

The lies

October 31, 2020 | 188 upvotes | by [19Bubbles98](#)

<https://i.redd.it/cgtz34vm8dw51.png>

Archived from [theredarchive.com](https://www.theredarchive.com)

Comments

TheOGJammies[M] [score hidden] 31 October, 2020 05:46 PM stickied comment

This articles title completely misrepresents the study: <https://m.imgur.com/3aYxinp>

More media manipulation to push porn propoganda.

sikedyke • 151 points • 31 October, 2020 05:43 AM

I just don't believe that having an orgasm means that you are having good sex. This is uncomfortable to talk about but with my ex that would often pressure me into having sex and even flat out assault me, I still remember having an orgasm once. It didn't mean that I wanted it or enjoyed It.

I can believe that women who are forced into having more rough sex or tolerate rough sex because of pornography could potentially orgasm with less difficulty, but I don't believe that it means it was not frightening or wrong. Sex is a lot more than just orgasming.

Boiling_Rock • 43 points • 31 October, 2020 09:02 AM*

Thank you so much for speaking up. It is not my place to tell you how *right* you are about the fact that having an orgasm does not equate pleasure, tacit consent or any other concepts, whatever rapists and their apologists may be saying, so I'll let research speak for itself. Research has shown that around 4-5% of assault victims will experience an orgasm during the assault. However, there is so much stigma associated with the avowal of such an occurrence, that most victims will gloss (understandably so) over this fact. Actually, the percentage of assault victims having an orgasm is thought to be much higher than that 4-5%, especially in men who are known to seek less help and to open up less about such trauma.

It is very important for people to understand that sexual arousal and orgasms are **NOT** regulated by the central nervous system. But the **AUTONOMIC** nervous system. The name says it: it is an autonomous decision maker that is completely divorced from *will*. Whatever the autonomic nervous system controls cannot be controlled by will. We can try to *distract* it by submitting it to other stimuli. But at the end of the day, we know very little about the stimuli that trigger all its modalities. Fear, disgust, anger might very easily be part of those.

An orgasm is an indication of virtually *nothing*. And the word needs to be spread out, so that young women (and young men) who have gone through assault know that whatever happened was not their fault and was outside of their control. They feel enough unwarranted shame and live through enough undeserved self-blame. They really don't need that extra-layer of questioning.

Edit: My needing grammar lessons.

goldspotzingthing • 2 points • 1 November, 2020 03:57 AM

Can you share the research or article where you read this? I have been looking for such studies. Thank you.

Boiling_Rock • 2 points • 1 November, 2020 01:11 PM

You can download the main article that started the conversation here:

https://www.researchgate.net/publication/8448601_Sexual_arousal_and_orgasm_in_subjects_who_experience_forced_or_non-consensual_sexual_stimulation_-_A_review

Here, you have one reporting that women can develop physical arousal (*not* mental - we need to

divorce physical arousal, which is a physiological response, from mental arousal, which includes consent) on many different stimuli, many of them surprising and contradictory:

https://www.researchgate.net/publication/49712741_Prepared_for_Anything_An_Investigation_of_Female_Genital_Arousal_in_Response_to_Rape_Cues

There are also more technical (biochemical, biological) papers that I shall not include this time. If you are interested, do tell me.

Sage_Planter • 106 points • 31 October, 2020 06:06 AM

This has not been my experience. I stopped watching porn after finding FDS about six months ago. Not only does the sub have endless valuable points about how terrible porn and the industry it is, I had already been starting to worry about long term effects of even very light porn use. I briefly dated a porn addict years ago and knew how much it fucked our sex life. I did not want porn to end up hurting my sex life. Anyways, quitting porn has improved the quality and intensity of my orgasms.

Pornruinedsociety • 37 points • 31 October, 2020 08:41 AM

I was married to a porn addict, abissmal sex life, he never wanted normal sex. I can't believe I put up with it for so long.

light_workerx3 • 21 points • 31 October, 2020 12:48 PM

Same. Once he introduced me to his kink and fetishes I thought I was doing it to please him . But really , he was using me to re enact his porn scenes □□ after that we never had normal sex again . I also can't believe I put up with it as long as I did.

[deleted] 31 October, 2020 01:39 PM

[deleted]

light_workerx3 • 13 points • 31 October, 2020 01:56 PM*

Wow I am so terribly sorry you had to go through that roller coaster . You must had been so confused in your head everyday . I can't even imagine the gay porn on top of that . You know what I believe we have been going through this for a reason . We need to be the change ! We need to help younger generations realize how toxic porn is ! If I didn't get with my son's father , I honestly wouldn't of been educated on all of this !

