

# Break up with LTR

May 20, 2018 | 64 upvotes | by [ramfex21](#)

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So my LTR of 5 years has decided to go on an overseas holiday to Europe for a month by her self. I told her I'm not keen on her traveling solo and staying in hostels with dudes looking to fuck. She wouldn't listen and said she is going to go regardless. Tickets have been purchased and there are contiki pamphlets sitting on the table.

At this point I have had enough and want out of the relationship. She wants multiple kids She wants to get married to me She earns more than me She is a psychologist She is a raging feminist We have sex only like once a month and it's boring sex She is emotionally manipulative Always trying to get me to work harder and save for more holidays, higher rent, better clothes etc.

So I'm thinking that while she is away I am going to move my shit out of the house and leave. Right before she comes back I will send her a message saying that when you get back I will have moved my shit out and will no longer be in the relationship. I then plan on blocking her phone and social media. I won't even read her replies. Do you guys think this is a dick move? I've tried breaking up in person before and I just couldn't do it... I didn't have the balls, she started crying etc..

I know it are meant to sit down and have some conversation or something.. but I can't seem to do it and I don't want to ruin the rest of my life because I don't have the guts to dump her face to face. I know I'm being a coward... but I got to what I got to do right?

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## Comments

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Zahlix • 1 points • 20 May, 2018 09:23 AM **[recovered]**

Moving out your stuff before might be a good idea, so you have less face to face exposure later on. I would still advice a face to face breakup as a learning experience. You seem to have a problem communicating your wants and needs and running away from it hiding won't help you (maybe read the book No more Mr. Nice guy).

Yes, she will cry. Yes, you might cry. Yes, it will feel like a punch in the gut.

If this relationship is not what you want out of life, move on. You are wasting your own and hers by trying to keep this broken ship afloat.

y\_nnis • 26 points • 20 May, 2018 09:56 AM

This is the answer you were looking for OP.

She wants you to make more. Why don't you want you to make more. She wants you to dress better. Why don't you want to dress better? She wants you to be able to go for more vacation. You don't want to be able to?

You seem to have been avoiding personal growth and it's good that in her very wrong way, she points it out. Do you have to leave? Probably. But take the plunge and talk to her about it. And then leave. Be brave, you owe it to your future self.

truedemocracy3 • 2 points • 20 May, 2018 11:41 PM

This. One thing I wish I learned earlier but didn't due to lack of experience was how to break up with a woman. Would save soooo much time

friendandadvisor • 2 points • 24 May, 2018 03:16 AM

I would still advice a face to face breakup as a learning experience.

Yes, you will learn that a face to face breakup is pointless, bothersome, a waste of time, and troublesome.

Zahlix • 1 points • 24 May, 2018 12:14 PM **[recovered]**

Or how to be an emotional grown up that is able to communicate his wants and needs, even if that my create conflict with a different person.

friendandadvisor • 1 point • 24 May, 2018 02:07 PM

Silliness personified! You are trying to create conflict where none need exist.

If he walks, and all of his stuff is gone when she gets back, and he doesn't even text her...he WILL have more than communicated his needs and wants.

xD3CrypTionz • 73 points • 20 May, 2018 08:58 AM

Not a dick move but it's the easiest way out IMO. If you couldn't pull the trigger all the way while she was in front of you then you didn't deserve the relationship. Abundance mentality my dude!

If you go through with this then make sure you get rid of any evidence (photos, texts etc) that way you don't reminisce and fuck up by going back to her. She would have the power then

Stay strong my dude! You got this

ramfex21[S] • 12 points • 20 May, 2018 09:19 AM

Thankyou

Aesthetic\_God\_\_ • 20 points • 20 May, 2018 11:30 AM

Post again after a month. I want to know what happened, also tell us what she did on her vacations.

ramfex21[S] • 16 points • 20 May, 2018 11:33 AM

Well I doubt I'll find out what happened on the holiday unless she mentions it too get back at me when I break up with her. But if she does that she will be doing me a favour. But yea I will post an update after this is all over.

Aesthetic\_God\_\_ • 5 points • 20 May, 2018 11:34 AM

This is what I was thinking, it is possible too. She might just spill out crap but on the other hand she might also remain cool. You never know. Keep your shit together dude. Good luck.

ddbsirt • 1 points • 20 May, 2018 10:20 AM **[recovered]**

I wouldn't even bother texting her.

I'd recommend you don't block her until perhaps a month after she comes back. The angry messages she sends you could provide good evidence in case she throws some accusations at you. (obviously don't reply to anything)

DanielQuiles • 11 points • 20 May, 2018 10:31 AM

Both of the above responses are understandable and smart. Please take their advice.

ramfex21[S] • 1 point • 22 May, 2018 01:53 AM

Yea, incase she makes any allegations - I will keep a record of conversation.

ramfex21[S] • 22 points • 20 May, 2018 11:25 AM

Bull fucking shit.. I have no doubt that guys will be chasing a single good looking backpacker staying in cheap dirty hostels. And if she cheats I'd never know. And it's likely that she will, from stories I've heard. I can't risk it

TheRedPillMonkey • 14 points • 20 May, 2018 01:11 PM

Normally, I'd say that's a very insecure way of thinking. You're never supposed to drop a girl on a what if. It's not your job to guard her from moments where she could cheat. It's your job to dump her like last night's tacos when she does. It's very insecure and not very alpha to assume it's going to happen, then mate guard or dump her based on your insecurities.

That said, she seems like a manipulative cunt regardless. She's got you all billy beta and seems to have little regard for your happiness. That's more than enough grounds to kick the bitch to the curb.

Don't be worried if it's a dick move. It's the move you need to make. She won't be happy. She'll call it a dick move. She'll wonder what's wrong. She'll blame everything on you. But fuck her. She's just a lousy piece of pussy who doesn't realize that her value to you is not very big.

truedemocracy3 • 5 points • 20 May, 2018 11:42 PM

Going abroad is one thing but contiki is basically an orgy fest

slurmfactory • 7 points • 20 May, 2018 02:47 PM

Yea, ditching the bf for a month is a dick move. She will 100% cheat, and disregarded his feelings. OP its the right move, just pull the trigger. Execute your plan and go full on beastmode when youre single. It will be for the best bro.

Republic\_of\_Ash • 1 point • 21 May, 2018 09:43 AM

She didn't ditch him. According to him, he was invited but decided not to go. His loss.

Also, 100% cheat? Lol, I can see you'd be amazing relationship material...

[deleted] • 1 point • 21 May, 2018 01:29 PM

LTR worthy women don't do these types of trips

It doesn't matter if he can know for certain if she cheats

Her wanting to do this and going is a fire-able offense for many men, and it is justified

ramfex21[S] • 1 point • 22 May, 2018 01:56 AM

I need to move on and be an individual man.. work on myself and start interacting with new people. In this relationship I feel trapped. She hardly lets me talk to girls... even friends she wants me to ditch. I want to be able to do what I want, when I want.

TheRedPillMonkey • 1 point • 22 May, 2018 04:11 AM

Yeah bro. Bail. Bail hard and bail fast. Don't look back. Don't meet her to talk about shit. Don't feel bad.

She's gonna go crazy because she seems controlling and entitled. Just ignore. Block her everywhere. Don't give any attention and move on with your life.

El\_Serpiente\_Roja • 2 points • 29 May, 2018 08:11 PM

Dont risk this...a devoted chick in a ltr wouldnt do this if u had an issue. Your future healthy ltr wont do this bro.

