

HumanSockPuppet's Guide to Managing Your Bitches

757 upvotes | 21 October, 2015 | by HumanSockPuppet

Good day, class.

This will be a recap (and expansion) of my original guide to bitch management. In it, you will learn how to manage your bitch(es) by turning your relationship into a game she plays - winning prizes of intimacy for good behaviour, and getting punished with demotion or exile if she fails.

Additionally, this guide will also cover:

- What it means to manage a bitch, and the challenges you will face
- Why bitch management is ultimately YOUR responsibility
- Relationship strategies for maximizing happiness and minimizing drama
- How to turn those strategies into lasting positive lifestyle changes

This guide will begin with some basic **theory**, describing why men are the arbitrators of relationships. It will then establish some common **definitions** and lay the groundwork for the **strategy** section afterwards.

As you read this guide, bear in mind that it is a **model**, not an absolute treatise. You are free (and encouraged) to modify any part of it to suit you. But for the most part, the principles outlined here should be fairly universal.

We say AWALT for a reason.

Disclaimers

1) In order to sustain a prosperous relationship with a girl, you MUST be comfortable with bossing her around - being a bonafide Patriarch™.

You don't have to be a master of your emotions yet. But at the very least, you must be willing to be firm with her, give her orders, and tell her "no", even against a flood of her tears.

Why?

Because ultimately, women get their behavioural cues *from men*.

Remember, women are children: mentally, behaviourally, evolutionarily. They are **not** like us. They don't think like us, or have the same deep sense of personal responsibility.

Even the most sociopathic man will intuitively know when he has crossed a boundary and offended another man. Whether or not he feels guilty about it is a different issue, but he at least knows he's done something wrong. Evolving this instinct was the key to a man's ability to either strategically make enemies or avoid unwanted conflicts.

Women, on the other hand, evolved no such instinct. On the contrary, women evolved the instinct to push a man's buttons as a way of testing his willingness to face conflict head-on (what we call shit-testing). A man who is willing to fight against her will also fight FOR her. Likewise, a man who caves before her will most certainly cave before his enemies.

This is why bossing her around is key. She is evolved to push the boundary by picking fights with you. So unless you are strict with your girl, she will become as selfish and insufferable as you let her get away with.

2) A long-term relationship CANNOT be your end goal. You can only be OPEN to the possibility of having one.

Men are the gatekeepers of relationships. Since a relationship is what you have to offer, you mustn't just give it away. It must be a reward she earns in small doses for inspiring your trust and devotion.

I understand that many of you want a LTR with a good girl – sometimes a series of flings isn't enough to fulfill you. Believe me, I sympathize.

But winning a LTR is HER problem, not yours. Handing a girl your devotion won't magically make her worthy of it. When you WANT a LTR too badly, you place your focus on the idea of having a relationship instead of evaluating the girl. You become fixated on your fantasy relationship and selectively ignore the things happening right in front of you: her deep character flaws, her indiscretions, and the red flags.

You must regard women as candidates applying for the job of being your girlfriend – a supporter, a lover, a comfort away from the everyday battles. Don't just hire a bitch because you want the position filled. Make sure you vet your candidates fiercely and hire the right girl for the job.

This guide will help you do just that.

3) This guide will be far less effective if you're already married.

As a man, your ONLY power in a relationship is the power to revoke your attention, validation, and your time by walking away – sometimes for good. It's the only strategy you have, but it's a potent one, and for a very specific reason:

You may want a woman, but women NEED you.

The problem with marriage is that it strips you of the ability to completely walk away. Sure, you can still get a divorce, but not without shooting yourself in the foot, possibly losing your children and a significant portion of your hard-earned assets in the process.

Our current social climate is not amenable to marriage. If you're already married, you have my condolences. If you're not married but plan on it, then you're a moron and you have no one to blame but yourself when your mistake comes back to bite you in the ass. And bite you it will.

Theory: The Fundamental Principle of Sex and Relationships

The Fundamental Principle states that women are the gatekeepers of sex, and men are the gatekeepers of relationships. You should be familiar with it by now. If not, educate your ass [here](#).

Beyond a man's Relationship Gate lies a paradise that every girl wants to live in. It is a magical place where pickle jars are opened, spiders are squished, rides are given, appliances are fixed, cuddles are administered, encouragement is provided, and order is firmly established. And all of that requires a man's time and effort.

As a man, your time and effort is your most valuable asset. You use it to get shit done – most often shit that's related to Your Mission. When you give that time to someone else, it is a tremendous gift which should be appreciated and respected.

This is the key principle behind bitch management. You must demand that a girl appreciate and respect your time.

Some men don't demand respect for their time. They are too liberal with who they let through their Relationship Gate. They've got no border patrol, no review process. Just a country full of free benefits for

anyone who crosses over. These are the beta-orbiters, and they are constantly beset by every vagrant vagina and panhandling pussy that bats its attached eyelashes.

Other men are too strict about admission. They only issue temporary sex visas, and they often deport women without notice. These are the uninterested lone-alphas, and they have chosen a lifestyle of banging and then flying solo.

YOU, on the other hand, are open to a LTR with a bitch – IF she earns it.

Managing your life and your bitches comes down to awarding her ONLY the time that she has earned.

You can decide just how much of your time a bitch has earned by assigning her with a “rank”.

Definitions: An Overview of "Ranks"

We use a lot of terms for describing a relationship with a girl: girlfriend, fiancée, one-night stand (ONS), plate, friend-with-benefits (FWB), etc.

But what do these terms really mean?

From a male perspective, each term implies a different *level of investment* in the girl – an investment of time, effort, emotions, and other precious male resources. As such, they can be arranged as ranks in order of how much investment each term implies.

Here is a list of ranks we will use (along with working definitions) ordered from least to greatest:

Level 0: One-Night Stand -or- Pump and Dump. You throw a fuck into this girl and never see her again (unless she reaches out to you). It is a single encounter that is casual, sexual, and impersonal. You may or may not have met her before the encounter, and you may or may not even know her name. She is a one-time answer to a physical necessity - nothing more.

Requires no maintenance and a very low investment of time.

Level 1: Plate -or- Fuck Buddy. You have sex with this girl more than once. You will know her name and just enough about her life so you can schedule sexual encounters. You may also know a little bit about her personally, so you can help her rationalize being your fucktoy, assuming she's uncomfortable about the idea of being one. Otherwise, she's down with it and you're both satisfied with being casual. She is a temporary answer to a physical necessity.

Requires some maintenance and a low investment of time.

Level 2: Friends with Benefits. You have sex with this girl more than once - typically as often as mutual convenience allows, but perhaps even when it's not completely convenient for her (because she likes you enough to go out of her way). You also spend non-sexual time with this girl, like eating out or pursuing activities of mutual interest. You know more about her personal life, and she knows more about yours, and as a result the two of you exchange mutual, non-sexual favours from time to time. You will most certainly have good memories of non-sexual time spent with this girl, which will lead to positive emotional investment in her, making her more than just an answer to a physical necessity.

Requires moderate maintenance and a moderate investment of time.

Level 3: Significant Other -or- Girlfriend. The highest level of intimacy a girl can earn. You have sex with this girl often, usually more often than you do any of your other girls. You also spend a considerable amount of non-sexual time with this girl, resulting in many shared memories and a deeper emotional investment. At this level, there is significant mutual concern for the other's well-being. The girl in particular will feel a great *dependence* on your direct and involved guidance in her life (rather than simple stoicism and confidence). Emotions are strongly felt at this level: affection is especially sweet, and

betrayal can be especially bitter.

Requires significant maintenance and a significant investment of time.

Strategy: How She Plays the Game

The game itself is quite simple:

A girl begins the game at Level 0 or Level 1, depending on the context in which you two met.

If you met in a club, or began as total strangers grinding against each other at a house party, she's Level 0.

If you two met in a slightly more sociable manner - perhaps introduced by mutual friends, or she impressed you with her pleasant demeanour after you opened her at the local cafe, she's Level 1. She can also bump up from Level 0 to Level 1 if she reaches out and maintains pleasant and reasonable contact with you after a casual sexual encounter.

