

How do I deal with my ex-girlfriend telling people lies about me?

April 20, 2020 | 89 upvotes | by [callowhill3](#)

I broke up with my LTR ex in October after I found out she might be branch swinging. She tried numerous times to lie her way out of it but I had proof from a buddy of mine (he's friends with the dude she was texting) and I told her it was over because I have no patience for liars (still didn't tell her why I was breaking it off) and I disappeared (she has contacted me numerous times in the past few months with paragraphs and apologies for it (how can you apologize if you don't even know why I broke it off?) I've never responded AT ALL and she has called maybe 50 times . Anyway, yesterday my buddy calls and tells me she has been telling my other friends and family that SHE was the one who broke it off with me cuz I was insecure and jealous (I've never exhibited those traits which is weird) , telling women in her family and some of my friends that my dick was small (absolute biggest LIE lol) and that I was a "gay dude in the closet" (crazy or what?) As I I've heard from my buddy (with proof) that she has since moved on to a beta provider, why would she lie on my name and slander me months later after we both have moved on from each other? Has anyone else dealt with this?

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Comments

DonJuan_69 • 172 points • 20 April, 2020 12:50 AM

All girls are like that. There's nothing you can do. I have been in your shoes, and honestly no one she tells will give a shit.

callowhill3[S] • 27 points • 20 April, 2020 12:56 AM

What is the purpose of destroying my name though? If we moved on from each other why would you turn around and do something so devious? I can't understand it man. Not only that, she has told women and males that I'm "weak" and "pussy", told people i like getting my booty ate out and eating asses out(I've never tried either of that nasty shit in my life). Are you saying there's nothing I can do and let her continue to mount these negative thoughts into people's heads?

DonJuan_69 • 82 points • 20 April, 2020 01:02 AM

I had my ex continuously post lies about me being abusive and toxic when in reality she would be the one being abusive. She just wants you to suffer because no girl wants you to be successful without her. You can be petty and post screenshots of ur messages. Just remember, if you play with fire you might get burned and end up with a false rape charge. I let my ex talk all the shit she wanted and moved on with my life. Now she is fat and ugly and everyone knows her as a "dramatic bitch"

muricanwerewolf1 • 67 points • 20 April, 2020 02:02 AM

Because you broke her sense of self. She thought hers was a life without consequence, that she could do anything she wanted and you'd tolerate it even if you did find out, because it's HER. So she's lashing out. How to deal? Amused mastery. When someone tells you things she's been saying, treat it like a shit test, you amplify to absurdity. "Sure, I bet she's told you I can only get off to poop play too huh?" Or smile and say "Damn, guess I really did a number on her huh?" or maybe a "Boy, for someone that broke up with me sounds like she's having a tough time working through it", which makes it more about how she's butthurt while you're living your best life.

Now I can't speak for everybody, but I learned pretty early a woman can literally talk about how her man satisfies her in every way one day and the next, when they're broken up, shout about his small penis and how he was short and bald and gay. It doesn't mean anything. I think most people get that.

callowhill3[S] • 8 points • 20 April, 2020 02:19 AM

Wow thanks for the advice man! But how crazy is that line of thinking? I thought all was well and the drama and everything was over. This literally came out the blue. My buddy said most of her female family ,and friends believed the lies she said about me . so has a few of mine (why would she lie about that?) She's also a good liar, which is also at my disadvantage. It makes you so mad you want to put hand on her for saying these things, but I know that wouldn't be a good option. And how would I deal with the drama of that? Lol

babybopp • 13 points • 20 April, 2020 09:08 AM

You have to master two things. Amused mastery and stoicism. She is doing all of this to get you to reward her negative behavior with attention. The best thing is to ignore it. Do NOT ABSOLUTELY RESPOND IN ANY WAY. You reward bad behavior, it will get worse. When you come across people saying this, just respond with amused mastery. If someone tells you you

like getting your ass eaten, be like, yeap! My ex used to eat my ass so much! Or small dick respond with, it is true, I wish there was a way to put dick implants don't break frame over a little girls temper tantrum

UEMcGill • 11 points • 20 April, 2020 12:39 PM

Just look at this way, she's doing these things to protect her ego, not for your benefit.

