

# Monk mode achieved. Current results explained.

74 upvotes | 24 September, 2016 | by Viking\_RnP

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## Summary

Upon examination of my sorry state after being dumped I realized I wasn't a man but a boy trying to push all of his problems onto a "mommy" to deal with. I went through the processes of grieving and whatever else and have come to a few conclusions. Here they are.

## Conclusions I've made concerning women:

- Women are just people. This was a big discovery for me. They aren't goddesses walking the earth for me to serve. I currently have a resentment towards women. I no longer offer them praise or compliments. The resentment is a blessing. I can focus fully on myself. I see them exactly as I see men. Typically a passing interest. Something to enjoy in the moment, not to savour and prolong contact. Like chillin with the bros who just became your bros for the night because you're all drunk and liked the same song at karaoke.
- I don't like hoop ups. This is a personal choice. It fucks with my head and I don't want to feel feels so it's better to just avoid it all together. I don't feel any more a man when I'm with a woman. She doesn't fulfill me. Only I can fulfill me. I get more pleasure out of a new PR than I do from hooking up with a random girl. I found what I enjoy and I'm going to stick to it. I know what I want sexually and I'm not willing to settle for less just so I can brag to my buddies about it. I've learned to redirect my sex drive into productivity. I don't feel any less a man for that choice.
- Women don't care about your emotions. They are turned off by what I'm feeling. They only care about their own feelings. Same as I currently do, oddly enough. They want drama and resistance. They don't want you to be straight forward. They want you to be dodgy and uninterested. At least that's what my current experience has been. I don't like it, so I'm not dealing with it. I'm looking for my best options and the only place I find them is when I look myself in the mirror.
- I don't fucking need her. That's it. I don't. Never will. It's just an option on the backburner.
- I don't understand love or what it is and I don't care to. A woman's love, other than my mother's and grandmother's. Just to clarify. Though honestly I never told anyone in my family I loved them. Nor have I told women I dated. I've seen the hurt in their eyes when I don't reply but I don't know how to explain it. Sometimes I even question if I do love them or not. It's an alien concept to me.

## Afterthoughts

- Now more than ever in my life I have shown women near complete disregard and they chase me. Never before have I been approached, sometimes they are even so forward that I could stand up and take her home just then. Just last night I was dancing at a club me and my buddies frequent on weekends. I was approached constantly with compliments. Easy openers. I didn't take any because I didn't want to and that felt amazing. One woman I was talking to plainly told me she needed a good fuck. I didn't feel anything when she said it. Thinking about it now I would have been ready to explode if a woman told me that 6 months ago. I'd be running to my car. Now, it's nothing. Just an option. That's great.
- Another pulled away from her boyfriend to dance with me. The guy kept pulling her back and a few other guys came to "calm her down" and apparently reclaim some faulty material. They didn't say a word to me. Just tried to get her off me. She kept using me as a barrier to ward off her boyfriend, she told me it was her boyfriend btw, and she even went as far to say "dance with me but don't touch me." An attempt to reconcile with her boyfriend I assume. When she said that I went to move off. She followed me. The guys eventually wrestled her away and left. At least I didn't see them at all for the rest of the night. That's a long story but I'm getting to my point. The only time I ever get that kind of attention is when I don't give a fuck about fucking her. I like the attention. Hell yeah. I'm not going to obsess over it though. I'm not disappointed because I didn't get a fuck. It was a good night. I was in control. Simple as that. That's a big step for me.
- The longest of my conclusions are about the ladies. Monk modes biggest hurdle for me was giving that part of my life up for a while. Or maybe a long long while. I'm not concerned about landing a babe and "making a life together" anymore. I'm concerned about making my own life great. I'm very happy with myself and my growth. I do not feel like I am lacking.

