

# Establish frame by giving less fucks

November 15, 2017 | 683 upvotes | by [\[deleted\]](#)

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"You know what my superpower is? I don't give a damn, I could care less what they say about me, I could care less. It's about action."

This Steve Bannon quote caught my eye.

I read it and immediately *felt* his frame. The man is literally giving his enemies the secret to his strength yet none can retaliate.

A man's frame is the foundation of his SMV. Yes, good hair, muscles, money and intelligence are helpful. Its also helpful to start on first base with a walk and steal second and third but you could easily be stranded without scoring. In the long run, you need frame to score.

I lift heavy and do yoga on my recovery days. I'm getting a bit grey and need the flexibility and range of motion to stay injury free. The classes are mostly women and feminized men. Yea..they chant, have hipster beards and barettes in their hair. I leave my MAGA hat at home.

Anyways, there is a guy who comes every day. At least 6ft 3. Abs like cobblestone and his arms are guns. Guy has wavy curly hair and I'd put at 33 so max physical SMV zone.

Think the milfs and heel wearing careerwomen like him? Fuck No.

Why?

He sashays into class and apologises if late because his dog was cold and he was cuddling the mutt. He loudly protested one of the instructors doing some photo shoot because the sponsors were "Bros"

This guy isn't gay. He hit on my wife her first time there. I watched smirking and it was cringeworthy. He beelines after class and asked her if she was new and begged, yes begged, her to return because yoga makes you feel so gooooooooood! He couldn't take a hint that he was making her uncomfortable (debatable if my presence or his supplication caused the discomfort) and kept talking. And talking.

Back to frame.

Your boss should be afraid you may quit. Your woman should fear being replaced. Your kids (or nephews, nieces, young cousins whatever) should adore you because you make them feel safe and strong. It's the strength and power you radiate that draws people in like moths to flame.

If the above *doesn't* describe you then you have more work to do.

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## Comments

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beenlurkingfordays • 1 points • 15 November, 2017 03:07 AM **[recovered]**

As much as I've read over and over again the same message as you're sending.....that last bit about boss, girlfriend etc. really struck home. Thanks

[deleted] • 60 points • 15 November, 2017 03:09 AM

all the best, it's definitely in you to have the money, physique, and women you want. Lesser men have done it

beenlurkingfordays • 1 points • 15 November, 2017 03:13 AM **[recovered]**

I've been following for almost two years now and have made tremendous progress. Wasn't as BP as most seem to have been (lifted beforehand and wasn't horrible with women), but the amount of discipline these little stories/help has given me is astronomical

[deleted] • 12 points • 15 November, 2017 03:15 AM

If you have the inclination one day and share your story than tag me as I'm curious to know

hgtufhtfu • -10 points • 16 November, 2017 08:29 AM

I am your boss an you are a replaceable cog to me

I am a finance lawyer at a top Chinese bank- you have literally no idea what I do or how I do it- if I get fired my golden parachute is \$10,000,000

I got this by being smarter then you, by going to better schools then you, by being better then you-

I hire people like you to spot me at the gym and they try to convince me that they are entrepreneurs who have fitness brands and if I could buy some of their Herbalife shakes it would really help(also they have some steroids for me if I want to make those REAL gains)

There is nothing in you but failure and eventually you will kill yourself on a combination of painkillers and heroin

I laugh at you poor man

I laugh at your poverty, I laugh at your delusion, I laugh at your failure

iam187 • 4 points • 17 November, 2017 10:49 AM

Nice of you to find time to beg for attention in this sub. I hope you will earn 10 times as much in the future. Be sure to keep us posted.

Villager723 • -39 points • 15 November, 2017 04:55 AM

Yes, spending the rest of your life making your wife fear for her relationship is the key to happiness.

(/s, just in case it's not obvious)

[deleted] • 70 points • 15 November, 2017 06:19 AM

Actually, to be accurate, I spend my life doing what I want with a healthy dose of permanent self improvement and THAT creates the fear she may lose me.

But you couldn't know that because you have relationships with women as the centerpoint

zonbie11155 • 25 points • 15 November, 2017 11:54 AM

Hey there! You must be new here. Feel free to read some of the valuable sidebar content before posting again.

legitimateusername4 • 32 points • 15 November, 2017 01:01 PM

You're right, she should be comfortable. Comfortable women always go the extra mile to stay sexual and in shape .