I remember when I was young there was a dude that ran around in some of the same circles as me. He was banging a bunch of the girls that all knew each other. One would go out with him, then he'd get caught banging another girl. Then that girl would trash him, tell stories about him, and all the other girls would go, "You go girl!" Meanwhile, the first chance any of them got? Right in his bed. They would openly trash this dude, then the first chance they got, fuck him.

And how would I deal with the drama of that? Lol

Don't. Cant get on the crazy train if no one is at the station. This guy? He never confronted any of them. He just ran his game and reaped the reward. Crazy chicks would come up to him at bars and start yelling about what he did to their friend and he'd ignore. Pretend it doesn't exist.

Flamergoh • 6 points • 20 April, 2020 03:47 AM

Just remmember AWALT

cadaemos • 2 points • 20 April, 2020 11:08 AM

This is the only decent response.

macheargle • 11 points • 20 April, 2020 05:51 AM

Because women don't want other women to have what they themselves couldn't have. They get bitter and petty. Welcome to life :-)

callowhill3[S] • 2 points • 20 April, 2020 05:56 AM

Crazy , but what about telling the males that bullshit though? What can she possibly get out of that?

macheargle • 7 points • 20 April, 2020 06:06 AM

Simply to fuck with your allies (aka your "bros) in order to shame you. The whole point of it is to make you lose *social capital* on both the men and women side. Women are generally social creatures by nature, so lots of what they do out of pettiness and bitterness have to do with social shaming. It's the only way they can and know how to get to people. Unlike men, we sometimes get physical to solve our problems with each other especially when we're younger. For women, they can't do that because a fight with any man would likely send themselves to the grave - so all they have evolved to know how to do best is taking you down SOCIALLY.

The benefit for them is so they may be able to elevate themselves above you in terms of social status within your shared social network. Get it? :-)

macheargle • 3 points • 20 April, 2020 06:11 AM

And in other words, what she did shows you that the social aspects of life, particularly how others think of her - is what SHE values. So she is simply trying to destroy what SHE thinks YOU ALSO value AS WELL (which may or may not be true), but there's much more on this.

callowhill3[S] • 2 points • 20 April, 2020 06:15 AM

Wow that's crazy as hell... So calculated and conniving man it makes me almost sick to my stomach man.... I mean what limit is there to the ruthlessness? I would never think in a million years to tell people a lie about someone being an "ass eater" and "ass eaten" among way more nasty foul things man.

macheagle • 8 points • 20 April, 2020 06:33 AM*

There is no limit. It is generally AWALT, and as you age and date more women, you may be jaded by it. And let's not forget - it *always* takes two hands to clap. If a girl does a low blow, it's also on you because you picked her as your GF first. Every time shit like this happens, it's an opportunity for us to grow as better vetters. Learn how to vet your woman properly and stuff like that will be mitigated. It's good you're experiencing this while still relatively young (I assume). Imagine when you're older or for some of the bros here, including myself, who have had this happen to us but spread along our corporate social work circles, colleagues, co-workers, bosses, clients, etc. Imagine that and potentially affecting your work, income. It could have been worse, brother.

Giagle • 2 points • 20 April, 2020 08:53 AM

Misery loves company

pyth0ns[] • 2 points • 20 April, 2020 12:41 PM

Social media and reality tv mate... That's all they see, day in and day out.

Majority thrive on creating this kind of drama, as they've been conditioned by the above to do so...

