

# The Psychology of Approaching Groups Of Very Hot Women In Bars.

September 29, 2016 | 1365 upvotes | by [virusofthemind](#)

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In club/bar environments it's often thought the most difficult approach of all is directly approaching a group of uber hot women and successful endgame of taking one home. This post demonstrates a number of methods to give these girls the good seeing too they all crave and make everyone happy in the process. The methods outlined can be deconstructed and used in isolation in various other situations, but in this case they're usually all needed due to our quarry being in a group and all hot. Social engineering methods will run alongside psychological ones for maximum impact. The group should be of a minimum of four women and a maximum of ten, and preferably receiving a lot of passive attention from other males.

Please note: This is a meta strategy to achieve an end goal. If at any point your target shows genuine interest you can skip steps, as you're already where you want to be (but watch for compliance tests).

**Step 1: Identifying Your Targets** The first step is deciding which girls you're going to use as your gateway strategy. I say, "girls" because as well as selecting a target (your end game girl) you will also need to identify one of the other girls as a leverage point for the social dynamic aspect of the method.

[ In this case it doesn't have to be mother hen as the status of the girls in the group is pretty similar so there's little difference in "*ranking*" due to them all being 9's or 10's.]

The girl to use as leverage will be the girl most interested in being approached and thus most likely ascribed by the other girls unconsciously as their biggest sexual rival. To identify her, study the group carefully. Your selection will seem less interested in the inane female chit chat taking place and will tend to scan the environment, looking around to check who is in the venue (which Chads) more so than the other girls.

She's looking to see which guys are there as it's her intention to get laid that night. She will most likely be wearing the most revealing outfit in the group and peaking in her ovulation cycle. Possibly wearing something red or maybe just red lipstick or nails as women seem to have a predilection for the colour - combined with skimpy outfits- when they're at their most fertile, and thus at their horniest.

[Not wearing red isn't a deal breaker, but if you're 50/50 over two girls in the group, then use the red wearing one as your default selection. A number of scientific studies have correlated the colour to women at their most fertile/horny. As the saying goes "*Red shoes, no knickers*".

Women are always checking out other girls in public venues to monitor their status in the ongoing attraction hierarchy - but if you watch - you will see that girls with red clothing or nails/lipstick receive particular attention when they're first spotted. The other girls know full well the significance of what's going on, even if it's just on an unconscious level.

The other girls in the group will know this too unconsciously and attempt to engineer spoiling strategies to counter their rival. You may notice they will look at her more to check what's she's up to and rubberneck during conversations they're having with the others to keep tabs on her: Watch for this.

The final sign is a body language indicator much beloved by used car salesmen and one (now that you've read this) you're going to see, all the time and even notice yourself doing it to the point you say "WTF!" when you see the hidden matrix of attraction cues going on around you.

Have you ever seen two people who know each other, meet and stop in the street for a chit chat, but one needs to get away because they're busy? Have you noticed what happens to the angle of one of their feet? It POINTS towards the direction they want to go: the direction they were originally heading, it's

unconscious body language leakage indicating an ongoing desire that's found even in higher primates.

Good car salesmen know this too, when they're chatting to a prospect on the lot they're keeping a close eye on where your foot is pointing as THAT'S the car you like. Your foot points towards things you like, and away from things you don't. We all do it, I do it, you do it and hot bitches in bars do it.

Of all the body language clues the most accurate (and only ones which can be used in isolation) are eye contact and foot pointing. When you're stood in a bar or chatting to your buddies, the default position for you feet are the 5 minutes to 1 position. Look for girls who have a foot deviating from this stance unless there's a good reason, then look to see where it's pointing.

[In fact; next time you're in a bar or club with your buddies, look towards where one of your **own** feet are pointing. If one of them is pointed away from its default position then it's very likely pointing towards some hottie you have your eye on]

**In Summary:** The girl you are going to use as leverage to assist your entry will be exhibiting what's known as an "*R cluster*".

- Reconnaissance: She's scanning the bar looking for which guys (Chads) are in the venue as potential partners.
- Revealing: She will most likely be the most sexily dressed of the group.
- Red: She will most likely be wearing the colour red.
- Real Interest: One of her feet will be pointing away from the group and towards where her real interest lays, usually a man or group of men.

[Disclaimer: allow for pointing which may be towards the bar (she wants a drink), the toilets (she needs to pee), the dancefloor (she wants to dance) or the exit (she wants to leave) although you will only see these indicators when she's in conversation with someone else. If she's not engaged in something she'll just act on what she wants without pointing ]

Under any other circumstances this is the girl whom you should target in an approach strategy; whether it be a mother hen gateway -then move to your interest- or a direct approach to your interest from off the bat. Either way this is the girl most DTF that night.

In this case however, with the group all being uber hotties this is the girl you will use as your leverage point for entry - without activating any alarm bells or bitch shields [sure you can game this girl after, once you're established yourself ] but the purpose of this strategy is gaining access first, disqualifying yourself from your approach girl (albeit temporarily) and then use your game skills to move things on.

Your actual target girl is the next one down on the "*R cluster*" scale. She will be exhibiting some or all of the "*R cluster*" traits (though not to the extent of your leverage girl) but also target girl will be rubber necking your leverage girl as her prime sexual rival that night. Women pick up on other girls who are ovulating on an unconscious level and adjust their behaviours sub consciously by mate guarding their partner more if they have one, and cockblocking their female friends if they're both single. You're going to use this unconscious behavioural drive for your own ends.

**Step 2: The approach.** In this situation you have two types of frame. 1/ The extant frame: Group of super hotties too good for anyone in the bar and "*girl power*" blowing off men and acting like a pack of bitches.

2/ The intrinsic frame: The real frame, a group of sexual rivals jockeying for status, utilising devious feminine psychological methods on each other, but pretending to be best girly friends while they do it.

The problem is: An extant frame can be pretty solid due to what's known as embodied cognition and the girls actually start acting as if this **is** the reality they're in, they start feeding their emotional states off each

other in a feedback loop known as *"Limbic resonance"* and post hoc rationalising their own behaviour (known as *"Hamstering"*....) to avoid cognitive dissonance.

In broscience this is called *"Believing your own shit"*. A radical deframe is required. Gentlemen, such a deframing exists.

### **"The Queens Of Sheba Opener."**

Internalise your RP mindset as the **selector** and approach your target girl direct (ensure she has a full drink as you don't want any distractions or default "drink tooling" programs firing up). Make sure she sees you are approaching so you don't trigger an auto pilot response by surprising her, then stop in front of her as if weighing her up for a few seconds, then ask the question.

*"Who's your friend?"*

She'll be expecting a chat up line or random beta validation, but gets surprise instead (the type we DO need) which derails normal shit testing programming (we're also generating an emotional response here, which is good) but curiosity will make her ask...

*"Which one?"* [ that's why we need a minimum of 4 girls in the group ].

With a nod of your head towards your leverage girl reply...

*"The one all the guys are interested in"*

This is a **huge** deframe. There she is enjoying all this attention and validation, then all of a sudden the rug is pulled from under her: The attention and validation may not actually be for her!

Hamster central rapidly boots up to protect her self-image.

*"The guys are looking at all of us....?"*

*"Is nobody actually interested in me and it's actually my friend that's creating all this interest from guys...?"*

*"I'm beautiful, but is she so much more attractive than me that all these guys don't care?"*

*"Am I the least attractive of my friends...?"*

*"What the fuck is my status in the group...?"*

All these thoughts go through her head in a split second as you've just triggered an *"imposter syndrome"* program to run in her mind. Not only that, but the source of it is her prime sexual rival who she unconsciously ascribes as a threat.

Oh fucking dear...

Her status is now in limbo and needs a reference point to stabilise itself so her limbic brain creates a sense of dread causing her to reframe from the bottom up to achieve some stability to build from. The dread is hard-wired into her brain: In the ancestral environment a rapid change in circumstances could mean imminent danger or a big survival opportunity. The limbic brain doesn't trust your pre-frontal cortex (the conscious) to deal with it so pulls rank and drops into *heuristic* mode.

Heuristics are nothing more than pre-wired emotional responses on how to deal with something quickly. They come from the emotional brain and are combinations of responses based on previous similar experiences (the social emotions like, shame, guilt, jealousy etc) with some actually hard-wired into the brain's source code (like fear, anger, lust etc ). When these heuristics are running then you're also susceptible to influence, as you're locking onto someone else's frame as a scaffolding to bring you back to normality/stasis and the "emotional traffic highway" is now open for emotions coming in the opposite direction (from the other person).