Mine was the opposite. He lured me in . He decieved me. I thought he was a great guy in the beginning ! He asked me out in a very polite , respectful way . Showed up with flowers the first date and always opened my door for me . I actually felt really comfortable around him he was charming . He seemed to be head over heels for me. I was for him too , he's handsome and tall . Anyways , our first few times having sex he put on some slow r&b music and was so gentle with me and always asked if it was okay for us to have sex. He was loving and then it was like a few months later the mask started to slip slowly and slowly ...

I began to be confused by the things he would say around our friends , out of the blue he would talk about how much porn he watches and would always make comments about his phone being messed up from porn , I remember everyone feeling weird and uncomfortable everytime he would do this ! One time he looked at me (in front of everyone) and said , " yeah I watch porn, so what ? Every guy does it ... And you will never be able to find out what I watch either !!" ... When he said this to me , mind you I didn't even say anything about porn to begin with . I just sat there all confused ..

Slowly but surely he would randomly say how he watches porn while he's in the bathroom every morning and I started to say to him that's kind of gross? He said it's just "something to look at it"

...

Around this time he introduced me to his fantasies and fetishes and I was coerced into doing them . I thought in my head because I loved him so much that I was just trying to please him...I was wrong . He was using me just for sex , I honestly don't think he ever really loved me . I'm very attractive and he just would objectify everyday! There was never any non sexual affection . It started pissing me off. He never went back to that romantic , slow sex guy that he was in the beginning and in fact, he even told me that he did that just to get in my pants .

Yeah it sucked , I ended up going through his phone and he had so much porn on there . On top of his guy group chat that he's in where they always talked about sex .

Edit : he was into rape fetishes . I was so uncomfortable a few times with freaking tape on my face and all around me . Always made me wear these stripper heels . □ Ugh I can't stand him . He never went back to normal sex I always had to do this . Until one day I was like nope. Not doing it anymore . I made him feel embarrassed but I don't care ! I was not comfortable.

Sorry this was long ! lol

Pornruinedsociety • 7 points • 31 October, 2020 04:39 PM

That's awful, porn makes it so normalised to some people and it's women who suffer because of it. I'm sorry you went through that! There is so much pressure on women to cater to men's pornsick idea of sex and fetishes. He sounds awful anyway regardless of the pornsickness, that just adds fuel to the fire and makes him more abusive.

light_workerx3 • 3 points • 31 October, 2020 04:45 PM

I agree. There is a tremendous amount of pressure to cater these fetishes to them. Yeah he is abusive in a way. He has a little narcissism in him. He isn't a truly bad person but he refuses to see his lack of empathy and his problem with porn . I truly blame society and media on conditioning these man child's .

Ntop__ • 28 points • 31 October, 2020 09:53 AM

Same sis. I found that frequently watching porn made it more difficult for me to get aroused in intimate moments. There's just too big a gap between what you get used to seeing and the reality.

Also intensity of orgasm is absolutely higher when you're 100% focused on your body rather than a screen. We hear that multi-tasking is bad for our focus all the time in the context of productivity. Suddenly it's not like that for porn & arousal? Can't believe I didn't draw the connection earlier. Once I found FDS, I did a 180 in my opinions on porn and sex work.

jargon_explosion • 76 points • 31 October, 2020 06:22 AM

The issue with pornography is not that it helps or doesn't help an orgasm though. It certainly does seem to help people reach orgasm. And then reach orgasm more quickly. And then they can only do it a certain way, or with porn, become desensitized, need more extreme acts, etc.

An orgasm isn't the be all, end all, of a fulfilling sex life. Or fulfilling life in general. While pornography is a detriment to your overall wellbeing.

Ok_Ad_67 • 21 points • 31 October, 2020 08:34 AM

This.

In fact cumming from watching porn isn't satisfying to me. I kept wondering what the point is and why it didn't feel as good as I thought it would.

jargon_explosion • 2 points • 1 November, 2020 04:35 AM

Yes, so much. It became about just getting it over with as quickly as possible. Feeling rather numb and gross afterwards.

Ok_Ad_67 • 29 points • 31 October, 2020 08:30 AM

I actually stopped watching porn a while ago. I still masturbate tho, I just use my imagination. And I'm not supporting an exploitative industry.

Aside from that porn taught me masturbating was just a race to orgasm. It wasn't actually satisfying. And there are a whole lot of other problematic things that come along with it.

It's like most women aren't taught how to actually get in touch with their sexuality. Instead we get this shallow surface level stuff. I still can't really wrap my head around sensuality and intimacy. I try to. I need to get back in touch with it and actually enjoy the process.

OpenCelebration3 • 47 points • 31 October, 2020 05:40 AM

I'm sure a guy posted this too ☐

macervibin • 21 points • 31 October, 2020 05:29 AM

As a former pickme who used to use porn quite regularly, this is soooooooo fucking false!!! I learned so quick that me having an orgasm was based on my sexual partner's skill, attentiveness, and consideration, NOT porn!

