

New guys: TRP is like a salad bar - take what you want, and leave the rest.

March 24, 2015 | 652 upvotes | by [feminazis_stalk_me](#)

EDIT: holy FUCK this blew up! Thank you for the GOLD, guys! I'm glad I was able to contribute something decent to a sub that has helped me out so much.

I see it all the time in TRP subs - "Is **this** Alpha? Am I acting **Beta**? How do I apply **X**, **Y** and **Z** techniques?"

And they are all met with the same universal mantra - "**Read the fucking sidebar!**"

TRP is a locker room for guys to talk shop, compare notes, blow off steam and offer advice. There's **a lot** of information being passed around, and it's not all gospel or even useful information for some of us. Some things here might run counter to your personal views, beliefs and philosophies, and some posts are just angry men venting, and that's fine - this is the place to do it - it's safer for them to do it here than in some place like [/r/TwoXChromosomes](#) where saying the wrong thing gets you shamed, banned and doxxed.

Think of TRP as a salad bar. We're all here because we're hungry for the specific knowledge this sub has to offer. Some of us will avoid the pickles, some of us get gas from the broccoli and very few of us will go for the chili peppers - but it's there if you want it. Take what you want, and leave the rest. Load your plate with whatever speaks to you, incorporate it and use it to your benefit - you don't have to eat whatever is put in front of you here at TRP (a concept that I see flying over people's heads at places like [/r/TheBluePill](#) and [/r/PurplePillDebate](#), where they believe every shitty TRP post is our manifesto).

Not everything here will "make sense" to you at first, and that's fine. Some techniques might seem wrong to you, some posts might be offensive or seem silly and be of no use to you. Again, that's fine. **Don't eat it.** Leave it for somebody else who might find use for it, and move along. Some days, you might have to dig through some indigestible material to find really tasty morsels, but again - it's up to you to find what speaks **to you**.

Some of us come here because we want to be more **social**. Some of us want to be **players** and fuck a thousand women. Some of us want to settle down in a **successful** LTR or marriage. Some of us realize deep down we are weak and strive to find inner **strength**. Whatever our reasons for being here, we **all** find value in at least **some** of what TRP has to offer, and in that at least, we have a common ground.

There is no "system" to memorize. TRP isn't a regiment that has to be followed. "Alpha" and "Beta" are loose terms used to define strong and weak character traits. Becoming "Alpha" is an eventual byproduct of achieving success and completing your personal goals - whatever they are. The "system" you use is whatever works for **you**. "Alpha" is whatever paradigm **you** strive for. We are all on parallel journeys of self-improvement that will take whatever paths work for us individually, and they are all different.

You don't have to agree with everything, relate to everything or "become alpha" to reap the benefits of this sub. This isn't an "all or nothing" experience - it's what you make of it with the knowledge you gain here. This is one of the VERY FEW places on the internet where men can freely discuss these things, and as we get more members and our "notoriety" grows, who knows - this sub might not be around very long, because by simply **existing** and having the audacity to **grow**, we're challenging the status quo. So read the fucking sidebar, learn as much as you can, use what works for **you** and enjoy the "Golden Age" of TRP.

Comments

[deleted] 24 March, 2015 08:52 AM

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feminazis_stalk_me[S] • 80 points • 24 March, 2015 08:58 AM

You're right, and that's my point - TRP **isn't** an "ideology", and it shouldn't be treated as such. After guys "unplug", they need to "reprogram". Critical thinking is frowned upon. Society expects us to be sheep, to follow the masses and not ask questions.

[deleted] 24 March, 2015 10:00 AM

[permanently deleted]

FLFTW16 • 53 points • 24 March, 2015 11:47 AM

One time I got shouted down for my opinion on *bitcoin* because some faggot looked at my post history and saw my posts on TRP. Because there is no way someone who has reactionary views on society can possibly understand cryptography!

[deleted] • 8 points • 24 March, 2015 02:07 PM

They're looking for excuses to give you a hard time. If they don't want to give you the time of day because of your beliefs, they aren't worth interacting with.

doubleknee24 • 7 points • 24 March, 2015 06:38 PM

Same thing happened to me on r/stoicism. I guess I just don't get it.

beerthroway • 15 points • 24 March, 2015 10:25 PM

Lol stoics getting upset at a philosophy that utilizes stoicism as one of the main principles.

DocRedPill • 5 points • 24 March, 2015 06:57 PM

I'm surprised you haven't been using a separate TRP account. It's almost necessary if you're a regular poster on other subs.

feminazis_stalk_me[S] • 5 points • 24 March, 2015 10:32 PM

My main account has been banned from several subs for the same reason - douchenozzles dug through my post history (even in subs where TRP had **zero** bearing or relevance), and rounded up the lynch mob to downvote me into oblivion - "WE'VE GOT A TERPER! STRING HIM UP!"

In fact, that's what my account name means - feminazis were actually stalking me. An alt TRP account will insulate you from the backlash and blind hatred people have for this sub.

crestingwave • 3 points • 24 March, 2015 09:14 PM

Classic ad hominem fallacy.

[deleted] • -16 points • 24 March, 2015 01:31 PM

Dude. Bitcoiners are crazy.

pl23124 points 24 March, 2015 11:39 AM [recovered]

jokes on them for looking up your posts. shows they're insecure in whatever is being argued and digging for dirt

dr_warlock • 17 points • 24 March, 2015 01:21 PM*

One of my TRP posts was recently downvoted by a brigade 15 seconds after submitting it. Some people have no lives.

[deleted] • 16 points • 24 March, 2015 02:10 PM

It's people who are not secure with themselves looking for a way to bring you down. It is significantly easier to rob someone of their Internet Points than it is to engage them in a conversation and debate them.

through_a_ways • 9 points • 24 March, 2015 04:07 PM

I was banned from /r/science out of the blue. No reason given, and none of my comments on that sub were angry or argumentative.