Republic\_of\_Ash • 5 points • 20 May, 2018 12:38 PM\*

Sounds like you're doing all of this because you're positive she is going to cheat, when really you have no idea. Maybe it's *you* who's boring and manipulative? Maybe *you're* the reason you don't have sex anymore. Ever think of that? Why is *she* going on holiday and not you? Why don't you have the *balls* to leave her, what's making you feel so guilty?

Just because she is a woman, does not mean she isn't a person too. If you want to leave her, then man up and tell her. Don't be a fucking pussy after 5 years, and just walk out the door while her back is turned.

[deleted] • 3 points • 21 May, 2018 01:31 PM

Simply put

LTR material women don't go back packing alone in Europe for a month while in a relationship

ramfex21[S] • 2 points • 22 May, 2018 01:57 AM

I agree and many family and friends also agree that it is highly suspicious behaviour in an LTR

[deleted] • 1 point • 22 May, 2018 03:04 AM\*

Here's where I think you might need to re-frame this.

"Suspicious" implies that she is planning to cheat or something similar.

That is not necessarily the case here. But how much does it matter?

It could be something more like she lacks empathy for you or is self-absorbed. Women excuse this by claiming to be a free spirit that is exploring themselves or something. It's ironic that all these free spirit type chicks are usually just plain old narcissistic.

The thing is that any of those things is bad in a LTR (cheating or just self-absorbed and uncaring). It erodes trust and kind regard. Let's say she does this trip and doesn't actually cheat (let's say you have a crystal ball and could know for sure). If you stay with her, then she will again do things that would make most men (you?) feel insecure in a monogamous relationship. Because that's who she is: she isn't LTR material, at least for you, regardless of if plans to cheats or ends up doing so in this one particular instance.

I was in a similar spot years ago. My LTR at the time was overly attention seeking. She would give way too much attention to other men in front of me. It was bad enough that several people commented on it to me unprompted, including other women. It was partly some psychological warfare against me. I have no proof she ever cheated. I started thinking I could excuse it if it was just her being a huge flirt that ignored me when other guys were around. I was fixated on it not being a "fire-able offense" until she had another dick in her mouth. I realized that even if she wasn't cheating, she was still either cruel or socially retarded and that this behavior destroyed my trust in her. I was checking to see if she cheated etc. Yes, her behavior was a red flag for future cheating, but in and of itself it was more than a red flag: it was poor treatment of me.

She was not LTR material and so I ended it.

Some people have a different conception of long term, exclusive relationships. The two people just know they are together and should trust each other, but aside from that they just do anything they want like they are single (except of course they usually agree not to fuck other people, and you are both to trust that unless there is obvious evidence or a confession). Well, that's not a LTR for most guys, that's a friends with benefits with no emotional attachment. Not many men can be emotionally attached to a woman and then be sane while she just does whatever as if she is single.

ramfex21[S] • 1 point • 22 May, 2018 03:38 AM

Thankyou for your input bro! Yea, my girlfriend does seem very narcissistic. She is one of those strong feminist types who say they can do what ever they want and that no one is going to stop them (very difficult to be in LTR with). I expressed my concern over her plans to travel solo for one month while being in a near 5 year LTR. She dismissed my concerns saying that I am just insecure and not to worry. Most other situations like her going out partying etc I do not care about. I'm sure most other men would have some concern if they were in this situation. Especially considering her plans to stay in hostels and join a contiki tour where it is common knowledge that people go there to fuck. I view this holiday as a fireable offence tbh. But that is not the only reason I want out as you can see by reading my post. There are a lot of issues. This solo holiday is kinda like the last nail in the coffin for me.

Republic\_of\_Ash • 1 point • 21 May, 2018 03:32 PM

They do if their relationship is long over :)

[deleted] • 1 point • 21 May, 2018 06:07 PM

You're just mumbling shit at this point

nitefuzz • 1 points • 20 May, 2018 12:58 PM [recovered]

Found the beta.

Republic\_of\_Ash • 18 points • 20 May, 2018 01:05 PM\*

Fuck off, cunt. There's being redpilled, and then there's this. You're all advocating that he should just quit and pussy out on her while her back is turned. Why, because he's a male? This isn't incels. By the sound of it, he isn't pulling his shit together and she's tired/bored of it. Women are almost always willing to put out for a man who deserves it. If he was a man though, he would have left her *face to face* a long time ago. If anyone is the *beta* here, it's OP.

Elaol • 11 points • 20 May, 2018 05:45 PM

This. I see so much hate here of horrible things women do, but total approval of horrible things men do.

pussykiller009 • 6 points • 20 May, 2018 05:19 PM

This, You are damn right

michaelkc03 • 1 point • 20 May, 2018 09:04 PM

Easier said than done. Its like the guy who puts 20 years in at a job he hates, it gets harder to leave every year because his life and identity has become more and more intertwined with the job.

Same situation with OP. Call him "beta" if you want, but to walk away from a situation that is not beneficial to you is always the alpha move no matter how you do it.

Conditioning is the only thing that makes you say "you should sit down and talk face to face" that's the MAN thing to do. I disagree. The MAN thing to do will always be what YOU know is right. Walk away OP...doesn't matter how you do it so long as it's done.

MattyAnon • 26 points • 20 May, 2018 11:19 AM

So my LTR of 5 years has decided to go on an overseas holiday to Europe for a month by her self.

Your ex-LTR, yes.

feminist

dealbreaker

Reading your first paragraph: get the fuck out, you're better off single. And there are women out there that, much better. There's no unicorns, but there's way fucking better than that.

Right before she comes back I will send her a message saying that when you get back I will have moved my shit out and will no longer be in the relationship. I then plan on blocking her phone and social media. I won't even read her replies. Do you guys think this is a dick move? I've tried breaking up in person before and I just couldn't do it... I didn't have the balls, she started crying etc..

Never tell her anything about the future. "I will have moved out".

Instead you do it, and perhaps tell her. "I've moved out". Then refuse to meet if you're too weak to stand up to her.

Ideally you tell her everything in one text: "I've moved out, things are not working for me, we want different things". Now you've said everything and don't need to respond further. No negotiation.

By the way she's lining you up to be her BB while she fucks other men. Wanting marriage plus overseas holiday by herself.... I doubt you'd even be the father of your children.

Do you guys think this is a dick move?

It doesn't matter what anyone thinks, do what works for you.

I know it are meant to sit down and have some conversation or something.

No you are not "meant" to do this. You do this if you can, but it's not always the best. Especially when you're as under the fucking thumb as you are.

I know I'm being a coward... but I got to what I got to do right?

Time to grow some balls young padwan

Cloudsurf89 • 3 points • 20 May, 2018 05:50 PM

Yes to all of these points apart from "You do this if you can".

No - only do this if you WANT to do it and it is beneficial to your own sanity and well being - avoid it if it means risking bottling it and caving in to her. You are your own man - speak through your actions.

How does the quote go... "There is nothing good or bad - only hamstering makes it so" □

MattyAnon • 2 points • 20 May, 2018 07:20 PM

heh yeah

Republic\_of\_Ash • -12 points • 20 May, 2018 12:35 PM

Nothing wrong with a true feminist. You're referring to the nutcases that have hijacked it today, and modified it's meaning.

