

[Video] How to STOP being a People Pleaser

October 13, 2020 | 6 upvotes | by [justinsaru](#)

This changed my life. We are all guilty of this to some degree. You don't need girls to like you. You don't need girls to approve of your jokes. You don't need them to validate your looks. All you need is yourself. 'Cause as soon as you let go of the chase, you get exactly what you want. It's as simple as that.

https://www.youtube.com/watch?v=LePj8lqZpSw&ab_channel=SARUonSELF

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