I suspect some mods may have dug up my posts here.

TheyCanSmellYourCome2 points 24 March, 2015 10:22 PM* [recovered]

Ironically, many commenters on /r/Pyongyang ate not banned despite having an average redditor (prowestern) comment history. Makes me think that that sub is satire

feminazis_stalk_me[S] • 4 points • 24 March, 2015 10:27 PM

You have been banned from /r/Pyongyang.

through_a_ways • 1 point • 24 March, 2015 10:53 PM

lol, that's actually a subreddit?

through_a_ways • 3 points • 24 March, 2015 10:54 PM

Makes me think that that sub is satire

<http://cdn.superbwallpapers.com/wallpapers/minimalistic/slowpoke-15187-1920x1200.jpg>

Skank_of_America • 4 points • 24 March, 2015 02:57 PM

Sometimes people DO, in fact, post that kind of stuff. I saw it as a headliner on someone's post, and I was pretty disgusted by it, TBH.

feminazis_stalk_me[S] • 17 points • 24 March, 2015 03:32 PM*

Call me a liar, or call me crazy, but I have seen first-hand how treating women like children fucking **works**! My mother is very domineering and just all over the place - she can never decide what she wants and she changes her mind like the wind changes direction. By talking in an exaggerated voice, lavishing compliments and using an authoritative tone like a father speaking to a daughter, I have been able to play my mother like a fiddle and get her to go along with whatever I say. This is a woman who likes to throw her weight around and butt heads on general principal, too.

I have another relative that demonstrated the "women are children" approach to great effect. He was average looking, poorly educated and a bit of a partier in his younger days, and he would **consistently** have gaggles of girls fawning all over him. He didn't have money, or even game, in the traditional sense, but he could **charm** the shit out of women. He was in his 70s, and consistently getting attention and pussy from women 20 and 30 years younger than him. He was a fucking anomaly - a mystery.

How did he do this? I shit you not - he did it by talking to them like they were little girls. Again, he'd exaggerate his reactions, tease them and give praise like a doting father, and they ate that shit up. Observing him from the outside, he was a total caricature - like a muppet - but girls would get caught up in his enthusiasm and they wouldn't stand a chance. I grew up around this man, and he interacted with women **EXACTLY** like he interacted with me when I was 5 - like an over-the-top children's show character. He was fucking brilliant and it wasn't until I came here and read a few "women are children" posts that this all made sense.

[deleted] 24 March, 2015 05:13 PM

[permanently deleted]

[deleted] • 10 points • 24 March, 2015 05:32 PM

Treating people like children often works.

Think of all the successful politicians who practically babytalk to their audiences at rallies. These are highly intelligent people who obviously don't talk that way with their associates. And the audience eats it up, especially when the content is just as juvenile as its delivery.

the_baked_potato_ • 3 points • 24 March, 2015 06:41 PM

The only thing you have to watch when employing this strategy is the fine line between being charming and condescending. If you can master it however, I'd imagine you can have your choice of women.

solaris1990 • 9 points • 24 March, 2015 01:44 PM

Thanks for posting this. There are idiots who project their own interpretations as TRP mantra though, criticizing others for theirs... it's bitchy and dogmatic and as far as I can see leads to the sad competitiveness that characterizes some parts of the sub.

People are varied and different... it is normal that we'll differ in terms of what we require to self-improve and eventually self-actualize (or 'become alpha'). There are people on here whose opinions I don't respect at all but nonetheless I still feel that I have things to learn from this sub.

I think that that type of thinking is part of what has given us such a bad rep - guys, not necessarily the most enlightened, or the least bitter and angsty - loudly claiming to speak for us all.

feminazis_stalk_me[S] • 6 points • 24 March, 2015 02:49 PM

This is a place that speaks truth in a world full of lies. Men come here and are amazed to find a community where their own experiences are echoed and they can't help but be swept up and feel passionate about it. They can get carried away with this new found bastion of knowledge. Hopefully they will calm down as they learn and grow.

UmphreysMcGee • 1 point • 24 March, 2015 03:11 PM

As someone new to this sub who finds the general philosophy of using evolutionary psychology to predict human behavior useful in general, I find that this sub has fallen victim to exactly what made /r/atheism become such a cesspool and led to its contributors being treated like pariahs. Too many individuals use the tenets here to justify being cynical assholes who treat women like shit. The misogynistic comments that are so rife in every thread should really be moderated better if this sub wants to attract more men to the Red Pill movement (and that should be the clear goal).

yes_itsanalt • 13 points • 24 March, 2015 03:23 PM

The misogynistic comments that are so rife in every thread should really be moderated better if this sub wants to attract more men to the Red Pill movement (and that should be the clear goal).

No. If someone makes a misogynistic statement, then you down vote and post your counterpoint. What you are talking about is censorship. That's how SJWs work.

JTPish • 7 points • 24 March, 2015 06:21 PM

Oddly enough, I've seen TRP work exactly how Reddit is supposed to work. Trolls are maintained at 0 for no effect, things that are blatantly blue pill are downvoted into the negatives, and useful information is upvoted. Disagreement is solved with debate and votes, not whinging and asking for mod-banhammer.

UmphreysMcGee • 0 points • 24 March, 2015 03:25 PM

Good point. Unfortunately the problem is those always end up being the top comments.

NSA_web_spider • 6 points • 24 March, 2015 05:56 PM*

There is a lot of hate here. But then, where else do they have to bring it? When we crested 100,000 users, it became a inevitable, that the true purpose of the sub would be undermined.

What this sub has is a good sidebar. No one bothers to really moderate the comments because the sidebar is pretty much all that matters. Everything else is pretty much people posting stuff for consideration for the sidebar, or posting stuff that really doesn't matter.