Just ignore and DGAF x 1000 (which you're already doing, so boss!)

mogdit • 2 points • 20 April, 2020 12:42 PM

Someone asked something similar last week, but without a specific example as yours, but questioned why women tend to do this, and I can relate to your issue as well. The top response to that question was something along these lines:

If someone wants to see you defeated, they will do so in an arena they know best: A boxer will fight, a lawyer will argue and a woman will use public opinion. It's an assassination of your character and a sign that they can't compete and needs to validate their position and elevate themselves. It's utterly weak and a sad thing to do.

To fix it, don't stress too hard about repairing your image in your circles. Give it time, be true to yourself, talk with people when someone wants to know what's all the fuzz is about. Be honest, admit mistakes on your part if there were any and stick around. Most people will eventually make out the truth and detect bullshit unless they are a bullshitter themselves.

imtheoneimmortal • 1 point • 20 April, 2020 10:16 AM

Because all she can do is wasting energy with talking

alt323g0 • 1 point • 20 April, 2020 12:52 PM

I had a similar situation. It's not about you, it's about her. Ego preservation. Don't worry about it. Anyone who is worth caring about already knows how she is or will learn eventually.

aDrunkenWhaler • 1 point • 20 April, 2020 02:41 PM

Coping mechanism. Women will never take accountability for their actions. She's trying to shift the narrative to blame you for things not working out. She's telling herself lies, and others, because if you say it multiple times it becomes the truth. If you put her under a polygraph test you will see that she actually believes the things she is saying, so in her mind she is not lying.

[deleted] • 1 point • 20 April, 2020 07:18 PM

Women attack romantically by targeting your social fitness.

Dudelikesco • 41 points • 20 April, 2020 01:01 AM

Ignore that bitch. She's doing it for your attention, keep pretending like she doesn't exist.

Alzatorus • 15 points • 20 April, 2020 08:53 AM

One of my ex's did exactly this to me. I found out she had been cheating on me with multiple men so obviously I broke up with her. She had distant Royal blood ties, and the shock of me (the 'pesant' [her words not mine]) breaking up with HER!? HEAVEN FORBID!? ☐ It was too much for her to handle so she started making exactly the same kind of shit up to get my attention, as I completely cut her off. That all changed when she started making some more serious allegations to Chad orbiters, which got back to me. I hadn't replied to her at all and about two months had passed. So, I called her, she answered immediately, and I immediately said with complete calm and neutrality...

"If I hear one more rumour that is dangerous to my career and what I've spent my adult life building, then I won't hesitate to report you to the police and put you through court. Think about your own career carefully."

She tried to say something but I didn't hear it as I hung up and blocked her again. Funny thing is that she was a lawyer, so, as you can imagine, I never heard from her again as my two sentences put her in my position, prior to the call ☐ - Christ, she was such a cunt ☐

psycwolfowallstreet • 32 points • 20 April, 2020 02:27 AM

My ex told friends and family a bunch of lies, because I didn't want the relationship anymore. Here is how you deal with it: fuck it. If someone asks, just say she lied and that you don't care because she is crazy. Don't give attention to it, do not give explanations to people, or show you are concerned. It will only make it look like it's real. If people bought what she said, fuck them, it's their problem. You don't need to try and explain your part of the story, only if someone asks. This was months ago and people don't even think about that stuff anymore. Not going to lie, i lost 2 good friends because of what she did. But in the end, they chose to believe her and not me, without not even asking to hear my say first. So meh, it was probably for the best

Cheeseking11 • 2 points • 20 April, 2020 05:35 PM

It was absolutely for the best. Your former friends demonstrated where their interests truly resided.

Lalocal4life • 20 points • 20 April, 2020 02:15 AM

Simple. Just be a good person and lead a better life. When people make the INEVITABLE comparison, you won't want to spend time around the ones that would choose her anyway.

juliank47 • 26 points • 20 April, 2020 02:32 AM

Hey if you break up with a girl, you'll have a tiny dick for some time.

