

# How to deal with Admin. Assistant?

February 25, 2020 | 16 upvotes | by [tablesturnedagain](#)

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Lifts: 5x5. BP 225. S 225. (S and DL is low because I'm a pussy and I hate to squat) DL 315. OHP 155.

6'3" 222

19%

Side Bar: Read it.

I'll cut to the point. We got a new secretary, and she has given me the fuck-me eyes since day one. She spends at least an hour in my office everyday. She's probably a 5 maybe 6. Just a wall-smashed mom. But not ugly. She has started dieting, working out, tanning, etc... All the other employees notice. It's gotten pretty obvious. She keeps pushing the limits. She finally just asked me to lunch. I said I couldn't then had a chat with her that I wasn't comfortable with it. She's married with kids and the whole 9 yards. As am I. Yet, she sits in my office and tells me how her husband doesn't do this or that. How he only has his GED. He plays video games and on and on. You get it. He's everything you don't want to be. It sure has been eye opening. It's basically one big picture of women's hypergamous nature.

I'm not going to lie. I like the attention. I'm a weak little bitch who likes the attention. No doubt. I'm wondering about how you guys have handled these situations? I know, don't shit where I eat. Although it's tempting. Do I just need to sit her down and be very frank? Or should I keep letting it roll and flirt always let it be a grey area? If I move jobs, then bang her? Thanks for the advice. And for calling me a faggot.

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## Comments

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HeckleandChide • 46 points • 25 February, 2020 01:39 AM

Go for it. Throwing your career, family, and half your money away is totally worth if you get to smash a HB5.  
If you are a needy bitch.

red-sfpplus • 11 points • 25 February, 2020 01:56 PM

See, there is where I fucked up.

I did all that to smash nothing.

10/10 would recommend.

helaughsinhidden • 3 points • 25 February, 2020 03:24 PM

smash a HB5

FTFY: smash a "wall-smashed" HB5

wheremyballsgo • 29 points • 25 February, 2020 12:54 AM\*

Do I just need to sit her down and be very frank?

Women don't like being frank, they like how Frank makes them feel.

Maybe this new secretary saw right through your chicken legs and knew she could use your ass like a doormat.  
Quit being a bitch and go squat

Also, you went down 40 lbs in squat and lost an inch in the last year lmao. You gained 2 lbs of weight(not muscle) and still a tub a shit. Quit fucking around and get to work .

buckeyeboy1977 • 30 points • 25 February, 2020 01:31 AM

Is there really a question on what you should do? Red pill 101 here. Never fuck a female coworker unless you want to be ass raped in your future divorce proceedings, bird legged faggot.

BobbyPeru • 12 points • 25 February, 2020 03:15 AM

Nothing to add except you are at least 25% BF with those lifts, height/weight

redirectedfs • 4 points • 25 February, 2020 01:34 PM

You once called me out on this. It's such an easy thing to lie to yourself about. For me, it was a lack of OMS. Likely it's the same for him. I imagine his form is bad and numbers are overestimated too, just as it was for me.

BobbyPeru • 3 points • 25 February, 2020 06:00 PM

9 times out of the the numbers don't jive. Glad that helped you.

SkimTheDross • 9 points • 25 February, 2020 10:08 AM

She **finally** asked me to lunch.

Sounds like you couldn't wait for that to happen.

You're sweating needy all over the place.

Stay mission focused and tell her to get back to work.

You do a mission, right?

IWantToHelpSometimes • 1 point • 1 March, 2020 11:51 PM

Of course he is. Didn't you hear that he "likes" the attention. Probably goes to work everyday just so he can get a whiff of that pussy.

Cl\_ARK • 8 points • 25 February, 2020 03:58 PM

Yet, she sits in my office and tells me how her husband doesn't do this or that. How he only has his GED. He plays video games and on and on.

Sounds like you're a great listener.

cholomite • 25 points • 25 February, 2020 12:50 AM

You get a little bit of attention and immediately come running here to tell us all about it?

I say go for it, she will find out what a pussy you really are long before ever get the chance to take her pants off.

The\_Litz • 7 points • 25 February, 2020 10:57 AM

You've been called a faggot and a pussy so I will skip that part.

You say affair, I say Friendzone. You are there already but don't know it yet. All that chatting about feelz and her shitty husband? Friendzone brother.

You really need boundaries at work. Regardless of who it was. Would you grace weird smelly Jeff the same courtesy? If she is parking her ass in your office for an hour at a time neither of you are doing your jobs. It's cool if your boss is bouncing ideas off of you, not when you are an emotional tampon for a subordinate.

If you are not busy find a side hustle or read the sidebar (again) at work. Don't let other people control your time and actions.

screechhater • 7 points • 25 February, 2020 05:03 AM

Did you notice you are a branch swing above her pos at home ?

Have you looked in the mirror and realized that you are just a bit better than her current ?

Do you get what we are saying ?

AlohaMaui808 • 6 points • 25 February, 2020 05:25 AM

Somehow he doesn't understand that she thinks he is achievable for her. So what does that make his SMV?

Also, she probably just wants to keep dicking around not doing work while getting paid. After all, she gets to use him as an emotional tampon at the same time, and possibly upgrade her Beta Bux bitch, there is *literally* no downside in these actions for her. Only good things can happen for her, very worst case he makes her stop spending so much time in his office and she actually has to file some papers once in a while.

Balls\_Wellington\_ • 12 points • 25 February, 2020 02:08 AM

Like most guys I see here asking about cheating in stupid situations, this has very little to do with her and everything to do with your fragile ego.

Go do it. It's a faster way to feel like a Real Man than doing your leg days or fixing your diet. You're already

good at lying to yourself, so you can definitely translate fucking the low hanging fruit into validation for several months at least.

