

# On Looks, Genetics, and The Black Pill

27 upvotes | 12 December, 2018 | by OsmiumZulu

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In a [recent post](#) u/BobbyMckgee brings up and attempts to answer a question that shows up in various places of the manosphere:

*how much of a role does the genetic hand you've been dealt play in your success with women?*

The conclusion arrived at by the end of the post is that due to social media distorting the Sexual Market Place "*genetics play an ever so large role*" and to "*pursue an LTR with a woman 2-3 points below your SMV*" meaning "*if your SMV is 7 or below, this could be a deathknell as you likely don't want a 4 or 5.*" He suggests that *if you are a 4 or 5 of 10, you will NOT be ever attracting a 7.*

In the interest of brevity I am not going to interact with the post point by point, but rather give an alternative conclusion.

## The Genetic Lottery

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Genetics matter a great deal in attraction, just as they do anywhere else. Short? No NBA for you. Low IQ? Probably not going to MIT on merit. Terrible eyesight? No flying jets for you. Etc. etc.

Now. Should these people throw in the towel, despair, and be black pill'd? Of course not. Each was dealt a different hand by God, entirely beyond their control. Their only rational option is to play the hand that was dealt them to the best of their ability.

In terms of looks, everyone has a genetic starting point as well as a genetic potential. Some suggest that SMV is fixed and can't be improved more than a point if at all. That's stupid. Just look at the "brogess" sub for proof.

Take a look at these guys:

- [5'8" "Nerdy" guy \(6 months\)](#)
- [5'10" "Adam Sandler-ish" dude \(5 years 3 months\)](#)
- [6' "Fluffy to Foxy" guy \(3 years\)](#)
- [5'11" "Gas Chamber to Aryan Overlord" \(6 years\)](#)

Now, would any of the "before" examples stand a chance competing against their "after" selves in the SMP? No. Each of these guys increased their base looks-only SMV by *at the very least* 1 point. Look at every "before" picture and you will see a guy who could have easily said, "I don't have good genetics, so I'm going MGTOW/Incel" and felt justified doing so. Yet they each took the time to self-improve, sometimes to dramatic effect.

My favorite is "Fluffy to Foxy" guy. The vast majority of women wouldn't have even noticed "Fluffy", let alone consider him as a sexual option. "Foxy" on the other hand is a panty dropper to many women. I don't think it would be an exaggeration to say he went from a 4/5 to an 8. What changed? 3 years in the gym (hence why [Lifting Is Not A Suggestion](#) around these parts), a haircut, and much improved fit/style. Just consider *being* that guy for a moment. Is your life not considerably better in every way? Your clothes fit, you are stronger and your body is more functional, women notice you, etc.

Is "Fluffy to Foxy" a genetic ubermench who hit the genetic jackpot? No. Is he taking steps to approach his genetic potential? Yes. That's the difference.

This is why the blackpill is for losers. Literal losers. Like, you lose if you take the blackpill and throw in the towel. It isn't rational behavior at all.

## The Downside of Genetic Giftedness

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Being genetically gifted in terms of looks (facial structure, height, ethnicity, etc) is like playing a game with cheat-codes on. This makes "winning" come much easier than it would otherwise and the need to develop solid "game" unimportant.

Well, the reason why marriage is called "RP on Hardmode" is largely because "game" becomes disproportionately important in an LTR. I've known several guys who were genetically gifted in terms of looks and despite having terrible game had no trouble at all picking up women. Their struggle? They had no game or concept of how gender dynamics worked and they would always manage to blow up their attempts at LTRs. The "I used to be alpha, then got married and turned beta" trope is this very issue.

Imagine a trust fund kid and a poor kid. Imagine these four outcomes:

1. The trust fund kid blows the money and ends up broke
2. The trust fund kid learns how money works and stays rich
3. The poor kid learns how to make money and gets rich
4. The poor kid stays poor (...and then leeches off the system, votes democrat, and ruins western civilization..)

Being blackpilled on genetically determined looks is taking option number 4. Even if the kid in option 3 never gets a tenth as rich as the trust fund kid, he is still better off than #4 loser kid. Don't be the loser kid.

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## Comments

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Deep\_Strength • 9 points • 13 December, 2018 05:54 AM

As I noted in the other thread for a bunch of people,

It's usually not about what you're saying but how you're saying it

Your non-verbals must exude confidence

If your non-verbals aren't showing pure confidence (which is fundamentally derived from being secure in Christ and knowing and executing His mission for you), then you're generally not going to have a good time with women even if you can "talk" the best game ever.

Some tips for men that tend to exude confidence.

Don't fidget

Slow methodical movements

Relax at all times

Strong eye contact

Your main three expressions to what women say should convey and attitude and facial expressions of

Expressionless, Eyebrow raise, and Smirk

Not afraid to immediately call out BS or tease if something weird/awkward/bad/funny happens

Switch from 'don't care' to 'full intensity' on and off. Basically, 'hell yea' vs 'hell no' mode.