From that point on, a girl must perform NON-SEXUAL services for you in order to advance in rank.

These services can include, but are not limited to:

- **Cooking you a healthy meal.** Either at your place or by invitation to hers.
- **Treating you out some place.** A restaurant or an activity of interest to YOU. Bonus points if you've never done the activity but it looks like fun - that means she's really thinking about you.
- **Buying you a well-thought-out gift.** Not just a random thing, but a gift which demonstrates an effort to understand your life and interests (example: therapeutic shoe insoles for a guy who likes running, or high-quality ear buds for a music-lover). The accuracy of her insight is more important than the cost of the gift.
- **Hand-making you an artistic gift.** These might include a picture or painting, a poem, a knitted scarf, a calendar of her photography, and the like. The more personalized the gift, the better. A hand-made gift doesn't have to be highly useful (since making useful things is tough), as long as the gift shows patience, diligence, and an attention to detail.

The greater her investment of time and effort in the gesture, the more credit she earns with you.

Eventually, if she shows a consistent pattern of investing effort in you, she can advance in rank by one level.

As previously stated, **a girl must invest time and effort in you in order to get your time and effort in return.**

There's no concrete number of favours she must do to go up a rank, so use your own discretion and judgement when deciding how to reward her. But always observe [Roissy's Fifth Commandment of Poon](#):

V. Adhere to the golden ratio

Give your woman 2/3 of everything she gives you. For every three calls or texts, give her two back. Three declarations of love earn two in return. Three gifts; two nights out. Give her two displays of affection and stop until she has answered with three more. When she speaks, you reply with fewer words. When she emotes, you emote less. The idea behind the golden ratio is twofold — it establishes your greater value by making her chase you, and it demonstrates that you have the self-restraint to avoid getting swept up in her personal dramas. Refraining from reciprocating everything she does for you in equal measure instills in her the proper attitude of belief in your higher status. In her deepest loins it is what she truly wants.

Giving her slightly less than she gives you is critical to maintaining your superiority in her mind. The material imbalance in this scheme is rebalanced by her hamster. Because your effort appears less than hers, she believes you to be her superior, and that she must continue to work in order to earn your approval and continued commitment.

A slow trickle of correctly-administered rewards will keep your girl happy and working for the duration of your relationship together. With dedication on her part, that relationship can be quite a long time.

Why Do the Services Have to Be Non-Sexual?

Simple. Because a girl doesn't have to exert any effort at all to have sex. If she is attractive enough, all she needs to do to get sex is show up. Someone will fuck her if she makes herself available.

This game only rewards **effort**.

You should also remember this: sex is the most fundamental pre-requisite of any non-platonic interaction between a guy and a girl. You'll never find yourself in a situation where a girl is giving you gifts and cooking you meals, but NOT having sex with you (unless you're both a coward and too daft to read the signs). If sex isn't happening, then something is terribly amiss and you must either correct it or next her. Which brings us to our next section...

Strategy: Punishment and Demotion

There are many ways in which a girl can make a mistake and upset you. Maybe she starches your shirts too much, or she burns the dinner she was making for you. These kinds of mistakes should not be punished with demotion because, despite her mistake, she is investing time and effort in you. You can think of a suitable punishment and repayment for your lost shirt without going to the extreme of knocking her down a rank.

Instead, demotable offenses should be offenses that are an affront to your dignity, your authority, or to the time and effort you have invested in her.

Offenses can be **intentional** or **unintentional**.

Unintentional offenses will usually come in the form of some indiscretion on her part, as she slowly loses attraction for you, her conscious effort wanes, and she slips back into her natural hypergamous state.

Some examples of unintentional offenses are:

- Unconsciously being too flirty with another guy (shit-test, can occur at any level).
- Failing to keep an important promise (usually by neglect or poor-planning), the consequences of which cost you a substantial amount of money or ANY amount of reputation (failing of respect, this offense will happen at Level 2 or above, since you don't entrust these matters to girls below Level 2).
- Neglecting some important duty that you have assigned to her (failing of respect, typically occurs at Level 3).
- Frequency of sex decreases, and she absently evades when you try to initiate sex (loss of attraction, can occur at any level).

Committing an unintentional offense should typically result in the demotion of the girl by one (1) rank.

Intentional offenses are far more vulgar than their counterparts. Intentional offenses are usually targeted

shit-tests meant to re-assess your fitness. In some extreme cases they might even occur in the presence of friends and family, making them **vindictive** attacks against your reputation or dignity

Some examples of intentional offenses are:

- Consciously flirting with another guy, trying to arouse jealousy in you (shit-test, can occur at any level).
- Openly insulting you (shit-test, can occur at any level).
- Frequency of sex decreases, and she consciously and vehemently evades when you try to initiate sex or talk about it (loss of attraction, can occur at any level).

Committing an intentional offense should result in the demotion of the girl by two (2) ranks.

Committing a vindictive attack against your reputation should result in a loss of three (3) ranks.

Now, this next part is important, so pay attention:

Once a girl has been demoted, her current level becomes the maximum level she can ever be again.

She can only climb the ladder as long as she is flawless in the execution of her womanly duties. Once she commits a serious offense, she is demoted, and she can never rise again.

Some examples of transgressions and appropriate punishments:

- A plate (level 1) who fails to provide sex on demand drops one rank to level 0, and she is replaced by a plate who will.
- A friend-with-benefits (level 2) who remorselessly loses your expensive digital camera drops one rank and becomes a plate forevermore.
- A girlfriend (rank 3) who drunkenly humiliates you in front of your friends at a party drops three ranks to level 0, and you quietly disappear and move on.

Now, I know what you're thinking. Permanent plate status? Walking away for good? Aren't these punishments pretty severe?

In reality, the offenses outlined above will generally only occur for one of two reasons:

1. You've slipped up in your duties as a Red Pill man and her attraction for you is beginning to wane.
2. She doesn't have the sense to recognize her unworthy behavior because of a failure of parenting that occurred long before you met her.

If it's reason 1, then you're at fault, and you're better off starting from scratch with a new bitch then trying to salvage a relationship that's on a downward slope. If it's reason 2, then the girl was never worth your time to begin with, and you simply didn't know it until now. You can't turn a ho into a housewife, so don't even bother trying to reform her.

In general, you must be uncompromising whenever you punish your bitch. **Remember what we've already established: girls look to you for cues on what's okay.** If you don't crack down on bad behavior when it happens, a girl's only assumption is that you are perfectly okay with whatever she's done. Hypergamy is selfish by nature, and it shows no mercy. Tough love is the only effective response.

There's also another benefit to being ruthless: meting out uncompromising punishment helps to keep you in abundance mentality. An uncompromising approach helps you to avoid the risk of developing oneitis, and it prevents you from being manipulated by women who are all too good at tugging at your sympathy to get just one/two/five more chances.

Keep your life drama-free by dropping troublesome bitches. With so many eligible bachelorettes out there

looking desperately for a strong man like you, no single one of them is worth your grief.

Strategy: Naturalizing the Process

As you learn the rhythm of using rewards and punishments to keep your bitch enthralled, you'll develop an intuition for how to play your part of the game. The process will become second-nature to you. You'll naturally become bored with women who fail to show you the proper appreciation, and gravitate towards the ones who make your life more pleasant.

That's the ultimate goal here: to make you a natural. You'll never say to your bitch "You're a level 1 plate now!" or "You're going down a rank for that shit!" This system is for YOU – so you can have an abstract model with which to understand the game, until managing bitches becomes as natural to you as breathing or blowing a load on her face.

Final Thoughts

The key trait of the modern western woman is her absolute lack of concern for the desires of men. Our cuckold state has all but replaced men as husbands and providers, and so it would seem like the traditional relationship is basically obsolete – that women will never again need to concern themselves with OUR wants.

Nothing could be further from the truth.