Who cares that you could fuck up your career, marriage, and reputation over a 5/10? Remember the first rule of MRP: stop owning your shit and *do what feels good*.

Pussy.

Perfectinmyeyes • 5 points • 25 February, 2020 02:21 AM

"first rule of mrp - stop owning your shit and do what feels good" - least I now know what My problem is.

madali0 • 4 points • 25 February, 2020 08:01 AM

She spends at least an hour in my office everyday.

I hate people wasting my time at the office.

AwkwardlyWebbedRalph • 8 points • 25 February, 2020 12:53 AM

Flirt if you want but don't shit where you eat.

Realistic42 • 4 points • 26 February, 2020 12:29 AM

You don't fuck broads at work that are under you. You only have sex with coworkers higher in the corporate ladder, never lateral or beneath.

Malice-red • 3 points • 25 February, 2020 02:09 PM

You don't have the frame to deal with the repercussions, the game to keep her interested and addicted to you. It will blow up in your face when her husband finds out and you lose your job.

Women at work are not to be fucked with. The fact that you allow this vagina person to sit in your office and steal your time and attention speaks volumes about your faggottry. Have some fucking self respect. If you want to fuck strange get those lifts up and body fat down, go to a bar and try out your skills there.

Fucking this woman would probably feel great and you would get a huge dopamine and confidence boost. She is using you for Feelz and you are an emotional tampon. What are you getting back? Bitches love attention and you are giving it away like a cheap whore, no self respect.

The juice isn't worth the squeeze my man. You can get these things apart from a vagina person, they can be built within you. Figure that out and you can fuck the world.

Rogue68486 • 3 points • 25 February, 2020 03:27 PM\*

Dont get your meat where you make your bread. This is already affecting your reputation.

Get your shit together before you have work problems on top of your other problems

And

As a general rule you don't rate women below a six. The fact you're wasting work time with her and contemplating God knows what - means you're desperate and low value

Cloudy\_Pirate • 2 points • 25 February, 2020 01:55 PM

A man makes his choice and lives with the consequences.

What do you want?

What consequences are you willing to accept?

captainbourbon50 • 2 points • 25 February, 2020 06:24 PM

Dude, I have been there. While the attention is nice this is a fucking landmine. If she is feeling rejected it could go south on you and you will be in the HR office defending yourself. 1) Tell a coworker what you told us. Some one trusted, tell them you just want another person to know. 2) Write down everything she has said and your replies. This sounds over reactionary but I have been there. And it ain't pretty. The woman who hit on me even told me after the whole thing blew up " I wish I had not put it in writing (she sent me an email) or I would have said that you were harassing me". Keep your office door open at all times. Do not be alone with this woman, ever. If you want a plate find yourself a Cinderella.

tablesturnedagain[S] • 1 point • 25 February, 2020 09:29 PM

Thank you for taking to time to respond. I will read and re-read these posts. Goddamn. It's like I've learned nothing in 2 years. It's a long road. I have a mission and I will stick to it. Fuck. Why is it so easy to become a douche in front of these vaginas? No doubt she's looking for a branch/better beta bux. Her husband is digging his own grave as she now has him remodeling their house so she can sell it. I may be a pussy. But women are evil. I see it all the time.

SteveStJohn • 2 points • 25 February, 2020 09:22 PM

The advice to enjoy the attention, but go no further reminds of the line look but don't touch. Touch, but don't taste. Taste, don't swallow.

Which will get you absolutely nothing good.

Do you have a mission at work? If she's not in your office fulfilling that mission (i.e. some admin assistant shit), then she needs to go because you've got work to do.

Big\_Daddy\_PDX • 1 point • 25 February, 2020 05:20 AM

It's like you're too stupid to know not to shit where you sleep.

nobsyoga • 1 point • 25 February, 2020 02:15 PM

Instead of the song "Living in America", you get a front row seat to "Living with Hypergamy".

RoccoPinkman • 1 point • 26 February, 2020 10:27 AM

Move jobs to bang a HB5? Faggot.

NeoTheJuanDJ • 1 point • 27 February, 2020 01:59 AM\*

A girl looks at you (because that's what, I don't know.. friendly human beings do). And she's new to the job and is probably trying to, I don't know.. meet, be nice, and establish rapport with everybody in her new workplace? She looks at you once, and your head spins in a 360 like the demon chick from the exorcist, you go full-retard, and want to risk it all. You are literally willing to flush away a career, flush away a marriage, go through the pain in the ass of switching jobs, just so you can +hopefully+ fuck this chick who made eye contact with you, once? What the fuck. This is what happens when you have no options and your wife doesn't touch your cock. You have your finger on the Nuclear launch codes for nuking your life, for the first girl who gives you eye contact. This is a sign of a more serious problem, and it has to do with basic-level social intelligence, abundance, and frame. Ten to one, if you're acting this way towards the first girl to give you eye contact, you're probably also displaying unattractive qualities in other areas as well. Take this as a learning experience. A mirror reflection of your current faggotry. Your hamster is on Tren, Deca, and EQ all the same time, and you're about due for PCT, son. Please see sidebar for further treatment instructions. Remember: your Unicorn is probably just trying to be nice because she's new to the job. Get the fuck over it. Take your own advice: Don't shit where you eat.

I want to believe you're not completely retard and are better than this, but then again, I've seen so much shit aliens could come down and share a glass of sugar water with me over lunch, and I wouldn't be surprised at all. Sidebar, stfu, lift, forget this bitch, Get to work. Just be better.

mrpvertigo • 0 points • 25 February, 2020 10:35 AM

What would Patrick Bateman do?