The point being that if you're not getting anything like the "she's out of your league" or "good job" or 'surprised looks' when other men and women see your wife, then you can always improve on things. That's what any man whose looks are lower or significantly lower than their girlfriend or wife will get.

the\_cheesiest • 6 points • 12 December, 2018 10:22 PM\*

Mindset is key. If you believe you are unattractive, you will act unattractive. The Black Pill is an big dose of nihilism/fatalism. Don't complain about what you got, but work to cultivate what God has entrusted to you (Matthew 25:23)

OsmiumZulu[S] • 2 points • 12 December, 2018 10:36 PM

Yes.

I knew a guy who was a competitive body builder on top of having a jawline like Hercules. His fiancé was porn star level hot. His mindset was beta though and despite them having an LTR for about two years, she ended up despising him and treating him poorly because of his lack of "alpha" in the relationship. It resulted in one of the nastiest breakups I've ever seen. Looks are not enough; mindset was his undoing.

Alternatively,

I also knew a guy who was extremely average in every regard, a 6 at the very best, who routinely attracted women far above his SMV because he had an unshakably confident "alpha" mindset and a pair of big titanium balls.

the\_cheesiest • 2 points • 12 December, 2018 11:30 PM

I'm working on those titanium balls myself!

• points • 1 January, 1970 12:00 AM

[permanently deleted]

OsmiumZulu[S] • 3 points • 13 December, 2018 12:46 AM\*

Haha, no, not that big.

He would no joke walk up to a classmate and say something like, "Hey baby doll nice tits" *stare at her chest* sometimes literally get slapped, then continue on with the conversation like she didn't even respond and ask her out. Amazingly it worked a lot of the time. Sometimes, even when it didn't, he would ask her out whenever he saw her, "hey nice tits, can I motorboat them?" and often they found it so surprising they would cave and go out with him. He managed to do all of this with so much outcome independence it never came off as thirsty or needy. If anything, he was so amused by his own crashing and burning that it was contagious; amused mastery at its finest.

He was revered by the guys in class because of how bold he was. He would vividly describe to a girls face what he would want to do to her or another attractive classmate.

Eventually he had gone out with enough of the hottest women in school that the social proof game worked in his favor. If you were a woman who didn't get hit on by this guy, you probably weren't hot because he always hits on and tries to sleep with only the hottest girls. They started qualifying themselves to him, a seriously average looking guy (5'9" or so, maybe 160lbs, next to no muscles or athleticism, a bit of acne, normal face/jawline).

To my knowledge the guy hasn't accomplished anything meaningful with his life and ended up with a drug habit, and when I knew him he confided in me that was borderline depressed, so it certainly not a path that leads to joy, but I am hard pressed to think of a guy I have known that naturally embodied RP principles more.

• points • 1 January, 1970 12:00 AM

[permanently deleted]

OsmiumZulu[S] • 2 points • 13 December, 2018 01:09 AM

I think the essence of it was that he was obviously doing it to entertain and amuse himself.

KUZURI271828 • 1 point • 13 December, 2018 01:43 AM

I think every man needs to try these approaches for a month, before whining about their "dead bedroom" life. It may not be the most godly route, but you'll learn real quick to not care about the opinions of children. The persecution you get as a Christian would be another trial by fire method that cowards could used to become lions.

ainihon • 3 points • 12 December, 2018 11:09 PM

Excellent post bro!

[deleted] • 2 points • 12 December, 2018 09:34 PM

You're right dude.

My post was stupid and I was wrong.

Good luck.

SIC\_reddircruiser • 7 points • 12 December, 2018 09:39 PM

Haha love the humility brotha. Take some serious effort to kill the ego!

RedPlanetMan • 3 points • 12 December, 2018 09:40 PM

Your post was an essential component to this post.

Have a nice day.

SkimTheDross • 2 points • 13 December, 2018 01:18 AM\*

u/BobbyMckgee punched out. That sucks. God speed, bro.

WarriorJesus1915 • 1 point • 12 December, 2018 09:37 PM

Great analogy at the end broski! Solid post and it should give hope to a lot of the guys that need to lose some fluff lol.

• points • 1 January, 1970 12:00 AM

[permanently deleted]

OsmiumZulu[S] • 3 points • 12 December, 2018 10:27 PM

While it isn't bulletproof, SMV helps mitigate the risk of being a victim of hypergamy.

A girl who is an 8 is *less likely* to cheat on a guy who is a 7 than a guy who is a 5. Remember, hypergamy is her trading *up*, so the higher up the ladder you climb the less *up* there is to trade for.

Of course, AWALT and women aren't rational, so it isn't fool proof, but it does improve your odds of stability.

The best way to avoid a flood is to build on higher ground, but that doesn't guarantee you won't ever contend with a flood.

JSC077 • 1 point • 13 December, 2018 02:00 AM

NAWLT and more than a few women are rational. If your remarks are based on hypergamy, men do that too. Men will also cheat or bail on their marriage if their wife is a 6 or 7 and they meet what they perceive to be an 8 or 9 and she is absolutely out to have him.

Men can also be irrational and throw away their life and marriage for drugs, sex or power. These are not just female problems or weakness.