

Subtle art of not giving a fuck

November 29, 2020 | 67 upvotes | by [RPOpenUp](#)

Hi,

a friend of mine asked to gift him the "Subtle art of not giving a fuck" By Mark Manson.

He's not Rp aware as far as i know, I want to help him a bit, but don't want him to give a book that encourages him to be more bluepilled. Anyone here read this book?

Let me know what you think of the book

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Comments

AutoModerator[M] [score hidden] 29 November, 2020 02:26 PM stickied comment

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Elderberry03 • 88 points • 29 November, 2020 02:48 PM

Wouldn't recommend it. The entire book could pretty much just be distilled into a small bulletin of unoriginal nihilistic points.

btprb • 103 points • 29 November, 2020 02:47 PM

I liked Models but this book was pretty lame IMO. The title says it all. Give a bit less of a fuck in life.

End of book.

Find him something with a bit more meat to read.

BeornPlush • 16 points • 29 November, 2020 05:22 PM

I enjoyed it as an audiobook while driving, a bit because you don't need to pay much attention to it. Good message, self-indulgent examples. It lacked substance.

RPOpenUp[S] • 1 point • 3 December, 2020 08:34 PM

You got some recommendations?

jmootam • 46 points • 29 November, 2020 03:57 PM

You do know that there are nuggets of wisdom in many things, you can't just read things 'exclusively' red pill all the time or else people would never learn new concepts or broaden their paradigms. Professionals will often play devil's advocate for polar opposite theories, beliefs to either strengthen their own or learn something new.

Furthermore, when someone reads a book, you do know they're expected to read it critically, test it and not agree with everything the author states but again try pick out the nuggets of wisdom that speaks to them.

empatheticapathetic • 17 points • 29 November, 2020 03:07 PM

Apparently the original article that inspired the book does the same job more efficiently.

<https://markmanson.net/not-giving-a-fuck>

GayLubeOil • 29 points • 29 November, 2020 04:34 PM

Give him Metaphysics of War instead

These essays, originally written by Evola during the 1930s and '40s, deal with war from a spiritual and heroic perspective. Evola selects specific examples from the Nordic, Vedic, Roman, Persian, Islamic and other traditions to demonstrate how traditionalists can prepare themselves to experience war in a way that will allow them to overcome the limited possibilities offered by our materialistic and degraded age, thereby transcending the Age of Kali and entering the world of heroism by achieving a higher state of consciousness, which Evola

depicts as an effective realisation of the ultimate purpose of life.

His call to action, however, is not that of today's armies, which ask nothing more of their soldiers than to become mercenaries in the temporary employ of a decadent class. Still less is it a call to misdirected or nihilistic violence. Rather, Evola presents the warrior as one who lives an integrated and purposeful way of life – one who adopts a specifically Aryan view of the world in which the political aims of a war are not its ultimate justification, but rather war is seen as merely a means through which the warrior finds his calling to a higher and more complete form of existence beyond the political, and in accordance with the teachings of the great spiritual texts. More importantly, he shows how the ideal of the warrior extends beyond the battlefield into other aspects of traditional living, even in times of peace.

Throwaway16666228228 • 4 points • 29 November, 2020 10:39 PM

Well shit, you got me hooked

Vicco_ • 1 point • 30 November, 2020 12:16 AM

To add to this, Miyamoto Musashi, the greatest warrior of all time has also written literature about these values. He was undefeated in 60 duals to the death.

He doesn't have a great deal of literature, but the intro in his Book of Five Rings gives a solid explanation of the themes you mentioned from the perspective of a warrior.

omega_dawg93 • 12 points • 29 November, 2020 04:42 PM

not worth the read.

but a book that is worth the read is called, "alabaster girl."

read it slow and learn a few things like how to RESPECTFULLY...

1. not give a fuck.
2. let these whores be whores... do NOT save them.
3. make YOU the point of your existence... with her as a supportive partner-not the focus of your life.

just my opinion.

Winduzrael • 35 points • 29 November, 2020 02:28 PM

A stupid book. If anyone had the capacity to just not give a fuck they would have already done it.

Normgivaren • 1 point • 30 November, 2020 04:23 AM

Absolutly. Same with books about being a good man or seducing women, if someone had that capacity they would have already done it.

masmiester • 7 points • 29 November, 2020 03:21 PM

The book will not blue pill him. Ita failly accessible and easy to read. You can also point how 'not caring' works with women etc.... you might find he is open to some RP concepts after this...

Tryme_at_the_door • 6 points • 29 November, 2020 03:55 PM

I read the book, it's pretty okay but I only recommend if your friend is stressing to much about life or cares about to many things personally but basically the books summary is

“Be more selective with your fucks” End of story lol

yeahmaybe2 • 3 points • 29 November, 2020 05:15 PM

Basically the book is a little bit of Stoicism with plenty of modern marketing.

