

The Light-Switch Effect - Why Women Re-Write the History of Relationships.

March 28, 2016 | 708 upvotes | by [redpillschool](#)

I was originally typing this as a comment reply to [this thread](#), but it turned into an entire post.

[/u/projectself](#) was writing about how women re-write history towards the end of a relationship:

Re-writing of history - It doesn't matter that she was sending you love notes and texts a month ago. She has been unhappy for a long time now.

I call this the **light-switch effect**. And it happens when a woman is no longer attracted to you and is moving on, whether or not she cheated.

It's not that she's discrediting all the past good in the relationship, she actually believes it never existed. Let me expand on that a little, and tie it into what we call Briffault's law.

Women use their emotional state to define reality- we already know this. When a man feels an emotion, he asks, what could have caused this emotion? Is it reasonable and rational? Perhaps it is, or is not, but exploring this line of reasoning is how he determines whether or not his feelings match objective reality. If the facts don't line up, perhaps his reaction was wrong.

When a woman feels an emotion, she uses this as her objective reality. Why would she feel betrayed unless somebody had betrayed her? Why would she feel sad unless somebody or something made her sad?

Therefore the decisions she makes based on her reality may seem like total nonsense to a man (women are crazy, right?), because she has determined her reality based on the only prime truth she knows: her *emotional state*. If a woman is sad, she tells you "you made me sad." She didn't decide her emotional state, you did. Changing her own emotional state is outside the purview of her control.

So that means the emotional state she is experiencing means that you've done something to create that state, intentionally or not. Since she is sad, you've made her sad. Her objective reality states that you've done something wrong to make her sad. This is where a lot of arguments begin, because the man mistakenly will argue "you've taken what I said the wrong way, of course I didn't mean it that way," and to her, it doesn't matter what is rational or reasonable. She is sad and she wouldn't be sad if there wasn't a reason to be sad. Her sadness defined this reality for her. If you hadn't done something worthy of her being sad about, she simply wouldn't be sad.

So back to the light-switch effect. When you've dated a woman for multiple years, and things start going sour, you experience the revisionist history where she claims to have "never loved you" or that you were "always abusive." Yes, the always/never statements. And what they reflect isn't a reality, rather, they reflect her new reality based on her emotions.

The thought process looks much like this: *If true love is permanent and real, and I am not feeling true love for this person, but rather disdain and anger, then I must be feeling this way because of who they are. They make me feel bad, so they cannot be good. And since this person makes me feel bad I could not have loved them, because I would never love somebody who makes me feel bad (the qualities he exhibits now must have been inherent qualities he has always had). So I must have never loved them. The entire relationship must have been a lie. Real true love would be permanent, and this is not permanent, so it was never real true love.*

And just like that, her emotional state defines a new reality, where nothing was ever good and everything

was based on a lie. Like a light-switch goes from on to off, everything that you two had built disappears into the off position, as though it had never existed.

Many men at this stage try to bargain. "After all we've been through together, how can you throw this away? *We can still salvage this!*"

And it's a pointless question. What is she throwing away? Absolutely nothing, in her mind. If there was any value in the relationship, she wouldn't feel this way. Therefore there must not have been value in the relationship.

Briffault's law operates around this very principle:

The female, not the male, determines all the conditions of the animal family. Where the female can derive no benefit from association with the male, no such association takes place.

Corollaries:

1. Past benefit provided by the male does not provide for continued or future association.
2. Any agreement where the male provides a current benefit in return for a promise of future association is null and void as soon as the male has provided the benefit (see corollary 1)
3. A promise of future benefit has limited influence on current/future association, with the influence inversely proportionate to the length of time until the benefit will be given and directly proportionate to the degree to which the female trusts the male (which is not bloody likely).

Specifically corollary 1- past benefit does not provide for continued or future association. The concepts of past benefit and continued association requires a consistent objective reality where a woman can look at the implicit contracts made in a relationship: *We'll love each other forever, we'll make it through thick and thin, I'll give you a place to live and provide for you, and you'll remember these sacrifices I made in the future when the chips are down.*

In her mind, when the chips are actually down, her emotional state will define a new reality where past benefit doesn't just not count, but rather it simply doesn't exist at all. If her reality included that your sacrifices and love were genuine and real, she wouldn't feel the way she does. She wouldn't feel betrayed, she wouldn't feel unattracted. But she does feel unattracted to you, so the reality where you provided benefit must not be real. The real reality is that you must have lied, and there was never a true relationship at all.

The light-switch effect.

And make no mistake, even if you're in a good relationship with a good woman, when the chips are down, the light-switch *always* turns off.

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Comments

Archwinger • 201 points • 28 March, 2016 06:10 PM

This doesn't just happen when you or she changes. Sometimes, something innocuous about her circumstances can change, without any fault of yours.

Like she starts a new job where a cute guy starts flirting with her, or she meets a friend of a friend and likes him. She feels attraction toward another man. If she were *really* in love with you, she wouldn't feel that about another man. So she suddenly realizes that she hasn't been in love with you for a long time and hasn't been happy in ages -- if you'd asked her 2 days ago before she met this other guy, she'd have sworn she was going to marry you, has never been happier, and you're her hero. But today, she feels as though she hasn't been happy with you for a long time.

You didn't change. You didn't screw up. She just got attracted elsewhere, and it's impossible for a woman to ignore attraction. So few men can cause a woman to actually feel real attraction that when she feels it, she attaches extreme emotional significance to that feeling in an effort to convince herself that it's important and that she's entitled to act on it.

redpillschool[S] • 52 points • 28 March, 2016 07:18 PM

She feels attraction toward another man. If she were really in love with you, she wouldn't feel that about another man. So she suddenly realizes that she hasn't been in love with you for a long time and hasn't been happy in ages -- if you'd asked her 2 days ago before she met this other guy, she'd have sworn she was going to marry you, has never been happier, and you're her hero. But today, she feels as though she hasn't been happy with you for a long time.

Yes, this is unfortunately a common catalyst for the light-switch.

TheReformist94 • 5 points • 29 March, 2016 10:23 AM

A harem is the counteracting balance to this behaviour

gorgamin65 points 29 March, 2016 01:57 AM **[recovered]**

Modern women of today, yeah. Some of the older generation from the 30s and 40s still had some guts to make things work. Heard a staunch religious old lady say this once:

Today isn't for marrying anymore as the girls can't make it through hard times, they give up too easily and have no backbone to fix anything, then blame it on the men.

She made it through the Depression, WW2 and concentration camps. Tough as nails.

FramedInRed • 47 points • 29 March, 2016 06:09 PM

An older lady, in her 70s, asked me recently why I didn't marry my ex of 13 years. I told her "The women of my generation aren't like the women of your generation." She smiled, nodded knowingly, and that was the end of it.

ProfDIYMA • 4 points • 5 July, 2016 07:14 PM

Wish I could upvote this more, I've had the same conversation.

AnInstant11 points 29 March, 2016 09:35 AM **[recovered]**

As much as I like OP thoughts this one is actually gold. There's nothing man can do when girl feels attraction to other guy, he doesn't have to be any better, he can be actually some handsome, charming loser but at this moment she will switch with no regrets. Regrets may come later, when she will find out he is much worse, but then it's too late.

I know many of stories like this, most girls who did it are now single and miserable missing her ex' but they aren't really good at planning.

sd4c • 10 points • 14 September, 2016 08:37 PM

The smart ones will vet him out a bit before swinging branches. Kick the tires, make sure he's legit before bailing out of her old ride and trading it in. This takes the form of asking about him to her friends, checking him out on social media for social proof, and long, probing conversations with him as "a friend".

Needless to say, the dumb ones or young ones will just immediately sleep with him, as the test drive. If he fails to perform (too much anxiety, too little experience) she'll pretend the test drive never happened and hamster it away as "it didn't count, I was drunk".

Drinking while cheating is worse than sober, because it's a premeditated excuse- "Ooh, I like this guy. Let me have a couple drinks, then if he initiates sex and I don't like it, or get caught, or he thinks I'm too easy I can just blame the a-a-alcohol."

It's not that women are stupid. It's that they become experts at game, specifically the tactic of deluding oneself. If you, yourself believe the lie, everyone else will buy it, too. This works for men as well as women- an exaggerated sense of self-confidence will land you far more tail than accurate humility.

ashurrutia • 12 points • 29 March, 2016 04:13 PM*

I can attest to this! May 2015 gf of buddy of mine is talking about getting married, having kids and how happy she is! She leaves for 10 weeks work related to another state. First time the guy visits her, they have crazy sex as they hadn't have in years. Then fast forwards just 6 weeks later, and she is questioning (i.e: "I don't know if I love you but I am not in love with you/I feel like we need more passion in the relationship/I haven't been happy in a while") the whole relationship (7 years together I think!). Long story short, she had a summer fling with some guy at the other state.

Only reason didn't completely branch swing immediately, was because the guy from the summer thing apparently was mega BB (i.e. He was an old school romantic). She apparently was turned off by the whole "Your my life/Your my everything"; constant gift giving; etc. Interestingly my friends response was: "Go be with that guy" without showing any emotions; yet she never did that.

You would think that a person showing that they don't care about whether she goes with the guy or not in a moment where she is questioning the relationship would have the opposite effect (i.e. She would leave!). Instead the more he (my buddy) said that to her; the faster her confusion for him ended and she wanted back to him. But the interesting thing that I observed was that there are women out there that cannot be without a bf for more than 1 week.

[deleted] • 3 points • 9 April, 2016 06:48 PM

If he was so incredibly BB, how did she feel attraction like that, enough to cheat on her boyfriend for the summer? It's possible, but it makes me wonder if she ever had a strong connection to her BF in the first place, or if other stuff was already going on. If she'd gone with Chad, maybe, but a super beta loser? It just seems less likely. But shit, anything is possible.

ashurrutia • 9 points • 11 April, 2016 04:05 PM*

The only difference between Chad and a BB, is that Chad would have tapped that during the summer and probably dumped her afterwards, or kept her as a potential plate, whereas BB, got a kiss and launched into orbit. I hear he still orbits:

Sending her gifts every month, love letters(where he tells her how lucky he is to have(orbit) her in his life, what a strong, independent women she is, how beautiful she is, etc)/ which she just ignores nowadays, all these is happening even though she is in another state, and he hasn't had any physical contact with her since the summer, listening to her complains about life and her BF, pretty much emotional tampon. My theory is that she was keeping him as a plan B at first, just in case she moved to that state for Grad School, but when that plan fell out he just remained as an orbiter. Remember women will go as far as kissing orbiters to gain them, but they will never fuck them!

Poor thing is longing for the days she returns to him while she is being nailed hard by BF because he(BB) is after all a gentleman. Of course she had a strong connection to her BF, they screwed like rabbits when he went to see her for the first time, story goes that she got dizzy from all the orgasms! Remember women are very fickle, but I can tell you that the sexual attraction has always been strong with her BF. Story goes she is one of them good girls that turns naughty in bed, and he knows how to bring it out.

Most of you guys think that girls will only cheat on you if they find someone of higher SMV, but it's not like that. All it takes is the correct scenario for it to happen, and they are getting hit on all the time. Even if the BF SMV was high, it cannot sustain an LDR for too long, remember women go by feelz. The dude didn't need to be high SMV, he just needed to be higher SMV than the other guys in the area.

sd4c • 1 point • 14 September, 2016 09:19 PM

It doesn't need to be a LDR for this to happen. I've had it happen the same day, where after 5-6 hours of hard core fucking a gf, with her multiple orgasmic the entire time, she snuck away that night for a quick screw with a jobless romantic BB loser who sent her lovey texts all the time saying shit like "I don't wanna be intimate with you if you don't really love me".

She lied about it for days, I believed her, she fucked my brains out some more, then eventually I found a clue that cornered her and she spilled the beans.

I think she lied about it to be able to keep him around as her BB emotional tampon. Which might be why she fucked him, too (a trickle-down pity fuck to keep him hooked when she could tell he was drifting away).

TheReformist94 • 10 points • 29 March, 2016 10:22 AM

Well if women are this shit and fickle,you just take a mistress.it's called diversifying your portfolio seeing as your stocks are volatile and cudnt give two fuck s about you. No return in investment whatsoever.

ProfDIYMA • 2 points • 5 July, 2016 07:18 PM

If there's no return, investment would be unwise.

KartagoPill • 12 points • 28 March, 2016 07:44 PM

Indifference is killing woman. There must be always something going on.

ToSeeAndToHear • 5 points • 28 March, 2016 10:46 PM

This happened to me, except I was too busy with school to deal with it as it started (as I had before with her attraction to other friends, and even my brother), and too fucking Blue Pill to deal with it properly afterwards.

[deleted] • 1 point • 29 March, 2016 02:30 AM

Incredibly well said.

moontripper1246 • 1 point • 29 March, 2016 04:53 AM

Which comes full circle to Hyergamy and proper use of dread game.

ProfDIYMA • 1 point • 5 July, 2016 07:13 PM

I like to examine these ideas irl at house parties. Friends drunk girlfriends offer a transparent view of these ideas, and really make concepts such as this easy to grasp. Great post OP. Thanks!

TheBunk_TB • 1 point • 15 November, 2022 02:09 PM

Even stress or deaths in the family can do this

[deleted] • 129 points • 28 March, 2016 04:45 PM

It's incredibly bizarre to watch a woman rewrite history. They are honestly unable to remember what actually happened and will instead remember the delusions they have created. Even if you have proof that they are simply making things up. They'll refuse to look at your proof. Proof of things that they have done.

