

Red Pill Isn't A License to Be Absurd

March 20, 2018 | 63 upvotes | by [EscapeTheGoat](#)

As men, we've got to own up to our mistakes. And I'm going to own up to one of mine.

I didn't tell someone about red pill. But I did tell him to read No More Mr. Nice Guy, after I saw them getting walked all over by his girlfriend and putting up with a bunch of stupid shit from others that he shouldn't. They apparently also don't have sex for some reason. I guess he figured out the rest on his own because the next day someone asks him to pass the napkins and he says: "Alphas don't pass napkins". He actually used the word "alpha" in a regular conversation with people who have no context for it.

Obviously he got a bunch of shit for that, and frankly it was deserved. He continued on that day going as far as to say that his Alpha-ness exempted him from completing basic responsibilities as well. He also devolved into some kind of weirdness where he was just insulting people for being intellectually inferior. He also called his girlfriend "my bitch" in front of a lot of people who are not privy to RP thoughts (which isn't bad because of sexism, it's bad because that's a dumb thing to do in front of that audience). He's an undergrad attending college associated with the medical institution I work at.

Now obviously he's got some problems. I suspect some form of mild autism; I've seen this before but I only have limited psychiatry training. That's why I gave him No More Mr. Nice Guy as opposed to the Rational Male. I thought it would be harder for him to misinterpret No More Mr. Nice Guy, but I guess he did his own internet search. So, that's my bad I fucked up and created an ineffectual slightly autistic douche.

See here's the thing. I know that this kind of goes without saying sometimes, but RP isn't a license for stupid behavior. The idea is to facilitate maximizing outcomes in the game that is life, not a blank slate for you to go around being a dumb asshole pretending to be Alpha and superior. This also highlighted something that I guess I never thought of, which is that you can't follow all of the advice on here literally. You are still responsible for making a sound judgement in all situations. The goal of that judgement should include direct benefits to yourself but our goal isn't to burn the world down. Anger is not the goal; winning is the goal. In order to navigate the world fully you have drop certain myths and morals and pick up a certain kind of consciousness, but the risk of clearing the table is that people who have inherent problems will twist what we talk about on here into their own bullshit anger and stupidity.

I fucked up in showing him No More Mr. Nice Guy at the wrong time. But all of his stupidity in his interpretation of it is his own fault. That being said, I'm not going to shame him the way the feminists are going to. But really, I'm worried this shit is going to get out of hand. He's not a real danger to anyone, or I really wouldn't have even brought anything up, but this isn't good. His anger will beget more alienation, which will beget more anger. Once he becomes socially isolated he's at risk for ideological drift in the angry incel direction, which isn't good for anyone. And at no point will he question whether he's approaching this wrong. Ironically to build a stable and healthy ego he has to question it first.

I'm going to keep a close eye on this, but I fear I made the wrong call.

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Comments

[deleted] • 58 points • 20 March, 2018 09:31 PM

He's simply another of the many men who interprets being alpha as being an asshole who talks down to people, provides no value to the people around him simply out of fear of being interpreted as beta, and feigns assertiveness and abundance. An alpha passes the napkins, but only if he's asked with respect and it's within the grounds of his convenience.

Perhaps you should introduce him to "How to Win Friends and Influence People", as it may make him aware of the fact that you can be friendly and genuine, and still be alpha.

heybto • 16 points • 21 March, 2018 01:47 AM

So basically.. An Alpha is a uber confident man who is respectful, but makes STRONG boundaries and makes women chase him, and he chases sometimes?

Thotwrecker • 29 points • 21 March, 2018 06:21 AM

Being alpha is being at the top of a sexual and social pyramid. That is it - the alpha male of the group is the leader and the highest value'd individual in that group. Therefore when we say "that's alpha" it's really like "these are behaviors that correlate with men who dominate the social and sexual pyramids."

Alphas can be incredibly disrespectful or they can be respectful, it's irrelevant - they can be raging douches or good guys. Their alphaness or lack thereof is defined by their value, position, and power in an ecosystem.

Defining alpha by statements like "an alpha passes a napkin if he's asked with respect" is retarded.

NoFapColdShower • 9 points • 21 March, 2018 02:15 AM

Not necessarily. An alpha could still be a retarded douche but he probably wouldn't get as far that way and given the wrong motives and mindset he could just be faking it. But You could be faking the "nice alpha" character too just as easily.

Alphas really only exist in a relative sense. That is, relative to a group of people.

