

How to deal with the consequences of too much casual sex?

September 23, 2017 | 64 upvotes | by [Mythodea](#)

I recently read a post on Return of Kings about the [Dangers of Casual Sex](#) that hugely resonated with me because it describes my current situation perfectly.

And so we come to the area of casual sex, which seems to be the most sought-after kind of actual sex on the market today. Easy flings, no attachments. Getting laid is the top priority, superceding everything else. Superficiality to the umpteenth degree and the age of Tinder. Just the quick release, because real attachment is way too scary and requires far too much work. We want easy lays these days.

And that has been my story for about the last two years or so. I have developed decent enough game to where abundance was not a problem at first, but what I'm noticing are two issues that I would like to get your advice on:

1. It's becoming an addiction. At the beginning, it's all fun and giggles. Casual sex, ONS, Tinder lays left and right, good times. But as the article points out, you start getting diminishing returns with every new lay and building "tolerance" towards the pleasures and joys of casual sex. And now I want it more, like a fucking addict, it's never enough.

At the beginning, I'd feel great if I laid one new chick every month, now, if a week goes by that I'm not having sex either with a new or an old girl, I start feeling the effects.

This then becomes a problem, because, as you gain more and more experience in the game, you start setting your standards higher and higher. Sure, I could have casual sex every day if I just indulged in promiscuous intercourse with any piece of female flesh that moves. I refuse to do that, I rather not have sex than lower my standards. Yet, as you can imagine, the pure law of supply and demand makes the hot girls I want to indulge in casual sex with not as readily available as my "addiction" needs them to be. The article is right. I want easy sex, yet sex with hot girls doesn't come easy.

So far, the consequences of this in me have been the following behaviours:

- Jerking off when I can't find a lay, obviously. No porn though.
- Considered hiring an escort (hot girls, no work required).
- Massive texting old numbers and matching frivolously on Tinder/Bumble (most likely displaying a very needy vibe) to try and find a quick lay.
- Consuming more and more PUA/RP content to try and find the next quick-fix to this.

Which leads me to the second issue.

2. Casual sex has dulled my ability to bond. This one actually scares me. I'm no longer able to see the girl, just the sex she can provide. I've lost all interest in going on dates or enjoying feminine company outside of sex. It's basically a pump and dump mentality, which, as you can imagine, hasn't gotten me too far with girls lately, and thus the cycle in the first issue continues because the supply is not sufficing the demand. And what scares me is that it's a downward spiral. The little effort I put into trying to get a new lay results in not enough lays, which in turn discourages me to invest more effort into it... and down and down it goes.

And I should know better because I've been warned. Last year I was having dinner with James Swanwick, a very wealthy Australian entrepreneur (friend of Tai Lopez, Brandon Carter, Owen Cook, etc...) and I asked him, "James, now that you got your financial life all sorted out, what's your biggest problem in life?". He said, "That I'm no longer able to connect with women, I spent decades having casual sex and

meaningless affairs, and now that I want to actually start a family, I find myself unable to bond with a girl at any level deeper than superficial sex and physical attraction".

I'm not thinking of marriage or even a girlfriend right now, but I do see the dangers in the horizon of going down this road for too long. I honestly miss those days when I was actually excited to meet a new girl, discover what she was like, what she had to offer, what new things she could bring into my life... Now, I only care about how hot she is and whether I can have sex with her or not. I never thought I would say this, I grew up in a very blue pill environment, but the day has finally come when I can say that sex alone, no matter how much of it you get, will never fulfil you by itself.

