

female dating advice is repackaged redpill?

December 25, 2019 | 116 upvotes | by [sweatybuyer](#)

I heard about this book called "Why Men Love Bitches" and apparently it has sold over one million copies. I decided to pirate the book and skim it to see what kind of tricks the other side is using on me. What I noticed is that the book is basically word for word the same strategies we use and talk about. It's basically the fucking sidebar. Here are some of the sub-headings of a chapter. I wasn't able to copy what is under the subheadings due to my book reader not letting me copy paste text, but you'll get the general idea from the titles.

"Meet the New and Improved Bitch:

1. She maintains her independence
2. She doesn't pursue him
3. She is mysterious
4. She leaves him wanting
5. She doesn't let him see her sweat
6. She remains in control of her time
7. She maintains a sense of humor
8. She places a high value on herself
9. She is passionate about something other than him
10. She treats her body like a finely tuned machine"

There's a whole chapter called "How To Convince Him He's in Control While You Run the Show" and from reading it I can see how some of the tactics are effective.

There's also sections on dealing with shittests from men like men showing up late, men bringing up exes, and getting amog-ed by hotter females in the presence of your man. There's even a brief section on nexting. Just skimming this book has been useful to me as I've picked up on female manipulation tactics that have been used on me that I didn't even know existed.

Why is it that mainstream dating advice for women is extremely similar to what we preach on here?

This book is mainstream but when we pitch these same ideas it's somehow manipulative and sexist lmao.

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Comments

xoxuv • 71 points • 25 December, 2019 02:17 PM

You are wrong. It's the other way.

The first PUAs called it "turning the table". They started experimenting, by doing back the shit women did to betas, and checked the results.

One eye opener book was The Rules by Ellen Fein. It was a FDA manipulatory manual for women, from the 90's.

The red pill derives from early PUA knowledge.

All women naturally do those manipulatory games. PUAs observed that alpha were impervious, and sometimes played them back.

drsherbert • 26 points • 25 December, 2019 02:43 PM

Yup. That's why women are inherently red pill. They derive their power from their vaginas and men's incessant need to have it.

Truedemocracy5 • 20 points • 25 December, 2019 03:11 PM

Yep, PUA arguably birthed the red pill

I could be wrong but back in the day PUA didn't focus much on things like lifting, but mainly how to get girls when at bars or during the day. Talks about stuff like negging more than TRP

Terminal-Psychosis • 11 points • 25 December, 2019 05:28 PM

Yah, PUA is way more cheap tricks for quick fun.

TRP goes much deeper, into the reasons why and self-improvement strategies. Lasting results.

Game, aka charm, charisma, is still important, but TRP has the background of deeper knowledge of sexual strategy, as well as growing the fuck up.

xoxuv • 1 point • 27 December, 2019 02:39 AM

Yah, PUA is way more cheap tricks for quick fun.

Not at all. PUAS also know and integrate the red pill. They had ben here much longer than you.

The distinction between PUA and red pill is arbitrary. They are parts of the same thing.

alphabachelor • 11 points • 25 December, 2019 05:43 PM

The red pill derives from early PUA knowledge.

Correct. Way back in the day, PUA started with Ross Jefferies. He started in the mid 90's and there a lot of focus on NLP in his material.

If you search his name + PUA or seduction, you'll find a lot of early posts in the early 2000's about him.

Next came Mystery with his Mystery Method which introduced things like negs, AMOG, peacocking, kino escalation, chick crack, etc.

What made it go yuuuuge and break into the mainstream was when a journalist and author named Neil Strauss wrote The Game in 2001 about pick up artistry and the Mystery Method.

The book was super popular and after that tons of guys poured into the PUA seduction community. Before the book, the community was heavily underground.

And now we have the Red Pill which is one of the derivative schools of thought from the PUA community.

xoxuv • 4 points • 25 December, 2019 07:53 PM

Neil Strauss was part of a TV show, so he made popular the Mystery Method and Ross Jefferies, but those are just some PUA branches. There are many, many others from all around the world.

