Excuses. Keep them to yourself.

May 25, 2017 | 34 upvotes | by Viking_RnP

I see too many people making excuses for their behaviour. Even the simplest of actions procure an excuse. You may think you are reasoning with somebody as to why you did what you did, but in actuality you are just kicking dirt over the grave of your competence. Even the slightest breeze reveals the truth.

I know why we do it. Other people know why they do it themselves. It's an attempt to justify our actions. It's a defensive mechanism that develops comfort. If I have a suitable reason for my mistakes then they are no longer mistakes. We are victims of coincidence. Victims of the situation. Otherwise, you would not have made a mistake, right?

It's like getting pulled over by the police and your car reeks of dope. You might risk offering him some cash to let you go on your way. Maybe even a big bag of dope. Double down on the consequences. Hoping for that big pay out. Thats what you are doing, except nobody can buy anything with your bullshit. It has no substance or value. You will always lose.

Maybe it's just not a good day. We had a headache for the last 2 hours and my work space is just too warm. We left a stressful home and our minds are distracted. Nobody cares. Keep that information to yourself. To admit such is not only annoying for others to hear, but exposes your weaknesses.

We fuck up a lot. We all make mistakes that in hindsight could have been avoided. It is possible to express these revelations without using them as a defensive mechanism. Next time you make a mistake and that excuse comes bubbling up from inside. Swallow it. Own the situation and take responsibility. You can just say "I made a mistake." It gets the point across quickly and efficiently. Nobody will pester you for a reason. Your admittance of guilt is all that is required.

If you are late for work then you are late for work. Your 25 minute story about your dumb ass dog taking a shit on the carpet last night because it ate some bullshit out of the trash. Then you spending a half hour trying to scrub the stain out before you leave doesn't make you any less late for work. Now your boss knows your late and you can't even keep a dog from fucking with you.

Comments

MisterRoid • 14 points • 25 May, 2017 07:16 PM

I agree entirely. However, from my experience it's better to not even acknowledge mistakes at work - or at all - to begin with. I typically just say "ok" and carry on as if nothing happened if it's pointed out. I started getting more respect at work when I adopted that attitude.

> [deleted] • 7 points • 25 May, 2017 08:54 PM
>
> But then you get those fake alpha fucks who see a moment for a mini power trip who try to belittle you by asking why you did it, why didn't you do something else, etc. instead of just accepting that you acknowledge it and won't do it again.
>
> > Desadarius • 5 points • 26 May, 2017 02:58 AM
> >
> > Then you ignore it. If they aren't your superior, you have nothing to worry about.
> >
> > > TaxationSucks • 3 points • 26 May, 2017 07:39 PM
> > >
> > > The power of indifference is a lost art.

yummyluckycharms • 10 points • 25 May, 2017 08:05 PM

What?

Boss - reid - you fucked up that sales meeting!

Reid - ok, carries on as if nothing happened

Boss - You think its ok - guess what - you're fired.

If you dont acknowledge that you made a mistake, I would fire you in a blink of an eye. I want to hear your reasons why you fucked up, and then, I want you to say that you learned why it was a bad idea and that you'll make sure it doesnt happen again. Going super autistic on me or any other manager is career suicide

> Desadarius • 9 points • 26 May, 2017 03:00 AM
>
> And this right here is another reason I'm an independent entrepreneur.
>
> [deleted] • 2 points • 25 May, 2017 08:55 PM
>
> If you need that little power trip then go ahead. If you can't accept "okay, won't happen again" from someone who doesn't let it happen again then that's an issue with you.
>
> MisterRoid • 0 points • 25 May, 2017 08:46 PM
>
> You are not my boss, so what you would do is irrelevant. I should add that "ok" is the most I will say. I usually ignore criticism at work altogether and don't respond at all unless pressed for a response. But then I can easily get a new job within my line of work if I'm fired.

insanestratt • 1 point • 25 May, 2017 07:33 PM

Mind elaborating on how your stance differs from OP's? I'm interested to hear.

> MisterRoid • 1 point • 25 May, 2017 07:42 PM
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> He says that you should admit making mistakes. From my experience that's a mistake and will make

others treat you worse.

> Doogaru • 6 points • 25 May, 2017 08:05 PM
>
> It depends. If you actually fucked up, I think you should have the decency and respect to admit it if you're confronted about it. A man's strenght is also about looking at himself in the mirror and admitting his mistakes. Not saying you have to be a wimp about it thought, just act honorably.
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axeAce90 • 1 point • 27 May, 2017 02:10 PM

Great post. I read a book called Radical Honesty by Brad Blanton. Excellent approach to life. Being disgustingly honest with yourself - and others. Don't beat around the bush. Don't sugarcoat the truth - just tell it. Tell it to yourself and do the same with others. If you don't like something or someone, say it, tell them. Don't ruminate over if you should say something or even worse HOW you should say it. Just tell the truth. I started writing down truths about myself, about things in my life, and it's an awesome feeling. You feel the veil being lifted...you no longer feel burdened by the lies (even little white lies) that you tell yourself on a daily basis. Drop the bullshit, the excuses which are really just lies, and be radically honest about everything. You shall not regret it.

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