

Update 1 to Caught STD (What to tell wife?)

January 7, 2020 | 50 upvotes | by [RecoveringOxfordBlue](#)

So, I'm the dumb fuck who posted [this](#) a month ago (TL;DR, I caught an STD from a hooker), and I thought I'd stop by to give you guys an update and another laugh. Before that, some opening comments:

To those who thought I was trolling: I really wish I were. But no; it was a real post. I'm usually an intelligent, sensible guy with a responsible job, but you wouldn't know it, would you?

To those who merely mocked or laughed: yes, I know I fucked up. But before you laugh **too** hard, think about this: 70-90% of **ALL** women, not just hookers, have oral herpes. In theory, having oral herpes yourself prevents transmission to your dick, but, as I found out, theory isn't perfect. So if you EVER get a bare blowjob from anyone else, as I'm sure many of you have, you risk putting yourself in a similar position.

To those who actually took my post seriously, and especially those who DM'd me with advice - thank you. I was in a pretty dark place for a few days, and you helped me, even if I didn't respond to your comments. You make this place worthwhile, and you're worth a thousand of the other sanctimonious fuckers around here. Thank you.

So, what did I do?

First, I got tested. PCR test said it was HSV1, which is a mercy; in theory, that should mean fewer recurrences compared with the other strain, HSV2, and a reduced risk of passing it back to the wife. (But then, as I say, if theory were correct, I probably shouldn't have got it in the first place.) [Anyway, Lesson 1 for me: Always wrap it...]

Second, I spoke to my pastor. My mind was quite messed up for a few days, and I didn't feel like I had other male friends in whom I could confide. He helped me clarify my thoughts and realize that life would go on, whatever happened. [Lesson 2: I should take Athol Kay's points about male confidant's more seriously...]

Third, I spoke to a divorce attorney. I was scared both by the fear of divorce and the prospect of not being in control of events. Having an initial phone call calmed me down and made me realize that, though I didn't want a divorce, it wouldn't be the end of the world and would still have access to my kids, etc. [Lesson 3: Facing my fears really is the best way to kill them...]

Fourth, I told my wife: that I'd paid for a blowjob and contracted herpes as a result. She was not too impressed, obviously, but was surprisingly understanding - said that she had known something was wrong, but thought I was preparing to leave her, and was actually quite relieved that I wasn't about to do so. It didn't make for the best Christmas, obviously, but she made it clear that she wanted to stay, and wanted us both to work on our sex life so that I didn't feel the need to stray again. She also said that she was surprised that I had the balls - not only to pay for sex, but also to then tell her.

Did I need to tell her? Perhaps not. The fact that it was HSV1 **could** conceivably have meant that I gave it to myself, or she to me, despite her not giving me a blowjob for nearly a year. However, on top of my feelings of guilt, I would have felt like an utterly cowardly shit if I had kept quiet and passed the STD to her, and she happened to be one of the small % that had particularly bad symptoms. I don't want to be that kind of man. As it is, she now knows there is a risk of transmission but has already instigated sex twice in the past week (which I realize may be more from lack of security than from genuine desire, and which most counselors would say is a bad idea right now, but whatever...)

So, where do we go from here? I'm still trying to work that out. My relationship with my wife has

obviously changed, though I don't think it's *entirely* for the worse. MRP is indeed RP on hard mode; I just lost a life, but haven't quite figured out where the respawn point is.

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Comments

EasyDaysHardNights • 69 points • 7 January, 2020 01:38 PM

You didn't lose a life. You're just now getting one.

You are beginning to own your shit. Keep going.

black_jack_davy • 15 points • 7 January, 2020 02:19 PM

"The Short Happy Life of Francis Macomber," Hemingway. Look it up if you haven't.

http://www.standardsinstitutes.org/sites/default/files/material/winter16_ela_9-12_day_2_session_1-macomber.pdf

umizumiz • 2 points • 7 January, 2020 07:49 PM

Good read

redwall92 • 2 points • 9 January, 2020 01:36 PM

Read this last night. Hearty thank you for the recommendation!

Talk about dropping baggage like it's the past and you can't do anything about it!

There is only one thing stopping any of us from having a light-switch moment like Macomber where his frame becomes ultimate - and that's ourselves.