It is unfortunate that reddit only knows about those two. There is a lot of prejudice against PUA both here, and in the hatesphere.

chazthundergut • 2 points • 26 December, 2019 08:38 AM

Yup for the most part.

Females are all naturally redpilled. Most "redpill" tactics are actually repackaged bitch game, because bitches get game intuitively

[deleted] • 1 point • 25 December, 2019 07:14 PM

I see, thank you for the insight. I had no clue they were receiving this type of instruction, the non-stop manipulations make more sense now.

xoxuv • 5 points • 25 December, 2019 07:40 PM

Yes, but those manipulations are hardwired in women, and not consequence of education or culture.

They had been reported by PUAS all around the world.

rubydachurro • 69 points • 25 December, 2019 07:28 AM

Double standards die hard man. The image of the manosphere as a whole is seen as a bunch of women-haters who can't get laid because of "incels" and "puas". All that advice will most likely land a woman a limp-wristed mangina who she'll resent and probably swap out for a guy who is the exact opposite of what she thinks she wants.

Tousen71 • 22 points • 25 December, 2019 03:42 PM

This is feminism going too far. Women these days complain so much about male nature then immediately ape all of those same characteristics they claim to hate.

Women try to be men then ironically find less and less guys attractive and desirable due to being more masculine than them.

Makes sense why more women are bisexual or lesbian than ever these days. They're becoming more masculine while dudes are "adapting" and becoming more feminine.

It's sad, really.

LordFa9 • 4 points • 25 December, 2019 05:59 PM

Yea they just go on full butch by fully embracing the masculinity they claim they hate so much, cut their hair short, buy a bunch of birkenstocks and get an actually feminine woman as their partner

Tousen71 • 7 points • 25 December, 2019 06:05 PM*

Lmao right? And the feminine women are attracted to their masculinity and confidence. Male masculinity is at an all time low if a woman would rather fuck an ugly woman with no dick than a dude.

Jesus Christ lol.

AshyBoneVR4 • -14 points • 25 December, 2019 10:18 AM

puas

I know what incels are, but what the fuck is this? Is this word new? Why the fuck do they keep creating new words to insult us?

rubydachurro • 11 points • 25 December, 2019 10:55 AM

Stands for Pick-Up Artists. Not really an insult as much as the word incel is. Puas are like second-rate redpill knowledge and game.

AshyBoneVR4 • 1 point • 26 December, 2019 03:28 AM

Thank you. didn't know it was an acronym. I saw the two together and just thought they were both insults.

Terminal-Psychosis • 6 points • 25 December, 2019 05:21 PM

Mr. Churro means: Pick Up Artists. "PUA"s would be clearer than "puas"

(only game, with no real work on anything else)

"puas" does sound like some new kind of furry cult or something.

AshyBoneVR4 • 1 point • 26 December, 2019 03:26 AM

Damn, I got downvoted to oblivion for genuinely not knowing it was an acronym for pick up artists lol. But thanks for clearing that up for me man.

bestsparkyalive • 3 points • 25 December, 2019 04:39 PM

lmfao

Snowaey • 5 points • 25 December, 2019 12:47 PM

Come on dude, this term isn't new lmao

IceBear---69 • 21 points • 25 December, 2019 04:19 PM

New Book Title: How to be a barren whore & STILL wonder why no man will commit.

[deleted] • 1 point • 26 December, 2019 06:04 PM

I'm howling lad

This book is mainstream but when we pitch these same ideas it's somehow manipulative and sexist lmao.

The idea of the Strong Independent Woman™® is prevalent. Feminists can't stand conditions in which a man is superior to them. However, a woman being superior to men is, ironically, what they call equality. Since feminism is mainstream, anything that goes against this core idea is per definition sexist, misogynist and result of the oppressive patriarchy (the existence of which is refuted by not having to fear any consequences of lamenting about how oppressive the patriarchy is).

Let them believe they are superior. It's all just a shit test. Ask yourself: How does skimming through that book help me get a better version of myself? It doesn't. Remain composute/frame and don't forget to lift.