And lol at the always/never statements. Suddenly you were *always* like such and such. You were *never* like so and so. And they believe it.

No wonder the majority of cultures throughout history all independently came to the conclusion that a woman's testimony is worthless. It is worthless. They do not ever glimpse objective reality. They don't even think about it. They do think, though. They think about how they feel. Feelings are all that truly exists for a woman.

tallwheel • 33 points • 29 March, 2016 02:28 AM

Think about the Jian Ghomeshi case. The women thought they were completely justified in not mentioning love letters and sex that happened long after the supposed "abuse". For those women, those love letters and sex never happened. The light switch was off while they gave their testimony. Anything that negates their current feelings that Jian "was an asshole" never happened.

[deleted] • 18 points • 29 March, 2016 09:54 AM

Absolutely. I have been following this case. I read an article by Lucy DeCoutere, the sole accuser who's name is not under a publication ban, and what you described is exactly the situation. DeCoutere recalls with confidence so many lurid details about Ghomeshi, the alleged assault, and everything else... but she claims with absolute certainty that she did not remember writing the love letters, which stated things such as "you kicked my ass last night and that makes me want to fuck your brains out tonight" and "I love your hands". The reappearance of these letters and her subsequent shock point to a tremendous suppression of reality on her behalf. It's as if she truly believes that she never lied, and she truly convinced herself that she never wrote those letters, until the physical evidence reappeared into reality, undermining the narrative she had constructed throughout the media and the court proceedings.

[deleted] • 8 points • 29 March, 2016 01:28 PM

Here is a quote from the article by Lucy DeCoutere -

"Then, she pulled out a collection of six pieces of pink paper I hadn't seen in almost 15 years. I asked to have a few seconds to read it and she said: "Oh, we're going to go through this line by line." She asked me to read four words I couldn't believe I had written: "I love your hands."

It was heartbreaking. If you read the letter, it has this sort of apologetic tone running through it – like I was trying to make up for something, like I was apologising for not being open-minded enough. In my letter, I told Jian I thought he was great. I told him I wanted to see more of him, I lamented that we weren't able to spend the night together.

All of the build-up, my 12 months of preparation, had come down to this: a letter I didn't remember writing. Did I willfully withhold it? No, I didn't remember doing it – but that sounds like it's the same thing. There is no way I would have kept that a secret from the Crown."

Source - <http://www.theguardian.com/world/2016/mar/25/jian-ghomeshi-trial-lucy-de-coutere-interview>

tallwheel • 11 points • 30 March, 2016 12:45 AM

Seeing as how, "I don't remember writing it" is a pretty shitty defense, I am inclined to believe she genuinely does not remember writing the letter. Chilling, really, that women can 'gaslight' themselves like this.

HYPERGAMY_UPPERCUT • 12 points • 28 March, 2016 07:36 PM

it's funny because they will tell everyone how horrible you are, so if she does decide to see you again after that, she can't have anyone know. My ex did this, It was always "hush hush" when she actually did want to see me. I was this huge scumbag, lazy, good for nothing i'm sure to anyone that listened to her. And to be honest, I kind of was.. but I didn't mistreat her for the most part and was "there" for her. Hell I broke up with her tons of times but took her back because I believed in working things out and thought she truly loved me and a bunch of other bullshit.

[deleted] • 7 points • 29 March, 2016 05:56 AM

Everyone in my group of friends sided with me during my divorce but during my red pill awakening I ended up cutting most of them out of my life anyway. But I've heard from two of my ex wives friends that she tells everyone that I was a physically abusive drug addict who beat her. How scared she is of me. Lol! I was a fat beta drone who was terrified *of her*!

No way I'd ever see her again though. Someone that's gonna divorce rape me, steal my identity, and take my kid away from me isn't anyone I want anything to do with in any way. And when I do try to talk with her it's just not possible. She truly lives in the delusional world that she created to excuse her own behavior. There is just no way for us to relate because I live in the real world and I face the harsh truths of life and she does not.

PantsonFire1234 • 23 points • 28 March, 2016 05:16 PM

The same bullshitting hamster causes them to become Alpha Widowed. It's just their wires creating emotional extremes.

sqerl • 19 points • 28 March, 2016 09:22 PM

....Alpha Widowed..... wires creating emotional extremes.

I was hoping to see more about this in here. The lightswitch is faulty. A woman gets with a high SMV guy and now the extreme upper level is hit. Then insert years of the CC, abuse, religion, high n-count, being dumped too many times... i.e. the low end of the range. Now she hits the wall.... now she wants her

beta. The guy that accepts her "as is" but pays new car prices. But she's never really happy because the flicker in the lightswitch makes her remember how much better she had it.... so you're only marginally better than her past and far from her best. So, you're adequate. Adequate to a beta is heaven because they're used to nothing. So they figure something is better than nothing. For her, it's "you'll do" unless she's out with her girlfriends. At which point she justifies her poor behaviour because it's your fault for not being the man she needs. So Chad gets her for the night. Thus is the plight of the alpha widow.

PantsonFire1234 • 19 points • 28 March, 2016 09:41 PM

And all of this comes around to the bullcrap we feed girls nowadays. Feeding them this poisonous sense of entitlement. All the evil that comes from women is amplified by this hunger for their own personal real life soap.

I've seen it first hand. You will be surprised what kind of guys could alpha widow a girl. It doesn't have to be the 10/10 guy in every facet. All it takes is a socially charming dude that likes to fuck and have fun- who then subsequently cuts the girl loose.

The moment I realized one of my plates was alpha widowed by a guy I used to poke fun at during our dates I was blown away. I can never know if I overrode things after cutting her off. If not then she's still stuck on a guy that's not even in the top 20%.

When their first Chad says no. That becomes the golden standard. For ever to be glorified like some historical battle, more myth than fact.

Thomaskingo3 points 29 March, 2016 09:37 PM [recovered]

That becomes the golden standard. For ever to be glorified like some historical battle, more myth than fact.

That is the whole point of the Alpha Widow concept: the emotional imprint creates a shadow, which is always larger, than the man who cast it.

sqr1 • 3 points • 30 March, 2016 01:20 PM

To expand this thought..... so this is why women like the alpha guy... or the guy that's making a life for himself. He's chasing his own highs... he's setting that bar and striving for it. He has the vision of "better" and is constantly striving for it. She's happy to be a part of his trip. In a good relationship, she supports him while he goes for it. The two of them working together makes a great pair... but he's captain, she's first mate. Both are happy... when the woman leads, she's not (as) happy. She wants the guy to lead. But the woman that's spent her life chasing her feelz doesn't make the best first mate. Essentially, TRP identifies the best qualities for a captain and the qualities of a good first mate... but even then, human nature has a way of messing up (awalt). so, get yourself aligned first, then find the 1st mate - if you want one.... otherwise, hang out with other captains and screw wenches. ARRRGGHHHHH

TheRealMouseRat • 11 points • 28 March, 2016 06:53 PM

but they think that they remember the truth.

Pathfinder1513 points 28 March, 2016 07:49 PM [recovered]

No wonder the majority of cultures throughout history all independently came to the conclusion that a woman's testimony is worthless. It is worthless.

So the Muslims (Arabs) were right all along?

OilyB • 16 points • 28 March, 2016 09:05 PM

Man, story time. Middle eastern women are even worse. They're what we would call emotionally unstable because of amplitude of emotions they capable of showing. In good times and love, we'd recognize this as severe passion. But in conflict? I've had relationships with 2 middle eastern women and yes. They're not rationally accountable when it comes to being hurt within emotional ties. They'll be jealous or cautious about something, it'll be wrong of them to think that and I'd explain the facts, they'd then nod and say 'Okay, I understand'.

..... And a week later they'll have the exact same concern! They both truly couldn't remember what I'd explained 7 days earlier! Their response, 'yes I know you told me about it but... It's just the way I *feel*. I'm sorry, my feelings got in the way again.'

Pathfinder15-4 points 28 March, 2016 09:14 PM **[recovered]**

Maybe it's because how they have been oppressed for thousands of years? We don't know for sure how evolution works in a small faction of demography in a certain part of world.

OilyB • 7 points • 28 March, 2016 10:23 PM*

I'm not even interested in excuses, this is what I've observed from up close with 2 of em and in more, superficially. Most of them are rationally challenged, but very feminine, warm, caring and spiritual in other departments like heart and soul. Take it or leave it. I left it.

DONALD_IS_QUICKSCOPE • 6 points • 29 March, 2016 06:17 AM

They're rationally challenged because Islam has been inbreeding for 1400 years

[deleted] • 3 points • 29 March, 2016 07:17 PM

They're not totally wrong. Far from totally right, though.

Stories_of_Red • 145 points • 28 March, 2016 04:53 PM

One interesting anecdotal test of Briffault's Law and the correlaries is to ask guys who have lost a high-paying job while in a committed relationship what happened to the relationship in the time after that job was lost.

Any man who is married or in a long-term relationship, and then lost that job giving him status and money, will likely tell you they faced a significant change in their female companion's attraction and arousal. You can almost feel the woman peeling away from you immediately after that job loss, and that continues on during the time it takes you to rebuild your career.

You suddenly realize that "in good times and in bad" was not really the promise THE GUY got, it was the promise he MADE.

mrrooftops • 155 points • 28 March, 2016 05:32 PM*

I tested this 2 years ago with my (now ex) girlfriend who I was questioning to myself whether to carry on with. I decided to take a long 3 week vacation from work just before a significant promotion and hard earned 45% pay rise were to kick in. However, I told her that I wasn't going to work because my division was being suddenly closed down and I would be out of a job as a result. Needless to say, her attitude changed within the first week which confirms everything you say. I knew she was going to react this way but I wanted double confirmation and to see if she could surprise me. She didn't. Next.

[deleted] • 114 points • 28 March, 2016 05:40 PM

well that was just abusive of you!

you lied!

heh

mrrooftops • 91 points • 28 March, 2016 05:46 PM

You should have seen her face when I said that they were 'rehiring me in a new role to lead a new division with 45% payrise'.

[deleted] • 51 points • 28 March, 2016 05:47 PM

how fast was she on your cock lol

AFPJ • 73 points • 28 March, 2016 08:50 PM

In the future, don't do this. Don't dump a woman you've been with for over a year either, if you question her loyalty just make yourself out to be a chump for 2-3 weeks, watch her leave, and don't tell her otherwise. Ever. Or the false rape accusations & "babe I'm pregnant, congrats! <3 we're back together!" a month later will eventually befall you.

I know it's tempting, but don't play with fire. Not in this twisted fucked up cultural and legal climate.

flat6turbo • 26 points • 28 March, 2016 09:51 PM

yeah, why the fuck would you gloat about this shit to a woman?

let her dump you and then move on. a maneuver as old as time.

Appleseed12333 • 28 points • 28 March, 2016 11:33 PM

Agreed. Revenge porn on TRP is not needed. Blue pillers want to get even, Redpillers want to get ahead in life. Why hold yourself back worrying over people's feeling that you don't care about.

[deleted] • 11 points • 29 March, 2016 01:00 AM

Answered your own question, they're egotistical about the loss and so need their justice... It is a fantasy like you say, see my comment just above.

AcrossHallowedGround • 4 points • 29 March, 2016 10:09 AM

Bingo.

“The greatest threat to compassion is the temptation to succumb to fantasies of moral superiority.”

I'm tired of seeing people call for retribution, and often find myself thinking negative things in return, but then I just try to remember this. It's really not worth dwelling on.

We're all human, whether you like it or not. IMO it's the same emotional addiction as love.

It can be a potent motivator, but it can also blind you and retard your progress in life.

GeminiEngine • 8 points • 28 March, 2016 09:40 PM

Can you explain it differently? I'm not getting it.

[deleted] • 20 points • 29 March, 2016 12:58 AM

My friend gloated and pissed her off. He's now on bail for battery against her and has a restraining order that prevents him from going home or seeing her at all.

He's technically homeless now.

This was prepared and entirely fictitious, everyone believes her, why would she lie..?

I call it weaponising or galvanising women, just don't do it its petty and dangerous.

Cyralea • 7 points • 29 March, 2016 05:12 PM

Women have all the tools necessary to legally fuck you over in Western society. Quite literally the only thing stopping them is fiat.

No reason to play with fire if you don't have to.

GeminiEngine • 6 points • 29 March, 2016 01:16 AM

I ethically have to disagree with the petty part, but I can NOT disagree with the dangerous part given how women's testimony is usually accepted as fact.

Clint_Redwood • 15 points • 29 March, 2016 02:50 AM

There is no ethics to pettiness. It's a psychological phenomenon, not a social one.

What /u/modified_Hackware is referring to is humans need for pacification. In this case it's mental justification and a dopamine kick. It's very common to feel regret or mental discomfort after a break up even if you are the one doing it. What OP did was give into his primal desires of pacification at the cost of potential danger in the future.

This is shortsighting, ego driven, reckless and a feelz good dopamine kick that TRP men shouldn't indulge in. It's petty because he's acting on primitive and primal desires and letting his body control himself.

This isn't how RP men should conduct themselves. Women work off feelz. Men should think and take the most beneficial route for long term winning, even if it's a less pleasant route.

Appleseed12333 • 6 points • 29 March, 2016 01:20 AM

I respect any man in his position that doesn't take 'justice' into his own hands. I can only wish to be as strong willed, regardless if he gloated or not. I agreed, its a dangerous game to play.