ImYourMajesty • 10 points • 20 May, 2018 01:07 PM

Oh please

Republic\_of\_Ash • -7 points • 20 May, 2018 01:11 PM

True feminists respect men. That's the difference.

wheresMYsteakAt • 6 points • 20 May, 2018 04:31 PM

Source?

Republic\_of\_Ash • 1 point • 21 May, 2018 09:18 AM

My source is nearly any feminist born pre-2000s.

[deleted] • 1 point • 20 May, 2018 09:13 PM

only in the republic of ash maybe but not irl

Republic\_of\_Ash • 0 points • 21 May, 2018 09:11 AM

Lol, I'm not saying you're wrong... but there's quite a difference between what feminism actually is, and what most mistake it to be today - millennial feminism. Which really isn't feminism, so much as it is misandry.

MattyAnon • 1 point • 20 May, 2018 07:24 PM

"true feminist" is like the "no true Scotsman" myth. look it up if you have to.

ALL feminists are, to varying degrees, nasty and grasping. None of them want equality, they are all pushing legally-enforced female social superiority. They do it in different ways, but the clue is in the fucking name... they don't call themselves equalists.

Republic\_of\_Ash • 1 point • 21 May, 2018 09:16 AM

I know the Scotsman fallacy.... my bad.

What I mean by 'true feminists' are the ones who hold no malice towards men, but are for equality of opportunity rather than equality of outcome. I have a couple of feminist friends who are lovely people and who aren't really preachy, and shock, horror... don't hate men!

MattyAnon • 1 point • 21 May, 2018 10:19 AM

I have a couple of feminist friends who are lovely people and who aren't really preachy, and shock, horror... don't hate men!

They are pretending to demand equality while really its just "equality in these specific areas". I doubt they are advocating equality in the workplace deathrate.

Women already have the most privileged position in our society, including the right to whine and complain and be listened to.

It is wrong to have the most and demand more.

02537-41101 • 14 points • 20 May, 2018 12:48 PM

hold up, she earns more than you as a psychologist and wants you to work harder for yourself as you mention?

I'm gonna be that guy — this isn't grounds for separation as much as it is your own inadequacy showing through. despite her raging hot feminism, unless I have more context I'm acquiescence to the idea that you're not being the man you should be in your dynamic.

michaelkc03 • 2 points • 20 May, 2018 09:08 PM

He's not the man he should be because the psychologist woman makes more than him?

Don't buy this line of thinking OP. Your worth is NOT determined by your net worth or anything external.

Of course it is okay to strive for more pussy, health and wealth. But NEVER let external factors determine your self worth. Never. They are too variable to do so.

02537-41101 • 1 point • 21 May, 2018 12:28 AM

He's not the man he should be because the psychologist woman makes more than him?

no. there's a predicate set in the unconscious value of both individuals which would explain her behaviour. it's not a bad thing to 'push' your partner to be better, unless they're at the full extent of their capabilities.

NEVER let external factors determine your self worth

true, but in this context it's a false dichotomy. any relationship you commit to is a significant part of your own life — it's not an externality in any way. if this individual is having to be his personal motivator to do better, i'm led to believe there's more to this situation than the both of us know.



michaelkc03 • 1 point • 21 May, 2018 02:21 PM

A nagging feminist will never be a sufficient motivator...

vandaalen • 21 points • 20 May, 2018 09:05 AM

Good plan. If she is annoying you too much until then, don't even bother sending a text.

[deleted] • 7 points • 20 May, 2018 10:44 AM

Women traveling alone always calls for a good story. In their head the vacation-dick probably doesn't count.

ramfex21[S] • 3 points • 20 May, 2018 10:56 AM

Thanks for the heads up. Yea I've heard stories bro. I don't really wanna be another victim

dinkelpuss • 6 points • 20 May, 2018 11:57 AM

Get out ... my ex-LTR went on two trips by herself to Europe ... the first time she fucked some guy behind my back and was planning on branch swinging to him for a LTR the next time she went back in 6 months (except he pumped her and dumped her immediately).

I made the beta-faggot move of forgiving her after finding out and gave it another shot. When I heard she was planning on going to Europe again with her "friends" I ended it right there and she agreed with my decision (she knew what she wanted).

Now she's in a LDR with a guy overseas that she met from that trip.

get out.

ramfex21[S] • 2 points • 20 May, 2018 11:59 AM

Jesus that's rough! Just wondering how you found out that she cheated while she was away?

No doubt she would be cheating on this LDR now as well. Good move leaving man.

dinkelpuss • 1 point • 20 May, 2018 12:24 PM

I followed her to Europe as a surprise after she ended things the first time. She was over the moon to see me (because she had been pumped and dumped by the time I came. One night out we went back to my place and she passed out. Out of curiosity I went through her phone and found out the last 6 months of cheating ... It was so fucked ... I even forgave her, that's how i fucked I was.

she admitted that she wasn't planning on telling me at all, so take what you want from my experience. Personally I'd move on if i were you.

purplefidgetmidget • 21 points • 20 May, 2018 09:53 AM\*

Yes, it's a dick move to break up with someone when they're away after a 5 year relationship.

It's not the wrong move, you should definitely break up, but you should have the balls to do it to her face, not SMS her 'sry bby g2g thx 4 the 5 yrs cu'.

If you want to take the coward action then fine but it looks like your post's purpose is to reduce your own guilt by getting some other people to agree with you that it's acceptable to dump a girl after 5 years by text while she's away. It isn't.

Also ghosting her isn't cool either. Sure, ghost a plate, or ghost an LTR that cheats on you or whatever, but after a 5 year relationship? You should talk to her like a man, tell her what's up, and give her some closure. She'll get absolutely fucked up mentally if you just ghost her, she'll wonder WTF happened and it'll probably scar her for

several years. I know someone that did this and the girl never got over it fully.

TRP isn't about being abusive to women. It's about being a man.

ramfex21[S] • 2 points • 20 May, 2018 09:58 AM

Yea I see your point.. I'll move my shit out of the house. Send her a message saying that we need to talk' . If she agrees to meet after seeing my shit isn't in the house I'll go meet her and tell her it's over

purplefidgetmidget • 6 points • 20 May, 2018 10:08 AM\*

I'd either text or call her towards the end of her holiday so it isn't ruined, explain that you've given it some thought and you're ending the relationship. Move your shit out, explain briefly why, then after she gets back, talk to her.

People will no doubt say to ghost her and you should do this, but I wouldn't do it completely to begin with. If you want to be nice, presumably after 5 years you care for her a bit. She's just going to want to go through the five stages of grief. So let her text you with her pleading, bargaining, anger etc. don't enter into ANY discussion just reiterate what you've said and try to give clear answers about how you *feel*. Because feelings cannot be argued with. Don't engage in ANY other conversation because she will try to ask you how your day is etc. and yes, block her from all social media etc.

After a couple of weeks hopefully you'll start to feel like you've answered all her questions and given her closure. At that point you should tell her that you need to cut off communication so you can both move on, and ghost her.

I expect this advice will fly in the face of the general attitude which is ghost+move on+abundance, but you don't have to be mean to girls, and 5 years is a hell of a long time. Doing her a favour for a couple of weeks to stop her getting too mentally fucked up is a drop in the ocean.

Remember, stay calm, express your feelings about the relationship not the facts (if you start saying things like I don't like X in our relationship it will give her leverage to start bargaining that she can change it, which will NOT work - she'll turn you into a monster that won't try to fix it), your goal is just to help her understand what's going on, then it's to help you both move on.

Good luck.

