

Theory in Progress: Making a woman actually addicted to you.

July 13, 2018 | 511 upvotes | by [Warped_Mindless](#)

Introduction

As any Red Pill man knows women engage in *Branch Swinging* due to their *Hypergamous* nature. Some men, in fact, have simply accepted the commonly repeated mantra of, "She's not yours, it's just your turn" as absolute fact. What if it doesn't have to be that way?

Something I have been working on over the last two years is a process of making women psychologically addicted to me; I believe I may have finally figured it out.

The following is simply my **theory** on how to make a woman psychologically addicted. Over the last two years I have personally used this on six women with four of them reaching the addiction stage. In addition, I have taught this theory to a close friend (and talented player) who has used it on three girls resulting in all three becoming what I consider addicted.

I will be the first to admit that the sample size is extremely small and therefore my conclusions could be wildly inaccurate. I post this up to share with the Red Pill community so that together we can refine and streamline this process.

Psychological Addiction Defined

Lets first begin by defining what exactly I mean by "addiction."

According to rehabs.com "Psychological Addiction" can be defined as:

A psychological, or emotional addiction, is defined as a compulsion or perceived need to use. In severe cases of psychological addiction, these thoughts become all-consuming. Without help, a psychological dependency can transform a drug of choice into your central focus of life.

Its obvious then that to make a woman psychologically addicted you must become her "drug" of choice. How did I manage to do that with four of the women?

The Nuts and Bolts

Modern drug counselors will tell you that continued exposure to a pleasurable stimulus (you) will eventually lead to *neurobiological changes* in a person's brain so long as the stimulus is both strong and pleasurable.

These changes lead to: * A development of craving * Emotional distress during periods of absence from stimulus

In other words, when psychologically addicted a woman will feel pleasure when she is around you and withdraw when she is not. This continuous loop leads to a type of *Intermittent Reinforcement* which in turn leads to even greater amounts of addiction.

There exist two main chemicals the brain can release into a body which is associated with addiction and dependency: *Dopamine* and *Serotonin*.

Dopamine

The neurotransmitter dopamine is responsible for incentive, reward and motivation, and is a key neurotransmitter involved in addiction. Drugs of abuse activate reward pathways, releasing excessive dopamine. Dopamine surges produce: Euphoria, strong behavioral reinforcement, and cravings or compulsions to perform certain behaviors. Often called the "Pleasure Chemical."

Serotonin

Serotonin, the neurotransmitter involved in sleep, sensory experiences, and sense of well-being, may also play a key role in addiction. Decreased serotonin levels have been linked to behaviors associated with: Intoxication, depression, anxiety, poor impulse control, and aggression.

Now the picture gets clearer. To foster addiction in a person you must cause their brain to release large amounts of both dopamine and serotonin in the beginning of the relationship so that a dependency is quickly formed. Once that dependency is formed there must exist occasional absences so these chemicals are depleted and the woman feels withdraw. This constant cycle of "release and withdraw" will further reinforce dependency on you leading to psychological addiction.

How I Create Dopamine and Serotonin In Women

There are two main ways that I cause a woman's brain to dump these *pleasure chemicals* into her body: Experiences and Operant Conditioning.

In the beginning of each relationship I be sure to engage in unique experiences and activities together. These are rarely expensive or hard to set up and manage. Take them to unique places and do fun things together so that her brain dumps both of the pleasure chemicals.

Example: Within the first few weeks of dating a woman I will take her to the very top of the tallest skyscraper in my city and have a quick brunch together. Another thing I'll often do is skinny dipping somewhere its technically illegal but the chance of getting caught is very low. Anytime you can infuse danger and excitement together you having a winning combination.

Once I start filling her body with an abundance of chemicals and excitement I use strategic absences of 3 - 5 days to let her get bored and go through withdraw. The day I meet back up with her I'll almost always give her extremely dominant sex to give her another dose of pleasure chemicals.

The second way is through a type of Operant Conditioning called *Intermittent Reinforcement (IR)*.

In behaviorism, Intermittent Reinforcement is a conditioning schedule in which a reward or punishment (reinforcement) is not administered every time the desired response is performed. This differs from continuous reinforcement which is when the organism receives the reinforcement every time the desired response is performed. For example, on a continuous reinforcement schedule a mouse who pulls a lever would receive food (reinforcement) every single time it pulled the lever. On an intermittent reinforcement schedule the mouse would only receive food every few times (it is typically random and unpredictable). There is an increased likelihood the desired behavior will continue with intermittent reinforcement conditioning and the behavior lasts longer than continuous reinforcement.