HornsOfApathy • 65 points • 7 January, 2020 02:17 PM

Paying for a BJ = not retarded. Questionable from a faggot perspective, but not retarded.

Going to a doctor and getting full information = not retarded.

Researching divorce and talking to an attorney = not retarded.

Dealing with the guilt for catching STD = not retarded. Mad at yourself, but not retarded.

Talking to another man (pastor) you trust instead of women = not retarded.

Telling your wife the truth = not retarded.

Catching an STD = retarded as fuck.

Out of all those things you really only did one retarded thing, took ownership, figured out a plan, put it into action, and then let the chips fall as they may. That's what not retarded men do when they do retarded shit.

Welcome to manhood despite the initial retarded stuff, you didn't go full retard.

Perfectinmyeyes • 9 points • 7 January, 2020 03:02 PM

Nice Post and summary.

JoeBuckYourslf • -17 points • 7 January, 2020 02:41 PM

OP said he wasn't a troll.. only trolls catch STDs

Rookie fuck.

weakandsensitive • 18 points • 7 January, 2020 02:19 PM

She also said that she was surprised that I had the balls - not only to pay for sex, but also to then tell her.

^^^

SBIH • 28 points • 7 January, 2020 02:14 PM

You're a man. You were born to fuck women. Never be ashamed of that, never be afraid to own it. If you take on a wife who doesn't fuck, then that's her problem, not yours. Never cut your balls off for a woman who won't fuck.

Chirst, if I had a meltdown every time I fucked another woman - paid for or not - I'd be in a mental institution.

WolfOfAllStreetz • 3 points • 8 January, 2020 03:11 AM

Big feelz on that second paragraph.

SoggyTrain • 4 points • 7 January, 2020 11:53 PM

Yep. What I got out of reading this was his wife actually expects him to need to fuck and wasn't surprised that he cheated. He cut off his own balls.

Reject444 • 14 points • 7 January, 2020 01:54 PM

Thanks for the update man. It seems like you have handled this in about as solid a manner as possible. Keep progressing and improving. I'm interested to see where your story goes from here.

rightsided • 13 points • 7 January, 2020 02:02 PM

Good shit dude. Glad it worked out for the better... in a way. And I agree with your wife, you got big fucking balls for coming clean, despite having a few 'outs'. Integrity. Manly shit. Keep Pushing.

red-sfpplus • 12 points • 7 January, 2020 02:20 PM

People do not give a fuck about STD's anymore.

What you fail to realize is, that she doesnt give a fuck if she looses you are not.

Reading this post made my balls itch.....

InChargeMan • 17 points • 7 January, 2020 03:08 PM

The itching might be something else

UEMcGill • 13 points • 7 January, 2020 02:29 PM

Keep improving. Your wife seems to be floating in the middle. She's not disgusted enough with you to leave immediately, but not attracted to you enough to have been angry that you let another woman do her job.

So, where do we go from here? I'm still trying to work that out.

The stay plan is the go plan. You've given her information, and she can choose to do with it what she will. Avoid DEER. Watch for comfort tests. Don't go all beta either. Don't look at this as a setback, but only as information. How did she handle it versus how did you instigate it? Given the info, what would you do differently next time?

ghostwriter556 • 12 points • 7 January, 2020 04:49 PM

Maybe I'm raining on the parade here, but any chance that she hasn't been faithful and that you actually got it from her, hence her very understanding attitude and lack of hesitation to get it on with you?

WeightsNCheatDates • 12 points • 7 January, 2020 05:56 PM

Yeah she's cheating too.

1. She's not attracted to him so she's not mad at some other woman doing her job.
2. She's cheating too, is glad that OP is now cheating and she no longer has to bear the burden of sleeping with him.

The only reason she banged OP a few times lately is because it's her natural reaction to mate guard, even if she doesn't really give a fuck.

[deleted] • 2 points • 8 January, 2020 05:07 AM

Interesting take. It is weird she didn't get that mad. That's my number one suspicion. If my wife cheated I wouldn't get mad. Because.

part_wolf • 6 points • 7 January, 2020 05:18 PM

There's always the possibility. Does it really matter?

[deleted] • 8 points • 7 January, 2020 02:22 PM

So you had a HSV-1 breakout on your dick?

RedPillGlasses • 6 points • 8 January, 2020 03:38 AM

I have genital herpes.

I got it from a stripper.