[deleted] • 9 points • 25 December, 2019 03:21 PM

I see what you're saying. It did slightly help me as I can now easier recognize when I'm being manipulated and eject faster. Some of the tactics they're pushing are super covert and designed to go under your radar. I recommend a 15-20 minute skim while you're on the shitter, nothing to lose. It's almost funny the levels of manipulation going on: let her believe she's in control by letting you believe you're in control.

You're absolutely right; if both sides are using the same tactics, the only difference between succeeding and failing is frame enforcement. I'll be going extra hard in the gym today.

bestsparkyalive • 6 points • 25 December, 2019 04:50 PM

Go through that sub a little bit and you'll see how toxic it is. These women seriously have hate and resentment towards men. I can't imagine what they're like in real life if they're like this on the internet.

Now obviously they're not all horrible. Just like on TRP we have some serious incel larpers that just write the most useless unrealistic crap in the comments.

But wow after spending about 15 minutes scrolling through there it's greasy.

thrwy75479 • 3 points • 25 December, 2019 07:37 PM

I can't imagine what they're like in real life

Safe to say they're probably not the highest quality women.

bestsparkyalive • 1 point • 25 December, 2019 08:34 PM

It is what it is. I'm getting a little sick of Reddit to be honest. Maybe cause I spend too much time on it .

theUnBannableHulk • 23 points • 25 December, 2019 09:25 AM*

1. She ends up as a lonely and bitter hag with purple hair and 20 cats going to Jamaica to get fucked down by jamaals who are disgusted as well.

Why Bitches End Up Bitter

What is attractive in men is unattractive in women.

xoxuv • 12 points • 25 December, 2019 02:48 PM

Totally correct. The common factor on ALL the women giving dating advice, is that they are all singles, or are serial divorcees.

That's because all that advice betaizes men, destroying their relationships.

Terminal-Psychosis • 3 points • 25 December, 2019 05:23 PM

Institutionalized shit test.

TheOGJammies • 0 points • 25 December, 2019 08:40 PM*

Actually it's Because being married to most men sucks and it's not worth it 9/10 unless he's got a fat wallet or you're truly best friends. Who wants to duty fuck an aging man with erectile dysfunction well into their 40s and 50s and have to nag him to clean up after himself and take his medication? Marriage is for men so you don't off yourselves or wreak havoc on society, it's not really for us.

z2a1-9 • 2 points • 25 December, 2019 01:26 PM

lol this my dude

[deleted] • 10 points • 25 December, 2019 08:55 AM

She doesn't let him see her sweat

lol

LordFa9 • 9 points • 25 December, 2019 10:42 AM

The only way the polarity can be maintained is if one side is playing the masculine role and the other the feminine. Regardless of who has the dick and who has the vagina.

If a woman follows all that "advice" and ends up in an unhappy marriage with Beta Bill the Mangina where both of them are miserable then whos fault is it things went south?

Tousen71 • 5 points • 25 December, 2019 03:47 PM

I agree on polarity but even if the dude is feminine and the woman is masculine, she's going to cheat to hell and back trying to find a man that excites her.

Heterosexual women are hardwired to want a strong and ambitious man which billy betas ARE NOT. He'll always just be beta bux.

LordFa9 • 2 points • 25 December, 2019 05:55 PM

Yea she'll cheat on Bill with tall, dark and mysterious Enrique while on a "business trip" every now and then for the fun of it

But things will be stable more or less. She'll be the strong, iron lady matriarchal wife to Bill to outsiders while making fun of his micropeen everyday before bed

All's right with the world

Tousen71 • 2 points • 25 December, 2019 06:03 PM

Lol definitely a dead bed there. What a life!

Truedemocracy5 • 7 points • 25 December, 2019 03:09 PM

FDS is low RMV ghetto trash.

[deleted] • 1 point • 25 December, 2019 07:11 PM

I agree with you, but FDS is 40k users. This book sold one million copies. There have to be some non-ghetto trash women implementing this.