(/s, just in case it's not obvious)

Torabor64 • 19 points • 15 November, 2017 06:59 AM

No, it's just the key to a long and healthy marriage.

untonyto • 15 points • 15 November, 2017 08:01 AM

No making your wife fear for her relationship is only the key to relationship happiness. For happiness in other life sectors you MUST make everybody else fear everything else about you.

FinancierGuru • 71 points • 15 November, 2017 05:53 AM

"Your woman should fear being replaced."

RemyBuckington • 9 points • 16 November, 2017 02:46 AM

Hit me even harder when I read it again here.

MagicCharles • 48 points • 15 November, 2017 03:33 AM

Any advice for guys like me who have a strong frame during interactions, but have a hard time achieving this level of carelessness?

[deleted] • 94 points • 15 November, 2017 03:40 AM

What have you got to lose by trying it? Willfully piss someone off and see what happens. Be a selfish prick a few times and see if the world ends

SirKolbath • 36 points • 15 November, 2017 05:28 AM

What have you got to lose by trying it? Willfully piss someone off and see what happens. Be a selfish prick a few times and see if the world ends

Take it from me: it'll keep on spinning.

Psychocist • 7 points • 15 November, 2017 05:19 PM

Yep - that was a bit of a game-changer for me -- the way I didn't lose friends, but was actually respected more by being a selfish, arrogantly confident guy.

SirKolbath • 7 points • 15 November, 2017 06:48 PM\*

Yep - that was a bit of a game-changer for me -- the way I didn't lose friends, but was actually respected more by being a selfish, arrogantly confident guy.

I think the big trick is to be that confident, slightly arrogant, tinted-with-selfishness guy without being abusive. You can take no crap and be firm in your convictions and statements without being a nuclear asshole who drives people away. This is where amused mastery has helped me in

aspects that have nothing at all to do with women. Dealing with corporate-level customer service, for example. No matter how you got screwed, getting angry doesn't fix the problem.

We love to say that TRP is male sexual strategy, but, you know what? It fits so much else in the world that it can best be described as *male life strategy*.

buddhadarko • 14 points • 15 November, 2017 02:46 PM

This right here is great advice. It's concise, but also deep.

We worry a lot about what people will think about us, and we often think that things will come crashing down if we don't adhere to society's standards, no matter how unreasonable and completely ridiculous they actually are. Most "standards" have very little merit, and they often only serve others instead of yourself as an individual. It's important to be a part of a team, a working unit or group that moves towards something better; but we also have to stop and look at how much we're losing ourselves for the benefit of others who could give two chicken shits about us.

Like you said, be a selfish prick a few times. What's going to happen? Well, so long as you're not harming anyone, you stand to establish a new precedent among others. You are telling them that you're aware of your needs and you're not in a position to completely cave and compromise for the sake of pleasing others. You're telling them that you don't have time to stop and coddle them and make sure they like what you said or what you did, because it doesn't matter to you. They are responsible for their own happiness.

Push boundaries. Stand tall. Don't take shit from anybody.

The world will still be spinning. The oceans will still churn and flow. The birds will still fly, and your frame will get stronger.

[deleted] • 9 points • 15 November, 2017 03:21 PM

+1

Most "standards" have very little merit, and they often only serve others instead of yourself as an individual.

\_MysticFox • 1 points • 19 November, 2017 02:57 AM [recovered]

Yes but there's a fine line between being a dick and an autistic. A blurry line at that. What happened to preserving reputation?

buddhadarko • 1 point • 19 November, 2017 11:02 AM

That is where self-awareness comes into play. You cannot be totally oblivious to any potential dangers your actions might bring about. But, you can operate with an air of autonomy and individuality without destroying your reputation.

sketchyuser • 1 points • 15 November, 2017 06:00 AM [recovered]

This is my new thing. Irrational confidence. Honestly life's too short not to try it. And every time I've done it on accident it's worked..

[deleted] • 55 points • 15 November, 2017 06:23 AM

Irrational self-confidence will get you more pussy than rational defeatism.

\_MysticFox • 1 points • 15 November, 2017 03:44 PM [recovered]

*Law 5: So Much Depends on Reputation — Guard it with Your Life*

TunedtoPerfection • 2 points • 15 November, 2017 05:26 PM

So true it hurts, with a right reputation you can get away with literal murder.