In basic English, if a woman is behaving in an exceptionally good way, and/or doing things for me I want her to do I will often reward her with intense affection and validation. Cults do the same thing to newer members and call it *Love Bombing*. When she isn't I simply go very cold and disinterested and often will even disappear for days at a time when needed.

Slot machines are the perfect illustration of my addiction method. Walking into a casino is a unique experience of its own; The lights, the sounds, the people, the environment, etc., all create a very unique experience. When the player pulls the slots lever to spin the wheels they are intermittently rewarded with money and music. This is why so many people become addicted to gambling every year!

Conclusion

Creating a feeling of dependency and addiction is not overly hard if done correctly. I encourage everyone

to give it a try and see what kind of results you can achieve. Obviously, this technique must be combined with other Red Pill principals in order to get the most of out of it. Don't think you can fail shit test, have zero frame control, and be her bitch and have this still work as well as it should.

EDIT

It has come to my attention that this was reposted to some femnazi site. Lets all say "hi" to the bluepill fags!

Archived from theredarchive.com

Comments

TheRedPike[M] [score hidden] 22 July, 2018 06:09 PM stickied comment

To whomever linked us and is brigading this thread: discussion of a topic does not mean agreement with a topic. You get to make your own moral judgement the topic, but we do not discuss the morality of things here. We discuss what is and what isn't. You would find many TRP posters probably agree with your moral judgment, but you won't see them discussing it because they understand how this sub work.

We do not advocate anything. We are a toolbox. Use the tools to make what you want to make, be that a paragon of virtue or the devil's new challenger.

Fyn689 • 227 points • 13 July, 2018 06:28 PM

Addiction is, as all extremes, dangerous. Even if this you've found is extremely interesting to me because it can be applied in other areas of life as well,I would tell you should fear the addicted woman. What happens when you take crack away from a crack addict?

Particularly women, they can go batshit crazy and lie and try to ruin your life and stalk you for a very long time. So yeah, I'd say it's a good tool for LTR's though.

Oxspit • 41 points • 14 July, 2018 12:18 AM

so this is what's happening to me. God damnit

Emmanuel_Elias • 1 point • 22 July, 2018 10:23 PM

Just act extremely needy and she'll leave

Oxspit • 0 points • 23 July, 2018 08:46 PM

she took revenge and left... still stalks me, but nothing annoying

[deleted] • 32 points • 14 July, 2018 01:20 AM

Yeah. The desperately addicted woman is absolutely a nightmare to detach from

[deleted] • 23 points • 14 July, 2018 06:26 AM

Your first sentence. While reading this my thoughts were "man is this guy trying to get stabbed"

TheRedPike[M] • 63 points • 14 July, 2018 04:44 AM

Addiction is, as all extremes, dangerous.

And as a reminder to everyone, we are not here to debate morality. Each of you get to decide the morality of this topic on your own--knock yourself out. We are here to share information. This comment is a good example of how to introduce contrary information without actually making a moral judgment. As such, I'm going to do something I rarely do and award a point. There have been some bad examples of this I have had to remove.

europedogg • 7 points • 14 July, 2018 10:24 AM

Exactly what you said. I month ago this what OP describes happened to me, the girl was crazy and addicted to me. I made very good decision to not giving her my number, but she still knows where I live. She broke

up with her boyfriend and was spamming me all the time on one local social network. I knew that I have big problem. Her desperate was so fucking turn off for me, although sex with her was good. Now she's fucking some other dude and suddenly I don't exist for her anymore (fortunately). I think its just a temporarily high. The addiction may fade really quickly...

hoodbyasvp • 1 point • 15 July, 2018 09:14 AM

that was creepy my man, glad you find your way out

Caboose_117 1 points 14 July, 2018 01:47 AM **[recovered]**

This whole tread is fucked up... like.... why would you want to induce addiction in someone? How conceited and selfish do you have to be to want to do that to someone. It's sociopathic.

theshiphaslanded • 76 points • 13 July, 2018 06:54 PM

Delves into the biological underpinnings of the D.E.N.N.I.S. system -- insightful!

guccigestapo • 16 points • 14 July, 2018 04:39 AM*

I prefer the M.A.C. System — Move in After Completion

huckleberry_78 • 8 points • 14 July, 2018 04:33 PM

I'll be Frank then and pick up the scraps by letting a magnum condom fall out of my wallet. □

hustlejajay85 • 3 points • 14 July, 2018 03:08 PM

Hahaha I remember that episode.. love that show!

enkae7317 • 49 points • 13 July, 2018 11:36 PM

Your theory is good but this is old news. It's the same concept as push-pull. Just in a bigger sense. It is well known to withdraw attention from a girl after lavishing her with thrilling, new experiences.

