all of them are...

### **It's just your turn.**

The caveat is that things change as we get older for two main reasons:

1. When you're a good 15-20 years older than they are you'll find you can see right through their bullshit. Having rock solid frame through vastly lopsided amounts of life experience is HUGE.
2. Women who date guys who are a lot older than them are much less likely to short-circuited and blow up the relationship due to hypergamy the way they will with younger guys who are on the bottom of the totem pole in their careers and social circles. At that stage of the game *you* are the guy she traded up for.

This is why I cannot recommend guys in their 20s to early 30s having serious long-term relationships. Keep it in the back of your heads its only temporary and you'll save yourselves a lot of trouble. Once we get into our late 30s and early 40s the dynamics change drastically--so long as you keep wits and stay in shape.

volvastupidshit • 2 points • 26 November, 2019 01:54 AM

Wait, it's late 30s? And here I am thinking my 29 yrs old ass is going to be disadvantaged in the dating scene.

bsutansalt • 2 points • 26 November, 2019 02:51 AM\*

It's all relative to the women you want to attract/date. If you're attention is on those 18-25 like I and Leonardo DiCaprio are, then unless you have his kind of status you'll need that solid ~15 year age gap to really maximize things IMO.

Davidskylarkk • 9 points • 25 November, 2019 04:23 PM

I've definitely been here a few times, I think. I never really see any relationship as a long-term, marriage, type though. I'm usually in it for the short-term anyway...

I have definitely been with 7-8s for a few months and had them go back to their x's or the relationship just kind of fizzled out. I never realized that their intentions were what they were.

Personally, I didn't mind this. It definitely allowed me to have some fun and then move on. I don't know how you guys feel about it but I'm all for this. I'll stunt cock for a month or 2 anytime!

[deleted] • 4 points • 25 November, 2019 09:48 PM

I suspect there's a lot of overlap between placeholder relationships and rebounds, and you probably get them the most with people who are afraid of being alone.

red2hilt • -1 points • 26 November, 2019 02:25 AM

I respect your tag.

But you're not even going to talk about how buttthurt mateguarding it is to invade her phone? Let's go a step farther and you start invading her mind (now we're psychic): what percent of women have ever had an errant thought while in a relationship with you?

The answer, of course, is 100%. So if we just accept snooping into people's privacy (including reading their thoughts) then we must logically next 100% of women. (Or please explain where the line is.)

I personally assume it's only my turn, and if my girl mentions meeting a guy I don't even care. It's up to me to be the best I can be and when (not if) she moves on, it's time for me to get the next girl.

Why should we mate guard until she's leaving on her own?

If she gave you an std from screwing around while you were supposedly monogamous it would be a different matter, but why shouldn't I assume all women are open to cheating with the right man in the right circumstances?

I don't police my girl's social media or messages and I don't see why I should. She'll leave when she wants to anyway. What do I get out of mateguarding? Don't I have better things to spend my time on than snooping through someone's phone, when we all know the actual answer is "yes, she is open to cheating and leaving me" (for the right man in the right circumstances). - because this describes every woman. (hypergamy, awalt)

Seems like a waste of time.

But you're the one with the tag here, so explain why I should police her rather than spending the same time in the temple of iron? (Or talking to other girls). Or something else worthwhile. Nothing's permanent anyway.

(Note: I could be wrong, only been reading for a couple of years.)

bsutansalt • 5 points • 26 November, 2019 02:49 AM

It's not mate guarding to perform one's due diligence when red flags are popping up.

***Trust, but verify.***

red2hilt • 0 points • 26 November, 2019 04:06 AM

Going through someone else's phone without their knowledge or permission seems super invasive and super controlling/psychopathic to me. How about driving around tailing her, with a pair of binoculars? (Your phone rings) "Hey buddy I can't talk now I'm on a stakeout. So far she's been to two stores and is eating lunch alone but I know that Chad is going to pop up anytime now. This is a very sensitive operation. Can you bring me an MRE I haven't eaten since she left for work at... (checks notebook) 7:38 this morning? Hello? What no you can't tell her! John! John...listen I have to

verify you don't understand. How can you be so dense I **need** to know what she's doing!! No don't you dare tell her! John! John. Wait a minute John are you...are you Chad? God, you're one of them aren't you. Just another Chad. We're done John. Bring me something to eat and then I never want to see you again."

That's a roleplay of what it sounds to me to go through someone else's stuff. Just batshit controlling and crazy.

Don't we have better things to do? Anyway women are going to cheat given the right guy/opportunity so what does it matter?

Just accept that it's just your turn, and DGAF (I say.)

I could be wrong.

empatheticapathetic • 2 points • 3 December, 2019 03:31 PM

No moralising. Who cares ultimately. She wouldn't give a Fuck about going through your phone.

alexanderthegroovy • 42 points • 25 November, 2019 09:44 AM

Proud of you son.

hmsthinkingmeat • 40 points • 25 November, 2019 09:29 AM

Yes you did the right thing if she's supposed to be your girlfriend.

And looking through someones phone when you feel something is off is not "wrong" - that's what people who are doing something wrong use to try and blame shift - "never mind the shit I've been doing to you, you invaded my privacy to find out. OMG you're such a bad person, you have trust issues" etc.

Bascome • -21 points • 25 November, 2019 10:23 AM

Two wrongs don't make a right.

hmsthinkingmeat • 28 points • 25 November, 2019 10:38 AM

Talking to her ex is wrong.

Cheating (even if emotional only) is wrong.

Lying is wrong.

Looking after your own self interests by gathering intelligence on what someone is up to is not wrong.

If she hadn't been doing those wrong things he'd never have felt the need to look.

He did nothing wrong.

If he'd sat there thinking "I think she's up to something, but it would be ooh soo naughty to look at her phone for confirmation that I'd better just sit here and suck it up" - that would be wrong. And he'd be an idiot.

He's not an idiot.

Bascome • -17 points • 25 November, 2019 10:47 AM

While all those things are wrong clearly invading personal privacy is also wrong.

rmcassio • 14 points • 25 November, 2019 02:03 PM

yeah ok FBI, we got it

20pastfour • 10 points • 25 November, 2019 03:54 PM

who cares if it's wrong or not, you have to do what you have to do, period.