Though a woman can subsist off the benefits paid for by our taxes, the government cannot give her the love, the attention, the stability, the masculine reassurance, and direct intervention that are so crucial to her emotional well-being. A woman feels vulnerable in a role of leadership, and she feels lost without a masculine leader to boldly claim responsibility for confronting all of the challenges that terrify her. No government can provide that for her. For that, she must come to us.

And for that, we must demand a price.

My hope is that this guide has helped you realize just how much leverage you have in the sexual dynamic – much more than you once thought. Let this guide help you to capitalize on that leverage – for the sake of your happiness, and for the happiness of any woman who works hard enough to earn your time and effort.

Archived from theredarchive.com

Comments

MattyAnon • 153 points • 21 October, 2015 09:57 AM

This is a solid post. I've read most of it before on here, but it does bear repeating.

You can only be OPEN to the possibility of having one.

Too long I tried to make my relationships with women work. This just made them lazy and mean. Never again. It either works or I walk, no more "trying to make things work". And I will never sign a legal document saying "I am financially responsible for you and no matter what you do I'll let you have control over me". Always be prepared to walk away.

Why Do the Services Have to Be Non-Sexual?

Another reason - because if her services are sexual, you are overvaluing sex with her and undervaluing sex with yourself. If you make it a transactional "you get my commitment for your sex" then you are buying sex and she is selling it. If you have the attitude of "sex is something we both share with each other, what else do you do for me?" you are putting your sex as being as valuable as hers. You both enjoy it, so you both do it. And you won't be paying for it in any way (including with commitment).

I had this frame when I was seeing a FWB. She started to list what she wanted me to do, and I told her to list her contribution, starting with me saying "and don't say sex, that's something we both enjoy with each other". It worked out awesomely, she was quite traditional in her roles and we saw each other for years.

Sex should not be exchanged for anything. As soon as you do, you're playing beta game. Sex is a natural prerequisite of an intimate relationship, and will not be paid for.

HumanSockPuppet[S] • 66 points • 21 October, 2015 03:16 PM

Too long I tried to make my relationships with women work. This just made them lazy and mean. Never again. It either works or I walk

Exactly. This is the essence of what I mean when I say

winning a LTR is HER problem, not yours

LTRs are what bitches want. If she wants it, she needs to work for it.

Getting to sex is your job. And if the two of you have had sex, then you've already done it.

If you have the attitude of "sex is something we both share with each other, what else do you do for me?" you are putting your sex as being as valuable as hers.

Precisely. Sex is a mutual benefit. She's getting something out of it at the same time you are.

Newbies take heed: regarding sex in this way will help you take the pussy off the pedestal and put your time and effort up there instead.

reigorius • 17 points • 23 October, 2015 06:14 AM*

Goddamn, this has been a fucking basic error in my whole dating system. Good fucking plus physical attractiveness meant relationship if I liked the girl. And I usually liked the girl because of the awesome sex. Taking that away and then what? Now a girl has to do her part. Makes a whole lot of sense of my inevitable pedestalizing of girls I am intimate with. I never understood why, despite my grasp of TRP

theory, I keep putting bitches on the pedestal. But now it makes fucking sense, finally!

This is also a golden guide for transgression towards MRP. A great sub for how to deal with a woman in long term relationship. This is the missing piece really, though it needs a bit of tweaking. Thanks man, I appreciate your time and effort you put into it. I love this sub.

Can I cross-post it on MRP? I'd like to pair it with additional insightful comments from /u/MattyAnon and especially /u/TRPlurker.

MattyAnon • 3 points • 23 October, 2015 08:19 AM

Can I cross-post it on MRP?

Sure thing as far as I'm concerned.... married men need all the fucking help they can get :)

BramRhodesDouglas • 16 points • 21 October, 2015 03:55 PM

Holy shit dude this is brilliant. Thank you so much for posting this.

[deleted] • 55 points • 21 October, 2015 03:36 PM

My girlfriend tried playing the "look at all the sex I give you!" card the other day. I told her that when I buy a car, I expect the engine to start. Then I told her to keep the sex, we both know it's much easier for me to find a girl to fuck than for her to find a guy who will fuck her like I do. That changed her tune real fucking quick. Sex is not something you should ever allow to be held over your head. Nothing will run a girl off faster than displaying a mentality of scarcity. If she wants to hold it hostage, let her. We don't negotiate with terrorists.

[deleted] 21 October, 2015 09:41 PM

[permanently deleted]

tizzy62 • 8 points • 21 October, 2015 10:19 PM

Pretty sure that's not it - might be more along the lines of calling women bitches, infantile - and then plotting how to have sex with these infants.

Nothing_Gazes_Back • 4 points • 22 October, 2015 08:29 PM

Perhaps they should stop acting like infantile bitches, then?

MattyAnon • 1 point • 21 October, 2015 06:12 PM

Awesome frame, great work!

PoliticallyIncorrect • 7 points • 22 October, 2015 06:54 AM

Sex should not be exchanged for anything. As soon as you do, you're playing beta game. Sex is a natural prerequisite of an intimate relationship, and will not be paid for.

I made that mistake once.

It either works or I walk

This is the rule I follow. No need to waste my precious time on someone that has issues.

Bud-Bundy • 3 points • 16 April, 2016 02:24 AM

Newbie here and obviously late to the party. But I have to say this absolutely changed my life and I can't

thank you enough. I have field reports on field reports of pieces of this working. Wow I can't even explain the change. Incredible stuff.

[deleted] • 76 points • 21 October, 2015 10:47 AM

This may seem harsh, and in many respects it is, but think about the times you've been talking to a Girl and you've said a single thing wrong, perhaps a joke wasn't funny. Or you replied to a message too early, a single mistake and you were gone.

verify_account • 40 points • 21 October, 2015 02:22 PM

Good point. Women are even more brutal at times with mistakes. There is no reason you should go soft.

caesarfecit • 44 points • 21 October, 2015 09:28 PM

Women are only brutal with mistakes with guys they're either not interested in or looking to play. A woman that actually is interested in you will be surprisingly patient and cooperative.

Temptationn • 6 points • 24 October, 2015 05:27 AM

talked to a girl for 4 months, wasn't feeling good one day and no one was replying to my text I lost frame when she took to long to reply and flipped on her, she pretty much slowly stopped talking to me after that because I no contacted her for 2 days after losing frame so it was my fault.

caesarfecit • 8 points • 21 October, 2015 09:27 PM

The solution to that is simple - call their bluff. If you're interacting with a woman and she's acting like the slightest wrong move on your part will lead to you getting blown out, it's because she's trying to make you insecure, so she keeps the upper hand.

If you're with a woman and this front actually isn't bullshit, you're not going to get her. Why? Because making a mistake is inevitable, and if a woman's patience with you is that short, is it really worth the effort?

So even if she doesn't cave after you call her bluff and walk away, then all that means is you've successfully quit while you're still ahead.

Shady, needy women know that men don't like to admit defeat and quit, so they play games with guys they actually have little to no interest in sleeping with to get the milk without having to buy the cow. And if you play her game, you reduce your slim chance to a non-existent one - and she won't do right by you and tell you to your face.

look_good • 38 points • 21 October, 2015 12:34 PM

I remember reading your original guide when I first found the red pill and wanted to be offended by the harshness of your language.

Now I find it humorous. Good to see things have changed for me. Solid submission, thanks for contributing.

thisornothing • 14 points • 21 October, 2015 12:41 PM

Interesting, I unconsciously follow all the rules laid out here, but I still had a bit of a default "I'm offended by the language" reaction to this, but I don't really know why.

Guess I've got ways to go, but again, I agree with every damn point laid out here.

HumanSockPuppet[S] • 40 points • 21 October, 2015 03:22 PM

I unconsciously follow all the rules laid out here, but I still had a bit of a default "I'm offended by the

language" reaction to this, but I don't really know why.

It's like lifting weights. If you haven't used a muscle in a long time, it'll hurt like hell when you start working it out.