Told the next 7 women I dated that I had it.

They all said yes to sex with no condom (vasectomy).

Because I'm a god damn high value man.

Worry about that, and figure all the rest of this bullshit out.

[deleted] 8 January, 2020 05:00 AM

[deleted]

ChokingDownRP • 5 points • 7 January, 2020 08:51 PM

Nice job, that's handling shit within YOUR frame. Her sexual interest may be hysterical bonding, and may be short term. Don't think that because your getting laid means you've won - she may be looking for a second branch to swing to now that you're is unstable.

enola1999 • 4 points • 7 January, 2020 03:10 PM

I still cannot understand why is Herpes such a big deal.. anyone I mean anyone who has sex can get it even with protection..

Westernhagen • 2 points • 7 January, 2020 03:31 PM

It was a big deal when it first got public attention in the 1980s because back then the general perception was that there were only two types of STD and they could both be cured, whereas herpes could not be cured.

enola1999 • 3 points • 7 January, 2020 03:50 PM

I guess as I am from eastern Europe we never had this buzz around herpes.. its very common here... doctors are concerned when woman being pregnant is not herpes positive as having herpes first time during pregnancy is a huge risk for birth defects..

redismyfuture • 4 points • 7 January, 2020 02:18 PM

You haven't even hit the hard part yet. She's going to ramp up the shit testing. You have to not fail them. Don't get all beta bitch soy boy and capitulate to her when she shit tests you. If you want to continue to "have balls" in her eyes, you need to own this.

JasonStar79 • 2 points • 17 January, 2020 11:42 PM

despite her not giving me a blowjob for nearly a year.

Now she really has an excuse to not suck your dick. Good going man.

Big_Daddy_PDX • 1 point • 9 January, 2020 03:52 AM

A funny thing happens when you take responsibility for your own actions. It's the first step of manhood. Now try not to fuck up the next steps.

Thor-Loki-1 • 1 point • 8 January, 2020 11:04 AM

Faggot. Nothing but a puke stream.

We don't want to hear you being a pussy. Be better.

AlohaMaui808 • 0 points • 8 January, 2020 10:01 PM*

Says some guy who never posts in OYS and whose entire history is porn and politics related. □□□

Thor-Loki-1 • 0 points • 9 January, 2020 12:06 AM

Why don't you take Tulsi's cock out of your mouth when you say that?

AlohaMaui808 • 0 points • 9 January, 2020 01:11 AM

Love me some Tulsi Cock

Thor-Loki-1 • 2 points • 9 January, 2020 06:14 PM

Imagine so, but it doesn't change that I'm right about the situation and advice.

AlohaMaui808 • 0 points • 9 January, 2020 07:03 PM*

When the extent of your "advice" is

be better

and you feel like you've made a legitimate contribution of value... how are the delusions of grandeur this time of year? Lots of pretty colors?

Thor-Loki-1 • 2 points • 9 January, 2020 10:57 PM

You must be new here.

Have you ever been to TRP? Even browsed it once?

Don't victim puke. This wall of horseshit is nothing but.

Don't fuck a hooker without a condom. If anyone is this stupid, then you deserve what you get. And that means dealing with the consequences like an adult, not "hey guise, I fucked up, what do I do"; which faggot OP did.

"Says" he's been "following the guidelines" for a year (6-12 months by his admission,

probably only has been here or lurked for 1 or 2)

Says he's **already at dread level 3 or 4**. Which, if you had bothered, is only something you do **when you get your shit together**. It's one of the last pieces of saving marriage/moving on.

He's absolutely not in that category; he's barely read anything on the sidebar (as evidenced by content and details of said horseshit puke post), he doesn't list any of his stats (hmmm, wonder why), nor his activities outside of the marriage. He doesn't seem to have anything going on (excelling) for his work, he admits to "being impatient and couldn't wait for self improvement" (and For Fuck's Sake; if you've been here for a Goddamn year, you'd best stop acting like a fucking teenager/20 year old, not a mid-40's married man. This fucking statement should tell you everything you need to know about OP. It absolutely does for anyone who's spent any time here.

Oh, and that "mini-dread event"? Yeah, I'm sure his wife is out of shape, doesn't do shit not involved with the kids, has no sexual desire for him, sees this asshole as her only meal ticket; and with him being withdrawn or distant, I'm *absolutely positive* she thought he was thinking of leaving. But not because of him going up the dread scale. He has no fucking clue as to what this really is or why it's done.