ProfDIYMA • 2 points • 5 July, 2016 07:30 PM

I've known several men who shared the same fate, if you play with fire, you will get burned.

Jigsaw • 21 points • 28 March, 2016 09:56 PM

Don't gloat. She'll retaliate if you do

GeminiEngine • 2 points • 28 March, 2016 10:07 PM

Thanks I am able to piece what was meant with that

RedPill115 • 3 points • 29 March, 2016 07:25 PM

He's saying that if she felt like she left you because her emotions changed and you were a loser, she's not going to try to trap you back in, or get revenge on you.

But if you were together a long time, then broke up shortly, she thought her emotions changed and you were a loser, then it turns out you're back on top - she's going to want to get back with you. And since you aren't going to let her in knowingly, she'll try to manipulate her way back in with you.

In the context of this post let me put it another way - she finds out you're back on top and her feelings change, why did they change? It must have been your fault for her feelings going back and forth, so it's ok to trick and manipulate you so she can get back where her feelings want to go.

That being said I don't entirely agree with the "never do this" - it depends on the situation and my own judgement of the situation. But I think that's what he's trying to get at.

Basically she has a long term investment with you. Her feelings changed so she dropped you. The investment hasn't gone away. You tell her something that causes her feelings to change again to wanting to be with you, she'll feel entitled to get back with you, and may resort to anything to get back with you, or get back **at** you blaming you for her change in feelings.

GeminiEngine • 2 points • 29 March, 2016 08:13 PM

That is what I pieced together with /u/Jigsus' comment. Thank you for the effort of a thorough explanation. The final paragraph about how she feels entitled is very important and is a word of caution to use of this tactic.

I have been meaning to find some time to post my thoughts about the ethics of loyalty tests one should use to help check the oneitis that any of us can fall prey to.

mrrooftops • 7 points • 28 March, 2016 09:12 PM*

I agree as a warning for others. Don't do this if you only play relationship 'checkers'.

icecow • 3 points • 28 March, 2016 07:32 PM

What was the context of that? Did she know her chances were 0% accept the info in a pool of failure? Did she say some desperate relationship reboot statements, or actions?

mrrooftops • 8 points • 28 March, 2016 09:09 PM

A good looking, popular girl will never, ever believe she has a 0% chance. As we know, all women *react* to the man/men in their life to absolve themselves of responsibility for their actions in a relationship. It was a hamster bomb because she knows, to this day, that she made the wrong call.

GeminiEngine • 5 points • 28 March, 2016 09:39 PM

I know, such a simple test. Such a man does something like this is worthy of emulation.

Clint_Redwood • 32 points • 28 March, 2016 06:17 PM*

I'm interested into why you would next her for this? This is a universal trait. I've never read a story of the opposite happening where the woman is supportive, understanding and backs the man. So why do you expect to find a girl that... isn't a girl by nature?

Sorry, i just don't see the reasoning behind it. It's like breaking up with a girl because you found out she has tits. I'm going to give benefit to the doubt that there was other reasons but why would you end it because of this one. Are you surprised shes acts like a woman?

NotUpToAnythingGood • 60 points • 28 March, 2016 06:59 PM

I was laid off for six weeks. Now I had been married for 18 years at that point. Financially, we were okay. We just couldn't be stupid with money.

She was concerned. Almost to the point of panic. She wanted to know why I wasn't. I told her that my skill set won't stay unemployed for long and that when the time was right, an appropriate position would fall into my lap.

Six weeks of unemployment I maintained frame. She followed my lead. I talked with a friend and he arranged for me to get an interview with a friend of his. My wife jumped at the chance to make sure I was ready.

Rocked the interview, got the job, and an increase in pay of 25% compared to my previous position.

At no point did she consider leaving me. Her only concern was how we were going to make it. When I showed her my lack of fear and the account balance summary, she calmed down.

She knows that, I as a person, am worth tying her fortunes and fate to. It's quite the responsibility but she is worth it to me. She's been very good to/for me over the last twenty years.

Kyfhomyoba • 16 points • 28 March, 2016 09:28 PM

At no point did she consider leaving me. Her only concern was how we were going to make it. When I showed her my lack of fear and the account balance summary, she calmed down.

A woman will take the shape of her container.

Clint_Redwood • 49 points • 28 March, 2016 07:08 PM

When I showed her my lack of fear

I maintained frame. She followed my lead.

I told her that my skill set won't stay unemployed for long and that when the time was right, an appropriate position would fall into my lap.

These are probably the most important lines of your reply.

I really think mastery of woman actually comes down to mastery of yourself, your emotions and how you conduct yourself around them. Women are reflexive and responsive creatures. If the light-switch effect happens, it's because you did something physiologically to trigger it.

AFPJ • 22 points • 28 March, 2016 08:55 PM

If the light-switch effect happens, it's because you did something physiologically to trigger it.

This should be at the top. Women do not perceive reality directly, but through the opinions

and orientations of those around them - their faculties are not suited for direct, empiric observation of the world as much as they are suited for observation of people. **This is why irrational confidence / believing in your own bullshit gets you so far. It's also why no amount of money/assets can make a woman feel secure with you if you're a nervous wreck.**

redpilliger • 13 points • 28 March, 2016 08:11 PM

Just had almost exactly similar situation with my wife. Laid off for about 8 weeks. I was laid off suddenly, but was totally unconcerned when I spoke to her. She was freaking out, gave her a kiss to shut her up, told her it was going to be fine.

The entire time I was job hunting, I maintained frame. I crunched my numbers and did my "worrying" in private, but she never got to see that.

6 weeks, I get a call from a friend asking if I'm still looking. Got an interview, completely aced it and had an offer the next week with a sizable raise over my last position.

Never considered leaving because I showed no fear and have done the same for years. I told her I had it handled and she knew I had it handled.

Entropy-7 • 2 points • 28 March, 2016 11:53 PM

Just to play Devil's Advocate, what would have happened if the account balance was not so cushy?

NotUpToAnythingGood • 2 points • 29 March, 2016 04:54 PM

Based on her past behavior, she'd worry more despite my assurances that we would be fine. If it was low enough that I was not comfortable, I'd have been applying to lower paying positions just to have income to meet essentials.

I also believe she'd have started looking for some sort of work as well.

As it stands now, she's about to retire from the Navy. She still wants to do something work related for 10-15 hours per week.

NietzscheExplosion • 1 point • 4 May, 2016 09:37 PM

AWALT but SWALLT (Some women are less like that). Basically they have a longer fuse.

NotUpToAnythingGood • 1 point • 5 May, 2016 04:29 AM

I came up with NEWITS (Not Every Woman Is The Same)... mostly from seeing that the same situation can have drastically different results from the women it affects. One such minor example is a declaration of favorite color.

Women are people too and while they share many traits, how they evidence those traits varies from woman to woman.

mrrooftops • 6 points • 28 March, 2016 08:51 PM

Indeed, it is a universal trait but, it's how they *execute* that trait... I stated I was questioning her place in my life due to her execution of other -less divisive- universal traits and this was more of a relatively controlled and fun experiment to confirm my decision.

Clint_Redwood • 5 points • 29 March, 2016 02:42 AM

I can see the BP headlines now.

"Twerper uses Women for His own Sadistic Social Experiments"

You glorious misogynist you.

masnera • 1 point • 29 March, 2016 08:32 AM

I really wish all BP Men (not boys) dies instantly before they can spew their nonsense that mislead or don't do much better in bettering boys/mens lives.. if women has a Misogynist ...then im the same to such BluePillMen.

4D6N2 • 15 points • 28 March, 2016 06:36 PM

I've been unemployed for 5 months. My girlfriend has been paying the bills and going to school full time for the entire 5 month period. Awesome girls do exist. They're just all taken by guys like me who snagged them early and never let go.

Clint_Redwood • 25 points • 28 March, 2016 06:49 PM*

Awesome girls do exist.

You aren't giving enough context of your situation to really claim that. Not saying she's not, but claiming your unemployed for 5 months and your girl is still with you is probably drastically underselling your situation.

When we talk about girls switching off we are typically talking about dudes that have been hit REALLY hard in the ego and confidence. Guys that lose their job after years of work. Like utterly crushed, defeated and come home looking for support, when they are at their lowest. Usually the female response is negative.

I'm going to guess your 5 month unemployment wasn't exactly that. And I'm going to guess if you try dragging out this 5 month to say, 2 years. You are going to be having a much different scenario play out.

Which leads to another interesting line of thought.

I was watching a 6 hour lecture from a Harvard professor on behavioral evolution and in it, he stated that all interactions are pretty much biologically design responses to stimuli.

Maybe how you physiology respond to this around women effects them more than the actual context, words and events.

Basically I'm saying how you conduct your emotional state, confidence, body language, mental state projects much more to activating her light switch than the actual events, words and context.

After all women are attracted to illusions(*guys that bullshit*) just as much as truths(*true alphas*). I think the same can be applied when we flip the scenario to a negative instead of a positive. After all, rational thought only developed about 50,000 years ago. The primal drives activated for female survival are older and rooted deeper into our physiology.

women don't care about the reality, they care about how it makes them feel and effects them.

Xeagu • 3 points • 28 March, 2016 07:59 PM

I agree that your physiological state has an impact that is greater than or equal to the actual content of the event. I think this has something to do with the flow of emotions down a

hierarchy much like biological osmosis.

As a child, your emotional state was overridden by the emotional state expressed by your parents. I imagine that this served an evolutionary purpose - when your parents are fearful of a predator, you are more likely to survive by following their lead.

Likewise with men leading women, the man's emotional state impacts her state. I believe I've read this called the "Law of Transference". With that in mind, by becoming very self aware and building robust emotional self control, a man can control his own inner state and thereby affect her emotional state.

If you come to her depressed and full of shame, she will absorb these emotions and resent you for it. I believe it is important to positively reframe your emotional state before broaching a sensitive subject. Of course, if you adjust your emotional state with sugar coating and metaphorical duct tape, she will see right through it. Such emotional change must shift your entire inner state without any hint of cognitive dissonance.

Jigsus • 2 points • 28 March, 2016 10:02 PM

It is just that some girls do not care about jobs and incomes. They get their tingles from the attitudes and adventures that their man has. Even stuff like blowing their minds with cooking will make some women swoon.

I know all women are alike but not all of them have the same priorities.

Clint_Redwood • 9 points • 29 March, 2016 02:37 AM

A big factor you are missing is age. And women will go through phases where they value different things.

The 21 year old will go for the adventures and feelz. The 30 year old is going to fine tooth comb your financial success.

4D6N2 • 2 points • 28 March, 2016 07:06 PM*

I see what you're saying, and you're not wrong. There isn't really all that much more context to give. We've been together for a long time despite being quite young, and we get along famously. She is very hard working, me less so. She is perfectly fine with giving me time to find a job that I'm happy with, or to go back to school and further my education - whichever happens first. In the mean time she is paying for literally everything, including gifts for me. As far as our relationship dynamic, I'm a sort of introverted alpha, and she's a very extroverted semi-alpha female. But beside all of that, she's literally the nicest person I've ever met. I've never seen her get angry or violent, and if she gets passive aggressive or cruel with me (which happens very rarely) then I let her know that she's being an ass and she will agree and apologize 100% of the time.

Clint_Redwood • 6 points • 28 March, 2016 07:14 PM

Good catch, just remember she's still a girl. Don't let the unemployment drag out to long.

4D6N2 • 2 points • 28 March, 2016 07:16 PM

I'm in negotiation for a job right now. One that pays 25% more than my last job.

dresdonbogart • 1 point • 28 March, 2016 07:06 PM

Do you have a link to this lecture? Sounds very compelling and right up my alley.

Clint_Redwood • 3 points • 28 March, 2016 07:16 PM

here is video 2 and it's linked to an interesting point. I suggest watching 1 first though, the dude is brilliantly engaging for as much as he rambles on.

dresdonbogart • 2 points • 28 March, 2016 07:21 PM

Thank you.

fingerthemoon • 1 point • 31 March, 2016 02:56 AM*

Robert Sapolsky is the shit. I've watched the entire 28 videos in that behavioral biology course twice now and some of them more. I've also got a few of his lectures series on audio book. 'Why Zebras Don't Get Ulcers' is a must read. He's at Stanford not Harvard btw. I heard he's working on a new book right now and can't wait.

Here's a link to a playlist with all the videos in order for anyone interested: 1. Introduction to Human Behavioral Biology

yaysmr • 6 points • 28 March, 2016 06:47 PM

Props on getting her early and stuff, clearly you're doing a lot of things right, but you must have a lot in your favor to keep her around that long.

4D6N2 • 2 points • 28 March, 2016 07:09 PM

I'm 6'2, 170lbs, 7" long, and have been told I should model a few times. So there's that. I'm also naturally pretty red pill/alpha. Contrast that with the fact that I'm a bit of a slob and a bit lazy at times. I'm certainly far from perfect.

[deleted] • 10 points • 28 March, 2016 07:13 PM

Is your name Chad?

4D6N2 • 2 points • 28 March, 2016 07:51 PM

Not even remotely. Good guess though, and I appreciate the comparison.

antariusz • 2 points • 29 March, 2016 05:47 AM

Ok, so you sound like a 9... Where is she at? She a 9 also, or is she really a 7 willing to do anything to keep her Chad around. Big SMV imbalance? Is she younger (pre 26)? Not looking for provisioning yet?