[deleted] • 1 point • 15 November, 2017 05:48 PM

**Homework Assignment**

WRPrichter • 1 point • 21 November, 2017 03:06 AM

I want to try that. Except not lose of course

physicalbitcoin • 36 points • 15 November, 2017 03:56 AM\*

Any advice for guys like me who have a strong frame during interactions, but have a hard time achieving this level of carelessness?

With respect, your frame can't be that strong if you still care. Part of strong frame is having other options, which will naturally lead to DGAF. I would try bailing from conversations early. Always be the guy to cut it short, once you get their contact. That telegraphs scarcity. And don't indulge too much FB chit-chat either.

Yesterday I read that charisma comes from:

Conviction.

Treating everyone like your best friend.

Not caring.

OPs story is insightful. I've seen good looking bodybuilders who couldn't get laid too. Muscles help a LOT but frame is incredibly important to women.

P.S. Niacin (flushing B3, not niacinamide) massively reduces social anxiety. The stuff is amazing.

mass\_of\_gallon\_sloth • 3 points • 15 November, 2017 04:38 AM

Confused by the difference in Niacin - are you just advocating taking a ton of b3?

physicalbitcoin • 5 points • 15 November, 2017 06:18 AM\*

Niacinamide is non-flushing, not so good. I take 200 - 1,000mg of Niacin B3 per day along with a B Multi-vit. Plz do your own research, don't take my word for it. There's a FB group "Niacin B3 and its healing benefits". They have a lot of info.

[https://www.facebook.com/groups/520424731451994/?ref=br\\_rs](https://www.facebook.com/groups/520424731451994/?ref=br_rs)

Trowawayantifap28 • 2 points • 15 November, 2017 02:04 PM\*

Listend to "stuff you should know" podcast a few weeks ago. Apparently a few new studies suggest that extra high dosage vitamin b6/b12 is correlated with extrem higher cancer risk. They talked like 90%+. I would read that up before taking that much on a daily basis. Recommended is like 30mg.

Edit: i am wrong!

Blackhawk2479 • 5 points • 15 November, 2017 05:41 PM

Also, bear in mind comparative percentages are worthless without knowing the baseline.

E.g something 200% more likely to cause cancer than something at 0.01% likelihood is still only a 0.02% likelihood.

Trowawayantifap28 • 2 points • 15 November, 2017 07:44 PM

I stand corrected as stated above. Thanks for your input.

physicalbitcoin • 3 points • 15 November, 2017 02:32 PM

Thats b6/b12, not b3. Each B Vit has a different limit. Plus there's so much misinformation running around, its hard to comment. The RDAs were set during World War II, as the minimum amounts necessary to avoid extreme nutritional deficiencies. The RDA for Vit C, for example, is 60mg. Most people take 500 - 1,000mg of Vit C per day nowadays, if they supplement.

Trowawayantifap28 • 5 points • 15 November, 2017 07:43 PM

You made me look up the study. It is actually mostly concering smokers who have taken supplements over the course of 10 years on a regular basis. Sorry did not want to missinform but sprinkle some caution.

JamesSkepp • 10 points • 15 November, 2017 06:49 AM

Stop thinking about consequences as something bad, instead think of them as something you'll deal with if they come b/c more likely than not there will be little meaningful consequences.

Also use humor, I'm usually "forgiven" a lot of AMOGs and obvious, obnoxious frame-infringements on other men if what I say makes others laugh.

Rian\_Stone • 7 points • 15 November, 2017 03:27 PM

Do you know how hard it is in the modern age to starve to death?

I think it's pretty much impossible. When was the last time you've heard of it? Overdoses? Sure.

Too much kills you more than too little nowadays.

Torabor64 • 12 points • 15 November, 2017 07:01 AM

Do 100 cold approaches. When you finish you will be so used to rejection that you will DGAF naturally.

RedwallAllratuRatbar • 14 points • 15 November, 2017 01:44 PM

Nah. It's like - I lost weight and suddenly I'm chick magnet. Fat people read this and drool over possibilities. Meanwhile, normal person just sees hundreds of slim people per minute and they are nowhere the pussy magnet they were advertised to be by ex-fat ppl. Same with frame (to an extent). I know dozens of people who "don't give a fuck" and they blend into background just like other people.

postreformedpua • 4 points • 16 November, 2017 09:12 AM

Lol better give up then and move back into my mom's basement.