Keep flexing that benevolent misogyny. Eventually it'll stop aching and start moving bitches with ease.

thisornothing • 5 points • 21 October, 2015 04:03 PM

Oh yeah, I've been doing in relative ignorance it for the past two years. Decided I didn't like who I was and set about changing myself, and how I approach relationships and women. The amount of sex I started having has fucking exploded, but I've wobbled a bit recently. Finding Redpill has been great, it's cemented the language of what I've been doing, and given me a renewed sense of how fucking awesome I am. Women are fucking lucky to get near this shit.

look_good • 1 point • 21 October, 2015 02:58 PM*

Blue pill conditioning wants to stick with you. I've gotten to where I'm able to love women more than I used to while also understanding that bitches ain't shit. I understand them better now and they love me more for it.

Be wary of getting complacent tho, "don't get high on your own supply" is a good mantra to keep.

OgSlippyToad • 1 point • 15 February, 2016 12:01 AM

"Bitches aint shit but hoes and tricks"

[deleted] • 11 points • 23 October, 2015 01:42 AM

For the returning "I love you" bit, nothing ever beats a sly smile and a "I know" every so often. Serves the 2/3 purpose and they love it at the same time. Plus if youre like me, you get to pretend your han solo.

Whatever the case, completely ignoring her confession of love is a bit too harsh IMO.

MeltzerDriver • 6 points • 25 October, 2015 03:27 PM

Another good response is "Bitch, you should" (or just you should).

Stolen from Patrice O'Neal.

ExamplePrime • 12 points • 21 October, 2015 07:14 PM

This is really solid. Nice work.

I've learned a lot from TRP in the months I've been on here, seeing what I can apply to my life and seriously thinking about the stuff I initially disagree with. One of the most important changes in my life was doing exactly what the whole focus of this article tells me to do - Realise my time has worth.

I had someone go on about how I was their best friend and I never agreed because she had never proved her devotion to being a Rank 3. So I gave her the opportunity by inviting her to an event as my plus one. She never came, not even blowing me off politely and went from spending a couple of hours with me a day to a couple a month. She dropped straight to Rank 1 that day, and now to Rank 0.

It was tough for me to tell her how angry I was, tough for me to reject her pleas for attention after years of always handing out my time for free. But it's been beneficial for me in the long run, and surprise surprise she has moved on already. The hardest part of learning this stuff was realising that girls can get attention from anywhere, and that upsetting a woman isn't some sort of great evil, because they'll just fall back to another with ease.

[deleted] • 4 points • 27 October, 2015 01:37 PM

Just getting around to reading this today.

I haven't had to shift my mentality so extremely as I did by reading and internalizing this post since around 6 months ago when I was really gaining a more experienced management of TRP methodologies. So for the past several months coming back and reading RP posts has simply been an exercise of ingraining what has already been learned and reinforcing preciously comprehended ideas.

But THIS post, specifically from "Punishment and Demotion" to the end, really forced me to confront the abundance mentality more directly. This post is fresh, should be read thoroughly by even experienced RP men, and is definitely advanced reading for new RP members.

Thanks for the refreshing post, it forced me to shift my perspective like I did when first arriving here.

RPLEAN 6 points 22 October, 2015 01:56 PM [recovered]

I apply 80% of this to male companions as well.

Dildo_Saggins • 5 points • 25 October, 2015 08:15 AM

Shit-tests know no bounds, male friends included. If you are not gaining anything from the relationship (friendship), then there is no reason to continue it.

[deleted] • 3 points • 3 January, 2016 03:33 AM

Just want to say, I discovered this sub-reddit way too late. Got divorced and 3 kids, so 18 years of enslavement. 5 years of marriage. I wanted kids and a family and house for kids (having come from poor background). But alas, it did not workout at all. My impression while married was , (on the way my ex acted or behaved) that it is the normal for a woman here(in US) to do, I will suck it up and be a good provider. Which I did. But it came to naught. But it does not matter. My kids are healthy, I learned a most valuable lesson by committing most important mistake in my life. Thanks again. I definitely got validation on what I have been feeling ever since I went through the divorce court.

[deleted] • 18 points • 21 October, 2015 10:20 AM

You'll never say to your bitch "You're a level 1 plate now!" or "You're going down a rank for that shit!"

I'm gonna get a whiteboard and make a chart of where all the bitches stand and hang it on the bedroom door.

This is a really good post, I do think that permanent demotion is a little...permanent, as I think both you and her can learn from the mistakes you make but there are definitely cases where you can see it's just a part of who she is and she needs to be dropped. That very much depends on the severity of her actions and your understanding of her personality.

HumanSockPuppet[S] • 13 points • 21 October, 2015 03:20 PM

I do think that permanent demotion is a little...permanent

In this model, the behaviours that warrant permanent demotion are carefully selected. They're the kinds of behaviours that indicate poor suitability for long-term investment.

It's not worth the effort to try and fix a bitch if her issues run so deep that she is unstable, disrespectful, impulsive, or chronically irresponsible as a result of them. It's better to just start fresh with a new girl.

justadavid • 2 points • 21 October, 2015 10:07 PM

It's not worth the effort to try and fix a bitch if her issues run so deep that she is unstable,

disrespectful, impulsive, or chronically irresponsible as a result of them.

Good post. Q: Since AWALT, why drop her for a new girl that will be, well, AWALT? Circular logic, or throw up hands and say, the hell with this, I have a better time at a library than raking the grass to find a new whinems. I sure know a bunch of whinems, but I don't know many that would be good in an LTR. It's a desert out there. --D

aDrunkenWhaler • 8 points • 22 October, 2015 03:08 AM

AWALT doesn't mean what you think it means. Read the sidebar.

justadavid • -2 points • 23 October, 2015 03:24 PM

AWALT is All Women Are Like That. I'm pointing out that if that's the case, then the next woman is likely to share those ...*charming* attributes. (About the first acronym I learned here was AWALT). Thanks, --D

RedMoonAscendant • 4 points • 5 January, 2016 04:07 AM

AWALT means all the underlying motivations are the same among women, not that they'll all act on them the same.

Unicorns exist. They are merely **EXTREMELY RARE** and need to be built, not found. Because AWALT.

[deleted] • 2 points • 21 October, 2015 03:39 PM

Your whiteboard idea could really inspire some competition. Might work out nicely in your favor.

[deleted] • 5 points • 22 October, 2015 04:27 AM

One of the best posts I have seen on here. There is some serious wisdom in this. Every word makes sense. I am considering promoting a current girl to level 3. I will be reading this post every day while I consider her promotion. This is serious gold and deserves to be on the sidebar.

[deleted] • 7 points • 21 October, 2015 12:24 PM

This is a solid post and thank you for writing this. The only thing I have to say in addition to what has already been noted by others is that following a 2/3 rule, especially for text can come off as robotic and weird, like your trying to control the interaction. In general its always best to say less then necessary, but over text its too formless to have a rigid rule like that.

strps • 2 points • 21 October, 2015 11:04 PM

In general I think a 'her effort minus 1' approach is the best way to look at this: you are the one to end the text convos by not responding to the inevitable sappy shit, and the last 'i love you' should come from her as well, after as many as you think she needs to get on with her day in a normal human fashion.

thefirst365days • 2 points • 22 October, 2015 02:25 AM

I've had good success responding with emoji-only messages. "Hey can I see you this weekend?" Thumbs-up. "I had a good time with you last night." Smiley with sunglasses.

runningismyckrack • 5 points • 21 October, 2015 02:18 PM

Good post OP. I agree that if a bitch intentionally humiliates you, she's gone because if she doesn't respect you

enough as an LTR it will only get worse. Move out and move on, plenty of pussy in the sea.

trplurker 9 points 21 October, 2015 12:33 PM* **[recovered]**

Here is why this post has some serious issues with it.

Firstly, it requires both the male and female to be perfect in order to function, otherwise the man is in a state of perpetual plate spinning. No women could actually remain in GF territory for very long and no man could maintain a perfect frame 24/7/365. Humans are imperfect and make mistakes, it's to be expected and remedied. Also behavioral training is based around reward vs punishment, in this guide punishment is permanent and therefor there is no room for training.