OneExplorer • 15 points • 20 April, 2020 02:30 AM

Read about narcissistic smear campaigns my man.

lelucif • 2 points • 20 April, 2020 06:20 AM

The fact that this is it, and all the other comments are about how all girls are like that, should tell us all something tbh hahah

bilberberbers • 0 points • 20 April, 2020 05:38 PM

Massive cope. NPD is an extremely rare personality disorder rooted in genetics, and smear campaigns after breakups are common. Think first, express yourself after.

lelucif • 1 point • 20 April, 2020 05:40 PM

Stfu

entrep4 • 5 points • 20 April, 2020 09:50 AM

Make up rumours about yourself that are clearly so ridiculous and unrealistic the nobody would believe them. Nobody will know which of the rumours to actually believe.

lolomotif12 • 7 points • 20 April, 2020 08:34 AM

This is female behaviour 101. You broke up with her and her ego couldn't handle it because she thought she had a magical vagina and that was enough. She couldn't get her way and what she wanted so she threw a tantrum and started trying to damage you by saying and doing the shit she has done. A bit like a child in a store when their parents deny them the toy they want but dont need and they go hysterical. She was too ashamed to tell people the real reason you broke up. Just ignore everything and laugh it off, be happy that you have avoided a crazy bitch.

Unboundaries • 4 points • 20 April, 2020 09:42 AM

Been there, done that. There is nothing you can do but move on and try to pick a girl that isn't so crazy next time.

spartanblood1 • 5 points • 20 April, 2020 10:40 AM

There is a factor being high in social status, I don't think they will talk shit towards you if your above them. Not too sure, but its never happened to me as I keep them below me, and keep uninterested towards them.

amwfhunter • 7 points • 20 April, 2020 02:39 AM

Ignore it. I'm sure we've all been in positions where we were slandered. However, if you can get concrete evidence or you can actually show she was causing actual damage, consult a lawyer. It might not hold up in court but sometimes a cease and desist order is enough to scare them to shut up.

I've employed this tactic to girls who would send messages to business associates and partners in the past. Which is why now I never reveal too much real info to plates.

elpocalypse • 8 points • 20 April, 2020 04:56 AM

Yes. Women will always spread lies when they feel they've been hurt. They can never be seen as the bad guy. My ex told people I stalked her after we broke up which couldn't be further from the truth. I ran into her at the liquor store in our small college town but that was about it. I had to hear from mutual friends that she was telling people i stalked her. Quite infuriating being lied about but all you can do is brush it off and pay it no mind

SteveSan82 • 5 points • 20 April, 2020 02:39 AM

All women do this. By even caring she wins.

Itsmysife • 6 points • 20 April, 2020 02:51 AM

She's hurt and the only way to get back at you is to spread her lies.

Let her lie! Who cares at this point? She's not worth a second thought. What I would be worried about is the people who are coming to tell you what she's said about you without defending you.

omega_dawg93 • 6 points • 20 April, 2020 04:33 AM

when women are butthurt, this is their go-to move to get back at you.

just IGNORE her to the best of your ability. if others bring-up her name, change the subject.

[deleted] • 3 points • 20 April, 2020 09:56 AM

Don't let anyone tell you that your cock is small man. Your cock is nice and beautiful the way it is :)

TheBestProd • 3 points • 20 April, 2020 10:46 AM

Sounds like you weren't the most direct about the situation.

Communicate.

MonxtahDramux • 3 points • 20 April, 2020 11:05 AM

Why are you angry about it?

Because you don't want to be labeled as those things she mentions. This to an extent, is weakness. Weak because you only want (others) to recognize your positive sides. It's a weird form of approval-seeking. It's impossible!

Truth is, AWALT. But more truthful is the fact that you have to accept gossip and label as *gossip*.

Anyone is capable of **anything**, even you. So, agree and move on.

This is almost zen-like and definitely stoic. I, personally, accept what others think I am. Their definition, not mine so it doesn't matter.

If you think I am a low-class beta? Ok.

If you think I am a selfish prick who will not provide for your disrespectful ass? Yes, I am.