4D6N2 • 3 points • 29 March, 2016 01:13 PM

She's probably a 6, going purely off looks. But she has a really nice body. So there is a pretty decent SMV imbalance. That said, we've been together for almost 10 years, so it's not like I'm her new toy. I do recognize that the imbalance in SMV likely influences the amount of shit she puts up with from me, but I think her generous and caring personality accounts for the vast majority of it. Like I said, she is genuinely the kindest person I've ever met, and is absolutely kicking ass at one of the best schools in the country. I love TRP, and it has improved certain areas of my relationship without a doubt. I'm simply trying to demonstrate that outliers do exist, and they don't all behave according to TRP's preconceptions (though I think >95% do). I've even had

conversations with her about TRP principals regarding women's behavior (and showed her how she exhibits these traits from time to time) and she will completely agree with me. She will even give examples from her friends who talk about this stuff in ways they would never dare to speak in front of men. For example, three of her friends are these wildly successful college aged girls who get jobs at top consulting firms in NYC straight out of college; yet they still want to marry *up*. They still believe that their success will be determined by the success of their husband. They're making 90k at 22, slated to make 150k in a few years time, and they're still searching for prince charming who makes more than them. And all three of them are self described feminists. So, while I have a girl who is an exception, she has also shown me just how true TRP principals are in the world outside my cozy relationship.

Caucasian-African • 1 point • 12 May, 2016 02:36 PM

Sounds like you have a great thing going, nothing wrong with that. Your relationship doesn't have to fit into the preconceived notions of this sub. It's all good.

KnowBrainer • 9 points • 28 March, 2016 06:49 PM

My girl also doesn't adhere to most of this cynical garbage they put in this sub. It's a good descriptor of worst-case scenarios and "average" behavior... but living in this TRP "reality" is certainly not the only option.

Clutchology2 points 29 March, 2016 11:00 AM* **[recovered]**

'Not all women are like that. Mine is a special unicorn and I'm a snowflake.'

KnowBrainer • 1 point • 29 March, 2016 12:28 PM

Just because your mom rode the cock carousel doesn't mean everyone's did. That's the most retarded line of thinking ever. TRP says men think logically and rationally, but you don't exhibit that quality, so what makes you so sure that any other TRP precepts are true?

fingerthemoon • 2 points • 31 March, 2016 03:07 AM

TRP isn't just anecdotal it's empirical.

KnowBrainer • 2 points • 31 March, 2016 03:47 AM

Lol. Whatever helps you sleep at night...

ProfDIYMA • 1 point • 5 July, 2016 07:41 PM

I had a similar girlfriend, she was well off, I was in school, and she paid the bills fully. This was only possible because I was thinking ahead, and although I hadn't discovered trp yet, I was using many techniques related to it. I was broken up with one time, and it has never, and will never happen again, ditched that gf after she went out of state for a month and wanted to maintain a long distance relationship while she was around several ex bfs in her hometown, and a bunch of thirsty Jersey dudes. No regrets.

Redpill_Hannibal • 2 points • 28 March, 2016 06:39 PM

maybe he wanted to put a ring on it, and to see if she stays no matter what

Diarrhea_Van_Frank • 2 points • 28 March, 2016 06:42 PM

I think it's more about moving the relationship forward. Yes, you expect a woman to be a woman, but if you're looking for marriage material, she'll need to be on another level.

masnera • 0 points • 29 March, 2016 08:16 AM

There's no reasoning behind it..other than reddit karma points and upvotes..that's the way i see it.

masnera • 1 point • 29 March, 2016 07:57 AM

You wanted a double confirmation? so you're still expecting that there is still a possibility that she could surprise you after letting her know that you will loose your job?. And knowing how she will react...you still next her?. Good luck finding a girlfriend that will pass that test.

Chris_Phoenix • 1 point • 29 March, 2016 07:57 PM

Brilliant, I would have loved to see her face as you nexted her and headed off to your new, higher status job

RedMoonAscendant • 1 point • 29 March, 2016 02:29 AM

I have fantasies about doing shit like this. Well played.

deeman010 • 22 points • 28 March, 2016 05:24 PM

That feeling where you've been abandoned when you needed help, being left behind only to be replaced in short order, and the marginalization opened me to accepting and learning from TRP.

I will never forget how fickle the opposite sex can be.

Gelu_sf • 6 points • 28 March, 2016 09:35 PM

Exactly! I have quit my job two times during my lifetime. Both times the girls went cold within a few weeks then dropped me within 2 months. Like clockwork.

wiseprogessivethink • 40 points • 28 March, 2016 06:40 PM

Excellent post.

A while back, a very strong, passionate relationship that I had with a young woman had collapsed. We had been together for several years, had sex multiple times a day, were constantly saying "I love you," cuddling, etc. But eventually it fell apart.

Shortly after the end, I did some nighttime drunk-dialing, got her on the phone, and we talked for a bit. I of course wanted to reconcile and tried to get her to agree by bringing up all the good times that we'd had together over the years. Her response absolutely shocked me. She claimed that there had been **no** good times, that the entire relationship had been awful.

This statement blew my fucking mind. But she was serious. In her mind, the years before were all horrible. The good times simply ceased to exist. I thought she had been brainwashed by one of her friends who hated me, but no. She brainwashed herself, via her own emotions.

redpillschool[S] • 21 points • 28 March, 2016 07:26 PM

It's odd, isn't it? How we've all had this shared experience, it's almost like we dated the same women.

She claimed that there had been no good times, that the entire relationship had been awful.

This is exactly how it goes. And of course it doesn't make sense... if it was awful, why did you stay for so many years? Of course it wasn't awful. But women, women.

Archterus6 points 28 March, 2016 08:38 PM **[recovered]**

Agree, this seems such a universal experience.

I am married for 24 years. Two years ago, after having worked my arse off for decades supporting the kids and putting her through post grad studies I reluctantly announced to her that I might be suffering from depression and needed some time off work. BANG, switch flicked. Suddenly she feels the same and quits work.

Fuck was I resentful. With four kids took a hard look at the situation, took two months off work, radically changed the diet and lived in the gym and the shed (site of smaller home gym). Pulled myself out of it and got some abs and lots of female affirmation as a result.

So she gets better, but the aftertaste lingers.

Thanks for the post OP, be sharing this one with my boys.

Caucasian-African • 1 point • 12 May, 2016 02:42 PM

having been married for 24 years, you must have been in your 40's... How the hell did you get abs in your 40's? Now that's impressive.

wont_tell_i_refuse_ • 8 points • 29 March, 2016 01:38 AM

I had the same exact experience, drunk (well, Ambien) dialing and all.

"You **never** loved me." I was with you for 4 years, lady.

No more of that shit. Never again. And all the guys who think there's something "still there" with their ex are fools.

[deleted] • 5 points • 28 March, 2016 09:24 PM

A lot of my first date conversation is steered toward previous relationships - it's a natural topic for assessing compatibility. But if none of their exes had anything going for them, **red fucking flag**.

[deleted] • 1 point • 29 March, 2016 02:13 AM

Explain please, what do you mean when you say nothing going for them?

[deleted] • 8 points • 29 March, 2016 02:29 AM

I guess it's just the classic red flag - if they have nothing good to say about their exes, they either exclusively date assholes or they can't admit their own faults. And reading this post, it sounds like it could partly be the lightswitch effect.

[deleted] • 1 point • 29 March, 2016 02:36 AM

Thanks for sharing, valid points, will work in into my game.

BluepillProfessor • 173 points • 28 March, 2016 04:47 PM

Just to be clear, that light switch is not a dimmer, but a toggle. They don't go from hot to warm. They turn on or turn off from hot to bitter cold, seemingly overnight. This is why men are so surprised at the sudden change in attitude from a woman who has lost attraction.

[deleted] • 80 points • 28 March, 2016 05:59 PM*

and just when you think you've moved on you'll get a glimmer of light. Maybe she like a photo on your Instagram, sends an ambiguous text, or seems genuinely interested in how you are doing when you bump into her.

Ignore that. Don't let yourself believe she still secretly thinking about you. Difficult to do if this is an emotional terrorist woman who had wrecked your sense of self.

Troll_Name • 71 points • 28 March, 2016 06:33 PM

What bluepill guys will do is forgive cheating, and try to 'earn' their way back into her good graces. Where the attraction was previously bleeding and unconscious, it is now decapitated and shallowly buried in a mass grave.

Women take advantage of this for as long as the man allows it - but the attraction will never be back.

[deleted] • 18 points • 28 March, 2016 07:16 PM

well said

Damn right they'll take advantage of it as long as you allow it- maybe fuck you as well. But like you said - it's never really back like before

Someone made a great post once about the Blue pill halo you'll always have to that girl and why it's so important to move on fresh. Burying that BP mentality deep in it's own grave.

cliff_tarpey • 5 points • 29 March, 2016 04:34 AM

Do you have the link? I'd like to read about it

GeminiEngine • 13 points • 28 March, 2016 09:36 PM

Even before I found RP, I never got this. She cheated, why the fuck do I have to earn her back? Fuck that!

sd4c • 1 point • 15 September, 2016 04:04 PM

Correct. She may even fuck you to reel you back into having feelings for her, but it's not real attraction like before. It's a trap meant to reinforce your supplication with positive reinforcement.

Never go back to exes but ESPECIALLY not to cheaters or to strongly suspected cheaters. Nothing, I tell you nothing, will fuck with your head and demolish your ego worse, than knowing a girl you're with chose another guy over you, even just that once.

I made the mistake of going back once, for revenge. To loop HER back in, let her have feelings for me, and cheat on HER. And to cockblock the new guy.

This horribly backfired. She went from devastated that I'd left, and supplicating, to raving bitch, within 48 hours. Dumping ME over a text I'd sent to her new fucktoy while we were broken up (exposing her as having two-times us both).

I regret it deeply and wish I'd just kept my dignity and stayed away. A chess match I'd managed to eke a "draw" from, was converted to a humiliating "checkmate". Pretending to have feelings ALWAYS results in actual feelings, at least for me.

HYPERGAMY_UPPERCUT • 24 points • 28 March, 2016 07:30 PM

So true man... I remember being devastated by losing my first serious gf at 27, she was 23. Devastated, but I kept my distance... until she started being very flirtatious in texts, wanting to hang out.. even hooked

up. And just like that she starts going on about what a bad idea it was, blah blah blah.

My whole life was consumed by thoughts of getting her back, so I went from cloud 9 to straight up despair after that. She kept this shit up for years... "bad idea, not ready, etc..." Until she got in a serious relationship, I just snapped and pretty much cut her off.

Funny thing is now, I'm doing a lot better than she is, and she's hit the wall and I'm getting better with age... she's with some guy w/3 kids who's baby mama sounds like a total deadbeat. Guy seems ok, but kinda beta from what I can tell... I've turned myself back into the "alpha" i was before and early on in the relationship with her.

Going off on a tangent... my whole point is, when she started contacting me again, i was starting to get over her although still missed her. Had I known what I know now I would have completely cut contact, and i wouldn't have been wasting time crying and moping over her. Only reason I occasionally talk to her now is because I lost any attraction to her, and it's a nice reminder of how pathetic I used to be and how much i've changed.

[deleted] • 3 points • 28 March, 2016 07:41 PM

Damn- same story for me. I was 27 and she was also 23 and our stories are very similar. Although she's protected by lots of money in the family and good genetics and the wall will be kind to her- If I continue on the path I'm on she'll continue to be just a reminder of how pathetic I was

HYPERGAMY_UPPERCUT • 8 points • 28 March, 2016 08:03 PM

Yeah man, I know TRP suggests to not have contact with ex oneitis, and in most circumstances I'd agree. But, after a certain point, it can be used as a benchmark to see how far along you've come. She's an OK person, funny, witty, I'm sure sexually we'd have a riot if it came down to it. But I no longer feel the need and unhealthy obsession with making it work. I wouldn't even want to if she did at this point. I'll admit, she's still attractive enough that if she wanted some no strings attached, i'd be down but no way am I gonna beg for it, nor am I going to be upset if she takes it away. I know I can get hotter, tighter and younger... and less cynical and bitchy. Of course... to them, it's just their "sarcastic" sense of humor. Too many bitches think sarcasm is a positive thing. Yes, in small doses it's great, but every other broad thinks she's so witty and guys just aren't smart enough to handle her... no.. we just want a warm, feminine woman not some cold, callous cunt.

NPIF • 8 points • 28 March, 2016 08:11 PM

TRP doesn't necessarily preach never talking to a former oneitis ever again, just not to talk to them during the breakup and until the dust has settled. And in that respect, you're right that seeing where an old flame has ended up can be a great confidence booster for an RP man.

In my own experience, seeing the boring job where my BPD ex ended up and watching her current relationship implode was pretty satisfying considering how hellish she made my life when we were together. Call it schadenfreude but knowing you're miles ahead of those who held you back in your past is deeply reaffirming that you're on the right track with your life.

_the_shape_ • 13 points • 28 March, 2016 09:54 PM

I agree, but absolute, genuine indifference stands head and shoulders above schadenfreude.

"I'm too interested in my own life and couldn't care any less how her life is turning out/has turned" trumps "hahaha! look at you now, lil bitch!" - every.single.time.

An expert-level post-relationship attitude toward an ex would, perhaps, actually either

slide toward a degree of sympathy if her life has gone to shit, or happiness if it has flourished, but this is asking for too much for someone deeply entrenched in the anger phase, and understandably so.