This is push-pull to an extreme.

lifeisweirdasfuck • 5 points • 14 July, 2018 09:41 PM

It's the same concept as push-pull. Just in a bigger sense.

In my opinion we human beings need more and more information to best understand a concept.

The push pull dynamic is correct, but hard to actually understand. It's not just about pushing and pulling. You need to know when to push and when to pull.

AriesAsF • 147 points • 13 July, 2018 06:48 PM

This is called 'love bombing' and its a technique perfected by narcissists and abusers- getting someone 'addicted' early so that he or she'll be more likely to put up with abuse and horrible treatment later in the hope that things might go back to the way they were in beginning. No one would argue with you that it can't be done because its been proven that it certainly CAN, but it does take a certain personality type for it to work on (high empathy and low assertiveness and poor self-esteem) and I would argue that that particular personality type might not be the best candidate for a healthy LTR. But then again the type of person who would attempt to form an 'addiction' in order to keep their partner/object in a relationship isn't exactly the healthiest mindset to begin with, so thats probably why we see these two types of unstable personalities paired up so often.

Orbiter45 • 96 points • 13 July, 2018 07:31 PM

You know, if you think about, women do this all the time. Get your attention, sparking excitement, then push you away. Then our culture goes to great lengths to protect women from the fall out. Not just the physical dangers, but the emotional, social, and peer pressure.

For some reason, if a man figures out this could work in reverse, we see it as inviting danger, or even evil.

I believe this can work, from the research I've done, women have a higher need for external validation than men. Because men have their own confidence enhancing chemical, testosterone. In fact, women need regular injections of man juice for their mental health.

If a man can hold frame, the Oxycotin (emotional bond) a women releases during sex, mixed with the juice of a high T/low Cortisol male, can create an addiction. And that says nothing about the behavioral method OP is talking about.

BuddhistSC • 23 points • 13 July, 2018 08:18 PM

it's oxytocin, not oxycotin

MattyAnon • 72 points • 13 July, 2018 10:24 PM

you know, if you think about, women do this all the time. Get your attention, sparking excitement, then push you away. Then our culture goes to great lengths to protect women from the fall out. Not just the physical dangers, but the emotional, social, and peer pressure

Exactly..... every woman's magazine since the dawn of time spells out exactly how to run these tricks on men, and women reinforce this to each other endlessly.

"Reel him in with sex, then be emotionally unavailable sometimes and don't always answer when he calls, but do occasionally dress up in sexy lingerie and give him the time of his life - remember that it's the combination of the pleasure of your body and the pain of missing you that really hooks him!"

Would that look out of place in a woman's magazine? Would there be a national outrage about it? Would it be the subject of hate groups and twitter bombardment?

No of course not, this is just accepted as the status quo of what women do. But if MEN get wise to these tricks, the world loses its shit.

FinancierGuru • 15 points • 14 July, 2018 04:41 AM

Very good point. Respect.

Why we fall for it EVERY Time.

Because we're the prey of the "love bombing", 90% of the time.

It's just that WOMEN do it by-their-nature. Reeling in, push-pull these are FEMALE INVENTIONS and Modus Operandi.

Orbiter45 • 4 points • 14 July, 2018 12:07 PM*

The question I'd ask, is whether men don't do this, as base instinct, or from conditioning.

Myself, I think that we have all the basic instincts we need, but they are conditioned out of us.

While I don't have specific proof, what I would point out, is that European Paganism with their "Goddess, and God" is very similar to the Tao yin/yang, and even Hinduism's duality of gods. All demonstrate that ancient people's recognized a gender balance. Its the Abrahamic religions, that most of our modern philosophy evolved out of, that have a different view of the male/female relationship.

It would not make sense for females to evolve an intricate seductive body language that men didn't get the gist of. But men are naturally dominant and invasive. Leading to the necessity of some men being beta-fied, for the good of the community.

Tommy_407 • 5 points • 14 July, 2018 03:39 AM

Seriously.

them11fman • 3 points • 14 July, 2018 05:09 AM

It's crazy how much sense this makes. An example of this happening in a female magazine would be superb. I'll see if I can find one at the store later.

MattyAnon • 3 points • 14 July, 2018 01:33 PM

See if you can find a women's magazine that *doesn't* say this sort of thing.

SPREAD_THE_LOVE_7791 • 2 points • 16 July, 2018 10:49 PM

You crushed it with your comments on this post. What an eye opener.

ricoue • 2 points • 24 July, 2018 03:21 AM

Oxytocin = Real hormone

Oxycontin = Brand name for synthetic oxytocin

shantakesanap • 2 points • 14 July, 2018 02:02 AM

Does high T go hand in hand with low cortisol? I feel like I'm high T and high cortisol. Need to work on staying mellow and out of my head.

j_arbuckle2012 • 2 points • 14 July, 2018 12:10 PM

High cortisol inhibits test production.