VisiblePlan • 2 points • 25 November, 2019 06:14 PM

Nigga he didn't sell her secrets to the FBI. He just looked through text messages. Bitches do that shit all the time. Is it gay? Yeah. But so what, he would have been a cuck otherwise.

ivane07 • 1 point • 25 November, 2019 03:52 PM\*

I mean that's true, but in the end a relationship is based on trust. And we all know that AWALT. There's just no winning here.

Typo

[deleted] • -7 points • 25 November, 2019 03:59 PM

Talking to her ex is wrong.

Fucking tradcons everywhere these days. Talking is nothing. There's nothing wrong with it. Fucking is a different matter.

Prometheus4441 points 25 November, 2019 08:46 PM [recovered]

Speak for yourself pal.

[deleted] • 21 points • 25 November, 2019 04:18 PM

It's always best to end things when she loses interest. Gives you time to reflect and adjust. It's always your fault. Otherwise she would still be interested in you. Definitely a good thing you caught it early. Given the circumstances I would say you did the right thing.

The reason she wanted you to meet her mother while entertaining another man's attention is simple and savage. There are no lengths a woman will go to maintain the facade of a relationship until she decides to leave. My ex wife sat with me at my grandfather's funeral and then fucked someone else later that night. She was a nurse at the hospital he died in. They have no moral compass, only an emotional one. If your goal was self-preservation and deception you'd do the same.

Cheers!

[deleted] • 28 points • 25 November, 2019 09:59 AM

At 4 months it was still a plate anyways

jackandjill22 • 6 points • 25 November, 2019 04:18 PM

Exactly. That's not even really a relationship. Tbh

Speedracer11111 points 25 November, 2019 01:11 PM [recovered]

You didn't properly vet her.

3 months ago you posted about a plate that you knew for a couple of weeks and now you post about a gf of 4 months.

Yes you did fine by dumping her, but she should have still been a plate at this point. General rule of thumb is 6 months of vetting before upgrading from plate to girlfriend. First 3-6 months guys and girls are on their best behavior, honeymoon phase, after that phase you see the true them. Hard to lie for longer unless you are a

sociopath.

You second point is explained under Lightswitch effect. Good info to learn and now you have experienced some of it.

Now go read the sidebar, which is in the top right corner dropbox under info (I believe) if you are using a mobile.

smirk\_addict • 10 points • 25 November, 2019 01:29 PM\*

A lot of girls aren't going to let you fuck them for nothing for 3 to 6 months. Not even for a man they consider high value. But I agree that if he was calling her a plate a few weeks ago and then discovers this shit, it sounds he missed a few things. They probably just became official and he said GF of three months because it sounds less embarrassing than girl I've officially been dating for a few weeks.

Speedracer11111 points 25 November, 2019 02:31 PM **[recovered]**

Some will, some won't. Experience let's you navigate this.

Compare it to being in management. Some of your employees want recognition of their performance with cash/bonus (don't do this with a plate), some want titles (non exclusive gf is still a plate) and others want the pat of the back and praise given in front of their colleagues (seen in public with you). That keeps the person content or happy, but you have two more sides.

Bad employees and excellent employees. Bad employees you put on a performance improvement plan, which I have never had one pass. They either find a new job (some other guy agreed to exclusivity) or you fire them (they break). Excellent employees you promote. It's very rare to see promotions within a year, but it can happen to star performers.

californiawaves23 • 3 points • 25 November, 2019 10:45 PM

Terrific analysis

hopelesshotel • 2 points • 25 November, 2019 05:46 PM

that's why you lead them on and tell them you just like to take your time. also insinuate maybe if they gave better head it might speed up the process.

[deleted] • 2 points • 25 November, 2019 09:57 PM

I always have this problem, and it burns me every time. You'd think I'd stop jumping into the pot.

[deleted] • 1 point • 30 November, 2019 06:17 PM\*

I thought that the lightswitch effect would make her completely cold and go "I never liked him anyway", unless it applies to the other guy

DerDroogie • 8 points • 25 November, 2019 10:15 AM

You did the right thing. You don't need to waste your time/energy guessing what's going on in her hamster brain. She disrespected you. Next.

ohris • 8 points • 25 November, 2019 02:12 PM

She sent me a big text afterwards trying to justify her behavior and make it seem like she did nothing wrong.

Would love to see how she conjured this one.

zav25[S] • 12 points • 25 November, 2019 02:30 PM\*

Something like "Even if I would've talked to someone like you're saying, I didn't say anything compromising about you or our relationship, I think this is just a cover up reason for you to breakup with me and not the real reason", then some more bullshit about she had a great time with me and she wished I would've gotten to know her better, that she would've supported me... Her hamster was going crazy trying to put the fault on me. I just replied "it was nice meeting you, I'm not mad at you, take care."

BlackDogRamblin1 points 25 November, 2019 03:27 PM\* **[recovered]**

The rationalization hamster never gets tired.

"I didn't talk with someone"

"But even if I did talk to someone I didn't do anything wrong"

"And even if I did do something wrong it's your fault because you didn't make me soup when I was sick last month!"

hmsthinkingmeat • 10 points • 25 November, 2019 04:39 PM

The rationalization hamster never gets tired.

It's robo-hamster.

**It can't be bargained with. It can't be reasoned with. It doesn't feel pity, or remorse, or fear. And it absolutely will not stop, ever, until you are dead.**

big\_ass\_package • 0 points • 25 November, 2019 08:25 PM

Exactly this.... It still makes me think what the fuck?

ohris • 4 points • 25 November, 2019 02:43 PM

I see. You did great btw.

muricanwerewolf1 • 2 points • 25 November, 2019 11:34 PM

Hell yeah dude.

BusterVadge • 8 points • 25 November, 2019 03:51 PM

It's never HER fault. It doesn't matter if she hit you with the car. From her prison cell, she'll tell her cellmates that you abused her. And then it would be your fault.