And as you can imagine, I feel stuck, I don't know how to break out of this or how to bring balance back to things. Some of the things I have considered to try and fix this are:

- Have a few open relationships (plates). The most balanced I've ever felt in my sexual life was when I was "dating" this French girl I had an open relationship with. I could still go and date and sleep with any woman I so desired, yet I still had someone I cared about and with whom I could bond at a deeper level beyond just the sex we had. As you can imagine, however, setting up these sort of relationships does take quite some work that right now I feel so unmotivated to undertake.
- Quit Tinder/Bumble. Most of my lays in the past year or so have been from online game. It's the easiest, most low-effort way of getting laid with girls that are acceptably-looking, so I was naturally attracted to it. It's almost like free sex home delivery. The problem is that I've done it so much that I feel it has rewired my brain to identify this kind of sexual life as the only kind there is. So anything that requires more effort than a swipe and a few texts is immediately rejected as inefficient, and back to Tinder it is. And it's so hard to argue against it because it fucking works so well! In the past two years, I've had around 1,500 matches, hundreds of dates and more lays from it that I can remember. But now I'm suffering the side effects of this.
- Get busier. Honestly, I have too much free time. I'm financially stable and I have set up my income streams so that I have enough to live well while retaining large amounts of time and freedom for myself. The problem now is that I have money and time that I don't always know what to do with. So, naturally, boredom leads me to be thinking about this shit all day every day. And when I'm bored, the first thing I think of to try and entertain myself is to have sex and so there I go to find the next girl to do it with. I feel like if I had a stronger purpose for something other than sex with women, I wouldn't be thinking so much of this and many of the issues would go away simply because I would not have time to indulge in them so much.

If you read all the way to this, THANK YOU VERY MUCH! Any advice or thoughts anyone can share on how to handle this or improve my situation would be most welcome!

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Comments

bainbridge_island • 53 points • 24 September, 2017 01:29 AM

So...the Thousand Vag Stare?

LOL

LordThunderbolt • 9 points • 24 September, 2017 02:32 AM

Top comment

Mythodea[S] • 4 points • 24 September, 2017 02:47 AM

Hahaha you could say so, yeah. I can't believe I really find myself mulling over this shit. But it needs fixing. Now.

[deleted] • 2 points • 29 September, 2017 02:30 AM

TRP is the 1k bag stare. We can't unseem women for who they are.

Cunt_Robber • 24 points • 23 September, 2017 08:25 PM

I burnt out man. Like I dont even bother. Game/shittests turn me off. The challenge is there theoretically, but the catch, as you said, gradually stopped feeling like a catch, and more like the same annoying shit id have to put up with. I immediately got turned off when girls would say certain things-my mind would instantly go "fuck here we go again."

Thats what being a douche/confident aloof dude got me. Conversely, starting any conversation beyond flirting and fun topics, like analyses of politics, space exploration, technical discussions on various topics-shit *Im* interested in (that I know bore girls)-would instantly friendzone me. The girl would feign how interested she was in my knowledge, reciprocate nothing in carrying the discussion, and lo and behold I feel like getting two more shots for myself so I can dumb myself down to her level.

Meanwhile the smart girls who are work-driven are boring, unattractive, and/or committed to their work.

The market for someone with various interests and hobbies like me is simply absent. For the past 2 years, ive felt like girls consistently keep letting me down. They emotionally drain me and provide nothing other than vagina, which I have tired of chasing and getting. Hey at least i can focus on career.

Mythodea[S] • 10 points • 23 September, 2017 08:39 PM

I feel you mate. And that last sentence you wrote is where I think I need to focus now.

Lack of women was a huge problem in my life that took years of my life to fix and get results. Now I'm at the other side of the spectrum. As RP clearly states, the goal here should be not to make the women our goal in life, but our dreams. For as long as we keep placing happiness and fulfilment on women, sex, and relationships, we shall continue to suffer from the curses of either lack of abundance or overabundance.

Focusing on our careers should be the primary goal that overrides everything else. Then we may once again enjoy the feminine pleasures as an addition to our lives, not the centre of them.

Cunt_Robber • 9 points • 23 September, 2017 09:09 PM

The young ones are too inexperienced to know what they want, the 25-35 range want to lock down the beta, and the 35+ are the damaged goods.