You are not high-T if you're high cortisol.

RedEmbrace • 1 point • 14 July, 2018 01:31 PM

The more Cortisol you have the less T you have and vice versa, but to an extent.

dr_warlock • 18 points • 14 July, 2018 12:39 AM*

The 'master manipulator' doesn't exist. The predator looks for suckers. The higher you go the more predators you see and can never acknowledge it. You're in the deepend, sharks lurk here get over it. I've seen women with mentally retarded dudes in their crew.

I approached two hot women that didn't know each other and each had a slow dude with them and two betas. It was shocking to see how they balance fake iois (intentional misleading) ie touching and allowing hugs to keep them all reeled in at different locations of the venue. One of the girls was all over warlock (even mentioned her bf casually) and this was disturbing her satellites so I let her do her predation here and there because I know what's up and don't interfere in her cons. She always returned. Mhmmmm. The other one was throwing up all sorts of emotional garbage on her entourage. Any female that does this with orbiters is a sociopath. To get that close and intimate, creating tons of strong emotions in all these guys like that is a vampire. I don't care how she treats betas but gotta call it what it is. Tons of women fit this description but

society would never acknowledge because it's not a bug, it's a female feature.

MattyAnon • 1 point • 16 July, 2018 11:17 PM

The 'master manipulator' doesn't exist. The predator looks for suckers.

This is a good point, and it's why provider hunters and gold diggers are so easy to filter out by simply not giving them anything - they quickly move on to richer seams.

dr_warlock • 3 points • 18 July, 2018 12:01 AM

This is why men who suddenly 'rp' themselves will find that a lot of women and 'friends' no longer associate themselves with them. They were being used and exploited.

Larrea_tridentata • 17 points • 14 July, 2018 12:17 AM

Making a woman addicted to you? Step 1: be a cat

huckleberry_78 • 36 points • 13 July, 2018 06:49 PM

You need to graduate to the D.E.N.N.I.S. system. You are on the path to psychopathic glory. □

Herdseengineers • 44 points • 13 July, 2018 05:54 PM

Hmm, recipe to create your very own bunny boiling, BPD stalker. Enjoy the crazy drama that this results in if you're dumb enough to do it on purpose.

huckleberry_78 • 15 points • 13 July, 2018 06:51 PM

The shit he is talking about is very controlling and narcissistic. A BPD would destroy him.

Herdseengineers • 13 points • 13 July, 2018 07:02 PM

Yup. It's literally inviting "Fatal Attraction" or "Gone Girl" type lunatics into your life. Hope he enjoys the slashed tires, dead animals, false accusations, broken into houses, and other drama the women this kind of shit attracts bring with them.

Warped_Mindless[S] • 17 points • 13 July, 2018 06:58 PM

Most blue pill fags would say that about every Red Pill strategy.

Tommy_407 • 9 points • 14 July, 2018 03:44 AM

I agree with you. The Narcissistic PD/Borderline PD female caveat is televised here and extremely over assessed. Most people here are not NPD. Most people here have not dated a BPD female. But because there was a thread about it now everyone claims NPD and every female you cannot hold frame with or that that gives you nuclear shit tests is now a BPD. Ridiculous. This strategy is not narcissistic at all. It's Push/Pull Hot/Cold but many are overanalyzing it.

huckleberry_78 • 7 points • 13 July, 2018 09:12 PM

Read this. <http://gettinbetter.com/dance.html> - your thin veneer of self confidence that hides your overwhelming sense of insecurity is blatantly obvious to me when I read your posts here. Listen. Understand yourself. Fix your shit. People are trying to help you with these comments and you are bashing them because you can't handle criticism.

them11fman • 2 points • 14 July, 2018 03:37 PM

Thank you so much for sharing this.

huckleberry_78 • 1 point • 14 July, 2018 03:50 PM

No problem. I'm kind of curious. Why are you thankful?

blimp166 • 2 points • 14 July, 2018 07:31 PM

That was enlightening for me as well. I think I just came out of a relationship like that, and I'm still trying to fit the puzzle pieces together about wtf happened

them11fman • 1 point • 15 July, 2018 02:28 PM

There's just so many reasons. Its like that article was written specifically for me. I thought about explaining reasons why, and wouldn't mind doing so, but it would be lengthy

furryblackppl 1 points 13 July, 2018 07:16 PM* **[recovered]**

Except with BPD girls this is reality. It works well on normal girls but once you try it on a BPD girl it's a completely different story

monkeemagik • 7 points • 14 July, 2018 10:00 AM

Don't like this one bit. Sounds like you are feeding a psychological issue you may have. Why do you feel the need to get someone 'addicted' to you?