If we were to apply this same method to dogs, the result would be shooting the dog the first time it misbehaved. Not a very effective training method right there.

Because of these facts, combined with HSP being a fairly intelligent and veteran TRP member I have to conclude that this guide's purpose is the exact opposite of it's statement. It's not about managing bitch's for an LTR, but instead keeping the guy from ever committing to an LTR in the first place. A guide for noobs to keep them from ever making the stupid mistake of marriage by preventing them from escalating past FWB. Won't work as noobs never take this kind of advice, but clever work anyway.

Cookiest • 6 points • 21 October, 2015 06:32 PM

HSP makes it explicit that there are some things that are not trainable, like if your SO is rotten.

However there are direct rewards in the system. Your time and relationship is the reward. In response to her behavior she receives more of your time and affection.

trplurker 3 points 22 October, 2015 01:58 AM* **[recovered]**

HSP makes it explicit that there are some things that are not trainable, like if your SO is rotten.

As a man it's your responsibility to guide, direct and mold your women. And while there are indeed women who are beyond all hope, the punishments highlighted here are such that it's impossible for any women to proceed past FWB.

Women are genetically designed to shit test, they **always** test you and as a man it's your responsibility to pass those tests. You won't pass them all, you will slip up and when that happens she'll escalate to the next level and it's your responsibility to right the course. But instead, HSP is suggesting to just abandon ship and shoot the dog vs correcting your own mistakes.

Everything is fine until the "once a girl makes a mistake she is forever demoted to a plate" part. That one part, which was discussed last time, destroys everything else because it removes all potential for growth or progress. Once a girl pulls a big shit test, which she is biologically required to do, she has forever lost.

So yeah the purpose of this is to prevent men from marrying by tricking them into thinking they are "managing bitches". Clever but ultimately ineffective.

Cookiest • 4 points • 22 October, 2015 02:58 AM

I totally agree that we should be passing shit tests and correcting when we've failed.

What I would emphasize (the part I agree with OP) is that some people are not worth your time.

Some people are bad people. If your aim is to enter a LTR then you're trying to sift through the chaff and waste. His system helps you identify valuable people and if they have a **SERIOUS** character flaw you don't waste more of your precious time (sunk cost trap) because you now know they have a major un-fixable problem.

I don't think shit tests count as a character flaw which is perhaps what you're thinking. Serious character flaws represent themselves in other ways.

trplurker 4 points 22 October, 2015 07:03 AM* **[recovered]**

Serious character flaws represent themselves in other ways.

They aren't discussed or presented as character flaws, in fact he has a different part entirely for that so he recognizes this, yet he still insists that once a girl has messed up she's **forever** FWB or worse.

Committing an unintentional offense should typically result in the demotion of the girl by one (1) rank.

Once a girl has been demoted, her current level becomes the maximum level she can ever be again. *She can only climb the ladder as long as she is flawless in the execution of her womanly duties.* Once she commits a serious offense, she is demoted, and she can never rise again.

His distinction between trivial and serious is laughable and unrealistic, it it wasn't HSP I would just assume it was a parody.

Now if he had mentioned that in order to regain her previous rank she had to work twice as hard as she did to earn it in the first place, then I would be in full agreement. That would provide a path in which a women, who in the process of being a human women made a mistake, would be able to lean from that mistake and continue her relationship with the man. But that's not what this "guide" is for, it's there to give an easy way for new folks to keep themselves away from LTR's and thus marriage.

RedMoonAscendant • 1 point • 5 January, 2016 04:14 AM

Something I've learned from this community is that nothing is really hard-and-fast.

If something is presented as an absolute, it's meant to mean "almost all the time." This seems to be a normal human mode of communication, so I can't fault it. Just recall, most of the time you're dealing with Machiavellian Males, not Rational Autists (such as myself).

When I read this guide, I imagine "demote her N levels, and she can never rise above it **EVER AGAIN**" really means "she can never rise above it ever again unless she puts forth some serious measurable effort that almost no woman would ever put forth"

dracoliuss • 4 points • 22 October, 2015 04:37 PM

You've *almost* got it. The point is abundance mentality. You're not shooting them, just releasing them back into the wild. Which is what happens with an untrainable dog anyway: it becomes more effort to keep them than to let them go.

On one hand, you're somewhat right in that for most practical purposes, this post's advice will nearly always keep younger men from getting in LTRs. If they follow it and actually end up with a woman at level 3, they've gotten lucky and/or filtered a huge number of girls to find one with above average value.

On the other hand, nearly all younger men should avoid LTRs anyway. Older men who want to settle down may be willing to make more compromises, but if they adopted the right mentality when they were younger - say, by following this guide - those compromises will be more limited.

Never forget, barring some serious massive dieoff scenario, there will always be a better bitch out there. Again, abundance mentality. As others have pointed out in this thread, they take exactly the same stance with us (more easily the younger they are), so it's not exactly unfair.

reigorius • 5 points • 23 October, 2015 06:58 AM

Solid point. I agree on the part of younger guys not getting into a LTR just yey. But if they happen to do want one or are older, /u/trplurker post refines the original post. Basically instead of permanent demotion, I believe trplurker is trying to advocate something like three strikes and you're out.

In regards to the dog metaphor we're using, I'd like to add this note: your molding your dog to be a life long companion. So you don't release the dog into the wild after one major error. No, you happen to see potential. Otherwise the dog wouldn't be with you to begin with.

If the dog is truly untrainable, by YOU, then by all means, let it go. It doesn't want to be trained by you. And the two of you are not the right mix. But if the dog makes a mistake and it actively tries to make up for it and you see change in the unwanted behavior, then the dog stays. It's not exiled after one punishable offense.

And so you keep doing your part. But after two or three strikes of unforgivable offenses then the dog is out. You have standards, you did your part to your best capabilities. If the dogs behavior doesn't change, then it's time to let the dog go. And it could be you, maybe you're too blue to be topdog. Or the dog has traits that cannot be fixed by you. Whatever the reason might be, one should reflect upon it, alter his approach if needed and move on.

Now substitute dog for girl if the above doesn't make sense.

RedMoonAscendant • 1 point • 5 January, 2016 04:18 AM

Hmmm. I really like this "three strikes you're out" thing.

Like TRPlurker, I had that nagging feeling something was wrong. Just this one change to three-strikes makes it seem perfectly reasonable.

trplurker 1 points 23 October, 2015 02:45 AM* **[recovered]**

On one hand, you're somewhat right in that for most practical purposes, this post's advice will nearly always keep younger men from getting in LTRs. If they follow it and actually end up with a woman at level 3, they've gotten lucky and/or filtered a huge number of girls to find one with above average value.

AWALT

And if you read what I wrote you'd realize that my only biff is that the guide is misrepresenting itself. It say it's a guide about "bitch management" designed to make her chase your attention, when it reality it's the complete opposite and instead a guide about "LTR avoidance". I have zero qualms with someone creating a method on how to avoid oneitis / marriage trap / ect. It's the dishonest bait and switch mechanic I don't like.

"Hey guys if you want a successful LTR here is a guide!" when in reality it's a "if you want to avoid LTR's then here is a guide".

We should never be dishonest to each other.

dracoli • 2 points • 23 October, 2015 04:43 AM

We should never be dishonest to each other.

I agree with that statement. OP could have been a bit more direct, not to mention more concise.

Looking it over again, though, I don't see it as trying to bait and switch much. The title itself contains the phrase "managing your bitches", which to me is a humorous indication that this has very little to do with "if you want a successful LTR"-- something the guide in fact recommends against seeking.

When I think back on all the ways I've seen younger men undermine the respect others have for them, the post rings true overall.

Unless you want to live in a bubble, the days when guys could settle down early with "the right girl" are over. As you say, AWALT. It takes time and pain for most of us to develop the strength necessary to hold frame effectively. If a guy is going to do it anyway - as so many will (most noobs won't take the advice, you're right) - those who keep OP's words in mind will be far less likely to end up screwing themselves over.