Edit: I'll just add that I did this, although I broke up face to face, expressed all my views etc. and then left. She bitched me out over e-mail a couple of times (e-mail is quite good for this cos you can write a long thought out message), then there was a gap where we left things in a bad state, closure wasn't quite there. Then a week or two later it all came flooding out, we sent a bunch of e-mails back and forth, both sides said what they wanted to say, she got as much closure as she was ever going to get, and then we ghosted each other. Never seen her again since then. Cleared my conscience that I hadn't left her hanging. The element people miss is that breaking up with an LTR you generally still care a lot for them.

friendandadvisor • 1 point • 24 May, 2018 01:20 PM

Your comment is amazing. She's fucking him over, shitting on him after a 5 year relationship, and you want OP to make sure that she has a soft landing!

Incredible.

purplefidgetmidget • 1 point • 24 May, 2018 02:27 PM

An eye for an eye makes the whole world blind.

But more seriously, we know women are children and accept it, why not accept the fact they have no idea what they want or how to take care of themselves, too?

After 5 years even if she cheats on him there's still *five years* of history between them. You can still be deeply emotionally bonded to a person and cheat on them, it's how women will smile and have a lovely happy life with their husband and kids and act like everything is perfect whilst secretly getting railed every tuesday morning by some alpha dick.

I think people on this subreddit act way too macho and emotionally detached when considering other people's situations.

It's like if you have a dog for 10 years and it's your best friend, and one day you pick it up it nips you, which it isn't supposed to do because you trained it well and it has never done that before. Do you immediately destroy the dog with no feelings at all, because hey, despite it being in its nature to be a bit bitey, it doesn't matter? Or do you perhaps accept that you can't keep a nippy dog in your house anymore but try to show some compassion for it?

I mean the way people on here act it's like HARD NEXT BRO, GHOST HER. Like yeah, that won't fuck both sides up mentally after such a long time together.

Showing a bit of compassion to make things go smoothly doesn't cost anything, and it's the humane thing to do.

friendandadvisor • 1 point • 24 May, 2018 02:52 PM\*

An eye for an eye makes the whole world blind.

Irrelevant. I'm not talking about payback, at all. I'm thinking of OP's total future.

After 5 years even if she cheats on him there's still five years of history between them.

Yep; which she totally disregarded. Shit upon. Laughed at. Said 'Fuck You' to. OP should not be tied to the past, to some 'history', be it 5 years or 5 minutes. The past, as they say, is gone.

I think people on this subreddit act way too macho and emotionally detached when considering other people's situations.

Maybe yes, maybe no. When one breaks up, becoming emotionally detached is often good, don't you find?

It's like if you have a dog for 10 years and it's your best friend, and one day you pick it up it nips you, which it isn't supposed to do because you trained it well and it has never done that before. Do you immediately destroy the dog with no feelings at all, because hey, despite it being in its nature to be a bit bitey, it doesn't matter? Or do you perhaps accept that you can't keep a nippy dog in your house anymore but try to show some compassion for it?

Or, it's like a gf you've had for 5 years, and she goes off to Europe to fuck other dudes. Do you keep her and her diseased, public vagina, and her whorish ways around longer, to mock you and fuck around on you at her leisure, while wasting your time, giving you monthly, begrudged starfish sex, or do you do what's best for you?

I mean the way people on here act it's like HARD NEXT BRO, GHOST HER. Like yeah, that won't fuck both sides up mentally after such a long time together.

Are you on fucking crack??? The whore will go on to other dick; the OP will begin to repair. The damage to OP is done. The whore will feel nothing. She wants to fuck around; she can. Their lives aren't on the careen to Hell's gates that you prophesy.

Showing a bit of compassion to make things go smoothly doesn't cost anything, and it's the humane thing to do.

Wasting time, expense, and energy on a whore doesn't make things go smoothly. It's taking...time...expense...and energy from the OP. OP can show compassion by giving her a very clear message: He wants nothing more to do with her. A 'Face to face' is not 'the humane thing to do'; it's "The Blue Pill" thing to do.

purplefidgetmidget • 0 points • 25 May, 2018 11:44 AM

You've done a good job of misrepresenting every single point I made lol, kudos.

You've expressed yourself with anger and extremes, it suggests 'payback' but it's like kicking a wild dog for biting you because you *knew* it would probably do something like this. You *know* she's gonna end up giving in to temptation. It's in her nature.

Just because the relationship ends doesn't mean that there wasn't 5 years of great memories and emotional bonding. The past isn't magically gone.

The emotionally detached part was a clever misdirection, I didn't say you shouldn't become emotionally detached as a result of a breakup. I said that people on the *subreddit* are emotionally detached, they don't consider a person's feelings or emotional state. It's why we have 90000 posts a day telling people who say they have difficulty doing X to 'just do X, get some discipline' without trying to address any underlying cause. Shouting at people to immediately hard next at the drop of a hat, because they have no skin in the game and no empathy for what a guy is feeling. So they end up with poor advice a lot. "Oh my wife has been flirting with a coworker what do I do, we have 2 kids" - this sub: "Hard next bro, go smash some 20 yr old vag, gg ez"

What's best for you is to end your relationship and move on, it's to get closure, tie up loose ends, and progress to the next part of your life. For some reason people have no empathy for what happens at the end of a relationship. I've ended every single LTR I've had since the age of 21 and some of them I just shrugged and walked away, and some of them, ending it fucked me up for a long time, and my longest LTR was 6 months. I can't even begin to imagine how I'd feel after 5 years. And that's if I break up, calculated and with reasons that have been stewing for a while.

Just because I didn't advocate ghosting her doesn't mean I think they should stay together. It's like your dog bites you one day and you think with a kid around, I better do something about this. The sensible option is to rehome him, since you care a ton about him despite his behaviour. This sub would be like 'ya bro just get the shotgun, blow his brains out and then come out for a beer later, we're going to TGI fridays'. No empathy.

Every woman is a whore, they just haven't acted on it yet. It's called hypergamy. Getting butthurt when it happens, KNOWING it's gonna happen, is pretty sad behaviour. It really is the humane thing to do, it's called being mature, dealing with your affairs, putting things in order, getting closure on both sides and then walking away without any loose threads.

I can't think of any worse behaviour than knowing the nature of a woman and then when it comes to reality, running away shouting that she's a slut, *how could you have known!!!*.

AWALT. Embrace it, don't try to fight it.

friendandadvisor • 1 point • 25 May, 2018 01:55 PM

WTF are you on about??

You just write to be writing, and it has nothing to do with what I wrote.

Just because I didn't advocate ghosting her doesn't mean I think they should stay together.

Again, WTF said that you said that? You need to read before you write. You are answering somebody else's post, none of mine. What, 10 fucking paragraphs? You are beyond hope. I wash my hands of you.

ramfex21[S] • 0 points • 20 May, 2018 10:40 AM

I do still care a lot for her but I know I need to move on and that she will be heartbroken. You kinda have changed my mind that I should at least be open to offering her simple closure. No need to get into the nitty gritty of all the problems etc. A straight up ghosting after 5 years is perhaps a little rough. I just want to avoid being at a meeting with her and being convinced into staying etc. because that's what happened last time I packed my shit and just about to walk out the door. You know what I mean? It eats away at me planning this shit.. but it's what I need ultimately for myself. I want to be my own man again with options and life agility .

friendandadvisor • 1 point • 24 May, 2018 01:22 PM\*

I do still care a lot for her but I know I need to move on and that she will be heartbroken. You kinda have changed my mind Doing what is best for her will only reinforce your Blue Pill characteristics. "A straight up ghosting after 5 years is perhaps a little rough."