### **Conclusions I've made concerning my career:**

- I've learned to not be afraid to take chances. If I want to go to school for something I will. I'm going to see where it takes me instead of trying to plan out the next 40 years of my life right here and now depending on what major I choose. I'm not concerned about "wasting" money on something that I might not be happy with for the rest of my life because my education doesn't nail me down to one career path forever unless I let it. I can always make more money. I can always change my lifestyle. I've been learning to embrace these changes. I look forward to learning instead of dreading a bad decision.
- I can accept failure. I used to be unable to move forward from my shitty job because I was afraid of failing somewhere else. Failure is not the end of anything. If anything it opens as many, if not more doors than success. It's just a different path. I've learned more from my failures than my successes in most cases. The fear of failure no longer cripples me.
- I can approach employers confidently. I'm very sure of my abilities. I can wear my weaknesses without fear of them crippling me. I know I can overcome them and I know how to explain myself

in a professional way that expresses competence. I'm not intimidated or worried. All I have are options, just because I don't get this one or the next 10 doesn't mean the end of the world. Always another opportunity.

### **Conclusions concerning my health and well being:**

- My body is mine and mine only. How it looks and feels is my responsibility and I take that responsibility very seriously. Looking good means feeling good. Which further translates to confidence. Which translates to success. Believing you are capable of greatness is a powerful mindset. Putting on muscle has helped me a lot. I feel the muscle on my body. I see it in the mirror. It has a major impact on my mindset.
- Look strong, feel strong and be strong. Simple feats of strength give me a boost of confidence randomly through the day. Even shit as simple as pushing a door open. Holding open that heavy door at work with one hand easily. Yeah, doesn't seem like much. I let it mean something to me. Why not bolster myself up on some simple shit?
- Little things that used to bother me don't. Little things used to add up and break me down. Now I break them down as they come about and nullify it before it'd ever be an issue. I worked to understand my mind and created a mindset that is largely beneficial. That's a crowning achievement for me. Understanding is key to a lot in life. Looking at things in life logically simplifies them and makes life digestible.

I'm getting tired of talking about myself. Just wanted to make a report of my progress and get some feedback. Thanks for the read gentleman. Gonna call this my field report.

**TL;DR** 23 y/o Boy wants to become man but still wants recognition for his achievements from the gentleman of TRP.

**Edit:** Formatting.

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## Comments

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victor\_knight • 14 points • 25 September, 2016 07:11 AM

1. MGTOW can and do still get laid.
2. MGTOW only abstain from committing to women and do not require their validation.
3. "Monks" are just a small subset of MGTOW.
4. There are plenty of "monk" fakers calling themselves MGTOW who are actually "losers" who can't get laid and can't stand to even hear about other MGTOW getting laid.

[deleted] • 2 points • 26 September, 2016 03:47 PM

There are plenty of "monk" fakers calling themselves MGTOW who are actually "losers" who can't get laid and can't stand to even hear about other MGTOW getting laid.

Without naming a lot of names you are just making a generalization. I don't think there are many men like this at all. I was around youtube when it was just Stardusk and Barbarossa and this "no true scotsman" stuff in MGTOW is as tiring as the infighting.

victor\_knight • 1 point • 26 September, 2016 11:40 PM

Nothing wrong with generalizing. It's necessary or you can hardly make a point about anything. Besides, you can tell there are many of these MGTOW fakers by the kind of topics and posts (in the MGTOW subreddit) that get hugely up-voted (usually revolving around avoiding women or sex) and those that get seriously down-voted (usually about sex or getting laid). That's if you aren't outright attacked simply for talking about sex or that you might still enjoy sex. This video of mine, for instance, got seriously down-voted compared to the others. I wonder why.

[deleted] • 2 points • 27 September, 2016 04:54 AM

Well the MGTOW subreddit is a joke to me. Most of the big youtube MGTOW channels don't use it, and moderators there are idiots, which is partially why. The youtube MGTOW community is the primary community to me.

It makes sense that TRP in general would have a distorted view of MGTOW as only being monks, based on that subreddit.

Viking\_RnP[S] • 2 points • 25 September, 2016 07:51 PM

I just gotta forge my own way on my own terms at my own pace for a while. Didn't know what MGTOW was. Looked it up. I guess that's kind of what I'm doing.