The thing is, you come here because you have no other place to go. no one finds the red pill because they want to be here. Everyone wishes that the lies we've been told were true. And they have to get out of the hate phase before they can really start improving themselves and understanding women.

Too many of the people posing suggest that they are victims of a world that is stacked against them. It's the victim mentality that TRP fights against. It's like suggesting that the football pitch is too long, the poker cards are too random or the basketball hoop is too high for you to succeed. You aren't going to change the game, but you can know the rules, practice certain behaviors to be more successful at it, and understand the motivation of other players.

But in order to do that, to benefit from any of this, we need to stop believing that we are victims, start learning the rules to the game and how to improve at it.

blvckcvp • 1 point • 5 July, 2015 02:09 AM

The greatest ignorance is ignorance itself. Every man has his own 'red pill moment' where he is

unplugged from the matrix.

longerdistance • 11 points • 24 March, 2015 12:52 PM

Completely immersing yourself in an ideology you're interested in isn't a bad thing. It's like something Bertrand Russell said, to do justice to any new philosophy you have to first look at it from the perspective of a believer, feel deeply how looking at the world from that perspective might be, and only then take distance from it and look at it critically.

If you just do the second part you will miss out on a lot of what is offered here, because a state of mind is exactly what most of the posts here are trying to guide us to.

At some point, when you're comfortable that you have a firm grasp of the concepts here, it becomes time to take some distance from them and scrutinize them. Don't hold back, challenge everything.

In my experience that's the best way to build a solid world view, especially on something controversial like TRP. You will have a deep understanding of the concepts that hold up under your scrutiny, and you stand by them completely and with no cognitive dissonance.

rpsscrote • 4 points • 24 March, 2015 03:06 PM

TRP isn't an ideology though, this needs to be clear. It's a set of observations which may encourage the adoption of certain ideologies or mindsets (like Stoicism for example). TRP is much more akin to the scientific method than to religion.

[deleted] • 5 points • 24 March, 2015 07:55 PM

I've always seen TRP as a model of human behavior; one that works reasonably often.

And of course the community of reasonably open-minded people who come here to discuss it.

[deleted] • 1 point • 24 March, 2015 11:24 PM

Honestly, all this thread demonstrates is that most people here don't know what an ideology is.

[deleted] • 1 point • 24 March, 2015 11:26 PM

If trp is a "model of human behavior," as you state, then does it not include conscious and unconscious ideas which form your parameters for setting goals, inform your means of achieving said goals and create a set of expectations based on the model.

[deleted] • 1 point • 25 March, 2015 01:00 AM

You're probably right that many people here don't properly know what an ideology is, but just avoid the pejorative overtones that the word carries, rightly or wrongly. My issue with calling RP thinking an ideology is that it doesn't seem comprehensive enough - it's only a model of certain actions and interactions. But maybe that's nitpicking: language is a very inexact science.

longerdistance • 2 points • 24 March, 2015 10:04 PM

There are three parts to TRP, the first part is observation. This part is important and valuable on itself but not the only thing TRP is. The observations are important because they include a lot of things society would rather we didn't see, for ideological reasons ironically.

The second part of TRP is an attempt at explaining these observations. The sidebar alone is filled with countless examples of this. It is filled with many attempts at explaining what we observe from

different perspectives. Psychology and evolution being some of them. You could characterize this part of TRP as scientific hypotheses.

The third part of TRP is the philosophy of life we follow based on these ideas. You are right, TRP isn't an ideology in the sense that it proclaims one single ideology to be the correct one. There are, however, many ideologies which are discussed here implicitly, and they are an integral part of TRP. Taking the step from simply observing and explaining nature to finding ways of life that capitalize on these observations is exactly what makes TRP so useful, and controversial.

We discuss all of these things at once, and as the OP states beautifully, everyone is free to take from it what is useful to them. None of it is dogma.

[deleted] • 2 points • 24 March, 2015 05:17 PM

TRP isn't an ideology though

This should be said out loud more. TRP is as much of an ideology as eg. economics.

Now if you study economics you might learn that certain political beliefs are really stupid. Same applies to TRP.

longerdistance • 2 points • 24 March, 2015 10:06 PM

To stay in your analogy, we don't just discuss the economics, we also discuss the political beliefs, and their merit.

The important part is that every political belief is up for discussion.

rpscrote • 1 point • 24 March, 2015 08:24 PM

great analogy. TRP is more or less the interpersonal equivalent of economics

SultanSuleyman • 5 points • 24 March, 2015 12:19 PM

Yeah, if someone actually needs to be told this, they aren't likely at a point in their intellectual development where they'll get much out of this sub.

thehonestdouchebag • 6 points • 24 March, 2015 03:50 PM

I think one thing that really sets this sub apart from other circle jerky type subs is that I (mostly) only see shitposting and clear baiting being down voted.

I've seen people disagree with each other flat out and not down vote each other. It's refreshing to see uncensored discussion on various topics, and I applaud everyone here that engages in that.

CrazyGrape • 6 points • 24 March, 2015 08:57 PM

I subscribed to /r/feminism recently just for the hell of it, or I guess to get a broader perspective of things, but unfortunately very few worthwhile discussions seem to take place there.

enticingasthatmaybe • 3 points • 24 March, 2015 07:16 PM

I've found in my experiences that going to literal extremes is another symptom of the epidemic of immaturity that our society seems to be afflicted with.