For example. "Relative to the people in [theoretical social circle] Chad is the alpha"

However that same Chad could be a beta when compared to another group of people like for instance, the men of a professional sports team (just to give a cliché example).

Alpha is really just a relative state of being that's primarily determined by abundance, frame and perceived social status.

[deleted] • 1 point • 29 March, 2018 03:49 AM

Get jacked, read books, get money, be fun to be around, and sling dick

HS-Thompson[] • 1 point • 21 March, 2018 02:31 AM

An alpha is a leader.

There's plenty of nuance but at its core that's all there is to it.

tranquil_af • 4 points • 21 March, 2018 02:40 AM

I haven't read "How to Win Friends and Influence People". Can you tell me about it. Is it worth reading?

[deleted] • 10 points • 21 March, 2018 04:23 AM

It's essentially a list of commandments to adhere to Eg not criticising people, seeing things from their point of view etc. it's a really good read, written in the 30's but still super relevant today, it's tier 1 TRP material.

tranquil_af • 3 points • 21 March, 2018 04:29 AM

Thanks for the reply. I will definitely read it now.

Celicni • 2 points • 21 March, 2018 12:15 PM

I read it, and some of the stuff I read in there seems to conflict with general TRP principles, such as giving into another's frame. Definitely an awesome book for the business world, but I'm not sure if it applies fully for dating.

[deleted] • 2 points • 21 March, 2018 07:28 PM

It's probably the sort of thing you read after Nice Guy and Rational Male etc, just so you can figure out what applies and what doesn't when it comes to game. It's less effective for game I've found and more effective for general life and building a social circle and success which provides massive social proof.

MisterRoid • 15 points • 21 March, 2018 09:18 AM

Passing a napkin is a big deal and not something to do lightly. When my girl asks if I can pass her the milk at the dinner table, I tell her to say "please, daddy", whip out my dick and tell her to give him a kiss, before I proceed to hand her the milk.

TunedtoPerfection • 16 points • 21 March, 2018 12:48 AM

Anyone who has "gotten it" has done this stupid shit. You live your life in this blue haze for some long then finally you find an answer that makes sense.

It's simple the answer is to just say "no" to the blue pill bullshit dream. That's all red pill is, a billion articles to get you to internally say "No" to that bullshit.

But to do that internally you must do it externally, which is why this happens.

He'll go be all "super alpha bro" for a week or so, realize it gets him no where and he will hopefully self correct.

EscapeTheGoat[S] • 5 points • 21 March, 2018 03:15 AM

I mean when you rip the band aid off there's gonna be a little bleeding of course. Hopefully this clots over quickly.

GayLubeOil • 10 points • 21 March, 2018 01:25 AM

In late capitalist societies there is a binary understand of Employee (beta) vs Employer (psudo alpha). That's how workhorse beta males see the world cuz that's all they know.

What we're shooting for here is a masculine femanine polarity. Unfortunately that's lost on cubical Cucks.

jbnw17 • 8 points • 20 March, 2018 11:51 PM

Behave like others, think for yourself.

Alphas dont pass Knapkins? Thats some cringeworthy shit right there.

AlterUltraEgo • 6 points • 21 March, 2018 01:46 AM

The red pill used to be inherent in our society, the foundation upon which it was built. It is not anymore. Men are adrift and lacking direction. The difficulty when presenting these ideas to the uninitiated is partly the medium - that being a book - and that of the messenger.

A book holds value in its crystalline form. It is unchanging, dead in fact. The knowledge within is just a reflection of the truth it is trying to cover.

How can one act upon a book? How is a phrase meaningful to one who cannot interpret it? Men used to see the red pill displayed before their very eyes as a matter of course. Now the best they can find is a book.

The other issue is, in the absence of a mentor, the one who receives integrates the identity of the one who gives into the message. Your friends misinterpretation of the tenets of the book is partly due to his interpretation of you.

AuspexAO • 9 points • 20 March, 2018 11:28 PM

Ha ha, oh Jesus Christ man what a nightmare. You created some kind of horrifying abomination of misunderstood concepts. I am definitely going to tell the next person who asks me to pass something at dinner that "Alphas don't pass napkins, bro!"

On a more serious note: I think a cure for a little knowledge is more knowledge. Give him the "How to Win Friends and Influence People" book as Twentyfive mentioned. You don't have to be condescending about it or anything, you can just introduce it as more good men's writing. Hopefully he'll get the picture.