[deleted] • 20 points • 13 July, 2018 07:43 PM

Women already do this to men. They operant condition men with their pussies. Sometimes give him the pussy,sometimes dont. They wanted equality,here it is.

MattyAnon • 19 points • 13 July, 2018 10:34 PM

They wanted equality,here it is

Haha no they didn't. They only wanted "equality" where they didn't have it (being highly paid while ignoring the effort that went into it).

In areas where they were doing better than men (social support, suicide rate, doing dangerous or messy jobs, preferential legal support, not paying for dates, alimony, keeping their kids, being thought of as the innocent victim at all times, being allowed to whine about whatever is on their minds this week) they wanted no change at all.

They have been *very* successful at this.

MattyAnon • 20 points • 13 July, 2018 10:35 PM

To all the comments suggesting this will create stalkers: it won't. But it will flush them out quickly.

Zahlx 1 points 13 July, 2018 05:45 PM* **[recovered]**

Is this what the bargaining state looks like? This is like accepting that there isn't a unicorn (unconditional love) and now trying to build the next closest thing to it (addiction to you).

Warped_Mindless[S] • 36 points • 13 July, 2018 05:48 PM

No. Its not about creating some "unicorn." Its about recognizing that people can become addicted to things other than drugs and taking advantage of that process.

Memeandmesomemore • 11 points • 14 July, 2018 01:21 PM

You're trying to create a blueprint for narcissistic abuse.

I've been on the receiving end of it, it isn't good.

Depending on the state of mind she ends up in, she might end up killing herself. If it backfires on you she might end up killing you.

Attempting to manipulate other peoples minds so that you can control them is not a good plan.

waterynike • 1 point • 27 September, 2018 02:48 AM

Seriously does this dude think he is the first person to come up with this? Like there aren't a million how to avoid abusive people books out there that outline this behavior and tell the person to run from it.

WillSteinmetz1 • 2 points • 14 July, 2018 01:38 AM

I prefer the D.E.N.N.I.S. system

<https://youtu.be/95Fx2aYQbQs>

52andjacked • 3 points • 14 July, 2018 11:29 AM

I did this with sex. My own single orgasm became less fun than watching and hearing a woman have several. You turn sex into a almost a day at the spa in terms of pleasuring her she is yours. If you can make an average looking woman feel like the sexiest woman on Earth you have an addict.

Howl_Skank • 15 points • 13 July, 2018 09:41 PM

Fucking terrible idea. Enjoy all the nightmares that come before you can even get a restraining order; enjoy the ridiculous process of actually getting it; and then enjoy the myriad attempts she'll make after that to subvert/overturn/sidestep said restraining order. And that's just ONE of the problems. There's a whole list of them. Believe me, I've been there. You don't fuck with another human's brain like this and not expect major, lasting karmic repercussions.

krowitz • 7 points • 14 July, 2018 12:07 AM

I beg to disagree with this one. Although AWALT, it is not vengeance that we seek. If I understood TRP concepts correctly, it is about self-improvement, and I don't see this as an improvement.

I'm not moralizing or anything, but what you are describing here is a classic NPD-BPD pairing. I might be narcissistic and naturally attract borderlines, and I really won't wish what I went through even to my worst enemy.

But yeah, to each his own and I respect that too.

Warped_Mindless[S] • 6 points • 14 July, 2018 12:20 AM

Its not about revenge, its about putting the power back in your hands.

sqr1 • 3 points • 14 July, 2018 01:30 PM

Guys need to wield power. Too many fuckwits with their virtue signaling are afraid of their shadow. They need mom (or some other female to protect) to trigger them into action. Learning how to game chicks is a major part of attaining power.

Look at Weinstein... says directly: traded sex for roles. How many chicks willingly kept going back to that fat fuck for fame? Find the cheat codes, learn the cheat codes, use the cheat codes.