Joy at the misery and suffering of an ex keeps you attached to both her *and* the rage you must vanquish in order to fully move on. Transitioning toward indifference is a stronger alternative.

NPIF • 9 points • 29 March, 2016 01:56 AM*

Are you right in principle? Yes.

Does that make being petty any less satisfying? No.

The reality is you can be simultaneously indifferent towards someone while also thinking it's fitting that their bad behaviour is leading to predictable consequences. Not everyone who enjoys a little chaos in shitty people's lives is still in the anger phase.

[deleted] • 6 points • 28 March, 2016 08:43 PM

Don't let yourself believe she still secretly thinking about you.

I'd argue that she is thinking about you. All she does is think about relationships whilst lying on her bed on a Sunday evening after another Chad has dumped a load in her and left. Women know exactly what they are going in regards to personal interactions and it's all to spin up a frenzy of orbiters so she has the best pick, your worries, concerns and troubles, however are not in her realm of interest.

jdgal • 2 points • 4 April, 2016 04:01 AM

It's tempting to believe the above -- but how can she know exactly where she is going when she's edited all the inconvenient parts out of her own memories?

An irrational, delusional person can still be malicious and even evil. But she cannot really know what she is doing and have her delusions too.

Trpidation • 6 points • 29 March, 2016 04:05 PM

and just when you think you've moved on you'll get a glimmer of light. Maybe she like a photo on your Instagram, sends an ambiguous text, or seems genuinely interested in how you are doing when you bump into her.

These are inherent, innate female manipulation techniques. They operate on an unconscious level, doing this shit to see if they can, by way of giving you approval/validation that you might respond to, get you to give them validation and attention despite their bad behavior. And if you respond with too much interest or excitement, you've failed. If you respond like she's just another hoe, you might pass.

The only winning move is not to play. They'll likely try harder to gain your attention after you ignore them, because you've demonstrated you're at a higher level than her, which ends up for a lot of bitches being them offering sex in some form or another. Silly ass bitches.

sd4c • 4 points • 15 September, 2016 03:53 PM

It's not an accident, and it's uncanny how accurately they can tell the very day you've moved on. She wants to undo it, for validation that you're still pining for her. You must never give her that validation.

Even if you move on, go back for an ex-fuck, because it feels safe now- don't. The old feelings WILL re-

emerge. Your old beta self, whether you started the relationship as Beta or as an Alpha that she whittled down- that will re-emerge, too.

You'll always find more satisfaction in reading then ignoring her contact- no matter how sincere it seemed. Because by going back and paying attention to her, you're doing it in exchange for validation. And seeking validation from others always cheapens you, even if you get it.

redpillschool[S] • 45 points • 28 March, 2016 04:48 PM

Just to be clear, that light switch is not a dimmer, but a toggle. They don't go from hot to warm. They turn on or turn off from hot to bitter cold, seemingly overnight.

Yes, it will be instantaneous.

jimjam8018 points 28 March, 2016 09:36 PM **[recovered]**

This is why, when I feel guilt creeping into my thoughts after blowing off a female, I remind myself that females have blown me off for far less, or for no (rational) reason at all, and are able to do so completely free of guilt. I also remind myself that if sex has occurred, there remains no change in my obligations to this woman.

One time my cousin's neighbor joined our party, noticed me, and effectively threw herself at me. Waking up at hers the next day, she admitted to feeling slutty, having had slept with a different guy earlier that same day (so I was #2 in the same day). Didn't bother me, I used protection and had no interest in following up with her anyway (too old to actually date). Everyone knew we had hooked up, and my cousin's white knight blue pill beta husband asked me in a shaming tone: "So are you going to call her?" As if now I'm obligated to. I decided against telling him that I was her second cock that same day, but thought it was a perfect example of our society . . . dipshit white knight attempting to defend the honor of a total slut.

[deleted] • 18 points • 28 March, 2016 06:54 PM

Holy shit, I remember seeing this so directly with my first case of oneitis. I stacked too much in one semester in college and some personal issues (friend died very unexpectedly) broke me down pretty hard. I went from being her dream guy to barely even in the friend zone overnight.

GraveRaven • 11 points • 28 March, 2016 11:54 PM

Something similar happened to me recently. I had a good mate take his own life out of nowhere and it completely wrecked me. By the time I started to come back to normal, she was long gone.

[deleted] • 4 points • 29 March, 2016 03:18 AM

I'm really sorry to hear that. But at least we both learned an important lesson.

I look back at it now and see that I wasn't a great guy to be around during that hard time, but I did recover. The tingles were gone by then and never returned. It's probably when I became red pill well before this sub existed.

Though a hilariously validating story from later is when she was dating some guy and he outright cheated on her, but THAT she just forgave. It was incredibly eye-opening to see the real reason she went cold is because she finally saw me fall. It wasn't because I treated her badly, it was purely being repulsed by weakness.

ProfDIYMA • 1 point • 5 July, 2016 08:06 PM

Shit gets out of hands when close friends die, I was not nice to women when I had a similar situation, at least in the parts of the following weeks I remember, I was not nice.

ProfDIYMA • 1 point • 5 July, 2016 08:04 PM

I saw this happen too. This one girl I fell for super hard, she was a 10, hands down, I'm up there too, she was bi, and slutty. I got in competition with her "lesbian" friend (who I also fucked later on) and started drifting into beta territory real fast. Her switch flipped pretty obviously, and I ended up at a house party with her which she wanted to go to on her own, and she slept in another dudes bed with her friend. I walked 5mi back to my house at 4am and got hit hard by it. She ended up dating my best friend for a month or so, and completely fucking crushing him, which I think had a lot to do with him blowing his brains out a couple years later, he never got over it. I was fortunate enough to only be involved for a couple weeks, but that one hurt, and it has not been easy getting back to alpha after drifting down to beta. Mind you this was a few years back now.

[deleted] • 6 points • 28 March, 2016 10:33 PM

and the ex wife coming back for sex and to remember the 'good times' (implying her choice wasn't all it's cracked up to be)

completely oblivious to the idea of why it's in the state it is

I mean, how many guys who got their shit together post divorce ended up banging their EX wife? how many did it while she was with another guy?

bigdok • 7 points • 29 March, 2016 10:35 AM

I did about 6 months after the divorce. She said wanted to talk about the kids but I knew what her motive was, I ended up fucking her all afternoon and surprise surprise she started talking about trying again. NOPE not going to happen. Since then her life has devolved to a complete train wreck

[deleted] • 3 points • 29 March, 2016 12:25 PM

The only time any divorced guy I know hasn't fucked his ex wife, has been the times when he hated her so much that he turns her down, or got another woman that treats him good enough that he won't ruin it for her.

[deleted] • 4 points • 29 March, 2016 12:00 AM

Yep, cried once in front of an ex and she treated me like a dog turd immediately afterward up until 6 weeks later when I left her due to how she behaved. She went from loving to a bitch in 5 minutes. I can understand it but I also cannot. Very foreign to how I work.

NightwingTRP • 51 points • 28 March, 2016 05:18 PM

A flawless piece. Typically the light-switch effect is dismissed by bloopers using NAWALT. "It isn't women in general, you were just dealing with a crazy bitch." The thing is, that argument has a veneer of credibility about it because the rational man looks at the situation and can see the behaviour of the woman **is** crazy. Don't fall into that trap, I would venture that most of us here have seen this in action during our BP days. Once we've seen it enough times... it's highly unlikely that all of us just so happen to have dated the collection of insane women out there while also not dating the sane ones. In my opinion this little quirk of women makes a solid case to just assume all women are born pathological liars as a result of the propensity to define reality by emotion.

Clint_Redwood • 46 points • 28 March, 2016 06:25 PM*

The no true scotsman fallacy.

Yes, all 145,000 people subscribed here never experienced this before. We all dated crazy women. We are all misogynistic assholes who only date bar sluts and should expect this.

Yes.

None of us dated women before TRP.

None of us have seen this shit a hundred times over.

No true woman would do this.

We were all misogynist way before we ever found TRP, we where never really good guys to begin.....

Wait ² hours

yaysmr • 23 points • 28 March, 2016 05:30 PM

I think that a woman brought up in a household with sufficient boundaries and discipline can turn out alright. Still crazy, but able to recognize that she is and limit herself.

But we are in a time period where there are no boundaries or discipline for the vast majority of women...

Clint_Redwood • 23 points • 28 March, 2016 06:31 PM

Your getting downvoted but I'll back you however you are missing one key point.

Any girl I've seen do this, which has been like... 2, come from a family with an extremely strong masculine/feminine dynamic. Like they where raised by old school traditions. Parents married for 50 years +.

Under those circumstances it can give a positive net effect.

However, all women still have the biological imperative to find the best chance of survival. A weak man isn't that. She will still have the physiological response that any woman has. However her social and cultural brainwashing can repress this a bit, but it won't be forever.

I'd equate this to a crew member(*basic bitch*) vs the firstmate(*traditional feminine*). The crew is going to jump ship way sooner than the firstmate or captain will. Having a woman with this background basically gives you a little bit more time to fix the sinking ship. But the ships still sinking, and you either fix it or she will be gone.

yaysmr • 8 points • 28 March, 2016 06:58 PM

Definitely. I should clarify that I actually went on a date with a girl that fits this description, we still talk.

She was raised by a strong father who provided a formidable presence and kept her in line. Alas he died when she was in high school. She is 'different' in that she knows her role. She acknowledges fully that men have the hard job, that men have to do all the seducing, and she is openly admitting that she needs an alpha, manly man to keep her in line.

She is still crazy as fuck, but is direct about it rather than playing the subterfuge games.

Clint_Redwood • 9 points • 28 March, 2016 07:04 PM

Ah. You should know then, acknowledgement doesn't mean exception. Put her under the right pressures and she will respond the same as any other woman. She might have an edge over some women. She might last a bit longer, but she's still a woman. She will still desire the best chance at survival and a weak man isn't that.

Men don't harbor this trait because we don't need a woman to survive. We don't care if they work at starbucks or wallstreet. They provide no value in the realm of survival. So when a girl comes home and says, *"I just lost my job! :("* we go, well, that sucks, wanna fuck the pain away?

fingerthemoon • 1 point • 1 April, 2016 10:38 AM

It all comes down to biology doesn't it. And so many people deny there's any difference between male and female brains, just our bodies. As if evolution stops at the shoulders.

I've been reading about transgender psychology lately and the thing people refuse to acknowledge is our chromosomal differences. You can do hormonal "therapy" but the brain is already wired from birth depending on xx or xy. Many men (maybe the majority?) who want to be women actually see themselves as lesbians. They're attracted to women but want to be one as well. Funny but you don't see transgender women wanting to become gay men. They're all attracted to women.

Clint_Redwood • 4 points • 1 April, 2016 11:23 AM

Ya, I don't think there is enough studies yet to deduct on transgender issues.

There is however good statistics on them;

77% have chronic depression or anxiety

44% of Transgenders have attempted suicide. National average is 4.6%.

Post Op actually increases suicide attempt.

Only 0.4% of the population identifies as transgender. That's low enough to be considered a mental illness but a few years ago it was revoked from the medical books due to political correctness. The media perpetuates that trans is a common or frequent thing when the statistics say completely different.

And because it's politically incorrect to discuss it as a problem, actual beneficial research or studies can't be conducted cause they'll be ripped apart by liberals for it.

jdgal • 1 point • 4 April, 2016 04:10 AM*

You could probably come up with similar numbers for people who have major cosmetic surgery done. Take face lifts and tummy tucks. Most people who get them probably are depressed about their appearance; they'll have noticeably higher suicide rates; and at least some of the time they'll decide afterwards that the operation didn't solve their problems, which were most likely interpersonal rather than caused by their appearance in the first place.

So I view Trans surgery as just a new kind of cosmetic surgery, and don't see any need to draw special lines around it. Let's stop using jargon which only gives the people who've gotten or considered that surgery the mistaken idea that they're special.

Meat-on-the-table • 46 points • 28 March, 2016 05:43 PM

I recently discovered the mirror to this: when she is truly in love with you, she can sweep **a lot** into the dustbin of memory. The other day I brought something up that happened during one of our rough patches. She honestly couldn't remember us having any issues, and swore that what I was describing never happened.

I take it to be a good sign in this particular case--but it also reinforced how a woman's reality is absolutely defined by her emotions in the present. Right now it's great for me because her attraction is very high, but it

could just as easily bite me in the ass if the switch flips.

Archwinger • 57 points • 28 March, 2016 06:16 PM

That corollary is absolutely true.

If a woman is attracted to you, you walk on water. You can be the biggest asshole on the planet and she'll think you're funny and charming. You can treat her like shit and she'll defend you to all of her friends and family, and keep her mouth shut for fear of offending you and losing her chance with you. She hangs on your every word, starts taking up all of your hobbies, dolls herself up for you constantly, is always thinking about you and doing shit for you, and the more aloof and difficult you are, the harder she tries.

When a woman isn't attracted to you, it doesn't matter what you do or say -- everything you do is annoying, everything you say is boring and the sound of your voice bothers her, every time you touch her it's creepy and she's not in the mood. You can be the nicest guy on the planet, and she'll find fault in everything you do for her and bitch about it. She'll pick fights over nothing just to get out of sex, or being around you at all. And the harder you try to win her over with kindness, the more she pisses on you.