Yeah, almost as rough as leaving you in the States and going off to fuck Pierre, after 5 years!

I just want to avoid being at a meeting with her and being convinced into staying etc. because that's what happened last time

OK, just imagine the three cocks of Pierre, Francois, and Jean Paul going into her simultaneously, and her screaming, begging them all to come on her back, face, and tits. Do you think that this will help you to walk out? If not, you should propose to her. Be sure to have plenty of flowers, and buy the ring before your meeting.

Don't be a cuck. You owe whores NOTHING!

purplefidgetmidget • 1 point • 20 May, 2018 11:12 AM

That's fair enough, I was probably a bit harsh.

You just need to avoid all arguing and discussion, it's not a discussion it's you informing her of what's happening.

It'd be wise to write down for your own sake the reasons you want to break up, the problems etc. so you can read it back to yourself and be confident that it's the right decision.

ramfex21[S] • 0 points • 20 May, 2018 11:14 AM

Thank for all your advice mate! I appreciate it. Definitely helps

Scheme00 • 2 points • 20 May, 2018 08:33 PM

Purple is a stand up dude with some GREAT advice. But the part I disagree with is to let her enjoy the vacation. Fuck that. You will still technically be together while she is most likely cheating and having an easy reason for her to end it while you lay awake every

night wondering which handsome euro tourist is putting it in her ass. Dump her before the trip so YOU can move on and not worry what she's doing on her trip. Most likely it will make her reflect on how she messed up and has taken you for granted while staring at beautiful scenery, rather than meeting a new dude and doing pub crawls with them. I agree with not wanting to ruin her life but you must put yourself first and that is ending it before she leaves.

xidub • 2 points • 20 May, 2018 09:59 PM

Yes, it's a dick move to break up with someone when they're away after a 5 year relationship.

What if they are a complete cunt though?

friendandadvisor • 1 point • 24 May, 2018 01:16 PM\*

Also ghosting her isn't cool either. Sure, ghost a plate, or ghost an LTR that cheats on you or whatever, but after a 5 year relationship?

Yeah; after all, all she's doing is being away and getting some foreign dick after a 5 year relationship! OP should do what's cool! /s

Ghosting her is about 1/10th of what she deserves.

She'll get absolutely fucked up mentally if you just ghost her, she'll wonder WTF happened

I think that she'll know what happened; she went to Europe, sucked and fucked a lot of strange Dick. As soon as she finds another Stateside cock, she'll get over it.

purplefidgetmidget • 1 point • 24 May, 2018 02:32 PM

But... you knew she was going to do that eventually.

It's like getting a rescue dog that occasionally pees on the carpet, and then being like this dog is awesome, then one day it pees on the carpet and you're like WTF?? HOW DARE IT DO THIS! OUT WITH THE DOG.

Like, you knew the dog would do that eventually when you adopted it. If it's a deal breaker, that's fine you can let the dog go back, but the idea that you'd just incinerate it then yawn and wonder what's for breakfast is pretty naive.

chazthundergut • 6 points • 20 May, 2018 07:01 PM

Stop being a spineless bitch and break up with her right now.

No wonder she only fucks you once a month. Find your balls and start acting like a man.

tiffanyoilr\_ • 4 points • 20 May, 2018 06:34 PM

Definitely break up with her but only after the trip. Don't just sit on your ass during this period of separation between the two of you and use it to go game and possibly spin new plates while also sorting out your feelings of inadequacy.

By the assumption of what you wrote, your insecurities are overflowing and your gf is tired of cuddling it (ironic enough that she's a psychologist and it's her profession, that's a different subject though). Do whatever it takes to build your confidence and mentally prepare yourself so you can deal with possible shit tests and loss of frame when you do end it. It'll help you with your problem of asserting yourself and not resort to evasive tactics in the



future and establish frame. 48 laws of power is definitely a book you should read during this period.

Give us the recap of this in a month. Best of luck.

that\_italia\_guy • 3 points • 20 May, 2018 03:16 PM

Your happiness is the most important thing. You ain't a happy dude in that relationship. And sex once a month....that's brutal

WoodWizzy87 • 3 points • 21 May, 2018 02:22 AM

Move out and ghost, who gives a shit about giving her closure

BusterVadge • 5 points • 20 May, 2018 02:05 PM

> I've tried breaking up in person before and I just couldn't do it... I didn't have the balls, she started crying etc..

There is your real problem. You're a doormat.

Yes, dump her anyway you can find the courage to do so but for gods sake fix yourself ASAP!

moresmarterthanyou • 4 points • 20 May, 2018 11:04 AM

Personally I think it's a pussy move. Man up and do it face To face. Move your stuff out while she's gonna and tell her face to face when she gets back, it'll help your communication skills, the fact your considering ghosting someone you've been with for 5 years is nuts.

TheTrenTrannyTrain • 5 points • 20 May, 2018 10:06 AM

Excellent plan, move all your shit out and don't bother contacting her that you're gone. You need to ghost her completely so her hamster will go supersonic.

ramfex21[S] • 0 points • 20 May, 2018 10:41 AM

You don't think it's rough after 5 years ?

elcarlosmiguel • 7 points • 20 May, 2018 11:02 AM

Nope this is actually one of the most disrespectful things I've seen a woman do. 1 month vacation to Europe? This is basically saying that she doesn't give a shit about you, and she thinks you will stay with her even though she is going to cheat.

This shows she has 0 respect for you

BTW you are in a relationship where you only have sex once a month? Wtf don't you have a bit of self respect. How can you even have sex with a girl who is not attracted to you? That's disgusting. As soon as your girl stops wanting to have sex with you that's reason enough to breakup.

Just leave and don't even say a word to her she knows exactly what she is doing more, it's possible she comes back pregnant and tries to fuck you so you think it will be your kid.

Leave and block her everywhere you don't need to explain shit she will know why.

TheTrenTrannyTrain • 7 points • 20 May, 2018 11:05 AM

Do you think it's rough that your GF is going to be riding strange cocks for an entire month in Europe?

wheresMYsteakAt • 2 points • 20 May, 2018 04:39 PM

I think it's very rough but I think a trip alone is worst. Have there been any red flags before this?(answer still is to leave, I'm just curious).

Are you absolutely sure she didn't buy your a ticket also as a Surprise? This would be the only clause I can see.

friendandadvisor • 1 point • 24 May, 2018 01:39 PM

How about leaving the country to fuck strangers, after 5 years. Is that rough or no?

ramfex21[S] • 2 points • 20 May, 2018 11:23 AM

Yea she is fucking me over all why saying that this is just what people do these days.. they travel solo in LTRs etc

Str8\_Pillin • 2 points • 20 May, 2018 07:52 PM

If you do your next relationship right, she'll be begging to go to the grocery store with you just to maximize your time together. Then you'll see that this is most certainly NOT just what people do these days.

ramfex21[S] • 1 point • 22 May, 2018 01:59 AM

Well I plan on being single for like the next 5 years . I never want to be in this situation again.

ronalddrump69 • 2 points • 20 May, 2018 12:28 PM

You sound like a faggot. Just man up and break up in real life. You dated for 5 years, why the hell would you break up through text, you think she won't go to ur house if u do it via text? It sucks to break up but in the long run you'll be happy you did it face to face. Breaking up via text is NOT okay.

friendandadvisor • 1 point • 24 May, 2018 01:36 PM

Wrong. She is playing the whore, and he should 'man up', and expend more energy on her, wasting his time, when he could be hitting up other chicks, working on his resume, or LIFTING?? Fuck that noise. They dated for 5 years-and then, SHE LEFT THE COUNTRY TO GO SUCK SOME CONTINENTAL DICK! After 5 years, she should be fucking stoned for sucking the life out of him for that time, not even fucking him weekly, and then running off to play the whore!