L2diy • 3 points • 29 November, 2020 08:35 PM

Gift him the rationale male instead

cydestiny • 5 points • 29 November, 2020 03:02 PM

Then choose something you've already read and think it's a good read.

froze_gold • 7 points • 29 November, 2020 02:46 PM

I havent read the book but it's recognized by most. Isnt "not giving a fuck" an important part in the realm of RP experience? Please elaborate on how the book is BP

gracienoo • 2 points • 29 November, 2020 03:34 PM

It's good just skip the parts where he talks about girls and relationships

SoxReWhite • 2 points • 29 November, 2020 03:41 PM

Just read why men don't listen and women can't read maps. A lot of solid advice on why women are the way they are. You can feel a little better of why they are the way they are.

coffeecubebbox • 3 points • 29 November, 2020 03:26 PM

Honesty its fine since he gotta start somewhere! Its good book if he is just starting out. He then proceed with books such as No more Mr nice guy and models.

Sometimes at the start he might get defensive and won't read books like No more Mr nice guy. With subtle art of not giving a it will open his eyes not to be a snow flake.

maestrulwro • 1 point • 29 November, 2020 03:22 PM

I look through the comments and I am unable to understand wether everybody is ironic or this really isn't a good book. (Currently reading No more mr nice guy and I was planning to start this after that...)

alfred311 • 1 point • 29 November, 2020 04:48 PM

Let him read all kinds of book whether blue, red, black, rainbow or whatever, that's where you learn by seeing different kind of things

YOLO-Bear20 • 1 point • 29 November, 2020 05:49 PM

Ok ☐

RationalOpinions • 1 point • 29 November, 2020 07:10 PM

Garbage book

ukmafia • 1 point • 29 November, 2020 07:48 PM

I haven't finished reading it yet but I like it

ollyollyollyoioioi • 1 point • 29 November, 2020 07:49 PM

I love this book, buy yourself a copy too. I want to avoid spending any longer trying to type out a decent reply since you would assume having read this, i'd be 'not giving a fuck' but I could reach the character limit easily just

by talking about what I like and even don't like about this. It's a paradigm shifter

Beachbum74[] • 1 point • 29 November, 2020 08:25 PM

I listened to it and my only take away was it's a good idea to take stock of things you care about and to give thought on whether or not you should. I listened to it for free on overdrive so can't say I gave it it's full due though.

-ThePathIsTheGoal- • 1 point • 29 November, 2020 08:43 PM

Not a great read, and really overrated. It seemed all over the place

DerpJungler • 1 point • 29 November, 2020 08:48 PM

Read it a couple years ago and liked it. It's a fun read but nothing special.

I am actually re-listening to it now during my morning routine before going to work. It helps me be a little more "aloof" during my day.

brngamer • 1 point • 29 November, 2020 09:00 PM

Models

DannyMans13 • 1 point • 29 November, 2020 11:03 PM

I'd recommend it as a nice Segway to 'models' by the same author and then on to some more RP content. That's exactly what lead me to this sub reddit, first subtle art, then models, then rational male then this sub reddit.

kclanton80 • 1 point • 30 November, 2020 01:01 AM

It's a decent book, not blue pill. But if he needs some real red pill info, start with The res pill bible. The Rationale Male, follow that up with the manipulated male by ester villar.

aaaI9900 • 1 point • 30 November, 2020 01:40 AM

Gift him TRM

jellysquat • 1 point • 30 November, 2020 09:42 AM

It's down to whether you can get him to read anything else.

If somebody has chosen to read something IMO that should be encouraged. It's much easier to convince someone who just read a book to read another than to say to someone who doesn't normally read "your choice is lame".

I was not impressed with the book. It's catchy and easy to read but it's take away points get worn out very early into it. Better alternatives. No More Mr Nice Guy or Rational Male would be my picks.

i-am-the-prize • 1 point • 30 November, 2020 03:13 PM

Models is a better book by Manson. SAoNGaF was very disappointing by comparison.

did he mention it with regard to women? if so give him models.

If it's not about women and he's trying to get OI/NGAF try : Ego is the Enemy by r. holiday, The Power of Now by e.tolle; and Seneca's works.

mjladieman • 1 point • 29 November, 2020 02:39 PM

No, have you read it?

Ur_X • 1 point • 29 November, 2020 02:48 PM

I've heard a lot about it, but theres gotta be better books out there. What makes it Blue Pill tho?

blaackbackedjackal[] • -1 points • 29 November, 2020 03:02 PM

Isn't reading book about it literally giving more of a fuck? What a dumb concept

PCM97 • 2 points • 29 November, 2020 04:36 PM

I thought the same lol