Whisper • 5 points • 25 December, 2019 08:00 PM

Do you not believe there are at least a million ghetto trash women in the world?

[deleted] • 1 point • 25 December, 2019 09:53 PM

Good point, there's definitely more than a million. I just can't picture ghetto trash women buying books and then actually reading them.

Whisper • 2 points • 25 December, 2019 11:27 PM

You'd be surprised what effort people will go to to be told what they want to hear.

This, of course, is the key difference. TRP tells men things they don't want to hear, at least not at first. They don't *want* to be ruthless. They don't *want* to believe that women are selfish and must be *handled*, rather than relied upon.

Women, however, love hearing that women are amazing and men are trash. That's why advertisers and politicians constantly say it. They don't hate men... they can just profit by pandering to women's petty resentments.

It's the same as how all adults in children's movies are either villains or incompetent buffoons. Children are helpless and adults are better at everything. So they want to see films where they get to be the competent powerful ones.

Women, in general, like to be pandered to at the expense of men for the same reason. Most of them aren't all that good at anything, because they've never had to be. People will care about them even if they are basic and think that liking dogs, "The Office", and pumpkin spice gatorade is a personality.

Me? I don't sort out the pandering. TXC, FDS, SSC, it's all just a bunch of hens clucking. Remember, don't listen to what women say... watch what they do.

Truedemocracy5 • 3 points • 26 December, 2019 12:21 AM

Yep. People compare TRP to FDS. FDS is comfort nonsense. Telling them they did nothing wrong and to raise standards (fair advice when you're already a whore which is the likely case if on that sub)

TRP tells people they aren't ok how they are and to make difficult changes. MGTOW and black pill though are the "tell people what they want to hear" contingent of the red pill, believing it's all luck and they have no power

That group is no better than FDS. Those men are pathetic

RStonePT • -1 points • 26 December, 2019 02:10 AM

Why in the fuck are you spending so much time looking at shit designed for women?

That group is no better than FDS. Those men are pathetic

Ah, you want your tribal choice to be better than the other tribe. Dude, the guys in RP are not your brothers in arms. take a half the time you're spending analyzing online weirdo chicks and celibate guys and put that towards a new plate, or something else with a tangible payoff

Truedemocracy5 • 0 points • 26 December, 2019 04:22 AM

Awwww are someone's feelings hurt???

RStonePT • 0 points • 26 December, 2019 12:10 PM

Read it again.

Truedemocracy5 • 1 point • 26 December, 2019 12:19 AM

If you look at the memes and the content it might as well be taking life advice from a lizzo song

alphakari • 6 points • 25 December, 2019 08:11 AM

Well yeah, women can game men.

It's easier for them to do obviously, but you see it a lot with sociable mid-tier women. My suspicion is they tend to get laid more than hot women do too. Not that that's much of an accomplishment for a bitch.

D_Marquis • 2 points • 25 December, 2019 05:34 PM

Srs avg girls are pretty egotistical. Not even worth the effort gaming after awhile

Spaghetti1776 • 3 points • 25 December, 2019 06:38 PM

Ye, huge turn offs for me mostly though.

INNASKILLZ2K18 • 2 points • 26 December, 2019 02:08 PM

Ahahahahahahahahahahah.

Sorry, this shit is retarded. It reads like feminist 'go girl' shit.

Problem is, whoever wrote it doesn't realise girls aren't guys.

Any chick pulling this shit won't pull high value men. She'll pull betas who put up with her 'mysterious, non-chasing' bullshit.

amphix339 • 1 point • 25 December, 2019 06:56 PM

U should do a post on the main sub if you ever delve deeper into this book at some point

[deleted] • 2 points • 25 December, 2019 07:09 PM

I'm considering it, I just don't want to read this whole fucking book lmao.

significant_plan_ • 1 point • 25 December, 2019 07:47 PM

So guys acting like mysterious mind-gaming players eventually lead to women acting the same way now that they're acquiring gender power? I'm shocked, shocked that gambling is taking place in this establishment!