Your frame as selector and alpha is incorporated into her own.

[ To the vast majority of girls "*status*" within their peer group (which used to be the tribe) is of considerable importance as it had to be kept a close eye on in the ancestral environment to maximise the potential of mating with the highest alpha male they could get. It had to be monitored at all times and like I said action taken to avoid any potential loss and seize on the opportunity for any potential improvement.]

With very hot girls status is even more important as being "*top girl*" was the genetic jackpot for their genes. These girls now pretty much have everything, the looks, the orbiters, the protectors, and all the other benefits which come from being an uber hottie. The one thing they have to work for is their status/value with other uber hotties in their group/tribe.

Lost at sea she now starts to do something she very rarely does: She starts qualifying herself to you and sabotaging her rival.

### **Step 3: The Lock In**

**Important** If you start validating her now, then any potential attraction will disappear very quickly. Remember this as you will have an urge to do so.

The behaviour you drop into now is that of "*amused mastery*" with a heavy emphasis of skepticism. Cross your arms when she's validating herself, but listen to the criteria she's basing herself judged worth upon. See if you can find an adjective she seems keen on which you can use to preface the word "*Confident*". When you've identified the word then make sure to slightly nod when you hear it (more about this later, but it's to do with what are called "*trancewords*".) The nod is a way of analogically marking it through body language so that its significance is processed unconsciously, as body language is decoded by the unconscious brain first and the conscious secondly, but only if it appears to be incongruous will the conscious boot up to give it "due process".

Keep a wry amused smile on your face, she will sense that you're not taking the bait and most likely go some light kino on you to punctuate her emotional state and expect you to invest with some validation. Kino her back, but always in a pushing fashion and don't look where you touch (it's creepy). Because of her emotional state your kino won't be processed at a conscious level as the cognitive buffer is filled with other concerns, but unconsciously it's getting through to her attraction centres.

**Step 4 The Lock Down** The key now is to drop her out of her emotional state temporarily and then spike it back up again using a process known as "*refractionation*". Basically when someone comes out and then back into the same emotional state, the second time they go into it, it's more powerful. It's a method used by the "*speed seduction*" community to generate high levels of arousal in a woman, but in this case we're just using it for a different emotional model to suit our strategy.

Uncross your arms with a sigh, relax and then change the subject to something mundane going on in the venue as if you're just chatting to one of your buddies. Men do not do this to uber hotties as their usual remit is to try to impress them. She will think you've disqualified her (causing slight confusion) as a potential partner and up your ascribed value in her mind. Carry on the conversation for about a minute and then drop the line. "*Actually you have three big advantages over your friend*" (leverage girl).

[Credit for this goes once again to Mystery and was originally known as the "*Three Things About You Technique*". Its methodology was to tell a girl two things about herself attraction wise that she didn't know, but not the third. The PUA could then either go sarge other girls or go to the washroom or bar knowing he had inoculated the girl from further approaches by other guys hanging around as she always wanted to find out the third.]

It uses a cognitive bias we all have known as the "*Zeigernic effect*" and is very effective [I can vouch for its impact as I've had girls come to a bar they knew I was going next, wait outside a wash room for me,

and even been pulled out of a taxi to find out the elusive third thing.]

**The Three Things:** This time, however we're going to use the *"things"* as vehicles for some pretty devious and cunning psychological deep mind influence.

When she asks what they are, use the ones below and make sure to preface the first with the words *"The first one is"*. This is to create a language pattern known as an *"Ordinal"*.

An *"Ordinal"* is a presupposition that there will be a number of things. By using the word "first" you're implying that there will be a second, third, etc. The second, third may not even exist, but the listener presupposes that they do as you used the word "first".

[ The woman already knows there will be three things, but in this case you're using it a reinforcer to prevent cognitive drift ]

Then use the word "Because". "Because" is a statement as opposed to a question and various studies have discovered the word as a preface generates more influence from the speaker. This is because the laws of cause and effect are programmed into all higher animal brains, but by using the word at the beginning of our list (use it only for the first thing) and going through the list in this order, we are starting a process called *"State Titration"* so each separate "thing" titrates into the next one, making the process seamless and generating *"cognitive fluency"* to prevent her critical factor booting up.

[Count them off on your fingers as you do so. In this way you're again using a body language cue to anchor them.]

1/ " The first thing is because...." Then a comment on her appearance, but **not** anything physical. It's important that it's something which you genuinely like as the very fact that you have spotted it means it will be something which she wore for that purpose. Something like her dress or shoes making her look *"classy"* or *"sophisticated"* as if these are essential criteria for you in a partner (if you DO have essential criteria then use those instead as it will help your congruence).

She will see this as an advantage she has over her fellow beauty leverage girl and mentally agree.

You have just started what's known as a *"Yes Set"* (getting her mind into the house of yes) to ease the next two things through.

2/ A comment on how she's a friendly girl and not standoffish. The reason for this is you're *"priming"* the *"friendly"* behaviour mindset (by "half cocking" the relevant network of neurons" ) into her brain, so she will more likely to act friendly and less keen to start shit testing you. Because you've already got her brain into yes mode (the essence of the *"yes set"*) from your first statement and you're titrating emotional state, her critical factor (the pre-frontal cortex) usually lets the idea into her mind without much introspection. ( No need to use "because" or "The .....thing is", from now on as their work is done ).

3/ Now we use the most Machiavellian attraction trigger in existence...

The Amygdala Feedback Loop.

But first some background. You may have noticed I'm a big proponent of *"embodied cognition"*. This is for good reason. It's commonly reasoned that when the mind wants the body to do something, it sends a signal to cause the result it requires. This is true, but only half the story. When the body commits the action the mind requests, it sends a signal back to the brain to announce its new state. The brain analyses the return signal and tweaks its instructions in a feedback loop to fine-tune everything and achieve maximum efficiency.

However...if you consciously induce that state in yourself or someone else then the unconscious picks up the return signal and assumes that the signal is the current *"state of play"* of how things are, and synchronises itself to it, feeding back the new mental model to the body in an ever strengthening loop until



the new state becomes the new reality.

There's been a lot of research into this and the original model was proven by researchers who asked test volunteers to read jokes with and without a pencil held in their mouth. They discovered that the volunteers found the jokes funnier with the pencils than without them.

Why?

Holding the pencil in the mouth requires the face to use the *"Zygomatic major muscle"* to do so. This muscle is also the one which unconsciously triggers when we smile. The brain senses that the muscle is triggering and infers that activity is happening in the body which correlates to a happy/funny state. Instead of the feedback loop going *"brain to body to brain to body...."* it begins at the state of the *"body"* instead. The mind adopts the state of the body (happy) to avoid dissonance and the new state becomes the norm, but in this case... You find the jokes funnier.

So...we trigger a behaviour in the girl which correlates to her being attracted to someone.

### WARNING

Sometimes however, this feedback loop runs out of control and can actually cause a panic attack. Calibrate her state closely at this time as any other emotions ongoing in her psyche can hitch a ride on the loop, and some girls can go really crazy when this happens. We're running a pure attraction loop and nothing else here so be careful what you're doing.

We count off our third finger, look her in the eye, pause, and then say.....

*"The third thing is you make lots of very confident eye contact".*

Why? Because very attractive girls are very adept at avoiding eye contact with random guys who constantly try to make it with them. If they didn't, then they would have no end of loser types she has no interest in approaching her and wasting her time.

The only guys she *\*does* make eye contact with, are guys she is interested in or attracted to. You've induced a state of attraction in her as she will now adopt that behaviour with you. The body is saying to the brain *"I'm making a great deal of eye contact with this guy"* so her mind says *"Ok that must mean I am attracted to him, so make more of the same"* and the feedback loop continues.

The reasons she adopts the behaviour are.

1/ She's in validation mode with you as her sexual rival is stealing her thunder; she wants it back and if eye contact is an ace up her sleeve, then so be it.

2/ She's in the final stage of a *"yes set"*.

3/ Do you remember the bit about *"trancewords"* earlier? Trancewords are words (usually adjectives) based on a person's sense of values. These values are an actual part of someones identity at their most powerful. When she's stating her case for being more attractive/desirable than her rival she's using what she considers her main advantages over her.

They could be: *"I'm more passionate"*, *"classy"*, *"sophisticated"*, *"deep"*, *"seductive"* etc.