For a group of people accused so heavily of relying on generalizations... I think we here have a much firmer grasp on how to read the gray, and understand the underlying meanings in language.

zyk0s • 4 points • 24 March, 2015 08:06 PM

I might get flak for saying this, but I believe the secularization of western societies has something to do with this. Like it or not, the truth is that the average person needs something to believe in and a community of likeminded believers. If you remove it from them, they will attach themselves to the first substitute they find. Feminism and cultural marxism feed off of young minds looking for this faith that anchors them. When they end up here, their beliefs are once again shattered and so they cling to the newfound ideas as hard or sometimes harder as they did their old beliefs. We may laugh at them, but having strong beliefs about the efficacy of what we're doing is precisely where we derive our confidence from, and what these people lack in the first place.

longerdistance • 2 points • 24 March, 2015 10:11 PM

Could you elaborate on cultural marxism? I've seen the term used a couple of times but never understood what it means. When I google it the explanations are not very intelligible or objective.

zyk0s • 1 point • 25 March, 2015 01:52 PM

Sure. Marxism is an economic ideology that attempts to explain everything through the lens of class struggle, i.e. oppression of the poor by the rich. Why is the working class poor? Because they're being oppressed by the capitalists. How did they get there? Unfair separation of society by class. What's the solution? A government run by the working class, for the working class, to level the privilege of the capitalists, or preferably, and abolition of private property altogether.

Cultural marxism is the extension of those ideas from the economic to the cultural, and from wealth class to race and gender (and sexual orientation, identity, "able-bodiedness" and so forth). It's what you have otherwise known as political correctness or identity politics, except the former could apply to anything that is publicly permissible and impermissible at any given point, under any political regime, while I prefer to use the latter to refer to a specific person attributing everything to their own race, gender, etc.

The reason you didn't find any good definition of the term is that mainstream academics do not accept this as a concept, they will mock it as a right-wing conspiracy theory. But of course, admitting the comparison has merit is basically conceding that all of academia is extremely politically biased, which would be a good basis to discredit much of what they're saying. That's why they insist to paint cultural marxism as politeness, morality and "human rights", i.e. something you can't disagree with if you are a "good person".

longerdistance • 2 points • 25 March, 2015 02:40 PM

So in other words, it's the idea that fit intelligent white cis-gendered heterosexual able-bodied neuro-typical men are oppressing everybody else and we need to create equality for the other people by giving them more privileges to "compensate".

Sounds like exactly the same problem that occurred with economical marxism would arise. First it's all good intentions and things go well (handicapped parking places, less stigmatization of mental illness, gays, etc.), but then when people realize that you can gain power by acting the victim, they start to abuse the shit out of those good intentions, and you end up with modern day feminism.

Edit: If you just take the idea of "oppression" out of marxism it would already be so much less prone to this kind of bullshit. There is no oppression, there is just human nature playing out the way it always does without any sinister intention behind it. There is nobody "in control" actively oppressing anybody.

zyk0s • 1 point • 25 March, 2015 03:29 PM

Yup, you got it. Two things though:

but then when people realize that you can gain power by acting the victim, they start to abuse the shit of out of those good intentions, and you end up with modern day feminism.

That is true with cultural marxism, but I think the more general lesson is that no matter how you organize society, someone will have the power and someone will not (under communism, "everybody was equal", except the First Secretary of the Party was at the top, under him were the Soviet Supreme, then members of the Party, and so on). It is more beneficial to let power be taken by those who can produce something constructive for society than force it on people who don't know what to do with it.

If you just take the idea of "oppression" out of marxism it would already be so much less prone to this kind of bullshit.

I'm not sure you'd be left with much if you took the concept of oppression out of marxism. Same thing goes for feminism.

longerdistance • 1 point • 25 March, 2015 04:01 PM

I agree, human nature will be human nature, and fighting it or pretending it isn't the way it is just leaves us with more problems than if we just made the best of it.

I'm not sure you'd be left with much if you took the concept of oppression out of marxism. Same thing goes for feminism.

You'd just have compassion. Realizing some people are less lucky than others doesn't have to imply that there's somebody to blame. You can help the less fortunate out of compassion and the knowledge that getting them out of the shitty situation they were born in will increase their usefulness to society. Once you base your state on that idea you get what is in my opinion the ideal state. It's also the kind of state I grew up in (Netherlands).

The risk is forgetting the darker side of human nature and not being on your guard against it. Idealism without realism is just naivete.

[deleted] 24 March, 2015 11:29 PM

[permanently deleted]

zyk0s • 1 point • 25 March, 2015 02:01 PM

I agree with you, but my experience of the average atheist is that they blame religion for all the world's ills. Obscurantism is caused by religion, wars are caused by religion, social inequity is caused by religion... and of course, if SCIENCE was the law of the land, everything would be fixed and we'd live in paradise.

I think having a majority of a society believing in one common religion is good for that society, provided said religion preaches rules that stabilize said society. And for that, I trust the civilizational track record of the main religions.

[deleted] 26 March, 2015 12:10 AM

[permanently deleted]

zyk0s • 0 points • 26 March, 2015 01:11 AM

Atheism should never have been a movement in the first place. Atheists usually get angry when people say they have a faith, and so are like any other religion. Making a movement out of the belief that there absolutely is no room for a god is not the best way to prove these people wrong.

But that's what it has become. Dawkins and DeGrasse Tyson are the prophets and evangelists of a faith-based brand of atheism. How many among their followers really do understand the science they proclaim, and how many simply believe, and base their faith on the feeling of moral superiority over others? They accepted these followers because it gave them that ego boost, not realizing they were opening the door to Atheism+. But then again, most of Christianity has been overrun by feminist dogma, so I'm not sure it would have been preventable.

[deleted] • 2 points • 24 March, 2015 08:25 PM

This isn't "society". This is human nature. Humans have always been like this. We are all vulnerable, lost and confused and searching for an idea bigger than us to become a part of.

[deleted] • 2 points • 24 March, 2015 08:25 PM

This isn't "society". This is human nature. Humans have always been like this. We are all vulnerable, lost and confused and searching for an idea bigger than us to become a part of.