I had a reliance on a woman. A thought in my head that said she would help me forge my life into greatness. It hasn't worked that way so I'll go solo. Seems like it will be more fun this way anyway. Just gotta stop being a salty fuck. Hahahaha.

[deleted] • 1 point • 25 September, 2016 03:43 PM

This. It's important to remember that there are multiple types of men, in both TRP and MGTOW.

NakedAndBehindYou • -1 points • 25 September, 2016 10:19 PM

There are plenty of "monk" fakers calling themselves MGTOW who are actually "losers" who can't get laid and can't stand to even hear about other MGTOW getting laid.

Honestly I think the majority of TRP members who claim to be MGTOW are just guys who can't get laid if they tried so they pretend they don't want to get laid. It's a common psychological defense mechanism. Instead of admitting failure, you pretend that you wanted the failure to happen.

Paraspective • 11 points • 25 September, 2016 01:10 AM [recovered]

You and I are walking a similar path, mate. My 22y/o self-pitying temporarily worthless brain got dumped for the same reasons. Now's the time to retake the wheel and damn anyone who tries to steer us away from the truth.

Viking\_RnP[S] • 1 point • 25 September, 2016 06:55 PM

Exactly how I feel. Another gent on here examined my resentments differently than I did. He said I hate everybody. In all honesty, I do right now. You might too.

Salter than the Dead Sea hahahaha

jeezydasnowman • 3 points • 25 September, 2016 07:00 AM

So you resent women ... Do you have resentment towards all people? Try praising and complementing people regardless of gender instead of being an angry resting bitch face.

How many hookups have you had to where you can draw a conclusion that you don't like them?

No one cares about your emotions. Such is the burden of men. Read the way of the superior man.

I don't understand love

Read "men in love", then "women in love" on the sidebar.

It sounds to me like you've got the confidence, lifting and ngaf down pat.

However, charisma and passing shit tests...

Charasmatic men make everyone love them. It sounds like you hate everyone and that's why you're not getting that love (and doors opened). Read way of the superior man and 48 laws. Try to become less angry and more stoic. Learn to be likable.

Your utter disdain for women tells me you've never experienced the love they can give ... which comes directly from your ability to pass shit tests. Try to become less angry or explaining with women and more amused and stfu. Read the sidebar material on shit tests and watch some rsd.

Think about how you would respond to these common shit tests vs. how to actually pass them ...

Buy me something expensive.

I don't like your place.

I don't like the way you drive.

You're not serious enough.

You are too good to me.

You make me feel like I don't matter to you.

Why are you always with your friends

You use me for sex

You're a bad listener

I can't believe you liked her post on Instagram

tuzki • 3 points • 25 September, 2016 03:21 PM

I would love a huge list of these and carefully crafted and analyzed responses.

jeezydasnowman • 1 point • 25 September, 2016 03:31 PM

Shit tests are wit tests. You gotta be sharp and make her laugh.

tuzki • 1 point • 25 September, 2016 05:17 PM

I know, but out of the blue like the example above, I am at a loss. No context, nothing to draw upon.

jeezydasnowman • 1 point • 25 September, 2016 05:28 PM\*

It may help to think about why typical responses are wrong vs. canned lines since the sane shit tests are gonna repeat and one liners won't save you.

The reason why we shouldn't take any of these questions seriously is because they are inherent to women as a whole. EVERY WOMAN SHIT TESTS. Any guy who says otherwise either doesn't know he's being shit tested or is dating a hardcore RPW. Women shit test, dogs bark, politicians lie, grass is green,  $2+2=4$ . If you don't like it go mgtow and fuck hookers.

Think about why these responses ultimately dry the pussy and will cause her to lose respect for you:

***Buy me something expensive.***

I don't have the money.

You're a gold digger!

Only if you fuck me later.

***I don't like your place.***

How disrespectful!

Maybe you can help me liven it up.

I'm sorry, it's a mess/it's ghetto.

***I don't like the way you drive.***

Shut up!

Why are you so critical of everything I do?

You drive then!

***You're not serious enough.***

But I love you so much...