It's never the woman's fault. Go through 5 or so breakups and you'll see what I mean.

[deleted] • 4 points • 25 November, 2019 10:02 PM

Slipped, fell, landed on his dick.

[deleted] • 3 points • 25 November, 2019 11:27 PM\*

"she invited me to meet her mother, I fucked her 3 times"

That must have made your girlfriend jealous.

legend503 • 7 points • 25 November, 2019 11:20 AM

I thought I was against the result by reading the title.

But you did the right thing. Kick her out ☐

TheBunk\_TB • 6 points • 25 November, 2019 03:04 PM

She was setting up options. You aren't wrong for letting her leave your life.

Monitorul • 7 points • 25 November, 2019 03:37 PM

SHE asked him out

You did the right thing. Move on and find someone else.

mr4kino • 12 points • 25 November, 2019 11:50 AM

You did well.

Probably an unpopular opinion, but looking at her phone was the right thing to do. You can be sure she would have done the same \* 30 times. This simple action made you dodge a freaking bullet.

Well done again.

[deleted] • 6 points • 25 November, 2019 10:00 PM\*

"Trust but verify"

It's also useful to have some "canaries" sitting out. Put up a couple small boundaries you don't care much about (i.e. you won't be emotionally compromised) and see if she's willing to violate them. When she does, that's a sign that the air is going bad and it's time to withdraw yourself.

user20180620 • 2 points • 25 November, 2019 11:16 PM

Got any examples of good canaries that spring to mind?

[deleted] • 5 points • 25 November, 2019 11:33 PM

They should be real things that you don't like, but could tolerate if you had to. Someone who is acting in a considerate way will not ignore your preferences even when they don't think they're a big deal.

This is also different from someone encouraging you to try new things that you're reluctant to try - this is about things you have already tried and have a set opinion on.

If she does a lot of cooking, an straightforward one is with foods. I wouldn't go as far as faking an allergy, but if you don't like the taste of something like mushrooms or cilantro then it shouldn't need more than a couple reminders (if any) to have it stop appearing in any food that's made for the both of you.

From a sexual side, if you for instance don't like having your nipples played with and she's into that, she'd better be asking first before doing it.

user20180620 • 5 points • 26 November, 2019 01:17 AM

Gotcha.... Making preferences known, and seeing if she is attentive and keeps them in mind. ☐☐

muricanwerewolf1 • 2 points • 25 November, 2019 11:36 PM

Do you have an example?

[deleted] • 3 points • 25 November, 2019 11:57 PM\*

Responded more in depth to the other guy, but small violations over clear preferences that a considerate person would not make. Food preferences, stuff in bed. Things they should be asking

before doing.

This tells you when they're no longer caring about how their choices affect you.

Edit: another is mentioning a minor insecurity during peacetime and watching for if she'll bring it up in an argument as ammunition.

empatheticapathetic • 1 point • 3 December, 2019 04:57 PM

Won't all women use an insecurity against you?

DoesItMatterTooYou • 6 points • 25 November, 2019 01:02 PM

Great work and exactly right. There are several red flags. She never mentioned you which is a HUGE red flag. BLOCK her every path back to you and refocus now (gym, plates, etc).

Manny1400 • 5 points • 25 November, 2019 04:05 PM

Yes, kudos on doing the right thing.

I would have immediately dumped her

MattyAnon • 6 points • 25 November, 2019 04:39 PM

I think I'm half at fault here. I probably did something that made her want to branch swing.

Don't blame yourself. AWALT.

Yes you did the right thing, and regardless of blame she's trying to cheat so she's gotta be ditched. Even if your fault..... she's gotta go, because the relationship is now totally fucked.

why the fuck would she invite me to meet her mother 2 weeks into chatting with this dude, knowing she might branch swing anytime soon?

I hate to say this, but she probably saw you sliding into the BB zone, characterised by provider potential and "meet the parents".

Or wasn't she looking to branch swing and was only fishing for attention from this dude?

Definitely more than fishing for attention. Women are attention whores for sure, but this is the actions of a girl trying to meet up, not a girl trying to just get attention. Why isn't your attention enough for her? Because she doesn't fully respect you, that's why.

Next time be more cautious about getting into a LTR, commit less, expect this kind of thing, be ready for it to end at any moment.

Or just don't bother and see FWB's.

introvertp • 7 points • 25 November, 2019 06:01 PM\*

Being in experienced (not just sexually), whether you told her or not, could have been where you dropped the ball --If you're looking for an answer.

I must commend you for not being needy and showing your willingness to walk away. Always trust your gut.

Edit: really proud of this post, good job OP.

450k\_crackparty • 9 points • 25 November, 2019 01:54 PM

You did the right thing. The thing you did especially right was how you broke up with her: swiftly, clinical, and



non compromising.

Every man has boundaries. Sometimes they need to be spelled out for a women, but a good one intuitively knows them. It's not that she's 'not allowed' to break these boundaries, it's that if she does then there will be consequences. It's a mindset that both parties in a relationship should have. These aren't 'rules'. Rules are made to be broken. Rules are things that a kid doesn't want to follow but has to abide by or else their parent will send them to their room. Rules are like the speed limit; you don't want to drive under 60, but if you go over you'll pay the price.

These are established boundaries that neither party should WANT to push because they are happy with each other. And if they do, they know the consequences.

lazydogg9 • 9 points • 25 November, 2019 04:00 PM

Congrats you did something half of the TRP "Gurus" don't have the balls to do.

You did the right thing. Gut feelings never lie. She was a hoe and her actions have proved it.

Now don't get weak and text her.

Block her on everything. EVERYTHING.