In this sub, I'm okay with a bias against LTRs. I fully understand your point that none of us is perfect and that compromises are inevitable, but being extra strict up front is an excellent way to mitigate the amount of disaster that occurs the next time your frame slips.

[deleted] • 2 points • 23 October, 2015 02:43 AM*

I'm glad this is getting upvoted. The basics of this post are spot on and I've benefitted from the read.

However, many of the details are just a little.. Off. For me, what that shows is lack of actual life experience with the matter. He makes a healthy LTR no different than a plate, which defeats the purpose. What's great about an LTR is that you can let off the gas a bit. You've proved your fitness time and again to her and you gain leniency. Yes she will still test you forever and always, just as you will always keep her on her toes, but it isn't the same as in the plate stage which he portrays it as.

It seems like he is probably a master plate spinner that has never actually had a healthy LTR. Which is not a bad thing unless you're writing a post having much to do with LTRs. As I said though, the majority of the post is spot on.

tallwheel • 2 points • 23 October, 2015 03:29 AM

No women could actually remain in GF territory for very long

I'm not so sure. Been with my girl a year and a half, and she's doing pretty well so far. (But then again, she isn't a Western woman, and we don't live in "The West".) If she ever committed a major offense like HSP outlined above she would be permanently demoted just as HSP suggests. This has always been my policy. There are certain things which can never be forgiven and can never be fixed.

I know it's hard, but you have to maintain an abundance mentality, even in LTR's. That is the whole point. If you are in a relationship with the goal of "making it work" long term, then you are going to eventually run into trouble and lose your grip on the reigns, for the very reason that HSP mentions in his post.

2) A long-term relationship CANNOT be your end goal. You can only be OPEN to the possibility of having one.

It may seem sad to all of us hopeless romantics (and pretty much all men are at heart), but this is the correct way to go about it. Do not plan your life around being with the same girl forever. Do not make your happiness dependent on keeping a certain girl around. That's exactly the attitude that is bringing many men to rock bottom psychologically. It's hard, but you have to maintain abundance mentality, even in LTR's. If you're married... well then, as HSP basically said, good fucking luck.

-Anteros- • -2 points • 21 October, 2015 09:41 PM*

Here is why this post has some serious issues with it.

Are you going to say its "problematic" next?

Firstly, it requires both the male and female to be perfect in order to function, otherwise the man is in a state of perpetual plate spinning.

This is MGTOW idiocy. The requirement is that one would be enforcing discipline within his relationship, that the woman should remain in a perpetual state of interest in pleasing her man. This is known to many women as happiness. It may be alien if someone has never considered a mans position in the relationship, let alone experienced such success.

No women could actually remain in GF territory for very long and no man could maintain a perfect frame 24/7/365.

More MGTOW idiocy. There are women out there who will continually strive to make the man in the relationship happy. This is often set up by following OPs guide. Also, there is no need to maintain a frame if this is an inherent part of a man in a relationship. Men who cannot follow this guide should not be in relationships.

Humans are imperfect and make mistakes

Exhibit A: your comment.

in this guide punishment is permanent and therefor there is no room for training.

Wrong for the third time. The poster goes into detail about demoting a girl and potential reasons for doing so.

If we were to apply this same method to dogs, the result would be shooting the dog the first time it misbehaved. Not a very effective training method right there.

Demoting a girl does not get rid of her permanently unless she was just a ONS/Plate. If those girls are crossing the mans boundaries then they don't deserve any more of the mans time and attention.

Because of these facts, combined with HSP being a fairly intelligent and veteran TRP member I have to conclude that this guide's purpose is the exact opposite of it's statement. It's not about managing bitch's for an LTR, but instead keeping the guy from ever committing to an LTR in the first place.

I'm not going to put what I've concluded about you here.

A guide for noobs to keep them from ever making the stupid mistake of marriage by preventing them from escalating past FWB. Won't work as noobs never take this kind of advice, but clever work anyway.

I lied. I'm concluding that you should get out of the basement more often and get some real life experience with LTRs if you meet the requirements: You are at least 25 years old and have slept with at least 25 girls. Otherwise you should be out getting your n-count up. Also, there is very little mention of marriage in the post, there is no level 4 and rightly so.

I also recommend re-reading the post

reigorius • 6 points • 23 October, 2015 06:39 AM

Dude, we are here to discuss things that work, not to pick fights.

-Anteros- • -1 points • 23 October, 2015 11:57 AM

OP's post works. Re-reading it would work too. Sometimes you've got to be forceful. When it comes to clearing up MGTOW stupidity one should be forceful.

justadavid • -1 points • 21 October, 2015 10:14 PM

If we were to apply this same method to dogs, the result would be shooting the dog the first time it misbehaved.

Yes. However a woman is just a woman, whereas a dog is your best friend ever, never shafts you, doesn't sleep with other guys/girls, is always happy to see you, and loves just hangin' out with you. P.J. O'Rourke also points out, female dogs have six nipples, which is pretty funny! --D

p.s. Harry Truman said something about this: "If you want a true friend, in Washington, D.C., get a dog."

TurtlesReadPapers • 5 points • 21 October, 2015 11:07 AM

A problem I've faced and only recently began to embrace is the fact that I **am** the prize, and not anyone else. TRP advocates thinking like that constantly, but this post really made it click for me. I couldn't find objective ways to assess how a relationship was going and what a girl was worth to me besides how it felt, but non-sexual favors makes a ton of sense. Time and effort should be rewarded with the like, and this is clear-cut in the way that it gives anyone a basic foundation to build from if they don't have one already.

tallwheel • 2 points • 23 October, 2015 03:38 AM*

2) A long-term relationship CANNOT be your end goal. You can only be OPEN to the possibility of having one.

This. This is the mistake most men make, even those who consider themselves RP. It may seem sad to all of us hopeless romantics (and pretty much all men are at heart), but this is the correct way to go about it. Do not plan your life around being with the same girl forever. Do not make your happiness dependent on keeping a certain girl around. That's exactly the attitude that is bringing many men to rock bottom psychologically. It's hard, but you have to maintain abundance mentality, even in LTR's. If you're married... well then, as HSP basically said, good fucking luck.

I think it is a reluctance to accept this that is motivating the critics of this post. They need to have their romantic fantasy. Otherwise, life has no meaning to them. Advice: Find another meaning to live. Women are just part of the ride.

[deleted] • 2 points • 25 October, 2015 03:28 PM

So much effort into this post. Really, really appreciate it!!! Cannot say that enough. I am glad we can come together to collaborate.

YoungRedPiller • 2 points • 26 October, 2015 02:51 PM

Where does a guy that has never had a girlfriend and still doesn't despite 6 months of continuous lifting and self improvement fit in? There's only a certain point to which SMV can be maxed out, what to do?

jopher • 1 point • 25 January, 2016 02:57 AM

if you think you've maxed out your SMV, you need to check yourself. There are always ways you can improve your SMV.

Hennez • 3 points • 21 October, 2015 08:17 PM

This should be implemented by everybody here as sacredly as our gym's routine.

evilkenevil • 4 points • 21 October, 2015 02:51 PM

I would say this to the lurking casual reader: as harsh as this may sound it is at its core the absolute truth. It took me YEARS of experience(s) to gather these conclusions fighting the constant tide of society's PC version of what it means to be a man.

reigorius • 2 points • 23 October, 2015 07:04 AM

PC? Can you help me out here?

evilkenevil • 2 points • 23 October, 2015 11:18 AM

"Politically correct." For me, RP is about action and choices and not verbalized. If RP doctrine is discussed openly as a concept (even in the smallest of ways) in mixed company it is always categorized as angry/misogynistic/womanizing and judgements are made. I'm 50 years old and have learned to discuss only in the company of men and act differently in front of women. Women can't and don't want to discuss any part of this in an honest and intelligent fashion while simultaneously desire a man in the most deprived manner who treats her in a RP manner. I push my RP "agenda" when I want something or someone is presenting a shit test. Actually, thinking about it, I use it in my line of work more than I credit simply to keep people from acting like children.

caesarfecit • 4 points • 21 October, 2015 09:21 PM*

I sincerely hope this is a parody. Why?