I'd leave you with these:

"Choose not to be harmed — and you won't feel harmed. Don't feel harmed — and you haven't been."

— Marcus Aurelius

"If you hear that someone is speaking ill of you, instead of trying to defend yourself you should say: 'He obviously does not know me very well since there are so many other faults he could have mentioned' - Epictetus

__TheDon__ • 3 points • 20 April, 2020 02:25 PM

She's salty AF that you dumped her. Ignore and keep doing what your doing. Pretty sure none of the people she's telling actually give a fuck. They're probably going "thats crazyy" everytime she making shit up about you lmao

Herdseengineers • 3 points • 20 April, 2020 06:30 PM

She's been scorned and she's now lashing out in revenge and retribution. Normal people will recognize it for what it is without you having to say anything. Just stay stoic and quiet about it. If anyone brings up her badmouthing, just say that bitterness drives people to do crazy shit and you hope she gets over her's soon. Don't otherwise respond or retaliate.

This is a chance to see who is worth being in your life. The people that get it and pay it no heed, those are cool

people to have around. The people that get sucked into her crazy cry for attention and buy into her BS, those are people that you don't need in your life anyway. Let them show you who they really are.

By the way, she's showing you another aspect of who she is by her actions. This should further cement that dumping her was the right thing to do for you more than anything else. She's not a good person to have around and she's just further demonstrating it to those that bother to pay attention.

krusecontrol91 • 8 points • 20 April, 2020 04:03 AM*

You literally shelve that consciousness you recognize as her "whatever", tuck it back behind your rolodex and your wireless pager cause we done with that noise. Disconnect your emotional attachment. It only does you harm. Time to drop it like it may have once been hot 10 years ago

That pager is gonna bitch and moan cause it knows its worthless now and cant accept you finding a ultra 8k 4 camera 5g 50TB flash memory smart phone. That pager is gonna fight tooth and nail and drag all tech down with it if something more worthwhile comes along

Friendlyadvice. Take it or leave it my dude.

And to be specific she sounds like a huge giant red flag factory that took over after shutting down any and all other flags. It ain't worth it chief. Go to the gun range, go golf, it's getting nice out and you got way better things to do. I'd rather be a grown man riding wheelies than embarass myself associating with those in your predicament

callowhill3[S] • 7 points • 20 April, 2020 05:51 AM

Good analogy thanks my man. It's just weird that a person would randomly come up with nasty, foul, crazy as hell things to say after all these months. Also Unfortunately, the dumb ass governor of the State of New Jersey shut down the whole state because of Corona virus. Gun range is non existent Carrying a gun is a 5 year prison sentence even in self defense. Golf shut down , basketball, gym , anything outdoors is shut down. Restrictions on travel to limited destinations also... Also got laid off cause of COVID-19 So it's a tough time for me man. I'll be 25 in July so I hope I have it figure out by then.

krusecontrol91 • 2 points • 20 April, 2020 09:13 AM*

I did not expect an open minded response on this site, I give you every credit and appreciation for your respect and non reactive, more considerate, way of mind.

Seriously it sounds weird but it is not a common thing anymore.

Cheers friend, if I can help you in messages I am here for you. One reasonable, logical, face value mind to another even though yeah trolling is a hobby, this is not a troll post

You got this. She is history for you, time for your next step and it better not be some chick :)

Sure I may get called names for a rational viewpoint, but that's gonna actually tell you you're doing something right. If there's a big protest, now in my experience that means you broke this spell she's trying to use as a tractor beam. First step to winning for you. Let her win for her and it's hard but try to work out that one emotional muscle and then build from there.

You are the prize, don't let her cloud your reason my dude. You have my support, if it means anything I ain't much your elder bro, closer than you know (not giving my age public sorry). I forgot about the whole COVID QNT thing. Rephrasing: do some learning on firearms and start learning so when it all opens you are ready day one to go blast some brass. Or grab a used club set from a "playitagain sports" and check YouTube and work on your swing. Doesn't matter what you do, just try to keep it focused on strengthening any, even the most minuscule in your opinion, thing about you. OR as per gun range - explore new stress relievers. You may meet a great group of dudes like I did and now we all hunt

together.