[deleted] • 3 points • 14 July, 2018 05:02 AM

Tread with caution. This is a powerful yet dangerous technique. Once she becomes addicted to you, it becomes damn near impossible to break up. Logic has no meaning to her. Yes, you'll enjoy attention at the beginning but it quickly becomes tiring. Too many text/calls and the ensuing hysteria if you fail to reply. I've an ex who flew thousands of miles just to see me. She lied to her parents and travelled alone throughout the night. This is in a country where it's not safe for women to travel alone especially in the night. Also, all this happened without my knowledge.

madlymadly • 3 points • 14 July, 2018 09:25 PM

Lol "take her on some sweet dates and be really nice to be around and she won't be able to get enough!" Yup sounds like that could work haha.

plascra • 3 points • 16 July, 2018 09:23 AM

This is how you rear crazies. Crazies are scary AF.

acidbath6464 • 5 points • 13 July, 2018 08:43 PM

This is borderline (BPD) game. This is exactly why those relationships are the hardest for people to quit. Even though it can destroy there lives

omega_dawg93 • 5 points • 13 July, 2018 08:50 PM

what we have here is also called, "action dating."

on the first few dates, you do super stimulating things with the girl like bungee jumping, helicopter rides, shooting guns, etc... stuff that gets the heart pumping.

i don't have a lot of money so i take them on a friend's jet ski or motorcycle... and go very fast for short periods of time.

they associate you with the endorphins... and you do this a few times. then you go sit at a coffee shop and simply talk. then another action date to reinforce.

soon after you'll be the "exciting guy" that gets her all worked up. note: this only lasts for a short while... you still have to show up as a dominant, masculine man to keep her interested.

daftryan 1 points 14 July, 2018 03:15 PM **[recovered]**

OP is just a low level narcissist that just took an intro to psychology class. What a faggot

Warped_Mindless[S] • 2 points • 14 July, 2018 07:25 PM

Low level narcissist with a bachelors in psychology*

dasher11 • 2 points • 24 July, 2018 08:27 AM

Lmaooo do you think anyone really believes that? ☐

chazthundergut • 6 points • 15 July, 2018 07:54 AM

Honestly this theory sounds like it was written by a guy who hasn't fucked a lot of women.

The only one way to get a girl addicted to you is through mind-blowing sex. That's it.

Besides that, just follow simple TRP. Push/pull, dread when necessary, pass shit tests when they crop up, prioritize your mission and happiness, etc. But yea, mind-blowing sex is the key.

[deleted] • 1 point • 24 July, 2018 02:05 AM

This IS push/pull, you dummy

WarViper1337 • 10 points • 13 July, 2018 06:46 PM

The sad state of TRP when men are suggesting to put women into one of the most dangerous states of mind imaginable. Addiction is bad. Very bad. This is just asking for a woman to go ape shit on you when you can no longer provide her the feelings you have worked so hard to get her addicted to because female nature will dictate that she will demand more and more to remain satisfied.

broscientologist • 3 points • 14 July, 2018 01:52 PM

Oxytocin is the emotional bonding chemical. You should do research on that before opining about drugs. Also, this is how horror movies start.

Noolaw • 2 points • 14 July, 2018 01:09 AM

Thats why very long term relationships suggest doing nice little things for each other everyday instead of grand gestures of love.

Solitary_Solidarity • 2 points • 14 July, 2018 02:20 AM

Im confused about one thing though, I thought that too much affection often times drives them off. How do you balance?

NormalAndy • 2 points • 14 July, 2018 06:34 AM

Be dangerous because it's good to be a risk taker. If that gives women the tingles then so much the better.

If you're doing it for them rather than doing it for you then you're going to end up being the bitch in times of failure and adversity.

"Look how hard I tried." :-(

JamesSkepp • 2 points • 14 July, 2018 08:25 AM

You should ask around RSD Nation for Julien's removed videos.

smyger • 2 points • 14 July, 2018 10:47 AM

Question...

Can you give more examples of addictive dangerous things to do?

-saltymangos- • 1 point • 30 October, 2018 01:31 AM

Go to a creek bed and walk around. Enjoy the nature. Where I live, the creek beds are filled with homeless people so people usually associate that with "dangerous" even though they won't touch you.

Trespassing works well. Obviously high risk. Sneak over a fence or wall into a "restricted" area. Escalate from there.

Really anything that the BOTH of you can do that produces adrenaline. If you're the only one doing the activity, it seems desperate and needy. Like, "ooo lemme walk across this tightrope while you watch me." Sure, you look cool while doing it but, she's not doing anything and women want to be part of something, after all. Bring them along for the ride, they need it.

Another great example, there's a few construction sites around my area with cranes. Sneak over the fence and climb the crane. Guy I know of did that, pretty fucking nuts.

RedEmbrace • 2 points • 14 July, 2018 01:49 PM

I know this technique and it's more of an adrenaline/oxytocin bond than dopamine/serotonin. Dopamine plays a role here as in "getting my catch" - she feels like she has to chase you which puts her attention towards the goal (you) aka dopamine release. Serotonin's role I'd put up for a debate in this particular play but it definitely plays a role in withdrawal ("I haven't succeeded what do my peers say about me now").