Because even though there are many aspects and specific points in this post that are money, the whole tone of it reads as deeply distrustful and paranoid. There's no reason to refer to women as bitches in this context other than to be Reddit style-edgy. I'm not saying this because I'm offended, I just don't see a good reason for it other than self-indulgence.

The only reason to follow a mindset like this is if you inherently distrust and fear women/intimacy/investment - so according to this post, you give as little of it as possible, and only after she jumps through your hoops. And any flirting by her is a shit test, unless she's explicitly making herself sexually available.

The problem is, when you act in bad faith, as this guide implies you should, you attract the same. There's no difference between this mindset and the bullshit advice feminists and outlets like Cosmo give women. Play hard to get, no sex until the third date, make him work for it etc.

The Red Pill should be about resolving the differences this exploitative mindset with honesty and non-neediness, not fighting fire with fire. The games people play have no effect on you if you don't play into them.

Game battles are the no-win scenarios of seduction. Why? Because people play games out of neediness. So regardless of which one of you is proven to be less needy, all it means is you've got a needy manipulative woman to deal with, who won't hold up her end of the bargain without a gun to her head.

Trust is a vital element of seduction. Not because women need it (and they do), but because we need it too. If you don't trust and don't have any rapport with the woman you're sleeping with, you turn every woman you're with into a quasi-prostitute/slut. I'm not saying you have to love every woman you bang, just that sex without any connection, all the time, gets old very fast.

That's why the Golden Ratio of Pook should be a guideline rather than an actual rule. The real takeaway from it is to not give women a free lunch, not continually hold out on them. A woman who actually has value and knows it won't put up with that crap, and a woman who isn't worth a damn, will give it back to you every chance she can get.

blkbullmentor 8 points 22 October, 2015 01:21 AM [recovered]

when you act in bad faith, as this guide implies you should, you attract the same

And when a man acts in good faith with good intentions expecting her to do the same, what happens? He gets shit on due to her hypergamy.

You're white knightng. Men have been handing out blind trust to women for decades & where has it gotten us? A 70% divorce rate.

No more. Not for me.

caesarfecit • 1 point • 22 October, 2015 01:40 AM

There's a big big difference between blind trust and no trust. OP advocates the latter as much as possible - that's bad faith.

Give trust when it's earned, and not stingily - or else she'll be perfectly justified doing the same to you. And even if she doesn't, being in any kind of relationship with no trust is just shitty.

It's not about white knightng, it's about being fair and acting in good faith. Without good faith, no relationship lasts past the second self interest is not being served. That's why BB relationships end so suddenly and swiftly.

You want to protect yourself from hypergamous women, don't let her get away with bad faith. She'll either clean up her act or let you leave.

Letting a person get away with bad faith is the definition of moral hazard, because it just encourages more of the same. Do you who does that? Betas.

Now, lets say you've learned to keep your walls up and demand as much as you can get away with from women without giving anything in return. Do know who does that? Fake alphas, and they only get shitty, often crazy women - because women of character won't play that game (best case - not for very long). And they wonder why AWALT?

[deleted] • 0 points • 22 October, 2015 09:46 AM

You're misusing the phrase "bad faith". Bad faith means treachery on one's part. I think that what you mean is "NO faith".

reigoriur • -1 points • 23 October, 2015 07:09 AM

The 70% divorce rate is not solely because of trust reasons.

I think /u/ceasarfecit is advocating something else here. Maybe likes attract likes and in order to attain something, you got to give some leeway.

Geleemann • 1 point • 26 October, 2015 04:07 AM

The reason for divorce between a man and a woman doesn't matter. Marriage is not beneficial for a man in this day and age, regardless. Period.

axonMagnus • 1 point • 26 October, 2015 04:19 AM

you know what buddy good luck with that , come back and whine all about it we will be here

[deleted] • 2 points • 21 October, 2015 01:30 PM

Favorite Post I've read in a while, a thoroughly entertaining and thoughtful piece.

soccerplusaviation • 2 points • 22 October, 2015 12:50 AM*

What's your opinion on a girl that invests heavily in you, she pays for dinners movies, buys me bday presents w/o expecting anything major in return, gave me her Netflix account (rarely use it) but is slowly letting herself go. She used to workout, and I loved grabbing her ass, but know she is skinny fat.

EDIT: When i read the title and the post, I was reading it in the voice of A Pimp Named Slickback from the Boondocks. If you haven't seen the show, I suggest you watch it. It's pretty Redpill.

axonMagnus • 1 point • 26 October, 2015 04:16 AM

oh man you just been watching that show a lot , one episode that comes to mind is breezy , literealy a comedy for chris brown i think its at the end of season 3 :D , its gold

[deleted] • 3 points • 21 October, 2015 01:16 PM

I liked this one so much, I took you up on your offer, and am working on an amended version for MRP.

HumanSockPuppet[S] • 3 points • 21 October, 2015 03:26 PM

I'd be interested to see it.

The strategies shouldn't change too much. Your main challenge will be in figuring out how to apply leverage without the power to walk away.

That's why I don't condone marriage for any many who hasn't already made the mistake. If you're presently unmarried, STAY THAT WAY.

You notice that there is no "level 4" in the guide, no "wife" level. That's not a mistake or an oversight. You should never promote a bitch so high that you give away all of your power.

[deleted] • -1 points • 21 October, 2015 04:28 PM

This. It's not the crowd for level 4 here.

it's up now, really just some enforcement of them needing you more than you need them, the girl brain is emotional, divorce rape is after she's emotionally disconnected. And reversing your 2/3 rule for getting points back. 150% to show it is a sincere gesture.

And switching term plate status with shitty roommate, only useful to spar with on your post marriage map.

Most of it hit home with my map with the spouse, so it was easy to picture your logic

HumanSockPuppet[S] • 10 points • 21 October, 2015 05:29 PM

NO, there is no level 4. Marriage cannot be a reward you give a bitch. If you surrender your power, you are a moron.

The married version of this post would be written for men who made the mistake of getting married BEFORE they found the Red Pill - it would be a strategy guide for keeping your wife from divorce raping you and MAYBE a guide for reviving attraction.

It should not be a guide of how to award women with marriage. Getting married is suicidal and retarded.

reigorius • 0 points • 23 October, 2015 07:16 AM

A lot of readers in MRP are already in a marriage. This should help the guys with pedestal issues to see that sex is not a reward. It is an activity you both enjoy. Take that out and then what else has the wife to offer.

Also since this is a mostly American inspired sub, there are a bunch of Christians who have marriage as a goal in life to achieve. How unwise it might be with your current laws, MRP offer ways to avoid the obvious landmines in marriages and learn how to defuse or reflect them.

S_0ci0path • 2 points • 21 October, 2015 11:23 AM

Absolute genius. Relationships 101.

Nanpa • 1 point • 23 October, 2015 02:49 PM

I've only took the red pill in the last couple of months but this post speaks so much to me. It's just everything put down into neat words - everything that I was so blind to but now see so clearly. Thank you so much for this post. I'm going to read it every morning when I wake up to solidify this is my head.

axonMagnus • 1 point • 26 October, 2015 04:12 AM

damn right son [^] , this will be my morning ritual

[deleted] • 1 point • 24 October, 2015 05:44 PM

Double commenting but to all the fuckheads out there that can't read good, learn to take a fucking joke compliment. Holy shit this community gets more bitch like with every passing day.

PantsonFire1234 • 1 point • 5 January, 2016 01:42 AM

My plate only bought me dinners, Mcdonalds and weed. Does this count? I also hate receiving gifts, I don't know why but it makes me uncomfortable as hell.

Once had a failing relationship with a girl and she consistently asked me to pick a pair of sneakers as a gift from her. Everytime she brought it up I tried to change the subject. She told me afterward that she got a nice deal with her local store and that's why she could afford the expensive gift. It made me feel slightly better knowing she was cheap.

Am I the only one?

Having a day out and it being payed for is great, doing some activity that I love for free. But I know very few girls that put this kind of effort in their guy. Usually it's gifts.