You know we aren't exclusive...

I try I just don't communicate well.

***You are too good to me.***

It's because I love you.

Stop being insecure.

Fine I'll back off.

***You make me feel like I don't matter to you.***

But I love you so much...

I try I just don't communicate well.

I'm sorry you feel that way.

***Why are you always with your friends***

Because my friends are awesome!

I'll try to make more time for you.

Why are you so jealous?

***You use me for sex***

I love you more than your body.

Please don't say "use" it makes me feel bad.

I'll work on treating you better.

***You're a bad listener***

But I have other strengths

I'll work on treating you better.

***I can't beleive you liked her post on instagram***

I'm sorry I'll unlike it.

Social media shouldn't concern you.

Why are you so worried about it?

tuzki • 5 points • 25 September, 2016 05:52 PM

Here are my goes at off-the-cuff responses.

**Buy me something expensive.** Compliance Test. Flip script. "Buy me a rolex."

**I don't like your place.** Fitness Test. Agree and amplify. "Yes, but the decor goes so well with all the hookers and blow."

**I don't like the way you drive.** Dominance Test. Redirect. "I have something for you to do other than looking out the windows while I drive."

**You're not serious enough.** Fitness Test. Flip. "So you want to take the fun out of this relationship?"

**You are too good to me.** Fitness Test. Agree & Amp. "I know, I should really start talking more to your best friend."

**You make me feel like I don't matter to you.** Fitness Test. Agree but go sciencey. "Babe, you're entirely made of matter."

**Why are you always with your friends?** Compliance Test. Pressure flip. "Do you have trust issues?"

**You use me for sex.** Dominance Test. Agree and amplify. "Yes, if women didn't have vaginas men would hunt them for sport."

**You're a bad listener.** Fitness Test. Subtle agree. "I hear that a lot."

**I can't believe you liked her post on instagram.** Compliance Test. Amplify. "What do you mean her *one* post?"

My humor is too subtle which is often my problem, no one gets it.

[deleted] • 0 points • 26 September, 2016 04:10 AM

You make me feel like I don't matter to you. Fitness Test. Agree but go sciencey.  
"Babe, you're entirely made of matter."

Say instead: "You don't matter to me? Babe, you're entirely made of matter."

[deleted] • 0 points • 26 September, 2016 02:35 PM\*

Buy Me Something Expensive: You have to earn it

I don't like your place: Let's see where you live

I don't like the way you drive: I will take you home and then we see how you drive

You're not serious enough: You're too serious

You are too good to me: You are too bad for me

You make me feel like I don't matter to you: I have other things to do too

Why are you always with your friends: Because I can

You use me for sex: You love it too

You're a bad listener: You talk too much

I can't believe you liked her post on instagram: Are you stalking me?

[deleted] • 1 points • 25 September, 2016 01:01 PM

[permanently deleted]

jeezydasnowman • 2 points • 25 September, 2016 03:31 PM

He literally says, and I quote,

I have this resentment towards women

Viking\_RnP[S] • 1 point • 25 September, 2016 07:44 PM

Thanks for the time and effort spent here. Appreciate it. This reply made me think.

I do hate everybody right now. I'm constantly accused of resting bitch face. I didn't see it that way until you put it into perspective. I'm salty. Gotta get over myself. Didn't realize how angry I am.

I'm very charismatic and all smiles and warmth normally. People are drawn to me. I enjoy that. I'm extremely friendly and down to earth. I'm just being a little boy throwing a tantrum right now. Mostly towards women. I even catch myself thinking "I wish this bitch would get the fuck away from me." For no reason at all other than she is female and talking to me. At least no reason I'm pinning down just yet. Just out of the blue angry with women whom I have known and been friendly with for a long time. There is no need for my hateful and disrespectful mindset. Being resentful and angry at everyone for basically nothing isn't very progressive. I'll be considering my actions more carefully.

Thanks for all the tips on shit tests but it's an area I don't have to put my focus. Shit testing is like passing the remote. You get a lot of channels to choose from and only some you both will like. It's fun and interesting to see where they can go. My actions lately have just been filled with anger. As I keep repeating.