Look, I could go on, but fuckit, you're certainly not worth detailing all of the issues that is clear to see in OP's post.

He **needs** to shut the fuck up, read, lurk, improve his sorry ass, get some hobbies besides rawdogging hookers, and start building a better life.

THEN, he can entertain the idea of being the captain of his ship with his wife as first mate. Stopping him coming here and spilling his guts on horseshit nonsense--and again, if you fuck a hooker with no condom, then fuck you, you get what you deserve; so fucking deal with it--is really the first step. Is all that "be better"? Yeah, it probably is. I have no time nor desire to go through every fucking lesson that's put here and on TRP because some dumbshit wants everything handed to him on a plate.

It doesn't work that way.

Which, you'd understand, if you had any fucking clue about this place and the original sub. This isn't some hugbox where you get your participation trophy. When you need some direct advice, you should get it.

But what do I know, I've only been posting here since you were a cumstain.

But by all mean, please continue to post Own Your Shit, be a whore for Tulsi, and go through my posting history, faggot. Like this is my main account, you fucking Rube.

AlohaMaui808 • 0 points • 9 January, 2020 11:01 PM

I knew you could do it if you tried ☐

Thor-Loki-1 • 0 points • 12 January, 2020 02:02 PM

Zero effort, Rubie. You should be able to figure it out, too.

Anxiously awaiting your next post of value.

AlohaMaui808 • 1 point • 12 January, 2020 02:55 PM

Whatsoever do you mean?

I just shit tested you into adding value *for* me.
In my world, that's called "delegating"
I sure have enjoyed this though, thanks for the entertainment.

RStonePT • -3 points • 7 January, 2020 02:11 PM*

Ah another one of those ones where you're gonna do what you do regardless of what advice you're given here then come back to get validation for your choices.

Good fanfiction

InChargeMan • 13 points • 7 January, 2020 03:13 PM

Starting from initial condition of beta with STD, seems like he acted in a manner that fit his needs appropriately. I don't really see what you are criticizing.

RStonePT • 4 points • 7 January, 2020 03:34 PM

If this was about his MAP he would be on OWS with this, not center stage of the garbage fire subreddit. First time is whatever, most people don't know about it.

This second one is pure masturbation. Who are we to deserve an update?

I May he wrong, but I'm not going to fluff him, especially when he asking for every guy in here to live his life for him.

What do I do from here?

That line says everything you need to know. He wants absolution for his sins and a scapegoat if whatever he does doesn't work.

InChargeMan • 7 points • 7 January, 2020 04:41 PM

Good point regarding "what do I do now", but on the other hand, as a case study I feel like a dumpster fire situation with some actual follow-up can be useful as a field report, at least from the standpoint of allowing others to learn from his experience. Unless we lock the subs and turn them in to a wiki there needs to be something to keep it relevant.

RStonePT[M] • 4 points • 7 January, 2020 06:02 PM

If I thought it was useless I'd have removed it.

InChargeMan • 2 points • 7 January, 2020 07:18 PM

Instead you chose to criticize. I'm just as likely to call a guy a troll as you are, but I'm not seeing this as one of those cases.

RStonePT • 2 points • 7 January, 2020 07:49 PM

Who said he was a troll?

InChargeMan • 2 points • 7 January, 2020 08:11 PM

Fanfiction IMO implies made up/troll, no?

RStonePT • 11 points • 7 January, 2020 09:39 PM*

Nope. Ask yourself, for what purpose did OP write this? I did and it's clear to me:

I thought I'd stop by to give you guys an update and another laugh. Before that, some opening comments

Does this sound like self reflection, or self assessment? Or does this sound like someone playing to an audience?

I'm usually an intelligent, sensible guy with a responsible job, but you wouldn't know it, would you

Read: I'm actually a good person, very smart, and I'll throw in some self deprecating humour in order to shield my ego from this obvious contradiction. Smart is not an identity, it's a tool, and in this case he either wasn't using it, or didn't have it. So why does someone have the need to preface what amounts to a few thousand words of 'dumbass' with 'I'm a smart guy guise!'