RedwallAllratuRatbar • 2 points • 16 November, 2017 10:12 AM

Some lifestyle changes are not added value to your person, but merely a multiplier. So if base is crap to begin with, multiplier will not help much. Another fallacy is that "99% don't do gym". I live in farm area, hell maybe 0 of these people are going to gym, but if they moved to city they would be asked questions "wow dude, how much do you lift"

amekooky • 11 points • 15 November, 2017 02:35 PM

true.. just yesterday I teased this girl's southern accent.

table full of like a dozen people go silent when she says "what did you say?"

I again repeat myself and grin..

awkward pause for like 2 seconds, and she giggles and the convo continues.

The beta me wanted to apologize, but I didnt.. nobody gave a shit about the situation but I did see a few IOI's after that from other females in that table after that.

\_MysticFox • 1 points • 15 November, 2017 03:46 PM [recovered]

At what point do you draw the line between an autistic who can't understand social cues and just being a cock?

BiggestBoop • 1 point • 17 November, 2017 04:55 PM

I'm sure that a good portion of guys here don't actually know the line.

rigbed • 3 points • 15 November, 2017 02:39 PM

It's so difficult but so rewarding.

pumpedupkicks35 • 1 points • 15 November, 2017 06:01 AM [recovered]

Technically, if you "could" care less this means you do care what people think of you.

The phrase is you "couldn't" care less. This means you care the least amount possible.

It may be anal of me to correct that but if someone is going to make/preach a statement it's important for it to make sense.

[deleted] • 11 points • 15 November, 2017 11:51 AM

I'm going to need to see a graph explaining the difference

NamelessMuffin • 23 points • 15 November, 2017 03:34 PM

Ask and ye shall receive <https://youtu.be/om7O0MFkmpw?t=72>

VickVaseline • 4 points • 15 November, 2017 07:16 PM

Dude, thanks for that. That is one funny video. I laughed out loud.

redlurker9 • 1 points • 15 November, 2017 07:39 AM [recovered]

Agreed, this annoys me too. However the expression "I could care less" meaning you couldn't care less is widely accepted. Gotta get used to it.

pumpedupkicks35 • 1 points • 15 November, 2017 09:17 AM [recovered]

Widely accepted by idiots you mean

[deleted] • -24 points • 15 November, 2017 06:12 AM

Look guys...a faggot

postreformedpua • 2 points • 16 November, 2017 04:32 PM

Real solid 'not giving any fucks' stance there.

EpicLevelCheater[M] • -55 points • 15 November, 2017 02:58 PM

Congratulations, you are the winner of this week's Technical Correctness Contest.

And here is your prize: a two week ban so you can leave the house and practice socializing with real people.

Ovadox • 45 points • 15 November, 2017 05:09 PM

If you're handing out bans to people who point out the correct way to use the English language then I'll take a two week ban out of solidarity. Using words incorrectly while writing is like using bad form while lifting.

Wilreadit • 7 points • 16 November, 2017 01:35 AM

I fully support your stance

[deleted] • 6 points • 15 November, 2017 05:55 PM

It wasn't a grammar ban.

It was being a pedantic douchebag ban.

Adds nothing to the conversation.

Everybody knows the intent.

Rian\_Stone • 4 points • 15 November, 2017 06:18 PM

Is this a real grievance? I have a hard time believing someone can be this socially awkward...

EpicLevelCheater • 0 points • 16 November, 2017 08:18 AM

He was banned for sassing an EC, **which is clearly listed in the rules.**

The above remark was for *something else*, which also proved fruitful in ways you can and never will know.

There's an art to moderation. Stow your righteous indignation.

VoiceActorForHire • 7 points • 15 November, 2017 07:14 PM

Wow - that's seriously pathetic.

blackberrydoughnuts • -21 points • 15 November, 2017 09:52 AM

It's sarcasm - you're saying the opposite of what you mean.

intermental • -9 points • 15 November, 2017 10:23 AM

It took me too long to understand the "...could care less..." phrase is sarcasm. Thank You Hero!

hodltaco • 13 points • 15 November, 2017 05:25 AM

Straight and simple if I'm not sure of what's going on I instantly go into IDGAF mode. Works *exceptionally* well with the wife that's for damn sure.

shakespeareSMG • 15 points • 15 November, 2017 03:40 AM

The other post about meditation—15 minutes a day with controlled breathing—can help with developing an in-the-moment mindset and in turn help to not give fucks.

