How to get over the fear of missing out?

July 5, 2020 | 1 upvotes | by [Dimenzije90](#)

Im 22 yo. Discovered trp about 2 years ago after i got my heart broken by oneitis. Lifting regularly(untill this whole virus thing) got many dates. More then i ever got. Fucked more girls and hot ones i once taught were out of my league.

But i still have this feeling like im not doing something right and that im missing out on so much fun. I see people who have a lot of friends. Travel to cool places, have hotter chicks then mine. Basically living way better life then mine even tho im red pilled.

My biggest fear is to grow old and feel like i missed out on a lot. I belive this is my biggest weakness at the moment. How do i overcome it?

Thanks in advance.

Comments

amwfhunter • 3 points • 5 July, 2020 10:13 PM

You're 22...you should be focusing on building your future. This is something you dwell upon when you're like late 20s ans haven't got a clue. Or midlife crisis lol

FirstName_LastName4 • 1 point • 5 July, 2020 09:31 PM

I get the feeling you are comparing yourself too much to other people, perhaps in social medial like Instagram where people often portray a cool life that just isnt true.

Its true that there will always be someone with a cooler life, but you have to stop comparing your life to others, maybe for inspiration but not to feel like you are worse than them

jojojijo333 • 1 point • 5 July, 2020 10:07 PM

You're an insecure MF