So the final push to get this behaviour through to her limbic brain is to utilise a value which has already been "preapproved" by her unconscious as being important to her. This is a technique known as *"tailgating"*. You take a value very close to another person's belief model, link it to the value/behaviour you wish to induce and the very association of the latter to the former stamps the signal **approved for access to limbic brain** to the package as a whole. Into her mind it goes to be unwrapped back into its two separate values once it's arrives.

Machiavellian? Totally. Manipulative? Absolutely.

So...For the final push... with a slight nod (our earlier state anchor) we say...

*"You make very confident (insert trance word here) eye contact".*

### **Step 5: Welcome To My Frame**

This stage is the stage to drop her totally out of her frame and into yours. You invite her into your territory. One of the remits of an alpha male in the entire animal kingdom is that they have their own territory. In this case, it would either be where you were originally stood if you're on your own, or back to your wingmen/wingman if you're in a group. By doing so you're demonstrating territorial, attraction generating cues at the very deepest parts of her limbic mind. That's the place (amygdala) where the values "Fight, Feed, Fuck" reside.

This is deep core and the place you want to be.

### **Step 6: How The World Is**

If you're on your own, then project the emotional behaviour and frame that's she's a plate that you're very fond of (mentally not verbally) and run with that, with the odd unpredictable intercession (this refractionates but also loads up her cognitive buffer to keep the unconscious highways clear).

If you're with your buddies then brief them before the approach on what to do when you bring the girl over. A good first thing for one of them to say is.

*"Are we staying or are we going?"*

By doing this you indicate to her that you're the leader of your group (the alpha) but also imply a "scarcity" mindset in her so she will infer that you may actually be leaving (after all this chemistry!) and make her invest more.

You of course reply...

*"I haven't decided yet"*

The mindset your group should now operate on, is as if she's a girlfriend you've been dating a while, but they've just met her. The group frame that this is the reality in question will permeate unconsciously and eliminate any residual frame she has (people drop into the strongest frame they're interacting with 95% of the time).

No doubt the buddies will be looking for a piece of the action too, in which case ask her a female opinion on something then get her to invite one of her friends over to back her up. Now her group is splitting, some of your guys can go over and chat to the remaining ones. Top R cluster girl is your best bet here for ease of entry.

After that is up to you, but the goal you want is to separate and isolate all the girls into groups of two (two girls-two wingmen) then run with it, with the end goal of bouncing in pairs to the next venue, but keep your frame tight at all times.

### **End Note**

The most important thing about this method is YOU. In all human interactions, people send out what could be called "*reality pings*" like a submarine's sonar. These "*pings*" detect the frame of an ongoing interaction and who's going to drop into whose frame. The pings happen on an unconscious level and give an emotional valence to the frame at hand. Most people know about body language communication at a meta level, but below that there are tiny nuances in behaviour and physiology called "*BMIRs*". This stands for *\*Behavioural Manifestations Of Internal Representations*".

BMIR's are impossible to consciously fake and also very difficult consciously to detect. They just give us a gut feeling about someone (although the American secret service does train its agents using some BMIRs called "Facial Action Cues" [Micro gestures of the face which last only 300 milliseconds])

developed by a guy called Paul Ekman so it can be done.

Alas we don't have access to this level of training but there is a fast track method.

Genuinely believing your TRP frame and knowing 100% that the method will work. When you do that your BMIRs are a 100% reflections of your intentions and mental frame. The woman gets the "feelz" about you on an unconscious level. Her "reality pings" are mapping your psyche and getting the thumbs up (it's based on the "limbic resonance" I covered earlier). Hypnotists utilise the concept by what's called "going first". They adopt the emotion they wish their subject to have, the subject picks up the BMIRs of the emotion, their mirror neurons inject it into their own "global-workspace" and they feel the emotion themselves.

Remember though: In field is chaos at the best of times with people coming in and out of set and a great deal of distractions (Mobile phones!) but the greater the integrity of your frame (your force field) the less effect these things will have.

**TL;DR** Look up the bit about foot pointing. It's the matrix unveiled of attraction intentions.

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Archived from [theredarchive.com](http://theredarchive.com)



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## Comments

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JamesSkepp • 219 points • 29 September, 2016 06:37 PM

Best Game related post of 2016.

1. It's called a "pivot" and it does work.
2. The step by step breakdown is actionable, down to what and when to say, word for word.
3. The explanations of what happens in each step are amazing. The breakdown is accurate and simple to understand.

IMO this is how a post should look like - it immediately makes me think - dude you got handed, on a silver plate, how can your game look like, step up.

virusofthemind[S] • 71 points • 29 September, 2016 06:50 PM

I like things to be empirical and actionable but also... It's how men's brains work.

Cunt\_Robber • 30 points • 29 September, 2016 08:49 PM

I second u/JamesSkepp. This is an incredible post, you explain the inner workings of the mind so well it's almost scary. It helps prove to BPs and new RPer's how powerful the logical, alpha male brain can be. Terrific, thank you!

[deleted] • 6 points • 1 October, 2016 04:37 PM

Excuse me, I would like to read more theory behind all this stuff you just have written.

Can you point me out to any book or blog pls?

virusofthemind[S] • 16 points • 2 October, 2016 05:20 PM

See if you can get your hands on Igor Ledochowski's "Conversational hypnosis" audio course; it's top notch and gives you a handle on the unconscious/conscious brain (not to mention hypnotise someone without their knowledge).

After that have look at Kerin Webb's "The Language Pattern bible" you will understand what they are after finishing Igor's stuff and have the ability to design your own bespoke patterns (like using Ordinal and presuppositions).

The book "Social engineering: the art of human hacking" by Christopher Hadnagy is top notch too and will give you an overview of how to design meta strategies.

As regards the neuroscience of PUA have a look at "The Evolution of Desire" by David M Buss. If you've never read any Cialdini his stuff is good too. Afterwards get a good book on neuroscience: "Mapping the Mind" by Rita Carter is a good introduction. If you get through that lot Then you pretty much have all the pieces you need.

Here's a recipe book to get you started...

[https://en.wikipedia.org/wiki/List\\_of\\_cognitive\\_biases](https://en.wikipedia.org/wiki/List_of_cognitive_biases)

<http://www.social-engineer.org/>

<http://www.subliminalhacking.net/about/>

[deleted] • 4 points • 2 October, 2016 09:57 PM

thank you sir! Just got the torrent for the Igor Audiocourse... Will be looking into that!

[deleted] • 2 points • 20 October, 2016 05:14 AM

Would you mind pming me the torrent because I can't seem to find it?

larryjack • 9 points • 30 September, 2016 05:23 PM\*

To all the people out there who needs a method to make money:

Find the target market (people that share a common problem)

Give high detailed step-by-step descriptions to obtain a result that solves the problem

Just lay out the necessary theory to explain the steps in the description

(Possibly heighten enthusiasm, it won't be difficult since you're solving their problem)

But never give them the seeds to plant the tree, only sell them the fruits.

So when they finish the fruits they will come back for more.

JamesSkepp • 7 points • 30 September, 2016 05:40 PM

Does his guide say "you gonna pull every Victoria Secret model in 0.5 seconds using this method"?

Or, perhaps, his posts says "how to approach very hot girls in the bar" and does describe EXACTLY what is in the title?

BTW: the process you described works, just doesn't apply to the OP.

larryjack • 3 points • 30 September, 2016 05:59 PM

You own the means of production.

You use them to create the tangible product.

You sell the product.

It's about the cost and the means of *acquiring* the means of production which I hide and then I steer your attention toward fictitious means. You got what you need nonetheless, but you didn't got what you didn't know you needed.

Never said it applies to the OP.

trippinallday • 16 points • 30 September, 2016 12:59 AM

I like it too. I think it's a little too much "broscience" (like the pencil in mouth thing, that's already been disproven I believe) but it's incredibly detailed and gives specific examples.

You'll probably look like a retard if you act all robotic and try to follow it to a T, but it explains every "step" of attraction and escalation clearly and with detail, which is helpful.

stay\_anon\_stay\_safe • 4 points • 2 October, 2016 03:42 PM

it's not broscience, there's this one experiment where they make random ppl from the street hold a pose

for like 5 minutes, then give them a prize, then proceed to offer them to gamble their prize for a chance of doubling it. Results were that ppl who did a pose related to feelings of greatness always accepted the bet, and the ones who held a submissive/sad pose didn't.

im sure there's more just look it up

trippinallday • 4 points • 2 October, 2016 06:58 PM

Can you link any of these studies or are you just gonna tell me about them?