Bolognaiz • 5 points • 25 November, 2019 11:33 AM

How Can she justify her behavior here ? You did well, don't doubt

amwfhunter • 5 points • 25 November, 2019 01:39 PM

Yes

[deleted] • 6 points • 25 November, 2019 03:17 PM

just make sure to disconnect from her completely before she has a chance to turn it around and say somehow the whole thing was all your fault. disconnect all social media etc

devrunner86 • 5 points • 25 November, 2019 03:29 PM

Follow your guts, always. Its what lead you to investigate (even thou you know its pushing boundaries). You also showed massive respect by confronting her honestly and allowing her to share her side. Respect bro.

whammyface • 5 points • 25 November, 2019 03:57 PM

Yes and no. It doesn't matter what they talked about. Don't commit to a girl that has her ex in her life in any way shape or form. This amount of level of intimacy with ANY man is a big nope from me, actually. But now that I'm older, I would have just shrugged my shoulders and enjoyed her without committing to her and would consider myself free to do as I please.

4juice • 5 points • 25 November, 2019 04:03 PM

What if what you've done was the wrong thing? Will you be a puppy dog and apologize to her and take her back? Most probably she wont go back to you one bit. Its okay to trust your instinct and be ruthless.

Nergaal • 5 points • 25 November, 2019 04:13 PM

She sent me a big text afterwards trying to justify her behavior  
she isn't even sorry, lol

fitness4393 • 6 points • 25 November, 2019 06:21 PM

Dude you're doing great if you can stick to it. Like another comment said:

If you can do that, you got a good handle on your emotions. Good work man.

johnnydanconia45 • 4 points • 25 November, 2019 02:30 PM

100%. It's bullshit.

You know she'd lose her mind if you did the same exact thing.

KrissVectorEOC • 5 points • 25 November, 2019 02:50 PM

Yes. Moving forward have more conviction in your actions. Trust yourself.

Crixusgannicus • 3 points • 25 November, 2019 05:20 PM

To quote and/or paraphrase some of the world's greatest philosophers.

1) These hoes ain't loyal.

2) You (might) have 99 problems but THAT bitch ain't one.

RealHedgeFund1 points 25 November, 2019 07:34 PM\* [recovered]

What's up with guys not recommending snooping on phone, when it clearly saved this guy. Snooping makes sense if there is bad gut feeling.

volvestupidshit • 2 points • 26 November, 2019 02:11 AM

If you are a type of person that needs your girlfriend to break things for you because your balls are no longer there, then it's a no. But if you are a type of person that is ready to break things off if you see things you don't want then yes.

jhx2641 points 25 November, 2019 10:40 PM\* **[recovered]**

You did the right thing. Only thing you possibly did incorrectly was telling her your reason for breaking up with her.

If I read it right you told her why and that gives her closure and the ability to hamster herself out of agency.

If you told her you just weren't feelin' it anymore or that you're super busy and don't have time for a relationship or some bullshit that would cause her to always wonder about what happened.

Good job having self-worth and not standing for bullshit though dude

ThrowawayYAYAY2002 • 2 points • 26 November, 2019 08:20 AM

Good advice. But again, *why not* tell her exactly why it's over?

There's enough dishonesty already, why add more to it?

I *always* let them know why they fucked up. They deserve the full wrath, not a weak excuse.

empatheticapathetic • 2 points • 3 December, 2019 05:04 PM

They'll always hamster a reason that puts the man to blame. They cannot take responsibility. So the best weapon seemingly is a vague non answer that they know is not the whole picture. This prevents them from fully hamstering an excuse. They will never accept responsibility, they're apparently unable to.

syf3r • 8 points • 25 November, 2019 02:41 PM

For the immediate future, this is going to suck. Because it's an LTR. And you'll probably question your decision. Thoughts of the good times you two had will come up and you might have the urge to reconsider. A tinge of regret will come up every now and then. But IMHO, you did the right thing. You'd probably be raped in one way or another if you further invest your time and energy with her. Will we know for sure? NO. And there in lies staring into the abyss.

WolfOfAllStreetz • 5 points • 25 November, 2019 02:04 PM

AWALT.

Well done.

lolomotif12 • 3 points • 25 November, 2019 12:44 PM\*

You did the right thing. The fact that she was initiating contact and asking him out as well as sending him pictures of herself proves she was not LTR material. Good thing you dodged this bullet early on and things will be easier. Always trust your gut! Trust isn't given, it's earned!

rizzlyfromthe9 • 3 points • 25 November, 2019 01:14 PM

Of course you did, good job

strainer123 • 3 points • 25 November, 2019 01:20 PM

Yes you did the right thing, and she was cold like that because they all are, women are masters of manipulation, she was pushing things forward with you while considering her alternative, maybe she was getting bored or scared of commitment so she started considering her alternative more seriously.

bojack\_horseman • 3 points • 25 November, 2019 04:51 PM

You did the right thing man.

Last year, before I began to elevate myself to alpha status I was in a similar situation.

My ex would lie and manipulate me any way she wanted, always on the phone, taking to "guy friends" on social media. I always had a gut feeling about it, but I was too beta to do anything.

Looking back, finally dumping her was my best move. She apologized, cried, begged me back, but by then I was ready to make a life change.

iamdaddy254 • 3 points • 25 November, 2019 05:10 PM

Yessir! You did the right thing!

You get a fresh clean slate my man! Watch out world!

Pokeylaw • 3 points • 25 November, 2019 05:15 PM

My cousin was in the exact same situation mofo broke up then got back together in less than 24hrs. Now he's sad as trying to talk to me about he can't trust her. I told him straight up break up or deal with it, your relationship not mine.

aWorldBornDead1 points 25 November, 2019 05:16 PM [recovered]

1. You can do everything right and they might still cheat on you. Some people are just shitty like that.
2. She probably wasn't trying to branch off. Just trying to have some side cake and eat it too.
3. It's up to you if you did the right thing. If you don't tolerate that disrespect, then yes you did the right thing

by ending it.

ThrowawayYAYAY2002 • 2 points • 25 November, 2019 05:54 PM

Exactly.

Never did get the whole "It's not them, but it's YOU!" POV.

If someone is going to cheat, then that is what they will do.

aWorldBornDead1 points 29 November, 2019 09:22 PM [\[recovered\]](#)

Is your reddit a reference to YAYVIDEOGAMES/throwaway

ThrowawayYAYAY2002 • 1 point • 29 November, 2019 11:15 PM

Just in general.

You *can be* a 10/10 partner, do everything right etc.

