

Soy protein isolates of varying isoflavone content exert minor effects on serum reproductive hormones in healthy young men. - PubMed

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Comments

drsherbert • 20 points • 17 February, 2020 02:48 AM

Soy makes you gay period

SchlampeDampe • 8 points • 19 February, 2020 03:07 PM

uhhhh... this seems to say an increase in prostate cancer risk... prostate cancer is kind of already high % for males??? wtf is this lmaooo.

[deleted] • 3 points • 19 April, 2020 05:14 PM

Phytoestrogen only affects male hormone balance if you drink like a liter of soy milk a day. I actually looked that one up. It's from a scientific study.

ceheczhlc • 1 point • 5 June, 2020 01:35 AM

I did that for two years. I got gyno from it. What else can happen because of that?

[deleted] • 1 point • 11 June, 2020 08:20 PM

What?