And then keep doing it, and again, and again; she'll fade out cause dude you can't stop researching all the science behind a Gatling gun cuz that history is so wild, Idk just examples, you'll be so focused on your own new attentions and your mind will fade her out, then more fade, then more fade.

You got this. Cliche? Well try it, you'd be surprised

callowhill3[S] • 2 points • 20 April, 2020 02:43 PM

I got it. I appreciate the advice my man. I'll try the motivation, it's really a humbling experience.

krusecontrol91 • 1 point • 20 April, 2020 03:13 PM

One day and roadblock at a time, we have your back

L2diy • 1 point • 20 April, 2020 07:01 AM

Move out of that commy state my dude. We're free over here in AZ and welcome freedom lovers

callowhill3[S] • 2 points • 20 April, 2020 02:42 PM

How hot is the weather my man? Is Phoenix a good city to live? Man I wish I can go right now.

How's the gun laws? NJ is so corrupt and restricted it's crazy. No self defense, if you are caught with a gun it's 5 years in prison no questions asked..If someone stabs or shoots at you, you have to beg for help and die defenseless .

L2diy • 1 point • 20 April, 2020 05:40 PM

That's insane. High of 84 today, low of 58. It's gonna start heating up, but honestly the summers aren't too bad and the rest of the year is beautiful. Phoenix has some of the most beautiful women I've ever seen, especially scottsdale. Gun laws are great. You can walk into a gun store and walk out with a firearm in less than an hour as long as you pass the background check. Shit you can open carry, and concealed carry without a license. You can shoot on all public land as long as you don't mount targets on trees and shoot towards public buildings. Let me know if you have any other questions!

krusecontrol91 • 2 points • 21 April, 2020 08:38 PM

How's the driving? Like florida where a geezer is literally every other car and grocery stores take 3x as long cause everyone is a snail pace? Lol

I'm not trolling I'm actually asking. I have the means to rent out a couple and move myself. I have some good travel memories from there.

I hear taos new Mexico is pretty sweet too.

If you want, no pressure. Feel free to sell me on your state friend :)

L2diy • 2 points • 21 April, 2020 08:44 PM

Dude driving here is crazy if you aren't used to it. The limit is 65 on most highways but the minimum people will go is 70-75 and you will regularly get passed if you are going under 80-85.

There aren't really any old people outside of north Scottsdale and fountain hills Mesa. All the places a young person would want to live, (near all the club districts) there is an overwhelming majority of college age/young professionals.

New Mexico sucks. There's nothing to do and the people are less attractive imho. And it's becoming less free.

If you want recommendations on where to live I would check out South Scottsdale, Tempe, or Downtown Phoenix if you have the means for it.

krusecontrol91 • 2 points • 21 April, 2020 09:17 PM

You're very kind. Made my day having some nice replies on reddit. Idc what religion you might be but may (your) God bless you.

I have a few cars and I would like to get them out of the cold, moist, rusty air that decimates anything unless you keep it in climate storage.

So it's not the massive retirement community I've heard about? Also would have to transfer ccp there, if they have open carry oh my God does that include rifles? If so it's a blue state born dudes wet dream

Thanks, I appreciate you

L2diy • 2 points • 21 April, 2020 09:19 PM

The beautiful thing about Arizona is that you don't need a CCP to concealed carry here! As long as you are legally allowed to carry your firearm and you own it, you can conceal it.

You can open carry all the rifles you want. Including your NFA rifles if you happen to have any.

krusecontrol91 • 2 points • 21 April, 2020 09:22 PM

I think heaven is just a few states away. While I have no record and can possess anything except auto just cause I haven't felt like paying for licensure and the clout. Holy crap dude you may have just changed my life trajectory.