If someone cheats on you then that's their problem. It's not always the victims fault.

EvelynnSpoiler • 3 points • 25 November, 2019 05:48 PM

I was at a party on Friday and made convo with some guy waiting for his gf in the toilet. When she came out, she started asking who I was and what I'm doing here. Within 30 seconds she had her hands on my chest and was flirting in front of her BF.

I looked at him and he just stayed quiet. I didn't want to be a dick, but I should've pulled him aside and told him to ditch her.

A woman showing any signs of interest like that should definitely be dumped. OP you did the right thing

InsidiousCurve • 3 points • 25 November, 2019 06:39 PM

I always come back and look through these threads once in a while. This is a good example of women in their party years imo. She knows she's young and her ego is high since she's getting a bunch of attention from guys. Honestly, why break up with her? If she's starts to be disrespectful toward you, then do it. Otherwise, utilize dread game and push her out a bit. Let her come back and enter your frame. You should know this is going to happen and every chick in her party years is going to take full advantage of the attention. Why even call a 19 year old..etc your gf? Just plate her..etc. You shouldn't be thinking about anything exclusive/long-term for a while.

Lib-Tears-in-my-cup • 3 points • 25 November, 2019 06:43 PM

You did the right thing. If she messaged me its b/c his cock was on her mind. I would find that very disrespectful.

Red\_Pill\_Brotherhood • 3 points • 25 November, 2019 06:59 PM

Yes, you did the right thing. Good on you for dumping her and keeping your balls. Now just do NOT let her back. Ghost her forever.

Always futile trying to guess why a woman did something, but likely reasons are she still has some emotions for the guy and/or you were weak and lost frame somewhere. Maybe she was alpha widowed. But its a waste of time trying to think about why, the key now is moving on to new women and staying on purpose.

Casanova-Quinn • 3 points • 25 November, 2019 09:37 PM

why the fuck would she invite me to meet her mother 2 weeks into chatting with this dude, knowing she might branch swing anytime soon? Or wasn't she looking to branch swing and was only fishing for attention from this dude?

Pretty simple, she's keeping you as a backup plan if things don't work out with her ex. That's how branch swinging works, the girl will hold onto the beta until she's confident the alpha will commit.

californiawaves23 • 3 points • 25 November, 2019 10:41 PM

Way to keep a good mindset about it all. There could be a thousand reason why she was chatting with her ex. Here's the thing, if you were official then you did the right thing and never look back. HOWEVER, if there was no guidelines in place and you were never official then you overstepped and lost frame.

Good luck

ButMessiDeservedIt • 3 points • 25 November, 2019 10:52 PM

Mate, GOOD for you. You did the right thing.

JohnBoyAndBilly1 points 25 November, 2019 10:59 PM\* [recovered]

I mean, are these stories real? "The day I found out about her messages, I met her mother, I fucked her there times, and she cleaned my house and did my dishes." What the hell?

zav25[S] • 1 point • 26 November, 2019 06:46 AM

It's fucking real. If something, I think that she was actually acting even more kind and sweet and affectionate, which was one of the red flags at some point. She was being way more affectionate than usual, like she was feeling guilty and trying to over compensate.

muricanwerewolf1 • 3 points • 25 November, 2019 11:09 PM

You did the right thing, this monkey was looking to grab onto another branch.

And to the second, reread the side bar. Women are not rational. You know it's bizarre to introduce your mother to someone you're considering leaving, but the female hamster can rationalize any act.

Funny story, a young woman I was seeing was hanging out with myself, and also still seeing her ex when I met her parents. The feeling of dislike of this older man playing with their daughter, destroying her relationship with her highschool/college sweetheart was palpable. The irony is, of course, she was no victim in any way. A couple years go by and we start dating again, only this time she ends it with me to start dating my younger brother! Can you imagine being her parents and trying to follow, let alone understand what the hell she was thinking?

El\_Serpiente\_Roja • 3 points • 25 November, 2019 11:28 PM

Sounds like you got your head on straight. Keep sharpening those darts

machaeagle • 3 points • 25 November, 2019 11:58 PM

You did the right thing. Look at what she did in just 4 months - now imagine 4 years into the relationship. You're learning how to vet an LTR which is great, but you should be dating more women as plates so that you build abundance mentality and a better data pool for what women do in relationships and as a partner.

Based on how you wrote your post and going straight for self-criticism, I have a good feeling you're going to go a long way. I admire your thinking that you probably did something to make her contact the ex. This is usually true and you may have failed consecutive shit tests from her and she was looking to branch swing or keep options around.

You're young, very young, so keep building experience and don't settle until you've fully understood yourself and reasonably understood women.

Hedser91 • 3 points • 26 November, 2019 01:34 AM

You did the thing, remember that when it gets hard she would've fucked that ex and would've never told you. You would be scrambling your member in that guys man juices. Imagine the humiliation and she would not bat an eye.

[deleted] • 3 points • 26 November, 2019 06:36 AM

Didn't need to read past the first bullet point.  
she initiated it ? NEXTTT

Vynxe-Vainglory • 9 points • 25 November, 2019 10:20 AM

Going through her phone is not a big no no

TFWnoLTR • 6 points • 25 November, 2019 06:54 PM

It is if you are doing it out of insecurity.

It isn't if you are following your gut instinct or have some legitimate reason to be suspicious.

[deleted] • 2 points • 25 November, 2019 10:02 PM

If people didn't do bullshit behind your back, there wouldn't be a need for trust issues.

[deleted] • 2 points • 26 November, 2019 06:40 AM

Exactly.

Like someone said, trust, but verify.

Vynxe-Vainglory • 1 point • 25 November, 2019 10:05 PM

Trust, but verify.

-ThePathIsTheGoal- • 2 points • 25 November, 2019 09:54 AM

Good work my friend.

scorpionkg • 2 points • 25 November, 2019 12:57 PM

Yes! You did! Set your boundaries! Good job!

Jabbermouth • 2 points • 25 November, 2019 04:23 PM

Be glad you didn't marry this girl.