I'm only damaging myself for no reason with my anger. I've never been this way before. Or maybe I have been and didn't realize it? Lol fuck. Thanks again. Feels like I got some relief from the realization.

[deleted] • 1 point • 26 September, 2016 06:02 AM\*

Buy me something expensive

Buy it yourself. If you want something go take it. That's what I do.

I don't like your place.

You haven't seen the bed yet

I don't like the way you drive

Probably just laugh in her face given how bad women are at driving

you're not serious enough

If you knew me you'd know this would be preposterous bordering on ridiculous. I'm far too serious.

you are too good to me

What can I say? I'm just a great guy. You should be so grateful you have me. (lighthearted tone)

You make me feel like I don't matter to you

I can't control how you feel.

why are you always with your friends

Why not? Wait for her reply then go from there.

you use me for sex

Start laughing and don't say anything

Kingtorythegreat • 2 points • 25 September, 2016 01:22 AM

Good for you man whatever makes you happy.

UsernameIWontRegret • 2 points • 25 September, 2016 01:18 PM

Don't want to hookup because you don't want to feel emotion yet you've been with your family since birth and

still don't feel emotion for them?

Viking\_RnP[S] • 1 point • 25 September, 2016 07:53 PM

Different emotions. I get affection addicted after I hook up. I fall into the trap and I know that so I'm avoiding it.

I'm just confused about what love is and what it feels like. That's pretty much what I meant when I all but said I don't love my family.

zephyrprime • 1 point • 26 September, 2016 03:53 PM

"Now more than ever in my life I have shown women near complete disregard and they chase me. Never before have I been approached, sometimes they are even so forward that I could stand up and take her home just then. Just last night I was dancing at a club me and my buddies frequent on weekends. I was approached constantly with compliments."

How does this even work? In the times in my life when I have been ignoring women absolutely nothing with women ever occurred. It's not like women ever come up and open me.

Viking\_RnP[S] • 1 point • 26 September, 2016 06:46 PM

I was just doing my own thing, not concerned with others. Confident in myself and my ability. I get approached with compliments a lot. Don't really do anything specific.

zephyrprime • 1 point • 26 September, 2016 06:51 PM

Yeah after my romantic failure in college, I took a 7 year long break from women where I hit on zero women. Stuff like you described never happened.

I don't doubt that sufficiently attractive and confident guys get approached but I doubt that switching from chasing women to doing your own thing is enough to garner any increase in attention from women.

Viking\_RnP[S] • 1 point • 26 September, 2016 08:13 PM

I can only speak for myself.

logicalthinker1 • 1 point • 27 September, 2016 03:35 AM

Women need men. That's why they've evolved so many ways to try and keep men around. Men don't need anyone.

Apollo\_Icon • 1 point • 25 September, 2016 01:49 AM\*

Don't take this the wrong way, but honestly, wtf?

Very simple rules to live by... Never put your self last in a relationship. This doesn't mean always put your self first... And this doesn't only apply to romantic relationships, but every single relationship that encompass your life.

As for the romantic relationship that got you down in the first place, at your age, shit like that happens. It happens to almost everyone. Get over it, it will make you a better person. Don't be resentful, be thankful it worked out the way it did. You are far to young and stupid still.

Learn who you are. This is, I think, the hardest thing for young men to do. Once you figure out who you are, everything else will fall into place.

Little know fact... Women are more attracted to men who don't want to "fuck them". I don't think you are

emotionally mature enough to really understand how vulgar that term really is. Think about all the ways you have heard it used when discussing women and pretty sure you have heard something similar to "I fucked the shit out her"! Full disclaimer, I am married, and every now and then I fuck my wife, and every now and then she fucks me. Most of the time we have sex. There is a world of difference between wanting to fuck someone and wanting to have sex with someone. Once you figure out what that difference is, it will all make sense.

