

# Whats the point of living life if objectively average?

3 upvotes | 14 December, 2019 | by clickherebaby

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All my life ive sucked at everything. You know you suck at everything when everyone reminds you all the time. Anything you can imagine that requires competency, I was abysmal at. Poor coordination in every regard, very overweight, needed speech therapy, did poorly in school, non athletic, no personality or a shred of confidence. I was 11 self abusing. I genuinely hated myself.

Well an ocean of effort later, ive arrived at average. And i the trajectory of my life. All the habits i work tirelessly to create, die the moment i ease my foot off the gas. Ive gone from 180 at 6 3 to 211 and i eat clean man. I have to because of my autoimmune disease. But today I gave up my goal of 230. Ive been stuck at 211 despite eating nearly 4k calories a day. Where as 90% of people go beyond me in every conceivable way with significantly less effort and intent. I couldnt stress this enough with a book written as thick as a dictionary. It obliterates my moral.

But the thing is, i have the biggest and nastiest ego ive ever experienced. Im an invert narcissist 100%. Yes you can be a narcissist while admitting youre one. But i can guarentee that im not better than anyone, so i probably have a dissociative personality disorder too.

I think its my only way of coping with reality. Id be ok with sucking at life if i didnt want so much. Ive been observing my desires and trying to shed them off, and I've reached a point where its just constant war, no side ever winning. Every human i come into contact with not only has one objectively amazing thing about them, but probably more. I used to think i had something too, i mean everyone does; if i only i dig deep enough. But all i find is more darkness and emptiness, more ego as padding from the sheer objectivity of my existence.

Every person is a state qualifer, national record holder, supremely talented creative, online business extraordinaire, loaded with cousins and uncles in fortune 500 companies, has a quirky talent that NEVER fails to attract a compliment or merit, an escape route, a means of swimming through reality with no resistance. There's never an exception. The kid who i coached sucks at swimming but is excellent at guitar and has a personality to match.

Everyone i meet has one achievement that is further than all my achievements combined. My pursuit to be well rounded, coupled with shit attention and eclectic interests has led me to dig 10 holes 1 ft deep, while everyone has 1 or 2 holes 10 feet deep and a spare shovel ready to go.

Im constantly talking to myself to the point where people catch me doing it. Constantly analyzing situations and creating responses to them, as well as floodgates for the emotional response I inevitably give. Trying to dig deeper and rewire my subconscious, to identify absurdly irrational defense mechanisms and perceptions of the world that hinder my growth. Im always one inch of away from being the center of a crowd, staring at me, judging intensely, blacklisting me in their minds; baffled and nearly disgusted by me breaking character.

Ive been considering suicide not because im depressed, but because i see my life. I see the way the universe reacts to me, and im over and over coming to the conclusion that im defective. Youd swear i was mentally retarded or autistic, but id urge to to think twice before gracing me with such generous descriptions. Its offensive to them to compare me. Im beyond what you possibly comprehend be still considered cognitive function. Some of the shit i pull after years of trying not to again is truly a talent in its own right.

I know what the response to this will be. Couple downvotes and a succinct comment that tells me im stupid and should get over it or something. I know. This post is more for me. I know the inevitability of

me taking my own life. Its just a matter of accepting that i may hurt my family and cast a negativity around them like "oh your son killed himself??" So i just gotta work thru that. But to the 2 people who skim this, thank you. Idk for what really but i appreciate you taking the time.

Im not depressed or sad really. Purely defeated. Staring into the face of my limits and reality. I concede.

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## Comments

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RedJourney23 • 4 points • 14 December, 2019 03:18 AM

Dude you're just on the path. Keep going. Find something cool you want to do ie: goals... and work tirelessly towards them. You want to be a kickass guitar player and front your own band someday? Better get to work. The "great things" others are doing didn't just happen for them. Also, stop comparing yourself to others. Different life circumstances. One more thing, you don't have to be jimmy Hendrix or Steve Jobs to get laid and enjoy life. Just set goals and do what you want to do. Fuck what others are doing. And meditate

rprookie • 1 point • 14 December, 2019 05:44 AM

And if your goals are too overwhelming take baby steps. That's what I'm doing because I know I can't take all 5 of my bad habits down in a month so I'm breaking them down more and more for my discipline to amount to...

And I been in the same position comparing myself to other people and getting all depressed because I have succeeded in life yet or made any good accomplishment but with those accomplishments comes with discipline.