RedDeadCred • 2 points • 3 October, 2016 03:39 PM

It's well established posture and pose affect testosterone and cortisol. Might as well Google it since it's a whole subject you're unaware of.

trippinallday • 4 points • 3 October, 2016 10:45 PM

Okay, posture has an effect on certain chemicals, I'm well aware of that. It's not a subject I'm "unaware of," appreciate the patronization though.

We're talking about holding a pencil in your mouth here, a study which I've heard about and seen debunked. What point are you even trying to make here?

RedDeadCred • 3 points • 3 October, 2016 11:42 PM

My goal was to encourage you to use Google to educate yourself. I have apparently failed.

BloodSnail • 2 points • 4 October, 2016 01:38 PM

I can say that I've read of this experiment in Daniel Kahneman's "Thinking, Fast and Slow." Google images the name of that book, and look at the cover; it's a pencil with bite marks in it. It's a great read, it's what made me open my eyes to subconscious biases.

The other guy is right, though. Learn to verify claims by yourself instead of having to ask people, and cite sources for your own claims too.

virusofthemind[S] • 2 points • 6 October, 2016 05:26 PM

[https://www.ted.com/talks/amy\\_cuddy\\_your\\_body\\_language\\_shapes\\_who\\_you\\_are/transcript?language=en](https://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are/transcript?language=en)

trippinallday • 3 points • 7 October, 2016 01:04 AM

20 minute long Ted Talk given by some random women  $\neq$  a study.

HitEmWiththeHein • 1 points • 11 October, 2016 11:40 PM **[recovered]**

The majority of RP is a heuristic and you're asking for a study? Seriously? You're still living in sperg-town.

trippinallday • 5 points • 12 October, 2016 04:29 AM

If you take the time out of your precious day to actually read what we were saying we are specifically talking about a study on body language and how it affects the choices people make.

He said he had another study to corroborate/back up his claim, I asked him to produce it and he could not. Why are you going off on me for asking him to back up his claims in a 12 day old comment?

stay\_anon\_stay\_safe • 1 point • 4 October, 2016 05:07 PM

sorry man i can't be bothered to google em the same way you can't be bothered to link the pencil debunk

JustDoMeee • 27 points • 30 September, 2016 02:45 AM

Honestly I love psychology and learning about people's behaviour and why they do the things they do. The way you articulated some of these behaviours into words is amazing, I want to learn exactly that and more.

This is some smart shit, how can I get as knowledgeable as you on this subject? What books helped you and what things can I do to improve my knowledge/intelligence?

Thanks so much for this post!

boxer95 • 4 points • 30 September, 2016 03:55 AM

Hopefully he gets back to your post.

d4rkj4y • 3 points • 30 September, 2016 06:36 AM

Second that. OP I'd love to hear your recommendations.

AceBenedict23 • 1 point • 30 September, 2016 09:40 AM

OP I'd also like to hear this. This was a fascinating read.

virusofthemind[S] • 6 points • 30 September, 2016 09:50 AM

I'm on with it, it's just a question of distilling the best. If you've ever heard of the "Pareto principle" I'm applying it to my sources now.

deepthrill • 1 point • 5 October, 2016 08:56 PM

If you want to learn about the body-mind feedback loop (the pencil in the mouth part), the book Presence by Amy Cuddy is a good read.

If you want to learn about the priming trigger words, Methods of Persuasion by Nick Kolenda is a good read which also has many other techniques which can be used in a red pill context.

Fulp\_Piction • 1 point • 15 October, 2016 09:55 AM

Joe Navarro's "what every body is saying" is packed with useful body language information. Daniel Goleman's "Social Intelligence" and "Emotional Intelligence" describes how the emotional brain works socially.

bsutansalt[M] [score hidden] 29 September, 2016 11:23 PM\* stickied comment

**This is one of the best posts I've seen in TRP in all the years I've been around.**

It also sniped what I've been cobbling together for my own thread regarding persuasion. Nevertheless, top marks to the OP.

One last thing, the foot pointing has a correlated tell that I refer to as the *rule of the bellybutton*. Where the bellybutton points, so too does their true interest.

Archived for posterity.

Tuga\_Lissabon • 3 points • 30 September, 2016 11:06 AM

What bsutansalt said.

Besides content, impecable delivery. Nothing else I can add here.

nevercomment1 points 30 September, 2016 02:48 PM\* **[recovered]**

When will you post your thread on persuasion?

bsutansalt • 1 point • 1 October, 2016 10:14 PM

This hits 95% of what I wanted to talk about. Something worth mentioning is don't ask women their opinion. Instead... ask them for advice. Advice makes us more likely to want to see the result since they're giving some investment and will pique curiosity how their own advice will pan out.

stay\_anon\_stay\_safe • 1 point • 2 October, 2016 03:39 PM

is this gonna get on the sidebar or what criterion do u use for sidebarred posts?

also lol at the bellybutton thing, i was with a girl the other day and we were sitting in front of each other on the ground, she was avoiding eye contact pretty strongly probably cuz nervousness but was still totally into what was going on.

[deleted] • 0 points • 30 September, 2016 08:32 AM

Sure it is a good post but it may as well have been written by Gambler. All this stuff is covered by his videos. In fact he takes shit further with some great ways to sit at a table and have the girls come to you. I have been around the manosphere for a few years and I found my way here through the PUA community. Even though Gambler sells his advice and this is here for free does not change the fact that this post is merely an excellent summary of Gambler's nightclub game. Sometimes guys in here forget that we are merely a branch that grew off the PUA tree. Sure it is better to be a jacked alpha than a pretend alpha but the fundamentals of game were all discovered before. Either way I will still upvote this post because it is a great summary of advanced nightclub game.

virusofthemind[S] • 1 point • 30 September, 2016 02:28 PM

A lot of the stuff with the exception of Mystery's "three things about you technique" is new but the principles and groundwork were laid by some of the giants of persuasion.

Language patterns were developed by the greatest hypnotist of all time Milton Erickson but refined by others (Igor Ledowchowskis' stuff is fantastic).

Priming has been known by marketing researchers for decades (who spend tens of millions of pounds doing it).

Sexual rivalry between women is well documented with lots of peer reviewed articles on it (David M Buss' stuff is really good).

The glue which holds it all together was developed by the guys who develop red team penetration strategies to test the integrity of organisations to human hacking (part of my own expertise).

Will check out some of Gamblers stuff thanks for the tip.

BloodRedAlert • 22 points • 30 September, 2016 02:37 PM

This post was so Machiavellian I felt blue pill for a moment

**Thumbs.**

**Fucking.**

**Up.**

[deleted] • 19 points • 30 September, 2016 06:56 AM

I really hate to say it, it's a smart strategy and explained well... Theoretically.

Life doesn't need to be this difficult. You think Chad really sits there and thinks of an elaborate scheme to talk to a girl like this?

Woujo • 9 points • 1 October, 2016 01:41 AM

He doesn't. This is overanalyzing stuff for guys that want to be Chad but aren't.

But this gives those guys an advantage over Chad because while the girls are looking for Chad, Chad often fucks up because he doesn't know the theory behind what he's doing and slips into beta mode.

freethinker34 • 10 points • 2 October, 2016 08:48 PM

Chads are on autopilot and do what's needed instinctively. Stuff like this can help make anyone more of a chad through repeated practice. Knowledge itself doesn't work, its applied knowledge, over and over again that makes you better. A good analogy is that learning basketball fundamentals and practicing them over and over will not make you into Michael Jordan, but it will make you better at basketball than you were before.

postreformedpua • 73 points • 29 September, 2016 09:05 PM

Wow. Does game really have to be this intricate and Machiavellian to get a chick? I can't imagine the average chad thinking about any of these things this on a Saturday night out.

It's seriously impressive and I don't doubt it works but there is no way I could do this for real. This game is next level.

improvingme63 • 49 points • 29 September, 2016 10:11 PM

I would go about this purely for fun. Run this routine a couple of times and you'll end up forming habits in your interactions that embody the principles discussed here. Eventually, even when you aren't running routines, they'll emerge because you have programmed them to.

virusofthemind[S] • 35 points • 30 September, 2016 08:46 AM

You've hit the nail on the head. Once you have the building blocks and practice them the routine becomes internalised. Your conscious mind passes the program to the unconscious to run instead and the responses become automatic.