Just outta curiosity how long did you vet her for?

blacwidonsfw • 2 points • 25 November, 2019 04:26 PM

Good job. There will be many more. Enjoy your life

PhaedrusHunt • 2 points • 25 November, 2019 04:40 PM

Hey man good on you. It's hard to dump a girl you like especially if it's the first piece of ass you ever got. Luckily for me the first few girls I banged were just hookups. It was a later one they got her hooks into me.

This girl was trying to gaslight you. Trying to make You seem like the crazy one for thinking any of this is inappropriate, and making the misdemeanor of looking in her phone greater than the felony of the stuff she was doing.

guys any of y'all in here calling this dude a beta cut him some slack. He had the guts to trust his instincts and the guts to dump this chick. He's doing fine.

That said get to the gym or do the thing that you're passionate about that's going to make you get in great shape. And get two or three girls on rotation.

The reason for doing this, spinning plates, is that it creates abundance. If you're dating multiple women and have options then when you decide to go into an LTR with one of them you're not coming from a place of neediness.

zav25[S] • 2 points • 25 November, 2019 05:01 PM

Thanks a lot. I'm going to the gym religiously. I feel a bit of sadness but fuck it I'm gonna use it to learn and be ready the next time. Cheers!

[deleted] • 2 points • 25 November, 2019 05:38 PM

Congrats, OP. You got /r /relationships and /r /twoxchromosomes types answers out of TRP.

sebastianconcept • 2 points • 25 November, 2019 09:50 PM

Hands down you did the right thing.

redditispathetic123 • 2 points • 26 November, 2019 02:21 PM

She asked him out? why did you make this post, there is no earth where not dumping her isnt the right answer. wtf

Herdseengineers • 2 points • 26 November, 2019 05:26 PM

You did the right thing. Her text justifying her behavior and defending what she did, instead of apologizing for being disrespectful of you, further shows this chick is not a good one for you. She's gonna end up worn out with the 1000 cock stare in a few years, and you'll be glad you jumped ship when you did even more so then.

[deleted] • 2 points • 26 November, 2019 05:42 PM

She a hoe lol

GameOfBimbos420 • 2 points • 4 December, 2019 01:14 AM

I remember my first.... ignore her until she wants to fuck again then fuck her brains out then ghost her

mustardplug1 • 2 points • 9 December, 2019 03:29 AM

You did the right thing bro. Sounds like you are very young since it's your first GF. Your lucidity to the situation is impressive. You will go far

superstar84b • 2 points • 21 December, 2019 10:13 AM

It was time to get out of there. If you don't feel prioritized, you're probably not. The answer is really simpler than you think. Ask yourself, "do I feel comfortable with my gf flirting with another dude and openly trying to hangout with him, especially if it's a dude she's already dated?". The answer is probably no. Since you're young, this is why I'd recommend spinning plates and not settling down. The frame of the relationship needs to be set before you even enter it, which wasn't possible here because you were a virgin. This relationship was a good stepping stone and experience. You are already better off than some dudes in their 30s and 40s because they

wouldn't have had the courage to put themselves first when they were undervalued. It's HARD because it's your first time and it's HARD to adapt to the red pill to begin with. But you took the first step and handled this the way you should.

CMOAN\_MAYNE • 2 points • 22 December, 2019 08:02 PM

You did.

I had a similar issue with my ex, she kept her ex on the hook for basically a year before I found out. When I did find out, we had already signed a lease together.

After another year I basically had to tell her that I had no feelings for her anymore. It never got better.

VigilantSmartbomb • 1 point • 25 November, 2019 11:38 AM\*

It's always 100% your fault-

But you can't control her actions, only her drive indirectly

You did the right thing, now address what made her do it and fix it for the next one

Why you ask? Cause she wanted her cake and to eat it too lol

Instead of actually investing in a person, she'd rather get fucked on one side, and have the 'life' on the other side.

Sounds like you need to stay away from the LTRs for a min and practice ya dick game homie---

Good dick will always keep them coming back, and keep them from straying 9 times outa 10.

IMADETHIS141 points 25 November, 2019 01:10 PM [recovered]

You absolute incel

VigilantSmartbomb • 1 point • 25 November, 2019 01:21 PM

You're like 12. Care to actually join us at the table and explain your perspective? Or just shout proverbials from across the room like a child-

Truly hope that's not a response to everything being a result of you in your life. You're the only bottom denominator

IMADETHIS141 points 25 November, 2019 01:34 PM [recovered]

There was literally nothing he could do, he couldn't control her actions. To claim his dick game is weak and that's the reason she acted the way she did is pathetic.

VigilantSmartbomb • 1 point • 25 November, 2019 01:37 PM

If you actually read the comment it's stated in the first part that he can't control her actions, only her drive indirectly.

I said to fix it for his next relationship and get his shit together so it doesn't happen to him again.

Stop projecting.

& to claim good dick doesn't keep females around sounds inexperienced. It's right there in the side bar. Go read first.

AlmostWardCunningham • 1 point • 25 November, 2019 04:58 PM

You should have kept her as a plate and tried to find someone else.

[deleted] • 1 point • 25 November, 2019 05:02 PM



If you are confident in your ability to control your emotions you should attempt to plate her.

zav25[S] • 2 points • 25 November, 2019 05:11 PM

I'd try some shit like this, but I think it's better not to. She has to text me back anyways, I ain't messaging her first no matter what.

How would you approach plating her if you were in my situation? I.e: Post breakup.

[deleted] • 2 points • 25 November, 2019 05:24 PM

Firstly, always wear a condom with a girl like this, it sucks because shes your first but if you plate her she is more than likely gonna fuck other dudes too. So you gotta be chill with that.

You dont have to message her, she will message you 100% within the next 3 months. You need to have abundance, make it known that you're doing well without her, dotn give her any extras time, treat her like an old male friend. Its a complex game and I am looking at this as a stepping stone for you, use this as a trial run. Dont be upset if it doesnt work out, sounds like youre inexperienced on the matter. But imo this is one of those perfect scenarios for a plate.

zav25[S] • 1 point • 25 November, 2019 05:59 PM

Thanks!