Feel free at any time to send me facts or fun cool shit. La parilla suiza is still my favorite restaurant there if it still exists

krusecontrol91 • 1 point • 21 April, 2020 09:19 PM

Also prickly pear is my absolute favorite lmao. That was a treat

krusecontrol91 • 1 point • 20 April, 2020 09:22 AM*

I miss tombstone and I miss la Parilla Suiza in AZ. History and bomb fucking food. I wish I could ask you to fedex me a to go. Source: lots of work travel

Cheers. Pardon my language enhancers XD

FrenCan316 • 2 points • 20 April, 2020 03:44 PM

Jesus women really have nothing better to do. Women gossip so much and nobody takes what they say seriously. I'd just ignore and let it blow over. Continue not talking to this bitch, you're doing good.

Musicgoon • 2 points • 20 April, 2020 08:52 PM

Exes do that. Laugh it off. Who cares what she says?

Unit562 • 2 points • 20 April, 2020 05:47 AM

She sounds really hurt and is doing anything/everything to cut you down and damage your reputation.

Lies travel around the world before the truth has even gotten out of bed.

So you need to

ignore the drama she is trying to create and raise above it.

if anyone brings her up, say what a great girl she was but your were not compatible. dont explain any further.

People will work out that she's hurting and she wont hurt forever - she'll move on with her life - so should you.

cafeitalia • 1 point • 20 April, 2020 10:59 AM

Why care? If you have friends that will believe your ex in regards to these things well you have wrong friends.

Your family will probably not even give a shit what she says anyways. This will be a good opportunity for you to dump some of your friends.

Velsoxof_25 • 1 point • 20 April, 2020 02:45 PM

"how can you apologize if you don't even know why I broke it off?"

Top kek

bumbuff • 1 point • 20 April, 2020 03:04 PM

"We had a nasty breakup and she got caught cheating, I'm not surprised she's spreading rumors"

TxnyMontana • 1 point • 22 April, 2020 04:42 PM

Ignore and quit social media. The people who loves you and care about you (who must be just a few friends and family) wont follow the things your ex says.

Flamergoh • 1 point • 20 April, 2020 03:50 AM

You should be glad you broke up with someone like that

DanThe9Man99 • 1 point • 20 April, 2020 04:25 AM

All you can do really is to choose more carefully the people you let into your life

ashblossomcherries • 1 point • 20 April, 2020 04:26 AM

Hey bro I've dealt with this and I completely understand the frustration.

However, the reality of the situation is that people will only believe it if it's believable. For example if someone were to claim I'm gay, but the person they tell this to sees me dating multiple girls and being touchy with girls on my insta it's literally just not believable. If someone claims I only date a certain race of girl, but my past girlfriends are of different races, it just cripples the allegations.

Understand that the majority of people will only believe a rumor if it's believable. Make your life so that those rumors aren't believable.

SpiderAlpha33 • 1 point • 20 April, 2020 04:51 AM

Just ignore and keep focusing on your mission in life.

[deleted] • 1 point • 20 April, 2020 08:36 AM

The more she does the worse she looks the less you do the better you look. When someone speaks of another it

says more about the speaker good or bad. Everyone she tells is going to understand that there's a reason she is trying to make you look bad, cause she fucked up. Cheers.

linkofinsanity19 • 0 points • 20 April, 2020 05:32 AM

Become more successful and get better women or a better woman in your life. Then you'll quit caring, and she won't be able to stop caring.

IsaacShSe • 0 points • 20 April, 2020 05:42 AM

AWALT. Just dont contact her.

downvotesanimals • -4 points • 20 April, 2020 02:29 AM

Just get really angry and RAGE RAGE FUCKING RAGE!

communistcontrolact • -1 points • 20 April, 2020 08:35 AM

Ruin her life even worse with some sort of fabricated evidence. I can help you fabricate evidence pm me