You are a young boy, and I don't mean that in a bad way, men do mature much slower than women. I am now 36 years old, have three children, have fought and killed in a war, have lost everything I owned, gambled stupidly and won more than I originally lost, have fallen into countless pitfalls life likes to throw at us, and I can honestly say I didn't really become a "man" until a few years ago. Stop trying to become a "man" and just be who you really are. That is the only way you ever will really become a "man".

I should not be alive right now, either some battle field Angel intervened on my behalf, or a random fluke or insanely good luck kept me from being blown into tiny pieces. Stuff like that gives you perspective. I think it is the things we don't do we end up regretting the most, so go out and do some stupid crazy shit while you are still young. Just know your limits.

CCDoritos • 3 points • 25 September, 2016 05:51 AM

I think about it all the time, about hot girls who are basic bitches and how I 'fuck' them and how a past ltr was very feminine, compassionate and submissive and I 'made love' to her, It's almost like two completely different things.

theONE843663 • 2 points • 25 September, 2016 02:37 PM

It is two very different things indeed. Making love is pretty much useless. It's feminine in nature. Even women themselves hate the feminine so I think guys should just stick to fucking unless they're advanced enough to use 'making love' to their advantage. And even then should only do it like once a month to satisfy the bitch. And even then it would eventually end up with fucking hard towards the end.

Viking\_RnP[S] • 1 point • 25 September, 2016 07:14 PM

Thanks for the long and thought out reply. Appreciate your time and effort here. A good read and a lot to think about here.

I don't really understand why everybody throws around "learn who you are." What am I other than my actions and my thoughts/beliefs? Isn't finding yourself just living your life and doing your best to understand why you live the way you do? Life is all about learning.

I am very aware how vulgar I am being when I say I just want to fuck her or really anything concerning using her as something just to fulfill lust. I know it's vulgar and I wanted that to be expressed. It's very disrespectful and I'm acting like a angry little boy right now. I know. Thanks for pointing that out.

If you weren't meant to be alive you wouldn't be. You're not old yet. Your life sounds fun and interesting. You made some damn good choices. God bless you and your family.

Apollo\_Icon • 1 point • 25 September, 2016 09:23 PM

So I had a mentor once who had to teach me how to "learn who I was", because it isn't a passive act. It requires examining how you react to things, and trying to find the root cause that makes you react the way you do. A lot of times the answer might just be "because". When that is the answer you get, decide if

it is a good "just because" or a bad "just because". Decide if it is something you should change.

The biggest enemy most of us have in our lives is usually our selves. Men, as a general rule, are not wired to cope or process emotions in the same way women do, yet generally we are expected to do just that. When we react, we stupidly consider reactions to be actions. Actions are a conscience event, reactions are primitive and impulsive. Men tend to have very deep rooted emotions, and the biggest difference between a "boy" and a "man", imo, is that a "man" never reacts, that they only act. Part of finding out who you are is to learn how you naturally react to things, know what predicates those reactions, and then to make a conscience choice to either follow through with your natural reaction (thus making it an action instead), or to chose a different action than what would have come naturally. The bottom line is you are not your actions, but the reasons why you chose those actions. Thoughts are usually brief and passing, beleifs can box you in. But both those things come from a deeper core, the part of your mind or soul, what ever you prefer to call it, that is the real you. Learn what is at the core of your person. That is how you "learn who you are." Hope that helps. It did for me.

I take back my comment then about you not being emotional mature enough when you talked about fucking. It sounds like you have passed that mile stone. It also sounds like you are at a point in your life where you don't really desire a "relationship" at all. Good for you. Most relationship are traps that only lead to ruin. Most of the people around your age are so fucked up that they don't know what they want, but are willing to repeat the same mistakes that keep hurting them in some way. Once you rise above all that crap, you will start to meet woman who will want it pull you right back down. Avoid these women, they aren't really into you, they only want that aspect you have already achieved, they just don't know what it is.

Also man, honestly, be thankful you are exactly where you are. You may have been hurt to get here, but just imagine how things would have turned out otherwise. Once upon a time, my first love, dumped me a month before we were going to tie get married. I was 22. It was the best, most painful thing, that ever happened to me. It also made me bitter, which took years to move past. Those bitter years were a complete waste of time. Don't be bitter....