If she lusts for you with real attraction, you can do no wrong. If she doesn't, you can do no right.

Clint_Redwood • 13 points • 28 March, 2016 06:39 PM

And when you get a woman that suddenly loses her man that walks on water, you get the alpha widow.

4delicioustreats • 3 points • 29 March, 2016 02:28 AM

Alpha widow is only if she cannot attain another alpha. Otherwise she's just gonna be a branch swinger/cheater etc.

Clint_Redwood • 5 points • 29 March, 2016 02:01 PM

that's not an alpha widow.

Alpha widows occur when they abruptly lose their emotional high they are having with a alpha. Since women live in their emotions, those positive emotions will always supersede any man they are with down the line. Because they lost them at an extremely high note, the woman will always place an inflated sense of value on the man she no longer has. They are called widows because usually they can never have the man again. Typically because of death but there are exceptions.

Even if she finds a man that realistically is more alpha, he will never compare to the high note the other man left on. She will forever hold those desires for the alpha that widowed her. They will revel in everything *"they had"*, it's very similar to people that always reminisce about *"the old days"*, *"they good times"*. It's the same psychological phenomenon but just applied to mating.

yaysmr • 8 points • 28 March, 2016 06:56 PM

When a woman isn't attracted to you, it doesn't matter what you do or say

Yep. The exact same words or behavior from a guy she's attracted to will be instantly rejected if she doesn't find you attractive.

Which is why frame is so damn important. No matter how well you play your cards, the only way it means anything is if she keeps finding you attractive. Attraction is necessary, words are never sufficient.

If the light-switch is currently 'off,' then nothing you *say* can turn it back on.

awalt_cupcake • 2 points • 29 March, 2016 03:05 AM

This should be TRP 101 rule 1

TheSKSpecial • 1 point • 2 April, 2016 01:00 AM

Experienced this first hand not long ago.

I'm seeing this college girl, she tries to tell me about the wage gap and other SJW shit she's been learning from Gender Studies. I explain to her how she's being fed bullshit, and she freaks the fuck out, in true millennial fashion. The words "I literally can't with you right now" actually came out her mouth.

I didn't even try to apologize, I just went on about my day.

Couple hours later I get a text from her, "I got my knee highs on, Daddy ;)". It was like her desire to have my attention made her completely forget that she was losing her shit at me, mere hours beforehand.

iLLprincipLeS1 points 28 March, 2016 06:09 PM [recovered]

Yeah. Had to reread the Original Post because this was normally the rule. But I think it's something else. Like some kind of voluntary amnesia where she just forgets everything only so that you can give a new chance to the relationship.. or maybe, so she can feel the same tingles again - because, forgive me once, shame on you, forgive me twice, I will fuck you!

NiftyDolphin • 1 point • 29 March, 2016 07:08 PM

The other day I brought something up that happened during one of our rough patches. She honestly couldn't remember us having any issues, and swore that what I was describing never happened.

I wonder if she viewed that as a comfort test. If so, she wasn't responding to your actual words, but the subtext: "I'm thinking of rough patches. Are we in a rough patch *now*?"

GayLubeOil • 44 points • 28 March, 2016 06:55 PM*

The Corralary to all of these corallaries is the *Light Switch Effect* is a feature of the female psyche not a flaw. For most of human history men would kill other men and take their women as brides.

The *Light Switch Effect* is the psychological adaptation that allows women to mother the children of the man who killed her prior husband.

Black-Pill • 5 points • 28 March, 2016 11:30 PM

You sir are correct, well done.

awalt_cupcake • 2 points • 29 March, 2016 03:06 AM

Love *is* war.

[deleted] • 2 points • 29 March, 2016 04:25 AM

You're almost describing a pride of lions. When a new male kills the old male of a pride, the new male takes over the lionesses without much fight. As if a light switch is turned on immediately when the lionesses see their chance of survival increases.

IGoYouStayTwoAutumns • 0 points • 29 March, 2016 03:13 AM

One of these days us gents are gonna have to sit down and build a better woman. Sexbots? I'll be first in line...

Heyokalol • 0 points • 29 March, 2016 11:06 AM

Which never happened here as no one killed anyone. What's the deal then ?

GayLubeOil • 6 points • 29 March, 2016 11:09 AM

The deal is your a complete retard who doesn't understand maladaptation.

Heyokalol • 2 points • 29 March, 2016 11:12 AM

Spell your shit correctly if you're going to flame someone over nothing 'bro'.

GayLubeOil • 3 points • 29 March, 2016 11:16 AM

Sorry Tren doesn't help with your reading comprehension. Better luck next time.

Heyokalol • 4 points • 29 March, 2016 11:19 AM

I'm on Tren too man I know what you mean. No biggie.

240mikex • 17 points • 28 March, 2016 06:07 PM

This all makes sense. My G/F of 6 years left me for a physician who makes 6 figures and lives on the beach. I'm just a LEO. Complete light switch effect, I had no red flags or anything. Damn this shit really hit home. The question is, is there any hope for us?

t12totalxyzb00 • 10 points • 28 March, 2016 07:26 PM

Hope? Being gay. Sometimes i wish i Were..

[deleted] • 7 points • 28 March, 2016 08:11 PM

Lol I remember hearing this comedian, forgot who

"So you're gay?"

"Yeah"

"Why'd you pick the easy way ?"

"Easy ? What are you talking about?"

"Yeah the easy way ... you already know what men like."

[deleted] • 2 points • 29 March, 2016 02:07 AM

I've spoken to a gay friend about TRP and they go through the same shit. I don't think being irrational is a female only thing.

askmrca • 7 points • 29 March, 2016 04:01 PM

Wonder if she realizes that the guy making six figures will also be banging other and hotter women?

LOL making that much and living on a beach? He's not settling down for just one girl

240mikex • 3 points • 29 March, 2016 05:10 PM

I was talking to a co worker about that the other day. Yeah it's simple logic, you and I know that is what's going down. I'm guessing she as interning under him, probably sweet talked her. Showed her the lifestyles of the rich and famous. And bam 6 years gone and I'm blindsided. But this article def helped me understand potentially why happened. It's me vs the fucking world now.

redpillschool[S] • 5 points • 28 March, 2016 07:22 PM

The question is, is there any hope for us?

Keep reading, and yes, I think there's hope.

lakalahehe • 3 points • 28 March, 2016 07:46 PM

I wish you'd point me to this hope of yours.

240mikex • 1 point • 29 March, 2016 03:00 AM

Like why even try again with another female if this is a sad reality/possibility. Fuck it happened to me a month ago. It's a one sided battle if you think hard about it.

This subreddit has enlightened me. Thank you guys for these posts.

lakalahehe • 2 points • 29 March, 2016 06:05 PM

Donald Trump's wife seems a net positive besides her sexual function.

FramedInRed • 2 points • 29 March, 2016 09:08 PM

If you don't want to try there's always MGTOW. I'd suggest monk mode and trying again before you go that route.

Through internalizing TRP and improving their SMV to its maximum potential many men can get to a point where they don't have to try 'as much' with women. They'll chase you. But it will always require some effort, no matter how minimal. We're not women after all.

awalt_cupcake • 1 point • 29 March, 2016 03:00 AM

Hope is for the weak

240mikex • 1 point • 29 March, 2016 03:02 AM

I am there is so much to take in

4delicioustreats • 1 point • 29 March, 2016 02:26 AM

what does LEO mean?

NiftyDolphin • 5 points • 29 March, 2016 06:59 PM

Law Enforcement Officer

gorgamin1 points 29 March, 2016 02:05 AM **[recovered]**

Just tell her that Chad on the beach will leave her just as quickly as she left you. Chin up... find someone better. Next.

240mikex • 3 points • 29 March, 2016 02:57 AM

I know this, thanks man.

Oxdada • 50 points • 28 March, 2016 05:06 PM

So important. TRP is killing it today for some reason. Maybe it's the holiday.

The only situation where I have seen women stick with a man when the chips were down was when she was religious. The reason for this, I think, is that the women are committed to religiousness and it was an opportunity to up their esteem with the big guy by sticking it out. They can't naturally believe in a man, but they can believe

in a god or principle, which can in some cases give them the compassion and humanity to believe in a man.

The religious ones cheat too, often making up for lost time, but the long term is only possible if there is some kind of principle or ideal. Religion can be a way to keep people in line, but it also gives them a way to become something more than just another shitty animal on someone else's lot.

Anyway, thanks for the great post. Food for thought.

BrunoOh • 15 points • 28 March, 2016 09:09 PM

It's probably also because she'd get shamed for leaving him.

Oxdada • 4 points • 28 March, 2016 09:18 PM

Kind of makes sense. It's like a man being shamed today for leaving a woman.

gorgamin6 points 29 March, 2016 02:03 AM **[recovered]**

I'm not religious at all, but I agree with you there. Have seen women be a lot more faithful when they belong to a close knit community. The loss of face and respect when they walk away is usually unbearable.

4delicioustreats • 1 point • 29 March, 2016 02:27 AM

I am religious and can confirm. Religious ones cheat for many of the same cliches. I may grant them it takes a bit more, but I am certain they do it for all the same (just more extreme in magnitude) reasons.

IGoYouStayTwoAutumns • 13 points • 29 March, 2016 06:41 AM

Was ghosted by my fiancée a few years back, and this post definitely shed some light on a few things...

Met the girl speed dating, we slept together on our first official date the next night, saw each other every day (and night) that following week, I proposed at the end of our first week together (she said Yes, crazy in retrospect I know but "love" will do strange things to a man), we swore we'd never be apart forever and ever, it was the whole blue pill Disney-esque fantasy relationship. Continued for 3 months, best relationship I'd ever had, was sure I'd found "the one", my soulmate, and then, one day: she was gone. No fight, no argument, nothing; one moment we were going to spend our lives together and then suddenly it was (from her) "This isn't working, we're done." Single phone call, all of 2 min, and she was out.

Stayed gone for 3 months (I don't I even gotten off the couch in the meantime, I was so devastated), and then one day she came back, "Sorry, I was crazy but now I'm better, let's try again." I took her back. Soulmates once more. We even got sober together (I brought her into AA, her sober birthday was 2 days after mine). 6 months of bliss. And then, like clockwork, exact same thing: ghosted. Gone. Not even a call this time, just a text: "You'll never hear from me again, good luck with your life."--and that was it. No fight, the relationship was going perfectly fine, we were totally in love, didn't matter, she just vanished. No explanation. It was rough, though I can't say it was as bad as the first time--second time around, well, I guess you're kind of expecting it, even though you're in denial at the same time.

My friends were sympathetic, to an extent, but how could they really know what it was like? I tried to explain to them, the dread that you live in, being in a relationship where you know, to the very core of your being, that your girlfriend could vanish instantly, without any warning whatsoever. And then when it happens--that feeling, of the floor dropping out from underneath you. Of not being able to trust anyone or anything anymore. One of my closest guy friends scoffed, "That's just the girl you chose, they're not all like that. Maybe next time you'll pick a better chick." Imagine his surprise when HIS girlfriend ghosted him in the exact same fashion, also 6 months after their relationship began. They also went from "We're gonna spend our lives together!!" to "This isn't working, we're done", all in a 2 min phone call (just like the one I got). Also no fight, no argument etc--the girl

just decided she was out, and so she was. The guy was shocked. Ruined.

Every once in a while I have a friend remind me of that ghosting episode, like someone will ask "So whatever happened to that one chick? The crazy one that vanished without a trace? You ever find out what the deal was?" I always just shrug--nope, never found out, never will, don't know, don't care. Now that I've found the Red Pill I can perhaps explain her behavior somewhat, but the bottom line is: when she told me (every day) "I love you and we're gonna be together forever" what she really meant was "(Right now I feel like) I love you and we're gonna be together forever (however my feelings could change tomorrow or even in the next 5 minutes)..." This post only cements what I already knew--investing in these women, in ANY woman, is like investing in a stock which can spontaneously implode at any moment. Generations ago there were checks and balances in place to keep this from happening. Nowadays, not only is it not frowned upon by society, it's actively encouraged. "Go on girl, do it! Who cares if you're destroying another human being, so what? It's YOUR happiness that counts, YOLO!!!! Besides, this new guy is like one-tenth of a point cuter than the last one, and that's the most important thing, right?"

Great post OP--looking back, I don't know what sort of story my ex-fiancee invented which justified her ghosting me, but I'm sure it was an elaborate, sweeping, epic inner monologue which painted me as the evil villain and her as the long-suffering heroine. I wonder what the trigger was for the light switch flip though... New cute guy at work? Friend suggesting she can do better? In the end I guess it doesn't really matter.

Gents: enjoy your time with them but don't get attached, they can and will walk at any time, and you will get no warning. The switch WILL flip eventually, and when it does--you're done.

[deleted] • 21 points • 28 March, 2016 05:29 PM

Women are ungrateful to their husbands and are ungrateful for the favours and the good (charitable) deeds done to them. If you have always been good (benevolent) to one of them and then she sees something in you (not of her liking), she will say, 'I have never received any good from you.'

A muslim Hadith

TacoNinjaSkills • 5 points • 28 March, 2016 07:05 PM

Gotta say one thing about Islam, it knows the effect detailed by OP:

https://en.wikipedia.org/wiki/Status_of_women's_testimony_in_Islam

JP_Whoregan • 10 points • 29 March, 2016 04:37 AM

This is a very astute post. My last LTR, before I found TRP, did exactly this. After countless gifts, countless vacations, moving in together where I paid all of the bills for 3 out of our 4 year relationship, when she decided to leave me to go fuck a friend of mine, it was all my fault in her mind; she had "flipped the switch".