IllimitableMan • 2 points • 25 March, 2015 01:22 AM

This is what post-modernism has done to people:

“persons and positions are ordinarily closely related,” with little insistence on keeping personal identity separate from the questions or issues under discussion;
“sensitivity, inclusivity, and inoffensiveness are key values”;
priority on “cooperation, collaboration, quietness, sedentariness, empathy, equality, non-competitiveness, conformity, a communal focus”;

This is what we value in TRP:

“personal detachment from the issues under discussion,” the separation of participants’ personal identities from subjects of inquiry and topics of debate;
values on “confidence, originality, agonism, independence of thought, creativity, assertiveness, the mastery of one’s feelings, a thick skin and high tolerance for your own and others’ discomfort”;

The prior is more feminine, the latter, more masculine. Societies various institutions have been pushing the prior for decades (post-modernism.) Read more about modernism and post-modernism here:

<http://www.avoiceformen.com/miscellaneous/contrasting-modern-and-post-modern-discourse/>

[deleted] • 1 point • 24 March, 2015 02:07 PM

I was going to say that because I would think as adults or rational human beings we can choose what to use and what we shouldn't. This is why I find that this post to be sad because people need to be reminded that they don't have to go all gung-ho and believe everything.

rp_valiant • 36 points • 24 March, 2015 09:22 AM

even if TRP in its current reddit form dies, the mods have a backup plan to continue this community's existence elsewhere, so don't worry too much about the SJW-admins threat. The fire assembly point is <http://www.puerarchy.com> for those of you who might be unaware.

laserdicks • 3 points • 24 March, 2015 12:26 PM

Thanks! I'd heard this was a thing but wasn't sure how to use it. Is it in the side bar?

rp_valiant • 5 points • 24 March, 2015 12:32 PM

it is but it's not mentioned as being the first place to check in the event of a critical incident. It was highlighted in the thread a few weeks back about SJW-admin collusion.

FattestRabbit • 3 points • 24 March, 2015 12:33 PM

It is - just above the 'NEW HERE?' section.

rpserote • 1 point • 24 March, 2015 03:07 PM

yes, there's a mailing list notifier too which is handy.

TheRedPilsner • 39 points • 24 March, 2015 09:03 AM

Well put. I believe that the purpose of TRP is to help men find happiness and fulfillment through self-determination. Instead of passively waiting for life to give you what you want, TRP gives you the tools and knowledge to take what you want. A married man might achieve the happiness he wants by gaining the respect of his wife and kids, and a single guy might achieve the happiness he wants by having an exciting life filled with adventure and casual flings with many beautiful women.

The end goal is happiness, and there are multiple roads to that destination. $6+3$ always equals 9, but so does $5+4$ and $7+2$. A lot of problems have multiple solutions, so pick the solutions that you feel work best for you.

[deleted] • 5 points • 24 March, 2015 05:14 PM

Damn. I have never used math as an analogy to simplify my point but you did. Brilliantly!

waldo888 • 16 points • 24 March, 2015 11:06 AM

An alpha mentality makes his own decisions. That is TRP truth. That is what is at the core.

Woosh29 • 15 points • 24 March, 2015 12:26 PM

"Adapt what is useful, reject what is useless, and add what is specifically your own."

For some time now I've been operating from this Bruce Lee quote and for me swallowing the pill was no different. I still plan on getting married and I'm looking forward to having a family. But the things I've learned from this subreddit have given me incredible insight and greatly impacted my success in many areas of life, not just women.

NSA_web_spider • 11 points • 24 March, 2015 01:34 PM

I enjoy this sub and I don't even lift. It's information, and what you do with it is your own concern. I've read that the red pill is amoral - and should be treated like that.

I have no interest in being 50 different pre-wall women's ride on the cc. I don't need to bag 9.5s. I need to understand women in order to interact with them better. TRP offers me the information, and I adjust my behavior accordingly to the information.

[deleted] • 8 points • 24 March, 2015 02:00 PM

man i was really starting to wonder if there was something wrong with me considering i dont have the desire to bang as many hb8s and 9s as possible so thanks for sharing

NSA_web_spider • 14 points • 24 March, 2015 02:50 PM

It's like learning physics and admitting that you don't want to be a rocket scientist. :-)

Seriously, there are a lot of sexual hyperaggressives in the sub - that makes sense, this is knowledge is the only way that you're going to pull off that kind of lifestyle. And go have your fun guys - it's your game to play!

But there are some of us that want a LTR without feeling used or suffering nightly blueballs, and suffering through doing all the wrong things to make your LTR "happy". I went to dead bedrooms before here, and there wasn't really any wisdom there to harness.

But when you look at a LTR through the Redpill perspective, you get a better understanding of what makes women "happy". Stop asking your LTR to describe how they want to be happy, and instead, apply your knowledge of the RP lifecycle. Understand where she is, rather than what she says she wants.

I've also started applying the "trinity" and understanding that women want gradual improvement over long periods and not large jumps of improvement in short periods, and I am happier with what I am doing. My LTR is still reeling from the shock of me reclaiming my self respect, but the sex is better, the communication is clearer, and I believe that she is, and will be happier as a result.

prodigyx[] • 6 points • 24 March, 2015 02:28 PM

There are some absolute truths that are pretty important. If you haven't accepted hypergamy and AWALT, there is very little TRP has to offer that can actually help you.

feminazis_stalk_me[S] • 3 points • 24 March, 2015 02:31 PM

There is something here that could benefit *any* man. Some of it is hard to digest at first, and takes time to internalize - that's what leads to the different phases when swallowing the pill. Eventually, if the pill is swallowed, these truths become evident as men move forward.

Halfjor • 5 points • 24 March, 2015 01:47 PM

"Alpha" and "Beta" are loose terms used to define strong and weak character traits.