Often what is marketed toward you is what you need least.

[deleted] • 13 points • 15 November, 2017 03:47 AM



Tbh, I do yoga for the physical benefits. Specifically lower body and back flexibility. Still, I do leave in a calm state and can think clearly. I feel that I can focus which if I'm gonna be honest is something I struggle with. I may look into meditation as time goes on

[deleted] • 10 points • 15 November, 2017 04:13 AM

You're just old. So am I. Strong but aging is a cunt.

pragmaticminimalist • 2 points • 15 November, 2017 12:43 PM

^ your user name is fuckin boss

Kink3 • 2 points • 15 November, 2017 06:22 PM

I tried yoga once. After the class, the teacher highly recommend the all men's class. I didn't feel any different afterwards anyway, so never went back.

FreeMuhMyind • -13 points • 15 November, 2017 01:24 PM

I've heard that yoga is worse for your body. It's just like stretches on a mat, with other sweaty bodies around you, and you pay for it? BTW, meditation lets the devil take over your body, soul, and mind.

[deleted] • 6 points • 15 November, 2017 02:12 PM

Yoga was "invented" to prepare the body for meditation

FreeMuhMyind • -7 points • 15 November, 2017 02:35 PM

I see, I can understand if you come the country or culture this originated in, otherwise, ew. Grats.

DoctorBees69 • 1 point • 15 November, 2017 05:11 PM

I can't tell if you're joking or just really dense.

rigbed • 6 points • 15 November, 2017 02:41 PM

I once introduced myself as Onana. No one understood. I said, Onana, what's my name? The class cracked up. I got IOIs. I need to find ways of being that IDGAF more often

[deleted] • 9 points • 15 November, 2017 06:15 AM

Can agree, I told my boss my income was supplemental, I was just in the job for the experience. They still gave me closing manager wages and generally don't tell me no when I ask for anything this far.

drnemola • 1 point • 15 November, 2017 01:52 PM

The uncome of your fulltime jobbes supplemental? Or is this some part time thing?

[deleted] • 1 point • 15 November, 2017 04:44 PM

Full time. Wed-Sunday closing shift

422456 • 8 points • 15 November, 2017 06:29 AM

Establish your frame by exposing yourself to as many as red pills as possible.

Destroy yourself and do it again not until you don't give a fuck for it to emotionally affect you, but for you to emotionally accept it.

ReddJive • 7 points • 15 November, 2017 05:56 PM

I am a volunteer paramedic. Recently I had to do EVOC training. A yearly requirement. EVOC is Emergency Vehicle Operations Course. There's a lot of different standards, approaches to it but basically it's suppose to give EMS providers a feel for how the vehicle operates, it's balance, acceleration, maneuverability...all that.

So I arrive at the course that morning. Freezing my ass off at 30 degrees. Course is set. They explain it. I am there with about 10 other EMS folks I have worked with. Most are 20 something. I am the old man. The course instructor explains the course. a new one....some interesting things that have to be done this year and none make sense. I will never put an ambulance through those paces. Well after he explain it he asks. Who wants to go first. Before anyone else my hand is up and I am walking into the ambulance. No hesitation. Fuck I am cold. Not really knowing if I can do it, but I have experience in driving and well...I can figure it out.

Needless to say I got the top score and fastest time. I just did it. Oh...and the brakes needed replacing when I was done.

Don't hesitate. Don't think. Just do.

They often say men don't get how to game nor how to deal with women. That we have to learn and ask other guys. BUT women have most of this at an instinct level.

Sure sure...at the same time guys need to stop and just do.

Violence of action.

A bad plan, violently executed, is still the right one.

[deleted] • 6 points • 15 November, 2017 06:26 PM\*

Do something.

Stressed over and over.

Pilot, racer, EMS, anything that combines time with danger stresses this.

Do something.

Infinitely better than letting Jesus take the wheel and covering your eyes.

Even doing the wrong thing is better than doing nothing.

Why?

Because it shows you made a decision in a hairy situation. And if you can make a decision, then you're not just sitting there waiting for fate to determine your end.

EMS tells you there are 3 kinds of people in stressful situations...

1 - Functional... they do not lose their shit.

2 - Directable.. Useless individually, but give them a task and they'll complete it fully i.e. "You <point>.. Call 911 and tell them we need three als units dispatched to <address> for a rollover MVA with two pediatric unrestrained. Repeat that. Good. Make the call."