None of the **facts** of the history of the relationship mattered; the only thing that mattered at the time of breakup was her emotional state. I was a pretty blue-pilled faggot by the time we broke up. Paid for dinners? Me. Made her car payment? Me. Paid the mortgage on the house we lived in? Me. Bought her expensive gifts on her birthday, Valentines, and Christmas? Me.

Did **any** of it matter in the end? No. For what I dumped into that cunt over 4 years, I could have a paid-off BMW 5-Series.

Nope, she hit the "light switch" once her feels overtook the reals. Then I found TRP when I went looking for answers.

See, relationships are like **casinos**, not **investment firms**; we men like to think of relationships as pragmatic investments in a future return; nothing is further from the truth regarding women. You can throw as much money after women as you like, but it's always a gamble, and usually a bad one. Our "man logic" tells us that "well

since I've invested x, I will yield y in return". And it's totally wrong.

Once hypergamy takes hold, she will not take your prior investment into regard. She will just flip the switch, because that is the easiest thing for her to do.

[deleted] • 20 points • 28 March, 2016 05:24 PM*

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[deleted] 28 March, 2016 06:27 PM

[permanently deleted]

[deleted] • 5 points • 28 March, 2016 09:47 PM

I couldn't agree more, since TRP I've become very indifferent about this sort of stuff.

The difference this attitude shift has done for me, in many aspects of my life is chalk and cheese to one another.

No_longer_surprised • 10 points • 29 March, 2016 05:33 AM

This, gentlemen, is why you must live for your own happiness and your own mission. There's no point sacrificing your well-being to satisfy a woman because at some point in the future when the switch flips she will forget any and all the good things you did for her. In her mind they will completely cease to exist. If you're going to have a relationship, you're going to be the only one to keep the record if (when) it ends, so live accordingly and make those good memories for yourself.

scarletspider3 • 8 points • 28 March, 2016 06:24 PM

Chick's are always asking me when I finish school. I can literally see them weighing the pros and cons in their heads. It fits perfectly with number 3.

TomFoo • 8 points • 28 March, 2016 07:49 PM

Women are enslaved to their emotions, their emotions are enslaved to their ego, their ego is enslaved to hypergamy, hypergamy is enslaved to the most immediate alpha male.

Still working on this line. Feel free to improve it.

yaysmr • 17 points • 28 March, 2016 05:24 PM

The plus side (for us) is that **this works in reverse**.

Even if you've had a negative experience with a particular woman, you still have some time to turn it around and 'erase' her past negative feelings... well 'erase' isn't quite right, she'll remember them when she switches back. If she currently feels attraction towards you then she will believe she was always attracted to you.

It is also why (among other reasons) women will stick with abusive, manipulative assholes (real ones, not the TRP boogeyman reddit thinks we are). She discounts his spates of abuse and asshole behavior very easily when he's being attentive and nice, and so that is how she feels.

For discrete experiences, however, I should bring up the 'Peak-end' rule. Which is simply the rule that when a person (PARTICULARLY a woman) judges an experience after the fact, the emotions she will recall will be those that were the strongest, and those at the very end. The rest will be disregarded.

So if you're on a date and you think it is going well, but you make some major flub that puts her off, and then end it poorly, then she will recall it negatively. Conversely, even a mediocre date can be salvaged so long as the

high-point is really high and positive and you end it well (preferably F-close it).

All this is just to say that the brain is extremely selective with what it remembers, and it reconstructs memories based on present emotions and thoughts. A woman who doesn't feel attracted to you will not be thinking of all the things you did that attracted you to her. She'll be thinking of every time you went beta and lost her attraction.

So tying that in to OP's points that what she feels is her reality, she will now believe that the negative feelings of non-attraction that she feels were all that she ever felt, and thus that she was never attracted to you.

It is possible to flip that light-switch back, but whether it is worth the time and effort? Ehhhh.

4delicioustreats • 1 point • 29 March, 2016 02:32 AM

just so everyone knows, Peak-End is a human things, not just women. Use that shit in sales and every time you want to convince people. Save the best for last, ensure there is a moment of intensity.

RedHoser • 7 points • 28 March, 2016 09:23 PM

This is a great post and I believe it demonstrates an additional angle on why marriage is a horrible idea (not that it's needed).

All gifts in a relationship should be seen as sunk costs. The emotional benefit a gift provides lasts for a couple days, maybe weeks, but it is by no means an "investment". There is no ROI once the initial joy has passed.

Marriage is the ultimate gift. While it may have a positive effect on her emotions, soon you're left with the same relationship as before, except now you've signed half your shit away.

Kyfhomyoba • 7 points • 28 March, 2016 09:26 PM

The thought process looks much like this: If true love is permanent and real, and I am not feeling true love for this person, but rather disdain and anger, then I must be feeling this way because of who they are. They make me feel bad, so they cannot be good. And since this person makes me feel bad I could not have loved them, because I would never love somebody who makes me feel bad (the qualities he exhibits now must have been inherent qualities he has always had). So I must have never loved them. The entire relationship must have been a lie. Real true love would be permanent, and this is not permanent, so it was never real true love.

Actually, it's much simpler. She simply uses her *current* emotional state as a **cognitive filter** to perceive/conceive all of her past interactions with her soon-to-be-ex.

[deleted] • 16 points • 28 March, 2016 04:55 PM

I have had this happen to me twice.. complete switch OFF.

First time I was confused. Then I analyzed the situation and realized our goals were no longer compatible now that I had::ick:: a medical issue.

Second time, it was just funny to watch and moving on was easy.

[deleted] • 25 points • 28 March, 2016 06:07 PM

You hit this out of the park.

Women developed the light switch to bond with stronger men. The conquerors.

See Rollos War brides for more info.

Women arent evil, they evolved this way to improve humanity.

Dont like it? Take it up with the man upstairs

[deleted] • 11 points • 28 March, 2016 09:19 PM

Women aren't evil, they evolved this way to improve humanity.

Sounds like it should be this subreddit's motto.

ToSeeAndToHear • 3 points • 28 March, 2016 10:54 PM

This is absolutely the best way to get past being angry about it, for sure. But the subreddit exists for lots of reasons, which includes sometimes being a little angry about the equalist lies we almost all tried to follow pre-TRP.

badgermonkeyIII • 1 point • 20 June, 2022 10:27 AM

We're just annoyed at being taken in by a lie - because to be convinced by a lie really means we lied to ourselves. This is the basis of growth though: get-it-wrong -> try-again -> repeat

awalt_cupcake • 4 points • 29 March, 2016 03:09 AM

Women aren't evil on purpose. They don't understand what they do. They don't even understand themselves.

pwnerofnoob • 5 points • 29 March, 2016 01:36 AM

That guy is a bastard, fuck him. Stomping around at all hours of the night.

PantsonFire1234 • 13 points • 28 March, 2016 05:20 PM

It's even simpler than this I'd say. I once dated a girl who thought she was my girlfriend for a little less than a year. After that period she broke things off with me professing I wasn't her type. I was dumbfounded, after close to a year of dating this woman had managed to turn the tables.

Women use words and rationalization to explain their fluctuating emotional states which make no sense to begin with. Emotions are difficult to describe. It's just the flow of things and she gives some shitty explanation for why she wants to follow this flow.

At the bottom line women just want to bask in good and extreme feelz because that's what makes their lives worthwhile. The rest is just bullshit exposition.

yaysmr • 13 points • 28 March, 2016 05:31 PM

At the bottom line women just want to bask in good and extreme feelz because that's what makes their lives worthwhile. The rest is just bullshit exposition.

Women are kinda like adrenaline junkies in that sense. Constantly seeking out the biggest rush or sensation they can find, then leaving once it subsides and they grow a tolerance.

redpillschool[S] • 10 points • 28 March, 2016 07:20 PM

Women are kinda like adrenaline junkies in that sense. Constantly seeking out the biggest rush or sensation they can find, then leaving once it subsides and they grow a tolerance.

Which explains the thousand cock stare after they get off the cock carousel. They've seen it all, and now they're left emotionless, without anything left to give them that buzz. No guy measures up to all the guys she's fucked. So now she's a cat lady.

PantsonFire1234 • 6 points • 28 March, 2016 06:23 PM

Yeah. They feed on other people for emotional energy. The worst kind (western women) are relentless

and uncaring in their approach.

GavinSkulldrinker • 14 points • 28 March, 2016 09:34 PM

Ive seen several examples of this NOT happening. Ive also seen examples of exactly this scenario.

Some of the processes here are typical of Borderline Personality Disorder; not ALL women are like this, but enough are, and the women who ARE like this go through relationships quickly and are never NOT in relationships, so more men get a turn to experience being ditched with zero remorse.

More and more, I suspect that a lot of the behaviors of women that redpill talks about are emblematic of a SIGNIFICANT MINORITY (30% would still be a significant minority) of women. But these women wind up really hurting the people they churn through.

Sorta like how 5 women complaining about how all men are selfish jerks are unknowingly talking about ONE super-hot dude they all got fucked by.

AFoundingFather • 6 points • 29 March, 2016 01:51 AM

Holy fuck. This was excellent.

mikesteane • 6 points • 29 March, 2016 06:18 AM

I agree. It should be sidebar material.

recursoinominado • 6 points • 29 March, 2016 02:04 AM

Yes, i truly saw the red path when i was in breaking up with my ex, that sweet creature that loved me so much(more than anyone else, she used to say) transform into a fucking demon in matter of seconds, saying shit to me that i never thought she was even able to think, really offensive approach on me, really trying to make me lose my shit (i didn't, but was damn close to it). That moment i saw the briffault's law in acton. Really tough pill to swallow.

IllimitableMan • 6 points • 29 March, 2016 12:08 PM*

In her mind, when the chips are actually down, her emotional state will define a new reality where past benefit doesn't just not count, but rather it simply doesn't exist at all.

Hmm, I'm interested to see how this factors into women's lack of loyalty/honour, what you're getting at here is that women's feelings override promises and thus they are fickle, but that also disloyalty from "good women" is not malevolent (even though it has that effect on the injured man) in so much as it is a product of how retroactive emotional reinterpretation nullifies history to create rapid detachment.

I'd be interested to see how the light switch effect plays out when a woman still loves you but another man's come along and she loves him more than you because "he's what you used to be" or whatever. In this scenario you've not made her sad, but somebody else "makes her feel good" more than you do.

Major lessons learned:

Women are fickle

Women's love is fickle

Any sort of happiness with a woman is contingent on her being in love with you. Lost love = bad treatment and/or abandonment from said woman.

If a woman who loved you stops loving you, she will treat you like a piece of shit (from teddy bear to

psychopath in 5 seconds!)

stephmeister44 • 6 points • 29 March, 2016 01:50 PM

Whoa that's what happened to me a month ago when I broke up with my 5.5 year ltr when she cheated. The blame she put on me was horrible! Told me she never asked me or my parents for the things we gave her (you took them anyways bitch). And the most ridiculous and petty thing of all. She blamed me for not sharing a glass of sprite I was once drinking while she was at my place. WTF bitch it was like 7 months ago. Fuck this bullshit

RPRedhead • 9 points • 28 March, 2016 05:39 PM*

Fuck me. I've seen this happen and never really got it until now. It is really baffling to see happen. And disgusting to see any good thing you've done in the past completely ignored and devalued. No good deed going unpunished, of course.

This raises several questions: What next? Is there ever any recovery from this? How does one avoid this happening in the first place (high SMV?)? This is bigger than a shit test and should not be handled as such, right?

Thanks for sharing this, it sheds a lot of light on some past breakups.

redpillschool[S] • 8 points • 28 March, 2016 07:24 PM

I mean, if you're on the receiving end of this? No, there's no recovery with that woman. There is just learning and doing your best to avoid the scenario next time.

RPRedhead • 1 point • 28 March, 2016 09:54 PM

Exactly, receiving end. It makes sense to move on, seems like recovery would be...difficult at best. Any tips on avoiding it?

redpillschool[S] • 5 points • 29 March, 2016 01:48 PM

Any tips on avoiding it?

Keep your woman attracted to you.

LAKETITTYCACADOODOO • 5 points • 28 March, 2016 06:41 PM

Started to notice this stuff just before I left my most recent LTR. I had her in bed on the 2nd date. According to her, however, it was 5 dates and I begged. But it's not like she said this to her friends, she said it to me in private. Flabbergasted was I.

aazav • 5 points • 29 March, 2016 03:16 AM

And it happens when a woman is no longer attracted to you and is moving on, whether or not she cheated.

And if she can't leave the situation, she fights back against what she feels is keeping her in the relationship. This is why women turn into bitches in marriages that they want to leave.

thebaldbear • 6 points • 29 March, 2016 09:16 AM

Does this work in reverse?

Eg. a woman who once knew you as blue-pill meets the new red-pill version of you, feels attraction, and feels like she "always" felt that way about you "deep down"?

Or is it a case of once a blooper always a blooper in her mind?

redpillschool[S] • 7 points • 29 March, 2016 01:51 PM

Her mind will rationalize anything to match her current emotional state. If you start giving her tingles, she'll reckon that maybe the timing wasn't right before, but now it is.

bittr_n_swt • 5 points • 28 March, 2016 06:08 PM

Makes a lot of sense, i guess it's in their nature

tripwire1 • 4 points • 28 March, 2016 06:11 PM

Yep, this one hit a little close to home for me

redpillschool[S] • 9 points • 28 March, 2016 07:22 PM

It's crazy when I bring this up to friends/acquaintances, and the guys eyes all lock on when I say "It was like a light switch."