This is something that is obvious to many of us, but could definitely be lost on new readers.

If you've looked at /r/TheBluePill or read TRP hate posts you see them making fun of the direct Alpha/Beta classification of men.

Alpha/Beta is a spectrum, not black and white. The obese 30 year old living in his mom's basement would obviously be beta. So is the soft-spoken weak guy who is a professional orbiter, but maybe recognizes it and wants to improve. A dumb guy you knew that perfectly filled the frat boy stereotype and was fucking hot girls all the time was an alpha. The successful business owner who is disciplined, RP, and has all of his shit locked down tight is an Alpha too, but much more.

We just say alpha or beta because it makes it easier. There's no perfect parameters to determine if you're "alpha". We look at behavior, discipline, thoughts, etc. and determine alpha/beta, but it's up to the reader to further define their personal ideal. TRP can give you the guidelines (very strong guidelines), but the entirety of the personal success and happiness, be it keeping your marriage healthy, banging 1000 hot women, or ruling the fucking world, is up to you.

[deleted] • 3 points • 24 March, 2015 03:01 PM

I am always surprised by the number of people that do not realize almost everything in social life is a spectrum and not a pure thing. No single person could have all of the qualities talked positively about on the Red Pill because some of them contradict. What is important is knowing what you need and getting it.

I think we should also remind people that discovering what they are lacking in is essential. If you are a skinny twig and dress terribly, knowing all the pickup lines in the world is not going to help you. Instead it would be beneficial for that person to dress better and start going to the gym. Likewise, if you are not a very funny person, do not try and force it into being. I, for instance, have a mild speech impediment and do the vast majority of my social interactions with body language. Learning what is important for you to know is what is most important to know for you.

The tricky question becomes how to answer that question. Some things are always a good idea, e.g. getting a good job, working out, dressing well. Then comes the question of more specific things like how to develop better traits for you. If you were quiet prior to the Red Pill, you should probably not try and become verbose. Instead develop superior body language and know what needs to be said and only those things. Life is an exploration in self-discovery, not even the Red Pill can tell you everything on your own life. But it can develop the parts you want it to and the parts you are willing to work on.

feminazis_stalk_me[S] • 1 point • 24 March, 2015 03:04 PM

Play to your strengths and work on your weaknesses - I can dig it.

[deleted] • 2 points • 24 March, 2015 03:13 PM

Yup, I always think of those stories of a person spending countless hours to be good at football to one day play in a game and make a decent catch. If the person had spent even a quarter of that time on a game they were naturally better at, such as soccer or rugby, they would have been much better off. It if not play to your strengths and work on your weaknesses. It is play to your strengths, try and perfect them, and make sure your weaknesses are not crippling you.

Christophilies • 5 points • 24 March, 2015 05:01 PM

Given that I work at a food service establishment with an extensive salad bar, this figurative comparison is dead on accurate. Down to the inconsiderate patrons that trash it and leave dressing all over the counter and bits of lettuce and veggies all over floor.

[deleted] • 9 points • 24 March, 2015 11:10 AM

If we're going to liken TRP to a salad bar, it's important to understand that if the only thing you have on your plate is lettuce, you're not eating a salad.

I'm not saying that if you're only here to take one life lesson away from this place that you're not getting the full benefit out of TRP. In the end, the lessons we can take away from this community often go hand in hand with each other and can be used to lay a foundation towards whatever other goals you may eventually decide to have. After all, even a little salad dressing and a chopped tomato can make your lettuce a salad.

feminazis_stalk_me[S] • 3 points • 24 March, 2015 02:03 PM

Right? I wouldn't worry about that, though - there's just too much good shit here. When I first stumbled upon this sub (I was directed here by an angry feminist in a relationship sub), I was floored by all the posts that talked about shit I had seen with my own eyes. It struck a resonating chord in me, and that's just how this place is - the light bulb turns on when men come here.

Skank_of_America • 5 points • 24 March, 2015 02:54 PM

Alpha is a loose term for me. I've read TRP for months and I still can't define it based on the popularized community version. The fact is, I want to become an Alpha male, but I've come to find more of a grounding in striving for various Alpha characteristics instead, which should prove to make up an amalgamation of an Alpha man.

These are, (at the moment):

Living authentically as myself and acting out my true intentions, (read Models by Mark Manson)

Being true to my goals and willing personal fantasies into reality, (language-speaking, learning game, becoming an extrovert through sheer willpower, tackling my finances, learning and reading, going back to school)

Assuming the biggest characteristic of being an Alpha, or a real man, (living independently, own your own car, buy your own shit)

etc.....

But the part about TRP that I just can't jive with is the call for sexual promiscuity as well as the assumption that that's just what we all want and should be doing as par for the course. This is a kind of similar thing you'll find in the pick-up community too. If you're in the bootcamps, it's automatically assumed that you want to fuck as many women as humanly possible, without regard for differing standards as it were.

I know myself enough to know that I'm not really a promiscuous type of guy, so I take the sexual bravado with a grain of salt or just ignore a lot of it.

feminazis_stalk_me[S] • 4 points • 24 March, 2015 03:02 PM

There isn't really a "call to promiscuity" here - that's just what a lot of guys want to use TRP to achieve. A lot of guys are confused by that, and feel this is what the sub is about, but it's really about **sexual strategy**.

Whether you use sexual strategy to navigate a female-dominated work environment, game chicks or improve your LTR or marriage is up to you, but at the core is **understanding** women, what they respond to and how they operate.

Again, the knowledge is there, and it's up to us to tailor it's use to fit our specific needs. This is why I wrote this post - to illustrate that the knowledge has different uses and applications that might not be readily apparent or useful to everybody's situation.