3 - Useless... go away gawkers.

(I was top of my EVOC course too back in the day too... once I realized the power steering pump doesn't work as well at low engine speeds, so the cone sections needed even more anticipation.)

Do Something.

Good life metaphor.

[deleted] • 3 points • 15 November, 2017 01:48 PM

But sometimes I like to hug my mutt. Is that not allowed? lol

Good post though

Edit - something that really resonates with what you say in the last paragraph about boss, woman, kid, etc. It was something I read here on TRP along the lines of 'if you lose the option to say no, you have become enslaved'. I feel like that's along the lines of what you're saying here.

Smigg\_e • 12 points • 15 November, 2017 06:09 AM

Man, you just sent me on a 15 minute journey trying to figure out what sashay means and I still have no fucking clue what it means.

srđjan52 • 10 points • 15 November, 2017 07:36 AM

walk in an ostentatious yet casual manner, typically with exaggerated movements of the hips and shoulders.

Smigg\_e • 10 points • 15 November, 2017 07:39 AM

What the fuck does ostentatious mean?

Dystaxia • 20 points • 15 November, 2017 08:36 AM

Mannerism akin to that exhibited by a sashay.

Smigg\_e • 7 points • 15 November, 2017 08:38 AM

You're always replying to my comments lol

Im\_no\_imposter • 2 points • 15 November, 2017 07:07 PM

A "showy" display, intended to attract notice and impress. So, a flamboyant posture with a noticeable sway whilst walking for example.

TorboLeto • 1 point • 15 November, 2017 10:59 AM

So like that dude from sons of anarchy

[deleted] • 5 points • 15 November, 2017 03:50 PM\*

30 seconds - youtube sashay...

<https://www.youtube.com/watch?v=RTpneAZ0gMc>

P.S. Fuck you for making me watch that.

P.P.S. Fuck you sideways because that's now in my search history.

BaronIncognito • 2 points • 15 November, 2017 01:33 PM

Imagine a male figure skater and you should get the idea.

Wilreadit • 2 points • 16 November, 2017 01:20 AM

Made a big mistake by getting married. Divorce the slut and embrace the improvement. Because AWALT

TRPconverter • 2 points • 16 November, 2017 02:11 AM

I don't want to be "that" guy but its called "I COULDN'T care less", if you could care less then why don't you ?

Kalepsis • 3 points • 15 November, 2017 05:34 AM

Fewer.

[deleted] • 2 points • 16 November, 2017 07:28 AM

I'm so sick of submissive attitude I have. I spend so much energy getting carried away listening to people's problems when my life is in bandages. Always wanting to help or offer a solution, then wonder why nobody does the same for me.

Onelife1978 • 1 point • 15 November, 2017 04:11 PM

I'm new to this movement and mindset, how do you suggest someone start developing more of a red pill philosophy and mindset... I ☐ know the obvious is read, watch videos, etc...just curious if there are any shortcuts to gain a deeper awareness and get locked into a more powerful frame at all times. Thanks

CT\_Nipul • 1 point • 16 November, 2017 04:47 AM

I don't give a fuck about alot of things and alot of people tell me I'm arrogant because of that fact.

What would you think makes a person confuse arrogance and not giving a fuck? What's the difference exactly?

Scandinavianredpill • 1 point • 16 November, 2017 07:37 PM

Now this is a quality post - hundred of times better than the last one. If guys just read this, turned off TRP and worked from there a year they would get further than with most advice here.

whoislikejoneswho • -3 points • 15 November, 2017 06:41 AM

Did Steve Bannon say that before or after climbing out of a garbage can?

rigbed • 2 points • 15 November, 2017 02:40 PM

He gives no fucks about any aspect of himself.

whoislikejoneswho • 1 point • 15 November, 2017 10:01 PM

Which is why he so good at picking up women and needs to be referenced as an example on this thread

[deleted] • 1 point • 15 November, 2017 06:31 AM

Glad to say I'm good on all fronts.

Once walked out of a place of employment and when they sent me the paperwork for my termination, it said I was "rehireable"; their loss.

CptFizz • 0 points • 15 November, 2017 11:38 AM

Bannon is a bad example. He just said he's "a Christian Zionist" basically cucking himself out. He's also badly out of shape.

pulsar91 • 1 point • 15 November, 2017 10:34 AM

For giving less fucks to all the stuff you give a fuck about read how not to give a fuck by mark (just forgot his last name! Schmucks! And honestly i dont give a fuck about it) or do rejection therapy!