Bleu\_Cheese\_Pursuits • 2 points • 25 November, 2019 06:43 PM

What I would have done is perhaps slightly more nuanced. Once I discovered her monkey-branching, I'd up my dread game gradually until she'd be a de facto plate anyway. Like you know, flirting with other girls in front of her, etc... She'd probably stop monkey-branching once enough dread had set in. Of course you'd already know that she isn't LTR material, and most women consider it beneath their dignity to get demoted from gf to plate unless you're rich; so she'd eventually just break up with you. But, you'd get a few months more maybe, during which you can take advantage of pre-selection to find your next dalliance.

McVaghunter • 0 points • 25 November, 2019 01:24 PM

You did the right thing but it was powered by an irrelevant reason. This whole monogamous "my gf" "my LTR" "cheating" bluepilled shit does not belong here.

People with options are not LTR material, we branch swing whenever a better alternative is available. Spin plates.

AWALT99 • -3 points • 25 November, 2019 02:08 PM\*

Sorry for hijacking this post. Just wanted to share my story and also get some advice for pushing forward after a breakup.

Me (34 M) recently came out of a nasty breakup with my ex (25 F) two months ago. Met online, chatted for a while and finally went on our first date. A few weeks later she came to my apartment. By the 2nd date she was sucking my dick like her life depended on it, deepthroating and all and she even let me cum in her mouth and she swallowed.

I was kinda disgusted when she swallowed that quick but who cares I liked it. She made a comment that pissed me off, saying she doesn't like the taste of cum its too salty but mine isn't..I knew I was probably dealing with a slut but anyway. She didn't give it up that day since she had the period but eventually gave it up by the 3rd date.

We became official 3 months later, didn't live together or anything. She had too many red flags which made me

wonder why I would commit to someone like that. Unstable personality which she tends to blame on her abusive ex.. Of course they never blame themselves.

We dated from December 2018 until September 2019. Things started deteriorating since May 2019, and I noticed she was pulling away being slightly cold, takes a lot of time responding to texts 8 hrs when she's at work and blaming it on being busy..also withholding sexually.. I called her out on it - mistake.

Then I told her over the phone that I wanted to end it. She said she doesn't want to and she asked to come here so we can mend things etc of course typical female manipulation she came here and promised she will change etc and me like a good beta gave her a chance.. 3 weeks later didn't notice much improvement. Waited for her to come here gave me a blowjob and fucked her ass till I tore it up and came inside etc I was mad af.

After she left I told her it was over.. She said she knew I was gonna do that and asked if she can still come from time to time. I said yes but don't expect anything non-physical.

She came on August 8 and before entering the apartment she freaked out and wanted to leave and told me she wasn't sure what my intentions were and she was afraid i was planning something lol straight up psycho and she ran towards the elevator panicking and shaking, she said she just wants to sit down at the lobby.

We sat down for almost 3 hours complete waste of my time then she took an uber and went home. She never came again until begining of September. During that time all we were talking about is how she doesn't trust me and some horseshit, she is always projecting her abusive past onto me, which was something I noticed very early as a red flag but ignored.

During the 1 month+ period we didn't see each other she sometimes initiated contact during that period but we would go 2 or 3 days without contact. Finally she came begining of September and by that time I guess we were both checked out of the relationship, few days later on September 13 she calls me in the morning while I was at work and started telling me your tone is aggressive and you are rude rn etc then we hung up. THIS is the interesting part.

I sent her a text immediately telling her its over and I can't put up with her crap anymore. Then headed to a meeting shortly after. When I got out of the meeting there was still no response, I called her a few times- ask me why!! Then sent her other messages saying if u don't respond by 11am you are blocked and I don't wanna hear your voice again. Next thing I know is her blocking me on whatsapp lol.

Then I go ahead and send her text messages saying why would u block me? And told her am coming to your work to grab coffee and talk about things- she freaked out calling me and panicking and telling me she called the police blah blah then she said she will call me after work. So she calls me at 5pm and asks if we can meet. I told her where to come, so we meet at a coffee shop and she says how scared she is etc same old crap.

Then she went home and I went home. The next day she calls me asking if she can come to my house. So she comes and tells me the relationship is over, you ended it yesterday and I agree I don't want a relationship with you after what you did yesterday. I said fine. I was calm af and didn't show any emotion. She then said she wants to be FWB ans asked if I wanted to fuck. I said no thanks maybe another time, it bruised her ego and she asked me are you sure? I said yes.

But I'll let you know when I want. She said Ok. Then she left. We talked at night and I had a few drinks then went all beta over the phone telling her I don't want that FWB shit. Then she tried to convince me, eventually told her I will see. Next day I told her I will only be Ok with it if we were exclusive, she said Ok and we left it at that.

At the point I was already in the gym for 2 weeks, lost 13lbs and continued focusing on my self, eating healthy, lifting, sleeping well etc then I took a week off work to go to California, before I left I texted her so we can meet up the Saturday after I came back, and asked her to confirm via text. She called me to wish me a good trip and said she will check her schedule at work and confirm. I said Ok.

4 days later, I had drunk called her at 5pm, she didn't answer, called again at 8pm she didn't answer as she was still at work. Alcohol tricked me into texting her saying why are u not answering all that crap and then told her forget about our fwb arrangement. She calls me shortly after and we talked for a bit then hung up. The next morning I send her a series of beta messages.

Including screenshots of texts between me and my female cousin, who asked about how my relationship was, I told her we are no longer together etc and that since my dad's diagnosis I haven't been the same person and treated my gf bad and I rarely cry but I am crying because I could lose my dad at any time etc some bullshif beta stuff that I still don't understand why I sent.

Anyway, she says are u sending me this to try and get back with me using your dad as an excuse. The drunk me said yes, from there we started an argument and she insults me and I insulted her back it was ugly, she then said I believe the screenshots were made up, u have free time in your hands and sitting there obsessing about me lol.. Anyway we end it there. Next day i call her and the same thing we get into an argument and she has a mental breakdown and gets her dad on the phone to ask me not to contact again.