ApexmanRP • 2 points • 14 July, 2018 04:09 PM

Nice post. I have been doing something similar with my LTR, just haven't formalized it, in the way you have. A couple of questions, you say 6 women, were these concurrent plates or LTR's that have dropped off? Did the approach wear off in the end?

[deleted] • 6 points • 13 July, 2018 06:01 PM

No need for such long text, be attractive enough and/or fuck her the best out of her options.

Warped_Mindless[S] • 7 points • 13 July, 2018 06:03 PM

You wont always be her most attractive option. Nothing wrong with using red pill strategy as a "cheat code" to overcome other guys advantages.

max_peenor • 3 points • 14 July, 2018 04:56 AM

You wont always be her most attractive option.

Then that is your problem. You can play all these other games all you want. It won't remove the elephant from the room. If you aren't her hot beast than you are just a whistle stop. Cheat codes are distractions. Attractiveness is real.

Look, I'm not telling you to ignore game or anything like that. However if you have a choice where to put resources, put it into being someone she wants.

[deleted] • 1 point • 13 July, 2018 06:13 PM

That's exactly why LTR rarely work, she'll almost always got a better option. Maybe after 2, 6, 12, 48 months but eventually she won't be hooked to you anymore. Remember: 'She's not yours, it's just your turn' apply here.

[deleted] • 1 point • 14 July, 2018 01:14 AM*

Want to make two observations, (before reading the entire post) -

The opposite is also true. We males have to be on guard not to become desperately dependent on a oneitis. Women have mastery of this game, especially the worst types of women.

Point two- severe cases of CC riding with 1000 cock stares can probably handle massive levels of oxytocin, serotonin, and dopamine from you without becoming attached. They're just too overexposed and get it from too many sources to make that bond possible. But that's ok- we don't want these types of busted out chicks anyways.

oyoungpadawan • 2 points • 14 July, 2018 02:34 AM*

This is true, a girl I fucked once told me some of the crazy things she did....

I'm a little bit on the "devil may care side" so she had some attraction, but I was till too tame for her and she constantly tried to enable or escalate my risk taking behaviour (not only during sex). Dangerous woman.

I mean I enjoy dominant sex but I won't ever choke a women to near death or beat them for real.

She dated some true psycho's that I can't (and won't) ever be able to top.

One of these dudes even sent death threats each time they "broke it up for a while". Still she wants him and thinks she can change him.

Some people....

CalvinRichland • 3 points • 13 July, 2018 08:13 PM

This is not red pill at all. You might have success with drama hungry broken women. The joke will be on you. Never underestimate an unbalanced woman's ability to totally fuck your life.

Tommy_407 • 2 points • 14 July, 2018 03:51 AM

Jesus Fucking Christ. Can we please stop with the NPD/BPD comments? It's Push/Pull. You take her on fun crazy dates in the beginning and then you recoil a bit. Holy Fuck. The vast majority of women are not BPD. If you have some game you can also usually see a psycho bitch coming.

max_peenor • 5 points • 14 July, 2018 04:50 AM

The vast majority of women are not BPD.

Allow me to quote myself: A woman without boundaries will act in a way that is indistinguishable from BPD.

couchmonkee • 2 points • 14 July, 2018 04:40 AM

Why the fuck would you want to trick a women into being addicted to you?

TheRedPike[M] • 10 points • 14 July, 2018 04:51 AM

Good question. Expand on why you might think it is a bad idea.

salinorum • 2 points • 13 July, 2018 06:37 PM

Lol why would you want this

[deleted] • 4 points • 13 July, 2018 11:08 PM

Why would you want to do this, UNLESS YOU ARE INSECURE ?

futianze • 2 points • 13 July, 2018 06:18 PM

can you give more concrete examples of your intermittent reinforcement?

[deleted] • 2 points • 13 July, 2018 07:48 PM

A slap on the ass or a kiss when she does something nice for you or something you like, and ignoring her/ disdaining her when she does something that isnt good for you like being on her phone 24/7 when shes supposed to be attentive to you, or talking about other men,etc.

daffy_duck233 • 2 points • 14 July, 2018 06:24 AM

you re a masterful manipulator, truly knowledge is power!

lordspacecheese • 2 points • 22 July, 2018 06:16 PM

This post is part 1 of a serial killer manifest

realitycompl3x • 0 points • 14 July, 2018 12:47 AM

This shit is creepy.

love-you-long-time 1 points 13 July, 2018 05:28 PM [recovered]

WTF would any guy in his right mind want this?