It's like learning to drive a car; you don't have to think about gears, gas or brake once you've been driving for a while. The unconscious is taking care of it for you. That's why you sometimes hit the brake for a hazard before you even know about it or just "know" that someone is going to change lane in front of you.

The late great Ayrton Senna once stated near the end of his career that his driving had hit its absolute pinnacle in that the entire race was done at this level with his conscious mind akin to an observing passenger in his head.

If you hit this level in anything then you have achieved mastery.



EvolvedVirus • 9 points • 2 October, 2016 08:51 PM

Also for the newbies, don't worry if it's not something you think you can pull off.

The reality is that even hot girls (who have looooots of sexual experiences) can act like goofy awkward people when being approached by a guy they even slightly find attractive.

I'll confess that I was actually an insider as PART OF this female group. I was with a large group of girls on several occasions.

I know the group well, and each individual history of the girl involved including their boyfriends/exs. I also had my girlfriend with me. Sometimes the goal was to get 1 girl in the group a boyfriend. Other times, it was just to hang out and dance.

But whatever the case, not only did you see female-competition in action among the group (which to me is absurddddd and not something I would notice among guy friends)... but you saw things like cock-blocking, you saw the worst most awkward approaches by MEN, somehow work...

Don't overcomplicate it, you can literally be yourself and not even throw out that much game, and still be found acceptable.

The biggest issue is getting the girls to find you attractive. I assisted the men who approached sometimes, so that the girls won't cock-block each other. And yet they sometimes did. Even a decent, hot, tall, honorable man doing a good approach, would get rejected just because girls are stupid and found a way to fuck it up through NO FAULT of the man even when they AGREED the man was attractive.

So, you just have to approach and plug yourself into the conversation. Absolutely no game might even be necessary if there is already a girl in the group that is attractive and looking for a boyfriend.

Yes building attraction can be important, but just realize a few things:

1. Not that many guys even approach groups of hot girls anyway. A group of girls might visit 4 different bars, and only get approached twice the whole night.
2. Even when approaches happen, the guy could be 100% disqualified for being "too old" or "not attractive enough." or the girl just doesn't "feel ready". So nothing can change it.
3. The talking isn't sometimes even as important. I swear I've seen some of the most bizarre conversations that I would never even bother remembering, and yet it worked out because the guy and girl found each other attractive.

---

I suspect there are a large percentage of attractive guys (even in TRP) who think their game works great or something when in reality they are simply attractive and they could have said anything.

Game is only the lubricant needed to build attraction, you still have to be good looking.

[deleted] • 9 points • 30 September, 2016 02:58 PM

Most don't actually think of these things, i notice most people's succesful behaviour is being used completely unconsciously.

Having been trained trough trial and error.

virusofthemind[S] • 12 points • 30 September, 2016 03:20 PM

yeah, some people just do these things unconsciously from years of manipulation experience.

A guy I used to work with had once done some research into identifying dark triad individuals with massive manipulation ability to see if there was a common thread.

"Guess who came out top?" he asked.

"Ceo's, psychologists, politicians" I suggested.

His reply?

"Actually it's heroin addicts"!

Elephaux • 17 points • 29 September, 2016 10:34 PM

It doesn't need to be this complicated, I don't think. It's like learning anything, you have to break it down into the simplest parts before you can understand the whole.

I'm all tied up but love to flirt so I wingman for my buddies. I don't need this kind of game because, for me, the reward (getting my mate laid) isn't worth the mental effort to go through all these steps. I can counter any rejection with "wow, you're presumptuous, I have a girlfriend, so I'm not hitting on you. I just wanted to tell you about my friend" (or whatever). I can add how this would be useful for guys looking to stack the odds in their favour!

bigcitytruth • 9 points • 30 September, 2016 04:37 AM

The post is admittedly long-winded, but if you read between the lines, the principle is pretty simple.

metalhead4 • 2 points • 30 September, 2016 12:32 AM

Works fantastic. Then when they apologize you can dread them.

Woujo • 3 points • 1 October, 2016 01:40 AM

Does game really have to be this intricate and Machiavellian to get a chick?

No. The general principles here are correct, but not the specific words and actions. For example, I imagine the "who's your friend" line would probably fail a lot, but the general mindset is applicable.

[deleted] • 4 points • 30 September, 2016 01:58 AM

Of course the average chadbrochill doesn't think about this, because he is naturally doing most of this. If you're (in general) taking this as a step by step guide, you need to dial back a few chapters.

ReluctantPawn • 3 points • 30 September, 2016 03:09 AM

I agree and would not go to this effort. But I've always loved psychology and it was a fascinating read.

dr\_warlock • 56 points • 29 September, 2016 08:59 PM

One of the best theory posts of all time.

/u/redpillschool give this man a point.



redpillschool • 31 points • 29 September, 2016 09:07 PM

The one all the guys are interested in

Just adding a comment here, didn't get a chance to finish reading, but if you use this phrase on your approach: "The one all the guys are interested in" you may have escalated quicker than you need to.

Sure, women at clubs are bitches, but they play off you, and that seems like a sure way to put her in super-bitch mode, and it looks kinda transparent.

If you keep encountering bitches at clubs, sometimes you might need a few extra steps there to calibrate to make sure you're not putting them off into bitch mode yourself.

virusofthemind[S] • 27 points • 29 September, 2016 09:29 PM

It's called "pacing their reality" By linking what you're saying to what they already believe and see with their own eyes then it's more likely to be accepted (tailgating again) but this time it adds gravitas to the frame flip.

If I get bitched then I've used the wrong approach method so it's my fault. In this case the rows of fawning admirers have (sometimes) put the girls into bitch mode but with this approach you can't really "reject" a question by somebody who has already disqualified themselves at the same time by the nature of the question.

redpillschool • 4 points • 30 September, 2016 01:16 PM

It's called "pacing their reality" By linking what you're saying to what they already believe and see with their own eyes then it's more likely to be accepted (tailgating again) but this time it adds gravitas to the frame flip.

That's all well and good in theory, but in practice it's called "not calibrating to your target, and coming in at 100." If you assume all women are at bitch level 100, and come in at 100, they'll all get to 100.

virusofthemind[S] • 7 points • 30 September, 2016 01:59 PM

I agree, what you're actually doing is calibrating a reality but a "dual reality". As they're all hot and lots of guys are paying attention there's no denying that fact. That the guys are all looking at one girl is a reality shift and your target girl has to accept the possibility that her interpretation is wrong and it may be true..

She doesn't like the idea (especially with her prime rival) but she has to entertain it. Her brain wants to collapse the frame if it's true so that's why she consciously starts to validate herself to disprove you. If you do accept her validation frame then it's back to square one.

The thing about "bitch levels" is they're only a persona which women have developed to maximise their time and effort on returns (They scare off non alphas).

Your calibration here is that she's DTF and has a sexual rival in her group. On entering you believe 100% that the interaction is going to go the way you want it to.

By having such a strong congruent frame (with the BMIRs to back it up) she calibrates to YOU.

If there's one thing I have noticed about the most successful PUAs it's that they have a delusional belief in their own ability to pick the woman up. Their frame is so strong and so real nearly all women drop into it.

[deleted] • 5 points • 30 September, 2016 04:24 AM

You could soften it, "You know which one I'm talking about."

virusofthemind[S] • 7 points • 30 September, 2016 08:30 AM

Indeed you could which means it would be phrased as a "statement" but not a question. With a

statement you're defining the reality (as you're the one with the higher value in the interaction).

If you phrase it as a question then you're suggesting that: This frame is open to debate (which it isn't).

SexdictatorLucifer • 6 points • 30 September, 2016 10:54 PM\*

I thought the same thing. When I played out the scenario in my head, the comment too jarring for the girl and the whole situation is derailed. You have to pull their emotional levers, yes, but overloading them is usually detrimental. Especially so early in the approach. Great post overall, like always, the details can't be universal for every guy or situation.

ReluctantPawn • 7 points • 30 September, 2016 03:07 AM

I read that and thought the same thing. But I think it can be modified to work. I think something like "the one breaking necks over there" gets the same point across while seeming a bit more natural

virusofthemind[S] • 1 point • 30 September, 2016 08:33 AM

Very true: I use "The one all the guys are looking at" because that is how I would naturally phrase it myself.

What's natural to you?