Obviously guys start looking for the outliers, the unicorns, after a certain time of screwing around. Since those are the religious prudes, they require commitment and for you to go all in before they give it up, and even then theres no guarantee. Plus im not adopting a religion to avoid divorce.

At this point my kinkiness level (KL) has been raised pretty high. Ive resigned to chasing a goodpaying career and plan on hiring hookers for fucking and starting to shoot amateur porn. You know, the movie American psycho is really starting to resonate with me

Mythodea[S] • 2 points • 23 September, 2017 09:35 PM

Haha I don't blame you. Like I wrote in my post, I was actually looking at escort sites last night and even messaged three of them but didn't end up hiring them because I don't think that's gonna fix this issue, but in certain cases, totally valid!

JezebeltheQueen5656 • 7 points • 24 September, 2017 06:17 PM

We all know the feeble feeemmale brain cannot comprehend such manly and logical conversations. Can we go back to talking about how pretty my nails are? Or how pretty my hair is? Or how much of a bitch that Jessica from work is? Teehee

Shaman6624 • 2 points • 26 September, 2017 01:00 AM

Maybe you're looking in the wrong place. Anyplace where they serve shots is not the right place to have a meaningfull convo. That's why they friendzone you because it's weird to have that convo at a place where you come for sex.

leftajar • 20 points • 23 September, 2017 11:05 PM

Have less of it?

Some guys who are addicted to masturbation do NoFap. Maybe you need something like NoFuck to reset yourself.

Y'know, start going on real dates, and refuse to bang a girl before you've spend at least ten dates with her or something?

I guess what I'm saying is, self-control is good.

Acquin • 6 points • 24 September, 2017 07:31 AM

refuse to bang a girl before you've spend at least ten dates

imo 10 is a bit much. This sounds like a relapsing of the 5 stages of RP due to desperation. Though, in a sense, having been through this situation I'd say we never finish going through the 5 stages. It's just a permanent relapse with diminished effect each iteration. This time OP knows everything and is attempting to find meaning and depth in a woman which he probably tried many times before even discovering RP, and he'll inevitably end up disappointed or at least somewhat betafied attempting to do so. It's quite a sad reality.

Mythodea[S] • 2 points • 24 September, 2017 04:08 PM

Yeah, it seems I'm at the 4th stage right now, time to move to the 5th one haha

Acquin • 1 point • 24 September, 2017 05:23 PM

If you find a solution let us all know.

Mythodea[S] • 5 points • 23 September, 2017 11:20 PM

Yes! That's what I was thinking.

Put myself a time/daye limit before I try to sleep with the girl. Still be super sexual so as not to end in the friendzone. But even if I do get friendzoned or nexted because I didn't push for the lay, I don't care losing some girls to reset things and start looking at them differently.

Scheme00 • 15 points • 23 September, 2017 07:00 PM

This happened to me. I was single until last week for 3 years. It was 3 years of "having fun" which wasn't all that fun. Random sex, lots of dates, etc but zero bonding or feelings at all. Somehow I met one girl that I became close to over a year and got in a LTR with her last week and sex is so much more meaningful. I've been with over a hundred women probably but I prefer a comitted relationship with one person I care about. You seem like that's what you want too. I think the best word of advice which was what happened to me would be keep banging these girls, but only if they are very attractive or you like hanging out with them. Stop having sex with the ones you don't think are very attractive or ones that are just around. Eventually one will spark your attraction, but it may take a few years to find. It usually takes me 3-5 years before I find one that I'm really into.

Mythodea[S] • 6 points • 23 September, 2017 07:33 PM

Yeah, this is solid advice. I think it's the best way forward too, but the problem is that the very attractive girls that I also happen to enjoy hanging out with take way more work and time to lay, and as I mentioned, with this having reached the point of an addiction, it'll be hard to not just try and find an easy lay every week, But it must be done, at the beginning, there was no quantity, now that there's plenty of quantity, it's time to go for quality, even if that means less quantity.