BobLordOfTheCows • 16 points • 13 July, 2018 06:21 PM

Because not everyone wants what you want.

love-you-long-time 1 points 13 July, 2018 07:00 PM* [recovered]

Well the boys can play while the men slay. This is some blue pill boy shit if I've ever seen it...because a real "red pill" man doesn't need to do anything like this. Women get addicted to him without him even trying...he's just being his normal self. You don't want a woman addicted to you. When you think the texts and photos will stop she sends more. Shes asks questions over 2 years later like do you think we have a chance? Are you fucking kidding me. No...just no.

Herdsengineers • 6 points • 13 July, 2018 09:59 PM

had a crazy bunny boiler myself. well, she instead of a bunny it was a backyard bbq cremation of her 1 month old baby (home birth, not reported) that died of neglect and abuse. she was trying to cover up what happened. originally told me baby died of SIDS. i about shit when i found out the truth. you think the 1000 cock stare is bad, try the watched my baby's corpse burn up in pyre stare. she did good faking normal for a while but the crazy eventually uncorked and dear lord was it biblically medieval when it did!

ThatOneDrunkUncle • 5 points • 13 July, 2018 11:32 PM

What the actual fuck. For humanity's sake, I'm going to choose to not believe this happened.

Herdsengineers • 2 points • 16 July, 2018 04:30 PM*

I found out after I googled her and her ex-husband's names together. A lot of things weren't making sense, so I did of personnel background digging. First result was a link to a PDF'd newspaper article about the incident. Apparently the idiots circulated a flyer about the girl dying to coworkers, friends, etc. I have no idea why other than poor us, pray for the girl, etc. A coworker, thinking it suspicious, called the cops. They had never reported it as it was home birth, it turned into a mess. No records of an actual new human, etc. The coworker gave the cops the flyer.

A little more digging and I found where they'd eventually been arrested and convicted for failing to report the birth, child abuse and neglect, abusing a dead body, etc. No actual manslaughter or murder convictions as they claimed baby died of choking on milk. Each parent had served probation, and they had criminal records for the incident.

When confronted, boy did her hamster spin about how it was all a lie (I was never clear on what was a lie about her), wasn't her fault, ex-husband would not let her leave house or take baby to doctor, weird culty religious stuff about praying for baby instead of going to doc that was her brother's fault, etc. And boy did being confronted with the truth and confirmation of her lies and distortions send her into a frenzy.

In the end, after listening to her web of lies and half truths, and contradictory other lies and half truths, I think what really happened was her baby got sick, sounded like ex-husband

(might have been her too) did the shaken baby thing out of frustration from sick, screaming kid, she never got up and took baby to doctor, and then kid died after another shaken baby thing. Then she was complicit in the plan to burn the baby up so there was no evidence of anything to cover it all up and try to protect themselves.

The hamster was strong, so they then sent out their flyer and that got them caught. To this day, she posts annually on FB to remember her baby, and gets a gazillion sympathy responses. I have a mutual friend that shows me. It's sick that she spins her letting her baby be abused and die into an attention getter and ego stroker on social media.

I usually don't go publishing dirt on people just because I don't like drama, but I did let this particular cat out of the bag to a few trusted mutual acquaintances. Not everyone we both know, just a few that I'm really close with. It's truly disgusting what she does, beyond the normal TRP, AWALT, hypergamous stuff we talk about most of the time. True evil. Scary thing is she had more kids after it all, she should have been sterilized or something.

BobLordOfTheCows • 6 points • 13 July, 2018 07:19 PM

Actually I am in that position and have been in the past two years. It isn't that bad, depending on how easily you get annoyed. I love it though; it's awesome to see the tables turned against the norm and it sparks the interest of other nearby women.

P.S. I'm not the one downvoting you, not sure who is.

Elfelan30 • 0 points • 14 July, 2018 12:55 AM

Interesting. Makes sense. I don't think it can be hold for long periods of time, I mean the spell eventually is going to wear off

Warped_Mindless[S] • 0 points • 14 July, 2018 01:03 AM

Not a spell, its psychology and addiction. Look into Operant Conditioning.

whatsthisgarg • 2 points • 14 July, 2018 05:38 AM

Interesting. Makes sense. I don't think it can be hold for long periods of time, I mean the spell eventually is going to wear off

Not a spell, its psychology and addiction. Look into Operant Conditioning.

Seems like you're making the claim that you are changing her physiologically, which is just going way too far.

The guy said it was interesting and made sense, but wouldn't be permanent, and in response you are just being grandiose. It would never be literally addiction.

I don't mind posts being over-the-top for effect, in fact I welcome it (I do it myself) but readers AND posters should know where to draw the line when we enter into discussion.