She blocked my number the same day. I then relapsed into my old drinking habits and start calling/texting from different numbers. I called and texted over a period of weeks every time while under the influence. She eventually changed her number. A week later I call her office and she didn't wanna talk -obviously.

Now she's on that pedestal. I then threaten to call her family and tell them we had a sexual relationship. She comes from a religious family. So I call and spoke with her parents and told them. That same day they called my family and asked them to make me stop or they will go to the police. I stayed quite until two weeks later when I sent her an e-mail to her work e-mail.

I fucking hate alcohol man. Makes me do some dumb shit. Anyway while I was randomly looking to see if they filed anything against me, I went online and looked up my name and saw that they tried to file for a peace order against me the same day they called my family but it was denied due to lack of sufficient evidence.

Since then I cut the alcohol and just focusing on my self. It was quite an experience. This is not something that I would normally do, but this bitch has a way of making people act this way, what's funny is that her ex did the exact same thing but he took it a step further and went to her houss until her father and brother got involved.

I should have heeded the message from the very begining when she was paranoid at the begining of the relationship and telling me about all the stories about her ex.

What do you suggest now, going monk mode for a while and focus on myself, my job, and kicking addiction, staying in the gym etc and leave gaming women until I have stabilized a little bit and forgot this relationship. It seems I secretly developed onitis in the process without even noticing. Onitis is a bitch man. I have been very distracted at work and life in general, it seems that this hoe was taking a lot of my time and I somehow became a codependent bitch! Whats your advice in getting over this quickly and move on?

hmstinkingmeat • 5 points • 25 November, 2019 04:35 PM

You need help, you tell her it's off in the hope she'll come running back to you, then when she doesn't you repeatedly text and call her and then turn up at her work to find out why.

Then you threaten her that you'll contact her "religious" parents to tell them she's been having sex with you if she doesn't do whatever you're demanding, then you actually do it.

You're an immature, vindictive, man-baby and you sound like you have serious mental health problems - as evidenced by your insane one-long-paragraph rambling pile of steaming nonsense.

You're coming across as some kind of psychotic, paranoid stalker and I think her family is right to file some kind of restraining order against you.

But you really need to go and get some help.

AWALT99 • -2 points • 25 November, 2019 08:17 PM

Thanks for your feedback man. I really appreciate it .Swear i was never like this. She turned me into someone I don't know. She has a history of getting guys to behave like this.

Am sure her ex was not like that before he knew her, but he ended up being the same. She said he was abusive but am sure he wasn't that bad. Instead of looking at herself she tends to blame others. She was treating me with suspicion and as being a potential stalker long before I did any of this.

Not to mention that she was talking to other guys, took a "break" that lasted over a month in which she was using the excuse of taking her time to trust me again after i cussed her out, and went to girl's nights out with friends who i knew were sluts and everyone knows they are. She has a crazy high n count and not a single successful relationship.

The previous "abusive" relationship that lasted a year, another one that lasted 3 months after which the guy ghosted her, and another that lasted 2 weeks lol which should not even be considered a relationship yet she is ciunting it as one.

For someone who is 25 it is hard to believe that no one wanted to ltr her.. Ever apart from those very few relationships. But after having been with her those 11 months, I guess I know exactly why. She's a ticking bomb, and I should have known better and left early when I had the chance but oh well..

BusterVadge • 3 points • 25 November, 2019 03:49 PM

Jesus christ man. Learn to write properly. Nobody's going to read that whole thing not broken up into proper paragraphs.

jackandjill22 • 4 points • 25 November, 2019 04:19 PM

That's a fucking crazy paragraph.

Davidskylarkk • 1 point • 25 November, 2019 04:51 PM

FTOW

Period.

AWALT99 • 1 point • 25 November, 2019 08:50 PM

Thanks for the advice brother. It's been 2 months and I am finally getting back in the mood to hook up with other chicks. It was hard. Never ltr again, and definitely not with these kind of girls.

AWALT99 • 1 point • 25 November, 2019 07:16 PM

Sorry for the big block of text guys, I fixed it hopefully its better now. Thanks for your feedbacks. hmstinkingmeat, thanks for the feedback man. I know what I did was fucked up. A lot of this is a result of alcohol dependence that am trying to kick now. But its also a result of her actions over the course of the relationship, she was always paranoid for no reason and sometimes called me dangerous and a creep etc without me doing anything. And i always told her she is projecting her fears based on her abusive ex onto me and that's not fair. She's totally broken and turned me into someone i don't know.

hmstinkingmeat • 1 point • 25 November, 2019 08:53 PM

Right well perhaps I was a bit harsh. I too was with a crazy biatch (21 years though) and ended up drinking a lot, every day to cope, and I too did some crazy shit while under the influence to get back at her after we split.

It's been 2 years now and I've managed to put her behind me, learn a lot and not act on spur of the

moment emotions.

The trick is to take this early life lesson and if you come across someone like that again cut loose immediately and move on. Otherwise they drag you into their world of crazy and some of that is bound to rub off on your actions.

Good luck with your future.

AWALT99 • 1 point • 25 November, 2019 09:00 PM

Thanks a lot bro, not at all. We are here to support each other and exchange experiences. You are absolutely right about that, now I know how to steer clear from any chick that exhibits even remotely the same characteristics as this crazy bitch. Am glad to know you put your ex behind your back and is ready for bigger and better things. All the best my man.

AWALT99 • 1 point • 27 November, 2019 01:11 AM

Bro can I DM you man, am in a desperate need for advice. My life is spiraling out of control really quickly and I don't know what to do honestly, I am losing my mind.

hmsthinkingmeat • 1 point • 27 November, 2019 12:29 PM

Sure

PreEntertain • 1 point • 25 November, 2019 08:39 PM

I'm not reading that

UltimateCrypto • 1 point • 26 November, 2019 01:48 AM

Get a fuckin grip. Ghost her. Move on.

AWALT99 • 1 point • 26 November, 2019 02:07 AM

Thank you bro, I am finally ready to move on after 2 months of turmoil. I'm ghosting the bitch completely and getting ready for life without drama and stress. Thanks man.