Gambit12345 • 10 points • 31 October, 2020 02:27 PM

When I was in high school and a virgin I'd watch porn to see sex looked like from the outside perspective. Like I knew where my vagina was just not how the parts went together. I had a crazy high libido in college and occasionally would seek out porn BUT it always felt futile because like all the content is disgusting. Idk how many times it's always a fat, old out of shape man ramming into a woman who's usually always better looking. I was so grossed out. I wanted to see real sex like emotional and intimate and porn was just not it. Porn didn't make me more comfortable with my body. I was always pretty secure in my sexuality. Porn just grossed me out

FabledAngryVillager • 25 points • 31 October, 2020 06:29 AM

"And then everyone clapped"

asteria2002 • 14 points • 31 October, 2020 09:25 AM*

Ugh orgasms with porn feels so disgusting and wrong after wards, like I always go this guy feeling and it made me want to throw up. This is a male fan fiction that women orgasms easier when they watch porn, and bet they are thinking that the women are watching lesbian porn or hardcore sex. This is their attempt to make porn sound very good. After knowing that all women in porn didn't enjoy it at all just made me feel so bad. I wish all women knew this, no women would ever orgasm with porn ever again. Oh and fantasy and reality are soo different, when women fantasy about hardcore sex they think it feels good bit little do they know that it would hurt only, but all the lies in porn and books and movies make it seem like it is enjoyable which makes women feel like they are weird for not enjoying to be tortured.

Kimpractical • 7 points • 31 October, 2020 02:51 PM

I used to watch porn and all it did was make me depressed and ashamed

Mysterious_Midnight7 • 4 points • 31 October, 2020 02:09 PM

This study funded by Acme Porn Company says porn is good for you!

[deleted] • 4 points • 1 November, 2020 01:17 AM

Men are idiots. They cannot understand anything. I could say anything and they would use that to prove an idiotic point. Watching porn is an issue for men and women. Just like with men, it might increase sexual addiction and level of arousal. That does not mean it is a good thing. Doing opioids increases relaxation and feel good brain chemicals. It does not mean heroin is a good idea.

[deleted] • 6 points • 31 October, 2020 10:43 AM

This isn't true I assume for many women. I have had far better orgasms once I stopped watching porn.

Urod588 • 4 points • 31 October, 2020 02:39 PM

Pornographic material can also be a part of erotic literature so ☐ ♀ ☐

Unless they specifically wrote about video pornography.

[deleted] 31 October, 2020 02:45 PM

[deleted]

Urod588 • 8 points • 31 October, 2020 02:57 PM*

Lol what?

Erotica is visual or literary sexual work, that is created to arouse. That is also pornography.

Erotic literature is pornography by definition. (When it gets to the point of explicit writings, not all erotica do)

What we criticize on this sub is the photo-video porn INDUSTRY, and its ethics. Or at least, that what I thought. Didn't know we're leaning towards the puritan psudeo-science lunatic direction, as other anti subs do.

LunarCannons • 3 points • 31 October, 2020 01:47 PM*

“Less difficulty becoming aroused. Less orgasmic difficulty. Greater time to orgasm. “

I'm assuming a man wrote this... The opposite of that list would be : difficulty becoming aroused, difficulty achieving orgasm, and zero stroke game. Those are all problems of the porn sick who are somewhat aware their sexual outcomes are poor.

I've never heard a woman complain about orgasming too quickly while pleasuring herself. (*With the acceptance of a few who have medical sensitivity problems and orgasm uncontrollably during everyday non sexual activists.) That sounds like boon to me; more time for multiple , if we want. ☐ ♀ ☐ Its not a performance, its taking a moment to be present in our own bodies. Sometimes the journey is better than the destination anyways.

If there is any kernel of truth in that post it is that women who watch porn are more likely to fake orgasms with a partner, or selflessly indulge male fantasy. ☐

AutoModerator[M] • 0 points • 31 October, 2020 05:25 AM

[1] - We Just Launched a Website: www.TheRealFemaleDatingStrategy.com. Click here for registration

information. Please also join our Twitter and Instagram Pages for updates!

[2] - Please read the FDS Handbook and Wiki before commenting. **Repeated comments demonstrating lack of basic sub knowledge will result in a temporary or permanent ban.**

[3] - Please **REPORT** any comments that do not follow the sub rules. **If you do not report it, the mods will not see it.**

[4] - **PLEASE REMOVE ALL PERSONAL IDENTIFIABLE INFORMATION** from images (**Name, Location, Job description, education, phone number, etc**). Failure to remove ID info will result in a **1-2** day ban. Repeated failures will result in a permanent ban.

[5] - This sub is **FEMALE ONLY**. All comments from men will be removed and you will be banned. **DO NOT REPLY TO MALE TROLLS!!** Please **DOWNVOTE** and **REPORT** immediately.

I am a bot, and this action was performed automatically. Please contact the moderators of this subreddit if you have any questions or concerns.