Hilarious_Haplogroup • 6 points • 24 March, 2015 03:34 PM

I think TRP should be seen as a modular framework. It's a framework for improving yourself, and you can choose the modules that are most appropriate and most useful to yourself at a specific point in your life. A twenty-something male in college is facing an entirely different set of issues than a forty-something man in an LTR and with a career, house, kids, etc. TRP doesn't spell out the details, that's up to you to fill in.

[deleted] • 3 points • 24 March, 2015 11:10 AM

Seriously there needs to be a "newbies" Flair added. I agree. The Bruce Lee method. Use what's effective, discard the rest. I agree with mostly everything on TRP. Mostly

[deleted] • 3 points • 24 March, 2015 01:13 PM

TRP is basically brain reprogramming from modern western society

GregariousWolf • 3 points • 24 March, 2015 05:18 PM*

Well done meta post.

Life is a salad bar. People take from it what they can and put it together in different ways with widely varying results. People do this with religion, education, philosophy, even diet and exercise advice.

I suggest a thorough investigation of the material on the sidebar. Allow yourself to fully digest what you've read, and take some time to see how it applies in your own life. That's the only way to know if it truly has any value to you at all.

Also be aware that a lot of red pill writing is purposefully hyperbolic. It's intended to snap men out of their reverie. A careful reading uncovers something beneath the surface of woman-hating of which we are so often accused: the acknowledgement and acceptance that we are all human. In the mammalian kingdom, the males compete for female attention, and the females choose those males with which to mate. We're no different, really.

Upvote_To_The_Left • 3 points • 24 March, 2015 05:47 PM

Do not believe everything you read on this sub. it's a good place to discuss stuff but you dont know who is who here, and reputation means a lot.

instead follow a blog like these

<https://heartiste.wordpress.com/>

<http://therationalmale.com/>

you're much better off following people who have been giving solid advice for a long time. The rational male is especially good. this guy should be teaching in universities.

tits_out_forTheBoys • 3 points • 24 March, 2015 08:57 PM

tl;dr Think for yourself.

This is an excellent post that highlights a common misconception of TRP - that our preferences are perfectly aligned.

[deleted] • 2 points • 24 March, 2015 01:38 PM

Everything in life is a salad bar. People are too occupied with finding the perfect thing or trying to change something or somebody into something perfect. Just take what is valuable and ignore the rest.

imadeapoopie • 2 points • 24 March, 2015 02:15 PM

I just want to add that the available grub is closely monitored by the chefs, attempts to shit in the pickles will still be met with glares and flying forks or steak knives.

feminazis_stalk_me[S] • 2 points • 24 March, 2015 02:26 PM

We're like Israel - surrounded on all sides by enemies that would love to see us implode or be wiped off the map. We need to be vigilant to keep some modicum of quality and keep the trolls out.

[deleted] • 2 points • 24 March, 2015 02:39 PM

"It's tragic that some people's grips on their lives are so tenuous that they will cling to any ideology rather than embrace the occasional bleak truth."

At least, I think that's how Calvin said it. It's such a rare thing for people these days to develop their own ideology and perspectives. I love TRP as much as the next guy, but even I don't absorb all its lessons as doctrine.

ont_anon • 2 points • 24 March, 2015 03:41 PM

Definite upvote for this post; I've been feeling the same way for quite a long time now. It speaks to the indoctrination of the Feminist ideology, that you *have* to do things a certain way or you'll get in trouble, get your

wrist slapped, have to stand in the corner, etc.

As OP mentioned, not only are guys at different states of unplugging, but we all have our own personal goals about what we want from TRP. I've long believed that TRP is simply a framework from within which you can structure your own life to gain the benefits that you want/need. It is not set-in-stone-rules that you follow like an instruction manual.

When you're new it's best to not only read the sidebar, but also read as many posts as you can. Some of it you believe in, some of it you don't. But when you're beginning you don't know what you don't know. After you've ingested all of this information you're able to start using what works for you to best create the life that you want.

s0und0fyell0w • 2 points • 24 March, 2015 05:10 PM*

I spent most of last night trying to explain this very concept to some blue pillers on ppd. somehow, I don't think they understood. maybe someone over there will see this (since its on trp front page instead of coming from me) and think hmm maybe red pillers are not as absolutist as they appear at first glanced? could they really be people just like me capable of having their own oppinions?

admitting that an ideology raises valid points is not the same as following it blindly or agreeing with everything every red piller has ever said. solid post, and a very important one. personally I think this should be in the sidebar.

basilwhite • 2 points • 24 March, 2015 05:41 PM

"The opinions expressed here were strictly those of the person who gave them. Take what you like and leave the rest. The things you heard were spoken in confidence and should be treated as confidential. Keep them within the walls of this room and the confines of your mind. A few special words to those of you who haven't been with us long: Whatever your problems, there are those among us who have had them too. If you try to keep an open mind, you will find help. You will come to realize that there is no situation too difficult to be bettered and no unhappiness too great to be lessened. We aren't perfect. The welcome we give you may not show the warmth we have in our hearts for you. After a while, you'll discover that though you may not like all of us, you'll love us in a very special way—the same way we already love you. Talk to each other, reason things out with someone else; but let there be no gossip or criticism of one another. Instead, let the understanding, love and peace of the program grow in you one day at a time." -- "In Closing," AI-Anon Family Groups

[deleted] • 2 points • 25 March, 2015 08:22 AM

glad to be part of the golden age of TRP

[deleted] • 2 points • 25 March, 2015 05:38 PM

This post makes me feel more at ease about the stigma of the subreddit (that a lot of other redditors create). And you're right. There is no need to take everything you read from here. TRP really does take a beating, just like any other subreddit where a quick browse can make it look bad.

People really do take an idea and think it's black and white with it. It isn't. I'm glad you said something and that shows the maturity that others wouldn't see because they don't actually try to understand the sub.