And also don't think too much and talk to yourself too much

clickherebaby • 1 point • 14 December, 2019 02:23 PM

I have a lot of conditionings that prevent me from just working hard consistently over time. I gotta work thru those as well as establish a stronger frame. Girls are truly the last thing on my mind. I never really struggled with them unless I got in my own way. I just gotta forge ahead. Yesterday was a low point

W\_O\_M\_B\_A\_T • 2 points • 14 December, 2019 03:34 AM

Just don't do average things all the time.

clickherebaby • 1 point • 14 December, 2019 02:47 PM

You're right bro.

bigdudecfc • 2 points • 14 December, 2019 03:45 AM

I understand where you're coming from sir as I myself have been and still feel like on that path the thing is though as you make progress you forget the road you're on while focusing more on the car you're driving which is you.

The only metric you need is the past you because the future is an image created by the actions of now and yes some may or may not be in your control, such is life you wake up wanting to know the next move but can't it BEEN THERE.

It is difficult to make moves knowing and comparing yourself to others the thing about that is it's just a comparison not a reality so take your reality to the levels you couldn't break before and nothing else forget the smoke and mirrors of lives that aren't yours.

YOU ARE THE CAPTAIN OF YOUR SHIP AND MASTER OF YOUR SOUL

GO GET IT

clickherebaby • 1 point • 14 December, 2019 02:25 PM

Yeah you're right about comparing. It's a very foolish and toxic thing to do. Thank you

Haytch1234 • 2 points • 14 December, 2019 07:30 AM

It generally goes like this:

Be happy, content and stay average.

Be unhappy about being average and complain and get into a rut.

Be unhappy with being average and work towards success. And the work towards success is tough and grueling and needs a proactive approach. This is why the other 2 can be more appealing to other people

clickherebaby • 3 points • 14 December, 2019 01:28 PM

Fuck man. This is important as fuck. Ive been rushing myself to do so much the past year that i feel like im burning out. I didn't even celebrate graduating debt free 6 months ago. I just went straight into working 60 hr weeks and building my body up. Now that its winter and im trying to move up as fast as possible, in starting to buckle under the pressure. Ive always been astronomically hard on myself. I need more sustainable processes. Thank you for the reply mate

jojijjo333 • 2 points • 14 December, 2019 09:15 AM

Please die victim we will not reinforce your victim mentality

clickherebaby • 1 point • 14 December, 2019 02:20 PM

I know g im working on it

NoVirtueSignal • 2 points • 14 December, 2019 11:35 AM

It's all about the way your mind and brain is interpreting the world and framing the experience.

Map is not the territory

We do not know what reality is. Our senses, beliefs and past experience give us a map of the world from which to operate, but a map can never be completely accurate, otherwise it would be the same as the ground it covers. We do not know the territory, so for us, the map is the territory. Some maps are better than others for finding your way around. NLP is the art of changing these maps so we have greater freedom of action.

We also need to bear in mind that everyone has their own map of the world, which is why sometimes we do not see eye to eye with people.

This is one of the presuppositions of NLP.

Quick guide here: <https://www.pdfdrive.com/nlp-secrets-upgrade-your-mind-e17342287.html>

Also read this: <https://www.pdfdrive.com/12-rules-for-life-an-antidote-to-chaos-e155511959.html>

Once you set goals and achieve them this will give you a direction and give you self worth.

clickherebaby • 1 point • 14 December, 2019 02:19 PM

Ill definitely read into this my guy thank you.

Trooper\_1868 • 1 point • 15 December, 2019 08:09 AM

When you get to the finish line, despite all this pain and hardships, you will actually have done something that really means something and something that took real effort. That is what is important. As long as you know that you will conquer anything. I recommend watching this:

<https://www.youtube.com/watch?v=W5tlGJwvmCQ&t=5s>

This is one of the strongest men in the world and how he overcame it. From nothing. Maybe he had better genes, but he got a really bad card in life and powered through it. Not my favourite actor but you can't help but be moved by his speech and his journey.

clickherebaby • 1 point • 15 December, 2019 09:38 PM

"From nothing." He had everything. A superstar father, incredible genes, constant opportunity. And here i am wondering why my absolute best foot forward, condensed from asking 100s of people questions wide eyed and eager to learn, adding processes that only help marginally, only to lose the weight ive worked so hard to gain. but also to see people in the world, that i know in the pits of my soul i outwork outlift me at 70 pounds lighter.