Simple; how you would phrase it if you were talking to another guy you had just got into conversation with.

redpillschool • 8 points • 29 September, 2016 09:00 PM

Done

uniquevoid • 8 points • 30 September, 2016 09:16 AM

Please guys before you all lose your shit remember that interactions may not go as described in this post, real life is different and you have to adapt.

Good post though, the psychological responses are accurate

virusofthemind[S] • 4 points • 30 September, 2016 09:42 AM

That's why I had an end note. If you're following a map and come across a wall that someone has built you still have a map to navigate round it (the principles of why it works).

In human interactions there are always things you can't control so be the willow bending in the wind.

Willkuer\_ • 50 points • 29 September, 2016 10:31 PM

I know this is no science here but as scientist stuff like this is hard to read. You claim really a lot; a huge amount of definitions, premises and implications. And nothing is backed up with references.

In the end your epilog just gives us the most simple theory you made. Next time in the bar we will look at shoes, believe to see something like pointing to some guys (there are guys basically everywhere) and thus believe that everything you said is right. It feels like you explain how to manipulate girls but instead manipulate us.

Was a nice read though. At least it provides the right mindset. And maybe it is even true.

NexusReflexX • 21 points • 29 September, 2016 10:54 PM

Something to try though, regardless of its "credibility" that op creates. try it out and make your own credibility instead of assuming it won't work from the get go.

Too many people want strategies that work but don't actually try it.

When I pictured going up to the girl in heat of the group, and then flat out asking her who her friend is I busted out laughing, cause I seriously want to see the look of mixed emotions the girl in red will go through in a split second. can't wait to try this out

Willkuer\_ • 7 points • 29 September, 2016 11:05 PM

Yeah it sounds like a lot of fun. The whole article is highly amusing. If it works the girl is going through a hell of emotions.

virusofthemind[S] • 16 points • 30 September, 2016 09:09 AM

My original draft did indeed have a lot of links but I decided to leave them out just before posting.

The reason is, there are three types of reader for works like this.

1/ The polariser; they automatically want to disprove post and use sophistry and semantics to do so as "winning" the argument is the only goal (They're passive aggressive to Chad).

2/ The Student; They look up the links with a confirmation bias mindset and internalise the information as chunks to slowly digest. (They're pissed off with Chad and haughty bitches so are upping their game) but they're on the right path.

3/ The Skeptic; They say "This is great!Now I'm going to look for the evidence".

By looking for the evidence themselves they internalise the method way better and also stress test it for their own circumstances to then reach a conclusion (and sometimes come across new stuff which in particular applies to them).

People often doubt things they're told but never doubt what they conclude themselves.

Fire up Google scholar and look up all the "definitions, premises and implications" and see what you think.

If you find anything to the contrary then let me know. I will be thinking "Great stuff now I can improve the method even more!"

waldo888 • 7 points • 30 September, 2016 02:47 PM

I like how you passively called yourself chad!!

Ika- • 1 point • 2 March, 2017 08:55 PM

I highly appreciate your post and thought it was a fantastic read, even sent it to some of my friends.

Nevertheless, I think you should provide links as it would increase the quality of the post even further.

Either way, thank you for the post. I can imagine how fucked up it must feel to hear undue criticism when you put your time and mind into it.

[deleted] • 7 points • 30 September, 2016 01:01 AM

Lots of it is from The Game and Mystery Method as mentioned.

Auvergnat • 2 points • 30 September, 2016 08:01 AM

Game specialists actually work a bit similarly to scientists. They design ideas at home, test it extensively on the field, make a note on how it works, make a couple variations to see if it changes the outcome, and then share with friends for them to test the techniques and confirm how well they work. Then they adopt pseudo-psychology terms for the stuff they found..

[deleted] • 14 points • 30 September, 2016 01:19 AM

and don't look where you touch (it's creepy).

Great tip. Never considered that.

frys180 • 3 points • 30 September, 2016 09:10 AM

Was interesting reading that part. I had a flashback to 2004 when I learned about PUA for the first time. It's one of the things that stuck with me since then.

virusofthemind[S] • 8 points • 30 September, 2016 09:46 AM

Yeah its gold, not sure of the original proponent but it's the definition of creepy and non creepy kino.

Don't think it applies if you just grab her tits though...

[deleted] • 5 points • 30 September, 2016 01:48 PM

I feel like you're a redpill robocop and you have this display in your head that just calculates and beeps and boops and shows you targets, possibilities, info, health, mood and everything of the girl in front of you!

Like one of those deadly killer terminator machines. A pussy terminator.

SetConsumes • 15 points • 29 September, 2016 08:38 PM

Recently learned about feet pointing, it's so utterly insane to see! Fun to see yourself doing it too.

Good post, quite interesting.

virusofthemind[S] • 12 points • 29 September, 2016 09:07 PM

If there's one thing I wish I had known at 18 this would have been it.

Once you see it happening in a pub/club it's unreal. I've pointed it out to guys I've met in pubs who didn't believe me then an hour later they're shaking my hand!

SetConsumes • 5 points • 29 September, 2016 09:37 PM

I wish I had studied body language in general in high school. They teach us so much useless shit, and so many important real life things are ignored.

GlobalWarmingHasCome • 6 points • 30 September, 2016 11:21 AM

Awesome, so now 1 million neckbeards can score with the same 5 girls over and over, every time!!!!

nihilishim • 5 points • 30 September, 2016 02:23 PM

this is entirely way too much effort wow

virusofthemind[S] • 7 points • 30 September, 2016 02:38 PM

Eventually with all these TRP subscribers someone is going to enter a venue where there's a group of super models.

If this is you then you are the chosen one to plant the red pill flag in one of their asses.

You are now prepared.

nihilishim • 4 points • 30 September, 2016 08:10 PM

watch me fall flat on my face



DouglasPR • 5 points • 1 October, 2016 11:30 AM

actually, after you consolidate the technic its no sweat at all. If I describe all the actions to back up a car from a garage it will sound boring and tiresome (open cabinet, remove car keys, point your feet to car, walk....)  
But in reality after you automat the behavior its actually no big deal.

lok narash • 21 points • 30 September, 2016 07:15 AM [recovered]

"Let's see, my feet are at the 1 and...oh my my, my foot at the 5 position clearly indicates luck be a lady tonight!"

"Oh, it would seem m'lady's *Amygdala Feedback Loop* has engaged. After not one but two terse compliments spake ordinally, might I tell the fair maiden she thirdly has very confident, passionate eye contact?"

One of the best posts I've seen in TRP

One of the best theory posts of all time

<http://imgur.com/ZeT2XU9>

BehrGris • 11 points • 30 September, 2016 06:16 PM

Yeah, not to shit on the TRP community but I feel like this is one of the nerdiest posts on how to get a girl I've ever read on here. "Do this, do this, then say this, but only if she's wearing red".

This post seems like a gameplan that guys who can't get hot girls interested in them and are afraid of rejection would use. Have you ever been to a club and partied with drunk girls? If you have, then you'd know that a huge part of nightclub game is the element of *randomness*. You may not event get to step #20 because of a number of reasons out of your control.

Instead of going to the club trying to memorise a step by step chapter book you read on TRP , focus on how to think, behave, and act. Be open to rejection, and unaffected by the environment

Auvergnat • 4 points • 30 September, 2016 08:05 AM

hey there game denier. Tell yourself this: if the mods and ECs that so consistently bring up the best content in this place tells you that this is awesome content and you don't see it, should you just leave or, you know, try to understand why they say that?

DonPivotal • 4 points • 30 September, 2016 04:47 AM

Foot pointing is sheer gold. Discovered it few years back, changed the game for me. Also girls will stare back at you through their peripherals, you can literally lock a girls eyes when she's not even facing you, but you can see her pupils move and focus dead-on your stare back (through peripheral vision).

virusofthemind[S] • 5 points • 2 October, 2016 11:45 AM

Girls have a greater range of peripheral vision than guys. It evolved for when the women used to stay at the camp while the men were out hunting. A greater visual range made it easier to spot potential hazards. The men didn't need it as much as their main concern was binocular vision for hunting and calculating range and trajectory.

Even to this day men have greater tempero spatial ability than women.