OP is too smart for his own good. I wager this is why he is doing what he's going to do anyways, hes the smartest guy in the room and came here for affirmations, not advice, and surely not to consider the possibility that he's not as smart as he thinks he is. I have a hard time believing he just forgot about STD's and how dirty hookers can be.

But before you laugh *too* hard, think about this:

Minimization, right here. He thinks this is clever, but all I see is someone protecting and soothing their own ego. People tend to fall for this manipulated crap because it's under the guise of the heros journey or some shit. Normally, a reasonable person would believe that it was a fuckup, revelation, and corrective action... **IF** he hadn't spent half this fucking post convincing himself that even though he did stupid shit, he's still a smart person. I don't see self awareness, I see 'hiding the badness' (ref: Dr. Glover)

To those who actually took my post seriously, and especially those who DM'd me with advice - thank you ... You make this place worthwhile, and you're worth a thousand of the other sanctimonious fuckers around here. Thank you.

Of course narcissists are great at making everything about them, except blame. He didn't get shitty answers because he didn't put in any work, didn't read the sidebar, didn't realize that this place is the garbage fire filter that keeps dumb shit off the main sub (OYS is where guys want to work). No, it must be everyone else's fault for not coddling him and his narcissistic fantasy. you know, super smart guy, except that one time where it actually mattered?

No, it must be the rest of us are sanctimonious, not the guy who got hep from a hooker and offloaded the guilt onto his wife and wasted everyone's time in here as if his personal diary.

So, what did I do?

Everything before this was masturbation. Even this sentence is masturbatory. It's not 'I did x' but phrased as a question, like he wants us to see his dumb shit as a cliffhanger. hence, #####fanfiction.

Fourth, I told my wife:

the wording in there is key. He didn't say 'you need to get tested, I may have an STD' he said 'I got a hooker!' I know it sounds like I'm arguing semantics here, but this is important. He didn't own his shit and tell her because she had a logistic concern (get tested) but because he wanted absolution, just like a priest confessional. If I were to think this was a bullshit post, the only tell I see is that he never asked for MRP to call him a faggot (this shit happened ALL the time)

Did I need to tell her? Perhaps not. The fact that it was HSV1 *could* conceivably have meant that I gave it to myself, or she to me, despite her not giving me a blowjob for nearly a year. However, on top of my feelings of guilt, I would have felt like an utterly cowardly shit if I had kept quiet and passed the STD to her, and she happened to be one of the small % that had particularly bad symptoms. I don't want to be that kind of man. As it is, she now knows there is a risk of transmission but has already instigated sex twice in the past week (which I realize may be more from lack of security than from genuine desire, and which most counselors would say is a bad idea right now, but whatever...)

I don't want to be that kind of man. What kind of man is that exactly? Clearly he has no moral squeamishness about infidelity, or hookers, but he draws the moral line at hep? I'm not buying it. I am aware of people being legally liable when they infect someone without warning them, but he wasn't talking about his legal risk, he was talking about his identity. the smart guy who is totally moral, except the time that being smart would have seriously mattered, and moral when the horses already left the stable. This is like that chick who gaslights her man after fucking someone by blaming him for not being emotionally available or some post hoc rationalization.

He's not smart, he's not moral, yet refuses to shed his ego and see that. I'm not speculating, this shit is objective fact. Smart people take reasonable precautions. Moral people (I assume he means it in the judeo christian sense of the word) don't fuck hookers on the side.

fanfiction writers do though.

So, where do we go from here? I'm still trying to work that out. My relationship with my wife has obviously changed, though I don't think it's *entirely* for the worse. MRP is indeed RP on hard mode; I just lost a life, but haven't quite figured out where the respawn point is.

Bland pabulum, like I said. He still has no idea what he's trying to accomplish, so anything he does will literally be 'letting life happen to him' and learning how to deal with the fallout to remove his discomfort. this entire post reeks of it.

Not entirely for the worse? I'd ask him what that even means but I'd likely get more bullshit and I wouldn't want to waste time with him, he's already established himself as a dancing monkey/time sink. MRP is RP on hard mode, I'd love if he even knew what that meant, because I don't think he does, it's just a pithy slogan that sounds good to hear.

"Hard mode! Well, that means I'm in for hardship, like a ninja or viking or

something, but thats ok, because I'm a smart guy!"