Viking\_RnP[S] • 1 point • 25 September, 2016 10:33 PM

I do examine how I react to things. I like to examine how others react to. I find myself provoking certain reactions sometimes. I want to see if the outcome I guessed in my head would play out the same in reality. Sometimes it does sometimes it doesn't. Regardless it's always a worthwhile experience. I thought that was just me being manipulative and trying to entertain myself.

I like the way you explained actions and reactions. Human interaction is something I've always been very interested in and have read a lot into. I've read a lot of books ranging from self help to spiritual enlightenment and the main thing I learned about myself from those books is that I don't figure shit out until I experience it myself. I'm prone to reacting in the moment. Then later I'll look back and examine what I did or didn't do. How I could have played it differently. Sometimes I beat myself up about not having the hindsight in the moment to slow down and fully think out my actions. I know there is no point to beating myself up over it. I try to learn from the experience and move on. I've gotten a lot better at this.

I know there is a reason for everything I do. Sometimes I'm just too ignorant to face my reactions head on in the heat of the moment. Always I'm critiquing myself in hindsight. A man only acts is what you said. I really like that statement. I'm definitely going to apply that mindset to myself. See

where that takes me.

Concerning relationships. I see my buddies running themselves into ruin over and over. I did it a few times before I wised up and realized there has to be something I'm missing. When I think of how subservient I was... how I would do anything to "make her happy" I cringe. It's not up to me to make her happy, it's up to her. I always held her in a place that implied she has to make me happy as well. It's just not how things work in reality. Trying to change yourself to make another person happy doesn't work out for either person involved. You never really get to know each other that way. You only get to know the affection based relationship version of each other.

I'm watching my best bros do this right now. I'm gonna put them on blast because I'm pissed and need to bitch. I'll wait for them to come back to reality and try to help again but I understand that ultimately it is their choice and I don't feel the need to shit talk them constantly to their face over it but I'll do it here. They both know TPR but the second they get some girl interested they change color. The same guy that would constantly shit talk my affection addiction to my ex is doing the exact same shit I was doing! He's become so docile and subservient so quickly. I know it's because **all he cares about is what she thinks about him** and that's is it. I did the exact same thing. All sense of self is now her domain. She controls him entirely. He's blissfully happy in her domain. Blind deaf and dumb to all else. Only she matters now. It's insanity and I cringe inwardly admitting I did the same exact shit. He tells me I'm jealous if I try to steer him towards his individuality. I did the same shit there too! FUCK lol. She's gonna find some other guy that can better provide for her and leave his sloppy ass in the dust. He needs that though. Same as I did. He skips the gym now too. Also the same as I did. At the end of the day I'm happy he gave me such an easy example of myself and it's a constant reminder of the toxicity of that kind of relationship.

I don't want a relationship. You are very right in saying that. What I explained in the paragraphs above explains my view on relationships. I do desire a companionship at some point in my life. A mutual understanding between me and a woman that we both benefit greatly from one another. That we can not just be two people becoming one **100%** which implies we are both incomplete without the other, but two completely separate individuals who are willing to understand each other fully **200%** if that makes sense. Makes sense to me.

I am very appreciate of where I am at. I'm willing to understand my reality, or at least try to. I might be angry and bitter right now but I know it will pass. These things always do. I'll just keep watching myself. See what I can take from the experience.

Thanks for this perspective you've shown me. It really put order into my currently wildly ranging thoughts. Breaking things down logically and making me think out loud is important and I like to think I can do it all myself but sometimes a bro needs to see through another bro yah know bro? I want you to know you've helped me a lot. Probably even more than I realize right now. I am very appreciative.

I didn't read that wall of text. Go lift. Also BJJ, it's good to know how easy it is to get your ass kicked.

Viking\_RnP[S] • 1 point • 25 September, 2016 07:46 PM

Didn't realize I walled. I attempted better formatting.