J\_AsapGem • 5 points • 30 September, 2016 08:41 AM

dude i'm not even finish reading this yet, but i had to comment, this is absolutely amazing stuff my mind is completely blown. I would really like to see more of your articles in the future bro, i love the way you used the law of reciprocation and consistency in this article people have no idea how powerful consistency is i've been

practicing this in my daily life recently trying to really get it into my default frame of mind, it's like when you give someone an image they try their hardest to maintain it, as you said in the article " you're a friendly girl " she was unconsciously maintain this image that you place on her, nature doesn't lie and the laws of influence doesn't lie, looking forward to see more like these soon.

virusofthemind[S] • 5 points • 30 September, 2016 09:33 AM

Cialdini is the godfather of this type of thing. "The consistency" dynamic is the "state titration" where one thing leaks into the next one. If you break consistency then you're breaking everything which came before it and that's a lot of dissonance to do so. The brain doesn't like dissonance at the best of times but when emotional loops are running it takes something really big to trigger it.

[deleted] • 7 points • 30 September, 2016 05:24 AM\*

Are other girls supposed to just sit/stand and do nothing?

Ben\_Eszes • 9 points • 30 September, 2016 02:23 PM

That's exactly what I was wondering. I can't seem to imagine what's happening while you're doing all of this 1 on 1 with the girl. Does her group just look awkwardly at you?

[deleted] • 3 points • 30 September, 2016 02:40 PM

It would be great if OP could reply.

virusofthemind[S] • 3 points • 30 September, 2016 03:22 PM

I replied to another poster who asked the same question dude, it's not as if you're sitting at the table at a tea party when you use it.

theONE843663 • 0 points • 1 October, 2016 02:49 PM

It's a Fucking club you can barely hear shit in there. This environment is designed to do shit like this.

JoRockStaR • 3 points • 30 September, 2016 03:10 AM

Anyone have Good article on foot pointing please haha?

virusofthemind[S] • 5 points • 30 September, 2016 09:24 AM

It's Friday night tonight. You're doing a field trip instead. To those guys who are out this weekend to the pubs and clubs watching for this it's going to be an eye opening time.

Mind you; if you're going to a place with regulars keep the information to yourself and resist the urge to pass the knowledge on. This is a big edge in your game.

bigcitytruth • 3 points • 30 September, 2016 04:35 AM

Excellent post. This is hardcore PUA tactics, folks. So many on this sub are quick to dismiss PUA, but this is a great example of how deep PUA tactics go hand-in-hand with TRP.

waldo888 • 3 points • 30 September, 2016 02:50 PM

This is cool. Its really similar to the script for neuro-linguistic programming. Rapport, Confusion, Implant.

virusofthemind[S] • 6 points • 30 September, 2016 03:10 PM

It's a newer model devised by the guys who develop strategies for influencing public opinion on internet

forums. The Snowden releases were a gold mine for persuasion engineers around the world.

It's known as the ASIA model.

**A**ttention. **S**suspension (of critical factor) **I**nsertion (of frame, idea or state) **A**ctivation (of frame, idea or state)

I broke down the methodology and incorporated into social engineering methods I was familiar with then refined and improved it for PUA (as you do).

jelqing\_elk • 2 points • 1 October, 2016 02:52 PM **[recovered]**

I always have an ambiguous reaction when reading a post about game theory like this one.

On the one side it is correct that social interactions with women can be steered to get a favourable outcome; a hook-up.

On the other side it is well established that women only tend to have hook-ups with men that possess cues of very good physical condition like a high degree of facial aesthetics and manly features. Short-term partner choice in women is focussed exclusively on attributes of male facial masculinity and aesthetical facial features. Men with very aesthetical faces have a halo of desirable traits like health, confidence, manliness, responsibility, intelligence, etc...

Game theory implies that behaviour 'good game' can overrule hard-wired biological preferences in women's mate selection.

Above average to below average faced guys (probably +85% of men in the sexual market place) are sexually invisible to attractive women looking for a short term mate. Talking to them will never result in a positive outcome that leads to sex. Most behaviour of average men goes totally unnoticed and if one of these men approaches a very attractive woman with game strategy, he will not be perceived as desirable at all. She will not have a positive perception of this behaviour, since women's expectation is that men behave and act according to the value they ascribe to a man primarily based on appearance.

If she is not attracted to you to begin with, she will never be. Attraction cannot be negotiated. If you have the looks however, game can potentially benefit you by steering clear of some of the pitfalls social interaction with the aim of sex has.

Btw OP where is this magical place of clubs filled with groups of 9's and 10's? I have been to some of the biggest clubs here in Europe, but I have never seen clubs exclusively filled with super model looking women...

virusofthemind[S] • 4 points • 2 October, 2016 08:19 AM

This is a great reply!

Women hook up with guys because of the "value" they ascribe to them of which facial aesthetics is only part of the equation. You're right about the "Halo effect" in this respect.

With average girls a guy's aesthetics are very important and do have more of a slice of the attraction criteria than a super hottie would give them. (but not as much as a man would value them in a woman as we're 90% looking for good genes for our children).

Average girls get the advantage of a status boost with their peers if they land a very handsome guy which makes them value them even more.

With uber hotties their entire reality is handsome guys, the criteria is so common it means less to them than their more challenged 5's-7's etc.

My post is a way of getting access to such girls in a way to go under the radar of super refined bitch shields and then show the other traits of attraction which get their pussies wet.

I would say I was about a 7 in looks but I've seen actual supermodels with guys who were 5's at best. It's not all about looks but guys project what's important to them onto women in a false equivalence.

Some might say my post was "cheating" but I say: It's just showing how to play the game well.

TrueFacets • 2 points • 30 September, 2016 01:18 PM\*

This whole interaction does not take longer than 5 minutes.

1. If you approached a standing group of 5 girls, do you just do this interaction while the four other girls are listening ? If yes:
2. How can her reaction be sincere while her firends are listiening to her getting emotional ?? (isnt there a "omg what does this guy want" attitude/shield from her)
3. Also, in the beginning when you say to your target that her firend is the "hot one" who every man wants. The "Hot One" (who my be the most horny too) will without a doubt start to interact with you at some point while you try to make the whole emotional rollercoaster thing with your target, how do you deal with that ?

Or is there quite a bit of filler talk with her and the group between each step ?

virusofthemind[S] • 1 point • 30 September, 2016 02:11 PM

1/ You don't want the leverage girl to hear but it's ok if the others do but bear in mind they're going to group validate themselves and you can't lock down.

2/ Same as above but it's not as if she's gnashing her teeth and pulling her hair out.

3/ I use that situation to amp up my bounce strategy to the next venue. It's usually target girl who suggests it when #1 rival begins to weave her wiles with "her guy" though.

stay\_anon\_stay\_safe • 2 points • 2 October, 2016 03:36 PM

holy shit this post is fucking WILD, you are blowing my mind over here.

It's amusing reading onto some of this stuff and going *"aaaah so that's what happened that one time"* jesus

ChickenBalotelli • 2 points • 2 October, 2016 04:50 PM

Dude. Thank you! Dunno what motivated you to provide such quality material to us the unworthy; but Thank you.

virusofthemind[S] • 4 points • 2 October, 2016 04:52 PM

Anyone who finds TRP is worthy, guys find it for a reason.

ITHOUGHTYOUWAST • 2 points • 2 October, 2016 06:17 PM

Would it be too much to ask for some sources anywhere? You talk a lot of the people who developed this and that. Can we get names or studies of any of this being used to influence people?

vacuu • 2 points • 2 October, 2016 09:06 PM

This post is High Technology

ChickenBalotelli • 2 points • 4 October, 2016 11:37 PM

Hey; the only thing you don't cover is how you get the woman to start qualifying directly after you ask about her

friend. I mean; she could easily start actually trying to set you up with her friend

But, this would help knock her down a peg if you act like you're about to hit on her, and then immediately ask about her friend like you're saying. But that still doesn't make her start qualifying herself. Maybe just in her mind she has those questions.

What comes to mind is asking her what makes her a better choice than her friends. Any other ideas?

[deleted] • 12 points • 29 September, 2016 10:59 PM

You gotta be pretty fucking thirsty to read all that. Im good bro, but thanks.

UntraceableRP • 19 points • 30 September, 2016 12:37 AM

There was much more to gather from the post than how to get laid. It was a stellar machiavellian write up if anything

metalhead4 • -7 points • 30 September, 2016 12:29 AM

That's what I thought ahaha. I mean Its probably a lot of good tips, but come on. I'd rather just talk to chicks than read that and try to apply it.

[deleted] • 6 points • 30 September, 2016 01:54 AM

Sure, it's about women...but there is a lot more being said.

