

# My friend appears to be becoming a natural MGTOW

7 upvotes | 16 September, 2015 | by NightwingTRP

---

Hello gentlemen. I come seeking a little advice from those who know the MGTOW community much better than I do.

I should provide a little context first. Recently when I was out with a friend, we were discussing what he and I had planned for the medium term future. When the topic of women and dating came up, he was very adamant that he's completely lost interest in women, feels they're not worth the time or money he'd have to invest, and he'd rather pursue other interests like his bodybuilding, work, video games, movies and exploration of the world. The way he spoke about this was as if he was looking for my input on the subject. (He comes to me for advice on things and I do what I can.) To me, I think he's struggling to find an identity because he doesn't really know any different from dating women.

I am a Red Pill Man and currently a plate spinner. I've previously done some research on MGTOW and listened to what you guys have to say. I'm still actually subscribed to Sandman and Lui Marco on youtube because I like their content. However that's pretty much where my knowledge ends. I do not believe I'm knowledgeable enough to provide the right advice to a potential MGTOW... but I'd like to be able to give him a starting point so he can do some of his own research on MGTOW and decide if the advice the movement offers could help him. (Or simply for me to be able to provide some worthwhile advice as his life alters and he tries to take on this new identity. I sense he may struggle a little when his mother and sister start pouring on the pressure.)

Would you guys be able to suggest any youtubers or sites that focus on lifestyle/practical things for MGTOWs, rather than the gender inequality issues and RP theory? While he agrees with all the RP things I've stated in conversations without explicitly mentioning RP, I don't wish to introduce him to TRP itself. However, I think some lifestyle/practical stuff from the MGTOW perspective would benefit him far more than any RP advice I could dole out. What/who do you guys think I should be looking at/reading?

---

Archived from [theredarchive.com](http://theredarchive.com)

---

## Comments

---

[deleted] 16 September, 2015 05:36 PM\*

[deleted]

[deleted] 16 September, 2015 06:06 PM

[deleted]

PM\_ME\_UR\_PLANTS • 1 point • 16 September, 2015 08:23 PM

Are you familiar with Karen's early work?

[deleted] 16 September, 2015 08:38 PM

[deleted]

PM\_ME\_UR\_PLANTS • 2 points • 16 September, 2015 08:53 PM

Commentary on nice guys that he'll enjoy:

<https://www.youtube.com/watch?v=a9XDb0nxSO4>

Men not marrying:

[https://www.youtube.com/watch?v=rlvMAS\\_20K4](https://www.youtube.com/watch?v=rlvMAS_20K4)

Neoteny:

<https://www.youtube.com/watch?v=C46rSifTum4>

Those are some good ones, but most of the stuff from her in that time period relates to MGTOW pretty well.

Stardusk (thinking ape), Bar bar, and Spetsnaz are musts for MGTOW as well in understanding basics and putting the pieces together. Again, the older stuff for a new person. Bar bar's stuff in particular.

I was lucky in that I ran into this stuff just a few months after they started publishing and could follow it all along. It was the groundwork for "red pill" as being an awakening and viewing of the world from a different perspective.

TFCNU • 2 points • 16 September, 2015 07:39 PM

I'd actually like to see more MGTOW lifestyle content. There's a bit of a dearth. Turd Flinging Monkey has some good finance vids talking about building wealth etc. However, I think you may be taking the wrong approach. It doesn't sound like your friend would regurgitate the red pill. I think if your goal is for your friend to find the inner strength to go his own way, you need to give him the basics. He needs to understand where his feelings are coming from. The red pill can seem scary, but there's no substitute for the truth.

PM\_ME\_UR\_PLANTS • 1 point • 16 September, 2015 08:25 PM

Raging golden eagle used to do lifestyle, but I haven't checked with him in a while.

undercovergamer • 2 points • 17 September, 2015 02:57 AM

For nuts and bolts of coming to terms with mgtow, psychology:

alex on life <https://www.youtube.com/channel/UC424BtaOL-vlmUFIxEASwyQ>

on actually living as a MGTOW plus other topics you wouldn't expect:

heartbern [https://www.youtube.com/channel/UCcE-\\_GtBrIWsLuzH8sCYHZg](https://www.youtube.com/channel/UCcE-_GtBrIWsLuzH8sCYHZg)

PM\_ME\_UR\_PLANTS • 1 point • 16 September, 2015 08:23 PM

It's just a question of hobbies. Women are one of your hobbies, and his interest is in other places.

Both rely on the same descriptions of human nature, but those who call themselves "red pill" are typically still interested in playing a game that MGTOW generally don't.

By most MGTOW definitions, you're both MGTOW (assuming you don't plan on marrying), and you just have a stronger interest in playing with fire. MGTOW typically means you look at the cost/benefit and don't bother, whereas "red pill" means playing a risky game and trying to get the most for your money.

HappyMGTOW • 1 point • 17 September, 2015 01:54 PM

The Rational Male by Rolo Tomossie is a great book. I'm 42 and in that same place too with women. I have not time for them and am very happy. Porn twice a week at most is enough for me. 10 mins and I'm done - no mess, no fuss, no \$ expenditure, etc.