Ezaar • 3 points • 20 March, 2018 10:09 PM

You should of told him to lift. And base a better life style in the meta aspects lifting/exercise provides. That way, it could lead to a much richer discussion to the art of being alive.

replicaplater • 2 points • 20 March, 2018 11:04 PM

Maybe you made the wrong call, I would say its a bit too early to tell. Sounds like he's freshly unplugged and I would say its a common response for them to take things way too far into the raging asshole side of the spectrum. Especially if he was getting fucked over by women, which sounds like the situation he was in. Give him time and see how his attitude evolves.

If your feeling guilty yourself think of it this way; if he goes full incel, then it probably was going to happen with or without your intervention.

lorum_ipsum_dolor • 2 points • 21 March, 2018 10:12 AM

Your friend probably would have gotten more benefit from you providing him with discrete, broad concepts that he could easily digest and act upon. If he was a close friend of mine I'd take him aside and tell him, "Shut the fuck up you goddamn moron. You're going to alienate everyone with all this alpha male shit."

Mentoring is a slow process. Grab the reigns and get the him back on track.

strikethrough123 • 3 points • 21 March, 2018 01:42 AM

Give him the *The Rational Male* next. He'd probably be spouting shit like "My SMV is too high to be passing napkins to a blue-pill cuck".

civilizedfrog • 1 point • 21 March, 2018 05:12 PM

That would be more entertaining than what comes out of hollywood these days. However I would pay money to see this happen.

IwannaFocus • 3 points • 20 March, 2018 10:22 PM

Have you ever went to swim in the early fall when the lake water starts to get cold in the morning? In situation like that, there are three kinds of people;

The First kind is the "No Guts, No Glory" kind that doesn't give a fuck if the water is cold or not. The fucker will jump into it without giving a second thought.

The Second kind will ease into water. He will take babysteps bit by bit like a damn pussy. He will wait till the water either reaches his ankles (or if total pussy, his waist or above), and then dive - when he's mentally prepared.

The Third kind, will just say "Fuck it it's too Stoopid, you guise are dumb, I'm out of here. Oh and Fuck you for being more macho than me!".

Introducing Redpill to somebody is kinda like that. You can do it with the first two kinds - although with the second you'd have to go "gently", but never with the 3rd. Believe it or not, some people are brainwashed to the point that you can't save them.

ComfortableBowl • 1 point • 21 March, 2018 11:29 AM

This also highlighted something that I guess I never thought of, which is that you can't follow all of the advice on here literally. You are still responsible for making a sound judgement in all situations.

This is why I'm against the notion of letting underage boys going HARD trp. There's benefit in working out and focusing on ironing your social and career skills. Going HARD trp when 16 depends on your maturity levels and experience and varies. But 20+ increases the odds that you'll know some basic critical thinking skills (the chance of you not knowing critical thinking skills is still far from zero even past 20's but they're better than when you're 15-something).

[deleted] • 1 point • 21 March, 2018 12:00 PM

I think there's a beginning step in TRP where you need to look past the butthurt and then you can continue becoming more TRP. Most of the actions, even the one from your friend is a result of some form of acting on butthurt feelings. It feels like it's most apparent when you awaken to TRP.

I think everyone experiences this and some just deal with it better than others. Perhaps the best is to explain to him to stop being butthurt and focus on the better stuff?

AshyLarry27 • 1 point • 21 March, 2018 01:36 PM

You didn't break the first rule of Fight Club, but a lot of us are slowly learning you need to ease in RP idea's slowly to fit PC culture if you have any plans (you really shouldn't) to start bringing up these truths.

civilizedfrog • 1 point • 21 March, 2018 05:08 PM

Don't force people to the answer. Let them feel the pain from the unknown. Let them have the urge to find what the unknown is.

chee33 • 1 point • 5 April, 2018 12:28 AM

I see nothing wrong with what he did. He simply referred to his bitch in the proper format. Better watch out he'll be fucking your bitch next.

thebadmanpundtbaxter • 1 point • 20 March, 2018 11:00 PM

He'll learn real fast from trial and error. Or he'll be ostracized. Play it don't say it.

[deleted] • 1 point • 21 March, 2018 12:55 PM

and he says: "Alphas don't pass napkins". He actually used the word "alpha" in a regular conversation with people who have no context for it.

That's the cuteness of beginners.

heybto • 0 points • 21 March, 2018 02:27 AM

I'm new here, can an alpha also be a guy who other men want him to fuck their wife?

Because that's I am about to do right now