[deleted] • 1 point • 15 February, 2016 02:44 PM

So does sex always come first or can she do non-sexual favors/become emotionally attached then lead up to sex?

thisornothing • 1 point • 21 October, 2015 11:21 AM

I'm not really into the language being used at points, but I totally agree with the overall message. It creates and cements a feeling of abundance in yourself, avoids "oneitis" and most importantly - helps you avoid women who flat-out just aren't worth your fucking time. Which, as it turns out, seems to be the vast fucking majority of them.

MeltzerDriver • 1 point • 25 October, 2015 02:12 PM

Guess you haven't ever listened to Patrice O'Neal or the Black Phillip Show. You need to get used to the word "bitch" or "cunt" and not be offended by it, even if you choose not to use said words.

It's the belief system that you can say whatever you want to a women and not fear the consequences that means something, not the actual use of the word being used to hurt them.

pdtrading • 1 point • 21 October, 2015 03:04 PM

This is such a well versed and well written guide! Thank You!!

[deleted] • 1 point • 22 October, 2015 01:24 PM

Great post, I took notes, I dont think ill remember them but I did write stuff down. Impressive.

[deleted] • 1 point • 25 October, 2015 03:44 PM*

Though a woman can subsist off the benefits paid for by our taxes, the government cannot give her the love, the attention, the stability, the masculine reassurance, and direct intervention that are so crucial to her emotional well-being. A woman feels vulnerable in a role of leadership, and she feels lost without a masculine leader to boldly claim responsibility for confronting all of the challenges that terrify her. No government can provide that for her. For that, she must come to us.

And for that, we must demand a price.

My favorite part and spot on. Great guide. How long did this take you? This is how I feel after I read your post.

[deleted] • -2 points • 21 October, 2015 02:39 PM*

"The key trait of the modern western woman is her absolute lack of concern for the desires of men."

My Tinder plate refused to blow me because she was on her period. She jokingly was implying that if she doesn't bust her nut she won't bust mine. Women are deranged. They've been brainwashed to think like men. Fuck I hate this bullshit. I fucked her on our second date and now she plays virgin. She sees me as BB I guess and wants to limit the free samples. If I get to fuck her again I will bust it on her dumb face and just walk out...

axonMagnus • 1 point • 26 October, 2015 04:26 AM

brother, retract the attention and demote her accordingly -^

htbf • 0 points • 21 October, 2015 03:31 PM

You should also remember this: sex is the most fundamental pre-requisite of any non-platonic interaction between a guy and a girl. You'll never find yourself in a situation where a girl is giving you gifts and cooking you meals, but NOT having sex with you (**unless you're both a coward and too daft to read the signs**). If sex isn't happening, then something is terribly amiss and you must either correct it or next her.

You forgot one option that is "one of you is (or both are) religious enough and don't engage in sex outside of marriage". I've known a lot of North African girls in this position, believers yet not practicing except for the big stuff (fasting once a year, virginity, alcohol). I wish there was an RP "philosophy" on how to deal with such people. I find them desirable for their N-count of zero that makes them much more for wife-worthy than an ex-rider of the carousel.

exit_sandman • 2 points • 21 October, 2015 05:41 PM

I wish there was an RP "philosophy" on how to deal with such people.

The issue with RP is that it's tailor-made for intergender relations in a western society.

I find them desirable for their N-count of zero that makes them much more for wife-worthy than an ex-rider of the carousel.

The problem with this is that you don't have a guarantee that everything is hunky-dorey. The only thing that is a reliable indicator of a woman's inclinations is a high n-count she has achieved by herself (either by voluntarily slutting it up or by sleeping around with the wrong guys) - a low n-count may just be a sign that

she didn't have the opportunity to sleep around.

In fact, in countries with traditional sexual morals the whole thing becomes particularly obfuscating. In the West if a woman who has it in her to slut it up, you can count on her doing it (which in turn means that a woman with a low partner count pretty likely isn't one). Not so much in a country where she has to be afraid of her father or brothers offing her.

Now this doesn't necessarily mean that she'll do what slutty women in the West are more likely to do - after all, divorcing is problematic and cheating is a death sentence. But that doesn't mean you'll be happy with her; in fact, I'd wager that a marriage to a woman who would have loved to sleep around a bit and experience other guys but didn't because she couldn't won't be a very satisfying one.

htbf • 0 points • 21 October, 2015 05:53 PM

Thanks, I never thought much about it the way you're framing it.

a low n-count may just be a sign that she didn't have the opportunity to sleep around.

What about a low n-count in a very hot girl ? The kind that makes heads turn when she enters a room ? Clearly such a girl would have lots of opportunity and the fact that she didn't go for it speaks in favour of her morals ?

exit_sandman • 0 points • 22 October, 2015 02:28 PM

What about a low n-count in a very hot girl ? The kind that makes heads turn when she enters a room ?

With "she didn't have the opportunity to sleep around" I am refering to "she wasn't allowed to". In a liberal society, even an unattractive woman can sleep around if she's willing to put out.

[deleted] 21 October, 2015 03:52 PM

[permanently deleted]

htbf • 0 points • 21 October, 2015 04:04 PM

Good point, but I do think that this is one of those game-changing situations. It's very hard to differentiate between a friend, a FWB, a plate and a relationship with a girl you're not having sex with.

[deleted] 21 October, 2015 04:12 PM

[permanently deleted]

htbf • 1 point • 21 October, 2015 04:17 PM

That's the exact passage I quoted into my first message... But you haven't read it before answering, have you ?

[deleted] 21 October, 2015 04:52 PM

[permanently deleted]

htbf • 1 point • 21 October, 2015 05:05 PM

I have no idea what you're trying to say.

I quoted that part and detailed a situation where it doesn't apply. You said his guide is not an absolute. I agreed and re-emphasised that the situation I'm describing is very different and requires a very different approach. To which you quoted the very same part as an

answer when I already said that part doesn't apply to this situation (you can't next a virgin girl that is trying to keep her virginity when she's exactly the kind of girl you're looking for as a future wife).

So, in short, how is that an answer to this situation ?

youlovethisish • -1 points • 21 October, 2015 09:17 PM

Awesome guide.

I do have a question though - what about the stuff that happens before she becomes invested in you? How do you get a girl invested in you in the first place - at that coffee shop, for example?

[deleted] • 0 points • 22 October, 2015 05:50 PM

Wow. Excellent post. Thank you.

[deleted] • -9 points • 21 October, 2015 10:42 AM

Mate, once again TRP delivers. In a time of need I stood, dick in hand, wondering how I was going to manage the trio of big titted beauties that I corralled recently.

And then this, succinct like a cheese fart under the blankets, blows along and I find myself with a plan in hand, and my dick in it's proper place.

Thank you sir. Great fucking post.

dsgc123 0 points 24 October, 2015 11:56 AM **[recovered]**

I'd give gold if I could. This is a masterpiece.

[deleted] • 1 point • 24 October, 2015 05:43 PM

Yea not sure why I got so downvoted. It was a compliment!

[deleted] • 0 points • 24 October, 2015 08:13 PM

Bravo. Well done. This is one of the best posts I have read on here recently. Bookmarked.

[deleted] 21 October, 2015 09:11 AM

[permanently deleted]

[deleted] • 11 points • 21 October, 2015 10:37 AM

I'd love to hear where you think he went wrong.

"Lots of this" means Jack shit

KC007_Reddit • 1 point • 7 September, 2022 04:37 AM

IMO this only works if ur a high value man or at least in her eyes a man of high value i don't think average Joe can pull this off

-sakura_moon- • 1 point • 16 April, 2023 04:44 PM

woah. did you men know that most women actually value an emotional connection more than sex/physical contact? men have higher testosterone anyway, higher libido. you guys NEED sex, we WOMEN (in case you forgot the term) enjoy it every so often. either way, after spending your life doing shit like this, you're probably

too far gone to listen to any rational person ever.

go enlist or something, if you're so into traditional roles. fucktard.