[deleted] • 2 points • 10 October, 2016 04:57 PM

yeah FUCK reading

illiteracy for the win

what have intelligence and knowledge ever been good for?

JorixKienu • 1 point • 1 October, 2016 05:06 PM

It sounds like a great plan, really. Something no man has tried before. Go do it, someone has to.

Timeleap • 5 points • 29 September, 2016 08:28 PM

Very informative and interesting - that's how a quality post looks like. Thanks for sharing your knowledge! Could you please tell me your sources; I'd like to read more about it.

supremelummoX • 3 points • 30 September, 2016 01:45 AM

This is the most scientific paper on human psychology I've ever read.

graffix13 • 2 points • 29 September, 2016 07:13 PM

Great post. I love this line:

We're running a pure attraction loop

Ha. I guess I employ a kind of dumb down version of this with moderate success (usually due to me fucking up something) but the main point is that I always single out the 'leverage girl' and go from there. Of course, my actions and methods weren't nearly as defined as your post but this definitely gives me a blueprint on what to fix.

globst • 2 points • 29 September, 2016 11:37 PM

Great post. This is what I come to TRP to read. Thanks.

Soarinc • 2 points • 30 September, 2016 12:57 AM

I read your whole post -- why can I remember this stuff so easily? The same type of explanatory phenomenon in any other school subject requires excess amounts of adderall and caffeine but this is just brilliant. Great post!

CosmicParadigm • 2 points • 30 September, 2016 04:24 AM

Quite dangerous information we have here.

The good kind that is.

[deleted] • 2 points • 2 October, 2016 03:20 AM\*

Wtf is this? There's more planning and pre-thought in this post than a fucking CIA political coup....

Seriously? Maybe because I've been hitting on women for years but this seems so overcomplicated and convoluted. Most guys on this sub are overanalytical betas who think about every step of an interaction instead of living in the moment.

When I spit my best game is when I'm not even thinking about shit I'm just going with the flow.

I would give the advice for most guys on this sub to get OUT of their heads not deeper into them.

Of course this is being massively upvoted by the nerds on this sub who read more about game than actually applying it and love to theorycraft and get analytical...

virusofthemind[S] • 8 points • 2 October, 2016 07:59 AM

"Maybe because I've been hitting on women for years but this seems so over complicated and convoluted."

Bullseye dude. It's because you've internalised what has worked for you in the past and refined it to your identity so much it is your identity.

This post isn't at all complicated as the core principles are simple. Another poster came up with the metaphor of all the steps you have to take to park your car in the garage like; brake, gas, clutch, opening drawers, taking keys out the ignition etc. Sounds way complicated like that, but all of us do it nearly every day.

It's the same with this. I wrote it as a "tool kit" reference for the Red pill guys on here, but also for the guys new to RP who have seen the light and endured the anger phase and want to hit the ground running.

Like you say "When I spit my best game is when I'm not even thinking about shit I'm just going with the flow." Thing is though dude you have game: some guys don't.

For those guys....

Here's how you park your dick in that hotties pussy.

[deleted] • 1 point • 3 October, 2016 03:19 AM

Fair enough. I'm no "game master" but I've probably taken for granted what it took for me to get to where I am now.

That being tons of reading about PUA theory and getting girls as well has hundreds of approaches and rejections.

[deleted] • 1 point • 30 September, 2016 04:54 AM

Bravo, this is an absolute masterpiece. I am extremely interested in this kind of Applied Psychology, could you recommend anywhere where I could read more?

Auvergnat • 1 point • 30 September, 2016 08:08 AM



Well fuck.. What a glimpse into advanced Machiavellianism! Awesome!

J\_AsapGem • 1 point • 30 September, 2016 08:52 AM

Have you read anything that Kevin Hogan has written? He has a YouTube channel on some of the stuff you are talking about.

virusofthemind[S] • 3 points • 30 September, 2016 09:29 AM

Yeah I have all Kevin Hogan's stuff, it's applied to sales but so many uses for attraction management too.

furnicul • 1 point • 30 September, 2016 12:44 PM **[recovered]**

Great post, short question though. You are talking about approaching a group but then focus all the interaction on one girl. Other girls in the group already noticed you there and will pay attention to what you say. So, in my mind, your opening line "who's your friend?" will already lead to that person starting to pay attention to you, even if you just nod towards them.

virusofthemind[S] • 4 points • 30 September, 2016 02:05 PM

Good question. If there were 4 girls all sat round a quiet table and you used it then no it wouldn't be suitable. Luckily pubs and clubs are usually noisy and groups tend to get into one on one conversations and lots of distractions in the background.

The funny thing is: I've used this method a few times and most of the girls with my target didn't pay any attention to my approach as due to the matter of fact non nervous way I did it they assumed that we knew each other.

Lawojin • 1 point • 30 September, 2016 05:18 PM\*

This is amazing stuff, good job!

In my own journey I am taking massive action, approaching a ton when going out. Having lots of fun, building kino and try to not lean in, and invite her to move closer to me (in a club with loud music I won't lean in to her ear when I speak. She will lean in towards me to hear me)

But I feel that if I want to improve I need to learn and practice some more techniques To iron out some minor flaws and not get in my own way

So far I've learned techniques basic and advanced. But no real framework to place them in. They're not part of a bigger picture so to say. And I feel like I'm missing some of the basics.

LaRedPill • 1 point • 29 September, 2016 08:43 PM

I'm totally translating this mofa

BlacknOrangeZ • 0 points • 30 September, 2016 12:29 AM

Jesus Christ... I don't know whether to laugh or cry.

[deleted] • 0 points • 30 September, 2016 02:20 PM

L-FUCKING-MAO. Pretty sure less than 0.001% members of this sub will try this. Love psychology and knew most of this stuff but Club game is always funny to read. Next time make it more easy to understand for non native speakers. Gr8 post

BusenitzBoy • 0 points • 30 September, 2016 11:38 PM

Lol fucking noobs. Go ahead and approach that girls night out group, waste all your fucking time and get reeled

into buying one or all of them drinks, having to listen to all their yappy bullshit, only to get cucked and chucked at the end of the night when they all pile their sweaty drunk asses into a Uber van, never to be heard from again. retard. lol

the sweet spot is pairs of two, and solo sluts.

samsmith67 • -6 points • 29 September, 2016 06:19 PM

There is this chick i keep running into in the bars i go to othat i want to smash. She always seems to have a 'taylor swift like girl squad' with her.. i went up to her last week while she was standing there with her cock blocking buddies and said directly to her: "I've met you before.." Cause i have met her before and i knew she did not remember me. She shook her head 'no' a few times so i blurted her name to her and a big smile came across her face while her friends had surprised looks. Then i just turned and walked away from them all like it was nothing.

Then i fucked up....

10 or so minutes later as im watching a pool game by the bar i see her alone there waiting for a drink... i looked at her for a sec and then looked away, then some other guy was trying to chat her up so i just turned away again... 20 sec later i get the gumption to go up to her but i see her already heading away with her drink. I looked around to find her but could not... oh well.

RedMoonAscendant • 7 points • 29 September, 2016 11:45 PM

Weird, dude. Don't do that anymore. Any of it.

Redpillwhiterabbit • 5 points • 29 September, 2016 11:32 PM

So ended the line of samsmith67...

and there was much rejoicing.

frys180 • 2 points • 30 September, 2016 09:16 AM

"and a big smile came across her face."

BehrGris • 1 point • 30 September, 2016 06:13 PM

Put yourself out there. Ask her for her number or a date or something. Get rejected or accepted, none of this safe middle ground bullshit.

Outlo • 0 points • 29 September, 2016 09:38 PM

What is best strategy with R girl, how do you open her allowing yourself in a group ? Because she is the one that wants most attention from other man and other girls see her as a threat and will try to cockblock you.

J\_AsapGem • 0 points • 30 September, 2016 08:58 AM

Question though bro, how do you implement these things? i mean i understand the theory of it all and i really a lot of psychology stuff but i find it hard to implement, my mind wonders in conversation and i find myself in "autopilot " mode, if you have any tips would be awesome.

virusofthemind[S] • 3 points • 30 September, 2016 09:38 AM

The tip is; instead of saying "How can I apply my reality to this" you say "How can I apply this to MY reality". The things which work best for you will stick and once they become solid even more things will stick to that too.

sepaug-oct • 1 point • 16 November, 2021 06:31 AM

This is the redpill for academics :) nice work really, imma give it a second read