HopeisHere5 • 1 points • 15 November, 2017 05:23 AM **[recovered]**

Why is this sub so unnecessarily political lmao.

Also there's a point where the IDGAF mentality can lead you astray if you don't recognize your surroundings. Take Norm MacDonald for example, dude clearly does not give a shit and says whatever, guy comes off

incredibly awkward and weird at times.

Naderlande • 1 points • 15 November, 2017 06:28 AM [recovered]

I agree. Is mentioning your MAGA hat supposed to somehow signify your dominance over the yoga people? Completely superfluous statement.

It's dangerous and damaging to try to tie it to a specific political ideology, and everyday it's becoming more closely intertwined with a man's cult of personality by casuals mentions like this.

[deleted] • 6 points • 15 November, 2017 10:14 AM

For sure. The MAGA comment clearly illustrates his belief that he is more of a man because of his support of Trump. Sad.

There was also no need to qualify his partaking in yoga to us with his old age and then cherry topping it with MAGA.

[deleted] • 4 points • 15 November, 2017 02:44 PM

Until reading your comment I didn't know what "MAGA" referred to. What kind of cuck still wears one of those? Trump - lardass who doesn't lift, doesn't STFU, and still gives unlimited fucks about what Megyn Kelly or Rosie O'Donnell think. Bannon - fat lardass who doesn't lift, who also can't STFU.

[deleted] • 0 points • 15 November, 2017 10:11 AM

The post is about giving less fu x.  
you fail

VegasSaint9 • 1 points • 15 November, 2017 07:24 AM [recovered]

Especially Bannon of all people, yuck. Wouldn't surprise me if part of slamming Russian RW ideology down American's throats in here was a small part of their massive propaganda operation.

Sementeries • -4 points • 15 November, 2017 07:33 AM

Nothing wrong with the man, and he was an example for OP's story.

[deleted] • 2 points • 15 November, 2017 07:39 AM

There's a lot wrong with that man.

[deleted] • -3 points • 15 November, 2017 10:51 AM

Oh no, hear that guys

It's dangerous!!!!

Weefilly • 8 points • 15 November, 2017 01:23 PM

Two sentences. Two fucks given.

horaz\_hannibal • 0 points • 15 November, 2017 08:01 AM

No it is not only sexual. It is how you view the world. Which also includes political mindsets. Are you just a product of your environment or are you master of yourself?

SirKolbath • 7 points • 15 November, 2017 05:30 AM

Why is this sub so unnecessarily political lmao.

There was nothing political in this post. Are we not allowed to quote FDR or Abraham Lincoln because they were presidents? If you stopped reading at "Steve Bannon" that's your issue and yours alone.

Also there's a point where the IDGAF mentality can lead you astray if you don't recognize your surroundings. Take Norm MacDonald for example, dude clearly does not give a shit and says whatever, guy comes off incredibly awkward and weird at times.

Which, as a professional comedian, *he does specifically to get laughs*.

HopeisHere5 • 1 points • 15 November, 2017 05:43 AM [recovered]

It really doesn't take a genius to see this sub is now clearly right-wing driven. I can source multiple posts and comments to back this up. Which is a shame because TRP principles are universally applicable regardless of ideology.

It's debatable whether that's a comedic routine or just his personality, but let's also take Harrison Ford as another example.

I'm also not saying not caring is bad. I'm saying that there's a point where you have to understand your environment and surroundings and maintain awareness.

Charmingaxelotl • 7 points • 15 November, 2017 09:08 AM

If it was so universal the left wouldn't be so littered with blue pill males.

HopeisHere5 • 2 points • 15 November, 2017 05:29 PM

The right has its fair share of blue/black pill males ranging from trump boasting incels to bud light drinking inbreds.

I said TRP principles can be applied from any man willing to learn.

SirKolbath • 7 points • 15 November, 2017 05:47 AM

It really doesn't take a genius to see this sub is now clearly right-wing driven. I can source multiple posts and comments to back this up. Which is a shame because TRP principles are universally applicable regardless of ideology.

That. Post. Had. Nothing. To. Do. With. Politics. You. Simpering. Autist.

It's debatable whether that's a comedic routine or just his personality, but let's also take Harrison Ford as another example.

No, let's not.