I think every man has experienced this at least once.

Seattlelite84 • 4 points • 28 March, 2016 08:43 PM

This is perhaps the best post I've ever seen on here.

redpillschool[S] • 4 points • 28 March, 2016 08:44 PM

Thanks, I do what I can.

Ka0zzz • 4 points • 28 March, 2016 09:36 PM

You sir are very good. I am going though exactly this with the (ex) wife. I have been trying to put into words what is happening and this explains it perfectly

[deleted] • 3 points • 28 March, 2016 10:57 PM

This is also why most women are "stuck" in life. They never move forward and learn from their past experiences because of the constant rewriting, they write it off as someone else's fault and then proceed to make the same mistakes stuck in an endless loop of "guy mistakes" or "drug/party life" or "it wasn't really my thing" or "I've rediscovered myself". They'll do right this time, not let that asshole fuck their life up etc etc.

It's also why they can't do well in STEM fields, you need to develop a deep long lasting intellectual love for what you do to be able to really excel and not bail at the first sign of trouble. Failure for men is a necessary step towards success, failure for women? Women never failed...

[deleted] • 1 point • 29 March, 2016 02:22 AM

So funny when you said they can't do Stem fields. Lol. Just study some socialism or gender studies. Its the whole reason for why women pay less. They choose the wrong fields.

jdgal • 1 point • 4 April, 2016 04:27 AM

I know several women who have done quite well in STEM fields. But at least some of them have the light-switch effect happen in relationships. I suspect the two qualities are orthogonal, but I can't explain why.

grooveybaby • 4 points • 29 March, 2016 12:25 AM

In all my experience this is 100% true. With almost each relationship where the woman became "unhappy" they turned on a dime. The most intelligent of the lot would say to me things like "your not doing anything wrong I just don't know why I'm angry and upset all the time". Another which previously had never had one single

argument and was always happy to be led, one I had considered marriage material because of how little problems we had, how happy and unselfish she was appeared to have completely forgotten the love we had. I have found often this unhappiness is brought about in one of two ways :

She has a new friend which has no knowledge of your relationship, and after hearing recent issues presented by the SO in a bad light.. forming a disdain for you, and quickly agreeing and convincing them to leave you/breakup.

Another of her friends is in a new relationship in its honeymoon stage. Chad is doing all kinds of ridiculous bullshit to impress his new gf and the friends start to get jealous, leading to unhappiness with the current partner.

Werewolf35b • 4 points • 29 March, 2016 12:43 AM

This is one of the reasons cheating is more dangerous for the woman then the man. When a man cheats, it's because an opportunity comes up. When a woman cheats, shes usually done with her spouse. Light switches and that's it. You were the devil and nothing will change that in her revisionist mind

DoerOfStuffAndThings • 5 points • 29 March, 2016 12:49 AM

And this is exactly why you save a copy of *everything* you send or receive from a woman you started dating.

aazav • 3 points • 29 March, 2016 03:13 AM

What matters to them is what they wish was true, rather than reality.

So they re-imagine it that way.

Wishes over reality.

[deleted] • 3 points • 29 March, 2016 04:03 AM

And their friends help by cherry picking and spinning and not questioning their friend's narrative but rather amplifying it. They all do this together until they somehow strike upon the secret recipe of group consensus that makes everyone feel better. That is when they know they have hit upon the "truth".

"OMG, do you remember that one time he didn't like you going out alone to drink with those 3 guys he doesn't know? Yeah, he is totally crazy and insecure. You're so much better off without him!"

BenjiDread • 4 points • 29 March, 2016 06:03 PM

This makes a lot of sense to me. In my 5 year long LTR, my gf would criticize me and complain about things that she expected me to do (without telling me).

I would sometimes respond by reminding her of all the good I've done for her (A whole lot of sacrifice to make her happy including helping her finish school by paying g for her last semester's tuition, among many other things).

She said to me (paraphrased), "You always do that. Say stuff like Look at what I've done for you". As if it was a stupid or irrelevant thing to say.

I didn't even know how to respond. I was too BP at the time to understand what was really going on.

This post makes it clear. All those things stopped existing to her and it's annoying when I remind her of them. It's as if I'm threatening her new reality and it's causing cognitive dissonance when she has to acknowledge that I've been very good to her. It doesn't fit with her feelings that I, "Don't care" etc.

AWALT

[deleted] • 5 points • 30 March, 2016 07:44 AM

My whole live I've known this is real, I've seen it happen, but I've never seen it explained. +1

[deleted] • 3 points • 28 March, 2016 06:48 PM

It's worth noting that this can be used as a test if you're interested in a more LTR. I have known a few able to recognize when nothing is wrong and they are just feeling bitchy, but that is not at all common. Most of the time, women will find someone to blame for their negative emotions even if those emotions literally came out of nowhere. If she's smart enough to see the insanity in her own emotional state, she might be worth more than a random slut.

And as a corollary, you also have to shut down things like random bitchiness fast before she hammers a way to make it your fault. Feel free to call her out and directly say "you're being cranky for no reason, stop it."

fxcker • 3 points • 28 March, 2016 10:46 PM

That makes everything make so much sense.. that was the realest thing I've ever read.. thank you. You have enlightened me.

[deleted] • 3 points • 28 March, 2016 11:57 PM*

Good post.

I've felt it several times in relationships. It was just a series of days where things were "off" and of course I tried to BP her back to no avail. And things never got better, despite me trying, because the woman either could not or did not want to actually influence her own emotions and thoughts and steer them toward good feelings toward me. And I wasn't helping by being BP and trying to be extra nice and such.

To my credit, at least, I was always the first to pull the trigger and break up when it went on too long.

I think the light switch effect explains why women get over relationships more quickly and usually are out dating/fucking when the guy is still mourning. It is explained by natural selection in that women had to have the strongest guy around (or at least a stand in for a time) and if a guy died/got sick, she had to move on and reattach or she (and any kids) would die. So, they put people behind them via this mechanism.

The mental thought process you describe rings true and also is why I do not trust women that are not my family members and explains why honor and integrity are not as important to women. If they are such slaves to their mental state, then all bets are off. They will do what they do to feel what they need to feel.

SwissPablo • 3 points • 29 March, 2016 08:03 PM

In my unenlightened days I was trying to get an ex to acknowledge we had good times. She point blank refused to do so, she couldn't bring herself to admit it. She had rewritten history in a bid to justify her moving on. And I was totally baffled, why would anyone want to not think about the good times? I know now, of course.

Yet another thing I wish I knew 20 years ago.

rockin_rollin96 • 3 points • 26 April, 2016 04:05 AM

This is so true. This is what I've needed to read without knowing I needed it. Having recently been dumped from a near 2 year LTR/LDR that was exceptional, I couldn't fathom how all of that could be erased by two shitty weeks. This puts it all into perspective, thank you for writing this. I think this is where I swallow the pill and never look back

[deleted] • 7 points • 28 March, 2016 05:42 PM*

"Light switch effect" is right on. To a woman, you either "The One" or you're nothing to her.

This is why to being cheated on is much more devastating to men. If a woman cheats, she's saying that in her

eyes you're inferior to the other guy she fucked.

IamGale • 2 points • 28 March, 2016 06:19 PM

There's a great scene in Persepolis that illustrates exactly your point. I can only find the French version on YouTube, but it's the most telling scene ever.

I watched this with a french plate and she confirmed it.

favours_of_the_moon • 2 points • 28 March, 2016 06:45 PM

Re-writing of history - It doesn't matter that she was sending you love notes and texts a month ago. She has been unhappy for a long time now.

I call this the light-switch effect. And it happens when a woman is no longer attracted to you and is moving on, whether or not she cheated.

She's found a "bigger, better deal."

notrustled • 2 points • 28 March, 2016 10:22 PM

A similar effect is what a guy from here said before. Unfortunately I don't remember by who and what the exact quote was but the point is:

When we were together she said my dick was 8" long. After we broke up, it somehow suddenly shrunk to 4 inches.

(This also shows that women have no idea how long your dick exactly is, it's mostly their perception of you.)

Entropy-7 • 2 points • 29 March, 2016 12:09 AM

I'm going through my own version of this. The girl in question hasn't turned off the affection or forgotten the good times, she simply erased from memory everything she said in starting the relationship.

She coos in my ear about commitment and marriage and babies, and then I lay out a whack load of money for a dream vacation to Thailand. Within a week of returning she tells me that she can't commit but still wants to have a relationship, and she can't remember saying anything about commitment in the months leading up to me booking the flight and hotel. It's just *poof*, gone.

It doesn't register with her that I would not spend thousands of dollars on a plate, and since her own words are erased from memory, any accusation of deceit or whoredom makes her angry.

muddynips • 2 points • 29 March, 2016 12:53 AM

Even when I was BP, I noticed this. Always assumed it was just emotional cowardice. Like they actually do care and it just makes it easier to pretend.

But that's not true. They don't care at all. It's compartmentalized psychopathy.

LuckyLuke23 • 2 points • 29 March, 2016 02:08 AM

Great post man i really learnt a lot.

JackNicholson2 • 2 points • 29 March, 2016 05:27 PM*

To add to what you said, this whole concept of women losing interest the moment there's even a slight bit of difficulty in the relationship is due to them being fed bullshit throughout their whole life about how they deserve a "soulmate", a person they will have an absolute perfect bond with, they will be yin and yang etc...Not realizing this is all just nonsense fed to them and they gobble it up. Why? Because they want to believe in it. Women

aren't logical creatures, they're emotional creatures and what they want to believe in becomes a fact in their mind. They want to believe that there's some force up above that determines who will be "the one" for them. Clearly if there's a bit of difficulty in the relationship it's easier to just determine that he's not "the one". Again, it's true in their minds because they WANT it to be true.

Long gone are the days of our parents and grandparents, who had arguments and realized that their relationship wasn't perfect and never will be, but that's because a perfect relationship doesn't exist. They weren't the aforementioned "soulmates" but they were content with each other and realized that a small fight doesn't suddenly mean they hate each other and aren't attracted to each other. Our generation's strive for perfection has only lead us to be more unhappy and feeling more unfulfilled.

detachedbymarriage • 3 points • 28 March, 2016 05:22 PM

I had (and still do) a different situation with my ex wife.

While she was the one who filed the divorce, (divorce) raped me, the whole typical AWALT...the one thing she never did was decide our love was not real.

Even to this day, she will occasionally hamster out of her mouth, "I will never stop loving you, DBM". That is despite the fact that both of us (or at least me) know deep down that the whole marriage was based on bullshit pretenses.

I do acknowledge why I did not get the light switch treatment. I think most of it has to do with the fact that we have kids together. Another thing that has seem to come to light since the divorce is that I might have been her AF that she managed to "Betaify" (especially when you look at the guys she has dated since)

I'm still very new to a lot of these theories and I don't think you are wrong...But I think the rules might change due to circumstances.

Archwinger • 22 points • 28 March, 2016 06:12 PM

"I'll always love you (even though I'm divorcing your ass, taking your assets, and fucking other men that I actually love)" is girl-talk for, "I'm saying bullshit to feel good about myself, save face socially, etc. etc. I don't really love you, loser."

Never listen to the shit women say. Always watch their actions.

detachedbymarriage • 2 points • 28 March, 2016 06:19 PM

Thanks for turning the perspective

[deleted] • 1 point • 28 March, 2016 08:04 PM

This is shockingly accurate, thinking about my first LTR of 2 years

[deleted] • 1 point • 28 March, 2016 09:06 PM

Can anyone with expertise chime in on whether there's scholarly evidence for present emotional states affecting memory? I've heard of the emotion at the time of the memory affecting its encoding, but never this. It makes intuitive sense to me, but the appeal of elegant ideas tends to shut down our critical thinking.

GavinSkulldrinker • 1 point • 28 March, 2016 09:26 PM

not sure its scholarly, but yes, this is a real psychological effect. This affects anyone of either gender, but women are probably more prone to it than men.

squirtingispeeing • 1 point • 29 March, 2016 04:03 AM

Men are guilty of this too.

hailhailhailandkill • 1 point • 29 March, 2016 02:18 PM

Thou fall from grace, numbered are thy days.

Google these two;

Female solipsism

War brides (with keywords such as Rollo, red pill, manosphere etc)

1991Kira • 1 point • 5 April, 2016 09:56 AM

The light-switch effect.

All my adult life I've been looking for a way to express this in words, and you sir just nailed it so easily. Bravo.

Kyfhomyoba • 1 point • 4 May, 2016 11:33 PM

I would say that cognitively, her current emotion of unattraction/disgust/whatever becomes a cognitive **filter** through which she now perceives all past relationship events. If this negative state persists for long enough, each recollection/revivification of the events facilitates the neural pathway, until, viola! dumpage occurs.

[deleted] • 1 point • 17 May, 2016 09:54 PM

This is key RP knowledge. I'm so new I don't believe I've earned the privilege of suggesting that a post be sidebar material, but that's what comes to mind. This experience is so common that newbs need to see it upon introduction to TRP.

Werewolf35b • 1 point • 13 June, 2016 03:05 AM

Still come back to this post. It really should be sidebar.