I'm sure you have balls-it's the gray matter that sounds like it's lacking.

ronalddrump69 • 1 point • 24 May, 2018 02:29 PM

Holy shit you have some serious trust issues. I still stick to my opinion. Breaking up through text is not okay.

Scholes\_SC2 • 2 points • 20 May, 2018 01:07 PM

Feminist, boring sex, emotionally manipulative, pushing you to do things? How did you put up with this shit for so long?

resnine • 2 points • 20 May, 2018 01:26 PM

Just reading that first line, going on a European holiday by herself. I think we all know what that means.... she's going to be riding the cock-carousal in Europe.

ramfex21[S] • 2 points • 22 May, 2018 02:01 AM

Most likely.

friendandadvisor • 1 point • 24 May, 2018 01:47 PM



Le Coque Carousel!

resnine • 2 points • 24 May, 2018 03:59 PM

Cue the romantic french music while she's being boppin from one guy to the next.

friendandadvisor • 1 point • 24 May, 2018 06:06 PM

bow-chika-chika!

GainzdalfTheWhey • 2 points • 20 May, 2018 02:17 PM

Boring sex once a month, then yeah jeez, discard her

ramfex21[S] • 3 points • 22 May, 2018 02:02 AM

It's fucked.. I know. I don't know how I've lasted TBH. Kinda thought it would get better. But I've just been kidding myself. It's not going to improve

friendandadvisor • 1 point • 24 May, 2018 01:47 PM

X10.

[deleted] • 2 points • 20 May, 2018 02:22 PM

Even if she wasn't going on this trip I'd tell you to break up with her because of all the other shit you described.

Sex once a month?!?!? Fuck off.

But he a man about it and break up with her in person.

[deleted] • 2 points • 20 May, 2018 02:34 PM

If you have resigned yourself to going through life as a pussy all other questions of technique, strategy, and style are pointless.

You'll just fuck the next one up until you learn so go right ahead. Eventually you'll stop and ask why you are asking advice on how to be a more efficient pussy and start asking the right questions. Or maybe you wont.

Good luck.

RedPilledRoaster • 2 points • 20 May, 2018 02:38 PM

Be a man or be a bitch. The choice is yours.

Entrefut • 2 points • 20 May, 2018 04:18 PM

Listen... If what you have written here is true and you seriously find her that daunting, that's all the more reason to dump her straight to her face.

When something scares you and you overcome it, especially if it's what you really want, you feel confident and strong after just doing it.

It sounds like over the course of 5 years this girl has worked her way into making you completely okay with everything she wants to do.

Let her go on this trip, but the entire time she's gone, move on. Focus on yourself, find other girls to hit on, move on. When she gets back from her vacation, then decide what you want. Do you want once a month boring sex? Do you want someone who has a disrespect towards the male mindset? Do you honestly think you can do better (you can)?

When she comes back, sit her down, tell her you liked the break you guys just took and want to continue on this path of getting to go out and get the things that make you happy. Take a break from her, see what other girls have to offer. You're worth it, you have an entire life ahead of you.

zboolh • 2 points • 20 May, 2018 04:20 PM

Stay strong, dude. Try and remember the feeling in your gut. You're not happy with her, she isn't a positive thing for you, she isn't a net gain in your life.

There are billions of other women who can give you the same if not better (and hearing about your sex life, definitely better).

Speaking of that, having sex once a month and it being "boring" is one of the classic indicators she's cheating on you. Not saying she is, but there's that.

Stay strong. You're doing the right thing. When she cries, you ignore it, you fucking stay out of her emotional shit. You want out, so you leave, you don't play her game, this is YOUR fucking game, and you're taking YOUR ball(s) and going home. Fuck her.

Meanwhile, after it's done and her # is blocked and her social media is blocked and there is no way she can contact you, move on immediately. Curl up in the corner and cry for 15 designated "Crying Pussy" minutes, then get up and start talking to other girls. Start banging the shit out of them. You'll find it helps a whole lot. Keep going, man.

relder2585 • 2 points • 20 May, 2018 05:28 PM

Good to see that you're not even considering staying together, because that would be absurdly pathetic on your part. She totally disrespected you by knowing you're not cool with her going on the trip but going anyway.

So, as to your method of breaking up, man up and do it face to face. Then move out. Don't get angry, but let her know that what she did is highly disrespectful and you'll have none of it. But do it face to face.

I think the only time its reasonable to completely ghost in the way you suggest is if she actually cheated on you.

dotwav2mpfree • 2 points • 20 May, 2018 07:31 PM

I would end it asap, even before she leaves. Might be inconvenient, but it saves you a lot of nights in the future doubting whether you should go out on the prowl. Or if that's what she's doing in the EU. I'm struggling lately to understand why so many young women think it's okay to vacation solo when they are in a LTR. Seems to be a commonly held opinion. Why not plan a vacation together?

rpthrowaway871 • 2 points • 20 May, 2018 07:48 PM\*

Do you guys think this is a dick move?

Sounds like she's been stepping on your dick for 5 years, so who fucking cares? You're sitting here worrying about her feelings.

You're not happy. Go get happy. You're making this about her when it should be about you.

MindFuktd • 2 points • 20 May, 2018 08:02 PM

Fucking once a month?... It's over.

ramfex21[S] • 2 points • 22 May, 2018 02:03 AM

Yep! I want girls who actually want to fuck me. I've not had a bj in over 5 years

liberty1127 • 2 points • 20 May, 2018 10:35 PM

Break up or suffer the consequences

ramfex21[S] • 2 points • 22 May, 2018 02:03 AM

That's the ways it's looking ey

truedemocracy3 • 2 points • 20 May, 2018 11:40 PM

Going abroad is one thing, but using Contiki??? No one does that unless they are absolutely looking for sex. She's going there to get fucked and will get fucked regardless of your relationship with her.

Sounds like things went south already so better to get out now than before marriage

ramfex21[S] • 1 point • 21 May, 2018 12:51 AM

Definitely will be!

throwawaydegar • 2 points • 23 May, 2018 01:35 PM

Contiki is essentially a bit orgy. It's great fun.

I've had sex with countless backpacking girls from years spent on that scene. A lot of them are open about having boyfriends at home.

Yeah, this is over. No doubt about it. Would be better if you could do it before she left. But doesn't matter either way. She isn't coming back to you anyway. Sounds like you moving out whilst she is away will be a relief for both of you.

throwingthisoneaway • 4 points • 20 May, 2018 09:20 AM

Seeing as shes pushing for kids and marriage while taking this trip without it, i think its fine you breakup with her. Make no mistake, women cheat when they travel alone. Its a big reason why they travel in the first place in my experience, because its easy to get dick that they dont have to stat with. I think you should breakup with her after she goes on her trip though. And face to dace because you should be able to look someone in the eye and say i dont want to be with you anymore. If you cant youre a pussy

DanielQuiles • 4 points • 20 May, 2018 10:32 AM

Pussy or not, it's better that he breaks up rather than fail when she pulls the emotions out.