Thanks.

andreamercado • 2 points • 21 May, 2015 04:08 AM

the best post i have ever read.

[deleted] • 2 points • 24 March, 2015 12:13 PM

The blue pill page is a constant source for amusement and pity. The shit they try to rationalize never ceases to amaze me. Still, I feel bad that many of them will never see the truth of things.

justtookit • 5 points • 24 March, 2015 05:58 PM

They've been having real trouble since the 100,000 post hit. The quality of submissions to TRP jumped up another notch, and they just haven't been able to bite into it at all. At one point their front page only had about 3 links to TRP, and they were mostly comments.

I think they're bored by it.

After all, TRP is men learning to be men, and TBP is teenage girls; the subject deeply bores them.

tropicalfire • 2 points • 24 March, 2015 03:03 PM

I find myself believing in everything said here. I am so frustrated at my life, so stuck in my position that I easily abandoned all my values and substituted them with other people's values. This subreddit is building my persona and I'm absorbing everything. I'm at the point where I'm thirsty of even the bad stuff, like manipulation techniques. This has become my dream. I want to manipulate women, people in general. I want to be Machiavellian to super compensate my nice guy past.

Is this as bad as it sounds? The fact that I have had no friends, girlfriend and never went out at the age of 20 might be the cause. Not that I know where to start in order to change my situation.

feminazis_stalk_me[S] • 3 points • 24 March, 2015 03:08 PM

TRP is "amoral". If you want to be a dark triad super-villain of epic proportions, then go for it. As long as you educate yourself and understand and accept the risks involved in a particular course of action, why the fuck not? You're a man. Forge your own path.

[deleted] • 1 point • 24 March, 2015 09:51 PM

I get the sense that on Reddit, a lot of the time at least, people who disagree with anything you have to say will take even the SLIGHTEST controversy about you to its most extreme outcome or conclusion. That way, others have a higher likelihood of joining in the shout-down fest.

dashiz86 • 1 point • 25 March, 2015 12:46 PM

if you have to ask if its alpha...its probs not

andreamercado • 1 point • 21 May, 2015 04:37 AM

some readers really use this sub to relate their own issues and what not. where's the brain here? its like a man wants to be superior, an alpha and on the top and yet just trying hard to mirror themselves with the "opinion or stories" of others.

fucking lame projection of a man who's just pretending to be somebody. not all what you read are true and correct.

blvckevp • 1 point • 5 July, 2015 02:21 AM

Dude I'm glad you wrote this. The Red Pill attracted me so much after my mentor shark moved on... But I look at TRP and see a lot of focus on women, and yeah women are a big part of the fuckery of the matrix but theres an entire matrix of fuckery that we live in... Nonetheless theres something about our focus on women that intrigued me, it doesnt seem like the usual beta buthurt shit. Here i see my fellow men speaking on shit I've seen with my own eyes... So wtf is with this?

I came to realise that we are literally at war with feminism, (or recovering from the loss of it cant decide) so

ofcourse its going to be a hot topic in our little den.

Fearnot the world will always have a corner for real men to talk real shit. The ones that seek it out shall find it...

This isn't the first catalyst I've been in and it wont be the last whether under the name of TRP or another my SMGP buddies know what i mean... I just wander wether we can direct our focus, i guess were all growing right? Lets see where it takes us...

CopperFox3c • 1 point • 24 March, 2015 01:20 PM

Sidebar material ... or at least should be required reading

feminazis_stalk_me[S] • 1 point • 24 March, 2015 10:44 PM*

Thanks! I'd be stoked if that happened.

MicroMinion • 1 point • 24 March, 2015 04:56 PM

Once again I will call these kinds of posts bullshit. I once confronted a mod here who said NoFap was just all in the head, and got instabanned.

4 months afterwards people here finally start finding out that it's the real deal and not just some mental thing.

TRP is not that much different from 2X. as soon as you hold an opinion that might actually be valid but is currently against the views of the community you will get kicked.

Now I do understand that if they let all blue pill preachers walk freely this place would become a shithole, but sometimes I feel like they put the line too close in the "discussable" zone.

94redstealth • 1 point • 24 March, 2015 04:43 PM

Well said. I think you hit the nail on the head here. This is a feeling that has been brewing inside me for awhile now and I didn't even realize it until this post.

phrostbyt • 1 point • 24 March, 2015 06:38 PM

For some folks here trp is like ISIS to some other folks

BlaiseDB • 1 point • 24 March, 2015 07:59 PM

Jesus never sold me on his line. I don't think I am being unreasonable to pick and choose amongst RPT.

doctorlw • 0 points • 24 March, 2015 03:36 PM

Best post I've read on this subreddit so far.

While I agree with the overall mindset of this sub, I've seen an absurdly large amount of toxic viewpoints presented. But I understand part of the growing process from "Beta" to "Alpha" is taking things to extremes. I went through it too nearly 15 years ago for myself (the old place for this type of discussion used to be sosuave.net forums, I believe it is still around but obviously its golden age is long since past). While a lot of guys here are worse people in the short term, they will become stronger, better individuals just by virtue being aware of current cultural values and avoiding the pitfalls.

[deleted] • -3 points • 24 March, 2015 04:17 PM

salad is 4 pussies.

make it a taco bar or something

NeoreactionSafe • -1 points • 24 March, 2015 01:53 PM*

Not only is Red Pill a wide topic, but you can branch out to Neoreaction too.

The Red Pill is largely focused on:

Gender reality

Power acquisition

In contrast the Blue Pill is mostly:

Racism (a class struggle over racial privilege)

Sexism (a class struggle over sexual privilege)

If one simply erases Racism and Sexism as valid arguments in your life you are waking up to the Red Pill.

In all conversations if someone goes down a Racism or Sexism path you simply walk away.

Never feed the hamster.