Scheme00 • 3 points • 23 September, 2017 08:15 PM

Yes, that's it. Go for the quality and not quantity

TheReformist94 • 3 points • 24 September, 2017 12:16 PM

Guess this sub is realising it's men who want commitment! Women love riding the CC and variety! Men burn out eventually.

Mythodea[S] • 3 points • 24 September, 2017 04:15 PM

In a way, yes. And I think it comes down to our basic natural programming. Hypergamy forces women to always desire variety as it improves their chances of finding an even better prospect and keep moving up the alpha ladder, and that's literally a woman's life mission.

For guys, women are not our life mission, we have other purposes to pursue that should have priority in our lives. We cannot live thinking about this all the time because there's other more important business we should attend to, thus, when this begins to take too much space in our minds, we burn out. We're not designed to endure all this drama, it's not our mission.

Remember, men conquer worlds, women conquer men. I can name at least 10 men who have dedicated their ENTIRE LIVES to study war and write manifestos about it. I cannot think of one male who has spent his whole life studying women and writing manifestos about them. They burn out indeed, look at companies like RSD, they're moving away from the PUA niche and more into the self-development niche. But our feminised society is now pushing us towards having to think about this shit often, and it's just not what we're supposed to be doing.

tossa01 • 6 points • 24 September, 2017 12:28 AM

TRP paints a very hyperbolic and polarizing worldview because the target demographic is largely young, white, socially awkward men who genuinely respond well to a tough love approach.

In reality, things are much more nuanced. If you go out 6 nights a week with a 50% success rate you have sex 1000 times with 1000 different girls from the ages of 18 to 25.

You might be pretty good at sex but you will be inexperienced in relationships and will probably struggle. The same way a guy who dated the same girl for all those years (he probably had sex well over 1000 times) would be inexperienced with casual sex and would probably struggle at first with ONS.

All women are like that does not mean all women are the same. The differences matter very little for one night stands and a great deal for relationships.

oldslut • 3 points • 23 September, 2017 07:00 PM

tl;dr. but skimming through, i'd say your option about plates sounds best. get some plates spinning and enjoy. that will give you low stress, easy sex whenever you want, while you figure things out. with that said, up your game and go for the more challenging women, not the 5s and 6+s of tinder and co.

Mythodea[S] • 2 points • 23 September, 2017 07:46 PM

Yeah, I'm seriously considering deleting Tinder for a while, it's too easy and low-effort and fucks up your real game.

KoroushTheGreat • 1 points • 24 September, 2017 03:33 PM [recovered]

How attractive are you?

Mythodea[S] • 2 points • 24 September, 2017 04:23 PM

I cannot give you an objective self-assessment. I'm in pretty good shape, I'm 5'8" (which is above average in my country), around 185lb, 12% body fat. Some of my pictures have been used on websites and promotional stuff. Idk, that's just some indicators I can think of.

It's relative as well of course, as per the law of supply and demand, I get somewhat good attention in my country, but when I go to, say, Europe, I'm considered exotic (I'm Latino) and I get waaaay more attention that I do here.

WhereIHideMySecrets • 3 points • 23 September, 2017 08:33 PM

1,500 matches? I am going to need to see a profile.

Mythodea[S] • 4 points • 23 September, 2017 08:48 PM

Well, here's the proof: <https://imgur.com/a/1W0uu>

That's an account I've had for about a year and a half now. I had a previous one with around 600 matches that got banned for spamming the RSDMax Apocalypse opener lol I can't access it anymore so I can't show you.

WhereIHideMySecrets • 8 points • 23 September, 2017 11:16 PM

I wanted to see the photos. I trust you, I was just interested in seeing what a person looks like who gets that kind of attention on tinder.

fakeplastictrees87 • 1 point • 26 September, 2017 08:49 AM

me2

Jordainyo • 3 points • 24 September, 2017 07:52 AM

I feel like this post is an anecdote of swallowing the pill. You're accepting that there is no fairytale ending. Embrace it and continue.