PliskinRed • 3 points • 20 May, 2018 10:43 AM

It's not a dick move, it's a pussy move.

Be a man and learn to confront your issues instead of running away from them.

What if the problem was your boss or a client, for example, instead of your GF? Would you just not turn up to work one day?

Move your stuff out while she is away to avoid the drama and screaming but break up with her face to face (IN A PUBLIC PLACE.

I know I'm being a coward... but I got to what I got to do right?

Yes, do what you got to do but do it the right way. And no, I dont mean right be her. I mean rght by you.

This is a big problem in your life obviously causing you anxiety and you need to learn to face it.

dongpal • 5 points • 20 May, 2018 09:42 AM

the way you described it is actually theoretically and practically the best way to do it. you will be able to move your shit away without any harm, no big drama and stuff. everyone who goes on holidays without their SO should be left right on the spot.

ramfex21[S] • 5 points • 20 May, 2018 09:52 AM

Yea IMO it's a major red flag on her part. 1 month solo holiday to Europe while in a 5 year LTR.. fuck that.

dongpal • -1 points • 20 May, 2018 10:42 AM

what did she actually say to make that possible? never ever in a LTR, holidays were done alone, let alone going to cinema.

ramfex21[S] • 4 points • 20 May, 2018 10:59 AM

She said she is going on a holiday.. she's booked the flights and there are contiki pamphlets on the dining room table. She is staying in hostels. I told her I'm not keen but said she is going regardless .

dongpal • 6 points • 20 May, 2018 11:16 AM

lmao cant believe stuff like that happens. those people must be in really bad relationships, and reading your posts, I see it is.

ltr is not just about giving commitment, sharing time,money and energy, but also about sharing moments and having a great time. she doesnt seem to be able to share the moments in europe with you. thus this is not a ltr.

Republic\_of\_Ash • 2 points • 20 May, 2018 12:44 PM

He stated he doesn't feel like going. So sounds like he had a choice to me. Maybe he doesn't have the money, and she's going regardless because she needs to get the fuck away from all the work, the monotony of their country as well, and maybe even him.

friendandadvisor • 1 point • 24 May, 2018 01:42 PM

...in favor of strange dick!

Bruchibre • 1 point • 21 May, 2018 03:42 AM

Hostels + Contiki... for one month... I think it's 90% sure something will happen. And if something happens she won't tell you. You'd have to snoop.

I know it's hard to breakup with someone. Maybe you give her hints that since she has decided to go you will leave. Don't do dick move style move your stuff silently and send her a SMS just before she comes back, that's weird. Because she will probably message you while travelling there, so would you pretend everything is fine?

But if you breakup before the probability something happens rises to 99% :)

friendandadvisor • 1 point • 24 May, 2018 01:43 PM

But if you breakup before the probability something happens rises to 99% :)

If he breaks up, he doesn't give a flying fuck.

Knock off the emojis.

Bruchibre • 1 point • 24 May, 2018 02:51 PM

Obviously he cares now so will care later. I put emojis if I want.

friendandadvisor • 1 point • 24 May, 2018 03:34 PM

Well, of course, he'll care about the chick..you can't scrape off those feelings quickly; he just won't give a fuck if she fucked, since she already has/had.

I put emojis if I want.

Eeeeeeeeeesssy, son...just put the keyboard down reeeeeaaaalll slowly, and we'll just back away....thaaaaat's right....eeeesy...

ramfex21[S] • 2 points • 20 May, 2018 09:54 AM

I just worry that if I send that message to her.. she may try to defame me on social media or something with it. So I could just send her a message when she lands back home saying 'we need to have a chat'. She will see the house empty of my shit and probably not want to see me for 'the chat'.

DanielQuiles • 1 point • 20 May, 2018 10:33 AM

I think she'll want to see you regardless. Just say "this isn't working out".

friendandadvisor • 1 point • 24 May, 2018 01:44 PM

I just worry that if I send that message to her.. she may try to defame me on social media or something with it.

Good thinking. Maybe you should pay for her ticket and she will tell everybody on Facebook what a swell guy you are! Maybe, even, a White Knight!

dutchgguy • 0 points • 20 May, 2018 01:04 PM

And deciding the holiday destination should be a common affair.

11-Eleven-11 • 2 points • 20 May, 2018 07:06 PM

I would do it right before she left. Ruin her trip.

ramfex21[S] • 1 point • 22 May, 2018 02:05 AM

Hmm... but if she is going to cheat on her holiday.. I'd rather she feel guilty while doing it instead of me breaking up with her and giving her a free pass for European rebounds galore.

friendandadvisor • 1 point • 24 May, 2018 01:52 PM

Hmm... but if she is going to cheat on her holiday.. I'd rather she feel guilty

Seriously, though...

[deleted] • 1 point • 20 May, 2018 10:26 AM

If you can pull it off, sure man. Btw, why are you leaving? Isn't this your house?

ramfex21[S] • 1 point • 20 May, 2018 10:31 AM

We are renting and will only have two months left on the lease at the time I plan to do this

[deleted] • 2 points • 20 May, 2018 10:34 AM

Make sure she can't come after you about the lease.

As a law student, I would recommend you wait out the lease, but you do you.

ramfex21[S] • 2 points • 20 May, 2018 11:00 AM

I plan on paying my remaining share of the lease. So no legal repercussions should arise.

friendandadvisor • 2 points • 24 May, 2018 01:46 PM

Send it with checks or money order.

Further, give your manager 30 days notice. If you do not, you may have a clause in the contract saying that the contract will continue or be renewed without notice.

Good luck.

Str8\_Pillin • 1 point • 20 May, 2018 07:49 PM

Leave a paper trail for proof

Redasshole • 1 point • 20 May, 2018 12:49 PM

You don't owe her shit.

If you don't want a conversation then you don't have it. Don't let women define what being a man is. Thinking "I don't want a face to face conversation then i'm a coward then i'm not a man" is stupid. Women wants face to face conversation so they can influence you therefore that's why they say no face to face breakup = coward = not a man.

Since she is a manipulative feminist then you must protect yourself. Moving your stuff out is great but then make sure she has no mean of harming you cause believe me she will try. Not telling her or any mutual friend your new address is the place to start

ramfex21[S] • 2 points • 22 May, 2018 02:00 AM

I agree, it is all just socially conditioned beliefs of what a MAN is. Since when do women play by the rules.. oh wait, they make their own rules

Fun2badult • 1 point • 20 May, 2018 01:29 PM

Don't expect think she's not going to find dudes and eventually fuck

ramfex21[S] • 2 points • 22 May, 2018 02:01 AM

I agree

Cloudsurf89 • 1 point • 20 May, 2018 05:44 PM

Make the decision on your terms and without her consultation. If you need to talk through it then talk with a male friend who has red pill tendencies (not some blue pill bf of one of her friends).

**SHE IS NOT TO BE INCLUDED IN THIS DISCUSSION ABOUT YOUR FUTURE.**

Your relationship is clearly based on her frame so any discussion with her will end up with you being led (or at the very least heavily influenced) by her agenda.

When it comes to telling her then do it with the frame "I have made MY decision and this is a notification, not a discussion".