I'm also not saying not caring is bad. I'm saying that there's a point where you have to understand your environment and surroundings and maintain awareness.

No one is debating that.

It's late. I'm tired. You're retarded. Think I'm just going to block your ass.

HopeisHere5 • 1 points • 15 November, 2017 05:57 AM [recovered]

I said "this sub" and quoting/praising Bannon/Trump is commonplace on this sub at this point, enough so that you can see a tiresome correlation.

You were clearly debating it. The rest of what you're saying adds nothing. Block me snowflake.

Auvergnat • 6 points • 15 November, 2017 08:17 AM

Dude. OP used a quote by a guy he likes to make a point. Are you going to be completely blind about the point that was made and react against this anecdote instead, just because you happen to dislike that guy? Especially when the point that is being made is about the power of "giving less fucks"?

[deleted] • 2 points • 15 November, 2017 10:10 AM

Many men cant be helped

HopeisHere5 • -1 points • 15 November, 2017 05:24 PM\*

When did I say I disagreed completely with the point OP was making? I could give less of a shit if he quoted Hitler.

My point is that there's no reason to reference your MAGA hat or constantly quote political instruments like Trump or Bannon to unnecessarily politically charge your posts. This sub is getting pretty polarized from what it used to be. Who the fuck wants to read about the political climate when seeking advice in sexual strategy.

Auvergnat • 2 points • 15 November, 2017 06:57 PM

I did not say you "disagreed completely", I said you were "blind to it". Look at you. 4 comments later and you're still obsessed with OP's quote and still not discussing the several paragraphs that follow it and that are completely apolitical.

HopeisHere5 • 0 points • 15 November, 2017 07:30 PM

I wrote one sentence addressing the political issue, and a paragraph about what OP was talking about. I have no idea how you're taking that as me being literally "blind" to the post.

4 comments later I'm responding because I got dick riders blasting me for a legitimate observation that this sub is way too weirdly political lmao.

CrazyHorseInvincible[M] • 2 points • 16 November, 2017 03:04 AM

Okay.

Sementeries • 0 points • 15 November, 2017 07:34 AM

snowflake

Stop appropriating Trump supporters counter culture then.

blackberrydoughnuts • 0 points • 15 November, 2017 09:54 AM

Harrison Ford comes off as weird or awkward?

ExposeThisBitchPls • -13 points • 15 November, 2017 04:43 AM

Sounds like you're just dumping your beef with this dude on here and making him out to be a Beta because he flirted with your wife

[deleted] • 13 points • 15 November, 2017 06:13 AM

oh yea.

crying in my beer over it

RemyBucksington • 13 points • 15 November, 2017 05:24 AM

Way to miss the point.

Solid work, OP. A brief and powerful reminder of the importance of being about action.

al43221 • -5 points • 15 November, 2017 05:26 AM

Your username screams fresh out of Fort Blue Pill. Just because he inserted an observation of how blue pills work doesn't make him "dumping his beef". I'm recovering from being a pathetic little cunt of a blue pill, but if there's one thing that blue pill/red pill thereoms I have taken to heart is

A.) Don't be a bitch & B.) If people mess with your shit, expect them to receive immediate sterilization and total gender reconstruction.

ThickDickWarrior89 • 0 points • 15 November, 2017 01:06 PM

I got my job during my last semester of college and my boss kept asking me if I was going to leave upon graduation. I said no bc I enjoy the job but every now and then she jokingly says "she will hunt me down if I get another job" lol white women...

coco5440 • 0 points • 15 November, 2017 11:55 PM

Good god -- why would anyone choose Steve Bannon as a role model? The world is full of people who have actually accomplished good things.

Frame doesn't require you to be an obnoxious stooge for super rich patrons.

dodgers12 • 0 points • 16 November, 2017 05:23 AM

I would respect this more if you weren't a trump supporter.

Isn't this sub about being intelligent?

AboutNinthAccount • -6 points • 15 November, 2017 12:06 PM

That fat-fuck-cuck has the WORST skin. Gross. He can eat his fucking frame. I got better skin. Nasty. He can lick that shit, too, for all I care.

[deleted] • 7 points • 15 November, 2017 12:29 PM

Did your mommy tell you were special?

blackberrydoughnuts • -2 points • 15 November, 2017 09:55 AM

Can you elaborate on the supplicating guy? I don't understand the thing about cuddling his dog.