Mythodea[S] • 2 points • 24 September, 2017 04:23 PM

I know there's no fairytale ending. But surely there's a balance?

Shaman6624 • 1 point • 26 September, 2017 01:13 AM

There is not only a fairytale beginning and ending but also everything in between if you want it to be, you create your own perception of reality. Or are you talking about romcoms?

TheReformist94 • 3 points • 24 September, 2017 12:14 PM

Ding ding, we have a winner. Realising that game is dancing to the females tune and acting in their frame gets fucking boring. I ask myself, what if I actually want a normal convo and a few dates before fucking? I get friendzoned because I didn't perform like a clown immediately making the interaction sexual? What exactly is done on our terms?

Shaman6624 • 0 points • 26 September, 2017 01:17 AM

Maybe you just suck in not acting like a clown. If you act like a 'clown' all the time you get good at that and you forget how to dance to your own tune. The upside of that is you have more sex with more women. Downside is you forget how to be real. My whole relationship has been on my terms never got friendzoned. I don't see the problem?

TheReformist94 • 3 points • 26 September, 2017 06:21 AM

Are you autistic?

fakeplastictrees87 • 1 point • 26 September, 2017 08:50 AM

I think he is

Shaman6624 • 1 point • 26 September, 2017 09:52 AM

No I'm not, got tested, am not autistic. Ans I don't see how that is relevant. It's a bit of an ad hominem response.

Shaman6624 • 1 point • 26 September, 2017 10:08 AM

Oh I misread your question, thought you got friendzoned. But you were wondering IF you'll get friendzoned if you don't escalate immediately. And the answer is no you won't but it depends on the girl and the context.

If you go to a library you have more chance at that than a club.

Also you probably will eventually be friendzoned if you keep withholding sex from the girl. Unless the girl is asexual.

The answer to your other question: what is done on our terms?

Is: about half of what happens in an interaction/relationship in general but it depends strongly on who has the higher smv and who is applying dread and is conscious of game. (Yes girls are more conscious but not all of them are and not all of them are red pill awakened).

If you have much higher SMV and a life (soft dread) the relationship will be mainly on your terms but it also depends on the character of the woman.

Kalepsis • 2 points • 24 September, 2017 04:49 AM

Penicillin?

Zanford • 2 points • 23 September, 2017 07:46 PM

Your bit about the French girl reminded me of a personal experience which could help you a lot:

What you need is a one sided open relationship that is casual YET with enough fun, humor, bonding, etc. to be more as well. The key to this is to set the right frame very very early when you meet the girl. I've had past LTRs where the frame was that I could sleep around, and she wouldn't (except she did hook up with a female friend as part of our game plan for a three-way). I didn't have deep feelings BUT she was fun to talk to and goof around with - aka fun for more than just sex (which was great, she would do all sorts of kinky stuff and beg for more). You need something like that. The open sided openness will let you keep sating your need for new casual sex, while getting along with her and enjoying her company will let you develop a bond without feeling like you are too chained down.

A girl like this isn't super hard to find, since girls are very malleable and lots of girls CAN be this to you if you set the right frame upfront and mold them in the right way.

Mythodea[S] • 1 point • 23 September, 2017 07:51 PM

YES! That's exactly what things were like with the French girl I had, and like I said, it was the perfect balance.

That was almost two years ago and as I said in the post, ever since, I've been riding the casual sex carousel exclusively and that's why I find it so hard to create such a relationship again. I can get a new girl whenever I want, but I can almost never get to keep the ones I want. I think this is largely because, again, I've hurt my ability to bond with a girl so all my behaviours and communications scream "pump and dump". Any pointers as of how to set up these sort of relationships and have that frame you mention? Crazy that I'm asking something that used to be so obvious to me a few years ago haha yet that's where we are now, thank you so much!

Zanford • 3 points • 23 September, 2017 09:00 PM*

Genuine abundance mentality really helps setting the right frame up front.

