

Anyone else naturally talentless?

0 upvotes | 6 January, 2021 | by clickherebaby

Everyone I've come across has a talent. I'd say 8/10 of them have a talent that is relatively impressive and greater than anything I've ever done. And the other 2 make me feel worthless lol.

Now granted, I'm not a bum. Ive done some things I'm proud, but almost always someone has taken something further than i ever have. It's also that everything I've succeeded at I sucked at for YEARS. And without immense focus, its not really there.

Everyone has a story of how they were a kid trying something for the first time and how everyone commented on it and pushed them along to continue doing it. It came when they were kids and it came naturally. Hell im sure some adults find a talent later on in life. But with me, if my balance sucks on a skateboard, im not gonna go do gymnastics. Im not gonna go figure skate. If my hand eye coordination sucks mostly during basketball, im not gonna go box. Ive covered pretty much every skill that leads to all things that can be done and i suck at all of them. Man there's no lower feeling than trying to put a little more focus into something only to be worse.

Whats worse still is that every 1 in 100 instances, ill actually be very good. But god forbid someone notices, then its gone. Back to suck. And when people see that, it makes them weary of you for some reason as a person and they just stop interacting with me the same. Going from good to terrible is like throwing an awesome party and calling the cops on yourself.

Can anyone else relate? I just don't know what kinds life I can really have with this existence and how to accept that i cant have a single that comes naturally.

Thanks for any help

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benhurensohn • 5 points • 6 January, 2021 02:47 PM

This sub has become really whiny recently. Y'all want some handholding in the new year, huh?

clickherebaby • 0 points • 6 January, 2021 03:10 PM

I made a 100k outside of my w2 in 2020, hit a 315 squat again after a bad hip injury, led a swim team to a championship, and got a promotion.

But the difference between me and anyone else who has success is that i built mine. While others just dick around and get better. Life's unfair. Case closed.

benhurensohn • 1 point • 6 January, 2021 03:28 PM

Cool

Story

Bro

clickherebaby • 0 points • 6 January, 2021 03:30 PM

I see the type of person you are now. Take care.

benhurensohn • 1 point • 6 January, 2021 03:37 PM

Hold my hand, buddy ☐

BubblePomelo • 2 points • 6 January, 2021 03:05 PM

Sure some people are naturally more gifted, but no one is born an expert at anything. You just don't see the countless days and years of hard work successful people put in.

clickherebaby • 1 point • 6 January, 2021 03:14 PM

But thats the thing ive seen people progress over a short span of time that can only be attributed to god given talents. Its not "more gifted." Its night and day. Its the way they are able to live their lives because its inherently easy.

Tiger woods, Michael phelps did what they had to do. Phelps never went a day in his life without being a top swimmer. He swam against blake griffin at 9 years old and lost tho. But look how he ended up. That's called work. The rest of us without the talent work hard.

Give_Praise_Unto_Me • 1 point • 6 January, 2021 02:50 PM

Define "talent."

clickherebaby • 1 point • 6 January, 2021 03:29 PM

Having the capacity to achieve with relative ease.

Ben_Eszes • 1 point • 6 January, 2021 02:56 PM

Everyone is talentless at first. You develop those talents over time. Maybe someone is genetically predisposed to being good at something in particular, but they can't just walk onto the stage and start playing an instrument in front of an audience without practicing.

You just haven't found your "natural" talent yet. Keep looking.

clickherebaby • 1 point • 6 January, 2021 03:05 PM

They do though, you just haven't been exposed to those type of people yet. I'm talking years of hard work of marginal gains.

Ben_Eszes • 1 point • 6 January, 2021 03:26 PM

I am one of those people who can pick something up and be pretty damn good at it within a short period of time. But that has nothing to do with natural talent. It has to do with dedication, not being afraid to suck and fail at the beginning, and putting in a lot of time and focus.

Basically, I'm sure there's a few people out there that can walk up to a bar and immediately deadlift 500lbs without ever trying before. But so what? Nearly everyone else in life has to try.

I'm talking years of hard work of marginal gains.

Then you're doing something wrong or you're in the wrong place. Try changing your approach or switching to something else and seeing if your hard work pays off.

clickherebaby • 1 point • 6 January, 2021 03:37 PM

You're exactly what I'm talking about man. Talented and won't admit it either. No one in the world respects more than someone whose knows they're blessed and lucky and will admit it. Trust me they're out there.

Deadlifting 500 without practice is absolutely ludicrous. Beyond lunacy, beyond anything even remotely normal. There's a good chance your lying or severely detached from society. It's like never swimming and qualifying for state. 9/10 would be gassed after a lap without months of training.

Grand disillusionment. People train for years to deadlift 500, most probably won't. What dedication are you talking about if you just walked up to the bar and did it? What time and effort bro? Like are you reading your own replies?

We're in an age of cognitive dissonance. People are in a haze man.

Ben_Eszes • 2 points • 6 January, 2021 04:16 PM

I'm trying to help you here. You're resigning to the fact that you "don't have talent" and you're acting like that's a bad thing. You're being a big mope, essentially. 95% of people don't randomly find themselves amazing at something from the start. Maybe they try something new and see that they have a knack for it.

There's plenty of things I suck at and I know that it would take years to get good at. If I don't care enough about it, then I stay away and instead try to find things I can pick up on quickly. An example is that I will *never* be good at visual art. Terrible. But music is something I picked up overnight and have a knack for.

Also, I never said I deadlifted 500lbs without trying. That was an exaggerated example of some hypothetical person who has "real talent."

Like I said before, if you're spending years on something and not getting better, then you're doing something wrong or you're in the wrong place.

clickherebaby • 1 point • 6 January, 2021 04:31 PM

I feel you. I appreciate your input

Ben_Eszes • 2 points • 6 January, 2021 04:38 PM

Anytime! Good luck and don't forget that life is too short to not leverage your natural inclinations and skills -- or if you don't know what they are, then to find them first and then leverage them. Peace out.