

# MGTOW - Saving Men from the Greatest Regret in Men's Lives

200 upvotes | 7 June, 2019 | by banned\_by\_cucks

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## Top five regrets of the dying

A nurse has recorded the most common regrets of the dying, and among the top ones is 'I wish I hadn't worked so hard'. What would your biggest regret be if this was your last day of life?

### 2. I wish I hadn't worked so hard.

"This came from every male patient that I nursed. They missed their children's youth and their partner's companionship. Women also spoke of this regret, but as most were from an older generation, many of the female patients had not been breadwinners. All of the men I nursed deeply regretted spending so much of their lives on the treadmill of a work existence."

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Archived from [theredarchive.com](http://theredarchive.com)

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## Comments

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-Governator • 63 points • 7 June, 2019 07:19 AM

This small piece is actually insufficient. The full list is:

1. **I wish I'd had the courage to live a life true to myself, not the life others expected of me.**
2. **I wish I hadn't worked so hard.**
3. **I wish I'd had the courage to express my feelings.**
4. **I wish I had stayed in touch with my friends.**
5. **I wish that I had let myself be happier.**

Can you see that MGTOW is basically trying to help you to live your life without these five regrets? While #3 is a bit tricky (it seemed to be not about feelings and dropping your SMV, but about realizing your potential), the rest clearly are values promoted by this community.

MGTOW - by men, for men. Find your own way and don't have regrets, gents.

[deleted] • 20 points • 7 June, 2019 07:48 AM

The MGTOW version of #3 would be:

"I wish I'd had the courage to respect and follow my feelings when it would have benefited me."

Unlike women who emote to cope, feelings to a man should be his a compass.

-Governator • 2 points • 7 June, 2019 08:38 AM\*

True, but I do remember reading a more detailed article about this and the #3 is just not expressed properly. AFAIK It was about realizing the potential, for example - regretting that you did not learn how to play the guitar or that you never became an astronaut.

What you described is a truly good rule, but personally, I don't think it would be in top 10 of my regrets.

Basically, not chasing your dreams eventually catches up...

RationalMenWin • 2 points • 7 June, 2019 02:51 PM

This sounds like terrible advice. Feelings are a terrible guide by themselves.

A man's mind should be his primary and strongest tool in determining his actions.

Feelings work so well for women because they can use them to manipulate others. Men don't have that luxury.

[deleted] • 1 point • 8 June, 2019 05:22 PM

Nah it should be.... don't get married.

[deleted] • 1 point • 9 June, 2019 11:02 PM

That's number 1.

Sneakybobo • 14 points • 7 June, 2019 09:16 AM

#3 can be restated as: I wish I'd had the courage to admit my own feelings to myself.

scruffyshoulders • 4 points • 7 June, 2019 10:47 AM

For #3 I'd change it I wish I could have shared my feelings without them being used against me.

-Governator • 1 point • 7 June, 2019 11:01 AM

Brother! I'll tell you a secret... Hush hush... There's around 50% of world population you can talk to! Obviously, it's not perfect, but it's not terrible either. Talk to your friends, the dudes, not dudettes. You can't share your feelings with your friends? Look for better friends!

Some time ago, I felt embarrassed to say that I can't eat something - else I'd paint the whole bathroom in brown. Now I can - and we can have a good laugh about it. Why? Because most of my friends aren't from the professional or social environment anymore, they can't really use anything against me. My friends won't go rattling that I don't ever intend to marry to my family or "family friends" - because they don't know them. Think what kind of friend a guy is and interact appropriately.

U-94 • 2 points • 7 June, 2019 04:21 PM

1. I wish I didn't rush into marriage and children just because that's the cultural norm
2. I wish I hadn't been forced to spend my best years earning money for other people
3. I wish I could've told my wife I was no longer attracted to her
4. I wish I had stayed in touch my friends because I was only happy hanging out with them
5. I wish I could have admitted the last 4 things to myself instead of society dictating otherwise

beenthere789 • 1 point • 7 June, 2019 03:20 PM

Well done Sir..

ConstantChinner • 22 points • 7 June, 2019 06:54 AM

Men work hard to provide for their wives. Wife complains, (even though she LOVES spending HIS money), get bored, cheats and divorce rapes him.

Ah what a world.

Shimakaze4 • 18 points • 7 June, 2019 09:57 AM

No man lays on his death bed wishing he'd worked more.

caem123 • 4 points • 7 June, 2019 03:27 PM

what about failed actors who gave up too soon?

Docbear64 • 2 points • 7 June, 2019 05:35 PM

I think the key is understanding the value of your time . Every minute you live you make a choice on how to spend that portion of your life . Make sure that the portions you of your life you do spend are spent on endeavors that you find value in .

Not just suffering to be able to survive but spending time in something that hopefully nourishes you in some way .

Nothing wrong with working hard , but your life shouldn't be composed only of hard work ...that's not living at all .

[deleted] • 15 points • 7 June, 2019 12:41 PM\*

Women: but studies show males are better off married

Males: so they are happier?

Women: no, but they move up the economic ladder and earn more money

Males: but what if they are not happy?

Women: I don't see a difference

U-94 • 5 points • 7 June, 2019 04:22 PM

Yeah some Rockefeller scam group probably funded those studies

[deleted] • 11 points • 7 June, 2019 07:41 AM

They speak of missing their wives companionship.. herein lies the conundrum: had they not worked like chattel slaves, their wives wouldn't have stayed with them.

DangZagnut • 7 points • 7 June, 2019 07:43 AM

Or skip all that shit, work hard, retire early. **Then**, if you're going full retard, get married *after* you've accomplished your goals. You don't hamstring yourself in your twenties coming out of the gate.

BiffBiffBiff27 • 10 points • 7 June, 2019 08:25 AM

There's no guarantees retiring early will work for everyone.. life happens. Also no guarantees you'll be satisfied with that when you get there.

eduardkoopman • 3 points • 7 June, 2019 08:59 AM

This,

Plus postponing "pleasure" for after retirement. I guy reminded me (whom lived in a holiday destination); that the things you can/will enjoy when older are different (probably less) then when you take free time to enjoy as a youngster.

For example,

\*free time when old and enjoying consists often of: hanging with older people, no energy to do much (hiking, partying, visiting), more easily tired or sink from things/food/etc.; less invited for social events.

\* free time when younger and enjoying often has the options of: hanging with younger people (usually they are more social), more invites for social activities, can do more (physically speaking) exciting stuff, more energy to do things, more options for random sex with attractive younger women,.

So that dude pointed out to me, that free time for enjoyment in the younger years is more valuable (or has a better return) then the older years. It made me rethink my idea, and my common nature of postponing pleasure for the future, if I might not be wrong about this approach.

[deleted] • 3 points • 7 June, 2019 03:39 PM

I regret getting married

throwawaysarenok • 1 point • 7 June, 2019 03:55 PM

I wish I hadn't worked so hard.

This is not true. I would rather trust the advice of a multi-millionaire than a nurse:

<https://www.youtube.com/watch?v=pukR5StzgaA>

oliver\_21 • 1 point • 7 June, 2019 06:06 PM

I believe every man's regret on their death bed is.....

**I wish I tried**

Don't be every man on their death bed.

**FUCKING GO TRY!**