Good luck mate

Rares5555 • 1 point • 20 May, 2018 05:51 PM

Best way to break up with someone if you're living with them:

Rent a separate place elsewhere One day, when she's gone, pack all your shit up and move it to the other place When she comes home and sees half of the shit missing and you on the couch, say "have a nice trip, it's over" and leave.

ramfex21[S] • 1 point • 22 May, 2018 02:02 AM

Thanks for the tip

BurnieSlander • 1 point • 20 May, 2018 08:57 PM

Damn dude this was my exact situation 3 years ago.. LTR of 5 years, and she booked a trip to Europe for 5 full weeks while I had been saving coin so we could rent a house together.

I knew she was taking the trip because she wasn't sure about the relationship- and if you're not sure after 5 years, it's time to break up.

When she returned she saw me out with a plate and flipped shit and I just said "You made your decision when you got on the plane". Bye. She threw a tantrum for a week while I silently moved all my shit out and cut ties.

IMO you and this girl are already broken up. Proceed accordingly and start acquiring plates, lifting like a motherfucker and expanding your social circle. Enjoy your new life!

ramfex21[S] • 1 point • 20 May, 2018 11:38 PM

Cheers bro!

sjdfhskdjfh • 1 points • 20 May, 2018 11:55 PM **[recovered]**

gross, what are you doing with a feminist?

ramfex21[S] • 1 point • 22 May, 2018 02:04 AM

I ask myself every day.. I hate feminism and she knows it haha

IronJohnKwando • 1 point • 21 May, 2018 07:31 PM

you should sit down and break up with her before, and face this like a man. Is this how you plan on handling all of your future issues? Don't puss out and be a little boy about it.

ramfex21[S] • 2 points • 22 May, 2018 01:51 AM

Yea I understand.. I am running away from my problems. I've done this in the past with jobs and certain friendships. It's not a good way to go and I do need to work on my ability to deal with confrontation.

friendandadvisor • 2 points • 24 May, 2018 01:51 PM

Running away from your problems is fine. Kind of like running away from an enraged bull: sure, you could be a man and stay and look it in the eye, but...why?

CommanderCumlord • 1 points • 22 May, 2018 12:49 AM **[recovered]**

Hard pill to swallow coming right up:

Did you ever man up and tell her any of what you just told us? Put it in woman speak: "baby I just don't think our values and interests in life are aligned, etc." - Because it's true. If she agrees offer to split and go in different directions. Current trends are an indicator of what's to come in the future: sex once a month at best for the rest of

your life? This isn't what you or her want she's looking to escape. Remember watch what she does not what she says.

ramfex21[S] • 1 point • 22 May, 2018 01:49 AM

Yea good point... I told her these things leading up to the last time I tried to leave but failed. I told her I'm not interested in Marriage (big argument) I've told her I might want kids one day but not sure. We've talked about our sex life... tried to fix it but it doesn't work. There is clearly not much sexual attraction on her or my end. Her actions through lack of sexual interest tells me that she isn't into me sexually. (Although she says she is) tells me she loves me every day (but that's easy to say and not mean) And this solo holiday backpacker trip tells me that she doesn't really care about our relationship or how I feel about her actions. She has even stopped engaging with my immediate family members because one of my relatives (uncle) made light of the fact that she earns more than me currently. All my family thinks I should leave her. She won't even join me to my parents house for dinner.

CommanderCumlord • 1 points • 22 May, 2018 02:06 AM [recovered]

I told her these things leading up to the last time I tried to leave but failed.

Biggest takeaway my friend is in the first sentence. Another bitter pill: you're too weak. Your woman does not trust your masculinity, meaning she doesn't respect you, which means she'll go on a eurotrip without you and not fear losing you. You don't say what you mean. When you say you're going to walk away, do it and don't look back!

I told her I'm not interested in Marriage (big argument)

But everything else you say you aren't interested in happens when she wills it. Life is too short to argue!

We've talked about our sex life... tried to fix it but it doesn't work. There is clearly not much sexual attraction on her or my end.

You can't negotiate sexual desire. A fat woman can't talk you into wanting to fuck her. You can't talk your wife into finding you to be a real man. You have to do things to improve yourself to make her desire you, which right now clearly is nothing.

Her actions through lack of sexual interest tells me that she isn't into me sexually. (Although she says she is) tells me she loves me every day (but that's easy to say and not mean)

Watch what women do not say. She'll say she finds you attractive but her legs are closed. She says she loves you, but her actions don't show it. Trust me there is a difference: she is still in love with you, but she isn't crazy about you like she maybe once was.

And this solo holiday backpacker trip tells me that she doesn't really care about our relationship or how I feel about her actions.

See that's your gut talking. Trust it because it's right, just like how about how she finds the idea of sex with you repulsive.

She has even stopped engaging with my immediate family members because one of my relatives (uncle) made light of the fact that she earns more than me currently. All my family thinks I should leave her. She won't even join me to my parents house for dinner.

My family is everything to me, but my Bitch Management System is none of their business. Forget about it.

You're at the 11th hour in this relationship. You can walk or rebuild yourself along with it. Your choice;



it won't be easy.

ramfex21[S] • 2 points • 22 May, 2018 02:18 AM

I can't believe this is what I've turned into over the past 5 years. I know my decision, and I'm going to stick to it this time. Thanks for all your Advice

bob13bob • 1 point • 5 June, 2018 04:25 PM

ist She is a raging feminist We have sex only like once a month and it's boring sex She is emotionally manipulative

wtf, break up. nothing else matters.

throwitdownman • 0 points • 20 May, 2018 05:21 PM

If I were you, I would do it RIGHT before she leaves.

Women have a way of making men feel bad. If you do it while she is away, she'll call you endlessly, send you messages, etc. After that, she'll try to arrange a meet up for logistics, then she'll cry endlessly, etc.

What you didn't know is that when she received the message overseas, you were not the only person she was texting, she was also texting huncho from Austria she met that morning.

Which brings me full circle to my point. If you break up BEFORE she leaves, you would not risk being faced with cuck tears. If you do it after, you must commit to the hard next and have a frame of steal - which tbh is hard to do.

Republic\_of\_Ash • 0 points • 21 May, 2018 09:52 AM

Way to the feed the paranoia there, Sigmund. What you're suggesting to him is emotional manipulation. I know both men and women do it all the time, but you're asking him to consciously fuck with her head when there is no real reason to do that. That's not how men behave, that's how bitches behave.

ramfex21[S] • 2 points • 22 May, 2018 02:06 AM

You do make a point

throwitdownman • 1 point • 21 May, 2018 06:07 PM

How is breaking up before she leaves emotional manipulation, but doing so when she is away not? TRP is amoral, given OP's circumstances (before she leaves vs. when she has left) the first had less baggage to deal with in the long run, and is optimal for OP.

Personally I would do it face to face but OP does not want to. OP also knows a solo trip is not ok for him, yet she wants to go. So, it's either breaking up before she leaves or after.

Republic\_of\_Ash • 1 point • 21 May, 2018 06:26 PM

I suggested he do it face to face as well, but telling him to do that just to ruin her holiday is a tad much.

throwitdownman • 2 points • 22 May, 2018 08:26 AM

You're missing the point - it's not to ruin her holiday. It's to minimise the fallout OP is going to face.

It is better to go through the drama bs breakup crap before she goes and sluts around, rather than facing her after, when OP will see crocodile tears and experience many other feelings (confusion,

betrayal, hypocrisy, sadness, etc).

Some advise a hard next while she is away, but I know women have a way of somehow arranging one more face to face meet, which will inevitably be drama filled.

I only recommended the decision with less baggage.