The girl your post reminded me of most...I was bouncing out of a long LTR and consciously applying red pill principles as I met a bunch of new girls. So I meet this one, and genuinely DGAF and just talk to her about how I'm juggling girls and other things. Convo got very sexual too.

She - perhaps seeing this as her way to snag me - acts not only permissive but enthusiastic about me juggling these other girls. The preselection attracted her, and I must've given off a genuine impression of 'not going to commit to any one girl exclusively anytime soon so don't bother asking'. I would later learn that this was also in part b/c she was bi-curious.

Other factors in my favor:

She knew I was coming out of a long LTR where I'd gotten bored, and that I needed to 'sow some oats'

She dressed really badly our first time seeing each other, and seemed less hot than she was, which helped my DGAF frame. She had amazing tits and ass, but had on a dumpy ill fitting sweater and jeans that hid it all. We had sex on our first date it was super dark. Plus by the time she's blowing you and bending over for you on a first date your confident is way up even when you feel her very nice T&A.)

My DGAF attitude not only helped for the usual reasons TRP talks about it, but b/c I acted like I DGAF

about those other girls. Girls care WAY more about 'emotional infidelity', and I've found them way more tolerant of you sleeping around (or lesser stuff like making comments to her about other girls' hotness, pausing a movie during a nice T&A shot and having her blow you while you stare at the actress etc.) if you act like the other girls are just being used for sex by you. Basically, every girl wants to be the 'primary' who gets the most of your emotions and time and has (she thinks) the best shot at commitment. This I think is part of why chicks dig jerks; if you sound like a pig when talking about the other girls, she can tolerate them better. A great analogy I read was girls devalue nice guys in the way guys devalue sluts: a nice guy is promiscuous with his emotions and easily falls for other girls. That's why every chick lit / chick flick hunk is a bad guy who seduced other hot chicks but never fell in love until the heroine swoop sin. It's the girl version of the male fantasy about the innocent virgin who becomes a sex freak but only for his magic cock. Basically you kinda sell this fantasy to the girl (but without making your 'opening up' seem like oneitis or anything)....and it's actually pretty genuine of you feel more of a bond with her than your other plates.

This openness was key to having such a nice relationship with her, not only for the sex with other girls, but b/c it let me be myself around her. I would just say what I felt like, including graphic details of the sex with other girls (which often turned her on). That's why she felt like 'more than a hookup' and gave me the bonding feeling you talked about missing, even though I wouldn't ever say I loved her or seriously considered a committed future with her. It also helped a lot she was the second most attractive girl I was juggling - so more than attractive enough to inspire me to fuck her hard and kinkily, but I never felt oneitis or like she was the best I could do.

With this and other relationships the #1 important thing I've found to actually bonding with a girl, is feeling like you can be yourself and share your random thoughts and not be trying to impress her or hide anything (basically DGAF and get to a place of inner game, at least with that chick.) Also BDSM is really great for bonding, I don't really even have 'kinks' or care about the details but it creates a lot of seeming intimacy and uniqueness in the sex (even if you do the same BDSM stuff with a lot of girls...they ALL seem to love being spanked for example) and makes it almost like a hobby you share.

Mythodea[S] • 1 point • 23 September, 2017 09:33 PM

Mate, are you sure we weren't dating the same girl? lol the resemblance is astonishing. It's like you're describing the relationship I had with this French chick.

But yeah, I see your point. This is way more work than swiping and texting, but this is what needs to be done to get out of this mess. I shall get to play :D haha thanks!

Zanford • 2 points • 23 September, 2017 11:12 PM

Girls are like water, they take the shape of their container (unless it's not strong enough for their hotness or acidity, then they melt it and flow through to whatever catches them). We likely had similar experiences b/c we approached these girls with very similar frames and expectations and molded the same relationship. That and we might go for the same type (artsy, erotic but ultimately not worth years-long rock solid exclusive commitment, then again who is).

