Feel like the Quarantine is stopping me from developing. What should I focus on?

May 17, 2020 | 2 upvotes | by **beardestbird**

I'm trying to get back into my groove and into my full as a red pill man. I find myself bored at home not sure of what to do.

I had a goal of making friends before quarantine started. The "Talk to everyone" mindset was established and I talked to people at my college but ended up with little success and realized im shyer then I thought especially when talking to cute girls. However I kept forcing myself cause according to this sub eventually it'll be natural (becomes a skill)

Now that quarantine is going on I can't seem to figure out what to do. Might come off as complaining but I'm genuinely lost right now.

What do I? What do I focus on?

Comments

Meloxian • 6 points • 17 May, 2020 03:15 AM

Journal, meditate, read trp/psychology/ams/philosophy; learn a language/yoga there's all kinds of shit.

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> beardestbird[S] • 1 point • 17 May, 2020 01:42 AM
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> That might be the case and I hear you. I go for walks but I can't interact with people cause they are all pussies. Can't develop myself hard like I can in the gym
>
> Just feels like I'm stuck

amwfhunter • 1 point • 17 May, 2020 02:51 AM

I've been focused on my fitness and career related knowledge. Been reading a lot or webinars. I also read about cooking, stocks, investing etc.