

PSA: Marie Kondo and Tidying up

January 2, 2019 | 69 upvotes | by [BePrivateGirl](#)

I am a few episodes into the New Netflix special “Tidying up” from Marie Kondo. It’s basically Delightful! I don’t really struggle with clutter since my Captain is pretty neat and minimalist, but I’m still getting great tips and a lot of enjoyment from the show.

She has such a graceful and cheerful presence. I already want some of her outfits too. Just wanted to bring it to your attention!

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Comments

okayestwifey • 14 points • 2 January, 2019 09:44 PM

Thank you for sharing this! I was so excited to see something like this on Netflix.

International_Aioli • 12 points • 3 January, 2019 05:27 AM

I just posted about this in goals because I didn't see this! I tore through the show so quickly and now I'm organizing like a mad woman. I agree that a lot of the people seemed to not really commit to the process. I feel like a lot of those families needed help from professional cleaners or something.

And that first couple, yikes, their energy was so awkward and tense.

fairydust91 • 5 points • 5 January, 2019 08:04 AM

That first couple were painful to watch...

noodlecat696969 • 9 points • 2 January, 2019 10:08 PM

Seriously, that woman is so sweet, I love her.

teaandtalk • 6 points • 3 January, 2019 06:43 AM

I agree with others saying it's less strict/full-on than actually following the book. But it's worth it for the little segments where Marie herself talks gently with tips!

NationalMouse • 1 point • 7 January, 2019 06:02 AM

I wanna see more of Marie just talking to us and giving us more tips!

Aauo2688 • 9 points • 2 January, 2019 11:44 PM

Thanks for the recommendation! Watching now!

bulldogdroops 1 points 3 January, 2019 02:45 AM **[recovered]**

Read the book instead. It's much more thorough. The people on the show aren't really seeming to get what it truly means to "spark joy"

scallopkid • 1 point • 3 January, 2019 05:55 PM

100% agree. If you actually want to learn something, read the book.

drunk_fish1 • 3 points • 3 January, 2019 09:40 AM

I read her book, The Life Changing Magic Of Tidying Up and it quite literally changed my life. I'm looking forward to watching it on Netflix! x

chummy27 • 2 points • 3 January, 2019 01:23 AM

watching it too. Thanks for the recommendation

Scorpioprincess83 • 1 point • 3 January, 2019 08:45 PM

Thanks for sharing! I will start watching tomorrow while I'm doing laundry lol perfect!

WonderfulandValuable • -11 points • 3 January, 2019 10:59 AM*

I do not find Mari Kondo to be a person I am inclined to like. She is very arrogant and sure of herself. I also dislike her attitude of throwing away and not trying to reuse, sell, give away or gift away. She is a liberal/feminsit leaning person and does not tell you to honor other peoples belongings, especially not our husbands. A disrespectful/non-vigilant woman might not see anything bad in pressuring her Husband into sorting out his belongings or even do it herself! Just as bad is inviting something gets thrown out because you do not love it - but your husband might deem it essential. One needs to be pretty reflective and firm in the RPW before daring to move with this.

RubyWooToo • 15 points • 3 January, 2019 02:21 PM*

Actually one of the things that she says in the book is to not get rid of things without people's permission or pressure them to de-clutter because it erodes trust and causes unnecessary conflict.

This is advice I've taken to heart whenever I'm tempted to throw out this one disgusting ripped hoodie for which my husband has an unreasonable attachment. :-P

As for repurposing/selling/donating things she doesn't really touch on the subject at all so I don't think it's fair to say that she is actively encouraging people to waste things.

fanbelt90 • 12 points • 3 January, 2019 03:20 PM

Have you read the book or watched the show? There is more than one episode where she expresses the importance of focusing on your own belongings and not someone else's, only going through belongings together when they are co-owned. Even when those items belong to young children.

I know in the show they use the phrase "throw away", but most of the episodes either show or refer to recycling and donating items. At least one of the episodes shows a woman holding a rummage sale.

I can't say whether she is a feminist type, but I personally found her to be portrayed as quite respectful and overall very feminine. I wouldn't say she is arrogant, I would say she is confident in her method because she is an expert. She is literally hired to teach and support people to make their homes happier and less stressful.

A huge part of her method is to respect others in your household by respecting their choices to get rid of or keep items, and to respect the items that you choose to remove from your home.

She repeatedly talks about taking away lessons from the items you choose to remove; it's not about forcing yourself to get rid of excess things, it's about creating a home where everything and everyone in it are feeding into a joyful and peaceful energy, instead of guilt or indifference.

wombatmagic • 4 points • 3 January, 2019 11:41 AM

That's a tough assessment. Did you read her book? I find her endearing and enjoyed reading about her particularities as a child. Her book certainly sparked joy for me. She stresses the absolute necessity not to mess with other people's stuff.