If anything, the most honest part of this whole FR is the last line. He is treating it like a video game, aimlessly exploring the world and hoping he runs into more badguys to tell him he's going in the right direction.

So yeah, fuck this guy, he deserves what he gets because he has no desire for anything else.

InChargeMan • 2 points • 7 January, 2020 10:29 PM

Nice response, TBH us even caring so much to discuss this post is much more than OP deserves. I agree with everything you said. I realized that I mostly skimmed a lot of the beginning bullshit looking for the point of what he actually did. Probably still some value for others here regardless of OP and his lack of mission, just at least showing that getting caught cheating or similar isn't the end of your life. You bring up an interesting point, what would OP have done if no STD. My assumption was that he was telling her to protect her, but maybe you are right that it is about absolution.

Off topic from OP...Have you ever cheated and if so did you feel a need to confess at some point to make yourself feel better? (don't mind if you don't want to answer) I haven't and don't suspect I ever will, but I have considered how the scenario plays out if you "tell" or don't, and I feel that it is likely mostly lack of frame or control to inform a partner you cheated. You are taking the responsibility for the relationship out of your hands (let them kill the puppy) and relieving your guilty conscience. If you cheated because you want out, then have frame and get out. If you want in but with side action, then do that, no need to emotionally hurt your partner, just be willing to accept the consequences of getting caught. For me I simply say don't cheat, which is distinctly different from don't fuck other women. I told my wife she will be the first to know if I decide to fuck other women, and we can discuss what that means for the relationship at that point. Frame is that I wouldn't play "let's make a deal" about it, if I need strange, then that is happening, and I'm willing to accept any arrangement regarding my marriage that works for us both. If nothing works, then so be it, because OI. To me a guy who has options elicits dread, a guy who needs to sneak around like an indie spy movie is more of a beta pussy afraid of what another person thinks.

Red_Beards • 1 point • 8 January, 2020 03:03 PM

This man can see through the bullshit. Responses like this are so great to help the community see things so much more clearly. If only everyone who posts was so lucky enough to be ripped a new one like this... Myself, included.

SteelSharpensSteel • 1 point • 10 January, 2020 02:09 AM

Impressive. I didn't catch this upon the first read but I'm in agreement.

tspitsatgp • 2 points • 7 January, 2020 09:37 PM

No, in this case the fan fiction is that this guy thinks he's a man who owns his shit, but really he's simply functioning at the bare level minimum that a man should.

But, hey he didn't delete his account after a little bit of criticism so maybe there's hope for him.

HornsOfApathy • 7 points • 7 January, 2020 02:19 PM

You're fucking right and even I fed into OP's validation seeking. Fuck me I got played.

SBIII • 11 points • 7 January, 2020 02:24 PM

Looks like we're all eating ass on the second date.

RStonePT • 8 points • 7 January, 2020 02:36 PM

We all learn it the hard way.

Too much of it is what killed jacktenofhearts

HornsOfApathy • 3 points • 7 January, 2020 03:21 PM

Good reminder.

EasyDaysHardNights • 3 points • 7 January, 2020 03:11 PM

Nice warning shot.

Fuck.

red-sfpplus • 6 points • 7 January, 2020 02:25 PM

Faggots.

egc6 • 3 points • 7 January, 2020 02:43 PM

Aren't you the ass eating master general? Are you not proud of them?

red-sfpplus • 7 points • 7 January, 2020 02:47 PM

Proud of ass eating on date 2?

No. It is 2020.

Ass eating is date 1 type stuff.

InChargeMan • 8 points • 7 January, 2020 03:09 PM*

You might need to dial down some on the tren...

TBH though u/red-sfpplus, for the right girl I would eat ass on 1st date. With that being said, please don't start sending me recommendations on your favorite butt-plugs. I wish I could unread that post of yours a while back.

NeoTheJuanDJ • 4 points • 7 January, 2020 08:21 PM

2019: "Ass eating is date 2 type stuff"

2020: "Ass eating is date 1 type stuff. Yolo"

2021: Next up, A man named Red is going to prison for 27 lifetime sentences for eating the ass of a Tinder date as early as the cold approach. We caught up with Beta Billy in Ohio with more updates as the situation unfolds.. Billy.."

WolfofAllStreetz • 2 points • 8 January, 2020 03:14 AM

Hoppin' in on the ass eatin' tren, i mean train.