The good news is, you said that finding new pump and dumps hasn't been the problem....and that's the most important and nontrivial part of the establishing the DGAF abundance mentality and good frame with a girl you actually want to keep seeing (esp. with one sided exclusivity).

Basically, when it rains it pours, and I've always found the best way to start a LTRigh relationship I actually want is to have a few plates. Plus I'm convinced girls can, at a subconscious level, literally smell other girls on you and your bedsheets (as well as your boosted T from the sex with them) and it aroused and attracts them.

robgyrat87 • 2 points • 23 September, 2017 09:46 PM

Thanks for posting this! I'm in the same boat and I've been confused about what to do (still am). I honestly thought I was the only one going through with this feeling and I thought it was BP coming back. Obrigado OP. What is your consensus on what to do? I'm intrigued because maybe I can follow.

Mythodea[S] • 3 points • 23 September, 2017 10:35 PM

Honestly, my clearest plan of action right now will be two things:

1. Find and become obsessed with a personal/career purpose other than women. Unless I have something in life that I can be constantly working hard towards every single day, my mind will never get off of this issue and it's just going to keep self-perpetuating the misery.
2. ONLY date girls I find very attractive (while still being social with all girls, otherwise you put the hot ones on a pedestal) and force myself not to try to have sex with them immediately. I'll still be super sexual so as not to end in the friendzone, I just won't pull the trigger when the time comes. If done right and with the proper frame, I'd like to have an open relationship with 1-2 girls I find very attractive and with whom I genuinely enjoy spending time. To me, that's the perfect dating/sexual balance where you can still date and sleep with other girls while still having someone you dedicate more time, attention and get to bond with. Of course not all girls will be down for something like that, but I think it's worth the effort. I just can't keep going like this.

Will this work? I have no idea, but it's worth the try.

robgyrat87 • 2 points • 24 September, 2017 12:00 AM

Right on. I'm thinking just going on monk mode. I read the article you posted and it definitely opened my eyes. I posted here before about me wanting to settle down with a decent girl and the problem I faced was everything you mentioned. Bonding is harder for me because everything is coming natural

Arabian_Wolf • 1 point • 24 September, 2017 12:52 PM

Perhaps go temporarily Monk Mode and MGTOW till you reset your brain.

Read somewhere that's the most effective for your situation.

Mythodea[S] • 2 points • 24 September, 2017 04:26 PM

I've never been a fan of MGTOW but given the circumstances, it might be time to reconsider it for a while. Cheers!

Arabian_Wolf • 1 point • 24 September, 2017 05:30 PM

Neither do I, but in your situation it's beneficial to temporarily go for it, more of Monk Mode than it to be honest, as long as you self-improve while quitting women (for now).

Shaman6624 • 1 point • 26 September, 2017 01:03 AM

The only way is cold turkey. Just quit, reset. See a life where you don't have meaningless sex. See a life without the addiction. Know that it's possible and quit. Time will heal all wounds your problems will solve themselves and you'll have fresh new problems to work with. Good luck

Mythodea[S] • 2 points • 26 September, 2017 09:00 PM

Appreciate the input mate, it does it it's time for a detox haha cheers!

dr_warlock • 1 point • 26 September, 2017 02:54 AM

I think it's the non-procreative aspect of the sex that brings you down. If you impregnated a 100 women the natural way, I don't think a man would ever feel 'burnt out'.

JezebeltheQueen5656 • 1 point • 24 September, 2017 06:17 PM

We all know the feeble feeceemale brain cannot comprehend such manly and logical conversations. Can we go back to talking about how pretty my nails are? Or how pretty my hair is? Or how much of a bitch that Jessica from work is? Teehee

Mythodea[S] • 2 points • 25 September, 2017 01:56 AM

Lol sad but true.

NoHittingTheCycle • -3 points • 24 September, 2017 03:03 AM

I'm pretty sure this is written by a 17 year old that wants to sound cool.